

**NILAARI AGENCY**  
**FINANCIAL STATEMENTS**

**31 MARCH 2022**

**Charity Number 1080555**  
**Company Number 3785177**

# **NILAARI AGENCY**

## **FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2022**

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# **NILAARI AGENCY**

## **LEGAL AND ADMINISTRATIVE INFORMATION**

**YEAR ENDED 31 MARCH 2022**

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### **Trustees/Directors**

The directors of the charitable company ("the charity") are its trustees for the purposes of the charity law and throughout this report are collectively referred to as the trustees.

The Trustees who served during the year and since the year end were as follows:

G Ramsay (Chair)  
E Wride (Vice Chair)  
B Martin (Treasurer)  
L Gordon  
N Pascal  
R Veira  
V Watkis

### **Registered Office**

184 Stapleton Road  
Easton  
Bristol  
BS5 0NZ

### **Bookkeepers**

Mendip Accounting Solution Ltd  
187 Mendip Road  
Yatton  
Somerset  
BS49 4ET

### **Independent Examiner**

David Baptiste ACPA  
Linden Accountants Limited  
21 Sevier Street  
St Werburghs  
Bristol  
BS2 9LB

### **Bankers**

Unity Trust Bank PLC  
Birmingham  
B1 2HB

**Charity Registration No.** 1080555

**Company Registration No.** 03785177

# **NILAARI AGENCY**

## **TRUSTEES ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2022**

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### **Structure, Governance and Management**

The company is governed by its memorandum and articles of association, which also dictate the procedures for the appointment of trustees.

### **Objectives and Activities**

Our policy of treating everyone who walks through our door – that's staff, volunteers and visitors as well as clients – with dignity and respect means that we reach out to people as human beings who can be healed, more than as problems that we can help solve. Unusually and consistently, we offer patience, continuity and warmth - an embrace that goes beyond our capacities of talking therapies, signposting, group work etc. Nilaari will always do more than bridging the gap in service provision through which so many of our clients have fallen. We work towards fulfilling our clients hope to provide them with a more sustainable future of self-help and resilience. Our success has been due to the fact we are continually evolving in response to client need and changing health and social care policy. Not only are we facing change as an agency we are embracing it to guarantee our survival and meet the expectations of those that use our services.

The diverse nature of our team also means that we can work with those labelled 'hard to reach'.

### **Achievements and Performance**

In the last two years, we saw deep scars left on the mental health of millions: scars from the loss of life and the impact of the lockdown. Unprecedented isolation left many from the communities we support struggling to cope. We managed to secure modest sources of income which allowed us to meet some of these challenges. In particular, we want to thank Lloyds Foundation, Steppin' Sistas, Tudor Trust, Nisbet Trust, Giffgaff, the Clinical Commissioning Group, AWP NHS Trust, and Bristol Impact Fund. We were also grateful to receive donations from local firms and individuals. Together they enabled us to review and work to our strengths: supporting individuals facing increased emotional and mental distress. We were also able to add new staff to our team, both paid and unpaid, all of whom are passionate about our philosophy, vision, and direction.

Lloyds Foundation supplied two consultants who worked with us to review and devise a three-year strategy. Whilst the Board worked through the strategy in consultation with staff and external partners, the staff team continued the difficult task of virtual service delivery alongside face-to-face meetings. Our main effort as a Board was to prioritise the well-being of staff and volunteers which was helped by the staff wellbeing grant awarded by the Tudor Trust. We were able to use this to strengthen Board and staff relationships.

Our staff, paid and unpaid, continue to be the charity's biggest asset: their loyalty and commitment. It is pleasing to see the strength of Nilaari's financial position as we end the year. However, the impact of the pandemic continues to present challenges to all of us. We are looking forward to next year, we could certainly do with repairing the exterior of our building and perhaps carrying out some internal redecoration.

The charity maintained its reserves within the guidance provided by the Charity Commission and re-engaged the services of Linden Accountants, based in St Werburghs, Bristol, and the book-keepers Mendip Accounting Solutions.

**NILAARI AGENCY**  
**TRUSTEES ANNUAL REPORT**  
**YEAR ENDED 31 MARCH 2022**

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**Funding Policies**

**Restricted funds**

This represents resources that have been received and are to be expended solely for particular projects.

**Unrestricted funds**

This represents resources that have been received which can be spent at the discretion of the directors in furtherance of the agency's objectives.

During 2021/22 the unrestricted reserves increased by £65,030 and at 31 March 2022 the reserve stood at £497,687.

**Reserve policy for the year 2021/22**

The board feels that it should hold a prudent hedge against fluctuations in income of the equivalent of six month's salaries and running costs in liquid assets to meet any unforeseen circumstances, this takes account of good practice guidance provided by the Charity Commission. This currently equates to approximately £180,996. The reserves are made up of:

Fixed assets	£135,900
Current assets	£361,787
Total	<u>£497,687</u>

**Responsibilities of the Trustees**

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**NILAARI AGENCY**  
**TRUSTEES ANNUAL REPORT**  
**YEAR ENDED 31 MARCH 2022**

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This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014.

Approved by the board of Trustees and signed on their behalf by:



.....  
G Ramsay - Chair

Date: 19<sup>th</sup> January 2023



# NILAARI AGENCY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2022

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I report on the unaudited accounts for the year ended 31<sup>st</sup> March 2022 set out on pages 6 to 15.

### Respective responsibilities of trustees and examiner

As the charity's trustees are also its directors for the purposes of company law, you are responsible for the preparation of the accounts in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Nilaari Agency are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Basis of independent examiner's report

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Certified Public Accountants Association, which is a listed body.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Company as required under section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of my independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Baptiste ACPA  
Linden Accountants, Scrapstore House, 21 Sevier Street, St Werburghs, Bristol, BS2 9LB

Date 20/01 ..... 2023

# NILAARI AGENCY

## STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£	£
<b>INCOME FROM:</b>					
Donations and legacies	2	12,382	-	12,382	15,867
Charitable activities					
Grants	3	35,000	76,413	111,413	164,435
Service level agreements	4	-	194,847	194,847	190,616
Earned income	5	63,126	-	63,126	24,833
Other income		-	-	-	-
<b>TOTAL INCOME AND ENDOWMENTS</b>		<u>110,508</u>	<u>271,261</u>	<u>381,769</u>	<u>395,752</u>
<b>EXPENDITURE ON:</b>					
Charitable activities	6	45,479	316,515	361,993	299,296
<b>TOTAL EXPENDITURE</b>		<u>45,479</u>	<u>316,515</u>	<u>361,993</u>	<u>299,296</u>
<b>NET INCOME/(EXPENDITURE)</b>		65,030	(45,254)	19,776	96,456
<b>Total funds at 1 April</b>		432,657	60,725	493,382	396,925
<b>Total funds at 31 March</b>	12	<u>497,687</u>	<u>15,471</u>	<u>513,157</u>	<u>493,382</u>

The charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

The notes on pages 8 to 15 form part of these financial statements

# NILAARI AGENCY

## BALANCE SHEET

YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
<b>FIXED ASSETS:</b>			
Tangible assets	8	135,900	139,937
<b>CURRENT ASSETS:</b>			
Debtors	9	68,115	114,731
Cash at bank and in hand		319,428	254,316
		<u>387,543</u>	<u>369,048</u>
<b>CURRENT LIABILITIES:</b>			
Creditors: falling due within one year	10	(10,286)	(4,403)
Deferred income		-	(11,200)
		<u>377,257</u>	<u>353,445</u>
<b>NET CURRENT ASSETS:</b>			
		<u>513,157</u>	<u>493,382</u>
<b>NET ASSETS:</b>			
		<u>513,157</u>	<u>493,382</u>
<b>FUNDS</b>			
Unrestricted funds	12	497,687	432,657
Restricted funds	12	15,471	60,725
		<u>513,157</u>	<u>493,382</u>

For the year ending 31st March 2022, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the directors and authorised for issue on 19 January 2023.

and are signed on their behalf by:



Company Registration Number: 03785177

The notes on pages 8 to 15 form part of these financial statements

# **NILAARI AGENCY**

## **NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2022**

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### **1 ACCOUNTING POLICIES**

#### **Accounting convention**

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014, and applicable UK Accounting Standards and the Charities Act 2011.

#### **Funds structure**

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal.

#### **Income**

All income is recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income can be measured with sufficient reliability.

Income from donations is included when these are receivable, except as follows:

- i) When the donors specify that the donations given to the charity must be used in future accounting periods;
- ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Income from grants, where there are performance or service deliverables required by the terms of the grant, are accounted for as the charity earns the right to payment through its performance.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that agree all costs related to the category. Support costs have been allocated 100% towards the charitable activities of the charity.

#### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and non-pay costs and support costs relating to those activities.

#### **Governance costs**

Governance cost include those costs associated with meeting the constitutional and statutory requirements of the charity, and include its independent examination fees and costs linked to the strategic management of the charity including trustee expenses.

#### **Pensions**

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

#### **Corporation tax**

As the company is a registered charity no provision is considered necessary for taxation on income that is exempt under Corporation Tax legislation and that is applied to the charitable objects.

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

### Tangible fixed assets and depreciation

All items are stated in the accounts under the historical cost accounting rules, with the exception of the revaluation of freehold property.

Depreciation is calculated so as to write off the cost or revalued amounts of the following tangible fixed assets by equal annual instalments over their estimated useful lives at the following rates:

Asset category	Annual rate
Freehold Property	2%

Depreciation is also provided on the reducing balance method to write off other fixed assets over their useful lives at the following rates:

Asset category	Annual rate
Furniture & fittings	25%
Office Equipment	25%

## 2 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Donations - For the benefit of clients	12,382	-	12,382	15,867
	<u>12,382</u>	<u>-</u>	<u>12,382</u>	<u>15,867</u>

## 3 INCOME FROM CHARITABLE ACTIVITIES

### GRANTS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Bluebird Trust	10,000	-	10,000	-
Bristol Impact Fund - Jabari Project	-	10,034	10,034	35,364
Bristol Impact Fund - Weaver Bird Project	-	7,335	7,335	9,780
Bristol City Council - Covid Health & Wellt	-	49,044	49,044	-
Tudor Trust	-	-	-	2,000
Tudor Trust - Yellow Bird	-	10,000	10,000	30,000
NHS COVID-19 Crisis Response	-	-	-	50,000
COVID-19 Support Grants	-	-	-	32,192
DMCS - Lloyds Foundation (h)	25,000	-	25,000	5,100
	<u>35,000</u>	<u>76,413</u>	<u>111,413</u>	<u>164,435</u>

**NILAARI AGENCY**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2022**

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**4 INCOME FROM CHARITABLE ACTIVITIES**

**SERVICE LEVEL AGREEMENTS**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2022 £</b>	<b>Total Funds 2021 £</b>
AWP - Funded Placements	-	160,931	<b>160,931</b>	156,700
Second Steps	-	33,917	<b>33,917</b>	33,917
	<u>-</u>	<u>194,847</u>	<u><b>194,847</b></u>	<u>190,616</u>

**5 INCOME FROM CHARITABLE ACTIVITIES**

**EARNED INCOME**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2022 £</b>	<b>Total Funds 2021 £</b>
Professional services	52,474	-	<b>52,474</b>	8,268
Provision of training	10,652	-	<b>10,652</b>	16,085
Room hire	-	-	-	480
	<u>63,126</u>	<u>-</u>	<u><b>63,126</b></u>	<u>24,833</u>

**NILAARI AGENCY**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2022**

**6 DIRECT CHARITABLE EXPENDITURE**

**Charitable Activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2022 £</b>	<b>Total Funds 2021</b>
NHS COVID-19 Crisis Response activity	-	8,000	<b>8,000</b>	26,529
Salaries and wages	13,071	295,982	<b>309,053</b>	238,169
Pension costs	-	6,645	<b>6,645</b>	6,529
Recruitment costs	35	-	<b>35</b>	-
Staff supervision and training	5,515	5,888	<b>11,403</b>	2,410
Volunteer expenses	800	-	<b>800</b>	345
Donations paid to clients	240	-	<b>240</b>	1,021
<u>Support costs</u>				
Premises, rent and utilities	2,171	-	<b>2,171</b>	1,091
Bookkeeping	2,509	-	<b>2,509</b>	2,086
Repairs & renewals	544	-	<b>544</b>	208
Stationery, print, post, IT	7,344	-	<b>7,344</b>	8,399
Subscriptions	125	-	<b>125</b>	147
Travel expenses	1,577	-	<b>1,577</b>	1,057
Staff entertainment	772	-	<b>772</b>	-
HR Support	-	-	-	40
Legal & professional fees	1,205	-	<b>1,205</b>	-
Bank Charges	161	-	<b>161</b>	135
Bad debt written off	-	-	-	831
Depreciation	4,798	-	<b>4,798</b>	5,148
Sundries	635	-	<b>635</b>	3,057
Insurance	3,181	-	<b>3,181</b>	1,314
Governance Costs	796	-	<b>796</b>	780
	<u>45,479</u>	<u>316,515</u>	<u><b>361,993</b></u>	<u>299,296</u>

**NILAARI AGENCY**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2022**

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**7 STAFF COSTS**

	<b>2022</b>	2021
	£	£
The aggregate payroll costs were:		
Wages & salaries	<b>292,170</b>	225,618
Social security costs	<b>16,883</b>	12,417
Pensions	<b>6,645</b>	6,529
	<b><u>315,698</u></b>	<u>244,563</u>

**Particulars of employees:**

The average number of staff employed by the charity during the financial year amounted to:

	<b>2022</b>	2021
	<b>No.</b>	No.
Project Staff	<b>16</b>	14
Support staff	<b>1</b>	1
	<b><u>17</u></b>	<u>15</u>

No employee received emoluments of more than £60,000 (2021: Nil)

The average number of full-time equivalent employees during the year was 16 (2021: 13)

No trustee received remuneration, and no trustees reclaimed expenses (2021: Nil).

The charity operates a defined contribution pension scheme.

14 staff are members of the scheme

**NILAARI AGENCY**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2022**

**8 TANGIBLE FIXED ASSETS**

	Freehold Property £	Fixtures & Fittings £	Office Equipment £	Totals £
<b>COST:</b>				
At 1 April 2021	214,692	-	43,949	258,641
Additions	-	-	760	760
At 31 March 2022	<u>214,692</u>	<u>-</u>	<u>44,710</u>	<u>259,402</u>
<b>DEPRECIATION:</b>				
At 1 April 2021	75,696	-	43,008	118,704
Charge for the year	4,294	-	504	4,798
At 31 March 2022	<u>79,990</u>	<u>-</u>	<u>43,512</u>	<u>123,502</u>
<b>NET BOOK VALUE:</b>				
At 31 March 2022	<u>134,702</u>	<u>-</u>	<u>1,198</u>	<u>135,900</u>
At 31 March 2021	<u>138,996</u>	<u>-</u>	<u>941</u>	<u>139,937</u>

All assets are used directly for charitable purposes. Freehold property was revalued in 2013 by Besley Hill Estate Agents Limited on the basis of present condition and usage. The historical cost of the freehold property included in the valuation of £175,000 was £233,288.

**9 DEBTORS**

	2022 £	2021 £
Debtors	66,374	113,927
Prepayments	1,741	804
	<u>68,115</u>	<u>114,731</u>

**10 CREDITORS: amounts falling due within one year**

	2022 £	2021 £
Trade creditors	1,840	130
Accruals	780	780
Taxation and social security	6,207	1,340
Other creditors	628	1,323
Bad debt provision	831	831
	<u>10,286</u>	<u>4,403</u>

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

### 11 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Fixed Assets	135,900	-	135,900
Current Assets	372,073	15,471	387,543
Current Liabilities	(10,286)	-	(10,286)
	497,687	15,471	513,157

### 12 TOTAL FUNDS

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
<b>Unrestricted funds:</b>					
General funds	432,657	110,508	(45,479)	-	497,687
Designated funds	-	-	-	-	-
	432,657	110,508	(45,479)	-	497,687
<b>Restricted funds:</b>					
	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
AWP - Funded Placements (a)	14,903	160,931	(175,834)	-	-
Second Steps (b)	-	33,917	(33,917)	-	-
Bristol Impact Fund - Jabari Project (c)	9,914	10,034	(19,948)	-	-
Bristol Impact Fund - Weaver Bird Project	-	7,335	(7,335)	-	-
Tudor Trust (e)	-	-	-	-	-
Tudor Trust - Yellow Bird (f)	12,437	10,000	(22,437)	-	-
NHS COVID-19 Crisis Response (g)	23,471	-	(8,000)	-	15,471
Bristol City Council - Health & Wellbeing	-	49,044	(49,044)	-	-
	60,725	271,261	(316,515)	-	15,471
Total	493,382	381,769	(361,993)	-	513,157

(a) **Bristol Mental Health** - Overseen by the Bristol Clinical Commissioning Group and led by Avon & Wiltshire Mental Health Partnership NHS Trust, Nilaari along with several other public and voluntary sectors mental health service providers, employ three Recovery Navigators, in three geographic assessment and recovery teams across the city. These teams provide local psychosocial interventions, focusing on supporting individuals to build resilience and improve wellbeing.

# NILAARI AGENCY

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

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### 12 TOTAL FUNDS (Continued)

(b) **Golden Key Program** - In partnership with Second Step, we have been working with the Independent Futures advisory group (IF Group): people with personal experience of prison, homelessness, long-term mental health problems and drug and alcohol dependency. The IF group's vision, ideas and feedback have guided the project from design and delivery to review. We have worked to enable clients who are struggling and feel locked out of services to find new ways to get the help they need to build on their strengths, pursue their hopes and change their lives.

(c) **Bristol Impact Fund - Jabari Men's Project** - The Jabari project works directly with adult males who have a history of mental health issues and/or offending behaviour. The project offers culturally appropriate psychosocial interventions to help them engage with and access talking therapies and other primary mental health provision. As part of the Jabari programme we devised a six-week course called 'Grounded', for men in the community who wanted the space to explore issues relating to communication or relationships, reducing social isolation and improving well-being. ABC charity paid £15,000 to fund Jabari work. The final year funding from BCC Impact has tapered down and the ABC charity has funded the continuation of the project for a further year.

(d) **Bristol Impact Fund - Weaver Bird Project** - The project supports BAME migrant women, including refugees and asylum seekers who live in Bristol and who have mental health needs. By supporting the women to create their own network where they can express their feelings, seek timely help from mental health services will help them turn their lives around, make better choices and in turn lift their low moods and depressions.

(e) **Tudor Trust** - This restricted grant is to pay for support, supervision, mentoring or counselling, or for individual wellbeing activities, that will help address people's stress and exhaustion. Or it might be about bringing the team together to support each other, to decompress, reflect and recharge, or to reconnect while enjoying each other's company.

(f) **Tudor Trust - Yellow Bird** - The Yellow Bird Project aims to provide a range of intensive interventions for women aged 25 years and above with mental health issues who have perhaps struggled to engage with help in the past. As well as one to one support Yellow Bird runs groups, workshops and a weekly drop to enable women to build their confidence, resilience, self esteem and wellness. This project has been funded by the Tudor Trust.

(g) **NHS COVID-19 Crisis Response** - Through BNSSG's COVID-19 Business Case, funding has been identified (£50,000) to increase the provision of culturally informed and BAME-led mental health services for people across BNSSG. Funding is allocated to lead partner Nilaari and the funds then divided equally with partners Bristol Black Carers and the Somali Resource Centre.

(h) **Lloyds Foundation** - Two-year grant of £50,000 from Lloyds Bank Foundation to support the charity to respond to the needs of the most vulnerable and marginalised people affected by the COVID-19 crisis.