

	Trustees' Annual Report for the period						
	Period start date				Period end date		
	From	6th	APRI L	2021	To	5th	APRIL

Section A Reference and administration details

Charity name THE CASSEL HOSPITAL CHARITABLE TRUST

Other names charity is known by

Registered charity number (if any) 1081677

Charity's principal address
 THE CASSEL HOSPITAL
 ONE HAM COMMON
 RICHMOND
Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE	CHAIR		
2	SIR DAVID WILLIAMS	VICE-CHAIR	Until 27/9/21	
3	MAUREEN MILLER	VICE-CHAIR		
4	DR JULIA BLAZDELL			
5	HANNAH PROWSE		Until 26/11/21	
6	PAUL JULLIEN			
7	LINDA STRADINS			
8	BRIAN WATERS			
9	SARAH EDWARDS		Until 27/9/21	
10	DR MARCELLA FOK		Until 12/7/21	
11	GARETH WILLIAMS			
12	NEVILLE MANUEL			
13				
14				
15				

	16			
	17			
	18			
	19			
	20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system

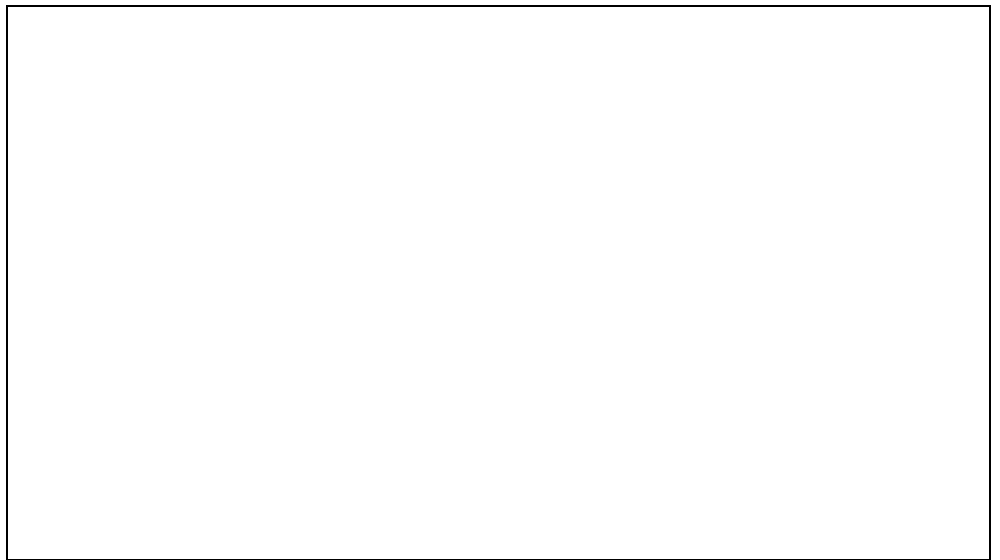
New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

and procedures to manage them.



Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Grants awarded 2021-22

Total £34,536

Education and training

Eileen Skellern Awards: Support for therapy fees for 2 nurses - £1985

Cassel Hospital Garden £1818: patient wreath-making and gardening projects

Research and Innovation

£23,675 KCL contract

£1,210 funding training courses for researchers

Centenary projects

£5848 to On the Record for Voices project

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year**RESEARCH**

The Charity has funded a year long, ground-breaking research project led by King's College London to look at the occurrence of remission and recovery among patients with personality disorder. The aim is to develop new algorithms using real life clinical data.

EDUCATION AND TRAINING

The Charity continued to support the education, training and therapy programmes through the Skellern award for nurses.

Gardening continued to be a key focus for patients and particularly the creation of the Centenary garden this year.

CENTENARY

The pandemic lockdown curtailed physical face to face interviews and filming of the Centenary Voices film. Consultation and research with present and past patients and discussion around the themes for the co-produced Voices film took place virtually throughout the year in readiness for filming in the summer of 2022.

Grants received totalled £39,230:

GLA £4350

Luff Foundation £20,000

Petersham Open Gardens £8,000

Major Donor £3000

Richmond Parish Lands £3880

Local Engagement included a presence at Ham Fair and Ham Parade Christmas Market. Leaflets about the charity were handed out at Petersham Open Gardens. Several articles about the charity were published in the Ham and Petersham Magazine, which has a wide local distribution.

Trustees decided to amend the Charitable Objects, to be confirmed in 2022.

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2022 the charity had unrestricted reserves of £60,910 (2021: £48,384) and restricted reserves of £23,643 (2021: £35,965).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Oliver Dale

Full name(s)

Dr Oliver Dale

Position (eg Secretary, Chair, etc)

Chair



Date 18 January 2023

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2022

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2022, which are set out on pages 9 to 10.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB
23/01/2023



Receipts and payments accounts

For the period from	Period start date 6/4/21	To	Period end date 5/4/22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Investment income	642	-	-	642	1,872
General donations	3,017	-	-	3,017	1,268
Grants	-	39,230	-	39,230	28,263
Other	-	-	-	-	10,800
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,658	39,230	-	42,888	42,203
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,658	39,230	-	42,888	42,203
A3 Payments					
Grants	1,985	32,551	-	34,536	17,684
Secretarial	5,450	-	-	5,450	2,800
Marketing	234	-	-	234	1,445
Other	936	1,529	-	2,465	5,713
	-	-	-	-	-
Sub total	8,605	34,080	-	42,685	27,642
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,605	34,080	-	42,685	27,642
Net of receipts/(payments)	- 4,946	5,150	-	203	14,561
A5 Transfers between funds	17,472	- 17,472	-	-	-
A6 Cash funds last year end	48,384	35,965	-	84,349	69,788
Cash funds this year end	60,910	23,643	-	84,552	84,349

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	60,910	23,643	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds		60,910	23,643
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
			-	-
			-	-

	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investec Portfolio	Unrestricted	-	54,365
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Secretarial	Unrestricted	900	
Independent examiner	Unrestricted	650	
Research	Restricted	11,060	
Timeline	Unrestricted	750	
SUIF Expert by Experience	Unrestricted	1,500	
Mulberry Archive visit	Unrestricted	310	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	OLIVER DALE	18 January 2023