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**SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)**

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**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

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**SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)**

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**CHARITY INFORMATION**

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<b>Charity registration number</b>	1061429
<b>Charity address</b>	c/o Slimming World Clover Nook Industrial Estate Clover Nook Road Somercotes Derbyshire DE55 4RF
<b>Trustees</b>	Margaret Glynis Whittaker Lisa Teresa Salmon Janice Boxshall
<b>Bankers</b>	Barclays Bank Plc PO Box 57 Market Place Mansfield Nottinghamshire NG18 1HY
<b>Independent examiner</b>	Christopher Bagnall FCA Grant Thornton UK LLP Chartered Accountants 1 Holly Street Sheffield South Yorkshire S1 2GT

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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

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The trustees present their report together with the financial statements of Slimmers Making It a Little Easier for Someone (SMILES) ("the charity") for the year ended 31 March 2024. The trustees confirm that the Trustees' report and financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**Governance and Management**

Since its inception and subsequent registration on 14 February 1997 and 20 March 1997 respectively, the charity has received direct donations from the members of Slimming World classes and people associated with Slimming World. It has also received donations from Miles-Bramwell Executive Services Limited, donated from its trading activities.

Slimmers Making It a Little Easier for Someone (SMILES), Clover Nook Industrial Estate, Clover Nook Road, Somercotes, Derbyshire, DE55 4RF is registered with the Charity Commission (No: 1061429) and constituted by Deed of Trust dated 14 February 1997. Various administrative expenses relating to this charity are borne by Miles-Bramwell Executive Services Limited.

The charity is administered by the trustees, namely:

Margaret Glynis Whittaker  
Lisa Teresa Salmon  
Janice Boxshall

Trustees are appointed by resolution of the trustees at a special meeting.

**Objective**

The objective of the charity is to raise funds and apply them for or towards such charitable purposes and to make donations to such charitable institutions at such times and in such a manner as the trustees may, in their absolute discretion, think fit.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy for the year.

**Grants policy and activities**

The main area of charitable activity lies in the donation of monies to various national charities at the discretion of the trustees. Donations are not necessarily made on an annual basis but a pool of funds is gradually built up by the charity in order to make substantial donations at the instruction of the trustees.

The trustees seek to benefit the public through the donations made to charitable causes within the conditions of the trust deed.

**REPORT OF THE TRUSTEES (continued)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Financial review**

The attached financial statements give details of the financial transactions in the year and the financial position of the charity at the end of the year.

The donations received in the year amounted to £109,621 (2023 - £176,733).

The donations paid in the year amounted to £85,289 (2023 - £212,177). This comprised donations of £25,182 (2023 - £141,778) to Cancer Research UK and £60,107 (2023 - £70,339) to Alzheimer's Research UK.

The net income/(expenditure) in the year amounted to £22,111 (2023 – (£33,705)).

At 31 March 2024 the trustees held £15,751 (2023 - £15,741) as unrestricted funds and £161,811 (2023 - £139,710) as restricted funds.

**Going Concern**

The trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

**Plans for future periods**

The charity plans to carry on with the activities outlined above and will continue to build up funds in order to make donations at the discretion of the trustees.

**Reserves policy**

The trustees hold an unrestricted funds reserve at a minimum level of £5,000 in case of unexpected contingencies relating to the administration of the charity. The level of reserve is reviewed annually by the Trustees.

**Funding**

The trustees are satisfied that the charity's assets attributable to each of its individual funds are available and adequate to fulfil its obligations in relation to those funds.

**Trustee induction and training**

All the trustees are very familiar with the practical work of the charity as they have been members of Miles-Bramwell Executive Services Limited for several years beforehand and have had an overview of the charity. In addition, all trustees have been given copies of the Charity Commission publication 'The Essential Trustee: What you need to know'.

**REPORT OF THE TRUSTEES (continued)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Statement of trustees' responsibilities**

The trustees are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and regulations.

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The trustees have to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland. The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

FOR AND ON BEHALF OF THE TRUSTEES

**Janice Boxshall**

Trustee

Date:

**INDEPENDENT EXAMINER'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Independent examiner's report to the trustees of Slimmers Making It a Little Easier for Someone (SMILES)**

I report on the accounts of Slimmers Making It a Little Easier for Someone (SMILES) (the "Charity") for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts as carried out under section 145 of the Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matter has come to my attention in connection with the examination which gives me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act;  
or
- the accounts do not accord with these records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Our report is made solely to the Charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. Our work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for our work or for the independent examiner's report, or for the opinions we have formed.

**Christopher Bagnall FCA**  
ICAEW  
Grant Thornton UK LLP  
Chartered Accountants  
Sheffield

Date:

**SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Income from:</b>							
Donations		-	109,621	109,621	-	176,733	176,733
<b>Total income</b>		<b>-</b>	<b>109,621</b>	<b>109,621</b>	<b>-</b>	<b>176,733</b>	<b>176,733</b>
<b>Expenditure on:</b>							
Raising funds	2	-	447	447	-	231	231
Charitable activities	3	(10)	87,073	87,063	(55)	210,262	210,207
<b>Total expenditure</b>		<b>(10)</b>	<b>87,520</b>	<b>87,510</b>	<b>(55)</b>	<b>210,493</b>	<b>210,438</b>
<b>Net income / (expenditure)</b>		<b>10</b>	<b>22,101</b>	<b>22,111</b>	<b>55</b>	<b>(33,760)</b>	<b>(33,705)</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		<b>15,741</b>	<b>139,710</b>	<b>155,451</b>	15,686	173,470	189,156
<b>Total funds carried forward</b>		<b>15,751</b>	<b>161,811</b>	<b>177,562</b>	15,741	139,710	155,451

The activities of the Charity are classified as continuing.

The notes on pages 7 to 10 form part of these financial statements.

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**SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)**  
**CHARITY NUMBER 1061429**

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**BALANCE SHEET**  
**AS AT 31 MARCH 2024**

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	Note	2024 £	2023 £
<b>Current Assets</b>			
Debtors	6	<b>23,506</b>	11,784
Cash at bank		<b>154,056</b>	143,667
		<b>177,562</b>	155,451
<b>Funds</b>			
Unrestricted funds	7	<b>15,751</b>	15,741
Restricted funds	8	<b>161,811</b>	139,710
		<b>177,562</b>	155,451

The financial statements were approved and signed by the trustees and authorised for issue on

Janice Boxshall  
Trustee

The notes on pages 7 to 10 form part of these financial statements.

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## SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)

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### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies

##### **Basis of preparation of financial statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Slimmers Making It a Little Easier for Someone (SMILES) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in sterling (£).

##### **Going Concern**

The trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

##### **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes and financial statements.

##### **Income**

All monetary donations and gifts are recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

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## SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)

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### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies (continued)

##### Expenditure

Expenditure on donations and the costs of generating funds is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All other costs are borne by Miles–Bramwell Executive Services Limited and are not reflected in these financial statements.

##### Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at rates of exchange ruling at the balance sheet date.

Transactions in foreign currencies are translated into sterling at the rate ruling on the date of the transaction.

Exchange gains and losses are recognised in the Statement of Financial Activities.

##### Debtors

Debtors are recognised at the settlement amount after any discount offered.

##### Cash at Bank

Cash at bank includes short term highly liquid investments with a short maturity of three months or less from the date of acquisition on opening of the deposit or similar account.

##### Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are internally recognised at transaction value and subsequently measured at their settlement value.

#### 2 Raising funds

	<b>Restricted Funds 2024 £</b>	Restricted Funds 2023 £
Sundry expenses	<u>447</u>	<u>231</u>

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## SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)

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### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

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#### 3 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations made to institutions		85,289	85,289	212,177
Exchange movement	(10)	1,784	1,774	(1,970)
	<u>(10)</u>	<u>87,073</u>	<u>87,063</u>	<u>210,207</u>

Donations made to institutions were as follows:

	2024 £	2023 £
Cancer Research UK	25,182	141,778
Alzheimer's Research UK	60,107	70,339
	<u>85,289</u>	<u>212,177</u>

#### 4 Payments to trustees and employees

No trustees, who are the key management personnel, or person with a family or business connection with a trustee, received remuneration in the year, directly or indirectly from the charity (2023 - £nil).

There were no expenses paid to trustees in the year (2023 - £nil).

There were no employees of the charity during the year (2023 - none).

#### 5 Related party transactions

Incoming resources include net donations of £48,203 (2023 - £106,720) from Miles-Bramwell Executive Services Limited and £2,201 (2023 - £5,902) from Slimming World Ireland Field Area "A" Limited. At 31 March 2024 £14,951 (2023 - £5,208) was due from Miles-Bramwell Executive Services Limited, £6,213 (2023 - £5,526) was due from Slimming World Ireland Field Area "A" Limited and £2,342 (2023 - £1,050) was due from Slimming World Ireland Field Area "B" Limited.

This arose as donations are initially collected through Miles-Bramwell Executive Services Limited, Slimming World Ireland Field Area "A" Limited and Slimming World Ireland Field Area "B" Limited on behalf of SMILES and at the year end had not been paid to the charity.

Lisa Teresa Salmon, trustee of the charity, was a director of all three companies during the year. Margaret Glynis Whittaker, a trustee of the charity, resigned as a director of all 3 companies on 20 June 2022. Janice Boxshall, a trustee of the charity, resigned as a director of all 3 companies on 1 November 2022.

**SLIMMERS MAKING IT A LITTLE EASIER FOR SOMEONE (SMILES)**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

**6 Debtors**

	<b>2024</b>	2023
	£	£
Donations receivable	<u><b>23,506</b></u>	<u>11,784</u>

**7 Unrestricted funds**

	£
At 1 April 2023	15,741
Exchange movement	10
<b>At March 2024</b>	<u><b>15,751</b></u>

**8 Restricted funds**

	At 1 April 2023	Income	Expenditure	At 31 March 2024
	£	£	£	£
Barnados	7,232	-	-	7,232
Alzheimer's Research UK	5,033	70,304	(60,108)	15,229
NSPCC	28,536	-	-	28,536
Children's 1st	5,397	-	-	5,397
Cancer Research	2,162	31,160	(25,628)	7,694
Marie Keating Foundation Great Ormond Street Hospital	2,485	-	(69)	2,416
	34,731	-	-	34,731
Irish Cancer Society	54,134	8,157	(1,715)	60,576
	<u>139,710</u>	<u>109,621</u>	<u>(87,520)</u>	<u>161,811</u>

**9 Analysis of net assets between funds**

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Current assets	<u>15,751</u>	<u>161,811</u>	<u>177,562</u>