



Christian Youth Outreach Braintree District Trust

Trustees report and accounts
For the year ended 31st March 2024

Registered charity number 1073418

Christian Youth Outreach Braintree District Trust

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Christian Youth Outreach Braintree District Trust
Legal and Administrative Details for the year ended 31st March 2024

Registered charity number	1073418
Trustees	David Bland Sean Carter (<i>resigned Oct 2023</i>) Barry Cheesman Denise Cheesman Andrew Knight Nicholas Vosper (<i>resigned Sept 2023</i>) Irene Webber
Director	Matt Ager
Registered address	St. Michaels Church House St. Michaels Lane Braintree Essex CM7 1EY
Bankers	Natwest
Independent Examiner	N K Smith 19 Highbury Way Great Cornard Sudbury Suffolk CO10 0HE

Christian Youth Outreach Braintree District Trust

Report of the trustees for the year ended 31st March 2024

The Trustees present their annual report for the year ended 31st March 2024.

The accounts have been prepared in accordance with the charity's governing document, the Charities Act and the statement of recommended practice "Accounting and Reporting by Charities".

Structure Governance and Management

The Charity was registered in January 1999. Under the constitution the power to appoint Trustees, of which there shall be at least three, is vested in the existing Trustees.

The trustees who served during the year were:

David Bland

Sean Carter

Barry Cheesman

Denise Cheesman

Andrew Knight

Nicholas Vosper

Irene Webber

Summary of Objectives

The objects of the Trust are:

- a) to advance the Christian faith particularly amongst children and young people in the schools, colleges and other educational establishments in Braintree and the surrounding area.
- b) to advance education in the said locality.

Public benefit

The Trustees have had regard to the public benefit general guidance issued by the Charity Commission. In this respect, we are committed to providing services on a fair and equitable basis, regardless of race, ethnicity, religion, lifestyle, sex, sexuality, physical/mental disability, offending background or any other factor. Furthermore, we believe that the range of services delivered demonstrate the clear and obvious public benefit of our activities.

Activities

Over the past twelve months, CYO has continued to work in the primary and secondary schools around the Braintree and Halstead areas. The work consisted of:

Assemblies

Over the year, the CYO team presented to 40+ schools (roughly 7,500 children), typically every six weeks. Topics covered a wide range of issues, presenting Christian values at their core in a relevant educational style.

Lessons

Mostly taking the form of interview-style lessons, our secondary schools team worked closely with RE Departments to aid GCSE students through Years 10 and 11, along with helping to cover modules on Christianity for younger years. Lessons of a similar delivery were presented to the Braintree area primary schools, with both primary and secondary school team members collaborating on topics related to Creation and Science. Such is the popularity of CYO's delivery of lessons, this opened up opportunities for a number of projects which are outlined in this report.

Lunch Clubs

These continue to be popular in a number of primary schools, so much that registers and a queuing system have been implemented in some cases. The weekly secondary school club at Notley High continues to see a regular weekly attendance of around 20 students spanning all year groups. The content of the groups varies between schools, some having a more laid-back content while others have specific Christianity-focused activities. In all of them, the team embrace the opportunity to engage in conversation with students who attend, and teachers who may be present.

Mentoring

CYO's demand for mentoring in secondary schools has increased year on year due to the raised awareness of mental and emotional distress being experienced by many young people. For this past year, the charity has mentored around 200 young people across five secondary schools, ranging from regular weekly sessions for those battling ongoing issues (eg trauma at home, behavioural difficulties, poor mental health) to times spent with those in a brief season of difficulty (eg exam worries, transition to a new school). To some degree, this increase has also been as a result of the Covid-19 pandemic which continues to have an impact. An additional mentor employed in Spring 2023 proved to be a valuable asset to the volume of mentoring offered to various schools, but unfortunately funding for their role ended in Spring 2024. Lack of funding will impact the amount of mentoring sessions that can be offered into 2024/25.

Project: A-Cross The World

Returning for its fifteenth year, A-Cross The World (ATW) was presented in its traditional face-to-face format to all the local primary schools in the Halstead area and North Braintree. ATW was a well-organised exploration of different representations of the cross by Christian communities around the world. Schools were pleased to see the lessons achieve many objectives laid out by the Department for Education and are keen to host this project again in the future.

Project: Anam Cara

CYO's reflection room project was delivered to a local Braintree secondary school during Summer 2024. Using a classroom space for an entire week, Anam Cara had a number of 'stations' that students could visit during their planned lesson, all intended to evoke personal reflection. As has been the case in previous schools, the project proved to be hugely successful for the week. Such was its impact, the headteacher of the school asked for Anam Cara's return to cover all year groups.

Other Projects

Our primary schools team delivered an effective series of modules on Angels during the months of November and December, perfectly combining the Christmas message with core values.

Staffing

The appointment of our secondary schools mentor in January 2023 proved to be effective immediately, increasing the amount of sessions that could be provided to schools in the Braintree area. Unfortunately, funding for the position was only for twelve months so the charity was forced to terminate employment at the end of March 2024. It is of note that CYO used cash reserves to extend the mentor's employment for those final weeks. As mentioned above, the demand for mentoring is ever-present in our local secondary schools so we hope that our financial situation will enable us to re-employ a mentor in the future.

Trustees

We were sad to say farewell to two valued trustees in the Autumn of 2023 and thanked them personally for their commitment to the charity. We are however looking forward to welcoming a new trustee to the board in May 2024. As things stand, we feel our number of trustees is a healthy quorum and trust that existing trustees give ample notice of their resignation to give us time to find and recruit suitable replacements.

Risk Management

The Trustees have assessed the major risks to which the Trust is exposed and are satisfied that systems are in place to mitigate exposure to major risks. The reserves of the Trust are maintained at a level which will support the continuance of the activities for a minimum of three months.

We consider this report to be an accurate and fair account of the Charity's activities during the 2023/24 financial year.

On behalf of the Trustees,

Barry Cheesman

Independent examiner's report on the accounts to the trustees of Christian Youth Outreach Braintree District Trust on accounts for the year ended 31 March 2024

I report to the trustees on my examination of the accounts of the charity ("the Trust") for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N K Smith FCA

19 Highbury Way, Great Cornard, Sudbury, Suffolk, CO10 0HE

29 June 2024

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST
(charity no 1073418)

STATEMENT OF ASSETS AND LIABILITIES

31 MARCH 2024

	2024	2023
	£	£
Current assets		
Bank accounts	<u>26,825</u>	<u>38,274</u>
Unrestricted funds		
Brought forward	38,274	44,113
Net results	<u>-11,449</u>	<u>-5,839</u>
Carried forward	<u>26,825</u>	<u>38,274</u>

Signed by one trustee on behalf of all the trustees:

Signature: *I.M. Weber*

Print name: **IRÉNE MARY WEBER**

Date of approval: **3-7-2024**

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
Income		
Donations		
Gift aided	14,520	14,317
Churches	15,437	14,596
Business	4,560	4,560
Schools	650	650
Personal	6,278	2,379
	<u>41,445</u>	<u>36,502</u>
Other		
Grants received	3,500	6,172
Miscellaneous	3,148	914
Tax refund	3,764	3,874
Interest	388	136
	<u>52,245</u>	<u>47,598</u>
Expenditure		
Salaries	56,990	46,937
Schools work	1,935	1,805
Office expenses	1,338	1,631
Sundry expenses	59	30
Accountancy	460	420
Employees' expenses	1,487	1,353
Pension cost	1,425	1,261
	<u>63,694</u>	<u>53,437</u>
Net results	<u><u>-11,449</u></u>	<u><u>-5,839</u></u>

Note

Grants received consist of the following:

Essex Community Foundation	0	6,172
The John James Charity	2,000	0
Rank Foundation	1,500	0
	<u>3,500</u>	<u>6,172</u>