TRUSTEES' ANNUAL REPORT

AND

INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2025

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

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International Continence Society
www.ics.org info@ics.org +44(0)117 944 4881

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	48 Corn Street, Third Floor, Bristol, BS1 1HQ
Correspondence Address	48 Corn Street, Third Floor, Bristol, BS1 1HQ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	Tufan Tarcan, 3 year term began 20/09/25
Treasurer appointed	Adrian Wagg, 3 year term began 20/09/25
Trustees appointed 2025	Adrian Wagg, Maurizio Serati, Howard Goldman, 3 year term began 20/09/25
Trustees departed 2025	John Heesakkers, Steven Schaffordt-Koops, Marcus Drake (ended early), Philip Van Kerrebroeck, ended 20/09/25
Trustees appointed 2024	Tufan Tarcan as GS-Elect for 1 year started 25/10/24, GS thereafter
Trustees appointed 2023	Hidehiro Kakizaki, appointed 20/10/2023 confirmed for 3 year term at 2024 AGM Reappointed for 3 year terms 3 Feb 2023: Marcus Drake, Lori Birder, Enrico Finazzi Agro
Trustees appointed 2022	Elisabetta Costantini, 3 year term began 09/09/2022 Philip Van Kerrebroeck, reappointed for 3 year term
Trustees appointed 2021	Frankie Bates, 3 year term began 20/10/2021, reappointed for 3 year term
Company Secretary	Dominic Turner (appointed 20/11/2023)
Independent Examiner	M Bracher of Gravita Western Ltd (previously Haines Watts Western Ltd), 2nd Floor South, One Castle Park, Tower Hill, Bristol, BS2 0JA
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP
Bookkeepers	Sarah Waters Bookkeeping Services

Staff

Dominic Turner	Chief Executive Officer (from 5 February 2024, previously IT Director)
Roger Blackmore	Flash Developer/Graphics Designer
Sam Giles	Membership Coordinator (joined 24 July 2024)
Charlotte Nash	Committee and Events Coordinator (joined 10 December 2024)

ICS Honorary Members

Peter Caldwell (Deceased)
Peter Gammelgaard (Deceased)
Guus Kramer
Walter Artibani
Sender Herschorn
Linda Cardozo (Deceased)
Jerzy Gajewski
David Castro Diaz
Carlos D'Ancona
Ryuji Sakakibara
Patrick Bates (Deceased)
Eric Glen
David Rowan (Deceased)
Jacques Corcos
Karl-Erik Andersson
Ted Arnold
Helmut Madersbacher
Katherine Moore
Chris Chapple
John Heesakkers
Pieter Donker (Deceased)
Axel Ingelman-Sundberg (Deceased)
Paul Abrams
Jo Laycock (Deceased)
Adrian Wagg
Sherif Mourad
Alan Wein
Mandy Fader
Chris Fry

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of pelvic floor dysfunction, lower urinary and gastrointestinal tract symptoms and incontinence. Established in 1971.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement
The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

How our activities deliver public benefit
Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround these medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Purposes and Aims
Scientific knowledge and expertise is exchanged between the multi-disciplinary medical professionals through the various fora which the ICS provides, including the Annual Scientific Meeting, regular educational products, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

Ensuring our work delivers our aims
The key objectives for 2025 were to hold a successful joint annual meeting in Abu Dhabi, increase our footprint in the Middle East, to maintain the ICS membership at circa 3,000 members, to maintain our

revised investment strategy, and to continue to support the development of the two new ICS open-access journals, *Continence* and *Continence Reports*.

The focus of our work

Efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, webinars, increasing content on ICS TV to provide e-learning, and the continued update and production of ICS standardisation reports and other key educational publications. The financial planning and controls for the society will continue to be reviewed to ensure operations are fit for purpose.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet four times a year (twice in person and twice virtually) and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Setting pay and remuneration of key management personnel through an annual performance review and formal consideration of a cost-of-living increase.
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee (currently the board) will review all candidates for their suitability, prior to their nominations being put to the membership (for first terms of office).

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Chief Executive Officer. The CEO is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS.

ICS Committees 2025

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- Children and Young Adults' Committee
- Developing World Committee
- Education Committee
- Ethics Committee
- Neurourology Promotion Committee
- Nursing Committee
- Physiotherapy Committee
- Scientific Committee
- Standardisation Steering Committee
- Urodynamics Committee

Three new committees were created in 2025:

- Bowel Dysfunction Committee
- Pelvic Pain Committee
- Robotic Surgery Committee

A Chair for each of the committees is elected by electronic membership ballot, to hold office for three years. Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer. In conjunction with the Chief Executive Officer and the ICS Accountants, Gravita Western Ltd, the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 17.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to war, terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 and 2021 due to the COVID-19 pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded. In 2024 a new PCO was appointed, MCI Netherlands B.V. for 2026-2028 with the same no loss guarantee.

In 2025 the concern regarding the annual meeting was realised when a regional conflict erupted between Israel and multiple middle eastern states with other regions being brought into the conflict. This was at a sensitive time for ICS with our joint Annual Meeting held in Abu Dhabi in the United Arab Emirates. The UAE was not involved but the regional conflict at that time but raised the security threat level in the region which affected delegates attending our meeting. There was a significant reduction in registrations and a number of participants withdrawing from the meeting.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Directors in this regard in an emergency. The General Secretary, Treasurer and CEO are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are hosted in the cloud and backed up and stored off site.

Wherever possible, ICS office staff are cross-trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To host a successful Annual Scientific Meeting, a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference in the field.
- To support establishment of the two new open-access journals owned by ICS.
- To develop strategic partnerships with individuals and organisations.
- To maintain the ICS membership at ~3,000 members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The meeting held in Abu Dhabi was successful scientifically, however the war in the region resulted in delegate registration far below expectations. There was very strong industry support but a low

registration total below 1,500 delegates (2024: 1,953). Despite our best efforts the meeting concluded with zero surplus. We would like to thank the Emirates Urology Society (EUS), our local partner, with whom we ran a joint annual meeting for this year. We would also thank the Local Organising Committee, Scientific and Education Committees for organising such a landmark scientific event, the first in the Middle East.

ICS recorded 1,975 members for 2025 (2024: 2,969). This large reduction reflected multiple factors – running the meeting in a long haul location, the joint meeting (meaning that delegates could join EUS as well as ICS to get a discount) and the regional war. Challenges remain for all our medical professionals who face financial pressures with increased travel and accommodation costs and restrictions on leave to attend meetings which is especially acute for long haul meetings.

In financial terms, the charity closed the year in a slightly positive position, whereby income in the year was in excess of expenditure. This was only possible due to the new revenue streams for projects outside the annual meeting. The board has continued to develop the two journals to create new additional streams of revenue outside of the annual meeting, however progress is slow and this is seen as a long term strategy.

Achievements and Performance

ICS Annual Scientific Meeting 2025 (Joint meeting with EUS)

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 54th Annual Meeting of the ICS remained an in-person only event. The meeting was attended by ~1500 delegates from over 50 countries which proved the international appeal of ICS meetings.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Yaser Saeedi (EUS President & Meeting Co-Chair), Sherif Mourad (PACS President & Meeting Co-Chair), Yasser Farahat (Scientific Chair) and the whole ICS-EUS 2025 local organising committee for their dedicated efforts and commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, MCI International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

New ICS Journals

The journals *Continence* and *Continence Reports* launched in December 2021 continued to grow. The Editors of the journals were respectively, Lori Birder, and Sajjad Rahnama'i. The journals are open-access format to support the new model of journals, and to support the ICS's charitable goal to grow and share continence education globally. DOAJ (June) and Scopus (October) accepted the journals in 2023, and Web of Science accepted them in June 2024. We look forward to applying for PubMed indexation by mid 2026.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 5 fellowships covering Urodynamics, Neurourology, Clinical and Research to early career doctors from Austria, China, Democratic Republic of the Congo, Ghana and Turkey. The number available dropped from 11 to 5 due to 2 companies (Laborie and Coloplast) ending their support of the Observerships programme.

Educational Courses 2025

During 2025 ICS was able to offer faculty to 6 educational events around the world:

- ICS 13th Workshop for Surgical Repair of Vaginal Fistula & Urinary Incontinence
  9th - 11th January 2025
- Overactive Bladder and the Brain - Clinical Implications
  Tuesday 11th March 2025
- Shared Decision-Making in LUTS Diagnostics: Urodynamics Under the Lens
  Monday 23rd June 2025
- ICS Masterclass: Personalizing Care for Patients with OAB
  Tuesday 25th November 2025
- The FUTURE of urodynamics in female OAB: Urodynamics Under the Lens
  Monday 1st December 2025
- ICS Masterclass: Empowering Shared Decision-Making in OAB/FI Care: Practical Strategies for Better Outcomes
  Monday 15th December 2025

ICS Membership

The ICS recorded 1,975 members for 2025 (2024: 2,969). The Board held the membership fee for 2025. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. The lower membership fees for nurses, physiotherapists and early career professionals were continued at the same rate. To extend the public benefit of ICS membership the Board continued to offer free one year membership for early career professionals that had not held ICS membership before.

ICS Committees

ICS Committees continued to deliver education and research projects in a wide spectrum of areas. We thank the ICS Committee Chairs and Members for their incredible work.

Changes to elected chairs in 2025:

- Children's Committee Chair, AGM Ashani Couchman --> Dragana Zivkovic

- Developing World Committee Chair, AGM Sherif Mourad --> Karl-Dietrich Sievert
- Nursing Committee Chair, 18 November Tamara Dickinson --> Kristene Talley *(interim)*
- Standardization Steering Committee Chair, AGM Matthias Oelke --> Roger Dmochowski
- Scientific Committee Chair, AGM Adrian Wagg --> Francisco Cruz
- Urodynamic Committee Chair, AGM Tufan Tarcan --> Eskinder Solomon
- Bowel Dysfunction Committee *(NEW)* Chairs - Alex Digesu, Emma Carrington
- Pelvic Pain Committee *(NEW)* Chair - Elise De
- Robotic Surgery Committee *(NEW)* Chairs - Michel Wyndaele, Benoit Peyronnet

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Terminology paper for Adolescent Transition – the paper is now undergoing 3rd and 4th round review. Thank you to Dr Bernard Haylen for progressing this. Members: Dr A Couchman, Dr G Mosiello, Dr T Tarcan
2. Lower Urinary Tract Dysfunction in rare paediatric neurological conditions – paper in review – Neuro-urology and Urodynamics – combined paper with the Neuro-urology committee. Members: Dr S Kotes, Dr A Couchman
3. Submission - Joint CYAC-NUPC Workshop: Challenges in Clinical Urodynamics in the nLUTD Patient – Declined (ICS Abu Dhabi). Members: Dr A Couchman
4. Completed – Workshop – Combined with the Physiotherapy committee – The adolescent Pelvis – 2024. Members: Dr D Zivkovic, Dr A Couchman
5. Paper in production - A multidisciplinary approach to early intervention and prevention strategies in paediatric pelvic pain: Starting on the right path – based on the completed adolescent pelvic pain workshop. Members: Dr D Zivkovic, Dr A Couchman
6. Completed - Ethical Considerations in Continence Care for Adolescence – combined workshop with the Ethics Committee – ICS 2024. Members: Dr A Couchman

ICS Developing World Committee – Chair: Sherif Mourad

1. We organized a very successful fistula repair workshop in Banjul – The Gambia on January 3-5, 2025. The event was well attended by around 35 attendees and was highly appreciated by the locals. We had participants from many countries included The Gambia, Kuwait, Spain, Nigeria, France, United Kingdom, Egypt and Lebanon.
2. We are currently preparing for the “Fistula Course” January 2026 and to continue of the successful history of this course. The course will “hopefully” take place in Dhaka – Bangladesh as we have a serious invitation to visit this area.
3. The ICS Fistula Course became very popular among our membership and also among the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands on workshop.
4. We had active participation in the ICS meeting with our standard workshop during the meeting in Madrid –2024.
5. We are waiting the publication of a handbook/book chapter/article on Managing Urethral Catheters in Low and Middle Income Countries. The main objective is to serve as a guide for health professionals working in developing countries and those from developed countries visiting as part of relief teams, on how to diagnose and solve problems presented by urethral catheters in this type of environments.

ICS Education Committee – Chair: Howard Goldman

1. ICS Podcasts and Early Career Session

The Education Committee led by Shannon Wallace has revamped and reorganized the ICS Podcast Series. We now have a podcast subcommittee with 6 members and each member will lead 2 podcasts/year. In addition, we also offer a podcast series on the upcoming workshops at the annual

ICS meeting. This podcast series aims to advertise and highlight the world-class workshops that are going to be offered and increase the ICS annual meeting registration numbers as well as workshop numbers
We are also responsible for designing and coordinating the Early Career Session at the ICS Annual Meeting. This year we are very excited to offer a valuable session entitled "From Curiosity to Career – Building Your Future in Research" with multiple speakers and group activities.

2. Mentor- Mentee Program
This year we revamped the Mentor–Mentee Program. We redesigned the questionnaires for mentors and mentees, which will be distributed at the upcoming annual meeting. Following this, we will begin pairing mentors and mentees to foster meaningful professional connections

3. ICS Observerships and Related Activities
Complete redesign of the application to make it more intuitive.
This past year we supported:

Name	Country	Host Centre
Hadi Mostafaei	Vienna, Austria	UCL Institute of Neurourology and Neurosurgery, London
Ergul Aslan	Istanbul, Turkey	King's College Hospital, London
Loposso Nkumu Matthieu Marc	Kinshasa, Democratic Republic of the Congo	University Hospitals Pitié Salpêtrière, Paris
Ellen Afriyie Mensa Bonsu	Ho, Ghana	Women's Health and Aging Laboratory, Montreal
Diyuan Ma	Beijing, China	Southmead Hospital, Bristol, UK

Laborie is committed to funding 3 spots. We are working to get Medtronic to support 2.
Spoke to Colplast to see if they can reengage
Applying to Eli Lilly and Abbvie for grants (Thx to JH). Working to see if Sumitomo Pharma and/or Pierre Fabrey will support
Fulfilled portions of Medtronic contract – Masterclass, ICS Global Attitudes survey (published), 2 hands on workshops at annual meeting, course in China last year, Webinar later this year
Pierre Fabrey – Webinar in 1st quarter, Second webinar planned for 4th quarter.

ICS Ethics Committee – Chair: Bill Gibson
1. Develop and deliver the workshop at the conference in Madrid, Ethical Considerations in Continence Care for Adolescence. This was well attended and received.
2. Prepare and submit the ICS Core Curriculum workshop for the conference in Dubai, Research Ethics for the non-expert. This workshop aims to give practicing clinicians an understanding of the frameworks of which they need to be aware to conduct research.
3. The committee, via the chair, has assisted the Scientific Committee with ethical challenges with abstracts submitted to the Annual Scientific Meeting in Dubai.

ICS Neurourology Promotion Committee – Chair: Sanjay Sinha

1. Workshops and Lectures:

- Neuro-Urology in Action: Real Cases, Real Solutions. An interactive session from the ICS NUPC. Workshop at ICS-EUS, Abu Dhabi. **Drake** (Sept 2025)
- Specific Considerations in NLUTD management following Spinal Cord Injury at ISCoS Annual Conference, Gothenburg. **Rapidi** (Oct 2025)
- Autonomic Nervous System dysfunction following spinal cord injury at Hellenic Society of PRM, Athens. **Onem** (Feb 2025)

- ICS Lecture at INUS Red flags in neuro-urology & when to suspect a neurological cause of LUTD, Zermatt. **Sinha** (Jan 2025)
- Global Neuro-urology Initiative for Kenya (Sept 2025) **Gomes, Abranches-Monteiro, Sinha**
- Role of Urodynamics in Neurovesical Dysfunction and its Management: NUPC Workshop at SIU Edinburg. **Konstantindis** (Oct 2025)

2. Publications and Projects:
- Unusual neuro-urological conditions Part 4. **Konstantinidis** et al, Continence 2025 (Published)
- Unusual pediatric neuro-urological conditions Part 1 (with CYAC-ICS). **Kotes** et al (Peer review) • ICS Survey: Functional Bowel Outcomes After NLUTD Surgery. **Santiago** et al (Survey active)
- NUPC Project: Pathophysiology and Management of Lower Urinary Tract Dysfunction in Parkinson's Disease and Atypical Parkinsonian Disorders: NUPC, ICS Update" **Werneberg** et al (Peer review)
- NUPC Project: UTIs in Neuro-degenerative Conditions. **Werneberg** et al (On-going)
- **Best Review in Neurourology Award 2025**: Received 13 entries (10 valid); Two awardees

3. **Early Career Shadow Committee Activities: NUPC-ECSC**
- Unusual NU conditions Part 1: Promotional Video for ICS TV **Welk**, **Tsiamasfirou** *GREECE* (Active)
- ICS Survey (see above) **Santiago** *USA*
- NUPC Report on PD (see above) Drake, **Przydacz** *POLAND*, **Yamamoto** *JAPAN*
- NUPC Report on UTIs in Neurodegenerative Conditions (see above) **Jose** *INDIA*, **Pinto** *MEXICO*

ICS Nursing Committee – Chair: Tamara Dickinson

1. State of the Art Nursing Lecture at Annual Meeting 2025 by Angela Rantell
2. Nursing Workshop: "Breaking the Taboo of Incontinence: Culturally Responsive Approaches for Achieving Equitable Continence Care" accepted for Annual Meeting 2025. Multidisciplinary with Chair Kristine Talley, PhD, CNP, RN (USA nursing), Jane Clarke, RN (UK nursing), Gisela Maria Assis, PhD, RN (Brazil nursing), Saima Rajabali, MBBS, MSc, CCRP, PhD(c) (Canada, Medicine), and Sakineh Hajebrahimi, MD (Iran, Medicine)
3. Nursing Forum: Bowel Dysfunction - Impact and Dignity across the Lifespan (a Nursing Committee offering): Chair Jane Clarke, Kristine Talley, Talita dos Santos Rosa, Joan Ostaszkiewicz
4. Round Table 2025 - The Cost Effectiveness of Continence Nursing Models of Care
5. Nursing representative, Jane Clarke - World Federation of incontinence and pelvic floor disorders, along with ICS/EUS are hosting Patient Awareness Campaign on Urinary Incontinence at the Mediclinic Airport Rd Hospital.
6. WCET Webinar "First-line treatment for female urinary incontinence". Donna Bliss, Jane Clark and Gisela Maria Assis to send the recordings August 2025.
7. 15th Brazilian Congress of Stomatherapy address by ICS Nursing Committee Chairperson, Tamara Dickinson: Empowering Continence Nurses: Strategies for Development and Engagement
8. III International Nursing Symposium on Pelvic Floor Disorders, organized by committee member Gisela Maria Assis and several ICS nursing members gave presentations
9. Donna Bliss heading up an effort for a journal submission about the Role of Continence Nurses Supporting Patient Role / Participation – in editing phase

10. Terminology Project - Joanne is working on a second revision of the main manuscript/report currently. It will them be sent to the committee for a quick review, then to SSC for review before submitting for publication
11. Faecal Incontinence for the Advanced Practice Nurse 2nd edition, in final edits for publication
12. Podcast to promote Nursing Education available at ICS Annual Meeting

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. Annual Scientific Meeting Physiotherapy/Activities

▪ The 24th Physiotherapy Forum, organised by Paula Igualada-Martinez, was developed following discussions by the members of the Physiotherapy Committee and the Physiotherapy Representative from the Education Committee on topics and relevant speakers. The forum has attracted leading academics and clinicians from around the world.

▪ The programme highlights include sessions on recent advances in physiotherapy, featuring emerging researchers and the latest innovations. Additionally, there are discussions on key clinical topics from global experts (ICS-EUS 2025 Committee Activity - Physiotherapy Forum).

▪ ICS Physiotherapy Committee Workshop successfully submitted: ICS-EUS 2025 Workshop 4 - ICS CORE CURRICULUM (FREE) Pelvic Floor Exercises: How Many Repetitions Did You Say?.

▪ ICS Physiotherapy Committee Led Round Table on Physiotherapy Management of Urological Pain Syndromes ICS-EUS 2025 Round Table Discussion 12 - Physiotherapy Management of Urological Pain Syndromes

▪ Pelvic Floor Class included in the programme (ICS-EUS 2025 Committee Activity - Pelvic Floor Exercise Class).

2. Pelvic Health Physiotherapy Education: Developing international standards of pelvic health training

▪ International Survey: Led by The University of Queensland (Australia) in collaboration with the PT Committee, this survey investigates clinical practice, training methods, and the credentials of pelvic health physiotherapists. The survey has been completed, and the results are being presented at Abu Dhabi (ICS-EUS 2025 Abstract #71 Training for Pelvic Health Physiotherapy: Insights from an International Survey on Internal Pelvic Examinations).

▪ Curriculum Mapping Study: Led by Brunel University (UK) in collaboration with the PT Committee and the International Organisation of Physiotherapists in Pelvic and Women's Health (IOPPWH), this review assesses global training documentation to understand how physiotherapists acquire knowledge in pelvic health. Resubmission to ethics was required due to a change in that type of study following feedback from the Ethics department and the university and preliminary findings are expected to be shared at the ICS 2026 Meeting.

3. Other

▪ Publishing an ICS News article

- ICS News | Physiotherapy Highlights from ICS 2024 - Reflecting on Breakthroughs and Looking Ahead to Abu Dhabi

▪ Participation by several members of the committee in ICS Podcasts:

- ICS News | ICS Launches New Podcast Series – First Episode Now Live!

▪ Translation Project: The translation project, based on Inge and Heidi's work for our 2024 PT Forum, is on hold. We contacted Matthias Oelke (Chair, Standardisation Committee) about potential Spanish and Italian translations due to increase demand at ICS 2024. The standardisation committee had already produced Portuguese and Spanish versions, but these cannot be used due to Wiley's copyright. Helena, after discussions with Beth and Melanie, stressed that any translation must follow a rigorous forward-and-backward process and remain strictly faithful

to the original text. The Italian Pelvic Health Physiotherapy association is very keen to translate this document, and this will be discussed at the next Board of Trustees meeting in September.

ICS Scientific Committee - Chair: Adrian Wagg

1. Negotiated abstract submission process, abstract guidelines and review process for 2025 joint meeting with EUS
2. Revised video abstract guidelines
3. Successfully organized 2025 ASM programme with EUS,

ICS Standardisation Steering Committee - Chair: Matthias Oelke

Publications: Sept. 2024 – Sept. 2025

1. Rovner E, Chermansky C, Constantini E, Dmochowski R, Enemchukwu E, Ginsberg DA, Heesakkers J, Menefree S, Nadeau G, Rardin C, Zimmern P. Recommendations of the SUFU/AUGS/ICS female stress urinary incontinence surgical publication working group: A common standard minimum data set for the literature. Continence 2024; 11: 101218.
2. Konstantinidis C, Sakakibara R, Vrijens D, Werneburg GT, Welk B, Kotes S, Drake MJ, Rapidi CA, Gomes CM, Abranches-Monteiro L, Onem K, de Wachter S, Shina S. Lower Urinary Tract Dysfunction in Uncommon Neurological Diseases – Part IV: Infections, Inflammatory, Toxic, and Structural Disorders – A NUPC Report. Continence 2025; 15: 102274.
3. Frawley H, Shelly B, Morin M. Fundamentals of terminology in pelvic floor muscle assessment: A concise reference. Continence 2025, 14: 101756.
4. Sinha S, Tarcan T, Speich J, Plata M, Finazzi-Agro E, Drake M. ICS teaching module on urodynamics forlLower urinary tract symptoms in men. Continence 2025, 14: 101758.
5. Serati M, Tarcan T, Padoa An, Hashim H, Braga A, Sievert KD, Rosier PFWM. Urodynamic assessment of lower uinary tract function for women with symptoms of stress urinary incontinence. ICS Educational Module. Continence 2025; 13: 101722.
6. Levi D'Ancona CA, Tarcan T, Musco S, Degani A. Rosier PFWM. ICS teaching module: urodynamic testing for patients with post radical prostatectomy urinary incontinence. Continence 2025; 185: 102275.
7. Schizas A, Hainsworth A, Albuquerque A, Haylen B, Johannessen HH, Igualada-Martinez P, Ong E, Santoro G, Stordahl A. An international Continence Society (ICS) report on the terminology for male anorectal dysfunction. Continence. 2025: in press.
8. Maljaars L, Corcos J, Ghoniem G, Goh J, Greenwell T, Kupualor D, Pope R, Rachaneni S,Regmi M. Consensus statements on the definition of surgical success following obstetric urinary pelvic floor fistula repair – an IUGA/ICS proposal. Continence 2025: in press.
9. Werneburg GT, Drake MJ, Sakakibara R, Przydacz M, Yamamoto T, Sinha S. Pathophysiology and management of lower urinary tract dysfunction in Parkinson's disease and atypical Parkinsonian disorders: An update from the Neuro-Urology Promotion Committee of the International Continence Society. Continence 2025: submitted.
10. Kotes S, Sinha S, Delaney D, Drake MJ, Couchman A, Milton T , Onem K, Brodie K. Lower urinary tract dysfunction in rare paediatric neurological conditions: A joint report by the Neurourology Promotion Committee and Children and Young Adults Committee of the International Continence Society. Continence 2025: submitted.

ICS Urodynamics Committee – Chair: Tufan Tarcan

1. The E-Learning Project combined with ICS UD Committee Teaching Modules: The E-Learning project aims to develop a well-structured educational online platform to teach Urodynamics of ICS-standards available for ICS members. The teaching modules were meant to serve as the source of information for the E-Learning platform. The E-Learning part of the project is supported by Laborie strictly without any influence on the content. The project is being led by Enrico Finazzi Agro and

Tufan Tarcan and was launched in Madrid 20224 ICS annual meeting. The first modules of the E-Learning project included Cystometry, Pressure Flow Study, Uroflowmetry and PVR. These will be followed by Cystometry and Pressure Flow study in children and Urodynamic set up and equipment. Mr. Dominic A. Turner and Mr. Roger Blackmore are involved in the preparation of E-Learning project.

Progress and current status of ICS teaching modules during 2024-2025:

Completed and "ready for submission" ICS teaching modules of the UD Committee in 2024:

1. Tarcan T, Acar O, Agarwal MM, Rubilotta E, De Nunzio C, Rosier P. ICS Educational Module: The Practice of Uroflowmetry in Adults. Continence Vol 9, 2024. 101065.
2. Patel M, Bhide A, Digesu GA, Tarcan T. Best practice for Videourodynamics: A teaching module of the International Continence Society Urodynamics Committee. Continence 9 (2024) 101212.
3. Maurizio Serati, Tufan Tarcan, Anna Padoa, Hashim Hashim, Andrea Braga, Karl Dietrich Sievert, Peter F.W.M. Rosier. Urodynamic assessment of lower urinary tract function for women with symptoms of stress urinary incontinence. ICS Educational Module, Continence, Volume 13, 2025, 101722, ISSN 2772-9737, https://doi.org/10.1016/j.cont.2024.101722.
4. Sanjay Sinha, Tufan Tarcan, John Speich, Mauricio Plata, Enrico Finazzi-Agro, Marcus Drake, ICS teaching module on urodynamics for lower urinary tract symptoms in men, Continence, Volume 14, 2025, 101758, ISSN 2772-9737, https://doi.org/10.1016/j.cont.2025.101758. (https://www.sciencedirect.com/science/article/pii/S2772973725000153)
5. Carlos Arturo Levi D'Ancona, Tufan Tarcan, Stefania Musco, Arthur Degani, Peter F.W.M. Rosier. ICS Teaching Module on the Urodynamics and Accessory Tests in the Assessment of Post-Radical Prostatectomy Urinary Incontinence. Submitted to Continence
6. Christian Hector Cobreros, Tufan Tarcan, Andrew Gammie, Maurizo Serrati, Carlos Dancona. ICS Teaching module: Measurement of Abdominal Leak Point Pressures in Females with stress urinary incontinence without neurological abnormalities. To be submitted soon to Continence.
7. A Bacon, T Dickinson, A Garcia-Mora, S Sinha, T van Steenbergen, T Tarcan, A Gammie. ICS Teaching Module on setting up urodynamic equipment. To be submitted soon to Continence.
8. The teaching module of the ICS Urodynamics Committee "Female LUTS (including OAB). Chris Harding, Lauro Thomas, Salvador Arlandis, Enrico Finazzi Agro, Tufan Tarcan, Dudly Robinson**.** To be submitted to Continence.

ICS Teaching modules to come:

1."Urodynamics in myelomeningocele" by Tufan Tarcan
2."Voiding diary", by Margaret McDougal
3. "Urethral pressure profilometry" by Eskinder Solomon

2. The Urodynamic Charts Review Project: This project of the Urodynamics Committee was pioneered by Andrew Gammie aiming to increase the quality of UD studies worldwide to the ICS standards. The project was announced to the members of ICS in 2023 on the ICS web page and social media and our members were asked to apply in a voluntary manner to send their urodynamic traces to receive feedback from the UD Committee members. So far, 35 applications are received and evaluated by the UD Committee and the feedback was sent to the applicants. An analytic manuscript will be prepared to be published in Continence once we reach enough applications.

The call for trace submission has remained open, but there have been no submissions via the ICS portal this year. Bristol urodynamics courses continue to publicise and use the system with their delegates and have so far received 64 traces sent in direct. An improved version of the scoring system is expected soon as a result.

A new call for traces to be submitted via ICS should be sent out.

3.The Urodynamics Book Project which was planned as the joined product of the ICS UD Committee and the Italian Urodynamics Society (SIUD) is running. The publisher company is Springer and the agreement is already signed. The chief editor is Dr. Enrico Finazzi Agro, and co-editors are Dr. Tufan Tarcan, Dr. Alexandre Fornari, Dr. Maurizio Serati and Dr. Vincenzo Li Marzi. Most of the chapters

are received from the authors, but a few are still missing. Hopefully, it will be done by the end of the year.

4. Global Urodynamic Data Repository (GUDRep)
Laborie have committed to the funding of this project, and contract negotiations with The project proposal was prepared by Andrew Gammie, Enrico Finazzi Agro and Tufan Tarcan and was presented to the UD Committee and Trustees. Southmead Hospital, Bristol, UK are nearly complete. ICS Trustees felt that it was not possible to host the project themselves, due to the risk of identifiable patient data being submitted in error. Bristol will thus host until the system is proven robust for anonymity.

The project will run for 2.5 years, and 12 centres have indicated willingness to supply urodynamic and clinical/symptom data.

Critical Success Factors (CSF's) / Key Performance Indicators (KPI's)

CSFs identified at last strategic review concluded in 2022. New KPI measurements introduced in 2023.

1. CSF Establish financial security: protect, diversify and increase income

- Create Industry Committee
- Maximise income from ICS membership: secure, affiliates, new markets
- Create a risk register and review regularly
- Investigate options for fundraising: foundations, crowdfunding, grants

Outcome: most objectives met or partially met/in process

KPI Reserve Policy Met:

2025	£ GBP	% of target
Actual	1,267,263	107.8
Target	1,176,915	

Above target. Disappointing annual meeting and membership offset by new income streams from partnerships with industry outside of the ASM.

Action for 2026: Continue to work on funding streams not dependent on annual meeting. Work on promoting membership and annual meeting for 2026.

2. CSF Ensure the highest quality scholarly activity

- Establish and grow the ICS Journals
- Ensure a constant stream of high quality ICS publications
- Board to work with Scientific and Education Committees on a project plan for the annual meeting programme
- Develop further e-learning opportunities for ICS members and meeting delegates

Outcome: All objectives met / in progress.

KPI – Measure Impact Factor of new ICS Journals. KPI target to compare impact factor with previous official society journal's impact factor.

2025	Impact Factor	% of target
Continence	1.2	63.2
N&U	1.9	

Outcome: Great start for first impact factor for new journal vs very established.

3. Improve Governance (Board/organisational)

- Establish Governance and Nominations Committee
- Update Articles and Bylaws in line with report recommendations
- Implementing the actions from the governance review
- Broadening the range of skills and experience on the Board
- 4 meetings a year of the Board: two times virtual, two times live
- Improve efficiency of Board meetings: agenda items and papers

Outcome: All objectives met.

KPI – Board of Trustee Meetings Held

2025	BOT Meetings	% of target
Actual	**4**	100.0
Target	4	

Strengthen the organisation (staff and committees)

- Review organisation structure and resourcing, including staffing
- Review all activity and rationalise based on ICS strategy
- Decide which committees and activities should continue/cease
- Put in place measures and reviews to ensure progress and high standards

Outcome: All objectives met.

KPI – Employee Performance Targets

Staff	Performance Targets	Met	% of Target
4	20	20	100.0

Outcome: All objectives met.

KPI – Membership Growth

Year	Membership	Growth %
2024	1,966	-33.8
2023	2,969	

As membership is linked to the annual meeting, the war breaking out in the region during the lead up to the annual meeting in Abu Dhabi had a marked effect on membership in 2025.

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net incoming funds in the year of £38,386 (2024: net incoming funds of £394,611) with closing consolidated funds of £1,267,263 (2024: £1,228,877).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £317,869 (2024: £641,841), membership fees £171,242 (2024: £250,008), royalty income totalling £5,175 (2024: £3,883), donations and legacies of £35,207 (2024: £54,855) and interest from Investments of £2,669 (2024: £1,544).

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the annual meeting, educational activities, including awards, observerships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the membership of 1966 and support for the ICS journals. The majority of award costs were covered by educational grants received from Laborie and Medtronic.

The total profit of the trading subsidiary was £5,149 (2024: £500).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £180,699 (2024: £150,298), Annual Meeting expenditure £152,889 (2024: £307,910) and Publication and Membership £206,460 (2024: £131,582).

Annual Scientific Meeting

The Annual Scientific Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to a professional conference organiser (PCO) by Conticom-ICS Limited, the wholly-owned trading subsidiary of ICS. MCI Middle East was appointed as PCO for a single year for the joint meeting in Abu Dhabi in 2025. MCI Amsterdam B.V. has been appointed as PCO for 3 years from 2026 to 2028 (renewable).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The society continues to be reliant on income from the annual meeting, so ensuring a financially successful meeting is important. The ICS will continue to reach a range of countries through its educational course programme.

Industry Supported Projects Outside of the Annual Meeting

As income from the annual meeting has been highly variable and lower since the pandemic, the society has been developing other educational project proposals outside of the annual meeting. The intention is to develop alternative sources of income outside of the annual meeting directly supported by our industry partners. Multiple project concepts were developed in 2023 and proposed to our industry partners for educational support grants/contracts with a view to delivering them in 2024-2026. This strategy has been effective, with significant income generated in 2024 and 2025.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2025	**2024**	**2023**	**2022**	**2021**
Sponsorship & exhibition	495,640	415,398	255,478	448,618	324,141
Registrations	350,104	832,881	456,997	464,622	183,695
Other income	170,834	94,392	122,262	86,521	15,589
Total income	1,016,578	1,342,671	834,737	999,761	523,425
Total expenditure	1,018,099	1,040,913	905,735	971,650	391,073
Surplus/(Deficit)	(1,522)	301,758	(70,998)	28,111	132,352
Surplus of which Conticom received including Scientific Services Fee	168,237	431,478	129,600	173,061	298,592

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 5.8% in 2025, a profit of £46,272, which has been declared in the accounts as net gains on investments (2024: £32,270).

£2,669 was received in interest from bank accounts and has been declared as income from investments for the year to 31 December 2024 (2024: £1,544).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
   - Calculations are to be based on estimated future combined operating costs for the next two years.
   - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.

b) Provide an element of contingency for unforeseen liabilities.
   - Which should be £100,000

c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £523,727 for 2026 and £553,188 for 2027, giving a total of £1,076,915 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,176,915 as at 31.12.2025.

As of 31st December 2025, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,267,263** (2024: £1,228,877); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, observerships, awards and ICS journal subscription costs) which have been committed of approximately £55,000 each year. The 2025 surplus above the reserves policy will be utilised during 2026 to cover general ICS charitable and running costs.

Conticom-ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Plans for Future Periods

ICS Annual Meeting 2026: ICS 2026 Maastricht

Meeting Chairs: Gommert van Koeveringe
Local Scientific Programme Chair: Jan-Paul Roovers

Future Meetings

ICS 2027: Florence, Italy. Honorary Meeting Chair: Enrico Finazzi Agro
ICS 2028: Prague, Czech Republic. Honorary Meeting Chair: TBC

ICS Strategic Plan

The Board will review and update the ICS strategic goals in order to direct ICS resources to the most important areas of work for the financial sustainability of the charity, and in order to achieve societal goals for the charity's mission to deliver public benefit.

Industry Supported Education Projects

To address the variable financial surplus generated by the annual meeting, the Board of Trustees will continue to develop new additional sources of funding from industry supported educational projects in 2026.

ICS Journals

The Board will continue to develop and grow the ICS journals. An application was submitted for PubMed accreditation of the journals. Unfortunately due to the rules being made much stricter, this was rejected on first application. The Editorial Board will execute an action plan to address the comments received in order to prepare for re-application after an embargo period.

ICS Committees

ICS Committees continue to develop plans for addressing the needs of our members and the public. A new "top 3" priority system has been introduced to focus activities of each committee. As volunteers we owe a huge debt to all committee members for their outstanding dedication to the field of

continence to further our understanding of the bladder and pelvic floor and highlight and alleviate the suffering of patients worldwide.

ICS Children and Young Adults Committee – Chair: Dragana Zivkovic *(new)*
Transition period – new chair taking office in 2025.

ICS Developing World Committee – Chair: Karl-Dietrich Sievert *(new)*

- Holding a workshop during ICS 2025 in Abu Dhabi.
- Holding the ICS Fistula Course 2026 in Dhaka – Bangladesh.
- Having ICS speakers in the national meeting of developing countries.
- Collaborate with centers in these countries as online events to try to set up online seminars/webinars. Possible issues to deal with are; Fistula (prevention, diagnosis, surgical management), Native tissue repair of POP, Female urinary incontinence, Male LUTS, Neurogenic Bladder Dysfunction and Conservative Management of Urinary Incontinence.
- Publishing new papers about urogynecological disorders in the developing world.

ICS Education Committee – Chair: Howard Goldman

1. Grow podcasts
2. Observerships
3. Providing speakers for other societies / meetings

ICS Ethics Committee – Chair: Bill Gibson

1. Survey ICS membership to establish their needs from the Ethics Committee, with the aim of producing guidelines for ICS members on clinical or research ethics in specific contexts
2. Core Curriculum Workshop in Maastricht, topic TBC
3. Continue to provide support to the Board, Secretariat, other committees and membership on ethics matters and concerns.

ICS Neurourology Promotion Committee – Chair: Sanjay Sinha

1. Workshops and Lectures
   (i) Participation at national workshops
   (ii) NUPC Workshop at ICS 2026
   (iii) Global Neuro-urology Initiative GNUI (TBD)
2. Publications and Projects
   (i) Unusual neuro-urological conditions Part 5.
   (ii) Unusual pediatric neuro-urological conditions: Joint project with the CYAC, Part 2
   (iii) Best Review in Neurourology Award 2026
3. Early Career Shadow Committee Activities
   (i) Unusual NU conditions Part 2, 3: Promotional Video for ICS TV
   (ii) Case discussions in Neurourology Series Part 1; Online academic activity to be posted on ICS TV
   (iii) One new research manuscript (TBD)

ICS Nursing Committee – Chair: Tamara Dickinson

1. Podcast : Janie Thompson and Kristine Talley - Lifestyle and Behavioural Interventions in the Frail Aged.
2. Podcast : Kristine Talley - Relationship between Bladder and Bowel Function
3. Podcast : Melissa Northwood - Original research on public engagement

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. Pelvic Health Physiotherapy Education: Developing international standards of pelvic health training
    a. Draft Terminology report / ICS Consensus
    b. Preliminary data presentation from the international curriculum mapping study at the ICS 2026 Scientific Meeting.
2. Annual Scientific Meeting Physiotherapy/Activities.
    a. 25th Physiotherapy Forum
    b. Physiotherapy-Led Round table
    c. Physiotherapy Committee Workshop

ICS Scientific Committee - Chair: Francisco Cruz *(new)*

1. Review abstract guidelines and rules for submission in line with current best practice
2. Work with education committee regarding potential for furthering dissemination of science presented at ICS
3. Review committee terms of reference and membership requirement
4. Review presentation formats for ASM to ensure these reflect current best practice

ICS Standardisation Steering Committee - Chair: Matthias Oelke

1. Finalization of ongoing terminology reports
2. Identification of terminology reports which are outdated and need to be updated soon
3. Translation of important terminology reports and the entire glossary from English to French, Italian, Portuguese, Spanish and Turkish

ICS Urodynamics Committee – Chair: Solomon Eskinder *(new)*

1. The E-Learning Project combined with ICS UD Committee Teaching Modules
2. The Urodynamic Charts Review Project
3. Global Urodynamic Data Repository (GUDRep)

Approved by the Trustees and signed on their behalf by:

Adrian Wagg
Treasurer
Date



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity trustees of the charitable group (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable group are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charitable group's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable group's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matthew Bracher BSc FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Gravita Western Limited
2nd Floor, South
One Castle Park
Tower Hill
Bristol
BS2 0JA
United Kingdom

Date: 7th July 2026

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2025

	Notes	**Unrestricted Year ended 31.12.25**	**Restricted Year ended 31.12.25**	**Total Year ended 31.12.25**	Unrestricted Year ended 31.12.24 restated	Restricted Year ended 31.12.24 restated	Total Year ended 31.12.24 restated
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**35,207**	**-**	**35,207**	35,371	19,484	54,855
Investments	3	**2,648**	**-**	**2,648**	1,493	-	1,493
Charitable activities:							
Annual meeting and trading	5	**1,795**	**-**	**1,795**	-	-	-
Distribution from trading subsidiary		**19,354**	**-**	**19,354**	333,482	-	333,482
Subscription and royalties	4	**176,417**	**-**	**176,417**	253,891	-	253,891
Other income	6	**138,707**	**-**	**138,707**	157,858	-	157,858
Total income		**374,128**	**-**	**374,128**	782,095	19,484	801,579
Expenditure on:							
Charitable activities:							
Educational activities	7	**180,099**	**600**	**180,699**	194,754	19,384	214,138
Publication and membership	7	**206,460**	**-**	**206,460**	225,600	-	225,600
Annual meeting and trading	7		-	-	-	-	-
Total expenditure		**386,559**	**600**	**387,159**	420,354	19,384	439,738
Net gain/(losses) on investments	14	**46,272**	**-**	**46,272**	32,270	-	32,270
Net income/(expenditure) and movement in funds		**33,841**	**(600)**	**33,241**	394,011	100	394,111
Reconciliation of funds:							
Fund balances brought forward		**1,191,436**	**600**	**1,192,036**	797,425	500	797,925
Fund balances carried forward		**1,225,277**	**-**	**1,225,277**	1,191,436	600	1,192,036

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2025

	Notes	**Unrestricted Year ended 31.12.25**	**Restricted Year ended 31.12.25**	**Total Year ended 31.12.25**	Unrestricted Year ended 31.12.24	Restricted Year ended 31.12.24	Total Year ended 31.12.24
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**35,207**	**-**	**35,207**	35,371	19,484	54,855
Investments	3	**2,669**	**-**	**2,669**	1,544	-	1,544
Charitable activities:							
Annual meeting and trading	5	**317,869**	**-**	**317,869**	641,841	-	641,841
Subscription and royalties	4	**176,417**	**-**	**176,417**	253,891	-	253,891
Other income		**-**	**-**	**-**			
Total income		**532,162**	**-**	**532,162**	932,647	19,484	952,131
Expenditure on:							
Charitable activities:							
Educational activities	7	**180,099**	**600**	**180,699**	130,914	19,384	150,298
Publication and membership	7	**206,460**	**-**	**206,460**	131,582	-	131,582
Annual meeting and trading	7	**152,889**	**-**	**152,889**	307,910	-	307,910
Total expenditure		**539,448**	**600**	**540,048**	570,406	19,384	589,790
Net gains/(losses) on investments	14	**46,272**	**-**	**46,272**	32,270	-	32,270
Net income/(expenditure) and movement in funds		**38,986**	**(600)**	**38,386**	394,511	100	394,611
Reconciliation of funds:							
Fund balances brought forward		**1,228,277**	**600**	**1,228,877**	833,766	500	834,266
Fund balances carried forward		**1,267,263**	**-**	**1,267,263**	1,228,277	600	1,228,877

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2025

		2025		2024	
	Notes	**£**	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**934**		1,089
Investments	14		**837,742**		791,470
			838,676		792,559
CURRENT ASSETS:					
Debtors	15	**207,674**		330,552	
Cash at bank and in hand		**205,397**		93,359	
		413,071		423,911	
CREDITORS: Amounts falling due within one year	16	**(26,470)**		(24,434)	
NET CURRENT ASSETS:			**386,601**		399,477
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,225,277**		1,192,036
FUNDS:					
Unrestricted funds	18		**1,225,277**		1,191,436
Restricted funds	18		-		600
			1,225,277		1,192,036

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 14th July 2026 and were signed on their behalf by:

Prof Adrian Stuart Wagg - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2025

		2025		2024	
	Notes	**£**	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**934**		1,089
Tangible assets	13		**10,262**		5,019
Investments	14		**837,741**		791,469
			848,937		797,577
CURRENT ASSETS:					
Debtors	15	**141,270**		348,123	
Cash at bank and in hand		**313,976**		159,669	
		455,246		507,792	
CREDITORS: Amounts falling due within one year	16	**(36,920)**		(76,492)	
NET CURRENT ASSETS:			**418,326**		431,300
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,267,263**		1,228,877
FUNDS:					
Unrestricted funds	19		**1,267,263**		1,228,277
Restricted funds	19		**-**		600
			1,267,263		1,228,877

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on July 7th, 2026 and were signed on their behalf by:

Prof Adrian Stuart Wagg - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2025

	Notes	**Charity 2025 £**	Charity 2024 £	**Group 2025 £**	Group 2024 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	**109,390**	(31,893)	**162,001**	20,433
Cash flows from investing activities:					
Interest income		**2,648**	1,493	**2,669**	1,544
Purchase of property, plant and equipment		**-**	-	**(10,363)**	(3,501)
Net cash provided by (used in) investing activities		**2,648**	1,493	**(7,694)**	(1,957)
Change in cash and cash equivalents in the reporting period	2	**112,038**	(30,400)	**154,307**	18,476
Cash and cash equivalents at the beginning of the reporting period		**93,359**	123,759	**159,669**	141,193
Cash and cash equivalents at the end of the reporting period		**205,397**	93,359	**313,976**	159,669

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2025 £	Charity 2024 £	**Group 2025 £**	Group 2024 £
Net movement in funds	**33,237**	394,111	**38,386**	394,611
Add back depreciation/amortisation charge	**155**	155	**5,275**	3,015
Deduct interest income shown in investing activities	**(2,648)**	(1,493)	**(2,669)**	(1,544)
Deduct/add net (gain)/loss on investments	**(46,272)**	(32,270)	**(46,272)**	(32,270)
Decrease (increase) in debtors	**122,879**	(321,922)	**206,851**	(325,513)
Increase (decrease) in creditors	**2,039**	(70,474)	**(39,570)**	(17,866)
Net cash (used)/gained in/from operating activities	**109,390**	(31,893)	**162,001**	20,433

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.25	Cash flow	At 31.12.25
	£	£	£
Net cash			
Cash at bank and in hand	**93,359**	**112,038**	**205,397**
	93,359	**112,038**	**205,397**

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.25	Cash flow	At 31.12.25
	£	£	£
Net cash			
Cash at bank and in hand	**159,669**	**154,307**	**313,976**
	159,669	**154,307**	**313,976**

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

1. **ACCOUNTING POLICIES - continued**

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities. The liability and expense is allocated between activities and between restricted and unrestricted funds on a time apportioned basis.

1. **ACCOUNTING POLICIES - continued**

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
Other donors	**121**	112	**121**	112
Grants – Pfizer grant	**-**	19,484	**-**	19,484
Grants – Medtronic	**17,166**	**-**	**17,166**	**-**
Grants – Laborie	**11,920**	**-**	**11,920**	**-**
Grants - other	**6,000**	35,259	**6,000**	35,259
	35,207	54,855	**35,207**	54,855

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
Interest receivable	**2,648**	1,493	**2,669**	1,544
	2,648	1,493	**2,669**	1,544

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2025	2024
	£	£
Subscription Income:		
Deferred balance brought forward	**4,642**	24,799
Membership income received during the year	**167,623**	229,851
Deferred balance carried forward	**(1,023)**	(4,642)
	171,242	250,008
Royalty, book and journal income	**5,175**	3,883
	176,417	253,891

5. ANNUAL MEETING AND TRADING

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
Annual meeting income	**-**	-	**187,447**	453,753
Industry projects	-	-	**128,627**	185,811
Book and e-learning sales	**1,795**	-	**1,795**	2,277
	1,795	-	**317,869**	641,841

6. OTHER INCOME

	Charity		Group	
	2025	restated 2024	**2025**	2024
	£	£	**£**	£
Recharged wages and salaries	**115,294**	131,879	**-**	-
Recharged national insurance contributions	**9,981**	11,704	**-**	-
Recharged pension contributions	**13,432**	14,275	**-**	-
	138,707	157,858	**-**	-

Prior year wages have been restated to present the gross total cost within the Charity, and the corresponding credit recognised within other income. 50% of the expense is recharged to the subsidiary.

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	**Publication & Membership**	**Annual meeting**	**Total 2025**	restated Total 2024
	£	**£**	**£**	**£**	£
Journal and other membership costs	**-**	**346**	**-**	**346**	739
Travel and subsistence costs	**3,789**	**3,790**	**-**	**7,579**	4,999
Advertising and promotional events	**62**	-	-	**62**	-
Publications committee costs	**262**	-	-	**262**	-
Standardisation committee costs	**-**	-	-	-	1,193
Awards, grants and fellowships	**28,908**	-	-	**28,908**	40,537
Educational activity costs	**8,017**	-	-	**8,017**	7,900
Printing and postage costs	**132**	**132**	**-**	**264**	108
Staff costs	**92,358**	**155,022**	**-**	**247,380**	279,965
Finance costs	**3,103**	**3,103**	**-**	**6,206**	9,612
Trustees' board costs	**-**	-	-	-	2,028
Support costs (see note 8)	**16,172**	**16,172**	**-**	**32,344**	33,076
Governance costs (see note 8)	**27,896**	**27,895**	**-**	**55,791**	59,581
Charity total	**180,699**	**206,460**	**-**	**387,159**	439,738
Annual meeting and trading expenses	**-**	**-**	**152,889**	**152,889**	307,910
Group total	**180,699**	**206,460**	**152,889**	**540,048**	747,648

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities Costs	Publication & Membership Costs	Total 2025	Charity & Group restated Total 2024
	£	£	£	£
Support costs:				
Phone and IT	**6,841**	**6,841**	**13,682**	14,406
Insurance	**1,086**	**1,086**	**2,172**	2,990
Rent, rates, light and heat	**7,724**	**7,724**	**15,448**	14,076
Sundry	**444**	**443**	**887**	1,449
Amortisation	**77**	**78**	**155**	155
	16,172	**16,172**	**32,344**	33,076
Governance costs:				
Trustees' board costs	**3,990**	**3,990**	**7,980**	2,028
Indemnity insurance	**271**	**270**	**541**	458
Staff costs	**15,016**	**15,016**	**30,032**	40,702
Independent examiner's fee (see note 11)	**4,125**	**4,125**	**8,250**	7,200
Legal and professional	**4,494**	**4,494**	**8,988**	9,193
	27,896	**27,895**	**55,791**	59,581

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2024: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2025	2024	**2025**	2024
	Number	Number	**£**	£
Travel and meeting expenses	7	16	**9,860**	11,733

10. STAFF COSTS

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
Wages and salaries	**230,586**	131,880	**230,586**	263,760
National insurance contributions	**19,962**	11,704	**19,962**	23,408
Pension contributions	**26,864**	14,275	**26,864**	28,550
Recruitment and training	**-**	4,950	**-**	4,950
	277,412	162,809	**277,412**	320,668

10. **STAFF COSTS - continued**

The number of employees whose total employee benefits (excluding employer pension contributions) amounted to over £60,000 in the year was as follows:

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
£110,000 - £119,000	**-**	1	**-**	1
£120,000 - £129,999	**1**	-	**1**	-

The average monthly number of employees, and full time equivalents, during the year were as follows:

	Charity		Group	
	2025	2024	**2025**	2024
	Number	Number	**Number**	Number
Governance	**0.2**	2.23	**0.2**	4.45
Educational activities	**1.45**	1.43	**1.45**	2.85
Publication and membership	**2.35**	0.35	**2.35**	0.7
	4	4	**4**	8

The key management personnel of the group and the charity comprise the trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the group were £135,748 (2024: £130,921).

11. **INDEPENDENT EXAMINER'S REMUNERATION**

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
For independent examination	**2,000**	1,860	**2,000**	1,860
For accounting services	**3,660**	3,365	**8,610**	7,915
For preparation of consolidated accounts	**2,200**	1,975	**2,650**	1,975
For general advice, meetings & other services	**390**	-	**390**	-
	8,250	7,200	**13,650**	11,750

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2025	**3,106**	**3,106**
At 31 December 2025	**3,106**	**3,106**
AMORTISATION		
At 1 January 2025	**2,017**	**2,017**
Charge for year	**155**	**155**
At 31 December 2025	**2,172**	**2,172**
NET BOOK VALUE		
At 31 December 2025	**934**	**934**
At 31 December 2024	1,089	1,089

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	**£**	**£**
COST:			
At 1 January 2025	**13,448**	**65,971**	**79,419**
Additions		**10,363**	**10,363**
At 31 December 2025	**13,448**	**76,334**	**89,782**
DEPRECIATION			
At 1 January 2025	**13,076**	**61,324**	**74,400**
Charge for year	**198**	**4,922**	**5,120**
At 31 December 2025	**13,274**	**66,246**	**79,520**
NET BOOK VALUE:			
At 31 December 2025	**174**	**10,088**	**10,262**
At 31 December 2024	372	4,647	5,019

14. CHARITY FIXED ASSET INVESTMENTS

	£
COST OR VALUATION:	
At 1 January 2025	**791,469**
Increase in market value of investments	**46,272**
At 31 December 2025	**837,741**
NET BOOK VALUE:	
At 31 December 2025	**837,741**
At 31 December 2024	791,469

	2025	2024
	£	£
Listed investments	**837,741**	791,469
Unlisted investments	**1**	1
Total investments	**837,742**	791,470

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited
Company number: 03687688
Country of incorporation: England & Wales
Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2025	2024
	£	£
Aggregate capital and reserves	**41,991**	36,842
Profit/(loss) for the year	**5,149**	500

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	**316,074**
Cost of sales	**(56,814)**
Gross profit	**259,260**
Other income	**21**
Administrative expenses	**(254,132)**
Net income/(expenditure)	**5,149**
Retained profit for the year	**5,149**
Retained profit brought forward	**36,842**
Retained profit carried forward	**41,991**
Assets	**240,679**
Liabilities	(**198,688)**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
Trade debtors	**-**	-	**9,180**	-
Prepayments and accrued income	**19,435**	10,347	**132,090**	348,032
Amounts due from group undertaking	**188,239**	320,205	**-**	-
VAT	-	-	-	91
	207,674	330,552	**141,270**	348,123

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2025	2024	**2025**	2024
	£	£	**£**	£
Trade creditors	**852**	2,797	**1,469**	8,376
Other creditors	**-**	-	**1,088**	8,654
Social security and other taxes	**10,597**	5,377	**10,598**	10,754
Accruals and deferred income	**15,021**	16,260	**22,828**	48,708
VAT	-	-	**937**	**-**
	26,470	24,434	**36,920**	76,492

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £9,000 (2024 - £9,000).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £18,000 (2024 - £18,000).

18. **STATEMENT OF FUNDS**

	At 01 January 2025 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2025 £
Unrestricted funds:					
General fund	**1,191,436**	**374,128**	**(386,559)**	**46,272**	**1,225,277**
Total unrestricted funds	**1,191,436**	**374,128**	**(386,559)**	**46,272**	**1,225,277**
Restricted funds:					
Laborie Fellowship fund	-	-	-	-	-
Continence Promotion Committee fund	-	-	-	-	-
3rd World Fistula work	**500**	-	**(500)**	-	-
Pfizer grant	**100**	-	**(100)**	-	-
Total restricted funds	**600**	-	**(600)**	-	-
Total charity funds	**1,192,036**	**374,128**	**(387,159)**	**46,272**	**1,225,277**
Subsidiary funds (unrestricted)	**36,841**	**158,034**	**(152,889)**	-	**41,986**
Total consolidated funds	**1,228,877**	**532,162**	**(540,048)**	**46,272**	**1,267,263**

STATEMENT OF FUNDS - comparatives

	At 01 January 2024 £	Income £	Expenditure £	Gain on Investments £	At 31 December 2024 £
Unrestricted funds:					
General fund	797,425	638,313	(276,572)	32,270	1,191,436
Total unrestricted funds	797,425	638,313	(276,572)	32,270	1,191,436
Restricted funds:					
Laborie Fellowship fund	-	-	-	-	-
Continence Promotion Committee fund	-	-	-	-	-
3rd World Fistula work	500	-	-	-	500
Pfizer grant	-	19,484	(19,384)	-	100
Total restricted funds	500	19,484	(19,384)	-	600
Total charity funds	797,925	657,797	(295,956)	32,270	1,192,036
Subsidiary funds (unrestricted)	36,341	294,334	(293,834)	-	36,841
Total consolidated funds	834,266	952,131	(589,790)	32,270	1,228,877

18. **STATEMENT OF FUNDS - continued**

General fund (unrestricted)
This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)
The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)
The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)
This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work. The £500 balance has been used towards a $10,000 payment to Sherif Mourad in respect of the Fistula course held in Banjul.

Pfizer grant (restricted)
This fund relates to Pfizer grants received to fund international scholarships. No grant was received this year. The small £100 balance, resulting from exchange rate fluctuations, has been used against wages in relation to providing the observerships.

Fistula course fund (restricted)
This fund relates to a grant received during the year to support the Fistula repair course held in Mumbai.

19. **ANALYSIS OF NET FUNDS BETWEEN FUNDS**

CHARITY	**Restricted Funds** £	**Unrestricted Funds** £	**Total Funds** £
Fund Balances at 31 December 2025 are represented by:			
Fixed assets	**-**	**838,676**	**838,676**
Current assets	**-**	**413,071**	**413,071**
Current liabilities	**-**	**(26,470)**	**(26,470)**
Total Net Assets	**-**	**1,225,277**	**1,225,277**

GROUP	**Restricted Funds** £	**Unrestricted Funds** £	**Total Funds** £
Fund Balances at 31 December 2025 are represented by:			
Fixed assets	**-**	**848,937**	**848,937**
Current assets	**-**	**455,246**	**455,246**
Current liabilities	**-**	**(36,920)**	**(36,920)**
Total Net Assets	**-**	**1,267,263**	**1,267,263**

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2024 are represented by:			
Fixed assets	-	792,559	792,559
Current assets	19,984	403,927	423,911
Current liabilities	(19,384)	(5,050)	(24,434)
Total Net Assets	600	1,191,436	1,192,036

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2024 are represented by:			
Fixed assets	-	797,577	797,577
Current assets	19,984	487,808	507,792
Current liabilities	(19,384)	(57,108)	(76,492)
Total Net Assets	600	1,228,277	1,228,877

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £26,865 (2024: £28,550) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2024 - £Nil) as at 31 December 2025.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

At the year end, there was an intercompany balance due from the Charity's wholly owned subsidiary, Conticom-ICS Ltd, of £188,239 (2024: £320,205).

During the year, trustees were reimbursed £9,860 (2024: £11,733) for travel expenses incurred in the performance of their duties.