



Trustees' Annual Report for the period

Period start date	T O	Period end date
From 6th APRIL 2022		5th APRIL 2023

Section A Reference and administration details

Charity name THE CASSEL HOSPITAL CHARITABLE TRUST

Other names charity is known by

Registered charity number (if any) 1081677

Charity's principal address
 THE CASSEL HOSPITAL
 ONE HAM COMMON
 RICHMOND
Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MAUREEN MILLER	CHAIR		
2	DR OLIVER DALE			
3	DR JULIA BLAZDELL			
4	PAUL JULLIEN			
5	LINDA STRADINS			
6	BRIAN WATERS			
7	GARETH WILLIAMS			
8	NEVILLE MANUEL		Until 20/6/22	
9	PROF SALLY GLEN		From 5/12/22	
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

	Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

TRUST DEED, 22ND JUNE 2000

How the charity is constituted
(eg. trust, association, company)

TRUST

Trustee selection methods
(eg. appointed by, elected by)

APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.

On 22nd June 2022 a new Object was added as follows:

4. Assisting in the provision of educational, social and therapeutic support for patients and carers at the Cassel hospital and elsewhere, beyond the provision of statutory authorities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity carries out its Objects by making grants.

Grants awarded 2022-23

Total £51,246, as follows -

Buildings and Facilities

Cassel Hospital Garden £3,588: patient gardening projects

Education and training

Eileen Skellern Awards: Support for therapy fees for 2 nurses - £1,400

Centre for Mental Health for 'A Tale of 3 cities goes global 2022', a programme to give a voice to young people with personality disorder.- £1,000.

Research and Innovation

£32,000 KCL contract

Better Lives (new fund/object)

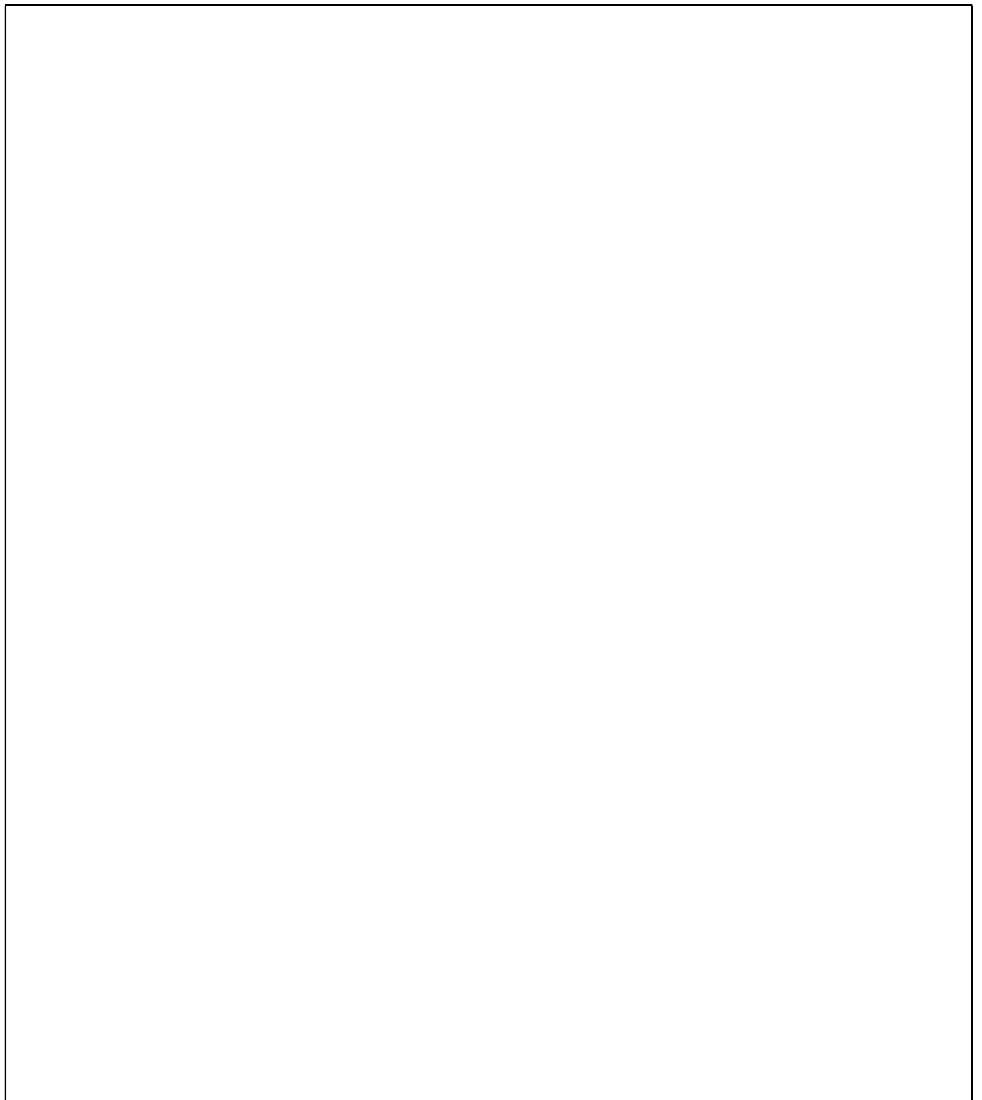
Outreach activities £464

Activities of camping, annual barbecue and tuning of the hospital piano - £705.

Centenary projects

£11,796 to On the Record

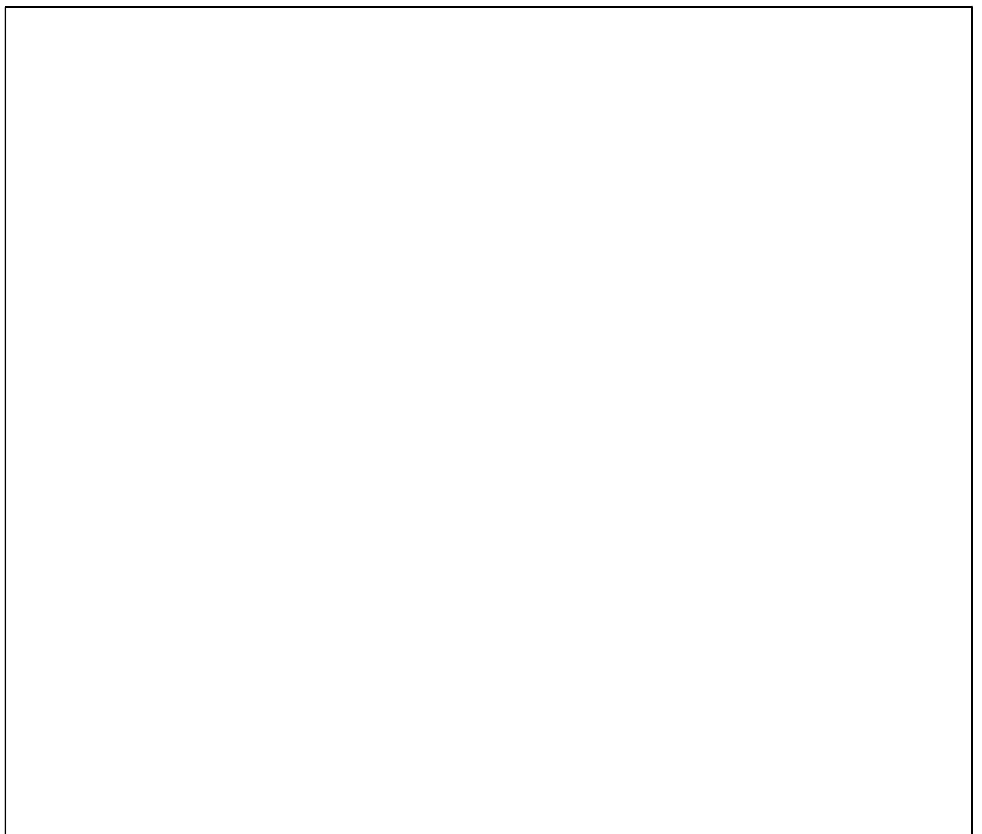
£293 to Sam Parker, Expert by Experience for support with the centenary.



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

BUILDINGS AND FACILITIES

Grant received: Richmond Parish Lands £4,290

This funds the Cassel garden project – a key feature of the patients' therapeutic treatment with weekly gardening led by a professional horticulturalist and supported by nursing staff.

EDUCATION AND TRAINING

We have begun the development of academic training modules for psychosocial nurses and other professionals and to develop wellbeing residencies based on the Cassel archive. We are working with partners King's College London, University of Roehampton and Kingston University.

RESEARCH

Grant received Luff Foundation £20,000

This will fund phase 2 of our research project to research recovery and remission in patients with a diagnosis of personality disorder. This will look at using groundbreaking Artificial Intelligence – AI – techniques to read clinical data in Electronic Health Records.

BETTER LIVES

This is a new fourth Charitable object agreed by the Charity Commission to provide social and occupational support activities for patients to build their confidence and skills and ease their transition back into their regular daily lives.

CENTENARY

Grant received: NHS West London £2,000

This will contribute to the cost of the Cassel Centenary documentary film – Voices of the Cassel.

Local Engagement included a presence at Ham Fair and Ham Parade Christmas Market.

Unrestricted donations:£2,868

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2023 the charity had unrestricted reserves of £44,948 (2022: £60,910) and restricted reserves of £10,416 (2022: £23,643).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

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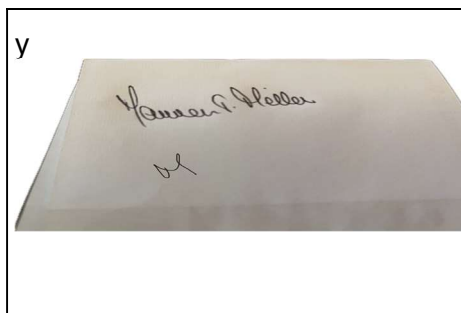
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) y



Full name(s) Maureen Miller

Position (eg Secretary, Chair, etc) Chair

Date 8/12/2023

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2023

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2023, which are set out on pages 9 to 10.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB

09/01/2024



Receipts and payments accounts

For the period from	Period start date 6/4/22	To	Period end date 5/4/23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Investment Income	-	-	-	-	642
Donations	2,868	-	-	2,868	3,017
Grants	-	26,290	-	26,290	39,230
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,868	26,290	-	29,158	42,889
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,868	26,290	-	29,158	42,889
A3 Payments					
Grants	13,729	37,517	-	51,246	34,536
Secretarial	2,825	-	-	2,825	5,450
Other running costs	4,276	-	-	4,276	2,699
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	20,830	37,517	-	58,347	42,685
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	20,830	37,517	-	58,347	42,685
Net of receipts/(payments)	- 17,962	- 11,227	-	- 29,189	204
A5 Transfers between funds	2,000	- 2,000	-	-	-
A6 Cash funds last year end	60,910	23,643	-	84,553	84,349
Cash funds this year end	44,948	10,416	-	55,364	84,553

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		44,948	10,416	-
		-	-	-
		-	-	-
	Total cash funds	44,948	10,416	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investec Portfolio	Unrestricted	-	52,327
		-	-
		-	-
		-	-
		-	-

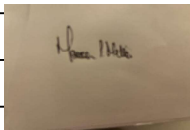
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Independent examination	Unrestricted	702	
Secretarial	Unrestricted	1,325	
Web design	Unrestricted	860	
Outreach expenditure	Unrestricted	668	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MAUREEN MILLER	8/12/2023