



**ARK·T**

**ARK-T CENTRE  
ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED DECEMBER 2021**

**CHARITY NUMBER: 1079495**

**ARK T CENTRE**

**UNAUDITED FINANCIAL STATEMENTS  
AND TRUSTEES ANNUAL REPORT**

**FOR THE YEAR ENDED  
31 DECEMBER 2021**

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# ARK T CENTRE

## GENERAL INFORMATION

Registered charity name	Ark T Centre
Charity number	1079495
Principal & registered office address	Crowell Road Oxford OX4 3LN
Trustees	Helen Morton (Chairperson) Giles Davies (resigned June 2021) Hazel Douglas (resigned November 2021) Sharon Evans Dr Andrew Gant Laura Jostins-Dean (appointed January 2022)  Daniel Levy (appointed January 2021) Ros Loten (resigned June 2021) Shakeel Marham Emerald O'Shaughnessy (appointed June 2021) Johanna Rice (appointed January 2022)  Hassan Elmi Sabrie (appointed January 2022) Dr Eleanor Vogel (resigned June 2021)
Accountants	SPX Oxford Ltd Peace House 19 Paradise Street Oxford OX1 1LD
Independent examiner	Caroline Webster FCA UHY Ross Brooke Windrush Court Abingdon Business Park Suite I Bucklands Way Abingdon OX14 1SY
Bankers	CAF Bank 25 Kings Hill Avenue Kings Hill West Mailing Kent

# ARK T CENTRE

## Chair Person's Statement

The past year has been challenging for Ark-T as we have continued our recovery following the impact of the Covid-19 crisis on the charity, our staff and participants and the community. I am extremely proud of the way in which everyone at Ark-T has responded and of the strength, resilience and flexibility that they have shown in dealing with the changing requirements and circumstances, including working from home, delivering sessions online and finally returning to in person sessions at the centres. The organisation has undergone further structural change as outlined below while continuing to demonstrate flexibility in adapting services and activities and in developing new partnerships so that we can still meet the needs of our participants and communities, including the food banks in our centres with the OX4 Free Food Crew and OCA! Indeed, we were honoured to accept an award from Lord Mayor Councillor Mark Lygo recognising our efforts to support the community throughout the pandemic.

Emmy O'Shaughnessy, who had been our CEO since 2016 and then co-CEO with Lizzy McBain since 2020, decided to step down in July 2021 and Lizzy became the sole CEO. They took the opportunity to carry out a full review of Ark-T and its staffing structure in consultation with staff and trustees and put in place a new structure with a strong and robust senior management team and better support and more sharing of best practice for programmes. I would like to thank Emmy very much for all that she has contributed to Ark-T over the last 6 years and am delighted to say that she has now become one of our trustees! Lizzy and the senior management team have worked hard and made a lot of progress, especially in providing support to staff and improving our plans, policies and procedures. We reviewed and updated our Business Plan, Values, Vision, Mission and Aims and produced our first financial strategy and improved our impact measurement.

We were very pleased to secure a further 3 years of funding from Children in Need for the Creativity Changes Lives Programmes and from Mabs Mardulyn for the Art Nest. We were delighted to be invited to join with the Story Museum in their Welcoming Amal celebration in Oxford in October which was attended by thousands of people and the year finished with a Christmas Light Night event as part of a Cultural Hub, with funding from Oxford City Council. New funding from Oxford City Council and the Funding Network enabled us to start a programme of monthly Community Hub days in February 2022 to provide community meals and intergenerational activity and these have brought in members of the local community and a number of new partners.

Despite the seeming affluence of Oxford, there are several parts of the city which remain severely deprived. Ark-T is based in Cowley which is one of the top 20% most deprived wards in the UK and we use the powers of creativity and community to change lives and inspire community driven social change. We can see the impact of our work in many ways, from delivering weekly group sessions to children and young people to give a stronger sense of belonging to a community, offering 1-2-1 creative mentoring to increase confidence and build emotional resilience and wellbeing to exploring leadership and creativity leading to opportunities in further education, training and employment. I am confident that Ark-T will continue to adapt and innovate to meet participant and community needs.

I would again like to take this opportunity to offer my heartfelt thanks, gratitude and appreciation to all the funders, donors and partners with whom we work and especially to all of our team who share our vision and believe in the power of our work and the potential of all the people we work with.

The Trustees present their report together with the financial statements for the year ended 31 December 2021.

# ARK T CENTRE

**Administrative details are shown on page 2**

**The charity is also grateful to the following staff and artists in residence.**

## **Team**

### **Lizzy McBain (CEO from July 2021)**

Emmy O'Shaughnessy (Until July) & Lizzy McBain (Co-CEO's)  
Alice Dore (Head of Programmes and Deputy Director from Sept)  
(Alice was Transitional Wellbeing Practitioner until Sept)  
Emily Walsh (Head of Operations and Finance from Sept)  
(Emily was Individual Donor and Corporate Sponsorship Coordinator March-Sept)  
Lisa Bates (Creativity Changes Lives Project Manager)  
Hannah Bruce (Youth Music Project Manager)  
Anna Martin (Community Development Manager)  
Clare Keep (Art Nest Project Manager)

Jo Race (Transitional Wellbeing Practitioner from May 2021)  
Ansh Ramklown (Community In Reach Worker)  
Kezia Johnson (Centre Coordinator)  
Hazel Wilson (Marketing Coordinator)

Nicky Weiner (Centre and Programmes Support)  
Su Frizzell (Creative Practitioner)

### **Artists in Residence**

Biddy Hudson & Zuhura Plummer

### **Website**

[www.ark-t.org](http://www.ark-t.org)

Twitter @ArkTOxford  
Facebook /ArkTOxford

## **Objective**

The charity's objective is the advancement of education in the Arts in the area of the City of Oxford and particularly in the area of Cowley, for the benefit of the local community, and in particular to provide facilities for the preparation and presentation of artistic works.

## **Trustee recruitment and induction**

Trustees are recruited according to the skills needed on the board. Trustees are invited to meet with prospective trustees and the CEOs on a 1-1 and group basis and are then voted through a majority vote. Trustees are then required to submit a DBS certificate and attend safeguarding training if it is not already in place. Trustees are then invited to join different sub-committees including the Fundraising Subcommittee and Finance Subcommittee, or specific roles, such as Mentor to Young Trustee.

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The trustees receive regular e-bulletins from the Charity Commission and others regarding relevant updates in legislation.

### **Public Benefit**

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

### **Financial review**

During the year, the charity received £459,488 of income (2020: £435,328) and incurred £543,650 of expenditure (2020: £350,574) resulting in a deficit of £84,162. Ark-T's income in 2021 was limited by the unusual circumstances of the Covid period and the lockdowns. The hire of Ark-T's premises was very restricted and there were a limited number of fundraising events that were possible. Applications for grants continued to be submitted but there was significant competition for grants from other charities and so not all applications were successful.

The Trustees are confident that income will increase now that there are no restrictions on face to face meetings and have agreed several actions to be taken to address the issues. These include running a successful crowdfunding campaign in May 2022, employing a full time CEO who started work in July 2022 and submitting a number of new grant applications. A membership scheme (SpArks) has been established to encourage friends and supporters of Ark-T to make regular donations and to help attract new donors. The management team have reviewed all areas of expenditure and have identified areas in which costs can be decreased and the benefits of all these actions will be seen in future accounting periods.

### **Reserves**

Reserves are defined as unrestricted funds that are freely available to spend on any of the charitable purposes of the Charity (the Ark-T Centre). Funds such as restricted income funds, the balance of restricted grants, tangible fixed assets and any investment funds are excluded from the reserves. Reserves are held to meet any unexpected spending requirements and unforeseen day-to-day operational costs, any shortfall in income from donations or grants, any delays in receiving grant payments and to fulfill the obligations of the Charity (the Ark-T Centre).

Our Beneficiaries are individuals and groups with complex needs who are often vulnerable and facing multiple disadvantages. They come to the Charity (the Ark-T Centre) for creative arts activities and rely on the Charity to provide them with ongoing access to support, guidance, mentoring, creative outlets, skills training and information and they would be adversely affected if the Centre was unable to operate and provide them with these outlets and support.

The Trustees therefore consider that a suitable policy for this Charity (the Ark-T Centre) is to hold in reserves the equivalent of a minimum of three to six months of general operating costs including salary costs. This policy and the level of reserves will be reviewed once a year by the Trustees.

We currently hold only £32,000 in unrestricted reserves which is the equivalent of between one and two months general operating costs for the Charity (the Ark-T Centre). We aim to increase the reserves to the planned level of a minimum of three months of general operating costs by significantly increasing our fundraising activity and identifying suitable donors and organisations from whom general donations for this purpose can be requested. The Trustees and management team are conscious that they are likely to face financial headwinds, and are focussed on increasing income and managing costs with rigour. Where possible, funders are being urged to

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contribute to Ark-T's unrestricted funds, and not to restrict contributions to specific projects. Management is committed to using a portion of general income to rebuild Ark-T's reserves.

### **Risk management**

The Trustees have a risk management strategy which comprises:

- A review of the major risks to which the charity is exposed, undertaken on a regular basis;
- The establishment of systems and procedures to manage and mitigate those identified risks; and
- Implementation of actions to minimise the potential impact of those risks on the charity, should they materialise.

The main area of risk to which the charity is exposed is financial risk, in particular due to the impact of Covid-19 and the resultant significant reduction in bookings income, the recent difficulties in obtaining grant funding and the time and effort required to develop income from other fundraising sources. Key elements in the management of this area of risk, included in the Business Plan, are identifying new core funders, negotiating for longer term financial commitments from existing core funders, developing new partnerships, attracting new donors, strengthening performance reporting to core funders and donors and achieving a satisfactory level of reserves

## ARK T CENTRE

**MISSION STATEMENT: We use the powers of creativity and human connection to change lives**

**VALUES: Be Brave, Be Kind, Be True to Yourself and Be a Change Maker**

Ark-T is an arts and community centre and mental health and wellbeing charity with two centres based in Cowley, Oxford, in the heart of one of the 20% most deprived areas in the United Kingdom. Despite being in one of the richest cities in the country, many people who live in the surrounding area experience multiple inequalities.

When we say the word inequality we mean two things:

1. People are not having their basic needs met in housing, education, employment, and health
2. People are marginalised by class, gender, sexuality, disability, and race and poverty

The problems we are tackling:

29% of children in Oxford live below the poverty line (Indices of Deprivation, 2019)  
Number of Oxfordshire young people seeking help from mental health services has risen by 40% in the last 2 years  
3 of our local state schools in East Oxford are currently in special measures  
50% of people aged 65 and over in Oxfordshire, say TV or pets are their main company  
Half of all LGBTQ people have experienced depression in the last year.  
11% of workers in England's Arts Council NPO organisations are from the Global Majority  
6% of arts workforce identify as disabled

These multiple, complex disadvantages lead to poor mental and physical health, barriers to education and employment, less chance to be heard, and reduced opportunity to come together and celebrate.

We use creativity to tackle the inequality in our community, through transformative programmes that unlock people's potential. People of all ages come here to make art, make friendships and make change in their own lives, and the world around them.

Our vision is for the communities in this area to become recognised for their creative talent and leadership and to no longer be labelled as victims of a system of inequality, but instead celebrated as powerful makers of creativity and community-led change.

There are no quick fixes, or short projects which will deal with the deep systemic issues of inequality in Oxford. We take a partnership approach, prioritising long term system-change in order to tackle these problems. We know that diversity of thinking and the courage to think, plan, and take action will make the meaningful and lasting change we know is possible.

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### **Our Unstoppable Vision**

#### **We will not stop until:**

- All those who want to participate in, and gain life-changing benefits of, the arts in Oxford have the opportunity
- We see much better mental health and resilience in our communities
- We see more people from deprived areas with fulfilling jobs, volunteering roles and further training opportunities
- There is greater representation of marginalised voices and stories shaping the arts.
- We are a fully inclusive organisation, including our workforce. This looks like disabled, working class and/or Global Majority people leading the organisation.
- We can see the creative talent we cultivate in our communities, making a difference to where people live.
- We see a new wave of cultural leaders who are rooted in their communities, using their creative skills to enhance their lives and the lives of others.

### **Mission**

We use the powers of Creativity and Community to change lives and inspire community-driven social change. We passionately believe that creativity and community are powerful resources that can regenerate people's mental health, their vision for their lives and the world around them.

#### **We make this happen by:**

- Providing person-centred, creative education, training, pathways to volunteering & employment.
- Creating opportunities for communities to come together to put on events & share transformational experiences.
- Creating a safe and inclusive space where everyone in our community has the opportunity to take part in the arts, and experience the positive impact creativity has on mental & physical health.

We are particularly concerned that the creative arts are being removed from state education and that this is having a damaging impact on children and young people's mental health. Our work with families, and our focus on different generations coming together to be creative, is a key way we contribute to keeping our community healthy and happy.

Diversity in the arts is central to our vision and mission. We want to see everybody having equal access to creativity and work strategically with partners to champion better inclusion.

Creativity is about imagination, play, and self-expression. Community is about connection, acceptance and belonging. Together both can change lives and create powerful communities.

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### How do people take part?

- Free / pay what you can weekly sessions in visual art, music and theatre arts for all young people and young adults
- Free 1-2-1 mentoring and wellbeing sessions for 11-25 yr olds through our CAMHS partnership
- Free School holiday creative provision for 6-18 yr olds
- A youth council for 11-25 yr olds
- Free trips to theatre shows and exhibitions for families and groups
- Programming in the Roar annual disability arts festival
- An annual Art Prize for a young female artist from an under-represented community alongside creative and emotional mentoring
- Seasonal community events (Summer Lights and Winter Lights) with volunteering and leadership opportunities for young people and adults
- Multiple spaces available for affordable room hire, prioritising creative and social change activity
- OXForum - a focus group of diverse OX4 residents who meet quarterly to share experiences and feedback on local needs and services

We also sit on numerous county-wide partnerships which promote inclusion in the arts and work strategically with other organisations to make positive change for those with additional needs.

This includes:

- The Roar Partnership - promoting disability inclusion
- Cultural Education Partnership
- Children and Young People Mental Health Partnership
- OX4-2030 - with Donnington Doorstep & Waste2Taste
- OX4 Food Crew
- OX4 Early Years Alliance

### What does our community gain?

- Increased artistic and leadership skills
- Improved wellbeing and creative tools for managing their own mental health
- Feel an enhanced sense of community
- Achieve accreditations such as Arts Awards
- Build a portfolio of work that can be used for interviews at further education or for employment
- Make new friendships and learn essential group work and social skills
- Build confidence & self-expression, and learn to value their individuality
- Take part in volunteering and training that leads to employment
- Have their creativity and achievements celebrated in sessions, exhibitions, performances and events
- Share food and celebrate with others in OX4
- Greater access to more diverse cultural experiences

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*"I want to live here forever"*

*If you could sum Ark-T up in 3 words, what would they be?*

*"Inclusive, Fun, Big Hearted"*

*Love, Community, Creativity"*

*"Accepting, Hopeful, Community"*

*Ark-T Participants*

### **Charity Activity**

Statement from CEO, Lizzy McBain

2021 was about gradually bringing people safely and confidently back into our buildings, re-establishing our programmes in-person and learning from what had changed during the pandemic. Things remained uncertain at times, as we continued to experience lockdown restrictions on and off, but there was also a great deal to build on and new learning bring to the way we do things. Participants benefited from the new flexibility of accessing sessions and 1-2-1's online should they need, which suited some people better, particularly those with access requirements as seen in the music project SingSign choir and the ROARsomes disability arts group. We were also able to adapt and be flexible and run our Creativity Camps holiday programme online when needed, sending creative packages and recipe parcels to children and young people to engage with workshops from their home.

Our partnership work was key to sharing learning in 2021 about what had changed for our local communities during the pandemic, to hearing what people and families in OX4 need from their local charities and venues, and working together to share resources.

In particular this included reframing the work of the OX4 Food Crew in partnership with Flo's PP, OCA and Waste2Taste to expanding the service beyond meal delivery and food redistribution, and inviting several new partner organisations onboard to expand the offer to include community meals and cooking courses, with the aim to build food resilience for the whole of OX4.

We also started a new partnership, OX4 2030, with Waste2Taste and Donnington Doorstep to explore how we can collectively address the exploitation of both young people and the exploitation of the environment in our locality, through writing a proposal to the Samworth Foundation that was successful in receiving funding, and which will see the three organisations work together to develop a shared strategy throughout 2022.

We continued to work in partnership with Donnington Doorstep and Safe! to deliver a new Blueprint music and mentoring project for young men at risk of exploitation in summer 2021, and collectively successfully fundraise for a third 12 week project in summer 2022.

We continue to sit on the ROAR partnership, advocating alongside many other Oxfordshire based organisations for greater representation of disabled artists in the arts, and co-produced an online ROAR festival in October.

2021 was also very much about reviewing our staffing structure and addressing some capacity needs by creating a new Senior Leadership Team with the implementation of two new posts, the Head of Programmes and Head of Operations, to support the work of the CEO, following the departure of Co-CEO, Emmy O'Shaughnessy in July 2021, after 5 years at Ark-T. The new Senior Leadership Team was put in place by September 2021 and has made a significant impact on the work of the organisation already. Emily Walsh in the role of Head of Operations & Finance has

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helped staff to feel more supported operationally with new and improved systems for every area of our work from HR, to finance, safeguarding and monitoring. Alice Dore in the role of Head of Programme has also implemented a new Ark-T wide impact measurement gathering approach, making it easier to gather evidence of our impact through Monthly Portfolios which include case studies, participant quotes and photographs for all our different programme areas, and this will support the publishing of a full organisation wide impact report planned in early 2023.

The Senior Leadership Team also worked together to develop our new Theory of Change, which illustrates our ambition to enable everyone in OX4 to unlock their full potential through our programme of creative wellbeing activity and community celebration events. This has also led to the consolidation of our programme into an annual calendar of events, celebrations and activities, for both our project participants and wider community.

Despite the challenges that Covid has thrown at all of the charity sector, and in particular, the ongoing financial challenges of fundraising in a more stretched economic environment, Ark-T does feel like a stronger organisation and the sense of community that surrounds the building and the team, which is so visible at our new Winter Lights and Summer Lights annual Festivals, is palpable.

Lizzy McBain  
July 2022

**In 2021 we delivered the following programmes:**

### **The Art Nest**

*I only came in today as it was Art Nest - Year 6 pupil*

*I feel calm and settled and less likely to blow up in Class - Year 4 pupil*

The Art Nest is a therapeutic arts intervention for children at Orchard Meadow Primary School aged 5-11 who need time out of the normal classroom environment for a number of reasons including challenging home life situations which are impacting on their ability to focus or engage in everyday lessons.

Ark-T made the strategic decision to take on management of the Art Nest (formerly the Art Room) service in 2020, just as the pandemic hit after its umbrella charity A Place to Be, made the decision to withdraw its services from Oxfordshire. We recognised the growing needs of children from this local community to have access to safe spaces which support their mental health and enable their creativity to flourish and wanted to ensure the service could continue. In the areas of Oxford Ark-T serve, just under 5000 children are living in poverty, NHS figures published in late 2019 show that there has been a 40% increase in referrals for children and adolescents seeking mental health support. We are very proud to celebrate our success in securing continued funds in 2021 following our initial campaign in 2020 from a small pool of anonymous donors and a charitable trust.

The Art Nest delivers 6 sessions per week and works with 72 children per year in blocks of 6 months. Children come to the Art Nest to see a creative project through from start to finish, including every step of the making process from sanding, to priming, to designing, painting, decorating, and varnishing. The work the children make is long lasting and is taken home and treasured for many years to come. Other parts of the session such as making and eating toast, talking, reading and discussing stories which inspire conversation about home life and friendships

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are an essential part of creating a safe space and an environment that encourages peer-led support so that children can return to the classroom calmer and with a more positive view of themselves.

At the end of 2021 we secured funding from Activate College through their Personal and Community Development Learning Funding, to start a weekly group in early 2022 for parents and carers of children attending the Art Nest to give them space and time to be creative and continue to provide therapeutic support to the whole family.

**Creativity Changes Lives - funded by Children In Need, Arts Council, Tambour Foundation, Wates Foundation and individual donors**

**“It is a great opportunity to really express yourself and make new friends!  
I think you would enjoy it! (Creativity Camps Attendee)**

**“the project has helped me feel comfortable expressing myself and exposed me to a range  
of new skills and passions that I would never have found otherwise”**

Creativity Changes Lives is a programme of multi-arts activity for 6-25 year olds, for those experiencing multiple disadvantages to gain increased confidence in creativity, improved emotional wellbeing and a greater sense of belonging to a community. The project works with 24 individuals per week in after-school art and theatre sessions, 5 individuals per month in our Youth Council and 20-40 individuals in every school holiday at Creativity Camps.

Approximately 75% of children and young people (CYP) live in the wards of OX4, which includes areas of multiple deprivation within the 20% most deprived areas in the country. A recent report found that over a third of CYP based in Cowley - where our centres are located - are in poverty (Oxfordshire Community Foundation), with rates reaching up to 69% in the other key locations participants attend from. Many participants come from low income families who require access to food support services including food banks, and these needs have been further exacerbated by the impact of Covid-19. Over 50% of participants experience inequality due to disclosed mental health difficulties, low mood, anxiety, SEN or physical disabilities. As a result of this and/or low income, many have limited access to other activities or after school provision and therefore face increased social isolation.

Overall in 2021, we have delivered 81 weekly group sessions, and 21 Creativity Camps days, continuing to operate both provisions virtually during the lockdowns. This included a 'Winter Wellbeing Week' in February which reached nearly 50 children and young people and provided them with mental health support packs, creative materials, workshops and recipe kits in the height of the 3rd lockdown. In December we also took children and young people to a live theatre show at the North Wall.

In August 2021 we piloted Arts Award opportunities within Creativity Camps to offer young people the chance to gain a nationally recognised accreditation as part of their engagement.

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Throughout the pandemic we were able to deliver all CCL sessions online. In September 2021 we brought all weekly groups back to the centres in person. We also launched a new group HerSpace Senior + offering further leadership opportunities for 16-18 year olds.

We celebrated the work of our first Annual Martha Mary Fernback Art Prize, Rossie Martinha Lay with a solo exhibition, where we also announced the next recipient Molly, and raised over £2000 from attendees to fund her receiving support from an artist mentor for 12 months, and also have an exhibition of her work at the end of the award.

CCL young people's artwork has been showcased in 1 public exhibition alongside professional artists from across the county in a city centre gallery OVADA, and at 2 large public events: Oxford City Light Night when we became a cultural hub, as well as the international Welcoming Amal event in partnership with the Story Museum in the centre of Oxford in October half-term. Participants made banners and stood at the entrance to Christ Church Meadows and welcomed the giant puppet who had walked to Oxford all the way from Syria. It was an overwhelmingly powerful occasion and it was a unique and memorable experience for the young people who took part.

Finally, sharing tools for improved wellbeing and measuring impact on mental health has been integrated into CCL alongside our other mental wellbeing programmes, with wellbeing activity becoming a more concrete part of every session and use of WEMWBS surveys every term.

### **Music For Everyone funded by Youth Music**

#### **“It makes my Mondays” - Music for Everyone Project**

In January 2021 the Ark-T music project was renamed Music for Everyone, and is funded by Youth Music to break down barriers to music making for LGBTQIA and Disabled young people.

This programme of work has 5 main outcomes attached to it:

1. To increase the music making skills of LGBTQIA and SEN/D Young People.
2. To enhance the wellbeing of LGBTQIA and SEN/D Young People.
3. To strengthen inclusion in the sector within Oxfordshire leading to improved access to music making opportunities for LGBTQIA and SEN/D Young People.
4. To build a level of music expertise within the team to better serve the musical needs and aspirations of LGBTQIA and SEN/D Young People.
5. To enhance leadership of LGBTQIA and SEN/D Young People

Due to the pandemic, both 1-1 and group work sessions were paused in March 2020 and only recommenced online in January 2021.

Activity included:

- 1-2-1 sessions with our team of expert music freelancers
- 8 Arts Award accreditations in 1-2-1's and at Creativity Camps
- A BSL SignSong choir run by @Fletch, a nationally renowned signing choir leader - with pre-recorded performances at Oxford Pride, Ark-T's Festival or Teenagehood, Oxford Folk Weekend and ROAR Festival
- Reading Machine Sessions in collaboration with Oxford Brookes University and Oxfordshire County Libraries
- Music Taster workshops during Creativity Camps including music production, Ukulele playing and African drumming

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- and a weekly My Normal Voice music leadership group which combined with the Roarsomes later in 2021 and presented an Access All Areas: Diversifying Live Music panel and Zine at ROAR Festival.

The My Normal Voice Leadership Group also took a core role in curating and presenting our first Festival of Teenagehood event online, in partnership with the Young Oxford Creatives participants on the CCL project, in April, to showcase the work of all our youth programmes at Ark-T, and included the sharing of a film of our signing choir, and a documentary about our Blueprint Project.

### **The ROARsomes funded by Arts Council England and Youth Music**

The ROARsomes was an arts and activism leadership group for young disabled adults in their late teens and twenties. Founded in the same year as ROAR Festival in 2017, a disability youth arts festival, the group have previously led on curating the festival and have worked closely with Cowley Road Carnival and the Winter Light Festival to bring inclusive spaces into community spaces.

The ROARsomes met weekly to create artwork in response to issues they feel passionately about. Throughout the pandemic and for much of 2021, the ROARsomes continued to meet online and produced a wide range of artwork responding to their experiences of lockdown. In September, due to low numbers as many of the participants had outgrown the group, and because of shared aims and objectives the ROARsomes combined with the Music for Everyone My Normal Voice Leadership group. Together throughout the autumn/winter term, they designed and created pop-up cards that shared their hopes and ambitions for accessible and inclusive spaces for all people. These cards, alongside artwork created during lockdown, were displayed as part of a ROARsomes exhibition at the Old Fire Station, October-December, and part of the 2021 ROAR Festival.

With the end of music project funding from Youth Music The ROARsomes disbanded at the end of 2021, however Ark-T still sit on the ROAR partnership who are currently creating a disability manifesto for culture in the city, and will be bringing the ROAR Festival back in 2022, and are continuing to create opportunities to share and celebrate the work of disabled artists. In addition, inclusion and accessibility are core values of all of our projects, and we are seeking more funding to upskill our entire staff team with training to enable all our activity to be as inclusive and accessible as possible.

### **The Mental Wealth Academy funded by The Department for Health and Social Care**

***“My young person started sessions 2 months ago - they started getting involved in 1:1 because they suffer from low mood anxiety. They like the fact that they are able to get out of the house and do something they enjoy. It has definitely boosted mood and given a reason to get up. If you could sum Ark T up in 3 words they would be Confidence building, perfect. It would be good to have options to be involved in activities for longer” - A parent of young person taking part in MWA***

The Mental Wealth Academy is an innovative new project launched in 2020 designed and created by a partnership of local third sector organisations within Oxfordshire. Having been delivery partners on various mental health and wellbeing projects for the past five years, the partnership highlighted the gap in provision for those young people transitioning between children’s and adult services. These innovative and creative organisations collaborated to develop the Mental Wealth Academy.

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Together, the partnership provides modern approaches to Mental Health support responding to young peoples' needs through engaging, relatable and impactful practice. The Mental Wealth Academy offers 1-1 support, education and training for young ambassadors and workshops for parents and carers.

In 2021, our Transition Wellbeing Practitioners, Alice Dore & Jo Race, provided tailored 1-1 mental health support for 81 x 16-25-year-olds informed by talking therapies. We have continued our outreach work at a local sixth form, Larkmead, and have completed a whole term working at Abingdon and Witney College with students, offering a creative approach to wellbeing to all their students.

Our TWP's also offered creative wellbeing activity at summer Creativity Camps. These workshops used tried and tested activities developed by the TWP's to create self-esteem collage portraits, make mental health first aid kits and a food and mood creativity camp bake off. Offering these workshops across different projects at Ark-T is enabling further collaboration amongst staff, cross-fertilisation of ideas, and sharing of best practice and resources, ultimately leading to a greater sense of team, an Ark-T approach and way of delivering creative wellbeing practice, and better services for children and young people.

In our first year together, the partnership has supported over 370 young people through face-to-face and virtual 1-1 sessions, with an increased positive change in their mental health and wellbeing due to the Mental Wealth Academy support. 100% of parents and Carers who attended our workshops felt they had significantly increased their knowledge of children and young people's mental health and their ability to identify risks to their young people. Our excellent mental health ambassadors have successfully co-created workshops, created online content and continue to act as positive young role models to their peers.

Our social media presence and following flourishes, publishing high quality co-produced young person content offering advice, guidance and support.

We're incredibly proud of what we've achieved together and excited about the potential of our partnership and community reach.

In 2021, the Transitional Wellbeing Practitioners, Alice Dore and Jo Race, provided 379 sessions to 69 young people aged between 16 and 25. In total, 286 hours of mental health and wellbeing support were provided to the young people on the Ark-T Mental Wealth Academy.

### **Community In Reach commissioned by Oxford Health**

***"I found the session today to be informative and gave me clarity. I learnt how to break my worries down a bit more. I would say to a young person thinking about getting involved with Ark T that it's really nice and calm. There's no pressure and it's a good environment."***

Our Community In-Reach (CIR) Programme forms part of our mental health and wellbeing support offer to children and young people aged between 11 and 16. It is designed to reduce the time in which young people struggling with mild to moderate mental health issues have to wait to receive support from Child and Adolescent Mental Health Support from Oxford Health. We are commissioned by Oxford Health, via lead partner 'Response'. This 5-year contract has resulted in Ark-T strengthening our mental health offer for the local community.

## ARK T CENTRE

Ark-T has been part of the CAMHS (Child and Adolescent Mental Health Service) Community in Reach programme since 2017. The CiR program has had a steady stream of activity within the service with 20 YP on the caseload at all times. Cancellations or “Did not arrive” (DNA) have been minimal. Via CiR we have also participated in Team around the Family meetings for 2 YP which include Thames Valley Police, School Student Well-being and Welfare Services, and Early Help Services. These meetings not only help inform Ark-T’s practice but also lead to improved interventions for the YP concerned.

The project has made steady progress in delivering services to young people on the CiR caseload this year. Mindful therapeutic art exercises have been met with enthusiasm by young people. Two YP have reported that the Nepali Singing Bowl we used in sessions to create sound has helped them to develop better focus and concentration at school.

Young people have used many creative approaches to supporting their mental health for example using paper folding or origami techniques for YP to use as a way of inducing calm to lessen anxiety has also been well met with full engagement. This method has also been offered to YP as a distraction from self-harm. The use of various worksheets dealing with anger management and self-esteem has also shown a positive improvement in the way a few YP are engaging and dealing with behavioural difficulties and being able to recognise emotions.

As part of the mental wellbeing team at Ark-T, our CiR worker, alongside the MWA workers, and Art Nest staff, has been developing resources that can be shared across all of our programmes and is furthering the mental health and creative curriculum that will be developed for roll-out across Ark-T in 2022.

### **Blueprint Project funded by Thames Valley Police and Oxford City Council**

***“I like the Blueprint (Project), I have met people from different walks of life, people who have different lifestyles to mine and I really enjoy getting to know and understand new people and new ways of living. It (Blueprint) teaches me a lot, it helps me with a lot of my stress and allows my brain to be free I wish it was on more often but I understand that it can’t always be like that; either way Blueprint is a “win-win”.***

***“Blueprint has been good, I definitely enjoyed it from the start, I particularly liked it when we talked about “Beef” (resolving conflict) because it was relevant to my life at the time”.***

***“I don’t want to live that stupid road life anymore, hadn’t thought about some of the issues we have talked about like that before, this project gives us something positive to do”***

**- Blueprint Participants**

The Blueprint Project was conceived in late 2019 when a coalition of Oxford based voluntary sector organisations; Ark-T, SAFE! and Donnington Doorstep and the Youth Ambition team at Oxford City Council designed a preventative programme targeted at young men facing increased risk of drug exploitation. This project is the only provision in Oxford for young men that brings together music, parenting support and mentorship provided by exploitation experts and youth work, and combines group work and 1-2-1 mentoring, with all participants having access to the music studio at Ark-T to record their work and develop skills in music production, develop their confidence in self and performing in front of others.

## ARK T CENTRE

The first round of the project took place in summer 2020, and then the partnership received additional funding to bring on a new cohort in summer 2021.

A primary focus of Blueprint is to build trusting relationships in safe spaces with adult men in a non-confrontational way and in a creative environment. The youth work approach is strength-based, with a particular emphasis on identifying the individual talents of the group and bringing them together to produce music which came from their stories, lives and perspectives on a range of personal and societal issues.

The following issues were raised in the referral forms, substance misuse, school exclusion, exploitation and mission episodes, witness domestic abuse, and engagement in criminality. Throughout this work there have been lively conversations, the young men have been appropriately challenged on their misconceptions and supported to develop healthy ideas and approaches to positive relationships and consent. The team have used music videos and lyrics to support the facilitation of these discussions, particularly if the young men had not felt confident addressing the topic in a group setting. The work around this subject area has been inspiring and the young men have flourished during the conversations and healthy debates on the topics, always engaging maturely. The group have used the topics to develop their own lyrics as well as contributing to 2 group pieces that will be a showcase of their work and their progress.

The project delivered 12 sessions throughout June-August 2021. The dual approach to this work (one to one mentoring and group work session) allows for young people to engage at a pace that is suitable for their current contexts and personal needs. An example of this in practice: One young man referred to the project had recently moved to Oxfordshire due to concerns about his safety in London and associated gang activity and threat. The young man was not confident enough at that point to attend the group element of the programme and was therefore supported through the one to one offer. The Lead Practitioner worked closely with social care and the young man's family and was able to gain his trust. They were eventually able to record music, again via one to one sessions, and the young man used this as a medium to open up and talk about his experiences in London. The lead practitioner was also able to offer support to the young man after he disclosed his close friend had been murdered.

### OX4 Food Crew

***“Having the free meals helped me so much, can't thank you enough! Waste2Taste staff are always kind and cheerful, I will miss them all”***

***“I want to thank you all, so so very much, from myself and my son Ben. You have helped us through, the last two years, and made our lives so much easier and fed us some amazing food.***

***My son is now working again, and is able to make a contribution to our house, and therefore, relieving me slightly and enabling me to have a better financial situation. We can finally afford to shop more etc. We will no longer need your amazing, kind and generous support. We thank you from the bottom of our hearts and wish you all the very best”***

## ARK T CENTRE

The OX4 Food Crew is an alliance of 9 local grassroots organisations working towards a shared mission, that “everyone in the OX4 has enough good food, are well nourished and can thrive”.

The OX4 Food Crew was initially formed in April 2020 by PPP (who run Flo’s the Place in the Park), Ark-T and Waste2Taste (a social enterprise using surplus food waste and providers of our in house cafe) in response to rising food insecurity in the local community. Initially developed as an emergency meal delivery service, the project has evolved in response to local community needs and is now a thriving place based alliance between 9 local grassroots organisations who are working together to co-produce place based systemic responses to food insecurity in our community.

Since 2020 the needs of the community have changed; whilst the risk of illness from Covid has reduced, the lasting effects of the lockdowns have continued, compounded by increases in the cost of living and cuts to universal credit. Thanks to an injection of funding in September 2021, the OX4 Food Crew has been able to continue to deliver projects that meet these needs, as well as produce a longer term strategy to address food inequality and build a more resilient local food support system in the years to come.

Food has always been central to Ark-T’s programmes – each creative session we run pivots around a shared meal or snack for nourishment and connection. During the pandemic the way we all worked had to change and our programmes moved online, but food remained central, with every participant receiving a recipe bag to make at home and eat together. We also joined the community response to make sure our neighbours were supported with food by setting up a community redistribution service at one of our centres, run by OCA (Oxford Community Action), another core OX4 Food Crew Partner.

Throughout the first half of 2021, OX4 Food Crew maintained the programme established during the pandemic, of twice weekly meal deliveries cooked at Ark-T (over 5000 throughout 2021, and 50 families supported) and the once weekly food larder operating from our hall (distributing over 10,000 food parcels).

Alongside this activity, the OX4 Food Crew partnership evolved and brought on new partners including Oxford City Farm, Oxford Mutual Aid, Donnington Doorstep, No Vice Ice and Damascus Rose Kitchen, and began a period of exploration and consolidation as the programme of activity and parallel research and development, as the partnership prepared to move in to a new phase of post-covid activity. Based on research and feedback conducted with the local community through surveys, telephone interviews and focus groups with our volunteers and recipients we are now beginning to expand and develop the partnership to move beyond the emergency pandemic driven response, to include services which help to build community food resilience. 2021 saw Ark-T’s purpose in the partnership evolve to focus on bringing people back in to the centres to connect whilst sharing food at our new monthly Community Meal as part of Hub Days beginning in February 2021, and by co-delivering free cooking for health and wellbeing courses for parents and families in collaboration with Waste2Taste and Donnington Doorstep.

We are very lucky to have worked with a dedicated team of over 50 volunteers in 2021 (over 200 across the partnership). In November 2021 the volunteers of the OX4 Food Crew received an award for outstanding contribution during Covid-19 from the High Sheriff of Oxford.

Our latest feedback survey has highlighted how involvement in this has been beneficial for our volunteers.

## ARK T CENTRE

100% of our volunteers told us that volunteering for the OX4 Food Crew has positively impacted their mental health and wellbeing.

- 28.6% experienced an extremely positive impact
- 40% experienced a high positive impact

100% of our volunteers would recommend volunteering with the OX4 Food Crew to their friends.

## ARK T CENTRE

### THANK YOU

We have had some amazing support from funders and individuals during this period of transition.

We would particularly like to thank Lloyds Bank Foundation and their South/Central Manager Marie Hale, for their continued support during this time, not only by providing a number of consultants to audit our HR policies and facilitate sessions that led to the development of our new Business Plan and Theory of Change, but also for their additional Covid emergency grant which enabled us to recruit, for the first time in our charity's history, a Full-Time Fundraiser.

We would also like to thank the following funders for their support for programmes and core activity.

Arts Council England, Children In Need, Councillor John Saunders via the Councillors' Priority Fund, the Lord Mayor Mark Lygo, Doris Field Charitable Trust, Lloyds Bank Foundation, Oxford City Council, Oxfordshire County Council, Mabs Mardulyn Charitable Trust, Oxfordshire Community Foundation, Oxford University Small Grants Fund, Response, The Wates Foundation, The Tambour Foundation, The National Lottery, TORCH Oxford University, Youth Music, our regular monthly donors, two donors who gave major gifts for The Art Nest, and one wonderful donor who gave gifts to enable us to support our core costs.

And to the many wonderful members of the public who gave to us throughout 2021 through monthly donations and one-off donations which made a vital difference to our charity and gave us the courage to persevere. Your kindness will be remembered.

We would also like to give our heartfelt thanks to all the community organisations, community groups and individuals who hire our space, not only providing us with crucial unrestricted funding, but moreover, enabling positive activities which support the health and wellbeing of the communities we serve.

#### **And to our inspirational partners:**

Flo's the Place in the Park, Waste2Taste, Oxford Community Action, No Vice Ice, Damascus Rose Kitchen, SOFEA, Oxford Mutual Aid, Oxford City Farm, the OX4 Early Years Alliance, Cultural Education Partnership, SAFE!, Donnington Doorstep, The ROAR partnership organisations: Yellow Submarine, KEEN, Arts at the Old Fire Station, The Oxford Playhouse, Orchard Meadow Primary School, Modern Art Oxford, Film Oxford, GLAM, TORCH, and our partners on the mental health CAMHS partnership including Response, Oxford Health, RAW, SOFEA, TRAX, BYHP, and Oxfordshire Youth.

**We are stronger together!**

## ARK T CENTRE

### INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF ARK T CENTRE FOR THE YEAR ENDED 31 DECEMBER 2021

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I report to the trustees on my examination of the accounts of the charity for the year ended 31 December 2021, which are set out in pages 22 - 32.

#### Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of your charity's accounts as carried out under section 145 of the Act and in carrying out my examination I have followed the Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (accounts and Report) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

  
.....  
Caroline Webster FCA

UHY Ross Brooke  
Suite 1 Windrush Court  
Abingdon Business Park  
Abingdon  
Oxfordshire  
OX14 1SY

Date.....27/10/22.....

## ARK T CENTRE

### STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted Funds £	Restricted Funds £	Total 2021 £	Unrestricted Funds £	Restricted Funds £	Total 2020 £
	Notes						
<b>Income from:</b>							
Donations and legacies	2	97,627	313,343	410,970	158,248	221,103	379,351
Charitable activities	3	11,409	2,317	13,726	28,033	-	28,033
Other trading activities	4	33,396	-	33,396	27,859	-	27,859
Other income		1,380	-	1,380	-	-	-
Investments		16	-	16	85	-	85
<b>Total income</b>		<u>143,827</u>	<u>315,660</u>	<u>459,488</u>	<u>214,225</u>	<u>221,103</u>	<u>435,328</u>
<b>Expenditure on:</b>							
Raising funds	5	1,881	-	1,881	1,716	427	2,143
Charitable activities	6	252,129	289,639	541,768	147,081	201,350	348,431
<b>Total expenditure</b>		<u>254,010</u>	<u>289,639</u>	<u>543,650</u>	<u>148,797</u>	<u>201,777</u>	<u>350,574</u>
<b>Net income / -expenditure</b>		- 110,183	26,021	- 84,162	65,428	19,326	84,754
<b>Transfers between funds</b>		<u>31,385</u>	<u>- 31,385</u>	<u>-</u>	<u>18,766</u>	<u>- 18,766</u>	
<b>Net movement in funds</b>		<u>- 78,798</u>	<u>- 5,364</u>	<u>- 84,162</u>	<u>84,194</u>	<u>560</u>	<u>84,754</u>
<b>Reconciliation of funds:</b>							
Total funds brought forwards		<u>110,710</u>	<u>110,438</u>	<u>221,148</u>	<u>26,516</u>	<u>109,878</u>	<u>136,394</u>
<b>Total funds carried forward</b>		<u><u>31,912</u></u>	<u><u>105,074</u></u>	<u><u>136,986</u></u>	<u><u>110,710</u></u>	<u><u>110,438</u></u>	<u><u>221,148</u></u>

## ARK T CENTRE

### BALANCE SHEET FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	2021		2020	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	11		7,762		14,448
<b>CURRENT ASSETS</b>					
Debtors	12	6,933		18,814	
Cash at bank		147,275		200,615	
		154,207		219,429	
<b>CREDITORS: Amounts falling due within one year</b>	13	- 24,983		- 12,729	
<b>NET CURRENT ASSETS</b>			129,224		206,700
<b>CREDITORS: Amounts falling due after more than one year</b>			-		-
<b>NET LIABILITIES</b>			136,986		221,148
<b>FUNDS</b>					
<b>INCOME FUNDS</b>					
Unrestricted Income funds	15		31,912		110,710
Restricted income funds			105,074		110,438
<b>TOTAL INCOME FUNDS</b>			136,986		221,148

The financial statements were approved by the Board of Trustees on 26 October 2022 and are signed on behalf of the board by:



.....  
Helen Morton  
Chairperson

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2021

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### 1. Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the charity's accounts.

#### (a) Basis of Accounting

The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are the advancement of education in the Arts in the area of the City of Oxford and particularly in the area of Cowley, for the benefit of the local community, and in particular to provide facilities for the preparation and presentation of artistic work.

The charity constitutes a public benefit entity as defined by FRS 102.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The Trustees recognise the current financial situation of Ark-T is not ideal and that there are inevitable uncertainties about the charity's ability to continue as a going concern. The Trustees have met regularly and been engaged and informed throughout the period in scrutinizing and monitoring financial reports and budget forecasts to assess the impact on the activities of Ark-T during the year and have agreed a number of actions to reduce costs and increase income which are already showing positive results. They are confident that the outcome of these actions will enable the charity to continue as a going concern and to rebuild the reserves over the next few years.

The financial statements have been prepared on a going-concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

#### (b) Fund Accounting

Unrestricted funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### (c) Income

Income from donations and grants is recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income, trading income and other income are recognised on a receivable basis.

#### (d) Expenditure

Expenditure is recognised on an accruals basis. Expenditure includes any Value Added Tax which is reported as part of the expenditure to which it relates.

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

- Expenditure on generating funds comprises costs associated with attracting income.
- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its services. It includes both costs that can be allocated directly to such services and those costs of an indirect nature necessary to support them.

(e) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Improvements to Property	25% straight line
Fixtures and Fittings	25% straight line
Musical equipment	25% straight line

(f) Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

#### 2. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Donations	9,381	82,522	91,902	17,657
Gift Aid	811	-	811	-
Grants	87,435	230,821	318,256	361,694
	<u>97,627</u>	<u>313,343</u>	<u>410,970</u>	<u>379,351</u>

#### 3. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Fees received	930	2,317	3,247	300
JRS grant	10,479	-	10,479	27,733
Other income	1,380	-	1,380	
	<u>11,409</u>	<u>2,317</u>	<u>13,726</u>	<u>28,033</u>

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

#### 4. Income from trading activities

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Café rental and venue hire	400	-	400	1,335
Rents receivable	32,996	-	32,996	26,524
	<u>33,396</u>	<u>-</u>	<u>33,396</u>	<u>27,859</u>

#### 5. Expenditure on raising funds

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Generating funds	1,881	-	1,881	2,143
	<u>1,881</u>	<u>-</u>	<u>1,881</u>	<u>2,143</u>

#### 6. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Staff	149,426	139,499	288,924	203,297
Premises	42,986	364	43,350	26,339
Office	21,140	2,375	23,515	23,787
Projects	5,302	110,644	115,945	71,345
Partnership costs	12,250	35,929	48,179	-
Renovations	-	-	-	-
Accountancy	11,295	-	11,295	13,817
Depreciation	7,713	-	7,713	7,371
Legal and professional	1,786	300	2,086	2,475
Other	231	530	760	-
Total charitable activities	<u>252,129</u>	<u>289,639</u>	<u>541,768</u>	<u>348,431</u>

#### 7. Staff numbers

The average number of persons employed, analysed by activity was:

	2021	2020
Charitable activities	13	14

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

#### 8. Staff costs

	2021	2020
	£	£
Wages	263,715	189,936
Social security costs	16,425	6,977
Pension costs	4,947	2,886
	285,087	199,799

No employee earned £60,000 p.a. or more.

No trustee received any remuneration or expenses.

Remuneration paid to key management personnel amounted to £31,191 (2020: £34,801).

Pension costs for key management personnel amounted to £639 (2020: £669).

#### 9. Related party transactions

There were no related party transactions in the current and prior year.

#### 10. Tangible fixed assets

	Fixtures & Fittings	Musical Equipment	Improvements to Property	Office and IT equipment	Total
	£	£	£		£
<b>COST</b>					
At 1 January 2021	4,750	1,329	23,404	-	29,483
Additions	-	-	-	1,028	1,028
Disposals	-	-	-	-	-
At 31 December 2021	4,750	1,329	23,404	1,028	30,511
<b>DEPRECIATION</b>					
At 1 January 2021	2,523	810	11,702	-	15,035
Charge for the year	1,188	332	5,851	343	7,714
Written back on disposals	-	-	-	-	-
At 31 December 2021	3,711	1,142	17,553	343	22,749
<b>NET BOOK VALUE</b>					
At 31 December 2021	1,039	187	5,851	685	7,762
At 31 December 2020	2,227	519	11,702	-	14,448

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

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#### 11. Debtors

	2021	2020
	£	£
Trade debtors	6,833	17,314
Other debtors	100	1,500
	<u>6,933</u>	<u>18,814</u>

#### 12. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Taxation and social security	6,537	3,056
Accruals and other creditors	5,286	2,500
Deferred income	-	-
Trade creditors	13,160	7,173
	<u>24,983</u>	<u>12,729</u>

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

#### 13. Movements on restricted funds

	Balance at 1 January 2021	Income	Expenditure	Transfers	Balance at 31 December 2021
	£	£	£	£	£
Community In Reach	19,094	30,596	- 24,289	-, 24,012	1,389
Creativity Changes Lives	37,929	40,530	- 41,998	-	36,461
Children In Need	-	31,566	- 26,419	-	5,148
Music for Everyone	- 3,815	30,416	- 48,580	25,912	3,933
Singing	2,103	-	-	- 2,103	-
Topaz	14,269	-	-	-	14,269
The Art Nest	27,466	40,500	- 29,106	- 27,466	11,394
FamJam	999	560	- 1,404	- 155	-
Mental Wealth Academy	7,774	11,250	- 17,337	-	1,687
Blueprint Music Project	-	14,000	- 5,991	- 8,009	-
Impact Project	-	10,885	- 17,682	10,115	3,318
OX4 Free Food Crew	-	73,500	- 50,790	-	22,710
Oxford Community Action	-	23,979	- 18,312	- 5,667	-
Roarsomes	-	7,356	- 5,147	-	2,209
MARTHA 21	4,619	522	- 2,584	-	2,556
<b>Total funds</b>	<b>110,438</b>	<b>315,660</b>	<b>- 289,639</b>	<b>- 31,385</b>	<b>105,074</b>

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

#### *Movement on restricted funds 2020*

	Balance at 1 January 2020	Incoming resources	Outgoing resources	Transfers for grants spent on capital items	Transfers	Balance at 31 Dec 2020
	£	£	£	£	£	£
Community In Reach	18,570	21,750	- 21,226	-	-	19,094
Carnival Physics Project	185	-	-	-	- 185	-
Creativity Changes Lives	24,952	54,144	- 41,646	-	479	37,929
Energy Efficiency	17,553	-	-	- 17,553	-	-
Health Innovation Fund	1,961	-	- 1,482	-	- 479	-
MARTHA 21	5,224	163	- 768	-	-	4,619
Music for Everyone	24,229	1,850	- 29,894	-	-	- 3,815
Our Voice is Power	169	-	-	-	- 169	-
ROAR	396	5,920	- 6,709	-	393	-
SEN	1,260	-	-	-	- 1,260	-
Singing	697	3,616	- 2,210	-	-	2,103
Step Change	107	21,580	- 22,533	-	846	-
Topaz	14,575	-	- 306	-	-	14,269
The Art Nest	-	43,060	- 15,594	-	-	27,466
ACE MT Access	-	1,172	- 664	-	- 508	-
Blueprint Music Project	-	7,631	- 7,301	-	- 330	-
FamJam	-	999	-	-	-	999
Mental Wealth Academy	-	30,000	- 22,226	-	-	7,774
OX4 Free Food Crew	-	23,088	- 23,088	-	-	-
Oxford Kindness Wave	-	6,130	- 6,130	-	-	-
<b>Total funds</b>	<u>109,878</u>	<u>221,103</u>	<u>- 201,777</u>	<u>- 17,553</u>	<u>- 1,213</u>	<u>110,438</u>

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

#### 14. Movement on unrestricted funds

	Balance at 1 January 2021	Income	Expenditure	Transfers	Balance at 31 December 2021
	£	£	£	£	£
General funds	110,710	143,827	- 254,010	31,385	31,912
	<u>110,710</u>	<u>143,827</u>	<u>- 254,010</u>	<u>31,385</u>	<u>31,912</u>

#### *Movement on unrestricted funds 2020*

	Balance at 1 January 2020	Income	Expenditure	Transfers for grants spent on capital items	Transfers	Balance at 31 Dec 2020
	£	£	£	£	£	£
General funds	26,516	214,225	- 148,797	17,553	1,213	110,710
	<u>26,516</u>	<u>214,225</u>	<u>- 148,797</u>	<u>17,553</u>	<u>1,213</u>	<u>110,710</u>

#### 15. Analysis of net assets between funds

	Unrestricted £	Restricted £	Total £
Tangible assets	7,762	-	7,762
Current assets	49,133	105,074	154,207
Creditors within one year	- 24,983	-	- 24,983
Net assets	<u>31,912</u>	<u>105,074</u>	<u>136,986</u>

## ARK T CENTRE

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 DECEMBER 2021

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**BBC Children in Need:** Funds our Creativity Changes Lives programme including term time sessions and holiday activities, aiming to increase the wellbeing, resilience and leadership skills of some of the most deprived children and young people in Oxford City.

**Oxford Health/Response:** Funds two CAMHS projects - Community In Reach, and the Mental Wealth Academy, funding two full-time salaries of mental health support workers to run 1:1 Creative mentoring sessions for young people aged 11-25 experiencing mild to moderate mental health crises.

**Oxford City Council:** Core funds Ark-T as one of their Cultural Partners and offered additional core funding through Business Rates Grants.

They also funded us to be a part of their annual Christmas Lights Festival as one of four cultural hub venues across Oxford City, and to improve our green spaces in partnership with Templars Square Shopping Centre through the Green Neighbourhood Grant. OCC's Holiday Activity Fund funded Creativity Camps during the Christmas school holidays.

**Oxfordshire Community Foundation:** OCF's Healthy Relationships Fund funds Roarsomes session delivery costs and salary costs for two facilitators on The Blueprint Project.

**Lloyds Bank Foundation:** Funded our Impact project to establish impact monitoring systems at Ark-T and the production of an Impact report in 2021/22. The Lloyds Covid Fund funded a temporary fundraising position within the team.

**Arts Council England:** Covid Response grants towards Ark-T core (Covid Relief Fund, Cultural Recovery Fund & Resilience Fund)

**TORCH (Oxford University):** Granted £3,000 towards ROAR Festival.

**Oxfordshire County Council:** Holiday Activity Fund for Ark-T and Syrian Sisters to deliver Creativity Camps holiday workshops through the school holidays

**Youth Music:** Funds our Music for Everyone project including 1:1's in music production & lyric writing, a SingSign Choir, and My Normal Voice Leadership group

