

**NILAARI AGENCY**  
**FINANCIAL STATEMENTS**

**31 MARCH 2024**

**Charity Number 1080555**  
**Company Number 3785177**

# **NILAARI AGENCY**

## **FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2024**

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# **NILAARI AGENCY**

## **LEGAL AND ADMINISTRATIVE INFORMATION**

**YEAR ENDED 31 MARCH 2024**

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### **Trustees/Directors**

The directors of the charitable company ("the charity") are its trustees for the purposes of the charity law and throughout this report are collectively referred to as the trustees.

The Trustees who served during the year and since the year end were as follows:

G Ramsay (Chair)  
E Wride (Vice Chair)  
B Martin (resigned April 2023)  
N Pascal  
R Veira  
V Watkis  
K Ujah (Treasurer) (joined May 2023)

### **Registered Office**

184 Stapleton Road  
Easton  
Bristol  
BS5 0NZ

### **Bookkeepers**

Mendip Accounting Solution Ltd  
187 Mendip Road  
Yatton  
Somerset  
BS49 4ET

### **Independent Examiner**

David Baptiste ACPA  
Linden Accountants Limited  
21 Sevier Street  
St Werburghs  
Bristol  
BS2 9LB

### **Bankers**

Unity Trust Bank PLC  
Birmingham  
B1 2HB

**Charity Registration No.** 1080555

**Company Registration No.** 03785177

# **NILAARI AGENCY**

## **TRUSTEES ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2024**

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### **Structure, Governance and Management**

The company is governed by its memorandum and articles of association, which also dictate the procedures for the appointment of trustees.

### **Objectives and Activities**

At Nilaari, our policy of treating everyone who walks through our doors – including staff, volunteers, visitors, and clients – with dignity and respect ensures that we engage with people as human beings capable of healing, rather than merely as problems to be solved. We offer more than just talking therapies, signposting, or group work; our approach is marked by patience, continuity, and genuine warmth. This embrace goes beyond conventional service provision, addressing the gaps through which so many of our clients have fallen.

Our mission is to fulfill our clients' hopes for a more sustainable future built on self-help and resilience. Our success lies in our ability to evolve continually in response to client needs and changes in health and social care policy. As an agency, we do not merely adapt to change – we embrace it, ensuring our long-term survival and meeting the expectations of those we serve.

The diversity of our team empowers us to effectively connect with individuals often labeled as 'hard to reach.' This inclusivity strengthens our ability to build trust, foster meaningful connections, and create lasting positive outcomes for our clients and our community.

### **Achievements and Performance**

Nilaari continued to deliver high-quality, needs-led, culturally responsive services throughout the year, successfully meeting all key targets. Despite the challenges faced, it was important for us to pause, reflect, and celebrate our achievements during such unprecedented times, acknowledging our collective strength and resilience.

**Our Vision:** Black and marginalised people access equitable mental health treatment.

During this period, like many organisations, we had to pivot and adapt our working methods, refocusing our overall offer to funders, partners, and stakeholders. This period brought both opportunities and challenges, giving us the chance to reflect and shape the strategic direction of our organisation. Over the past year, we have delivered an increased number of projects and achieved remarkable outcomes that have positively impacted individuals' lives.

#### **Our Main Focus Areas:**

- Delivery of quality, culturally appropriate, and safe services
- Ensuring adequate resources to operate effectively
- Maintaining compliance with all regulations
- Collaborating with key partners to deliver impactful services
- Sustaining organisational efficiency and effectiveness
- Supporting and developing our staff

Our fundraising efforts have been instrumental in meeting the ever-growing demand for services. We extend our gratitude to Lloyds Foundation, the Integrated Care Board (ICB), Avon & Wiltshire Partnership NHS Trust (AWP), Second Step & the Alliance, Bristol City Council, and the many local firms and individuals who generously contributed. The Lloyds

# NILAARI AGENCY

## TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

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Foundation once again provided consultants to support senior management and Board members in reviewing several organisational policies and procedures.

The charity also maintained its reserves in line with the Charity Commission's guidance and re-engaged the services of Linden Accountants based in St Werburghs, Bristol.

Looking ahead, Nilaari remains committed to delivering exceptional services, advocating for equitable mental health treatment, and fostering resilience within our community.

### Funding Policies

#### **Restricted funds**

This represents resources that have been received and are to be expended solely for particular projects.

#### **Unrestricted funds**

This represents resources that have been received which can be spent at the discretion of the directors in furtherance of the agency's objectives.

During 2023/24 the unrestricted reserves increased by £84,622 and at 31 March 2024 the reserve stood at £624,584.

#### **Reserve policy for the year 2023/24**

The board feels that it should hold a prudent hedge against fluctuations in income of the equivalent of six month's salaries and running costs in liquid assets to meet any unforeseen circumstances, this takes account of good practice guidance provided by the Charity Commission. This currently equates to approximately £279,206. The reserves are made up of:

Fixed assets	£379,790
Current assets	£492,483
Total	<u>£872,273</u>

#### **Responsibilities of the Trustees**

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

# NILAARI AGENCY

## TRUSTEES ANNUAL REPORT

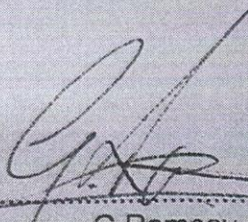
YEAR ENDED 31 MARCH 2024

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The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014.

Approved by the board of Trustees and signed on their behalf by:



G Ramsay - Chair

Date 13/01/2025

# NILAARI AGENCY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2024

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I report on the unaudited accounts for the year ended 31<sup>st</sup> March 2024 set out on pages 6 to 15.

### Respective responsibilities of trustees and examiner

As the charity's trustees are also its directors for the purposes of company law, you are responsible for the preparation of the accounts in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Nilaari Agency are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

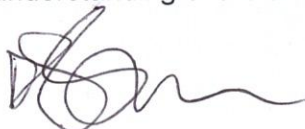
### Basis of independent examiner's report

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Certified Public Accountants Association, which is a listed body.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Company as required under section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of my independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Baptiste ACPA  
Linden Accountants, Scrapstore House, 21 Sevier Street, St Werburghs, Bristol, BS2 9LB

Date 16/01 ..... 2025

# NILAARI AGENCY

## STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>INCOME FROM:</b>					
Donations and legacies	2	1,666	-	1,666	8,332
Charitable activities					
Grants	3	87,730	360,991	448,721	137,078
Service level agreements	4	-	217,841	217,841	160,534
Earned income	5	75,300	-	75,300	126,474
Other income		1,590	-	1,590	-
<b>TOTAL INCOME AND ENDOWMENTS</b>		<b>166,286</b>	<b>578,832</b>	<b>745,118</b>	<b>432,418</b>
<b>EXPENDITURE ON:</b>					
Charitable activities	6	86,870	471,545	558,415	413,027
<b>TOTAL EXPENDITURE</b>		<b>86,870</b>	<b>471,545</b>	<b>558,415</b>	<b>413,027</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>79,416</b>	<b>107,287</b>	<b>186,703</b>	<b>19,392</b>
Gains on revaluation of fixed assets	8	-	-	-	260,308
Total funds at 1 April		792,857	-	792,857	513,157
<b>Total funds at 31 March</b>	<b>12</b>	<b>872,273</b>	<b>107,287</b>	<b>979,560</b>	<b>792,857</b>

The charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

The notes on pages 8 to 15 form part of these financial statements

**NILAARI AGENCY****BALANCE SHEET****YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
<b>FIXED ASSETS:</b>			
Tangible assets	8	379,790	388,899
<b>CURRENT ASSETS:</b>			
Debtors	9	113,731	33,448
Cash at bank and in hand		517,015	394,453
		<u>630,746</u>	<u>427,901</u>
<b>CURRENT LIABILITIES:</b>			
Creditors: falling due within one year	10	(30,976)	(23,944)
Deferred income		-	-
		<u>599,770</u>	<u>403,958</u>
<b>NET CURRENT ASSETS:</b>			
		<u>979,560</u>	<u>792,857</u>
<b>NET ASSETS:</b>			
		<u>979,560</u>	<u>792,857</u>
<b>FUNDS</b>			
Unrestricted funds	12	624,584	539,962
Revaluation reserve	12	249,896	255,102
Restricted funds	12	107,287	-
Building funds	12	(2,207)	(2,207)
		<u>979,560</u>	<u>792,857</u>

For the year ending 31st March 2024, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

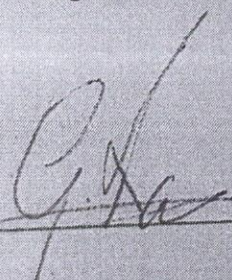
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on 13/01/2025

and are signed on their behalf by:

  
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**NILAARI AGENCY**  
**STATEMENT OF CASH FLOWS**  
**YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
<b>Cash used in operating activities</b>			
<b>Net movement in funds</b>		<b>186,576</b>	19,392
Adjustments for:			
Depreciation charges	8	11,014	9,981
Dividends, interest and rents from investments		-	-
Decrease / (increase) in debtors	9	(81,713)	33,663
Increase / (decrease) in creditors < 1 year	10	8,589	14,662
Increase / (decrease) in creditors > 1 year		-	-
<b>Net cash provided by / (used in) operating activities</b>		<b>124,466</b>	77,698
<b>Cash flows from investing activities</b>			
Dividends, interest and rents from investments		-	-
Purchase of tangible fixed assets	8	(1,904)	(2,673)
<b>Net cash provided by / (used in) investing activities</b>		<b>(1,904)</b>	(2,673)
<b>Increase / (decrease) in cash and cash equivalents in the year</b>		<b>122,562</b>	75,025
Cash and cash equivalents at the beginning of the year		394,453	319,428
<b>Cash and cash equivalents at the end of the year</b>		<b>517,015</b>	394,453

All of the cash flows are derived from continuing operations during the above two periods.

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

The notes on pages 8 to 15 form part of these financial statements

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 1 ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014, and applicable UK Accounting Standards and the Charities Act 2011.

#### Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal.

#### Income

All income is recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income can be measured with sufficient reliability.

Income from donations is included when these are receivable, except as follows:

- i) When the donors specify that the donations given to the charity must be used in future accounting periods;
- ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Income from grants, where there are performance or service deliverables required by the terms of the grant, are accounted for as the charity earns the right to payment through its performance.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that agree all costs related to the category. Support costs have been allocated 100% towards the charitable activities of the charity.

#### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and non-pay costs and support costs relating to those activities.

#### Governance costs

Governance cost include those costs associated with meeting the constitutional and statutory requirements of the charity, and include its independent examination fees and costs linked to the strategic management of the charity including trustee expenses.

#### Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

#### Corporation tax

As the company is a registered charity no provision is considered necessary for taxation on income that is exempt under Corporation Tax legislation and that is applied to the charitable objects.

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDED 31 MARCH 2024

#### Tangible fixed assets and depreciation

All items are stated in the accounts under the historical cost accounting rules, with the exception of the revaluation of freehold property.

Depreciation is calculated so as to write off the cost or revalued amounts of the following tangible fixed assets by equal annual instalments over their estimated useful lives at the following rates:

Asset category	Annual rate
Freehold Property	2%

Depreciation is also provided on the reducing balance method to write off other fixed assets over their useful lives at the following rates:

Asset category	Annual rate
Furniture & fittings	25%
Office Equipment	25%

## 2 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations - For the benefit of clients	1,666	-	1,666	8,332
	<u>1,666</u>	<u>-</u>	<u>1,666</u>	<u>8,332</u>

## 3 INCOME FROM CHARITABLE ACTIVITIES

### GRANTS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Ageing Better Project	-	-	-	32,875
Bristol City Council - Advice & Mental He:	-	29,000	29,000	21,953
Age UK Wazee Project	-	29,075	29,075	-
Barton Hill Project	-	50,000	50,000	-
Quartet Foundation DAWTA Project	-	4,940	4,940	-
NHS ICB Community Workers Partnersh:	-	160,264	160,264	50,000
NHS ICB SMI Project	-	50,312	50,312	-
DMCS - Lloyds Foundation (j)	25,000	-	25,000	27,250
Missing Link (k)	62,730	-	62,730	-
REND - Research	-	20,000	20,000	-
WECA Community Support Fund	-	-	-	5,000
CRF Capital Funding	-	17,400	17,400	-
	<u>87,730</u>	<u>360,991</u>	<u>448,721</u>	<u>137,078</u>

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

### 4 INCOME FROM CHARITABLE ACTIVITIES

#### SERVICE LEVEL AGREEMENTS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
AWP - Funded Placements	-	217,841	217,841	126,654
Second Steps	-	-	-	33,880
	<u>-</u>	<u>217,841</u>	<u>217,841</u>	<u>160,534</u>

### 5 INCOME FROM CHARITABLE ACTIVITIES

#### EARNED INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Professional services	70,015	-	70,015	116,524
Provision of training	-	-	-	2,130
Room hire	5,285	-	5,285	7,820
	<u>75,300</u>	<u>-</u>	<u>75,300</u>	<u>126,474</u>

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

### 6 DIRECT CHARITABLE EXPENDITURE

#### Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023
NHS COVID-19 Crisis Response activity	-	-	-	43,000
NHS ICB Community Link Workers Costs	-	60,000	<b>60,000</b>	13,000
Quartet Foundation DAWTA Project cost:	-	800	<b>800</b>	-
Barton Hill Project costs	-	15,000	<b>15,000</b>	-
Wazee Project costs	-	25	<b>25</b>	-
CRF Capital costs	-	93,249	<b>93,249</b>	-
Salaries and wages	31,635	302,227	<b>333,862</b>	302,662
Pension costs	7,056	-	<b>7,056</b>	6,968
Recruitment costs	407	-	<b>407</b>	-
Staff supervision and training	7,632	-	<b>7,632</b>	10,385
Volunteer expenses	1,363	35	<b>1,398</b>	1,114
Donations paid to clients	200	-	<b>200</b>	-
<i>Support costs</i>				
Premises, rent and utilities	3,847	-	<b>3,847</b>	2,120
Bookkeeping	3,183	-	<b>3,183</b>	2,791
Repairs & renewals	4,944	-	<b>4,944</b>	6,185
Stationery, print, post, IT	7,230	-	<b>7,230</b>	5,855
Subscriptions	160	-	<b>160</b>	125
Travel expenses	2,432	-	<b>2,432</b>	2,066
Staff entertainment	310	-	<b>310</b>	507
HR Support	-	-	-	-
Legal & professional fees	-	88	<b>88</b>	1,260
Bank Charges	151	-	<b>151</b>	141
Bad debt written off	(831)	-	<b>(831)</b>	-
Depreciation	11,014	-	<b>11,014</b>	9,981
Sundries	2,196	122	<b>2,318</b>	1,060
Insurance	3,057	-	<b>3,057</b>	2,366
Governance Costs	883	-	<b>883</b>	1,438
	<b>86,870</b>	<b>471,545</b>	<b>558,415</b>	<b>413,027</b>

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 7 STAFF COSTS

	2024	2023
	£	£
The aggregate payroll costs were:		
Wages & salaries	314,506	288,909
Social security costs	19,687	13,754
Pensions	6,725	6,968
	<u>340,919</u>	<u>309,630</u>

#### Particulars of employees:

The average number of staff employed by the charity during the financial year amounted to:

	2024	2023
	No.	No.
Project Staff	21	18
Support staff	1	1
	<u>22</u>	<u>19</u>

No employee received emoluments of more than £60,000 (2023: Nil)

The average number of full-time equivalent employees during the year was 18 (2023: 16)

No trustee received remuneration, and no trustees reclaimed expenses (2023: Nil).

The charity operates a defined contribution pension scheme.

14 staff are members of the scheme

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

### 8 TANGIBLE FIXED ASSETS

	Freehold Property £	Fixtures & Fittings £	Office Equipment £	Totals £
<b>COST:</b>				
At 1 April 2023	475,000	-	47,383	522,383
Additions	-	-	1,904	1,904
Revaluations	-	-	-	-
At 31 March 2024	<u>475,000</u>	<u>-</u>	<u>49,286</u>	<u>524,286</u>
<b>DEPRECIATION:</b>				
At 1 April 2023	89,490	-	43,993	133,483
Charge for the year	9,500	-	1,514	11,014
At 31 March 2024	<u>98,990</u>	<u>-</u>	<u>45,507</u>	<u>144,497</u>
<b>NET BOOK VALUE:</b>				
At 31 March 2024	<u>376,010</u>	<u>-</u>	<u>3,780</u>	<u>379,790</u>
At 31 March 2023	<u>385,510</u>	<u>-</u>	<u>3,389</u>	<u>388,899</u>

All assets are used directly for charitable purposes. Freehold property was revalued in 2022 by Hunters Estate Agents Limited on the basis of present condition and usage. The historical cost of the freehold property included in the valuation of £475,000 was £233,288.

### 9 DEBTORS

	2024 £	2023 £
Debtors	111,496	32,156
Prepayments	2,235	1,293
	<u>113,731</u>	<u>33,448</u>

### 10 CREDITORS: amounts falling due within one year

	2024 £	2023 £
Trade creditors	27,553	17,890
Accruals	780	1,560
Taxation and social security	2,643	3,064
Other creditors	-	599
Bad debt provision	-	831
	<u>30,976</u>	<u>23,944</u>

**NILAARI AGENCY**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

**11 ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Fixed Assets	379,790	-	<b>379,790</b>
Current Assets	523,459	107,287	<b>630,746</b>
Current Liabilities	(30,976)	-	<b>(30,976)</b>
	<u>872,273</u>	<u>107,287</u>	<u><b>979,560</b></u>

**12 TOTAL FUNDS**

<b>Analysis of Fund movements</b>	<b>Balance b/fwd</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfers</b>	<b>Fund c/fwd</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds:</b>					
General funds	539,962	166,286	(81,664)	-	624,584
Revaluation reserve	255,102	-	(5,206)	-	249,896
Designated funds	-	-	-	-	-
Building funds	(2,207)	-	-	-	(2,207)
	<u>792,857</u>	<u>166,286</u>	<u>(86,870)</u>	<u>-</u>	<u>872,273</u>
<b>Restricted funds:</b>					
	<b>Balance b/fwd</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfers</b>	<b>Fund c/fwd</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
AWP - Funded Placements (a)	-	217,841	(217,841)	-	-
Age UK Wazee Project (b)	-	29,075	(29,075)	-	-
Barton Hill Project (c)	-	50,000	(36,181)	-	13,819
BCC Debt & Mental Health Project (d)	-	29,000	(29,000)	-	-
Quartet Foundation DAWTA Project (e)	-	4,940	(800)	-	4,140
NHS ICB Community Workers Partnersh	-	160,264	(60,000)	-	100,264
NHS ICB SMI Project (g)	-	50,312	-	-	50,312
REND - Research (h)	-	20,000	(5,398)	-	14,602
CRF Capital Funding (i)	-	17,400	(93,249)	-	(75,849)
	<u>-</u>	<u>578,832</u>	<u>(471,545)</u>	<u>-</u>	<u>107,287</u>
Total	<u>792,857</u>	<u>745,118</u>	<u>(558,415)</u>	<u>-</u>	<u>979,560</u>

(a) **Bristol Mental Health** - Overseen by the Bristol Clinical Commissioning Group and led by Avon & Wiltshire Mental Health Partnership NHS Trust, Nilaari along with several other public and voluntary sectors mental health service providers, employ three Recovery Navigators, in three geographic assessment and recovery teams across the city. These teams provide local psychosocial interventions, focusing on supporting individuals to build resilience and improve wellbeing.

(b) **Age UK Wazee Project** - Delivering tailored mental health wellbeing sessions to senior members from racially minoritised

(c) **Barton Hill Project** - A partnership led by Nilaari in collaboration with Bristol Black Carers Project and the Somali Resource Centre, offering culturally responsive and linguistically appropriate mental health and wellbeing support to residents affected by the fear of being evicted from their homes due to structural problems with their flats.

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 12 TOTAL FUNDS (Continued)

- (d) **BCC Debt & Mental Health Project** - In partnership with St Paul's Advice Centre, this project aims to make a lasting impact on individuals from racially minoritised communities by fostering resilience and equipping them with tools to manage mental health and financial wellbeing.
- (e) **Quartet Foundation DAWTA Project** - Creating a creative space for transracially adopted and BMC fostered adults to support mental health and prevent social and cultural isolation.
- (f) **NHS ICB Community Workers Partnership** - Targeting Inner City & East's most marginalised populations, this service, delivered in partnership with the Somali Resource Centre and Black Carers Project, aims to improve access to mainstream
- (g) **NHS ICB SMI Project** - Addressing disparities in health checks, this project collaborates with local health centres to provide tailored support, tackling health inequalities and enhancing the wellbeing of individuals from Black ethnicities with Severe Mental
- (h) **REND Research** - Community engagement research involvement.
- (i) **CRF Capital Funding** - Community Resilience Fund to support the building inner renovation work.
- (j) **Lloyds Foundation** - A two-year grant of £50,000 from Lloyds Bank Foundation supports the charity in addressing the needs of the most vulnerable and marginalised people.
- (k) **Missing Link** - During the COVID pandemic, there was a notable increase in referrals from women within Asian communities, to domestic and sexual violence organisations such as Next Link. In response we collaborated with Next Link to provide therapy and support. As a result we saw strong engagement and retention which could be attributed to the cultural relevance of the