	Trustees' Annual Report for the period						
	Period start date			Period end date			
	From	6th	APRIL	2023	To	5th	APRIL

Section A	Reference and administration details
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Charity name	THE CASSEL HOSPITAL CHARITABLE TRUST
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Other names charity is known by	
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Registered charity number (if any)	1081677
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Charity's principal address	THE CASSEL HOSPITAL
	ONE HAM COMMON
	RICHMOND
Postcode	TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE			
2	MAUREEN MILLER	CHAIR		
3	DR JULIA BLAZDELL		until 27th June 2023	
4	PAUL JULLIEN			
5	LINDA STRADINS			
6	BRIAN WATERS			
7	GARETH WILLIAMS			
8	PROF SALLY GLEN			
9	REMA CHANDRAN		from 13th March 2024	
10	EMILY LIGHTFOOT		from 13th March 2024	
11	DR DAGMAR ZEUNER		from 13th March 2024	
12	ANNA RUDD		From 3rd June 2024	
13				
14				
15				

	Names of the trustees for the charity, if any, (for example, any custodian trustees)	
	Name	Dates acted if not for whole year

	Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address	
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP	

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000 , together with amended Objects 2022.
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.
4. Assisting in the provision of educational, social and therapeutic support for patients and carers at the Cassel hospital and elsewhere, beyond the provision of statutory authorities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity carries out its Objects by making grants.

Grants awarded

Total £27,071, as follows -

Buildings and Facilities

Cassel Hospital Garden £4,139: patient therapeutic gardening projects

Education and training

Residential archive research trip - £336

Eileen Skellern Awards: Support for therapy fees for 2 nurses - £2,000

Better Lives

Outreach social and occupational therapy activities £2,519

BIGSPD Conference attendance for presentation by four former patients/experts by experience £1,089

Piano tuning for musical activities £155

Centenary projects

£16,830 to Cassel Centenary Film Production company On the Record for Film project for production expenses including payments to the Director.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

BUILDINGS AND FACILITIES

Grant received in the previous year: Richmond Parish Lands £4,290, for therapeutic gardening projects.

RESEARCH

Grant received Luff Foundation £20,000

The CHCT has been running a successful research programme with Bristol University and King's College London for the past 4 years, looking at the meaning of Recovery in patients with a diagnosis of personality disorder and complex needs.

BETTER LIVES

The regular weekly support we provide to patients is an essential part of their transition into their former normal lives.

A highlight this year was funding the presentation by four former patients in Glasgow at the BIGSPD major national conference.

CENTENARY

Income of £15k was received for the film.

The film Hospital in the Mind is the major product of the centenary activities. It is an oral history documentary featuring interviews with 31 past patients and staff telling the story of the work of this unique hospital. The film is part of the charity's education and training programme and will be used to educate the professional community about the therapeutic approach of the hospital.

Local Engagement included a presence at Ham Fair and Ham Parade Christmas Market and a fund-raising quiz night.

Unrestricted donations:£1,557

Three new trustees were recruited.

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2024 the charity had unrestricted reserves of £30,132 (2023: £44,948) and restricted reserves of £24,795 (2023: £10,416).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

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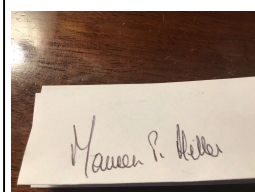
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s) Maureen Miller

Position (eg Secretary, Chair, etc)

Chair

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Date

12th November 2024

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2024

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2024, which are set out on pages 9 to 10.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB

17/11/2024



Receipts and payments accounts

For the period from	Period start date 6/4/23	To	Period end date 5/4/24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations/grants	1,557	35,000	-	36,557	29,158
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,557	35,000	-	36,557	29,158
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,557	35,000	-	36,557	29,158
A3 Payments					
Grants	8,452	18,619	-	27,071	51,246
Running costs	9,923	-	-	9,923	7,101
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	18,374	18,619	-	36,994	58,347
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	18,374	18,619	-	36,994	58,347
Net of receipts/(payments)	- 16,817	16,381		- 437	29,189
A5 Transfers between funds	2,000	2,000	-	-	-
A6 Cash funds last year end	44,949	10,414	-	55,363	84,552
Cash funds this year end	30,132	24,795	-	54,926	55,363

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		30,132	24,795	-
		-	-	-
		-	-	-
	Total cash funds	30,132	24,795	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-

	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investec Portfolio		-	£56k
		-	-
		-	-
		-	-
		-	-

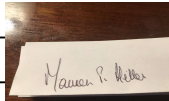
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Grants	Unrestricted	1,693	
Running costs	Unrestricted	1,134	

Signed by one or two trustees on behalf of all the trustees

	Print Name	Date of approval
	Maureen Miller	12 November 2024