

Company registration number: 03313461
Charity registration number: 1062548

North Staffs Carers Association

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Daryl Denson ACMA
VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

North Staffs Carers Association

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North Staffs Carers Association

Reference and Administrative Details

| | |
|--|---|
| Trustees | Peter Hailstones Linda Hailstones Christina Dudson Patricia Higgins Neil Chadwick Christine Warren Julie Hammersley |
| Secretary | Julie Hammersley, Chief Officer Anna Capper, Deputy Chief Officer |
| Senior Management / Leadership Team | |
| Charity Registration Number | 1062548 |
| Company Registration Number | 03313461 |
| Registered Office | The charity is incorporated in England. Suite 11 - 12 Trent House 234 Victoria Road Fenton Stoke-on-Trent ST4 2LW |
| Independent Examiner | Daryl Denson ACMA VAST The Dudson Centre Hope Street Hanley Stoke-on-Trent ST1 5DD |
| Bankers | Co-operative Bank |

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Objectives and activities

Objects and aims

North Staffs Carers exists to benefit Informal Carers of all ages by:

- o Offering support to Carers
- o Enlightening professionals about Carers
- o Aiding communication between Service Providers, Planners and Carers

o Offering support to Informal Carers involves:

- Providing information, training and ongoing emotional support to Carers of all ages, confidentially and in an appropriate manner.

o Enlightening professionals about Informal Carers involves:

- Offering information and training to groups or agencies who come into contact with Carers

o Aiding communication between Service Providers, Planners and Informal Carers involves:

- Facilitating communication and consultation between Carers and the Purchasers and Providers of Services.
- Seeking and representing the views of Carers on the planning and delivery of services

Objectives, strategies and activities

Services provided by the Association continue to be appreciated and needed by Carers. Our services consist of: Support Services, achieved, in the main, through telephone, a Drop-in facility and Case Workers. The Carers' Noticeboard and leaflets are an invaluable source of information to Carers and a useful resource for practitioners. Demand for the leaflets and up to date information continues to grow.

Young Carers projects continue to provide age related activities, groups and outings supporting each Young Carer with their individual needs whilst continuously encouraging them to meet their aspirations whilst having a life outside the caring role.

Adult Services have continued to provide a much needed support programme for Carers, some of whom are entering a crisis situation. The service allowed Carers to have a tiered service for the varying stages of the caring role from crisis moving onto group work and finally a befriending service.

Public benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Charity Commission for England and Wales, in exercising their powers or duties by continuing to strive to ensure that the opportunity to benefit informal, unpaid Carers in the North Staffordshire area by offering the Carers information, training and ongoing support, in the most appropriate way, to Carers of all ages, ensuring that each case is treated in a confidential manner via the Significant Activities listed. North Staffs Carers Association offers information and training to professionals who come into contact with informal Carers and look to facilitate communication and consultation between informal Carers and purchasers and providers of services. North Staffs Carers Association seek and represent the views of informal Carers on the planning and delivery of services, and continues to strive to identify and implement opportunities to improve the service to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Achievements and performance

Young Carers

During this year financial year we have continued to work closely with Young Carers, providing a holistic family approach around the much needed services and support for Young Carers and their families across North Staffordshire. This has been achieved through the All Age Carers Support Service (SOT City Council) and Children in Need as the Association was granted a one year extension for this project which will come to an end in June 2023.

The Young Carers Team supports Young Carers on a one to one basis, offers support within schools and colleges, with an in house counselling service for those Young Carers needing more in depth emotional support. The project also offers a selection of fun activities and age appropriate training sessions.

If a Young Carer is referred into the project and they need one to one support they are assigned a named support worker who works closely with them working through the Health and Wellbeing One to One Sessions which has been developed during the past 12 months. The support worker will identify family strengths as well as difficulties and challenges facing the Young Carer as a result of their caring role. Working with the family, putting in place positive actions and interventions in order to ensure that the identified needs are addressed and will work with the Young Carer and their family to resolve these needs.

As part of our Young Carers support we have a Young Carers Counsellor who has offered a specialised counselling service for more complex and deep rooted Carer issues and gives the Young Carers the chance to speak confidentially and openly to someone outside the family. Young Carers have received a course of 6 counselling sessions which has helped to reduce anxieties through empathetic listening, explore opportunities, coping strategies, knowledge and empowerment to increase confidence, feelings of control therefore leading to improved mental health and wellbeing.

In addition to the above, Young Carers have benefitted from short breaks from their caring responsibilities giving Young Carers a chance for them to be children, improve their confidence, physical and emotional wellbeing, life skills and provide opportunities to form friendships, and gain peer-to-peer support in a timely manner.

Awareness Raising Sessions remain an important part of the team's work. The Young Carers Team visit schools and colleges in which pupils attend wellbeing sessions and previously unknown Young Carers have the opportunity to identify themselves. In addition, to the awareness raising sessions we attend parents evenings, open days and events to promote our support and services that are provided for the Young Carer and their family. Each school has a Young Carers Champion who we work with to provide information and support to Young Carers. Posters and leaflets are left in every school and college we attend.

Young Carers have had the opportunity to go camping, attended Halloween and Christmas parties, many trips and activities during the summer holidays as well as attending weekly groups which have been facilitated by North Staffs Carers and the YMCA.

The Young Carers team continue to developed excellent working relationships with the Young Carers Assessment Team, along with professionals and other agencies.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Website and Social Media

North Staffs Carers Association website www.carersfirst.com is continually audited and adapted to ensure continuous development to reflect the changes within North Staffs Carers and the services it provides to Carers.

The website benefits informal Carers of all ages and continues to raise Awareness of Carers issues and their needs. It assists in Carers been able to identify themselves as a Carer, giving them easy access to information 24/7.

Our 'Carersfirst' website is user friendly and interactive, which offers information and advice regarding services and support available from North Staffs Carers as well as signposting to other Organisations and Service Providers. There is incorporated onto the website an on-line referral form which is simple and easy to use for both Carers and professionals. Over the past 12 months we have seen a huge increase in this method of referrals being made through the on-line referral portal.

Via our social media platforms, we continually engage and interact with Carers, organisations, professionals and service providers and the local business community. It is a fast and efficient method of sharing our news, activities and current Carers' issues to a wide target audience.

Adult Projects

Many Carers experience stress, anxiety, and depression due to the demands of the caring role. During the past year we have been funded by the National Lottery for our My Caring Journey project, Stoke-on-Trent City Council and Stoke CCG for the All Age Carers Support Service, Awards for All for our Carer Community Champions project and Stoke-on-Trent Community Investment Fund.

Our Adult Carers team has been extremely busy throughout the year providing seamless support tailored to the Carers individual needs. The Team have ensured that Carers are at a lower risk of reaching crisis point by providing up to date, relevant information, guidance, and support enabling Carers to be better informed in continuing in their caring role, giving the Carer peace of mind as to what direction they need to take and the confidence that they are doing the right thing by their loved one.

During the initial visit Carers are provided with the "My Caring Journal" which assists Carers in reducing stress and anxiety experienced in their caring role. The Journal has benefited Carers by acting as a communication tool whilst encouraging partnership working. North Staffs Carers has received feedback from Carers who have said it has helped them to make a contingency plan and plan for any future emergencies which has taken some pressure off the Carers within their caring role. They have also found it very useful when having visits from various professionals and not having to continuously repeat themselves. They also like the back of the journal which has useful numbers for Carers to contact in emergencies.

All in all, the journal has benefited both the Carers and professionals involved with Carer, leading to services becoming less disjointed and preventing duplication of support being offered.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

During the past 12 months over 600 My Caring Journals have been given to Carers and Professionals.

With the support offered from the team Carers have improved health and wellbeing through reducing the inequalities and improving access to support available. Carers feel better able to cope and manage with the demands of their caring roles, therefore less likely to become physically and emotionally unwell.

The Adult Carers team have worked closely with many partnership organisations in order to provide a holistic support network for Carers.

During the past 12 months we have increased types of support for the younger adult Carer, continuously looking at ways of encouraging engagement and participation in Carers within the age group of 18 to 35. We have run a monthly group and have made contact with all Young Adult Carers of this age range and contacted any young carer transitioning into adult carer services. We have also contacted local colleges and universities to promote Carer Awareness to this age group.

The funds from Stoke-on-Trent Community Investment Fund has allowed us to equip our Wellbeing Room which has provided Carers a place to accessing counselling sessions, complimentary therapies and sensory sessions. It has also provided a space for Carers to have some me time away from their caring role and somewhere where they can speak to someone in a safe relaxing environment confidentially.

Over the last 12 months we have offered 213 one to one specialised counselling sessions for more complex and deep rooted Carer issues to adult Carers. These sessions have given Carers the chance to speak confidentially and openly to someone outside the family and have helped to reduce anxieties through empathetic listening, exploring opportunities, working through coping strategies, gaining knowledge and empowerment that has increased confidence, their feelings of control therefore leading to improved mental health and wellbeing.

After counselling sessions and one to one support with the Support worker has been completed the Carer may have needed additional emotional support, at this point they would of been allocated to receive a befriending call from one of our volunteer Befrienders.

During the past year we have been working in partnership Dementia UK, with an Admiral Nurse who comes into the Carers Wellbeing Room each month to offer practical support and advice to Carers who are caring for someone with memory problems. This service has proved to be very popular and invaluable to Carers within our local community. Alongside this we have also been working in partnership with the Alzheimers Society to offer one to one drop in sessions and carry our joint visits so that both the Carer and cared for can be supported.

During the last financial year we have again worked in partnership with Beswicks Solicitors who have kindly volunteered to offer free legal advice to Carers within North Staffordshire. A monthly clinic is held and we have been able to offer 60 legal advice sessions to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

During the past year we have given support to Carers which has benefited them through financial hardship. The projects have identified and tackled these issues with the Carer which were highlighted during the initial contact/visit.

During this financial year we have seen the country struggling with the economic crisis and have seen a huge increase in Carers needing financial advice and support. Support has been given to over 200 Carers which has benefited them through financial hardship.

162 applications/referrals to Department of Work and Pensions have been completed to maximise Carer income.

974 referrals have been made to many various organisations to support the Carer around practical, emotional, legal and financial issues.

By accessing support we have empowered Carer independence, provided the option of a life outside of Caring with a menu of choice for activities and social events.

Our community groups and clubs have given both our Carers and volunteers the opportunity to find themselves again. It is so important for all Carers to not lose their own identity and be able to find happiness and feel supported and not alone during these challenging times. Most of our community groups and clubs are Carer and volunteer led. Most of our volunteers are Carers themselves or have once been in a caring role.

A caring role can cause so many to feel alone, where at our clubs we bring carers together, who would have never met before. Carer meeting Carer is one of the best supports. At our clubs everyone understands each other's needs and will do their utmost to help one another. All activities and ideas for our clubs come from the carers themselves.

At NSC we pride ourselves in providing a tailor made personalised service to meet Carers individual needs in a prompt and professional manner in an ever changing social and economic environment.

As always our services are guided by listening to Carers and a commitment to inclusivity for all. Our services are for Carers developed by Carers.

Financial review

See pages 10-26

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure. This provides sufficient funds to cover management, administration and support costs and to respond to emergency applications for grants, which arise from time to time. At the period end Unrestricted Funds were £192,689 (2022: £179,534) of which £105,150 (2022: £105,187) were designated and £17,409 (2022: £17,308) were fixed assets.

North Staffs Carers Association
Directors Report (Incorporating Trustees' Report)

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

Peter Hailstones
Linda Hailstones
Christina Dudson
Patricia Higgins
Neil Chadwick
Christine Warren

Secretary:

Julie Hammersley

Senior Management / Leadership Team: Julie Hammersley, Chief Officer
Anna Capper, Deputy Chief Officer

Structure, governance and management

Recruitment and appointment of trustees

As set out in the Articles of Association the trustees by ordinary resolution may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not exceed any number set as a maximum in the articles.

At every Annual General Meeting one third of trustees who are subject to retirement by rotation shall retire from office.

If the charity at the meeting at which a trustee retires by rotation, does not fill the vacancy the retiring trustee shall, if willing to act, be deemed to have been reappointed unless at the meeting it is resolved not to fill the vacancy unless a resolution for the reappointment of the trustees is put to the meeting and lost.

Induction and training of trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

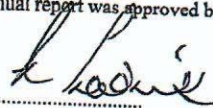
North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 11/10/2013 and signed on its behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Independent Examiner's Report to the trustees of North Staffs Carers Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of North Staffs Carers Association as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
Daryl Denson ACMA

VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Date:.....17/10/2023

North Staffs Carers Association

**Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

| | Note | Unrestricted funds £ | Restricted funds £ | Total 2023 £ |
|------------------------------------|------|----------------------------|--------------------------|-----------------------|
| Income and Endowments from: | | | | |
| Donations and legacies | 3 | <u>15,282</u> | <u>402,012</u> | <u>417,294</u> |
| Total income | | <u>15,282</u> | <u>402,012</u> | <u>417,294</u> |
| Expenditure on: | | | | |
| Charitable activities | 7 | <u>(1,940)</u> | <u>(376,310)</u> | <u>(378,250)</u> |
| Total expenditure | | <u>(1,940)</u> | <u>(376,310)</u> | <u>(378,250)</u> |
| Net income | | <u>13,342</u> | <u>25,702</u> | <u>39,044</u> |
| Net movement in funds | | 13,342 | 25,702 | 39,044 |
| Reconciliation of funds | | | | |
| Total funds brought forward | | <u>179,534</u> | <u>41,202</u> | <u>220,736</u> |
| Total funds carried forward | 17 | <u><u>192,876</u></u> | <u><u>66,904</u></u> | <u><u>259,780</u></u> |

The notes on pages 13 to 26 form an integral part of these financial statements.

North Staffs Carers Association

**Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

| | Note | Unrestricted funds £ | Restricted funds £ | Total 2022 £ |
|------------------------------------|------|----------------------------|--------------------------|-----------------------|
| Income and Endowments from: | | | | |
| Donations and legacies | | | | |
| Other trading activities | 3 | 4,654 | 330,014 | 334,668 |
| Other income | 4 | - | 1,932 | 1,932 |
| Total income | 5 | <u>17,717</u> | - | <u>17,717</u> |
| | | <u>22,371</u> | <u>331,946</u> | <u>354,317</u> |
| Expenditure on: | | | | |
| Raising funds | | | | |
| Charitable activities | 6 | - | (12) | (12) |
| Total expenditure | 7 | <u>(7,164)</u> | <u>(379,665)</u> | <u>(386,829)</u> |
| Net income/(expenditure) | | <u>(7,164)</u> | <u>(379,677)</u> | <u>(386,841)</u> |
| Transfers between funds | | 15,207 | (47,731) | (32,524) |
| Net movement in funds | | <u>1,907</u> | <u>(1,907)</u> | - |
| Reconciliation of funds | | 17,114 | (49,638) | (32,524) |
| Total funds brought forward | | <u>162,420</u> | <u>90,840</u> | <u>253,260</u> |
| Total funds carried forward | 17 | <u><u>179,534</u></u> | <u><u>41,202</u></u> | <u><u>220,736</u></u> |

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 13 to 26 form an integral part of these financial statements.

North Staffs Carers Association
(Registration number: 03313461)
Balance Sheet as at 31 March 2023


| | Note | 2023 £ | 2022 £ |
|---|------|-----------------|----------------|
| Fixed assets | | | |
| Tangible assets | 13 | 6,468 | 17,308 |
| Current assets | | | |
| Debtors | 14 | 83,380 | 13,750 |
| Cash at bank and in hand | 15 | <u>180,679</u> | <u>196,605</u> |
| | | 264,059 | 210,355 |
| Creditors: Amounts falling due within one year | 16 | <u>(10,747)</u> | <u>(6,927)</u> |
| Net current assets | | <u>253,312</u> | <u>203,428</u> |
| Net assets | | <u>259,780</u> | <u>220,736</u> |
| Funds of the charity: | | | |
| Restricted income funds | | | |
| Restricted funds | | 66,904 | 41,202 |
| Unrestricted income funds | | | |
| Unrestricted funds | | <u>192,876</u> | <u>179,534</u> |
| Total funds | 17 | <u>259,780</u> | <u>220,736</u> |

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 10 to 26 were approved by the trustees, and authorised for issue on 11/10/2023 and signed on their behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:
Suite 11 - 12
Trent House
234 Victoria Road
Fenton
Stoke-on-Trent
ST4 2LW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

North Staffs Carers Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

| Asset class | Depreciation method and rate |
|-------------------------|------------------------------|
| Furniture and equipment | Straight line over 3 years |
| Motor Vehicles | Straight line over 4 years |

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from donations and legacies

| | Unrestricted funds Designated £ | Restricted funds £ | Total 2023 £ |
|-----------------------------------|--|-----------------------------------|-----------------------------|
| Donations and legacies; | | | |
| Donations to major appeals | 15,282 | 78 | 15,360 |
| Grants, including capital grants; | | | |
| Big Lottery Fund | - | 108,346 | 108,346 |
| BBC Children in Need | - | 41,790 | 41,790 |
| Stoke-on-Trent City Council | - | 251,798 | 251,798 |
| | <u>15,282</u> | <u>402,012</u> | <u>417,294</u> |
| | Unrestricted funds General £ | Restricted funds £ | Total 2022 £ |
| Donations and legacies; | | | |
| Donations to major appeals | 4,654 | - | 4,654 |
| Grants, including capital grants; | | | |
| Big Lottery Fund | - | 98,716 | 98,716 |
| BBC Children in Need | - | 32,975 | 32,975 |
| Stoke-on-Trent City Council | - | 198,323 | 198,323 |
| | <u>4,654</u> | <u>330,014</u> | <u>334,668</u> |

4 Income from other trading activities

| | | Total 2023 £ |
|-----------------------------------|-----------------------------------|-----------------------------|
| | | - |
| | Restricted funds £ | Total 2022 £ |
| Lotteries and competitions income | 1,932 | 1,932 |
| | <u>1,932</u> | <u>1,932</u> |

5 Other income

| | | Total 2023 £ |
|----------------------|---|-----------------------------|
| | | - |
| | Unrestricted funds General £ | Total 2022 £ |
| Miscellaneous income | 17,717 | 17,717 |
| | <u>17,717</u> | <u>17,717</u> |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on raising funds

a) Costs of trading activities

| | Note | Total 2023 £ |
|----------------------------|--------------------------|--------------------|
| | Restricted funds £ | Total 2022 £ |
| Fundraising trading costs; | Note | |
| Fundraising | 12 | 12 |
| | 12 | 12 |

7 Expenditure on charitable activities

| | Charitable Activities £ | Total 2023 £ |
|----------------------------------|-------------------------------|--------------------|
| Wages | 138,478 | 138,478 |
| Social security | 6,279 | 6,279 |
| Pensions | 3,036 | 3,036 |
| Other staff costs | 4,250 | 4,250 |
| Postage, printing and stationery | 1,653 | 1,653 |
| Carers activities and sundries | 5,665 | 5,665 |
| Carers wellbeing budget | 10,174 | 10,174 |
| Depreciation | 10,840 | 10,840 |
| Support costs allocated (note 9) | 197,875 | 197,875 |
| | 378,250 | 378,250 |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

| | Charitable Activities | Total 2022 |
|----------------------------------|----------------------------------|-----------------------|
| | £ | £ |
| Wages | 191,719 | 191,719 |
| Social security | 10,010 | 10,010 |
| Pensions | 4,139 | 4,139 |
| Other staff costs | 4,009 | 4,009 |
| Staff training | (996) | (996) |
| Postage, printing and stationery | 1,697 | 1,697 |
| Volunteer expenses | 715 | 715 |
| Carers activities and sundries | 42,855 | 42,855 |
| Carers wellbeing budget | 3,959 | 3,959 |
| Sundries | 165 | 165 |
| Support costs allocated (note 9) | <u>128,570</u> | <u>128,570</u> |
| | <u>386,842</u> | <u>386,842</u> |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

8 Analysis of governance and support costs

Charitable activities expenditure

| | Support Costs | Total 2023 |
|--------------------------------|----------------|----------------|
| | £ | £ |
| Wages | 92,331 | 92,331 |
| Social security | 4,384 | 4,384 |
| Pensions | 1,858 | 1,858 |
| Repairs & Insurance | 3,264 | 3,264 |
| Information technology | 4,999 | 4,999 |
| Post, printing and stationery | 1,622 | 1,622 |
| Subscriptions | 1,164 | 1,164 |
| Equipment | 3,134 | 3,134 |
| Carers activities and sundries | 1,795 | 1,795 |
| Accountancy fees | 2,484 | 2,484 |
| Telephone | 5,508 | 5,508 |
| Bank charges | 781 | 781 |
| Utilities | 231 | 231 |
| Rent | 34,998 | 34,998 |
| Professional fees | 3,366 | 3,366 |
| Independent examination fee | 1,680 | 1,680 |
| Partnership Costs | 34,276 | 34,276 |
| | <u>197,875</u> | <u>197,875</u> |

| | Support Costs | Total 2022 |
|-------------------------------|----------------|----------------|
| | £ | £ |
| Wages | 58,034 | 58,034 |
| Social security | 2,902 | 2,902 |
| Pensions | 2,750 | 2,750 |
| Repairs & Insurance | 3,889 | 3,889 |
| Information technology | 6,125 | 6,125 |
| Post, printing and stationery | 1,109 | 1,109 |
| Subscriptions | 900 | 900 |
| Depreciation | 7,605 | 7,605 |
| Accountancy fees | 1,466 | 1,466 |
| Telephone | 9,985 | 9,985 |
| Bank charges | 500 | 500 |
| Utilities | 472 | 472 |
| Rent | 29,946 | 29,946 |
| Professional fees | 1,207 | 1,207 |
| Independent examination fee | 1,680 | 1,680 |
| | <u>128,570</u> | <u>128,570</u> |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

Governance costs

| | Unrestricted funds General £ | Total 2023 £ |
|---|---|-----------------------------|
| Independent examiner fees | | |
| Examination of the financial statements | 1,680 | 1,680 |
| Other fees paid to examiners | 2,484 | 2,484 |
| | <u>4,164</u> | <u>4,164</u> |
| | Unrestricted funds General £ | Total 2022 £ |
| Independent examiner fees | | |
| Examination of the financial statements | 1,680 | 1,680 |
| Other fees paid to examiners | 1,466 | 1,466 |
| | <u>3,146</u> | <u>3,146</u> |

9 Government grants

During the period the charity received grants from the Big Lottery of £88,346 (2022: £98,716), Stoke-on-Trent City Council of £251,798 (2022: £198,323) and £nil (2022: £nil) from HMRC as part of the Job Retention Scheme. The amount of grants recognised in the financial statements was £340,144 (2022 - £297,039).

There were no unfulfilled conditions.

The charity has received no other forms of government assistance.

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Staff costs

The aggregate payroll costs were as follows:

| | 2023 £ | 2022 £ |
|--|-----------|-----------|
| Staff costs during the year were: | | |
| Wages and salaries | 230,809 | 249,753 |
| Social security costs | 10,663 | 12,911 |
| Pension costs | 4,894 | 6,889 |
| | 246,366 | 269,553 |

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

| | 2023 No | 2022 No |
|-----------------------------|------------|------------|
| Average number of employees | 9 | 9 |

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £73,503 (2022 - £76,618).

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

| | Furniture and equipment £ | Motor vehicles £ | Total £ |
|-----------------------|---------------------------------|---------------------|------------|
| Cost | | | |
| At 1 April 2022 | 9,702 | 30,421 | 40,123 |
| At 31 March 2023 | 9,702 | 30,421 | 40,123 |
| Depreciation | | | |
| At 1 April 2022 | - | 22,815 | 22,815 |
| Charge for the year | 3,234 | 7,606 | 10,840 |
| At 31 March 2023 | 3,234 | 30,421 | 33,655 |
| Net book value | | | |
| At 31 March 2023 | 6,468 | - | 6,468 |
| At 31 March 2022 | 9,702 | 7,606 | 17,308 |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Debtors

| | 2023 | 2022 |
|---------------|---------------|---------------|
| | £ | £ |
| Trade debtors | 79,630 | 10,000 |
| Prepayments | 3,541 | 3,541 |
| Other debtors | 209 | 209 |
| | <u>83,380</u> | <u>13,750</u> |

15 Cash and cash equivalents

| | 2023 | 2022 |
|--------------|----------------|----------------|
| | £ | £ |
| Cash on hand | 858 | 2,068 |
| Cash at bank | 179,821 | 194,537 |
| | <u>180,679</u> | <u>196,605</u> |

16 Creditors: amounts falling due within one year

| | 2023 | 2022 |
|------------------------------------|---------------|--------------|
| | £ | £ |
| Trade creditors | 7,925 | 4,232 |
| Other taxation and social security | 13 | - |
| Pension scheme creditor | 1,129 | 1,015 |
| Accruals | 1,680 | 1,680 |
| | <u>10,747</u> | <u>6,927</u> |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Funds

Unrestricted funds

| | Balance at 1 April 2022 £ | Incoming resources £ | Resources expended £ | Balance at 31 March 2023 £ |
|--------------------------------------|---------------------------------|----------------------------|----------------------------|----------------------------------|
| Unrestricted funds | | | | |
| <i>General</i> | | | | |
| General | 74,347 | 15,132 | (1,940) | 87,539 |
| <i>Designated</i> | | | | |
| Payroll | 75,502 | - | - | 75,502 |
| Overheads | 13,175 | - | - | 13,175 |
| Carers Centre | - | - | (37) | (37) |
| Adult Carers | 3,765 | - | - | 3,765 |
| Young Carers | 12,745 | - | - | 12,745 |
| | <u>105,187</u> | <u>-</u> | <u>(37)</u> | <u>105,150</u> |
| Total unrestricted funds | <u>179,534</u> | <u>15,132</u> | <u>(1,977)</u> | <u>192,689</u> |
| Restricted funds | | | | |
| Young Carers | 2,508 | - | - | 2,508 |
| Mental Health Worker | 6,366 | - | - | 6,366 |
| Young Carers County | 9,984 | - | - | 9,984 |
| My Caring Journey | (2,612) | - | - | (2,612) |
| All Age Carers | (18) | 257,976 | (244,204) | 13,754 |
| Musketeers | 3,866 | - | - | 3,866 |
| Rapid Response Service | 4,289 | - | - | 4,289 |
| BBC Children in Need | 16,819 | 41,940 | (33,272) | 25,487 |
| Big Lottery | - | 88,346 | (88,447) | (101) |
| Community Group Support Champions | - | 10,000 | (7,317) | 2,683 |
| Community Investment Fund | - | 3,900 | (3,033) | 867 |
| Total restricted funds | <u>41,202</u> | <u>402,162</u> | <u>(376,273)</u> | <u>67,091</u> |
| Total funds | <u>220,736</u> | <u>417,294</u> | <u>(378,250)</u> | <u>259,780</u> |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

| | Balance at 1 April 2021 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2022 £ |
|---------------------------------|---------------------------------|----------------------------|----------------------------|----------------|-------------------------------------|
| Unrestricted funds | | | | | |
| <i>General</i> | | | | | |
| General | 57,112 | 22,121 | (6,793) | 1,907 | 74,347 |
| <i>Designated</i> | | | | | |
| Payroll | 75,502 | - | - | - | 75,502 |
| Overheads | 13,175 | - | - | - | 13,175 |
| Adult Carers | 3,515 | 250 | - | - | 3,765 |
| Young Carers | 13,116 | - | (371) | - | 12,745 |
| | <u>105,308</u> | <u>250</u> | <u>(371)</u> | <u>-</u> | <u>105,187</u> |
| Total unrestricted funds | <u>162,420</u> | <u>22,371</u> | <u>(7,164)</u> | <u>1,907</u> | <u>179,534</u> |
| Restricted | | | | | |
| Carers Main | 33,736 | - | - | (33,736) | - |
| Young Carers | 2,508 | - | - | - | 2,508 |
| Mental Health Worker | 6,366 | - | - | - | 6,366 |
| Carers Centre | - | 1,932 | 67 | (1,999) | - |
| Young Carers County | 9,984 | - | - | - | 9,984 |
| My Caring Journey | - | 98,716 | (101,328) | - | (2,612) |
| All Age Carers | - | 198,323 | (232,077) | 33,736 | (18) |
| Musketeers | 3,866 | - | - | - | 3,866 |
| Seasons of Care continuation | - | - | (92) | 92 | - |
| Rapid Response Service | 4,289 | - | - | - | 4,289 |
| Young Carers Forum | 3,551 | - | (3,551) | - | - |
| BBC Children in Need | 8,016 | 32,975 | (24,172) | - | 16,819 |
| 7 Stars | 13,277 | - | (13,277) | - | - |
| Amazing Memories | 5,247 | - | (5,247) | - | - |
| Total restricted funds | <u>90,840</u> | <u>331,946</u> | <u>(379,677)</u> | <u>(1,907)</u> | <u>41,202</u> |
| Total funds | <u>253,260</u> | <u>354,317</u> | <u>(386,841)</u> | <u>-</u> | <u>220,736</u> |

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

The specific purposes for which the funds are to be applied are as follows:

Restricted Funds

Carers Main - Identify hidden Carers(>18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Young Carers - Identify hidden Carers(5-18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Mental Health Worker - Provision of a Support Worker to work with Carers looking after someone with a Mental Illness

Carers Centre - Provide meeting place for Carers to come together with a variety of groups and one to one activities

Young Carers County - Identify hidden Carers (5-18), provide emotional support wholistically improving emotional and physical wellbeing in Newcastle/Moorlands

Musketeers - Tackles poor mental, emotional and physical health, improving YC's social life and educational attainment

Seasons of Care Continuation - Expansion of work providing support through transition to Carers including Health and Wellbeing.

Rapid Response Service - Rapid Response service to Carers through key transition points.

Young Carers Forum - Rucruitment and promotion of the Young Carers Forum

BBC Children in Need - To support young carers

7 Stars - Counselling for Young Carers

Amazing Memories - Adult group activities for Carers and Cared for with Dementia.

My Caring Journey - Funding from Big Lottery

All Aged Carers - Funding from Stoke-on-Trent City Council

Community Group Support Champions

Community Investment Fund

Designated Funds

Payroll - To cover payroll costs in the event of loss of funding

Overheads - To cover overheads in the event of loss of funding

Young Carers - To provide support for young carers

Adult Carers - To provide support for adult carers

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Analysis of net assets between funds

| | Unrestricted funds | | Restricted funds £ | Total funds at 31 March 2023 £ |
|-------------------------|--------------------|-----------------|-----------------------|---|
| | General £ | Designated £ | | |
| Tangible fixed assets | 6,468 | - | - | 6,468 |
| Current assets | 91,818 | 105,150 | 67,091 | 264,059 |
| Current liabilities | (10,747) | - | - | (10,747) |
| Total net assets | 87,539 | 105,150 | 67,091 | 259,780 |

| | General £ | Unrestricted funds | Other £ | Total funds at 31 March 2022 £ |
|-------------------------|---------------|--------------------|---------------|---|
| | | Designated £ | | |
| Tangible fixed assets | 17,308 | - | - | 17,308 |
| Current assets | 63,966 | 105,187 | 41,202 | 210,355 |
| Current liabilities | (6,927) | - | - | (6,927) |
| Total net assets | 74,347 | 105,187 | 41,202 | 220,736 |

19 Related party transactions

There were no related party transactions in the year.