	Trustees' Annual Report for the period						
	Period start date			Period end date			
	From	6th	APRI L	2024	To	5th	APRIL

Section A Reference and administration details

Charity name THE CASSEL HOSPITAL CHARITABLE TRUST

Other names charity is known by

Registered charity number (if any) 1081677

Charity's principal address
 THE CASSEL HOSPITAL
 ONE HAM COMMON
 RICHMOND
Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE		Until 4/11/24	
2	MAUREEN MILLER	CHAIR		
3	ANNA REBECCA RUDD		From 3/6/24	
4	PAUL JULLIEN			
5	LINDA STRADINS			
6	BRIAN WATERS			
7	GARETH WILLIAMS			
9	PROF SALLY GLEN			
14	REMA CHANDRAN		Until 18/9/24	
15	EMILY LIGHTFOOT			
16	DR DAGMAR ZEUNER			
17				
18				
19				
20				

	Names of the trustees for the charity, if any, (for example, any custodian trustees)	
	Name	Dates acted if not for whole year

	Names and addresses of advisers (Optional information)	
Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000, together with amended Objects 2022.
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> ● policies and procedures adopted for the induction and training of trustees; ● the charity's organisational structure and any wider network with which the charity works; ● relationship with any related parties; ● trustees' consideration of major risks and the system and procedures to manage them. 	<p>New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.</p> <p>The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.</p> <p>The following policies and procedures have been agreed and are regularly reviewed:</p> <ul style="list-style-type: none"> ● Financial Procedures ● Major Donor Policy ● Safeguarding ● Conflicts of interest
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Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.
4. Assisting in the provision of educational, social and therapeutic support for patients and carers at the Cassel hospital and elsewhere, beyond the provision of statutory authorities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity carries out its Objects by making grants.

Grants awarded

Total £20,504, as follows -

Buildings and Facilities

Cassel Hospital Garden £4,226: patient gardening projects

Education and training

Eileen Skellern Awards: Support for therapy fees or conference attendance for 4 nurses - £2,884

Completion and launch of centenary film - £7,307

Funding of professional conference in Birmingham - £1,938

Visit to Cassel archive by patients and staff - £623

Better Lives

Outreach activities - £2,106

Inpatient activities - £657

BIGSPD Conference attendance by former patients - £763

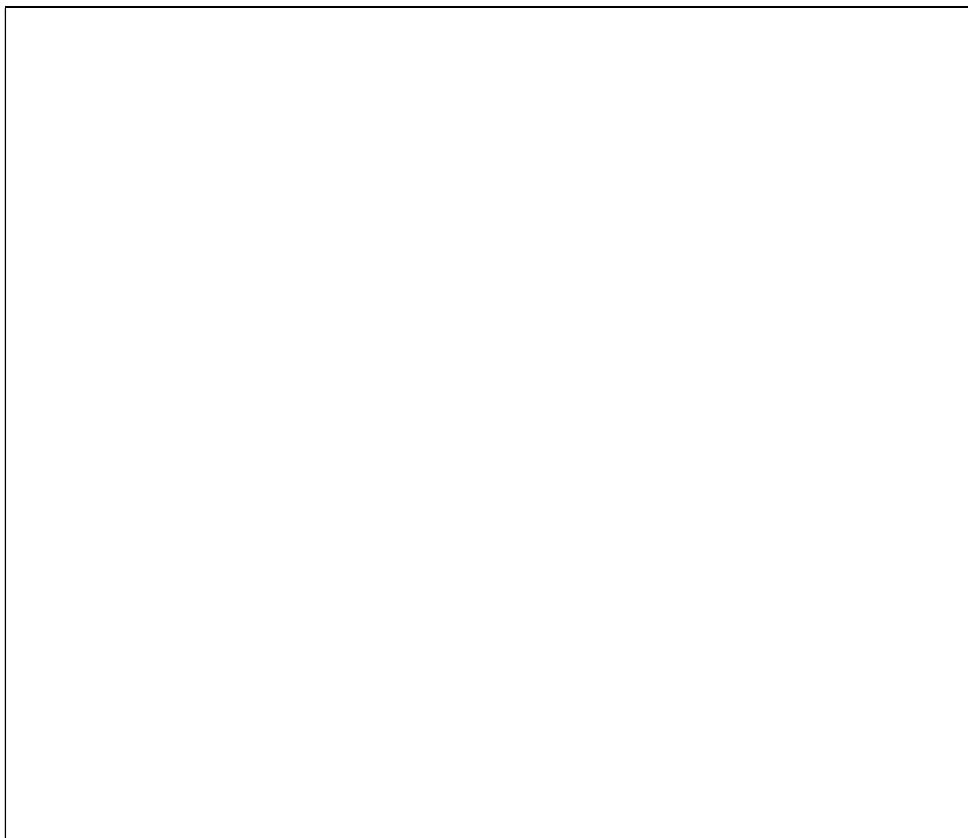
Research

No expenditure in this financial year.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

BUILDINGS AND FACILITIES

Grant received: Richmond Parish Lands charity £2,451 for patient gardening activities.

Horticulturist Sarah Heaton leads the weekly sessions, which combine gardening with trips to garden centres and Kew and Richmond Park.

EDUCATION AND TRAINING

We supported a professional conference in Birmingham in January 2025, attracting 100 local delegates, including psychiatrists, nurses, therapists, psychologists, and community health teams.

After four years' work, we were delighted to release the Cassel centenary film 'Hospital in the Mind' at a premiere attended by over 80 people, among them Stephen Jones, Head of Nursing Practice, Royal College of Nurses, who said:

"A privilege to represent the RCN at the centenary celebration of The Cassel. Inspirational film showing the life changing and life saving impact of psychosocial interventions and therapeutic care."

RESEARCH

A research programme funded in previous years by the CHCT and undertaken by King's College, London, and Bristol University, was completed. The aim was to identify what recovery means for patients with a diagnosis of personality disorder.

Grant received: Luff Foundation £20,000. We are developing our plans to use this on new projects in 2025.

BETTER LIVES

We continued to support outpatients on the two-year outpatients' Cassel Outreach programme, which combines weekly community-based psychosocial nursing groups and social activities to help patients tackle the realities of daily living, such as in employment, education, housing and relationships.

We funded educational, social and occupational activities, with trips to galleries and museums, arts and crafts activities, and seasonal day-outings. We established an outreach treasurer role which develops new skills to enhance their CV.

We funded four past patients through our Service Users Involvement Fund to attend the annual BIGSPD conference, where they had

successfully presented a session the previous year.

Local engagement

We published an article in the special edition of the local Ham and Petersham magazine focussing on mental health, to coincide with Mental Health Awareness week. It described how the Cassel transformed the treatment of mental health away from the brutal asylum approach and introduced the model of psychosocial nursing.

Local Engagement also included a presence at Ham Fair and Ham Parade Christmas Market. In December, we launched a Friends of the CHCT scheme to engage with the local community and develop a sustainable income stream.

A new trustee was recruited in June and September 2024.

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2025 the charity had unrestricted reserves of £17,968 (2024: £30,132) and restricted reserves of £40,319 (2024: £24,795)

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s) Maureen Miller

Position (eg Secretary, Chair, etc) Chair

Date

14 October 2025

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2025

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2025, which are set out on pages 9 to 12.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB

20 November 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name ASSEL HOSPITAL CHARITABLE TRUST	No (if any) 1081677
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CC16a

Receipts and payments accounts

For the period from	Period start date 6/5/2024	To	Period end date 5/4/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants and donations	7,412	22,951	-	30,363	36,557
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,412	22,951	-	30,363	36,557
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,412	22,951	-	30,363	36,557
A3 Payments					
Grants	15,128	5,376	-	20,504	27,071
Running costs	6,498	-	-	6,498	9,923
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	21,626	5,376	-	27,002	36,994
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	21,626	5,376	-	27,002	36,994
Net of receipts/(payments)	- 14,214	17,575	-	3,361	- 437
A5 Transfers between funds	2,050	- 2,050	-	-	-
A6 Cash funds last year end	30,132	24,794	-	54,926	55,363
Cash funds this year end	17,968	40,319	-	58,287	54,926

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		17,968	40,319	-
		-	-	-
		-	-	-
	Total cash funds	17,968	40,319	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Unclaimed gift aid	2,506	-	-

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investments held by Rathbones		-	57,816
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Secretarial expenses to year end	Unrestricted	200	
Sarah Heaton	Unrestricted	305	

OTR	Unrestricted	585	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of
	Maureen Miller	14/10/2025