

Millan Centre

Charity number 1059060

A company limited by guarantee number 02255934

Annual Report and Financial Statements for the year ended 31 March 2024



Millan Centre

Annual Report and Financial Statements for the year ended 31 March 2024

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Prepared by West Yorkshire Community Accountancy Service CIO

Millan Centre

Trustees' report for the year ended 31 March 2024

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Elizabeth Hellmich MBE	Co-Chair	
Saliha Sadiq	Co-Chair	
Iram Sadiq	Treasurer	
Isabel Arnold	Company Secretary	
Mary Somerville		Resigned 28 March 2024
Joanna Allan		Resigned 16 July 2023
Shabina Aslam		
Suraiya Khatun		
Nusrat Naheed		Resigned 28 March 2024
Charity number	1059060	Registered in England and Wales
Company number	02255934	Registered in England and Wales

Registered and principal address	Bankers
Millan Centre Victor Street Bradford BD9 4RA	Unity Trust Bank 9 Brindley Place Birmingham B1 2HB

Independent examiner

Rhys North ACA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a charitable company limited by guarantee and was formed on 10 May 1988. It is governed by a memorandum and articles of association as amended by special resolution dated 9 October 1993 and 6 November 2020. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1. The members can appoint up to 12 trustees who meet monthly and are responsible for the strategic direction and policy of the charity. This management committee is made up of a diverse group of people who have the relevant skills relating to the work of the charity.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Millan Centre

Trustees' report (continued) for the year ended 31 March 2024

Objectives and activities

The charity's objects

To educate and provide or assist in the provision of facilities for recreation or leisure time occupation for women and girls in the area bounded by Oak Lane, North Park Road, Park View Road, Heaton Road, Scotchman Road, Toller Lane, Lilycroft Road in the city of Bradford in the interests of social welfare with the object of improving the conditions of life of such persons.

To establish and maintain a community centre.

To further such charitable purposes as shall from time to time be determined by the Committee of management.

The charity's main activities

We are a community centre for women, girls and children in the Manningham and Heaton area of Bradford.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular to the advancement of education and provision of facilities for recreation and leisure time. Our services are open to all women and girls in the area.

Achievements and performance

I am pleased to produce the Chair Person's report for this year. I have been in this position since last year. I have enjoyed fulfilling my duties as a Chair. I hope to continue to work hard for the Millan Centre service users. Despite of some challenges faced the Millan Centre has made great strides in fulfilling its mission to empower and support our services users and community in whole. This will continue due to the ongoing dedication of our team at the Millan Centre. I as Chair feel confident of greater success in the coming years. My future goal is to strengthen the partnership and securing funding for Millan Centre and to continue to support the Community

I would like to thank Millan Centre staff individually for the hard work and dedication they have shown for the Millan Centre. A special thank you to Zubeda Mirza for working extremely hard and keeping the Centre running with the classes, admin, and Over 50's group. Well done Zubeda on behalf of the Board Members.

Thank you to all our course tutors, Noreen, Qing, Shaista, Atiya, Tanzeela, Nazmeen and Molly. The Board Members appreciate your hard work and commitment to Millan Centre.

A special thank you to our Volunteers!

Welcome back to Freeda who has returned from her maternity leave. Freeda has taken the role of Fund Finding and completes funding applications.

This year we said farewell to Mollie, our Board member. Mollie dedicated her time to Millan Centre for many years, we wish her a relaxing and enjoyable retirement.

We are looking for committed trustees to join our Board who have experience in Accounts and IT. We are also looking for a Saturday Girls Group leader. All will be subject to a DBS check.

Mental Health

We are extremely busy with Mental Health referrals and counselling. We receive referrals from NHS, doctors who often signpost women to go to Millan Centre for Counselling, Social Care, Adults, Adults disability and we also receive self referrals. I would like to take this opportunity to recognise and thank every individual who has accessed Mental Health support. And a special compliment on how it has bettered their life. Choosing to seek help is an act of courage, resilience and self-care. I want to extend our heartfelt gratitude to all those service users who have taken the courageous step of accessing mental health. I am aware that reaching out for help can be sometimes a very difficult decision. Thank you for trusting the Millan Centre on your journey and to know that we will be here supporting you.

Millan Centre

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance continued

Mental Health continued

We will continue with our Wednesday and Friday Coffee Mornings and Individual Therapy with our qualified Social Worker, Counsellor and a Mental Health Practitioner and also continue with our drop in sessions on advice and support on mental health.

Other Updates

The Overs 50s group attended City Hall for International Women's Day and Saliha Sadiq was a key note speaker. Regal's funded for Over 50s Group meal to show their appreciation, for the work which is undertaken regarding Mental Health, this has helped all the communities to come forward and seek support.

The Millan Centre, hall, training room, reception and toilets were kindly decorated by support from Participate Projects, giving the Centre a new fresh look

Once again, we are Centre of the Year. Saliha has been praised for her Mental Health life changing work and has received many accolades.

Elizabeth Hellmich MBE Co-Chair

Saliha Sadiq Co-Chair and Director of Mental Health Millan Centre

Financial review

The net income for the year was £9,017, including net income of £13,646 on unrestricted funds and net expenditure of £4,629 on restricted funds, after transfers.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £43,193.

The purpose for which reserves are held:

To provide continuity of activities in the event of a large variation in income for example a large funder pulling out unexpectedly. We recognise the need to try to find a wider variety of funding for the centre's future financial health.

To cover administration, fund raising and support costs without which the Millan Centre could not function. We seek to maintain the present level of financial activity.

To deal with financial emergencies e.g. a major unexpected repair.

To deal with short term fluctuations in cash flow e.g. a funding source that pays in arrears.

To be able to develop new projects and grasp new opportunities as they arise.

To cover any necessary staff redundancy payments or any other staff related expenses such as maternity pay.

Millan Centre

Trustees' report (continued) for the year ended 31 March 2024

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on 18/12/2024

Elizabeth Hellmich (Trustee)

Millan Centre

Independent examiner's report to the trustees of Millan Centre

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024, which are set out on pages 7 to 13.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Rhys North ACA

19/12/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Millan Centre
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2024

	Notes	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Income from:					
Grants and donations	(2)	3,320	45,164	48,484	25,878
Client contributions		5,615	-	5,615	3,313
Rental income		36,710	-	36,710	29,700
Bank interest		367	-	367	191
Other Income		540	-	540	2,335
Total income		46,552	45,164	91,716	61,417
Expenditure on:					
Salaries NI and pensions	(3)	19,653	9,560	29,213	31,595
Payroll expenses		400	-	400	613
Freelancer fees		2,118	18,042	20,160	10,891
Recruitment and DBS fees		-	-	-	415
Training		23	223	246	120
Activity costs		2,556	3,049	5,605	6,393
Rates and water		-	333	333	2,254
Cleaning and premises expenses		-	2,147	2,147	7,078
Heat and light		580	5,611	6,191	11,489
Printing, postage and stationery		748	168	916	306
Insurance		532	1,727	2,259	2,089
Telephone, internet and IT		2,638	25	2,663	2,572
Materials and resources		221	134	355	764
Sundry expenses		357	21	378	1,538
Professional fees		162	7,000	7,162	-
Independent examination		424	500	924	924
Depreciation		3,535	-	3,535	3,535
Travel		86	126	212	-
Total expenditure		34,033	48,666	82,699	82,576
Net income / (expenditure)		12,519	(3,502)	9,017	(21,159)
Transfers between funds		1,127	(1,127)	-	-
Net movement in funds		13,646	(4,629)	9,017	(21,159)
Fund balances brought forward		66,065	10,091	76,156	97,315
Fund balances carried forward	(4)	79,711	5,462	85,173	76,156

All incoming resources and resources expended derive from continuing activities.

Millan Centre
Balance sheet
as at 31 March 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Fixed assets				
Tangible assets	(5) 36,518	-	36,518	40,053
Total fixed assets	<u>36,518</u>	<u>-</u>	<u>36,518</u>	<u>40,053</u>
Current assets				
Debtors and prepayments	(6) 7,877	-	7,877	2,191
Cash at bank and in hand	(7) 36,370	5,462	41,832	35,996
Total current assets	<u>44,247</u>	<u>5,462</u>	<u>49,709</u>	<u>38,187</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(8) 1,054	-	1,054	2,084
Total current liabilities	<u>1,054</u>	<u>-</u>	<u>1,054</u>	<u>2,084</u>
Net current assets / (liabilities)	<u>43,193</u>	<u>5,462</u>	<u>48,655</u>	<u>36,103</u>
Total assets less current liabilities	<u>79,711</u>	<u>5,462</u>	<u>85,173</u>	<u>76,156</u>
Net assets	<u>79,711</u>	<u>5,462</u>	<u>85,173</u>	<u>76,156</u>
Funds				
Unrestricted funds	79,711	-	79,711	66,065
Restricted funds	-	5,462	5,462	10,091
Total funds	<u>79,711</u>	<u>5,462</u>	<u>85,173</u>	<u>76,156</u>

For the year ending 31 March 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 18/12/2024

Elizabeth Hellmich (Trustee)

Millan Centre

Notes to the accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Freehold land: nil

Freehold buildings: over 50 years

General equipment: over 5 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Millan Centre
Notes to the accounts continued
for the year ended 31 March 2024

2 Grants and donations	2024	2024	2024	2023
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Bradford Metropolitan District Council (BMDC)	-	30,428	30,428	16,805
Leeds Community Foundation	-	9,924	9,924	-
Power to Change	-	4,812	4,812	-
The Charles & Elsie Sykes Trust	2,000	-	2,000	-
Other grants	170	-	170	-
Active Bradford Limited	-	-	-	2,000
Ark Charity Shop	-	-	-	500
Bradford & District Community Empowerment Ne	-	-	-	1,126
Made in Manningham (MiM)	-	-	-	200
Other donations	1,150	-	1,150	5,247
	<u>3,320</u>	<u>45,164</u>	<u>48,484</u>	<u>25,878</u>

3 Staff costs and numbers	2024	2023
	£	£
Gross salaries	29,213	31,595
Social security costs	1,932	774
Employment allowance	(1,932)	(774)
	<u>29,213</u>	<u>31,595</u>

The average number of employees during the year was 4, being an average of 1.7 full time equivalent (2023: 4.5, 1.3 FTE). There were no employees with emoluments above £60,000.

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
ARK	217	-	217	-	-
Awards for All - Girls	874	-	874	-	-
BMDC Older People	-	11,154	11,154	-	-
Leeds Community Foundation	-	9,924	5,841	-	4,083
BMDC Eid Party	-	500	282	(218)	-
Active Bradford JU:MP	2,000	-	2,000	-	-
MiM Seed Funding	5,000	-	3,621	-	1,379
PTC Seed Grant	-	4,812	4,812	-	-
BMDC Cost of Living	-	10,000	9,091	(909)	-
BMDC Coronation	-	200	200	-	-
BMDC UKSPF	2,000	-	2,000	-	-
BMDC Community Buildings	-	6,174	6,174	-	-
BMDC Transformation Fund	-	2,400	2,400	-	-
	<u>10,091</u>	<u>45,164</u>	<u>48,666</u>	<u>(1,127)</u>	<u>5,462</u>

Millan Centre

Notes to the accounts continued

for the year ended 31 March 2024

4 Restricted funds continued

Fund name	Purpose of restriction
ARK	To support equipment and materials costs for classes run at the centre.
Awards for All - Girls	To support the provision of a girls group.
BMDC Older People	To provide a range of preventative and early intervention services that promote the independence and well being of older people.
Leeds Community Foundation	To provide mental health support to women via counselling sessions and wellbeing activities and signposting.
BMDC Eid Party	To support the delivery of an Eid party celebration.
Active Bradford JU:MP	To run a girls sports activity club with a focus on racket sports.
MiM Seed Funding	To support the development of the charity's community business activity.
PTC Seed Grant	To support the development of the charity's community business activity.
BMDC Cost of Living	To provide cost of living support via provision of food parcels and advice. The transfer is for a contribution towards overhead costs.
BMDC Coronation	To support the delivery of a King's Coronation party celebration.
BMDC UKSPF	To support households concerning cost of living pressures.
BMDC Community Buildings	To support the running costs of the Centre.
BMDC Transformation Fund	To support planning for achieving training centre accreditation and support with grants with fundraising.

5 Tangible assets

	General equipment	Freehold land	Freehold buildings	Total
<u>Cost</u>	£	£	£	£
At 1 April 2023	62,501	9,707	96,867	169,075
Additions	-	-	-	-
At 31 March 2024	<u>62,501</u>	<u>9,707</u>	<u>96,867</u>	<u>169,075</u>
<u>Depreciation</u>				
At 1 April 2023	58,790	-	70,232	129,022
Charge for year	1,598	-	1,937	3,535
At 31 March 2024	<u>60,388</u>	<u>-</u>	<u>72,169</u>	<u>132,557</u>
<u>Net book value</u>				
At 31 March 2024	<u>2,113</u>	<u>9,707</u>	<u>24,698</u>	<u>36,518</u>
At 31 March 2023	<u>3,711</u>	<u>9,707</u>	<u>26,635</u>	<u>40,053</u>

6 Debtors and prepayments

	2024	2023
	£	£
Debtors	3,310	1,840
Prepayments	382	351
Other debtors	4,185	-
	<u>7,877</u>	<u>2,191</u>

7 Cash at bank and in hand

	2024	2023
	£	£
Cash at bank	41,737	35,781
Cash in hand	95	215
	<u>41,832</u>	<u>35,996</u>

Millan Centre
Notes to the accounts continued
for the year ended 31 March 2024

8 Creditors and accruals	2024	2023
	£	£
Creditors	130	1,160
Accruals	924	924
	<u>1,054</u>	<u>2,084</u>

9 Related party transactions

Donations from trustees and related parties

The total aggregate value of unconditional donations to the charity from the trustees or related parties was £500 (2023: £5,000).

Trustee expenses

During the year one trustees were paid a total of £168 in respect of childminding costs to enable attend at trustee related meetings (previous year: no trustee expenses).

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Other transactions with trustees or related parties			2024	2023
			£	£
Name of trustee or related party	Relationship to charity	Description of transaction		
Saliha Sadiq	Trustee	Counselling, media and business freelance services	16,630	5,310
Iram Sadiq	Trustee	Tutor freelance services	7,795	2,401
Susan Hellmich	Daughter of trustee	Tutor freelance services	-	50
			<u>24,425</u>	<u>7,761</u>

Millan Centre
Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 31 March 2024

	2024 Unrestricted funds £	2023 Unrestricted funds £	2024 Restricted funds £	2023 Restricted funds £	2024 Total funds £	2023 Total funds £
Income						
Grants and donations	3,320	5,247	45,164	20,631	48,484	25,878
Client contributions	5,615	3,313	-	-	5,615	3,313
Rental income	36,710	29,700	-	-	36,710	29,700
Bank interest	367	191	-	-	367	191
Other Income	540	2,335	-	-	540	2,335
Total income	46,552	40,786	45,164	20,631	91,716	61,417
Expenditure						
Salaries NI and pensions	19,653	23,803	9,560	7,792	29,213	31,595
Payroll expenses	400	613	-	-	400	613
Freelancer fees	2,118	1,210	18,042	9,681	20,160	10,891
Recruitment and DBS fees	-	415	-	-	-	415
Training	23	120	223	-	246	120
Activity costs	2,556	4,436	3,049	1,957	5,605	6,393
Rates and water	-	1,832	333	422	333	2,254
Cleaning and premises expenses	-	1,500	2,147	5,578	2,147	7,078
Heat and light	580	5,037	5,611	6,452	6,191	11,489
Printing, postage and stationery	748	130	168	176	916	306
Insurance	532	861	1,727	1,228	2,259	2,089
Telephone, internet and IT	2,638	2,055	25	517	2,663	2,572
Materials and resources	221	24	134	740	355	764
Sundry expenses	357	456	21	1,082	378	1,538
Professional fees	162	-	7,000	-	7,162	-
Independent examination	424	924	500	-	924	924
Depreciation	3,535	3,535	-	-	3,535	3,535
Travel	86	-	126	-	212	-
Total expenditure	34,033	46,951	48,666	35,625	82,699	82,576
Net income / (expenditure)	12,519	(6,165)	(3,502)	(14,994)	9,017	(21,159)
Transfers between funds	1,127	940	(1,127)	(940)	-	-
Net movement in funds	13,646	(5,225)	(4,629)	(15,934)	9,017	(21,159)
Fund balances brought forward	66,065	71,290	10,091	26,025	76,156	97,315
Fund balances carried forward	79,711	66,065	5,462	10,091	85,173	76,156