

**Community Activities
Project Ealing
(CAPE)**

**Report of the Trustees and Financial
Statements for the year ended 31st March
2025**

**REGISTERED COMPANY NUMBER: 03386839 (England and Wales)
REGISTERED CHARITY NUMBER: 1064778**

Community Activities Project Ealing (CAPE)

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Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025

The trustees who are also directors of the charitable company for the purposes of the Companies Act 2006, present their report with the financial statements of the charitable company for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

C Taylor Resigned 29 July 2024

M M Little

N Rinaldi

A J Potter Resigned 3 September 2025

P Kiernan

H Dosanjh

B P Finlay

Company Secretary

M M Little

Angela Coton is the Chief Executive Officer of CAPE.

Charity number 1064778

Company number 03386839 England and Wales

Principal address and Registered Office

3 Montpelier Road

Ealing

London W5 2XP

Auditors

Johnsons, Chartered Accountants

Statutory Auditor

Ground Floor

1-2 Craven Road

Bankers

HSBC

46 The Broadway

Ealing

London W5 5JR

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

The trustees who are also directors of the charitable company for the purposes of the Companies Act 2006, present their report with the financial statements of the charitable company for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objective and aims

The charitable company's objectives are to benefit the community by the provision and safeguarding of mental health, the relief of psychosocial rehabilitation of persons suffering from mental disorders or ill health being primarily, but not exclusively, those who are ordinarily resident within the Borough of Ealing.

Our Vision, Mission and Values (Reviewed 2024)

Vision

A world where individuals experiencing complex and enduring mental ill health build their emotional resilience and can live a fulfilled life.

Mission

Through our strengths-based approach, commitment to co-production, and collaborative efforts, we strive to fill the gaps in mental health services and help individuals thrive.

Values

The following values guide our behavior and inform all our work:

1. **Collaborative.** We will work collaboratively with other people who share our vision. We will ensure user voice is at the heart of service design and evaluation.
2. **Nurturing.** We will create a supportive, caring environment where individuals feel safe, valued, and empowered to grow.
3. **Trust.** We will build and maintain strong, reliable relationships with service users, staff, partners and the community. We will be honest, transparent, and consistent in actions, ensuring people feel safe, respected, and confident in the support they receive.
4. **Bold.** We will take courageous action to challenge stigma, advocate for change and innovate in the way support is provided. It involves thinking creatively, taking risks when necessary, and standing up for the needs and rights of those affected by mental health issues, even when it's difficult or unpopular.

Our Strategic Objectives 2025-2029

1. **RAISE AWARENESS** of CAPE as a respected provider of mental health services, to enable us to attract the funding and support needed to help more people. We will deliver on our promises; promote our achievements; build relationships with funders and commissioners; and be visible at a strategic and political level.
2. **HELP MORE PEOPLE** with complex and enduring mental ill health including those who are neuro diverse, because the need for mental health services for people living with complex mental health is rising. We will provide high quality services by continuously reviewing our client group's needs and our effectiveness and impact. We will replicate our model and expand our services into neighboring boroughs where there is an identified need. We aim to expand into 2 additional boroughs over the next 5 years.
3. **REBRAND** - we will rebrand the organization and change our legal name to reflect our new identity, to improve our visibility and reputation with partners, commissioners, funders, clients and the wider population.
4. **DIVERSIFY INCOME** with a focus on generating unrestricted and sustainable income and creating a balanced blend of income of unrestricted fundraising and grant and commissioning mix.
5. **WORK IN PARTNERSHIP** with local health partners towards a zero-suicide society.
6. **RECRUIT & RETAIN TALENT.** We will create a culture where people thrive by providing opportunities for professional development, where people are paid well for their work and everyone feels valued.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

Internal Improvements

This year has been one of growth and consolidation at CAPE. We welcomed two new Trustees to our Board, each bringing valuable expertise that strengthens our governance and broadens our perspective. A Board-wide skills audit has further helped us identify priority areas for development, ensuring that we continue to evolve and plan strategically for the future.

We are proud to have become an accredited London Living Wage employer, underlining our commitment to fairness and equity. Alongside this, we conducted a wage review to ensure CAPE remains competitive within the sector, helping us to retain and attract talented staff. These steps have already had a positive impact, with staff retention improving significantly and enabling greater continuity and stability in our services.

Investment in our infrastructure has also been a priority. We have equipped our staff with new IT systems to support flexible working and ensure compliance, reliability, and resilience. We also worked collaboratively as a team to develop a new business plan and future vision, setting the direction for the years ahead. Our rebrand, including a new logo and visual identity, reflects our values of hope, kindness, nurturing, and ambition. Building on this, we have begun developing a new website and CRM system to modernize our operations and improve accessibility for our clients and partners.

Our small, collaborative team of psychological strengths-based practitioners and psychotherapists delivers bespoke, client-centered care. We work closely with local Mental Health Integrated Network Team (MINT) hubs, who are also our primary source of referrals. Through this partnership, we are able to provide wraparound support, consulting on both medical and occupational health issues as they arise.

Service Delivery

Our commitment to providing high-quality, compassionate mental health support remains at the heart of everything we do. We expanded our clinical team this year, which has allowed us to operate more efficiently and increase the number of volunteer psychotherapists and clients we can support.

Our staff continue to prioritize professional development, with our Psychological Strengths-Based Practitioners advancing their skills through Alice Springs Training. Safeguarding remains a core focus: we completed a full safeguarding audit and all staff undertook updated safeguarding training, ensuring that our services remain safe, responsive, and client centered.

We have also sought to improve the client's experience more directly. Following consultations with clients, we have committed to embedding their feedback into our delivery plans for the coming year. This includes creating more opportunities for social and confidence-building activities. A highlight of the year was our first Wellbeing Event, which received excellent feedback and is now set to become a regular part of our annual calendar, with a commitment to hold at least two such events each year.

Partnerships and Community

Strong partnerships are central to our approach and impact. We are proud to maintain excellent relationships with our funders, commissioners, and partner organizations who share our values and vision.

This year, our CEO took on the role of Chair of the Ealing Suicide Prevention Steering Group and continues to represent CAPE on a range of strategic partnerships. We are delighted to continue our collaborative work with CGL, where CAPE provides specialist mental health expertise to support women facing multiple challenges. We are equally proud to work alongside the NHS in ensuring that adults on Serious Mental Illness (SMI) registers are able to access physical health checks with their local GP — a vital step in tackling health inequalities.

Risk Management

CAPE takes a proactive and robust approach to managing risk across all areas of our work. We regularly review our risk register at Board level, ensuring that financial, operational, clinical, and reputational risks are identified early and managed effectively. Our governance structures, policies, and procedures are kept under regular review, and staff are trained to follow clear safeguarding and compliance frameworks. By embedding risk management into our day-to-day practice, we protect the wellbeing of our clients, staff, and volunteers, while safeguarding the long-term sustainability of the organization.

Community Activities Project Ealing (CAPE)

NEED, ACHIEVEMENT AND PERFORMANCE

Context of Our Work

Ealing continues to face a heavy burden of mental ill health, with little sign of easing. As of May 2024, more than 20,000 adults in the borough were living with a diagnosed mental health condition — broadly unchanged from the previous year. Referrals to community mental health services such as CAPE have remained high, rising slightly to over 12,000 in the past year.

Hospital admissions following self-harm remain a significant concern, with more than 3,400 people admitted — a figure consistent with 2023. Tragically, 103 residents died by suicide over the past year. While this is a marginal reduction from the previous year's total, Ealing still has one of the highest suicide rates of any London borough, underlining the scale and persistence of the challenge.

What We Have Done – Overview

Psychotherapy Services

This year, CAPE has continued to strengthen its psychotherapy offer, delivering a wide range of talking therapies tailored to clients with complex needs. We provided 192 hours of external clinical supervision to support 15 volunteer psychotherapists and carried out 72 hours of clinical assessments for 36 clients requiring intensive support. Our 17 fourth-year volunteer psychotherapy placements delivered an impressive 2,160 hours of psychotherapy, enabling us to meet growing demand. Alongside this, clients had access to a variety of specialist therapeutic groups, including 30 weeks of Behavioral Activation Therapy, 32 weeks of Interpersonal Effectiveness Group Therapy, 32 weeks of Compassion-Focused Group Therapy for Psychosis, and 10 months of Mentalization- Based Therapy. In total, group therapy opportunities were extended to around 80 clients ready to engage at this level, giving more people the chance to benefit from structured, evidence-based interventions.

Community Mental Health Activities

Beyond formal therapy, CAPE's community mental health activities have played a vital role in supporting recovery, resilience, and social connection. We supported 300 clients with complex mental health needs, delivering 600 hours of Recovery Star assessments to shape personalized care plans and 9,600 hours of one-to-one psychological support focused on individual goals. Group activities provided safe, creative, and supportive environments for growth and expression, including 288 hours of the long-standing Hearing Voices Group, 288 hours of Art & Wellbeing sessions led by a qualified art therapist, and 80 hours of Women's Movement Therapy exploring emotions through movement and bodywork. We also offered 96 hours of weekly stretch classes in partnership with The Movement Charity, 100 hours of client-led peer support, and 108 hours of rotating Creative Writing and Mindfulness/Meditation groups. Together, these activities not only built skills and confidence but also created opportunities for connection, belonging, and hope.

Measuring Our Impact

At CAPE, we are committed to measuring our impact in a way that is both rigorous and meaningful. We combine the use of recognized clinical measures and the Recovery Star with ongoing analysis of service data to track progress and outcomes. Equally important, we listen closely to the voices of our clients, using their feedback to shape and refine our services. This year, clients told us: *"CAPE has given me the tools to rebuild my confidence,"* and *"The support here makes me feel seen and understood for the first time in years."* By balancing data-driven insights with lived experience, we ensure that our services are not only effective but also truly responsive to the needs of those we support.

Funding Mix and Sustainability

Financial sustainability remains a cornerstone of our strategy. Over the past year, we have not only increased our overall income but also achieved a healthier funding mix. We are careful to avoid over-reliance on any single source of income, ensuring that CAPE remains resilient and adaptable in a changing environment. Alongside statutory funding, we are working to expand income from trading through our charity shop and from individual donations, building stronger connections with our local community. To underpin our ambitions and support delivery of our new business plan, we have also developed a comprehensive fundraising strategy that will guide our efforts in the years ahead.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

FINANCIAL REVIEW

Financial Position

Income for the year increased by 8% to £675,491 (2024: £625,533). Expenditure increased by 15% to £584,440 (2024: £492,030). There was a surplus of £91,051 (2024: £133,503) for the year.

CAPE continues to keep tight control of its costs. The harsher and more competitive funding environment during COVID, which limited CAPE's ability to diversify our funding streams, has now improved and we have seen new funding streams coming through in the year.

CAPE's reserves policy was reviewed in 2025 by CAPE Trustee Board

Although there are still significant risks and challenges in the current environment, we are confident that we will continue to manage our financial sustainability through continual monitoring of expenditure, impact measurement and control over resource allocations throughout the life of the Business Plan.

Reserves Policy

The Board of the Trustees reviews CAPE reserves policy regularly.

In the Board of Trustees' view, the Reserves should provide CAPE with adequate financial stability and the means for it to meet its objectives for the foreseeable future. The Board seeks to retain adequate reserves, determining what level they should be by reviewing (i) the sustainability of current and projected income as compared with (ii) projected expenditure required to enable CAPE to meet client needs and (iii) to meet any contingent costs associated with a forced reduction in activity. Overall, the Board seeks to maintain enough reserves to provide stability and flexibility as the economic and funding environment changes.

We continue to successfully manage stabilizing statutory income, and our voluntary/earned income continues to hold at planned levels. CAPE regularly reviews its contingency plans for how expenditure would be reduced in the event of significant shortfalls in projected income and any associated one-off costs.

Unrestricted Reserves carried forward on 31 March 2025 are £317,720 (2024: £173,295). Raising unrestricted funds and donations post the COVID pandemic and current economic environment was challenging but due to the success of CAPE's trading subsidiary and additional income from Montpelier has seen a much-improved position.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charitable company was registered as a charity on 10 October 1997. The charitable company was incorporated on 13 June 1997 as a company limited by guarantee of its members and not having share capital. The charitable company is governed by its Memorandum and Articles of Association.

Community Activities Project Ealing (CAPE)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

CAPE is governed by a management committee comprising of the Board of Trustees who are also directors of the charitable company. The minimum number of members of the management committee is three and there is currently no maximum number.

The Board meets every three months.

At each Annual General Meeting one-third of the Board members for the time being, or if their number is not three or a multiple of three, then the nearest number one-third shall retire from office. The Board members to retire in every year shall be those who have been longest in office since their last election.

It is the responsibility of the existing management committee to recruit new members although some of the activities can be delegated. CAPE seeks to ensure that the management committee has a diverse range of skills and experience to support its work.

The decision to search for and select a new Trustee is taken by the management committee who will agree and document the particular skills, experience and knowledge that the new Trustee should bring to the management committee.

The Chief Executive Officer will run an appropriate search process to identify potential candidates.

The candidates to be reviewed will be interviewed by a sub-committee of the management committee consisting of the CEO and two other Trustees, one of whom should normally be the Chair. The interviewers do not have to meet as a panel, and they can meet a candidate at separate times.

Candidates can be invited to a management committee meeting as an observer or meet other Trustees and/or members of staff informally to enable the candidate to establish whether they are still happy to be elected to be a Trustee.

Candidates will be asked in writing to confirm they have not been disqualified from acting as Trustees and they should consider and declare any current or potential conflicts of interest.

Candidate references will be taken up by the Chief Executive Officer.

Once a preferred candidate has been identified, this candidate is proposed to the management committee who will then make the final decision on appointment.

Induction and training of new trustees

On appointment the new Trustee should be provided with the:

- a) most recent CAPE annual report
- b) latest management accounts
- c) Memorandum and Articles of Association for CAPE
- d) minutes of the most recent management committee meetings

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

Statement of Trustees' Responsibilities

The trustees (who are also the directors of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) for the purposes of company law) are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to.

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in Charity SORP.
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue the business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;
- and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Johnsons Chartered Accountants, will be re-appointed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees and signed on its behalf by:



H Dosanjh

Date: 14 November 2025

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Opinion

We have audited the financial statements of Community Activities Project Ealing (CAPE) (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied is applicable law and the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

In our opinion the financial statements:

- (i) give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- (ii) have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- (iii) have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Report of the independent auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report on in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- (i) the information given in the Report of the trustees is inconsistent in any material respect with the financial statements; or
- (ii) the charitable company has not kept adequate accounting records; or
- (iii) the financial statements are not in agreement with the accounting records and returns; or
- (vi) we have not received all the information and explanations we require for our audit.

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the independent auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

In identifying and assessing potential risks related to irregularities, including fraud and non-compliance with laws and regulations, we conducted:

- Discussions with those charged with governance and those who review the charitable company's internal ethics and compliance reporting summaries, including those concerning investigations;
- Enquiries of management, including obtaining and reviewing supporting documentation concerning the charitable material policies and procedures relating to identifying, evaluating and complying with laws and regulations; whether they were aware of any instances of non-compliance relating to the detecting and responding to the risks of fraud; whether they have knowledge of any actual, suspected or alleged fraud; and the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- Our reviews of the charitable company's remuneration policies, and key drivers for remuneration and bonus levels;
- Our assessment of the influence of public officials over the operations of the charitable company including any material transactions with related parties and key individuals; and
- Discussions among the engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. The engagement team includes the Audit Director and staff who have extensive experience of working with companies in the same sectors as the charitable company, and this experience was relevant to the discussion about where fraud risks may arise.

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Risks arising from legal and regulatory frameworks

We are also required to perform specific procedures to respond to the risk of management override. We also obtained an understanding of the legal and regulatory frameworks in which the charitable company operates, focusing on provisions of those areas that had a direct effect on the determination of material amounts and disclosures in the financial statements.

We did not identify any material audit matters related to the potential risk of fraud or non-compliance with laws and regulations from our work:

- (i) Reviewing management override of controls;
- (ii) Testing the appropriateness of journal entries and other accounting adjustments;
Assessing whether the judgements made in making accounting estimates are indicative of a potential bias;
- (iii) and
- (iv) Evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated our assessment of the relevant laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



J. Stuart Thomson MA CA MCT MCSI (Senior Statutory Auditor)
Johnsons Chartered Accountants
Ground Floor
1-2 Craven Road
Ealing
London, W5 2UA

Date: 17 November 2025

Community Activities Project Ealing (CAPE)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	<i>Total Funds 2024 £</i>
Income					
Donations and fundraising		145,525	-	145,525	128,484
Charitable activities		-	529,966	529,966	497,049
Total income		145,525	529,966	675,491	625,533
Expenditure:					
Charitable activities		-	584,440	584,440	492,030
Total expenditure		-	584,440	584,440	492,030
Net income/(expenditure)		145,525	(54,474)	91,051	133,503
Transfers between funds		(1100)	1,100	-	-
Net movement in funds		144,425	(53,374)	91,051	133,503
Reconciliation of funds					
Total funds brought forward		173,295	56,722	230,017	96,514
Total funds carried forward		317,720	3,348	321,068	230,017

Community Activities Project Ealing (CAPE)

Balance Sheet As at 31 March 2025

	Note	Unrestricted Fund	Restricted Fund	2025 Total Funds	2024 Total Funds
		£	£	£	£
Fixed assets					
Tangible Assets	6	12,880	3,348	16,228	12,771
Investments	7	1	-	1	1
		12,881	3,348	16,229	12,772
Current assets					
Debtors	8	33,347	-	33,347	31,014
Cash at bank and in hand		307,454	-	307,454	213,104
		340,801	-	340,801	244,118
Liabilities:					
Creditors: Amount falling due within one year	9	(35,962)	-	(35,962)	(26,873)
		304,839	-	304,839	217,245
Net current assets					
Total assets less current liabilities		317,720	3,348	321,068	230,017
Net Assets		317,720	3,348	321,068	230,017
Funds					
Restricted income funds	10			3,348	56,722
Unrestricted funds				317,720	173,295
Total Funds				321,068	230,017

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustee on 14 November 2025 and were signed on its behalf by:



.....
H Dosanjh - Trustee



.....
M M Little - Trustee

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements contain information about CAPE as an individual company and do not contain consolidated information as the parent of a group. The company is exempt under Section 399 of the Companies Act 2006 from the requirements to prepare consolidated financial statements as itself and its subsidiary undertaking are subject to the small companies regime.

Based on budgets and cash flow projections prepared, at the date of approving the financial statements, the trustees expect to have adequate resources to continue to operate for the foreseeable future. On this basis the financial statements have been prepared on the going concern basis.

1.2 Income

All income is recognized in the Statement of Financial Activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.3 Expenditure

Expenses are recognized as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property - Equally over the period of the lease

Kitchen equipment - 25% on reducing balance

Fixtures and fittings - 25% on reducing balance

Computer equipment - 25% on cost

1.5 Taxation

The charitable company is a registered charity and is exempt from all forms of taxation which are available to registered charities other than Value Added Tax. The charitable company is not registered for Value Added Tax. It is thus not able to recover input tax, where this is charged, and this tax is included with the relevant item of expenditure.

1.6 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charitable company.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7 Pensions

The charitable company operates a defined contributions scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: *continued*

2 Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	Total 2025 £	Total 2024 £
Auditors' remuneration	7,560	7,080
Auditors' remuneration for non-audit work	-	-
Depreciation - owned assets	5,271	4,889
	<hr/> <hr/>	<hr/> <hr/>

3 Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor the year ended 31 March 2024.

Trustee's Expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor the year ended 31 March 2024.

4 Staff costs

The average number of employees during the year was as follows:

	2025	2024
Management	1	1
Operations	11	8
	<hr/> 12	<hr/> 9
	<hr/> <hr/>	<hr/> <hr/>

One employee received emoluments in excess of £60,000 in the year ended 31 March 2025 and for the year ended 31 March 2024.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

5 Comparative - Statement of Financial Activities for the Year Ended 31 March 2024

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Income			
<i>Donations and fundraising</i>	128,484	-	128,484
<i>Charitable activities</i>		497,049	497,049
<i>Other trading activities</i>	-	-	-
Total income	128,484	497,049	625,533
Expenditure:			
<i>Charitable activities</i>	-	492,030	492,030
Total expenditure	-	492,030	492,030
Net income/(expenditure)	128,484	5,019	133,503
Transfers between funds	-	-	-
Net movement in funds	128,484	5,019	133,503
Reconciliation of funds			
<i>Total funds brought forward</i>	44,811	51,703	96,514
Total funds carried forward	173,295	56,722	230,017

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

6 Tangible fixed assets

	Improvement to property	Fixtures and Fittings	Computer equipment	Total
	£	£	£	£
Cost:				
At 1 April 2024	4,602	32,034	15,842	52,478
Additions at cost	-	912	7,816	8,728
At 31 March 2025	4,602	32,946	23,658	61,206
Depreciation:				
At 1 April 2024	4,602	20,525	14,580	39,707
Charge for year	-	2,626	2,645	5,271
At 31 March 2025	4,602	23,151	17,225	44,978
Net book value:				
At 31 March 2025	-	9,795	6,433	16,228
<i>At 31 March 2024</i>	<i>-</i>	<i>11,509</i>	<i>1,262</i>	<i>12,771</i>

7 Fixed Asset Investments

	Shares in group undertakings £
Market Value	
At 1 April 2024 and 31 March 2025	1
Net Book Value	
At 1 April 2023 and 31 March 2024	1

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

CAPE Shops Ltd

Nature of business: Charity shop

	% holding		
Class of share: Ordinary	100		
Aggregate capital and		31.3.25	31.3.24
reserves		11,552	11,111
Profit for the year		441	(349)

CAPE acquired 100% of the issued share capital of CAPE Shops Ltd on 25 January 2012.

Cape Shops Ltd raises funds for the charitable company by running a charity shop.

The charity shop opened for business on 10 April 2013.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

8 Debtors	2025	2024
Due within one year:	£	£
Prepayments	8,100	3,250
Other debtors	25,247	27,764
	33,347	31,014

9 Creditors	2025	2024
Amounts falling due within one year:	£	£
Trade creditors	9,270	7,934
Other creditors	26,692	18,939
	35,962	26,873

10 Leasing agreements

The minimum lease payments under operating leases fall due as follows:

	2025	2024
	£	£
Within one year	45,938	44,600
Between one and five years	146,249	192,187
	192,187	236,787

At 31 March 2025, the charitable company has a lease commitment until 31 March 2029, subject to a break clause exercisable on 1 April 2025 and 1 April 2027.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

11 Movement in Funds

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted Funds	173,295	145,525	(1100)	317,720
Restricted Funds	56,722	(54,474)	1,100	3,348
Total Funds	230,017	91,051	1,100.00	321,068

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted Funds	145,525	-	145,525
Restricted Funds	529,966	(584,440)	(54,474)
Total Funds	675,491	(584,440)	91,051

Restricted Funds comprise:	At 1.4.24	Incoming Resources	Resources Expended	Transfers from Unrestricted Funds	At 31.3.25
	£	£	£	£	£
London Borough of Ealing	-	301,550	(301,550)	-	-
Lloyds Bank Foundation	4,463	-	(1,115)	-	3,348
Industrial Therapy Organization	-	40,000	(40,000)	-	-
National Lottery	52,259	112,884	(165,143)	-	-
Change Grow Live	-	43,533	(43,533)	-	-
City Bridge	-	32,000	(32,000)	-	-
	56,722	529,967	(583,341)	-	3,348

Restricted Fund Asset split:	Fixed Assets	Debtors	Current assets	Creditors	At 31.3.25
	£	£	£	£	£
Lloyds Bank Foundation	3,348	-	-	-	3,348
	3,348	-	-	-	3,348

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

11 Movement in Funds - Continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted Funds	44,811	128,484	173,295
Restricted Funds	51,703	5,019	56,722
Total Funds	96,514	133,503	230,017

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	128,484	0	128,484
Restricted Funds	497,049	(492,030)	5,019
Total Funds	625,533	(492,030)	133,503

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted Funds	44,811	274,009	(1,100)	317,720
Restricted Funds	51,703	(49,455)	1,100	3,348
Total Funds	96,514	224,554	-	321,068

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	274,009	-	274,009
Restricted Funds	1,027,015	(1,076,470)	(49,455)
Total Funds	1,301,024	(1,076,470)	224,554

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

11 Movement in Funds - Continued

Unrestricted funds are made up of funds raised through donations and from fundraising events, as well as donations from the charitable company's trading subsidiary Cape Shops Ltd.

The restricted funds comprise of:

a) the mental health contract and grant for the provision of personal social care services for people suffering from mental health problems in the London Borough of Ealing.

b) grants and donations received from Industrial Therapy Organisation (Thames) Ltd, Change Grow Live, National Lottery fund and City Bridge to cover staff and other costs for provision of services to people with mental health problems in the London Borough of Ealing.

12 Related party disclosures

During the year the charitable company received a donation of £10,600 (2024: £20,611) from Cape Shops Limited.

The charitable company charged CAPE Shops Ltd a management charge of £6,000 during the year (2023: £6,000).

13 Liability of Members

The liability of each member is limited to £1 in the event of the company being wound up.

14 Post balance sheet events

There are no post balance sheet events to report on.

15 Controlling party

There is no controlling party.

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2025

	2025 £	2024 £
Income		
Donations and fundraising	145,525	128,484
Charitable activities		
Contract with London Borough of Ealing	226,050	173,699
Grant from London Borough of Ealing	75,500	115,062
Industrial Therapy Organisation (Thames) Ltd Grant	40,000	30,000
Change Grow Live	43,533	40,712
National Lottery	112,883	137,576
City of London	32,000	-
	529,966	497,049
Total incoming resources	675,491	625,533
Expenditure:		
Charitable activities		
Salaries	351,807	300,264
Social security costs	28,618	23,510
Pension contributions	12,316	15,395
Contract staff hire	25,888	16,042
Light, heat and water	22,301	17,226
Telephone	25,487	5,491
Postage and stationery	8,639	7,850
Travelling	2,449	1,631
Insurance	4,441	4,715
Office and kitchen cleaning	10,666	8,234
Activities	1,843	8,189
Repairs	1,217	759
Recruitment and Training	12,240	12,600
Payroll bureau fees	633	572
Bank charges	219	240
Rent	44,600	42,911
Subscriptions	4,054	6,705
Sundries	14,192	7,729
Carried forward	571,609	480,061

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2025

	2025 £	2024 £
Charitable activities		
Brought forward	571,609	480,061
Improvements to property	-	0
Depreciation of fixtures and fittings	2,626	4,198
Depreciation of computer equipment	2,645	691
	576,880	484,950
Support costs		
Governance costs		
Legal Fees	-	-
Auditors' remuneration	7,560	7,080
Other Accountancy Fees	-	-
	7,560	7,080
Total resources expended	584,440	492,030
Net Income/(expenditure)	91,051	133,503