

**FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2023**

**FOR**

**NORTHPOINT WELLBEING LIMITED  
(A company Limited by guarantee)**

**REGISTERED COMPANY NUMBER: 03216262**

**Registered Charity Number: 1057908**

**NORTHPOINT WELLBEING LIMITED  
FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**NORTHPOINT WELLBEING LIMITED  
CHARITY REFERENCE AND ADMINISTRATIVE DETAILS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**REGISTERED CHARITY NAME:** Northpoint Wellbeing Limited  
A company limited by guarantee

**CHARITY NUMBER:** 1057908

**COMPANY REGISTRATION NUMBER:** 03216262

**REGISTERED OFFICE:** Leeds Bridge House  
The Small Mill  
Chadwick St  
Leeds  
LS10 1LJ

**TRUSTEES:** P Ball  
P Chatterton (appointed 17<sup>th</sup> October 2022)  
C Dada  
S Evans (appointed 17<sup>th</sup> October 2022)  
F Grossick  
L Hilliard (appointed 20<sup>th</sup> February 2023)  
C Humphries (appointed 17<sup>th</sup> October 2022)  
G Millichamp  
G Nolan (resigned 20<sup>th</sup> March 2023)  
J Williams

**CHIEF EXECUTIVE OFFICER:** D Pearse

**AUDITOR:** TC Group  
Registered Auditors  
6 Queen Street  
Leeds  
LS1 2TW

**NORTHPOINT WELLBEING LIMITED**  
**CHARITY REFERENCE AND ADMINISTRATIVE DETAILS (continued)**

**YEAR ENDED 30 SEPTEMBER 2023**

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**BANKERS:**

CAF Bank Limited  
25 Kings Hill Avenue  
West Malling  
Kent  
ME19 4JQ

Modulr Finance  
Scale Space White City  
58 Wood Lane  
London  
W12 7RZ

**SOLICITORS:**

Torque Law LLP  
2 Maple House  
Northminster Business Park  
Upper Poppleton  
York  
YO26 6QW

Ward Hadaway  
5 Wellington Place  
Leeds  
LS1 4AP

Wrigleys Solicitors LLP  
19-21 Cookridge Street  
Leeds  
LS2 3AG

**NORTHPOINT WELLBEING LIMITED  
TRUSTEES' ANNUAL REPORT  
(Including Directors' Report and Strategic Report)**

**YEAR ENDED 30 SEPTEMBER 2023**

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The Trustees present their report and the audited financial statements of the charity for the year ended 30 September 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.

**TRUSTEES OF THE CHARITY**

The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served during the year and since the year end were as follows:

<b>Trustee</b>	<b>Role</b>	<b>Date of appointment</b>	<b>Date of Resignation</b>
P Ball	Trustee	18.10.2021	
P Chatterton	Trustee	17.10.2022	
C Dada	Trustee	15.11.2021	
S Evans	Trustee	17.10.2022	
F Grossick	Trustee	17.07.2019	
L Hilliard	Trustee	20.02.2023	
C Humphries	Trustee	17.10.2022	
G Millichamp	Treasurer	20.09.2021	
G Nolan	Trustee	18.01.2016	20.03.2023
J Williams	Trustee (Chair)	16.07.2018	

**MANAGEMENT TEAM**

The Senior Management Team who served the charity during the period were as follows:

M Bowers	Head of HR
H Burleigh	Head of Services (Adults)
A Calvert	Chief Financial Officer
A Cater	Head of Organisational Systems and Compliance
J Evans	Head of Business Development (to 14.7.2023)
J Hanney	Head of Services (Young People & Families)
H McGlinchey	Head of Services & Clinical Lead (Schools)
D Pearse	Chief Executive Officer
S Smith	Consultant Head of Infrastructure

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(Including Directors' Report and Strategic Report)**

**YEAR ENDED 30 SEPTEMBER 2023**

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**Objectives**

Northpoint's charitable objects are "to preserve and protect good health both mental and physical, in particular but without limiting the foregoing by the provision of a confidential counselling service, and to provide education and training for those involved in counselling". Our vision is a world that supports good mental health for all. Our purpose is to deliver effective mental health support and to improve the mental health system in Yorkshire and the surrounding areas. We believe timely access to appropriate support, particularly talking therapy, is an effective way of promoting emotional wellbeing and relieving mental distress, for people of all ages and backgrounds.

We provide a range of talking and digital therapies, and the person-centred support people need to get the help right for them, in a timely manner. We work with children, young people and adults across Yorkshire and the surrounding areas in their geographical communities, school communities and within primary care. Our expertise and dedication to improving mental health generates our high-quality provision and a positive service user experience. We are one of the largest charitable providers of mental health services in the region. We recognise the diversity of the population we serve and the needs they have, and we are responsive to this. By doing so, we help more than 28,000 people a year, meeting individual needs through a wide variety of therapies and person-centred support. With our exclusive focus on mental health, we are constantly looking for new ways to improve and expand services, developing innovative and effective therapeutic approaches. We work collaboratively with other local providers, both in the statutory and voluntary sector, to improve the mental health system, and we are committed to reducing health inequalities.

Our priorities are:

1. Deliver the best experience of mental health support.
2. Be fit for the future.
3. Be a brilliant place to work.
4. Lead innovation.

The activities of Northpoint are undertaken specifically to ensure the charitable objects meet the public benefit requirement and the Charities Act 2011. We have referred to the Charity Commission's general guidance on public benefit when reviewing our objectives and in planning our future activities.

**Activities**

During the year, Northpoint promoted timely access to appropriate support through the following activities:

- the Leeds Mental Wellbeing Service, formerly known as Leeds IAPT (Improving Access to Psychological Therapies), for NHS patients, delivered as part of a consortium (comprising Leeds Community Healthcare NHS Trust, local charities Community Links and Touchstone, Leeds and York Partnership NHS Trust, Women's Counselling and Therapy Service, and Home Start.
- primary care mental health practitioners based in GP surgeries in Leeds.
- an innovative pilot of trauma-informed group work, as part of the integrated primary care provision, for an initial period of 18 months.
- commissioned counselling services for parents & carers of under 5s, in community settings across Leeds, free at point of access.
- therapeutic interventions to targeted pupils and parents in over 200 schools, situated mostly around Leeds, and including some schools in York, Doncaster, Huddersfield and Harrogate.
- Calderdale Open Minds, formerly known as the Tier 2 Child & Adolescent Mental Health service (CAMHS).
- Calderdale Mental Health Support Team funded by NHS England and Health Education England, delivering therapeutic interventions and support services within a 'whole school approach' across Calderdale schools.
- therapeutic support to women who have experienced childhood sexual abuse, through the Mondays@Northpoint project.
- access to private therapists hosted at our Leeds Bridge House therapy centre.
- counselling to employees referred by local employers in Leeds.

**PUBLIC BENEFIT**

In setting objectives and planning the charity's activities, the Trustees have paid due regard to the guidance on public benefit published by the Charity Commission.

**NORTHPOINT WELLBEING LIMITED  
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(Including Directors' Report and Strategic Report)**

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**STRATEGIC REPORT**

**ACHIEVEMENTS AND PERFORMANCE**

The year saw a further expansion of the scale and reach of Northpoint's activity in line with our three-year strategy for 2023-2026 which was launched at our annual conference in March 2023. Alongside this strategy we have developed Northpoint's Theory of Change which, combined with a wealth of staff and stakeholder feedback, informs our strategic priorities and moves us forward in our desired impact that more people experience good mental health.

**Infrastructure Development**

As part of our priorities to 'Be a brilliant place to work' and to 'Be fit for the future', we relocated our Halifax office to newly refurbished premises on Commercial Street in Halifax city centre in July 2023, and in February 2024 we relocated our head office in Leeds city centre to the Small Mill on Chadwick Street near Leeds Dock. Both locations are suitably sized and equipped for both our staff and clients and are well positioned with good transport links. These offices will enable improved therapy outcomes, offering modern and varied working spaces, enabling our staff to carry out face-to-face therapeutic work in modern surroundings or work remotely as needed. We also hope our space becomes a resource for the wider mental health community and our partners for training and meetings.

We have invested in updating our information technology infrastructure to securely hold our data and make it accessible to staff easily and reliably. We have equipped our offices with up-to-date conferencing technology which enables staff to hold hybrid digital and face-to-face meetings with other Northpoint locations and our delivery partners. We have updated our financial systems to new cloud-based, professionally supported systems to accommodate improved financial control and reporting in our growing finance team. We are currently developing new human resources systems to improve our workforce reporting and to allow managers to better support their staff. It is planned our HR systems will integrate with newly developed payroll systems from Spring 2024.

We have restructured our senior management team to align with similar organisations in the sector, appointing a Director of Adult Services and a Director of Children and Young People Services from within our existing team. In November 2023 we appointed to two new senior positions; a Director of Business Development position to support these operational directors in finding and bidding for new contracts, and a Director of Finance, IT, Estates and Governance, which will build our capabilities in these disciplines. We have created new roles in central functions to support broader and more specialised support of the organisation as we grow, including devoted communications and recruitment roles.

We have made significant improvements in the formal management of risk including the implementation of a comprehensive risk register which is regularly reviewed by our trustees. We have also created a Scheme of Delegated Authority which brings together decision making permissions and processes.

We have designed and implemented a new brand identity and logo which has been used as a cohesive theme through our updated website and promotional materials. This positions us well in the sector in terms of business sustainability and growth.

**Leeds Mental Wellbeing Service (LMWS), comprising of NHS Talking Therapies (formerly Leeds Improving Access to Psychological Therapies (IAPT) programme), and Primary Care Mental Health.**

Northpoint has been delivering this service since November 2019, in partnership with Leeds Community Healthcare NHS Trust, Leeds and York Partnership Foundation Trust, and third sector partners Community Links (Inspire North), Touchstone and Women's Counselling. The NHS Talking Therapies element of LMWS, is part of the national initiative to enable people experiencing common mental health problems, such as depression and anxiety, greater access to "talking therapies". The current contract to deliver this service as part of the consortium is secured until October 2024. The Primary Care Mental Health element of the service is centrally involved in the Community Mental Health Transformation Agenda currently being rolled out across the city, initially within 3 early implementor sites. Across the entire LMWS service around 32,355 people entered treatment in 2022 and 30,765 in 2023, which both exceed the annual target of 28,800.

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Northpoint employs around 100 therapists and primary care mental health practitioners (70 within Talking Therapies and 30 within PCMH) and a number of Senior and Operational Service managers/Deputies, making up a third of the total staffing in the city-wide LMWS service. The clinical staff deliver a range of treatment modalities (Cognitive Behavioural Therapy, Counselling, Counselling for depression, Couple's Therapy for Depression, Interpersonal Therapy, Dynamic Interpersonal Therapy, and Eye Movement Desensitisation Reprocessing (EMDR) on a 1:1 and group basis, including a variety of brief interventions to patients with common mental health problems who are referred through the NHS and community agencies. In addition, our team also includes 15 roles providing support in the service screening hub and across low intensity interventions. LMWS is also addressing gaps in mental health support provision for patients who do not benefit from therapy offered through LMWS and who do not meet the threshold for secondary care mental health services. From April 2022 we expanded our substantive roles to also include five staff who work using a 'Helpful Conversation' approach, working with newly referred patients and offering a short-term intervention that supports the client to become more motivated and confident in managing their own mental health difficulties and making informed decisions to achieve the things that are important to them. This intervention has played an important role in reducing the flow of referrals onto the High Intensity CBT waitlist as well as further assessing suitability and breaking down barriers to engagement with therapy. Longer term we hope this intervention will improve the likelihood of recovery from treatment through enhancing a client's treatment journey.

Northpoint continues to lead on the Employment Advisors in NHS Talking Therapies, which provides embedded employment support within that element of the LMWS.

**Primary care mental health practitioners (Leeds)**

Northpoint has been working since 2016 with partners in the NHS West Yorkshire Integrated Care Board (formerly the Leeds Clinical Commissioning Group) and Leeds & York Partnership NHS Foundation Trust to develop pilot mental health roles in GP surgeries in various areas of the city. Our successful pilot of surgeries in Chapeltown and linked practices in South & East Leeds led to these being commissioned as part of LMWS from November 2019. We continue to deliver mental health triage and 'helpful conversation' work within Leeds Student Medical Practice/The Light Surgery, Chapeltown, Beeston, Middleton, Hunslet, Armley and Crossgates Primary Care Network. This service helped just over 10,000 people in 2023.

**Community Mental Health Practitioners - Brief Intervention Pathway Working Age Adults Community Mental Health Service**

In April 2022 Northpoint was subcontracted by Leeds and York Partnership Trust to host 9 Community Mental Health Practitioners to deliver brief psychologically informed interventions to people who have substantial and complex mental health needs which cannot be met by Primary care, the NHS talking therapies or other community services. In 2023 this service supported 112 people.

Northpoint is also commissioned by West Yorkshire ICB to host four Community Wellbeing Connectors, and an additional two roles via the Additional Roles Reimbursement Scheme roles, to work across the Local Care partnership to support people in achieving better mental health, wellbeing and independence. In 2023 this service supported 119 people.

In June 2022 Northpoint was commissioned by West Yorkshire ICB to run an innovative pilot of trauma-informed group work, as part of the integrated primary care provision, for a period of 18 months initially. This adopts a Therapeutic Community approach and is the first of its kind in the UK and we are hopeful it will be continued. The members themselves have named this group 'District 29'. In 2023 this service supported 148 people.

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**School services**

Northpoint was commissioned under the NHS England Social and Emotional Mental Health Cluster Based support (MindMate Wellbeing) arrangement to offer therapeutic support to pupils and/or parents in nineteen Leeds school clusters and the Leeds Specialist Inclusive Learning Centre (SILC) cluster. We were commissioned by four further Leeds school provisions to provide in-house school therapy services.

Our work in schools is based on offering brief evidence-based therapeutic interventions to pupils aged 5-19 and/or their parents. The counselling mainly takes place on school premises for pupils referred with a variety of issues, including anxiety, low mood, bereavement, family breakdown, past abuse, anger management problems, and difficulties at school. Our work also includes extended assessments and consultations to families where there is uncertainty about the service best placed to support their children.

Our School Therapy Service by way of a team of 42 therapists has supported more than 2,900 children, young people and families during the year, where mental health and emotional wellbeing problems affected their behaviour, attendance and attainment at school. The support was offered through a range of therapeutic interventions including direct therapy sessions, digital CBT guided self-help programmes and consultation sessions attended by staff, parents and professionals to help support children and young people.

Northpoint continues to be commissioned by Leeds Community Healthcare NHS Trust to provide clinical triage workers, mental health triage worker and neurodevelopmental triage workers within the Leeds MindMate Single Point of Access (7 staff), and we hope this project will be extended.

In York, Northpoint has continued to work with Big Futures Foundation (BFF), a local charity, to provide counselling support to over thirty children and their families from the three partner primary schools in York. This work has now expanded, and a fourth primary school has now joined the BFF partnership, offering support to the children that have transitioned to the feeder secondary school, enabling us to recruit a second therapist. In Doncaster the charity has been commissioned by a High school to provide digital CBT guided self-help programmes (SilverCloud) to young people and parents, and this work is planned to continue. From September 2023 Northpoint was commissioned by four Harrogate Redkite schools to deliver school therapy services, the contract is for one year and we expect this work to continue. We have also been commissioned by a primary school in Huddersfield to provide a School Therapy service for their pupils; the contract is for one year and again, we expect this work to continue.

**Calderdale Open Minds, formerly known as Calderdale Tier 2 CAMHS**

Northpoint is commissioned by Calderdale Council and NHS West Yorkshire Integrated Care Board (formerly the Calderdale NHS Clinical Commissioning Group) to deliver a Tier 2 Child & Adolescent Mental Health service in Calderdale. The charity is also funded to operate a single point of access (known as the First Point of Contact) for all non-crisis CAMHS referrals in the area to ensure easier and swifter access to treatment for families.

Northpoint has a team of eighteen full time equivalent staff who work in clinical support and outreach roles, plus associated administration and management staff. We work closely with the NHS Tier 3 specialist CAMHS team who treat more severe, enduring, and complex cases. In 2023, the service received 3,600 referrals into CAMHS and provided direct and digital support to over 900 young people and families.

The service is working closely with commissioners and colleagues from South West Yorkshire Partnership NHS Foundation Trust to implement a "Thrive" model of service delivery within Calderdale CAMHS, which will introduce a whole system approach to supporting children and young people in the area. The collaboration is now known as the Open Minds Partnership, which is the name young people felt was the best way to describe the service.

From October 2022, Northpoint took on the lead provider role in this service, and will lead the work on development of pathways, clear outcomes and key performance indicators in collaboration with the partner providers.

Northpoint continues to secure funding to pilot new initiatives in Calderdale. These include a digital CBT programme for young people provided by Silvercloud. We also now employ two Children & Young Person's Wellbeing Practitioners (CYWP), as well as 'hosting' trainee CYWPs. The charity has also played a central role in helping to reduce the waiting times experienced by young people and families who are referred for an assessment for autism and/or ADHD.

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**YEAR ENDED 30 SEPTEMBER 2023**

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**Mental Health Support Team**

A new service consisting of Educational Mental Health Practitioner (EMHP) trainees plus clinicians/ supervisors was instituted in September 2020 to provide therapeutic interventions, training and other support to thirty-nine schools across Calderdale. The project is funded by NHS England and Health Education England on a permanent basis. The service has expanded to forty-nine schools and colleges. Our second intake of EMHP trainees completed their qualifications at Sheffield University in Spring 2023. The service employs 12 trainees plus 6 clinician/supervisors with further expansion is anticipated in 2025. In 2023 the team supported 385 children and young people, helped over 2500 people with signposting advice, and engaged in over 12,000 support interactions via workshops, school assemblies, parent/carer drop-ins, and training sessions with school staff.

**Private therapy at Leeds Bridge House therapy centre**

As part of its service offer, Northpoint acts as a gateway for clients who want to access private therapy services by hosting therapists who see clients in private practice at our therapy centre at Leeds Bridge House.

These therapists work independently of Northpoint and offer a range of therapeutic modalities. Although Northpoint does not oversee the client work of any therapist working in private practice on our premises, the charity ensures that all therapists offering private therapy at Leeds Bridge House are qualified, clinically supervised, members of a relevant professional body, and insured to practise.

**Counselling to employees**

The charity has continued to offer brief counselling interventions for staff referred by local employers.

**Mondays@Northpoint**

From 2019 Northpoint offered female survivors of childhood sexual abuse a confidential group space with an experienced therapist to reflect on their experiences and consider how to move forward in their lives. This service was funded at our own cost to fill gaps in the provision in the Leeds area at the time. Over 100 women completed the Mondays@Northpoint programme. Due to the availability of alternative provision in the area we took the decision in December 2023 to pause this service, and we will continue to monitor how we support this need in the future.

**Counselling for parents of under 5s (Leeds) in Community Centres**

Leeds City Council have made the decision to cease funding for this service after 12 years. This service supported over 500 people per year. We have consulted with the five staff affected and are in the process of communicating to clients and stakeholders the service will not be available from March 31<sup>st</sup> 2024.

**Acknowledgements to staff**

In all our endeavours, the provision of good quality services is due to the hard work and dedication of the practitioners, the clinical supervisors, and the management and administrative staff. The Trustees wish to acknowledge this and extend their thanks and gratitude for their efforts and hard work over the period.

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TRUSTEES' ANNUAL REPORT  
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**FINANCIAL REVIEW**

The charity was able to limit the deficit after gains of investments in the year to £90,909. In the context of the ongoing financial re-investment made in our path to achieving our 2023-2026 strategy this was a great result.

***Principal funding sources***

The charity's principal funding source during the period was income from commissioned services.

During the year, contract funding was received from Leeds and Calderdale Clinical Commissioning Groups now part of the NHS West Yorkshire Integrated Care Board, Leeds City Council, Calderdale Council and several Leeds school "clusters". We also accept donations from private individuals.

***Reserves and Investments policy***

Northpoint's policy on the required level of reserves is agreed annually by the Board, as an integral part of the organisation's planning, budget and forecast cycle.

The Trustees' policy takes into account:

- Planned activity levels and risks associated with each stream of income and expenditure
- Organisational overhead commitments
- Organisational liquidity requirements
- Resources necessary to finance or develop new service opportunities

The charity maintains reserves such that there are sufficient finances available to support the organisation's basic infrastructure in the event of an unforeseen cessation or significant decline in its funding. The level of reserves held is such that it would allow sufficient time for the charity to find alternative sources of funding for the activities affected, or to wind up those activities in an appropriate timescale making all necessary redundancy and termination payments.

At 30 September 2023, the charity holds £2,504,212 in reserves, which is approximately 2.5 months of budgeted expenditure for the coming year.

The charity's reserves are intended to be used in the event a sudden cessation of contract income, or similar, results in a major shortfall of funds, or for funding new service developments. As such, these funds are not suitable for long-term investment, and the Board of Trustees holds them as cash deposits.

As Northpoint's cash balances are growing the Trustees are mindful of both our ability and social responsibility to invest any free cash balances in suitable short or medium-term investments, the return from which will support our charitable aim of preserving and protecting good health. At the same time, the Trustees aspire to use the cash balances to ensure the growing organisation's infrastructure is adequately supported and gaps in service provision are addressed where feasible. The Trustees, in conjunction with the Investment Sub-Committee, work with an independent investment advisor to ensure investment providers deliver the best return on their deposits while maintaining a suitable degree of access to the funds. Invested amounts are limited to only free cash balances and performance reports from providers are monitored by the Investment Sub-Committee.

**NORTHPOINT WELLBEING LIMITED  
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(Including Directors' Report and Strategic Report)**

**YEAR ENDED 30 SEPTEMBER 2023**

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**PLANS FOR FUTURE PERIODS**

In the coming year, Northpoint plans to continue its activities, and to seek opportunities to play a part in the transformation of community mental health services for adults and children in our current areas of operation, and to bid for service delivery contracts in the wider Yorkshire region.

Meanwhile Northpoint will retain its commitment to providing high quality interventions for all our clients, supported by strong clinical practice, good training and supervision of staff, and robust management structures, in order to fulfil our charitable objects and strategic aims.

During 2022 we undertook a benchmarking exercise using the Charity Excellence Framework. We compared our organisation's capabilities to sector benchmarks in key areas; Governance, Strategy, Income Generation, Operations, Communications, Finance and Resources, Risk, and People. Whilst we noted a great deal to be proud of in most areas, we are driven to improve on these measures, and this has informed our strategy. We plan to update this in spring 2024 in order to measure our progress and guide our renewed efforts.

The NHS in Leeds has announced a need to produce 8-10% efficiencies to stay in financial balance for the year April 2024 to March 2025. The Leeds Health and Care Partnership has stated "This is without doubt the most challenging position the NHS in Leeds has faced in recent years and comes at a time when there are increases in demand and remaining post-covid recovery in areas such as [...] mental health". This presents an emerging challenge for Northpoint in our Leeds based services as impacts for us have not yet been fully quantified by the NHS, but we are readying ourselves to respond accordingly.

As a part of the Leeds ICB's integrated delivery arrangements for provision of Adult Community-Based Mental Health support, we have a role in the ongoing re-contracting of this work which aims to arrive at an outcomes-focused specification and a new transformed model of care for Voluntary Community and Social Enterprise. This is a developing opportunity and offers us the potential to work closely with other providers in the Leeds area in new ways.

Health Education England's "Psychological Professions Workforce Plan" set out actions for significant development of psychological proficiency in the workforce. We plan to continue being part of the increasing access to psychological expertise under this plan and to use our learning from hosting trainees across our organisation in the past.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The organisation is a company limited by guarantee, incorporated on 19 June 1996, and registered as a charity on 9 September 1996. The company was established under a Memorandum of Association, which details the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are obliged to contribute an amount not exceeding £10.

**Recruitment and appointment of Trustees**

The Directors of the company are also charity Trustees for the purposes of charity law and under the company's Articles are known as Trustees. Under the requirements of the Memorandum and Articles of Association, the members of the Board of Trustees are elected to serve for a period of three years after which they must be elected at the next Annual General Meeting.

Clinical and business skills are both well represented on the Board of Trustees. Where particular skills are identified as being necessary, individuals are approached to offer themselves for election to the Board.

**Trustee induction and training**

New Trustees meet the Chair and the Chief Executive Officer to familiarise themselves with its work and the context within which it operates. New Trustees are made aware of the obligations of Board members, the charity's future plans and objectives, and the current financial position as set out in the latest published accounts. In addition, they are supplied with the relevant publications from the Charity Commission and a copy of the company's Memorandum and Articles.

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**Organisational structure**

Northpoint Wellbeing Limited's Board of Trustees meets at least quarterly and is responsible for the governance of the charity and overseeing its strategic direction. At present, the Board has nine members from different professional backgrounds:

- an NHS programme manager and pharmacist
- a chartered accountant and finance director
- a clinical supervisor and group psychoanalyst
- a retired NHS commissioner
- a senior civil servant
- a people and culture director
- a retired NHS senior manager
- an NHS Clinical Quality Lead
- a qualified accountant in risk management and internal audit

**Organisational structure**

The Board has implemented the practice of a three-yearly rotation of Chair, with a new Chair usually taking over at the close of the relevant Annual General Meeting.

A scheme of delegation is in place. The Chief Executive Officer, supported by management colleagues, is responsible for ensuring the charity delivers and performs in line with its objectives and is adequately financed in a sustainable manner. The Chief Executive Officer is in regular communication with the Chair of the Board of Trustees and as events warrant.

**Pay policy for senior staff**

The Trustees consider the Board of Trustees (who are the Trust's Directors for the purposes of company law), and the senior management team to be the key management personnel of the charity in charge of directing, controlling, running and operating the Trust on a day-to-day basis. All Trustees give their time freely and no Trustee received remuneration in the year. Details of Trustees' expenses and related party transactions are disclosed in notes 8 and 22 to the accounts.

The Trustees are responsible for setting pay scales, in conjunction with the Remuneration Sub-Committee, and pay bands are set in reference to market rates. The pay of the senior staff is reviewed annually and normally increased in accordance with average earnings.

**Accreditation**

Northpoint is an accredited service (number 100814) of the British Association for Counselling and Psychotherapy (BACP). As such, selected policies and procedures are audited annually to maintain this status, with a full audit every five years.

**Major risks**

The charity's risk management register is consistent with Charity Commission guidance and covers the key areas:

- governance risk
- financial risk
- operational risk
- legal and regulatory compliance
- external risk

The risk register is reviewed regularly as part of the Board cycle, along with an Operations and Compliance report which gives additional information to support Trustees' understanding of the register. Trustees are thereby assured appropriate systems and procedures are in place to mitigate risk as far as is possible.

**FINANCIAL INSTRUMENTS**

The trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments.

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**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees (who are also Directors of Northpoint Wellbeing Limited for the purposes of company law) are responsible for preparing the Trustees' Annual Report (including the Directors' Report and Strategic Report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**Disclosure of information to the auditors**

We, the Directors of the company who held office at the date of approval of these Financial Statements as set out above each confirm, so far as we are aware, that:

- there is no relevant audit information of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Directors in order to make ourselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

In approving the Trustees' Annual Report, we also approve the Strategic Report included therein, in our capacity as company directors.

On behalf of the board



J Williams  
Chair

Date: 18/3/24.

# **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF NORTHPOINT WELLBEING LIMITED**

**YEAR ENDED 30 SEPTEMBER 2023**

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## **Opinion**

We have audited the financial statements of Northpoint Wellbeing Limited (the 'charitable company') for the year ended 30 September 2023 which comprise the Statement of Financial Activities (Incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 September 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

It is not possible to predict with certainty the potential impact of future developments in both the charitable company's trading environment or in the broader economy. Because of this, the above statements should not be interpreted as a guarantee that the charitable company will continue to operate as a going concern.

# **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF NORTHPOINT WELLBEING LIMITED**

**YEAR ENDED 30 SEPTEMBER 2023**

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## **Other information**

The other information comprises the information included in the Trustees' Annual Report, other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the Trustees' Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report (incorporating the Strategic Report and the Directors' Report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic Report and the Directors' Report have been prepared in accordance with applicable legal requirements.

## **Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Strategic Report and the Directors' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

## **Responsibilities of Trustees**

As explained more fully in the Statement of Trustees' Responsibilities set out on page 13, the Trustees (who are also the Directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF NORTHPOINT WELLBEING LIMITED

**YEAR ENDED 30 SEPTEMBER 2023**

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## **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

### ***Extent to which the audit was capable of detecting irregularities, including fraud***

The objectives of our audit, in respect of fraud, are: to identify and assess the risks of material misstatement of the financial statements due to fraud; to obtain sufficient appropriate audit evidence regarding the assessed risks of material misstatement due to fraud, through designing and implementing appropriate responses; and to respond appropriately to fraud or suspected fraud identified during the audit. However, the primary responsibility for the prevention and detection of fraud rests with both those charged with governance of the entity and its management.

Our approach was as follows:

- We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general sector experience, and through discussion with the management (as required by auditing standards), and discussed with management the policies and procedures regarding compliance with laws and regulations;
- We considered the legal and regulatory frameworks directly applicable to the financial statements reporting framework (FRS 102, Charities SORP 2019, Accounts Direction 2021 to 2022, the Charities Act 2011 and the Companies Act 2006), the relevant tax compliance regulations in the UK, health and safety and employment law;
- We considered the nature of the sector, the control environment and operational performance;
- We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit;
- We considered the procedures and controls that the company has established to address risks identified, or that otherwise prevent, deter and detect fraud; and how senior management monitors those programmes.

Based on this understanding we designed our audit procedures to identify non-compliance with such laws and regulations. Where the risk was considered to be higher, we performed audit procedures to address each identified risk. These procedures included: testing manual journals; reviewing the financial statement disclosures and testing to supporting documentation; performing analytical procedures; and enquiring of management, and were designed to provide reasonable assurance that the financial statements were free from material fraud or error.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation. We are not responsible for preventing non-compliance and cannot be expected to detect all non-compliance with laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF NORTHPOINT WELLBEING LIMITED**

**YEAR ENDED 30 SEPTEMBER 2023**

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**Use of this report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mark Hunter FCA (Senior Statutory Auditor)  
For and on behalf of TC Group Statutory Auditor

6 Queen Street  
Leeds  
LS1 2TW

Date:.....

19 March 2024

**NORTHPOINT WELLBEING LIMITED**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCORPORATING INCOME AND EXPENDITURE ACCOUNT)**

**YEAR ENDED 30 SEPTEMBER 2023**

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>INCOME FROM:</b>					
Charitable activities	2	8,928,539	1,336,939	<b>10,265,478</b>	7,813,336
Investments	3	83,170	-	<b>83,170</b>	8,153
<b>Total income</b>		<b>9,011,709</b>	<b>1,336,939</b>	<b>10,348,648</b>	<b>7,821,489</b>
<b>EXPENDITURE ON:</b>					
Charitable activities	4	(9,135,249)	(1,336,939)	<b>(10,472,188)</b>	(7,650,092)
<b>Total expenditure</b>		<b>9,135,249</b>	<b>1,336,939</b>	<b>10,472,188</b>	<b>7,650,092</b>
Net gains on investments	5	32,631	-	<b>32,631</b>	(24,353)
<b>Net income</b>		<b>(90,909)</b>	<b>-</b>	<b>(90,909)</b>	<b>147,044</b>
<b>Transfers between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>	17	<b>(90,909)</b>	<b>-</b>	<b>(90,909)</b>	<b>147,044</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	17	2,595,121	-	2,595,121	2,448,077
<b>Total funds carried forward</b>	17	<b>2,504,212</b>	<b>-</b>	<b>2,504,212</b>	<b>2,595,121</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

**NORTHPOINT WELLBEING LIMITED  
BALANCE SHEET**

**AS AT 30 SEPTEMBER 2023**

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	10	322,048	90,412
Investments	11	10	10
		<u>322,058</u>	<u>90,422</u>
<b>Current assets</b>			
Debtors	12	3,084,284	1,771,947
Investments	13	782,058	749,427
Cash at bank and in hand		5,229,176	5,186,176
		<u>9,095,518</u>	<u>7,707,550</u>
<b>Creditors: amounts falling due within one year</b>	14	(6,769,094)	(5,202,851)
<b>Net current assets</b>		<u>2,326,424</u>	<u>2,504,699</u>
<b>Total assets less current liabilities</b>		<u>2,648,482</u>	<u>2,595,121</u>
<b>Provisions for liabilities</b>	15	(144,270)	-
<b>Net assets</b>		<u>2,504,212</u>	<u>2,595,121</u>
<b>Net assets</b>		<u>2,504,212</u>	<u>2,595,121</u>
Charity Funds			
Restricted funds	17	-	-
Unrestricted funds	17	2,504,212	2,595,121
		<u>2,504,212</u>	<u>2,595,121</u>
<b>Total charity funds</b>	17	<u>2,504,212</u>	<u>2,595,121</u>

The financial statements were approved and authorised for issue by the Board on 18/3/24 .....

Signed on behalf of the Board of Trustees



J Williams  
Chair

The notes on pages 20 to 31 form part of these financial statements.

Company registration number: 03216262

**NORTHPOINT WELLBEING LIMITED  
STATEMENT OF CASH FLOWS**

**YEAR ENDED 30 SEPTEMBER 2023**

	Note	2023 £	2022 £
<b>Cash flow from operating activities</b>	20	<b>275,222</b>	858,419
Interest paid		-	-
<b>Net cash flow from operating activities</b>		<b>275,222</b>	858,419
<b>Cash flow from investing activities</b>			
Payments to acquire tangible fixed assets		(315,392)	(102,254)
Interest received		83,170	8,153
Cash paid to acquire investments		-	(120,000)
<b>Net cash flow used in investing activities</b>		<b>(232,222)</b>	(214,101)
<b>Net increase in cash and cash equivalents</b>		43,000	644,318
<b>Cash and cash equivalents at start of period</b>		<b>5,186,176</b>	4,541,858
<b>Cash and cash equivalents at end of period</b>		<b>5,229,176</b>	5,186,176
<b>Cash and cash equivalents consists of:</b>			
Cash at bank and in hand		5,229,176	5,186,176
<b>Cash and cash equivalents at 30 September</b>		<b>5,229,176</b>	5,186,176

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**1 Summary of significant accounting policies**

**(a) General information and basis of preparation**

Northpoint Wellbeing Limited is a registered charity and a company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are set out in the Trustees Annual Report.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**(b) Going concern**

The Trustees assess whether the use of the going concern assumption is appropriate and whether there are any material uncertainties or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The Trustees make this assessment in respect of a period of one year from the date of approval of the financial statements. The accounts have been prepared on the basis that the charity is a going concern.

**(c) Funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of any designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**(d) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**(d) Income recognition (continued)**

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. They are not deferred over the life of the asset.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

Income from contracts for the supply of services is recognised with the delivery of the contracted service when: the stage of the completion, the costs incurred in delivering the service and the costs to complete the requirements of the contract can all be measured reliably.

Investment income is earned through holding assets for investment purposes such as shares and property. It includes dividends, interest and rent. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs. It is included when the amount can be measured reliably. Interest income is recognised using the effective interest method and dividend and rent income is recognised as the charity's right to receive payment is established.

**(e) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the direct costs incurred on the provision of services to the charitable company's beneficiaries.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

**(f) Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to expenditure on charitable activities on a basis consistent with use of the resources. Premises overheads have been allocated entirely to Adult services, as the Young People's services are remote and mobile based, and other overheads have been allocated to each category of charitable expenditure on the basis of staff utilisation.

The analysis of these costs is included in note 4.

**(g) Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Improvements to leasehold property	20% straight line
Fixtures, fittings and equipment	20% straight line
Computer equipment	33% straight line

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**(h) Investments**

Fixed asset investments represent investments in subsidiaries and are measured at cost less impairment.

Current asset investments represent cash equivalents invested in managed funds. These amounts are held for investment purposes rather than to meet short-term cash commitments as they fall due. Current asset investments are initially recorded at cost and subsequently measured at fair value at each reporting date.

**(i) Impairment**

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

**(j) Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

**(k) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**(l) Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening the deposit or similar account.

**(m) Leases**

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

**(n) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**(o) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

**(p) Tax**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**(q) Judgements and key sources of estimation uncertainty**

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year include:

***Measurement of contract income***

Certain contracts for the supply of services cover a period spanning the financial reporting date. Income recognition is reviewed on a contract-by-contract basis and an estimate of the value of services provided as a proportion of the total contract value is made at each reporting date. Where income is received in advance of entitlement, the income is deferred. The carrying value of deferred income is detailed in note 14.

***Useful economic lives of tangible fixed assets***

The annual depreciation charge for tangible fixed assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are re-assessed annually.

They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets.

The carrying value of tangible fixed assets is detailed in note 10 and the useful economic life of each category of fixed asset is set out in the accounting policies, under "Tangible fixed assets", above.

**2 Income from charitable activities**

	2023 £	2022 £
Adult	5,662,986	3,620,190
Young Person	4,602,492	4,193,146
	<u>10,265,478</u>	<u>7,813,336</u>

Income from charitable activities was £10,265,478 (2022 - £7,813,336) of which £1,336,939 (2022 - £1,241,107) was attributable to restricted and £8,928,539 (2022 - £6,572,229) was attributable to unrestricted funds.

**3 Income from investments**

	2023 £	2022 £
Interest – deposits	83,170	8,153
	<u>83,170</u>	<u>8,153</u>

All income from investments was attributable to unrestricted funds.

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

**4 Analysis of charitable expenditure**

	Adult £	Young Person £	2023 £	2022 £
Direct expenditure	5,144,029	4,331,688	9,475,717	6,894,486
Support costs (analysed below)	620,396	376,075	996,471	755,606
	<u>5,764,425</u>	<u>4,707,763</u>	<u>10,472,188</u>	<u>7,650,092</u>

£1,336,939 (2022 - £1,241,107) of the above costs were attributable to restricted funds. £9,135,249 (2022 - £6,408,985) of the above costs were attributable to unrestricted funds.

**Analysis of support costs**

	Adult £	Young Person £	2023 £	2022 £
Staff costs	352,599	235,066	587,665	428,508
Premises costs	66,943	-	66,943	24,940
Professional fees	70,208	46,806	117,014	82,964
Office costs	109,328	72,885	182,213	171,644
	<u>599,078</u>	<u>354,757</u>	<u>953,835</u>	<u>708,056</u>
<u>Governance costs:</u>				
Staff costs	9,970	9,970	19,940	18,990
Audit	6,000	6,000	12,000	8,760
Professional fees	5,348	5,348	10,296	19,800
	<u>21,318</u>	<u>21,318</u>	<u>42,636</u>	<u>47,550</u>
<b>Total support costs</b>	<u>620,396</u>	<u>376,075</u>	<u>996,471</u>	<u>755,606</u>

**5 Gains/(losses) on investment assets**

An unrealised gain of £32,631 (2022 – loss of £24,353) was recorded on the current asset investment managed fund (note 13).

All income from investments was attributable to unrestricted funds.

**6 Net income for the year**

Net income is stated after charging / (crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	83,756	56,343
Operating lease rentals	<u>30,116</u>	<u>37,699</u>

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

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**7 Auditor's remuneration**

The auditor's remuneration amounts to an audit fee of £12,000 (2022 - £8,760).

**8 Trustees' and key management personnel remuneration and expenses**

No Trustees during the year received remuneration or were reimbursed expenses (2022 - £Nil).

The total amount of employee benefits (including employer pension contributions) received by key management personnel is £539,737 (2022 - £463,271). The Trust considers its key management personnel to comprise of the Trustees and the Senior Management Team.

**9 Staff costs and employee benefits**

The average monthly number of employees during the year was as follows:

	<b>2023</b>	2022
	<b>Number</b>	Number
Administrative staff	<b>15</b>	12
Direct service staff	<b>234</b>	190
	<b>249</b>	202

The total staff costs and employee's benefits was as follows:

	<b>2023</b>	2022
	<b>£</b>	£
Wages and salaries	<b>7,594,501</b>	5,550,046
Social security	<b>731,909</b>	535,306
Defined contribution pension costs	<b>333,699</b>	284,605
	<b>8,660,109</b>	6,369,957

One employee received total employee benefits (excluding employer pension costs) of more than £60,000 (2022 - 1).

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

**10 Tangible fixed assets**

	Fixtures, fittings & equipment £	Leasehold improvements £	Total £
<b>Cost or valuation:</b>			
At 1 October 2022	322,075	53,706	375,781
Additions	315,392	-	315,392
Disposals	-	-	-
	<hr/>	<hr/>	<hr/>
At 30 September 2023	637,467	53,706	691,173
<b>Depreciation:</b>			
At 1 October 2022	233,948	51,421	285,369
Charge for the year	81,471	2,285	83,756
Eliminated on disposals	-	-	-
	<hr/>	<hr/>	<hr/>
At 30 September 2023	315,419	53,706	369,125
<b>Net book value:</b>			
At 30 September 2023	<hr/> <b>322,048</b>	<hr/> -	<hr/> <b>322,048</b>
At 30 September 2022	<hr/> 88,127	<hr/> 2,285	<hr/> 90,412

**11 Fixed asset investments**

Investments held by the Charity amounted to £10 being a 100% investment in the subsidiary Leeds Counselling Limited at cost. The company is incorporated in England and has remained dormant since incorporation.

**12 Debtors**

	2023 £	2022 £
Trade debtors	2,946,749	1,771,947
Prepayments and accrued income	137,535	-
	<hr/> <b>3,084,284</b>	<hr/> <b>1,771,947</b>

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

**13 Current asset investments**

Current asset investments amounting to £782,058 (2022 - £749,427) relate to amounts invested in a managed fund in the period. These amounts are accessible on demand and are accordingly classified as current assets.

Total current asset investment movement in the year:

	2023 £	2022 £
Market value brought forward	749,427	653,780
Add: additions to investments at cost	-	120,000
Add: net (loss)/ gain on revaluation	<u>32,631</u>	<u>(24,353)</u>
	<u>782,058</u>	<u>749,427</u>

**14 Creditors: amounts falling due within one year**

	2023 £	2022 £
Trade creditors	210,996	131,018
Other tax and social security	183,856	346,192
Other creditors	140	43,836
Accruals and deferred income	<u>6,374,102</u>	<u>4,681,805</u>
	<u>6,769,194</u>	<u>5,202,851</u>

**Deferred income**

	2023 £	2022 £
Amounts brought forward	4,642,705	3,567,369
Additions during the year	4,211,482	4,724,211
Amounts released to income	<u>(2,631,225)</u>	<u>(3,648,875)</u>
Deferred income as at 30 September 2023	<u>6,222,962</u>	<u>4,642,705</u>

Income has been deferred where it has been received in advance of the provision of services.

**15 Provisions for liabilities**

	2023 £	2022 £
Provision for lease dilapidation	<u>144,270</u>	<u>-</u>

**NORTHPOINT WELLBEING LIMITED  
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**16 Leases**

**Operating leases - lessee**

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Not later than one year	24,366	30,116
Later than one and not later than five years	<u>18,591</u>	<u>42,957</u>
	<u><b>42,957</b></u>	<u><b>73,073</b></u>

**Operating leases - lessor**

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Not later than one year	10,079	19,570
Later than one and not later than five years	<u>-</u>	<u>29,649</u>
	<u><b>10,079</b></u>	<u><b>49,219</b></u>

**17 Fund reconciliation**

**Unrestricted funds**

	Balance at 1 October 2022 £	Income £	Expenditure £	Gains, losses & Transfers £	Balance at 30 September 2023 £
General funds	2,595,121	9,011,709	(9,135,249)	32,631	2,504,212
	<u><b>2,595,121</b></u>	<u><b>9,011,709</b></u>	<u><b>(9,135,249)</b></u>	<u><b>32,631</b></u>	<u><b>2,504,212</b></u>

**Restricted funds**

	Balance at 1 October 2022 £	Income £	Expenditure £	Gains, losses & Transfers £	Balance at 30 September 2023 £
Supporting Emotional Health and Wellbeing	-	48,552	(48,552)	-	-
Mental Health Support Teams	-	1,119,342	(1,119,342)	-	-
Transition Support	-	-	-	-	-
Trauma pilot	-	169,045	(169,045)	-	-
	<u>-</u>	<u><b>1,336,939</b></u>	<u><b>(1,336,939)</b></u>	<u>-</u>	<u>-</u>

<b>Total funds</b>	<u><b>2,595,121</b></u>	<u><b>10,348,648</b></u>	<u><b>(10,472,188)</b></u>	<u><b>32,631</b></u>	<u><b>2,504,212</b></u>
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**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

**17 Fund reconciliation (continued)**

Comparative information in respect of the preceding period is as follows:

**Unrestricted funds**

	Balance at 1 October 2021 £	Income £	Expenditure £	Gains, losses & Transfers £	Balance at 30 September 2022 £
General funds	2,448,077	6,580,382	(6,408,985)	(24,353)	2,595,121
	<b>2,448,077</b>	<b>6,580,382</b>	<b>(6,408,985)</b>	<b>(24,353)</b>	<b>2,595,121</b>

**Restricted funds**

	Balance at 1 October 2021 £	Income £	Expenditure £	Gains, losses & Transfers £	Balance at 30 September 2022 £
Supporting Emotional Health and Wellbeing Mental Health Support Teams	-	48,276	(48,276)	-	-
Transition Support Trauma pilot	-	1,069,177	(1,069,177)	-	-
	-	90,572	(90,572)	-	-
	-	33,082	(33,082)	-	-
	-	<b>1,241,107</b>	<b>(1,241,107)</b>	-	-
<b>Total funds</b>	<b>2,448,077</b>	<b>7,821,489</b>	<b>(7,650,092)</b>	<b>(24,353)</b>	<b>2,595,121</b>

**a) Unrestricted funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

**b) Restricted funds**

**IAPT Direct Access**

This project was funded to support initiatives to allow more IAPT patients to access treatment directly, without the need for a full screening assessment.

**IAPT Waiting List Initiatives 1, 2 and 3**

Funding was secured for these initiatives to reduce the number of IAPT patients waiting for treatment.

**NREC Investments**

This funding was secured to invest in non-recurring support staff roles within the IAPT infrastructure.

**NORTHPOINT WELLBEING LIMITED  
NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2023**

**17 Fund reconciliation (continued)**

**Newly Qualified Posts**

This project was funded to add more qualified staff to the IAPT service delivery team.

**Trainee Salaries**

This project was funded to recruit and train additional IAPT service delivery staff.

**Supporting Emotional Health and Wellbeing**

This project was funded by Calderdale Council and Calderdale Youth Justice Service to provide specialist mental health outreach to vulnerable children and young people who struggle to engage with CAMHS.

**Transition Support**

This project was funded to provide support to staff/parents/students in managing the emotional impact of transition to secondary school.

**Trauma pilot**

This project is to deliver services for young people experiencing mental health difficulties due to past trauma.

**18 Analysis of net assets between funds**

Fund balances at 30 September 2023 are represented by:

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	322,058	-	322,058
Cash at bank and in hand	2,566,511	2,662,665	5,229,176
Other current assets	3,866,342	-	3,866,342
Other current liabilities	(4,250,699)	(2,662,665)	(6,913,364)
<b>Total</b>	<b>2,504,212</b>	<b>-</b>	<b>2,504,212</b>

Comparative information at 30 September 2022 is as follows:

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	90,422	-	90,422
Cash at bank and in hand	2,753,114	2,433,062	5,186,176
Other current assets	2,521,374	-	2,521,374
Other current liabilities	(2,769,789)	(2,433,062)	(5,202,851)
<b>Total</b>	<b>2,595,121</b>	<b>-</b>	<b>2,595,121</b>

**19 Capital commitments**

	2023 £'000	2022 £'000
Contracted for, but not provided in the financial statements	<u>634,584</u>	-

**NORTHPOINT WELLBEING LIMITED**  
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**YEAR ENDED 30 SEPTEMBER 2023**

**20 Reconciliation of net income to net cash flow from operating activities**

	2023 £	2022 £
Net income for year	(90,909)	147,044
Interest receivable	(83,170)	(8,153)
Depreciation and impairment of tangible fixed assets	83,756	56,343
Decrease/(increase) in debtors	(1,312,336)	(693,396)
Increase in creditors	1,710,512	1,332,228
Unrealised gain on investments	(32,631)	24,353
	<u>275,222</u>	<u>858,419</u>
Net cash flow from operating activities	<u>275,222</u>	<u>858,419</u>

**21 Pensions and other post-retirement benefits**

The charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £333,689 (2022 - £284,605). At the year-end contributions of £Nil (2022 - £43,836) were outstanding.

**22 Related party transactions**

No related party transactions took place during the reporting period.

**23 Financial instruments**

The carrying amounts of the charity's financial instruments are as follows:

	2023 £	2022 £
<i>Financial assets</i>		
Debt instruments measured at amortised cost:		
- Trade debtors (note 12)	2,946,749	1,771,947
- Accrued income	-	-
	<u>2,946,749</u>	<u>1,771,947</u>
Equity instruments measured at fair value		
- Current asset investments (note 13)	782,058	749,427
	<u>782,058</u>	<u>749,427</u>
<i>Financial liabilities</i>		
Measured at amortised cost		
- Trade creditors (note 14)	210,996	131,018
- Other creditors (note 14)	140	43,836
- Accruals (note 14)	295,411	39,100
	<u>506,547</u>	<u>213,954</u>

The total interest income and interest expense for financial assets and financial liabilities that are not measured at fair value was £83,170 (2022 - £8,153).