



## Trustees' Annual Report for the period

Period start date			Period end date			
6th	APRI L	2020	T o	5th	APRIL	2021
<b>From</b>				<b>To</b>		

### Section A Reference and administration details

**Charity name** THE CASSEL HOSPITAL CHARITABLE TRUST

**Other names charity is known by**

**Registered charity number (if any)** 1081677

**Charity's principal address**

THE CASSEL HOSPITAL  
ONE HAM COMMON  
RICHMOND  
**Postcode** TW10 7JF

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE	CHAIR		
2	SIR DAVID WILLIAMS	VICE-CHAIR		
3	MAUREEN MILLER		From 21/9/20	
4	DR JULIA BLAZDELL			
5	HANNAH PROWSE		From 21/9/20	
6	PAUL JULLIEN		From 21/9/20	
7	LINDA STRADINS			
8	BRIAN WATERS			
9	SARAH EDWARDS			
10	DR MARCELLA FOK			
11	GARETH WILLIAMS			
12	NEVILLE MANUEL			
13				
14				
15				

16			
17			
18			
19			
20			

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 <sup>ND</sup> JUNE 2000
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system

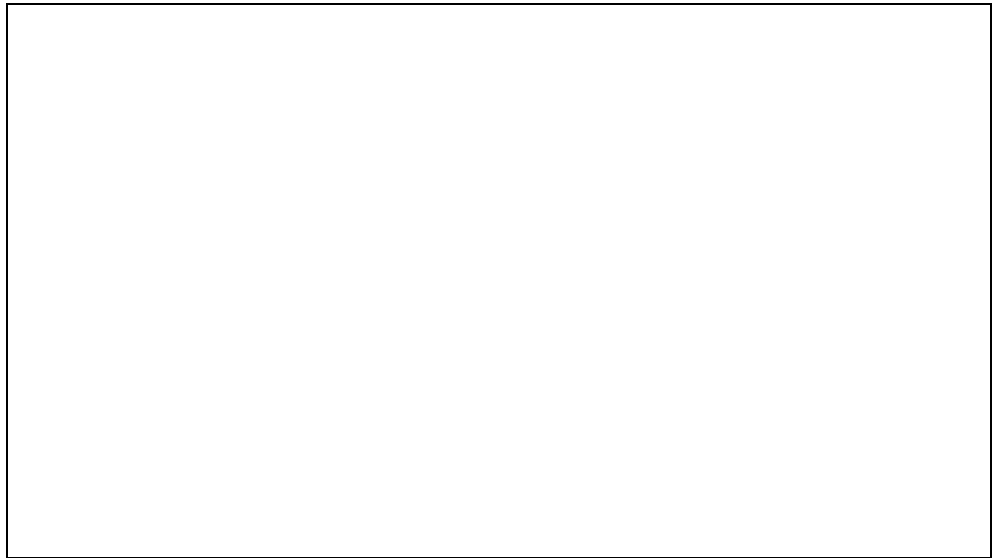
New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

and procedures to manage them.



## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

## **Grants awarded 2020-21**

Total £17,683.55

### **Education and training**

#### **Service User Involvement Fund - £37.50**

Trustees also agreed to commit £1500 to an Expert by Experience to work on the hospital centenary over the next 12 months.

#### **Eileen Skellern Awards:**

Support for therapy fees for 2 nurses - £1,130.

### **Research and Innovation**

Research Assistant Funding £12,978.81 (August 19-January 20)

The Research Assistant has been working on the following projects -

**NIHR Mental Health Policy Research Unit** - Supporting a scoping review of current services commissioned by NHS England. The work has supported a number of publications and national presentations going on to support the development of the Community Mental Health framework

**Personality Disorder Severity Project** - Personality Disorder is now classified as either mild, moderate or severe. The project, in collaboration with Kings College London and University of Bristol, aims to investigate the outcomes associated with the different levels. A grant from the Robert Luff foundation supported the establishment of a team to start the first project exploring the association of severity of personality disorder with admission to physical health hospitals. This is due for presentation later in 2021.

**Cassel and Managed Clinical Network.** The Research Assistant supported a number of projects which were jointly run with clinicians alongside lived- experience practitioners. These projects have resulted in two publications in 2020 and a further one under review.

#### **Centenary projects £3537.24**

To mark the Centenary of the Cassel we are working with the hospital to deliver a number of projects including an academic conference, Centenary edition of the International Journal of Therapeutic Communities and to digitise the unique archive collection that documents the significance of the Cassel and its contribution to the development of the treatment of complex personality disorder. We are also making :1 Centenary quilt with 100 diamonds.

2 - A film – The Voices of the Cassel - using the unique archive material and the voices of current and past patients. The oral history company On the Record (OTR) is our film production partner.

Costs comprised:

The National Lottery grant first instalment of £3212 to On the Record for the film project.

Quilt materials £325.24

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

**Research** - the research assistant continued to work on a full-time contract from January-October 2020, funded by NHS West London. The projects she was involved in, detailed above, will raise the profile of the Cassel as a research centre. Income from Kings College London of £5800 was received in May 20. A second research grant from the Luff Foundation of £20,000 was received in December 2020.

**Service User Involvement fund** – this supports service users to work alongside clinicians developing and delivering training, benefitting both staff and patients.

The continuation of the **Eileen Skellern Awards** in 2020-21 has subsidised therapy fees for nursing staff, which is a powerful tool in recruitment and retention of staff.

**Local engagement** was naturally curtailed this year, given the pandemic, although the charity had a presence at the local Christmas market. However work progressed on developing the public profile of the charity through relaunching the website, including essential FAQs about the charity and its work, and preparing copy for a local magazine. Links were also made with Richmond CVS, Ham United Group and the Ham and Petersham Association.

**Centenary** The aim is to use this opportunity to raise the profile of the hospital and to raise funds. Trustees have attended regular meetings with hospital staff, patients and partners to consider ways of commemorating this event, including an oral history project with past patients, archival research on the history of the hospital, a craft project, an academic conference, the editorship of an academic journal and the hosting of the annual Skellern lecture. Some of these projects have had to be postponed, but have been rescheduled for 2022.

Grant income of £8263 was obtained for the oral history project from The National Lottery Community Fund. While the project had to be postponed, preparatory work was undertaken. A partnership agreement was entered into with On the Record, an oral history specialist, to facilitate this project.

**Trustees**

Three new trustees were recruited in the summer of 2020.

Maureen Miller (local resident)  
Paul Jullien (Cassel Carers' group)  
Hannah Prowse (local resident)

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2021 the charity had unrestricted reserves of £48,384 (2020: £40,656) and restricted reserves of £35,965 (2020: £29,132).

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

*Oliver Dale*

Full name(s) Dr Oliver Dale

Position (eg Secretary, Chair, etc) Chair



**Date** 17.12.21

# The Cassel Hospital Charitable Trust

## Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2021

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I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2021, which are set out on pages 10 to 11.

### Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;  
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA  
Independent Examiner

Lovewell Blake LLP  
Chartered Accountants  
Bankside 300, Peachman Way,  
Broadland Business Park, Norwich  
NR7 0LB

19/12/2021



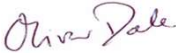
## Receipts and payments accounts

For the period from	6/4/20	To	Period end date 5/4/21
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Investment income	1,872	-	-	1,872	2,311
Donations	768	500	-	1,268	2,592
Grants		28,263	-	28,263	22,000
Research income	5,800	-	-	5,800	13,200
Other		5,000	-	5,000	1,500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>8,440</b>	<b>33,763</b>	<b>-</b>	<b>42,203</b>	<b>41,603</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>8,440</b>	<b>33,763</b>	<b>-</b>	<b>42,203</b>	<b>41,603</b>
<b>A3 Payments</b>					
Grants	1,167	16,517	-	17,684	11,195
Secretarial	2,800	-	-	2,800	4,500
Marketing	945	500	-	1,445	-
Other	713	5,000	-	5,713	402
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5,625</b>	<b>22,017</b>	<b>-</b>	<b>27,642</b>	<b>16,097</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>5,625</b>	<b>22,017</b>	<b>-</b>	<b>27,642</b>	<b>16,097</b>
<b>Net of receipts/(payments)</b>	<b>2,815</b>	<b>11,746</b>	<b>-</b>	<b>14,561</b>	<b>25,506</b>
<b>A5 Transfers between funds</b>	<b>4,913</b>	<b>- 4,913</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>40,656</b>	<b>29,132</b>	<b>-</b>	<b>69,788</b>	<b>44,282</b>
<b>Cash funds this year end</b>	<b>48,384</b>	<b>35,965</b>	<b>-</b>	<b>84,349</b>	<b>69,788</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Lloyds Bank	48,384	35,965	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>48,384</b>	<b>35,965</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
	Investment income	277	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
	Investec Portfolio	Unrestricted	-	51,597
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
	Secretarial pay	Unrestricted	2,500	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Dr Oliver Dale		17.12.21