

Supporting Oxford Health NHS Foundation Trust to enhance the experience of patients, carers and staff



Oxford Health Charity
Annual Report
2022/2023





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Welcome



Welcome to our annual report for 2022-23 which encompasses the required financial reporting as well as a reflection on the year through the stories of our fundraising, projects, activities and developments.

Oxford Health NHS Foundation Trust covers a wide geography and wealth of services and, as the NHS charity supporting the Trust, we endeavour to ensure that our support has the same far-reaching approach. The reflections in this annual report highlight projects from across the region that have been supported during the year.

We could not offer the support for projects and activities to enhance the experience of patients, carers and staff across the Trust without the amazing donations that come into our charity appeals or the grant opportunities that we are able to access through national bodies like NHS Charities Together and the National Lottery, along with local support from our Leagues of Friends, local councils, social enterprises, arts bodies and local trusts.

Your support – whether financial, social or physical – is truly appreciated and makes a difference every day.

Oxford Health Charity





Julie Pink (Head of Charity & Involvement), Angela Conlan (Oxford Health Arts Partnership Project Lead) and staff from Abingdon Minor Injuries Unit, at the opening of their new, charity-funded children's waiting & treatment areas.

Our Mission

Our mission at Oxford Health Charity is to enhance the experience of patients, carers, families and staff involved with the services of Oxford Health NHS Foundation Trust.

The Trust delivers physical, mental health and social care for people of all ages across Oxfordshire, Buckinghamshire, Swindon, Wiltshire, Bath and North East Somerset. Our services are delivered at community bases, hospitals, clinics and in people's homes. The Charity supports all these services over and above NHS funding.

Our Strategy

2019-22

The 2019-22 Strategy was a foundation-setting strategy for Oxford Health Charity and, although there were many bumps in the road thanks to the pandemic, this period provided the stepping stones to create a strong foundation on which future developments can be built.

The focus of the strategy was set in four objectives:

- 1 To enhance fundraising activity.
- 2 To enable efficient and effective expenditure.
- 3 To promote and celebrate Oxford Health Charity.
- 4 To increase charity resources.

All four objectives were met during the period and the charity increased its impact across all areas of the Trust, with:

- ✓ higher levels in fundraising income.
- ✓ more projects and activities supported.
- ✓ a wider reach on internal and external networks.
- ✓ a growing team.



2022-23

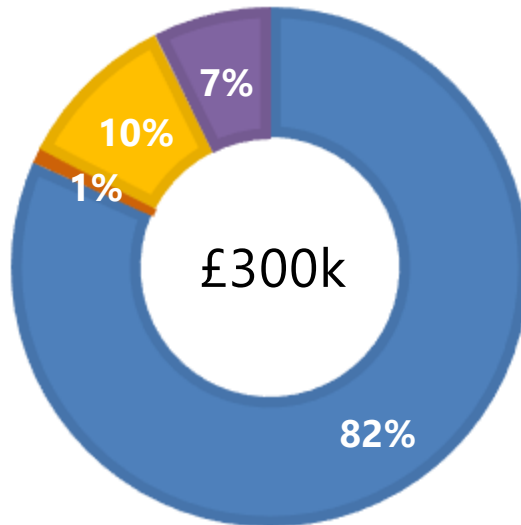
In order to ensure that the next steps for Oxford Health Charity are embedded in the needs and direction of the Trust, 2022-23 has been spent in a period of consultation and engagement ahead of releasing a new strategy for 2023-28. The consultation has included workshops, surveys, presentations and interviews across a wide range of stakeholders. The NHS Charities Together Development Grant also allowed for funding to support this process and Oxford Health Charity worked with More Partnership towards the end of this period to consolidate the learning and bring together a plan for growth.

Next Steps

The 2023-28 Strategy will bring a sense of focus and development, following the impact of COVID, and will enable Oxford Health Charity to increase the positive and meaningful impact it can have on patients, carers and staff across Oxford Health NHS Foundation Trust. The 2023-28 Strategy will be launched during 2023 and will be supported by a framework of actions and goals.

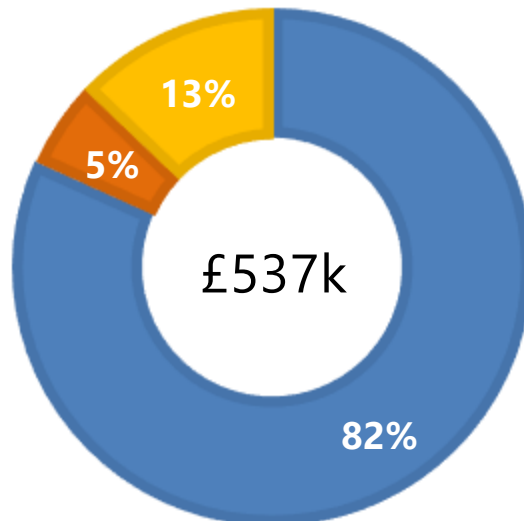
Financial Snapshot

Income



- Donations
- Legacies
- Grants
- Investments

Expenditure



- Patient welfare
- Staff welfare
- Research and Education

Our Current Appeals



Where the Need is Greatest



Oxford Health Cares
Supporting staff wellbeing



In Memory

Making a donation in memory of a loved one is a very personal way of supporting the team, ward or service that supported them in their time of need



Respite for Oxfordshire's Sick Youngsters (ROSY)

Supporting families by providing respite care to young people with life limiting illnesses



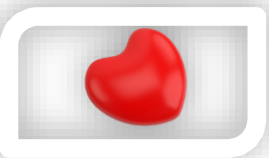
Oxford Health Arts

Delivering projects and activities engaging those receiving care in expressing themselves through the arts



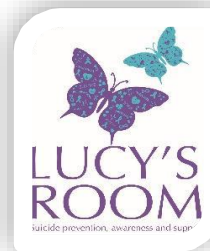
Green Spaces

Bringing our outdoor spaces to life, making a positive difference for our patients, staff and visitors



Service Specific Appeals

Supporting specific services across the Trust including Community Hospitals and Services; Buckinghamshire Mental Health and Oxfordshire and West Mental Health services



Lucy's Room

The creation of a music facility at the Warneford Hospital. Lucy's Room will provide a safe space for patients to make and play music as well as receiving music therapy sessions.

Appeals to look out for in 2023 and beyond



PICU (Psychiatric Intensive Care Unit)

A new PICU is being developed at the Warneford Hospital in Oxford. Our new PICU appeal focuses on four enhancements

- Gym – a garden exercise room
- Sensory room – a bespoke sensory space
- Art – unique pieces created to compliment the services provided
- Garden – establish safe and engaging green spaces

Oxfordshire Stroke Rehabilitation Unit

Our OSRU Unit based at Abingdon Community Hospital, are looking to raise £7500 to purchase new equipment which will enable our stroke survivors to use their affected arms more independently, and practise their exercises at higher intensity. Both these factors are known to improve people's chances of recovery.



HealthFest 2022-23



HealthFest has been an annual event for the charity since its launch in 2018. For the first two years it saw a wide range of Trust staff/services, alongside local community, voluntary and charitable organisations from across Oxfordshire, set up stalls and attractions on the lawn of the Warneford Hospital, Oxford. In 2020, the pandemic necessitated a new approach and our first 'Virtual HealthFest' was born.

Our online approach continued in 2021, where all Oxford Health staff, volunteers and governors were invited to attend our virtual health and wellbeing sessions. Focussing on the theme of 'Reflection and Recovery', the event catered for a broad range of interests; life coaching, origami, Indian cookery, seated dance, and wellbeing through art to name just a few!

This year, our HealthFest programme focussed once again on staff health and wellbeing. With Covid restrictions being more relaxed, it was delivered in a new format which saw a series of online and in-person sessions being run for one week per month from Oct'22 to Jan'23.

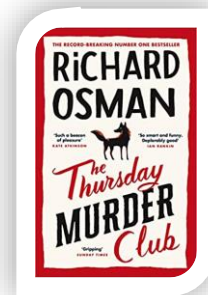
Once again, we were pleased to offer a wide variety of activities:



African / Hip Hop
Dancing



Meditation



Book Clubs

Yoga



Art (including painting,
sketching, collaging & art
appreciation)

Life Coaching (focusing on self-care,
New Year's resolutions, future planning,
self-awareness)

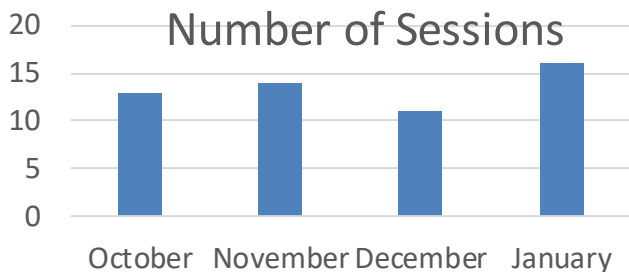
Zumba!

Zentangle®



Forest-bathing

Wellbeing
Walks



54
HealthFest
sessions
offered



47 hours of wellbeing sessions

4 prize draw
hampers



I am delighted to have won the hamper and am looking forward to sampling its contents. The HealthFest has been a wonderful opportunity in which to step out of the busy work environment and spend time learning a new skill. I have taken part in yoga, origami and Zentangle® and have enjoyed all three.

The activities timetable is incredible this year. I feel very grateful that the trust are putting these on again, with a variety of timings and activities to suit all.

Keep it going, it's really nice to attend an activity that is completely separate from the day job. It rests the mind.

I...am very grateful for the opportunities and for the Trust focus on staff wellbeing which is fundamental in the delivery of quality services to patients and for corporate services clients.



...really impressed with the variety [of activities]. Thank you again for organising. The fact they are scheduled in work time too really gives us "permission" to focus on our wellbeing at work.

It's a great itinerary. Thank you for doing this! Feel very blessed to be offered it via work.

I think that there is a great variety of activities on offer. I have really enjoyed the sessions available, HealthFest has been a great thing to really support staff to take time out.

A fabulous program!



Highlights of the Year

April 2022



Saturday the 23rd saw the return of the **ROSY Great Estates Walk**, organised by patron, Tania Evans. Oxford Health and ROSY families, friends and colleagues set off at 8am after breakfast at Wilcote Manor. The 26-mile route took them through some of the most beautiful parts of Oxfordshire including Blenheim, Ditchley and the Wychwood Forest. Oxford Health walkers included nurses and healthcare assistants from the Community Children's Nursing team as well as senior figures from Community Services.

This annual fundraiser, held in support of our Respite for Oxfordshire's Sick Youngsters fund, raised an amazing **£26,517**. ROSY provides respite nursing care at home for children with chronic, life-limiting or terminal illnesses in Oxfordshire; equipment which can improve these children's daily lives; and a family counselling service.



We launched our **Make Your Rest Area Shine** project, inviting teams to use our charity shopping list to refresh, and add some colour to, their staff rest

spaces. We received requests from over 60 teams for items such as cushions, beanbags, posters, window vinyls, plants and cutlery. This project was made possible thanks to funding from NHS Charities Together.

The **'Artists in Residence'** project continued apace this month, with six artists visiting over 100 patients across four community hospitals – leading them in a range of sessions: dance, music & movement, drawing, painting and the visual arts.



We listened to some opera and imagined being in a cocktail party in Italy with champagne and great food. Great chat again about how music can take you to a different place...



Oxford Health Charity supporters came out in force again for the **Blenheim 7k**! Our biggest ever team included 20 members of our own Oxford Health family, such as 'Ruckli's Runners' from Older Adults Community Mental Health (Manzil Way, Oxford) who were running in memory of a much-loved team member.



This year's event had a new 7k race for dogs (and their humans!), as well as the 1-mile course for Under 15s and a 4-mile route for buggies and wheelchair



users. Despite the very soggy weather, everyone completed their races with a smile. A BIG thank you to all who took part – both humans and SuPAWters! – and to those who fundraised; almost **£1100** was raised in support of Oxford Health patients, carers and staff.



Seven current and ex-members of the Care Home Support Service Team (Windrush House, Witney),

braved the 20 obstacles, six colour stations and 20 music zones of the Milton Keynes 5k **Color Obstacle Rush** to fundraise for, and increase awareness of, the service and the important work it provides.

This month we saw Oxfordshire Recovery College and the Forensic Recovery College launch their new resource, '**The Library of Life**', with a live showing at the Ultimate Picture Palace in Oxford.

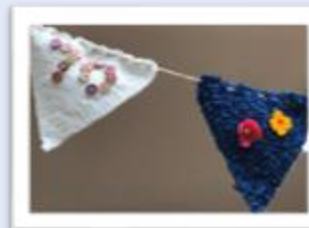


This collection of video stories, is designed to build hope and break down stigma around mental health. Made by college students and tutors, these films describe journeys that have been taken towards recovery and to overcoming life's hurdles. It is hoped that the stories will offer their audience new perspectives on difficult situations that they may themselves encounter.



Supported by Oxford Health Charity funding for refreshments, staff and patients across all 35 of the Trust's wards celebrated the **Queen's Platinum Jubilee** in style this month. Smiles, laughter (and occasional tears of happiness) rang out around Oxfordshire's community hospitals in Abingdon, Bicester, Didcot, Oxford (City), Wallingford and Witney, as celebrations for this historic event were held before, during and after the bank holiday weekend.

...there were some really magical moments. The music could be heard across the hospitals, travelling down the corridors to be enjoyed by everyone....



Union Jack bunting and balloons aplenty adorned our wards, day rooms and beautiful garden spaces, while the cream teas flowed; joyful performances were delivered by local musicians and entertainers, such as Mary-Lou Revue, the Orchestra of St John and Oxford Health's own musician-in-residence, Dave Noble; and a host of activities were enjoyed, such as quizzes, crocheting and yarn bombing outdoor areas with red, white and blue decorations.



Oxford Health Arts Partnership (OHAP), supported by Oxford Health Charity, led on the fantastic Platinum Jubilee celebrations held across the Trust, which were organised by staff, volunteers and Angela Conlan (Project Lead/Arts Co-ordinator for OHAP).



We were gifted two tickets, via NHS Charities Together, to the **BBC's, 'Platinum Party at the Palace'**, being held outside Buckingham Palace on Saturday 4th June. We were thrilled to pass these on to our top staff fundraiser, Libby Pannett-Smith (Occupational Therapist at Marlborough House, Swindon), who raised over £2,500 with a cycling challenge in 2021. After the concert, Libby commented:

I can't thank you enough for such an amazing gift - it was an incredible, once-in-a-lifetime experience. It was just what I needed after a particularly tough year. The memories of the evening will stay with me forever.



<https://bit.ly/DrHuntNatureForCAMHS>

Dr David Hunt (Research Lead, Oxford Healthcare Improvement) published his research paper, ***Bringing nature into CAMHS inpatient services: reflections for the implementation and integration of training into practice*** (see link & code opposite). His article followed two charity-funded initiatives undertaken by our CAMHS service (the Marlborough House Adolescent Unit, Swindon) – the 'Families in the Wild' pilot, (see July for project details); and 'NatureWell Facilitator Training' provided by The Natural Academy, which saw staff upskill in using nature-based approaches to support mental health.



The **Summertown Stars Football Tournament**, held at Cutteslowe Park (Oxford), was a great opportunity for the charity team to get out and see the U16 girls' football team that we sponsor in action! It was a successful tournament all round for: building awareness of Oxford Health Charity and meeting Oxford Health staff; fundraising; giving our new gazebo its first outing; and for Summertown Blues, who won the U16s competition!

National Volunteers' Week was a great time to recognise the amazing support that our volunteers have continued to show our patients, staff and services throughout the pandemic and to say thank you for their continued commitment and passion.



Supported by charity funding, Oxford residents at Morrell Crescent (and their keyworkers) enjoyed a **Bournemouth day trip**, fulfilling goals such as: seeing new scenery / views; socialising; trying new hobbies (e.g. fishing); and taking long walks to improve fitness.

I wish I could have stayed for the whole weekend.

Following the trip, residents became more outgoing, engaged more within their social groups, and were keen to organise another group trip.



The annual **Lucy's Room Golf Day** at Kirtlington Golf Club was a great success, raising over **£1000**. Supporters enjoyed a breakfast roll, before heading out onto the green to play their 18 holes, followed by a BBQ lunch, a raffle and an awards ceremony for individual and team prizes.



The **Families in the Wild** project (a two-day event made possible by charity funding) was organised again by CAMHS staff at Marlborough House, Swindon. It invited young people and their families to engage in mindfulness and forest school activities that helped promote wellbeing as well as build family bonds and connections with nature.

Run in partnership with Wiltshire Wildlife Trust at a local nature reserve, families enjoyed activities such as: making a hot drink using a Kelly kettle; building a shelter; making 'boggarts' out of clay; bark whittling and pressing wild flowers.

It was lovely to be relaxed as a family, it felt like a long time since that had happened.

This family programme has now been extended into team away days in the wild. To enhance both the family and staff events, Oxford Health Charity has further supported the CAMHS team by providing funding for the purchase of a fire pit which has proved especially popular with event participants.



July 2022



Thanks to charity funding, members of the Mental Health Support Team based in Keynsham, Bristol enjoyed a **watercolour wellbeing activity** on their staff development day. This relaxing activity enabled participants, who often work remotely, to complete an activity together and helped to strengthen relationships across the team.

I really enjoyed the watercolour activity... It was really therapeutic sitting down and painting alongside colleagues. I think we have formed deeper connections with each other...

Oxford Health patients, service-users, staff and the community celebrated 74 years of the NHS in style across the Trust with an **NHS Big Tea party**. As the tea flowed and delicious cakes were eaten, live music was enjoyed at our Community Hospitals.

Some also took the opportunity during their Big Tea events to fundraise for Oxford Health Charity. The Oxford City Learning Disability team and their clients raised over **£110** while staff at Wallingford Community Hospital raised **£164**.



To mark their Wallingford event, Jo Radbourne and Lauren Cornish were interviewed by BBC Oxford for the 6pm news!



Louisa, a previous inpatient at Warneford Hospital, climbed **Ben Nevis** with six friends and family, raising funds to support the delivery of therapeutic services for patients on the ward. Through completing this unforgettable and epic challenge, they raised over **£2800**!

Our first **Youth Mental Health Summit** event with Unloc took place at North Oxfordshire Academy, Banbury. During the event, the young people wrote their responses to *"What does the NHS mean to you?"* on wooden hearts which were collected in a frame to mark the day.



A team of eight riders from 1 Regt Royal Logistics Corps (Fijian Community), completed a **12-hour static cycle** in aid of Bicester Community Hospital. They cycled around 850 miles – the equivalent of almost three laps of Viti Levu, the largest island in the Republic of Fiji! Led by Staff Sergeant Akuila Bola, the team's heroic efforts raised over **£1475**.

Before



The charity team were delighted to fund striking new artwork, wall-mounted toys and safer flooring for the **renovation of the children's waiting area at Abingdon Minor Injuries Unit**. This once tired and dated space has now become a bright, inviting and interactive environment which has been a huge hit with patients and their families!

After



Children have been completely blown away and have been very reluctant to come into the (treatment) unit as they have been having so much fun in the waiting area!

This project has allowed staff to use the murals during their consultations to assess cognitive ability.

Before



The colourful seaside theme of the bespoke mural in the waiting area continues through into the children's treatment bay and includes many fun features to spot, such as puffins and a helter-skelter as well as local landmarks and a hot air balloon displaying the Charity logo. All elements were chosen to help children to feel calm while waiting to be treated.

After



Charity funding enabled the purchase of small, **inspirational graduation gifts** to reward clients for their hard work and commitment in successfully completing their Dialectical Behaviour Therapy through the Bucks CAMHS service.

As part of our ongoing green spaces programme, designed to enhance outdoor areas for patients, carers and staff, Chiltern Rangers returned to Saffron House to **'spruce up' the unit's garden spaces**.



We were pleased to fund the hire cost for the Wycombe Museum site, so that 230 staff members could attend the **Bucks Healthy Minds Away Day**. This event offered staff work-related development opportunities, as well as team building and wellbeing activities such as a wildlife walk and creative arts classes in clay and dance / fitness.



Joining them were a team of young people following the 'Stepping

Stones to Employability' programme.



A charity-supported summer highlight for patients and staff at Marlborough House, was their trip to **Cotswold Wildlife Park & Gardens**, Burford.

All those able to attend, particularly enjoyed visiting the young Southern White Rhino calves, watching the primates' antics, catching the penguin feed and exploring the gift shop!



We are so grateful to Oxford Health Charity for supporting this trip. It certainly has been the best day of the holidays for some of the young people... From a staff perspective, it gave us the opportunity to spend time informally with the people we care for and enabled deeper relationships to be developed.



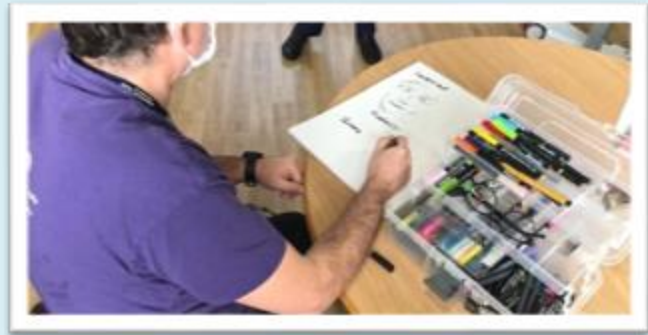
After a three-year development and fundraising programme, the **Littlemore Meadow Outdoor Gym** was officially opened on 30th August by CEO Nick Broughton. Plans for the gym began in 2019 with Darren Davies (the Lead Physical Fitness Practitioner at the Oxford Clinic) designing the outdoor fitness area, with input from a steering group which included members of the Oxford Health Charity team.

The fundraising programme, which kicked off with staff members completing an ultra-marathon and joining the Charity's Oxford Half team, succeeded in raising over £5000 before plans were paused by the epidemic. Back on track in late 2021, the gym received final approval, with further significant funding provided by Oxford Health Charity, in March of this year.



Created to give Littlemore service users and staff a full body work out whilst stimulating the mind in the great outdoors, this freely accessible fitness equipment includes a cross stepper, waist trimmer, seated cycle, air walker, cross trainer and chest press.

In July, members of the 1 Regiment Royal Logistic Corps (Fijian Community) from St David's Barracks in Bicester supported Oxford Health Charity by completing a twelve-hour static cycling challenge. The Charity team were pleased to award this funding, raised specifically in aid of Bicester Community Hospital, to Oxford Health Arts Partnership to run a **new participatory arts project** designed to engage with – and boost morale for – inpatients and staff.



This 12-week programme would see Artist in Residence, Tom Cross, spend one afternoon per week working with everyone through storytelling and drawing. Tom is a 'visual storyteller' who works to capture people's stories and memories within different art mediums. For this project, Tom planned to use felt-tip pen to explore and depict aspects such as the secret superpowers of staff members!

All the artwork produced would form part of an NHS 75 exhibition at the Mill Arts Centre in Banbury in July 2023.

As part of his **Junior Captain's Day at Marlborough Golf Club**, seventeen-year-old Finn chose to fundraise for Oxford Health Charity. He elected for the **£800** that he and other club members collectively raised to go towards our fund for the Cotswold House Eating Disorder Unit



at Savernake Hospital, Marlborough in recognition of the care, support and treatment that his cousin received while at the unit.

Charity funding enabled six members of the **Community Heart Failure Team** to attend the annual British Society of Heart Failure Conference – three in person and three remotely. Joining this pivotal 2-day event ensured the team will continue to extend their knowledge in areas such as clinical trials, disease classification, medication, cardiac rehab, remote monitoring, psychological support and end of life care – keeping them up to date with all new developments so they can maintain their high standard of patient care.

If the charity had not supported this project our team would not be up to date and would not be able to see and discuss the information from the conference which would mean our care to our patients would not be a high standard.



The amazing, 21-strong team of Oxford Health Charity runners were among the 5000+ people who challenged themselves to complete this year's **Oxford Half**.

Our marathon heroes were not only spurred on along the route by the live music playing at every mile but also by the crescendos of cheers emanating from friends, family members, charity staff and members of the public as they made their way to the finish line.



Each team member had their own personal motivations for running, including raising awareness of the vital role our charity plays in enhancing patient and staff experiences across the Trust as well as fundraising for one of our appeals or their chosen service.

Through their outstanding achievements, our team collectively raised **£6200+** for their selected funds!

Using charity funds that were approved in April, as well as League of Friends funding, the Wallingford Adult Mental Health Team completed the development of a **new, comfortable staff rest area**.

It is such a wonderful space where we can switch off from work and relax. We...have noticed the benefits on our own wellbeing by having the space to decompress.



This year also saw us celebrate Vicki, our **first ever London Marathon runner**. She was thrilled to have crossed the line in just over 6 ½ hours and to have raised almost **£750** in aid of Cotswold House Eating Disorder Unit, Marlborough.



It was absolutely amazing! ...it was just such a privilege to be able to run, and especially for a cause so close to my heart... it's been such a positive and lovely experience for me to run for your charity...



All those entering Wantage Community Hospital were welcomed by **two, striking, 1.5m² artworks** displayed in the main corridor this month. These impressive and vibrant mixed media collage panels were the result of the first stage of a charity-funded arts project being co-run by Oxford Health Arts Partnership and Vale & Downland Museum.



The project, which has been designed to engage the local community in celebrating the work of the hospital, involved three one-day summer workshops at the local primary school, the museum and the hospital.



Over 60 members of the community (including hospital staff and volunteers) took part in these events where, as well as adding to the artwork, attendees contributed memories and donated ephemera connected to the hospital which could then be used to create wall displays and memory boxes – all enhancing the town’s history.

To add further interest, both panels contain hidden ‘golden keys’ – representing the missing Golden Key used by Her Highness Princess Helena Victoria to open the hospital on 30th June 1927.

We are proud to be supporting this creative arts community project and look forward to seeing the artwork from the second stage – expected to go on display next summer.

We launched our successful **Inspiring Improvement Grant Programme** which was open to anyone undertaking a QI project with Oxford Healthcare Improvement. Applications for up to £10 000 of funding were set to close at the end of December, with staff representing all eligible projects being invited to present to a panel of charity trustees and QI experts ('Dragon's Den' style!) in the new year. We hope to see this programme become an annual opportunity for Oxford Health Charity to continue to support innovation and improvement which is aimed at enhancing patient experience across our services.



HealthFest – our staff wellbeing programme launched. See pages 8-9 for full details.



With the support of charity funding, the Trust marked **National Tree Week** (the UK's largest annual tree celebration) by planting new trees at four Oxford Health sites across the counties of Oxfordshire, Buckinghamshire and Wiltshire.

We were pleased to fund tickets for all eligible inpatients on local wards to attend the **Bonfire Night celebrations** in South Park, Oxford. Staff noted that, without our funding, many patients would not have been able to go along and enjoy the fireworks event.

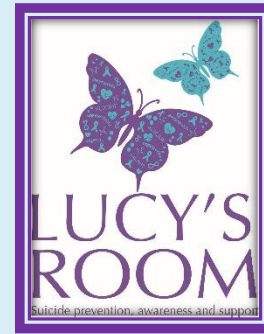
They were particularly surprised to see the impact it had on one patient, who hadn't engaged in any ward-based activities for weeks:

[He] barely came out of his room yet agreed to come to the fireworks night. Since coming, he has started joining in more therapeutic activities on the ward...!

All those who attended the annual **Lucy's Room Masquerade**



Ball, held this year at Bicester Hotel Golf & Spa, were treated to a delicious three course meal, live entertainment, a casino and a disco as well as a silent auction and raffle.



Proceeds from this glittering event went towards our Lucy's Room Appeal.

A colourful welcome now awaits all those entering Wallingford Community Hospital, as they are greeted by **striking rainbow vinyls** on the entrance doors and Reception area windows – purchased with charity funds.



It is really brightening everyone's day...we have had so many compliments on the impact of the rainbows, they are very well loved so much already!



A Trust service user launched her new **'COURAGE' clothing line** and chose to donate proceeds from her sales to our fund for Cotswold House Eating Disorder Unit, Marlborough. Motivation came from her having had need of the unit's support on several occasions; a result of the profound effect that losing her older sister at 11 years old had on her mental health.

Courage continues to guide her as she navigates a new pathway but that doesn't mean all is perfect. She wanted to reflect this in her clothing designs, which also include the poignant message, *'thoughts not facts'*. She explained:

'Thoughts not facts' – a mantra I...repeat daily, that the thoughts I have are just in my head and are often false... [they] must be tried, tested and justified before I start to believe them.



Through the sales from her inspiring clothing range, this entrepreneur raised an amazing **£2500**.



Staff at Wenric House purchased new, **charity-funded gym equipment** for their exercise space. The addition of the utility bench, rowing machine, cross trainer and set of dumbbells will increase the amount of physical activity available to service users, improving clients' physical as well as mental health.

Helps me keep busy.

The Charity team were pleased to run a trustwide prize draw, where lucky entrants won a festive, **sparkly hair accessory** donated by QueenMee.



Service users at Marlborough House enjoyed a festive, **wreath-making session from TWIGS** – a therapeutic community garden in Swindon designed to help those experiencing mental health problems to regain confidence and learn new skills. This was the first of six TWIGS therapeutic sessions which have been funded by Oxford Health Charity – the next, creating Kokedama (Japanese 'moss balls') made with snowdrops, is planned for February.





Oxford Health Arts Partnership's Annual Report (OHAP) was published for 2022, which showcased some of the engaging work that the team (consisting of two part-time staff, volunteers and freelance artists) delivered throughout the year as part of their award-winning arts programme. To read the OHAP Annual Report in full, follow the link opposite.

https://bit.ly/OHAP_AR2022

With no allocated Trust budget provided for the team, we are pleased to be able to support OHAP by regularly putting project funding requests forward for approval on their behalf.



Evidence for the impact of the arts in healthcare settings has grown significantly over the last few years. This knowledge lies at the core of the OHAP arts strategy, which aims to inspire recovery, wellbeing and growth through creativity for patients, carers and staff.

In 2022:

*OHAP delivered **373** arts sessions across the Trust.*

*Over **3200** people attended arts sessions.*

***48%** of patients stated their mood had improved after attending an arts session.*

With the festive season upon us, we were pleased once again to fund a trip to **Waddesdon Christmas Fair** for the Bucks Carers Support Group.

Those unable to attend could join the group's annual online Christmas quiz, for which Oxford Health Charity also funded the prize of a luxury Christmas hamper.

To ensure that every inpatient, in the 33 mental health and community hospital wards, would receive **a present on Christmas Day**, we allotted funds so that staff across the Trust could purchase and wrap the gifts. In total, **530** presents were delivered!

We also provided funding for seasonal treats, e.g. mince pies and chocolates.

The gift giving is a lovely part of what we do at Christmas and we are very grateful to Oxford Health Charity for their help in enabling us to buy the presents.



The Trust's joint project with Unloc – launched in 2021 – to engage with 1500 young people in Oxfordshire about their mental health, was so

successful it was extended to Buckinghamshire. The aims and approach for this branch of the project remained the same – to find out more about the mental health situations young people face, the local services they use, and what changes they wanted to see. As part of the consultation process, a series of **five one-day mental health roadshows** were held in schools across the region.

[They] now know where they can go for help or how they can help their friends...

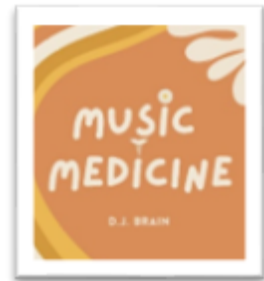
Oxford Health Charity were proud to support these events by providing the funds to purchase a range of interactive and sensory resources, designed to encourage participation and engagement. Teams from Barnardo's and Bucks CAMHS used these materials in different activities with attendees to help increase their awareness of mental health and offer self-care strategies to support their own mental wellbeing.

The young people absolutely loved the stall activities & slime.

An NHS Charities Together grant made this charity funding possible.

Charity funding purchased **new sensory boxes for the learning disability intensive support team** to help their clinicians trial different self-regulating and co-regulating strategies for their clients with complex mental health needs. This new equipment will also be used to assess clients' sensory needs more effectively.

In 2021, we were pleased to fund the printing of the **'Music Medicine' booklet** written by Dan Brain, a Peer Support Worker and Research



Champion for Oxford Health's National Institute for Health and Care Research. The workbook champions the positive impact of music for mental wellbeing. Speaking at the time, Dan commented:

...I was breathing and feeling music medicine for recovery, my vision was then to share with society...Realising my music timeline was also a lifeline was a glowing feeling, it's also opened locked doors to other attractive distractions...some of these are creative activities shared inside the booklet.

This workbook was so well received by our teams in CAMHS, Adult Services and Community Services that we funded a 2023 reprint which will be used in the new music therapy room, Lucy's Room, once it opens. We will also continue to provide copies to all those wards/teams interested in using it with their patients.

For more about the booklet: https://bit.ly/music_medicine

For more about our Lucy's Room Appeal: https://bit.ly/Lucys_Rm

January 2023



Service users should now find their appointments at Witney Dental Clinic a lot more relaxing following the installation of **two special LED ceiling screens** in their treatment rooms. One, a static screen made up of eight ceiling tiles, displays an image of the sky with clouds and hot air balloons. The other 'living ceiling', plays a range of nature-themed films featuring elements such as underwater scenes with fish and other marine life.

These service-enhancing ceilings were made possible through Oxford Health Charity funding. Each one has been positioned above a treatment chair – allowing patients to focus on the imagery during their appointment – and will offer

a distraction to help calm anxious patients, enabling the dentistry team to carry out treatments in a more relaxed environment. Staff reported seeing the benefits of these screens instantly, particularly in children.

One young person wouldn't even sit in the chair before we had the living screen installed...Once it was in place they sat in the dental chair without any problem and allowed me to check their teeth. That was a real breakthrough.



The dentistry team now intend to run a formal Quality Improvement project with the aim of measuring how much the LED ceilings impact on the reduction of their patients' anxiety levels.



Our Patient Advice & Liaison Service team (**PALS**) got **Fit 4 Feb** – combining *Fitness, February* and *Fundraising* in support of Oxford Health patients and services trustwide. Each team member approached the challenge with great enthusiasm, committing to at least 30 minutes of exercise per day for each of this month's 28 days. To complete their goals, team members took part in a wide variety of fitness activities including aerobics, body combat, gym, yoga and Zumba classes; cycling, rowing, swimming and walking; press-ups; and even dancing round the kitchen to a 'silent disco'! This inspirational team raised an amazing **£400** for Oxford Health Charity, with plans to raise additional funds with a raffle in March.



We were pleased to fund the purchase of **art supplies for a community-based art therapy group** being run for patients by the Wallingford Adult Mental Health Team.

The group will offer many benefits to service users, including for those who suffer with loneliness or have low self-confidence, those who find verbal communication difficult, and those who have limited access to art materials.



We may not have been able to run the group without this funding and now are lucky enough to have an ample supply of resources.



Henley Health Visitors are now enjoying breaks outside with their patio table and chairs set, purchased through charity funding for their balcony.

The **ME/Chronic Fatigue Syndrome patient group** met in person for the last session of their course, thanks to charity funding for venue hire. This face-to-face event enhanced patient experience and supported their continued recovery.

This has been a really positive experience to meet in person.

I was so comforted hearing others say exactly how I have felt, instantly feeling less alone.



With the construction of The Meadow Unit well underway – Oxford Health’s new eight-bed psychiatric intensive care unit (PICU) at the Warneford Hospital – we launched our **PICU fundraising appeal** to help support the development of four key aspects of the build that will further enhance service users’ experience of the unit:

- a separate garden gym room
- a bespoke sensory room
- an inviting green garden space
- unique artwork for display indoors and out

For more about our PICU Appeal: https://bit.ly/Meadow_Unit

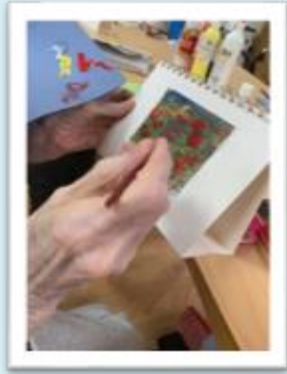


Ellyn Carnall, (Oxford Health’s Operational Capital Project Support Officer) and her partner, Jake, took on the **Sheffield Half Marathon** in aid of our newly-launched charity

appeal for The Meadow Unit (PICU). Their amazing efforts raised over **£320** for the unit.

I was really pleased to get over the finish line... The money will go towards enhancing what will already be a great new facility at the Meadow Unit.

The Charity team were honoured to receive a **Chilterns Champion 2022 plaque** from Chiltern Rangers. The award recognises the charity’s work, alongside the Rangers, in making a difference to green spaces and sustainability across Oxford Health NHS Foundation Trust.



We were thrilled to allocate a £10,000 grant that we secured from the National Lottery Community Fund to **‘What Makes Didcot Brilliant?’** – an arts project being led by Oxford Health Arts Partnership (OHAP).

One of OHAP’s Artists-in-Residence, Dionne Freeman, will run weekly workshops where artwork will be co-produced with Didcot Community Hospital staff and patients, as well as with different Didcot groups and children from local schools. These pieces of art – which may take the form of drawings, paintings, collages or mosaics – will celebrate all that is good about Didcot and will be displayed within the hospital as well as in the train station underpass.

Dionne’s first collage workshops focused on: *‘Where would you like to go?’* and *‘What makes Didcot brilliant?’* Hospital patients used collage photography and paint to create pop up artwork for display at their bedsides.



It is so nice to see everyone with a smile on their face.

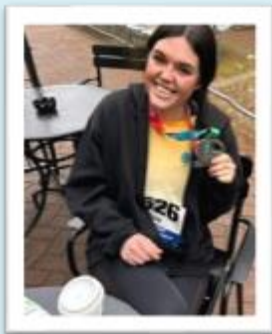
I’ve enjoyed looking at the photos and thinking of something else.

I’ve not done anything like this before.

I’m so proud of this.



Recent staff training for Didcot’s Adult Mental Health Team has also led to *‘The View From Your Window’* outreach packs being developed and workshops, focusing on ‘looking out and looking in on different perspectives of Didcot’, are planned with groups including Style Acre, Silver Pride and the WI.



A past service user, Bethan, joined over 1570 others in running the **10th Newport Half Marathon**. Completing this challenge wasn't just a huge personal achievement, but also a great fundraising success as she raised over **£460** for our Cotswold House Appeal.

...it was a privilege to run for Cotswold House as the support there saved me, helped me get my life back & do things like a half marathon again.

We were proud to support the development of **Managing and overcoming your suicidal thoughts: A Self-Help Booklet** – a valuable new resource produced through the Suicide Prevention team. Trust crisis team professionals now have copies of these interactive booklets to work through with patients and to support those being discharged from the wards.



We were pleased to fund ward activities for national **Nutrition and Hydration Week**. Patients enjoyed a range of tasks, from making fruit salads, healthy dips and flapjacks to smoothie tasting, all whilst discussing the importance of keeping hydrated and eating healthily.



The PALS team hosted a **tombola** in Oxford, at Cowley's Templars Square Shopping Centre. The 80+ prizes – collated largely from Oxford Health staff donations – included scented candles, skincare products and jigsaw puzzles. The team raised **£155** which, when added to their Fit 4 Feb funds, totalled **£555** for our 'Where the Need is Greatest' Appeal.



Led by Dr 'Cat' Penn, Jill Roberts, Dr Helen Close and Kim Fredmanstein (from the Adult Mental Health Team) **walked 16 miles from The Julier Centre, Bicester to Warneford Hospital**. They wanted to raise awareness of the importance of exercise for good mental (and physical) health – particularly for those with depression – as well as to raise funds for Oxford Health Charity. Despite the sore limbs afterwards, the team were thrilled to have raised over **£385**.

We are really pleased to be able to support Oxford Health Charity which does wonderful work supporting projects that help support good mental health, whether that is through music, green spaces or art and creativity.

Future Plans

Moving forward into 2023-24, Oxford Health Charity has continued to work closely with the Trust to support wellbeing for patients, carers and staff as well as develop the next steps required for the 2023-28 Strategy. A meeting with the Corporate Trustee (the Trust Board) provided key feedback on the focus of the new strategy – **Positive Spaces**.



Positive Spaces will bring together the work of the charity with the focus on providing both physical and perceived 'Positive Spaces' for patients, carers and staff. These might be gardens, therapeutic spaces for activities and engagement, spaces to consider innovation, research and new approaches, or rest areas for recuperation and resilience. This focus also reflects the growing number of projects across the Trust that the charity has been working on in relation to green spaces, activities and staff wellbeing.

2022-23 saw the launch of the first set of Quality Improvement Hub grants and work with the teams who presented innovative ideas for these grants has continued into 2023-24 to ensure that funding is provided in the most effective way. It also saw the longest provision of HealthFest for staff wellbeing, with over four months of activities provided both online and in person through the charity. Both these approaches, and the way in which the Trust can access support from the charity, will form part of the framework of the new 2023-38 Strategy – ensuring that all projects have that positive and meaningful impact we, and our donors, wish to see.





The focus on existing and new appeals to support large scale projects like the Meadow Unit Appeal, Lucy's Room Appeal and a project under development to support one of our Community Hospitals, as well as consideration of new grant applications, will form a core part of the next steps for Oxford Health Charity and we look forward to welcoming a Fundraising Coordinator into the team in 2023-24 to bring these areas to life. Projects like these will have a long-term impact on patient care and experience within the Trust and we are excited to work alongside the services delivering them to make a difference for more patients and their families.

With the introduction of a new CRM and finance management system in 2022-23, the infrastructure of our charity has been further bolstered to enable us to continue to grow and develop. The new systems will improve the ways in which our fundraisers and donors can stay involved with the charity and see the impact of their donations on their chosen projects – a key part of widening engagement and awareness of the importance of Oxford Health Charity as their local NHS Charity for community and mental health services.



Oxford Health Charity Heroes

All the activities and projects we've been able to support this year – from the green spaces and patient/staff rest areas, to the creative therapies, gym equipment, staff training and sensory aids – would not have been possible without the kindness and generosity of our supporters. We'd like to say a huge **THANK YOU** to all those individuals, organisations and businesses who have supported us by fundraising; with donations of funds, goods and/or services; and through volunteering their time.

Would you like to join our *Oxford Health Charity Heroes* by supporting your local community hospital or mental health services? Perhaps you're looking to take part in, or organise, a fundraising activity? Would you like to make a donation to a charity appeal or Trust service? Could you volunteer your time?

If so, then we'd love to hear from you.

✉ charity@oxfordhealth.nhs.uk

f [OxfordHealthCharity](#)

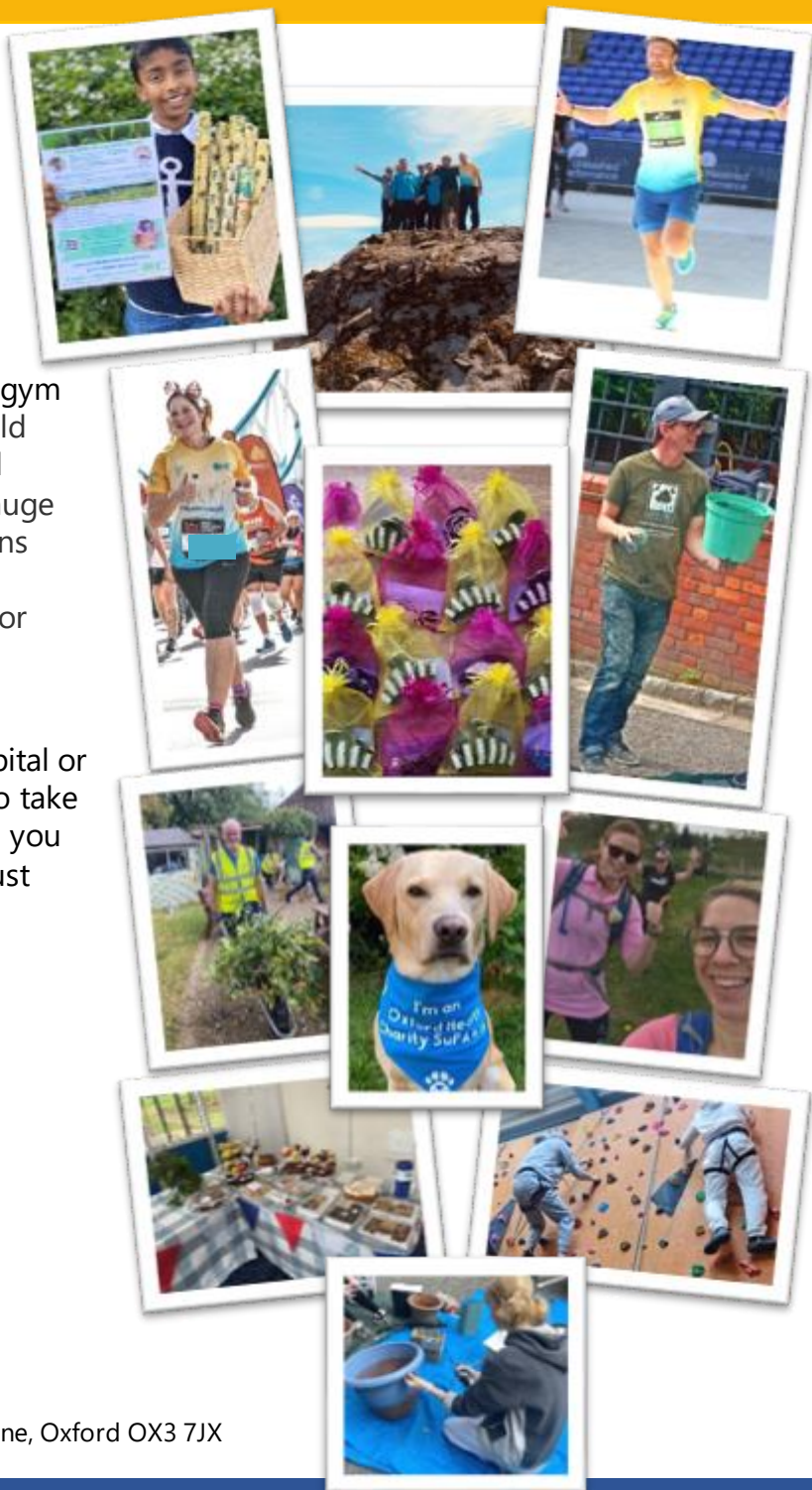
🐦 [OxHealthCharity](#)

in [Oxford-health-charity](#)

Or visit our website for more information:

www.oxfordhealth.charity

Oxford Health Charity, Warneford Hospital, Warneford Lane, Oxford OX3 7JX



Accounts



FUNDS HELD ON TRUST ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

FOREWORD

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2022 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity.

Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Charitable Funds Held on Trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed:

A handwritten signature in black ink, appearing to read 'G. Macdonald'.

Grant Macdonald
on behalf of the Corporate Trustee

Date: 10th January 2024

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The Charity Committee (a formal committee of the Oxford Health NHS Foundation Trust Board of Directors) reviews the expenditure within the Charity and the rules for these. The Expenditure Rules of the Charity are reviewed on an annual basis and revised as required to meet the developing needs of the Trust and Charity.

The Charity Committee continues to also oversee the fundraising and engagement activities in line with the Charity Strategy. In order to support the Trust, the Charity is committed to supporting services enhance the experience of their patients and works in partnership with patients, carers, foundation trust governors and members, volunteers and the public to identify and deliver projects with this in mind. This work is delivered through the Charity and Involvement Team who support Charity activities, volunteering, arts within healthcare and engagement with the third sector, as well as through partnerships with colleagues across the Trust.

The Charity's total funds in management were £941k as at 31 March 2023, similar to the previous year (2021/22 £1,258k).

Overall total income decreased to £300k from £552k. This decrease is attributed to the decrease in donations due to the cost of living crisis, and a significant fall in income from legacies and grants. There was also a decline in the value of the charity's investment portfolio, both due to the global economic downturn and the charity releasing investments.

Total expenditure for the Charity decreased to £552k (2021/21 £652k).

Major fundraising and support projects are illustrated throughout the report.

The investments are managed by abrdn plc on a discretionary basis. During the year there were losses of £64k (2021/22 gains of £46k due to revaluation and disposals).

Investment Policy

Other than small amounts of cash at bank and funds related to the ROSY Fund (discussed below) the Charity's funds are invested on a discretionary basis with abrdrn plc. The Charity Committee regularly reviews the Charity's investment strategy, including the spread of asset allocation, appropriate benchmarks and issues of social responsibility.

The Charity's investment objective is to maximise long-term returns (rather than short-term income), but with an emphasis upon capital preservation. The portfolio is operated on a discretionary management basis with abrdrn plc, allowing the investment manager more flexibility in responding to the investment market.

The Charity aims as far as possible to avoid investments in alcohol and tobacco. The investment policy allows abrdrn plc to invest in general funds, provided that these were reviewed quarterly to ensure no more than minimal exposure to alcohol and tobacco, and that investments are changed where necessary to ensure this. With property investments the Charity seeks to avoid investments which are predominantly related to alcohol and tobacco, and this is reviewed on an annual basis.

The Charity aims to maintain the allocation of the portfolio within allocated ranges.

	Range as at 31/03/23
Equities	25%-65%
Fixed Interest bonds	10%-40%
Property	10%-30%
Cash	5%-20%
Absolute Return Funds	< = 10%

The ranges above have not changed since June 2015.

The performance of the investment portfolio is monitored on a quarterly basis against appropriate indices for the class of investment concerned. In addition, the performance of the portfolio as a whole is measured against an overall benchmark based on a weighted average of the individual indices.

Funds related to ROSY (Respite for Oxfordshire's Sick Youngsters) are held in cash deposits in order to ensure that ongoing costs of nursing staff can be met as they arise. These short-term deposits are recognised as current asset investments in the accounts of the Charity. The total investment cash holdings related to the ROSY Fund are excluded from the target allocation ranges set out above.

Governance – About the Charity

Oxford Health Charity is registered with the Charity Commission (charity number: 1057285) in accordance with the Charities Act 2022. The Charity has a corporate trustee: the Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors	David Walker (Chair) Geraldine Cumberbatch (from April 2022) Chris Hurst (Senior Independent Director and Vice Chair) Prof Kia Nobre Sir Philip Rutnam Mohinder Sawhney Prof Sir Rick Trainor (from April 2022) Lucy Weston Andrea Young
Executive Directors	Dr Nick Broughton, Chief Executive Amelie Bages, Director of Strategy and Partnerships (from April 2022) Marie Crofts, Chief Nurse Charmaine De Souza, Chief People Officer Dr Karl Marlowe, Chief Medical Officer Grant Macdonald, Managing Director of Mental Health, Learning Disabilities and Autism Mike McEnaney, Director of Finance (to July 2022) Dr Ben Riley, Executive Managing Director – Primary, Community and Dental Care Kerry Rogers, Director of Corporate Affairs and Company Secretary Heather Smith, Chief Financial Officer (from July 2022) Martyn Ward, Director of Digital and Transformation

Lucy Weston is Chair of the Charity Committee of the Oxford Health NHS Foundation Trust.

Governance – About the Charity

The Board of Directors has delegated responsibility for the day to day management of the Charity to the Charity Committee, who in turn delegate day to day management to the operational charity team. This meets on a quarterly basis.

Charity Registered Number 1057285

Principal Office
Warneford Hospital
Warneford Lane
Oxford
OX3 7JX

Bankers
Lloyds Bank Plc
87 London Road
Oxford
OX3 9AB

Independent Examiner
James Cowper Kreston
Chartered Accountants and Statutory Auditor
The White Building
1-4 Cumberland Place
Southampton
Hampshire
SO15 2NP

Investment Fund Manager
ABRDN Capital Limited
1 George Street
Edinburgh
EH2 2LL

Structure and Management

At 31 March 2023 the Charity was constituted of 56 funds (2022: 45). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2023 were:

	£000
Respite for Oxfordshire's Sick Youngsters (ROSY) (restricted)	317
Legacies (restricted)	112
NHS Charities Together – Stage 3 funding (restricted)	58
Wallingford Community Hospital (designated)	40
Community Directorate Fund (designated)	32
Trustwide General Fund (designated)	30

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2022.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from the operational charity team and finance.

Structure and Management

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegate the day-to-day management to the operational charity team and finance.

The Charity Committee quorum is four members to include at least two Non-Executive Directors and one Executive Director. Members of the Charity Committee include the Director of Corporate Affairs & Company Secretary, a representative of the Trust's Finance Department, along with an external member, and other key stakeholders. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds. In addition any requests for funding over £10k are presented for discussion and approval.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2011 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and where appropriate patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS Charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the Charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the Charity and its beneficiaries and not in the interests of the NHS Foundation Trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the corporate trustee of the Charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the charity figures are not consolidated within the accounts of that body. It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £941k in total including £499k restricted funds as at 31 March 2023. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- o Restricted funds
- o Designated funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to general funds whenever possible or where donors have expressed wishes as to how the funds might be used they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated funds are administered by Fund Advisors in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for designated funds.

Within unrestricted funds, the Charity also holds net undistributed investment gains on unrestricted funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under unrestricted funds in the Charity's accounts.

	Reserves at 31 March 2023	Expenditure 2022/23	Reserves at 31 March 2022	Expenditure 2021/22
	£	£	£	£
Mental Health General	28,516	23,883	46,365	48,593
Buckinghamshire Mental Health General	17,923	16,462	34,258	5,201
Marjorie Henderson	10,461	13,125	20,129	5,166
Total	56,900	53,470	100,752	58,961

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide general funds.

The Charity Committee reviews the position on reserves.

Going Concern

The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has throughout the year reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

The Charity's investments are regularly reviewed by the Charity Committee, including the comparison of returns against suitable benchmarks.

Signed by Grant Macdonald

A handwritten signature in black ink, appearing to read 'G. Macdonald.', is positioned below the text 'Signed by Grant Macdonald'.

Date 10th January 2024

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland."

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates which are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

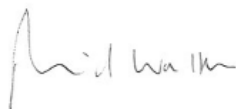
The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2022, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 32 to 65 have been compiled from and are in accordance with the financial records maintained by the Trustees.

By Order of the Trustees

Signed: Chair, David Walker



Date 10th January 2024

Director Trustee,
Grant Macdonald



Date 10th January 2024

Independent Examiner's Report to the Trustees of Oxford Health Charity ('the charity')

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2023.

Responsibilities and Basis of Report

As the Trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Signed:

A handwritten signature in black ink, appearing to read 'M. Bath', with a long horizontal flourish extending to the right.

Dated: 18 January 2024

Michael Bath BSc FCA DChA
James Cowper Kreston
Chartered Accountants and Statutory Auditor
The White Building, 1-4 Cumberland Place, Southampton, Hampshire, SO15 2NP

Statement of Financial Activities for the year ended 31 March 2023

	Year Ended 31 March 2023		Year Ended 31 March 2022	
Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000
Income from:				
Donations and Legacies	3			
Donations & voluntary grants	46	198	244	268
Legacies	3	-	3	132
Grants – other	-	30	30	130
Sub total: donations & legacies	<u>49</u>	<u>228</u>	<u>277</u>	<u>530</u>
Investments	8.3	8	22	22
Total income	<u>63</u>	<u>236</u>	<u>299</u>	<u>552</u>
Expenditure on:				
Raising funds				
Costs of generating voluntary income	9	-	9	15
Investment management costs	6	-	6	8
Sub total: expenditure on raising funds	<u>15</u>	<u>-</u>	<u>15</u>	<u>23</u>
Charitable activities	6,7			
Patient welfare	140	306	446	442
Staff welfare	26	1	27	51
Research and education	52	12	64	136
Sub total: expenditure on charitable activities	<u>218</u>	<u>319</u>	<u>537</u>	<u>629</u>
Total expenditure	<u>233</u>	<u>319</u>	<u>552</u>	<u>652</u>
Net gains/(losses) on investments	(42)	(22)	(64)	46
Net income/(expenditure)	<u>(212)</u>	<u>(105)</u>	<u>(317)</u>	<u>(54)</u>
Transfer between funds	26	(26)	-	-
Net movement in funds	<u>(186)</u>	<u>(131)</u>	<u>(317)</u>	<u>(54)</u>
Reconciliation of funds:				
Total funds brought forward at 1 April	<u>628</u>	<u>630</u>	<u>1,258</u>	<u>1,312</u>
Total funds carried forward at 31 March	<u>442</u>	<u>499</u>	<u>941</u>	<u>1,258</u>

Comparative figures for each class of funds are provided in note 12 to the accounts.

All income and expenditure resources relate to continuing operations.

The Charity has no gains or losses other than those recognised in this Statement of Financial Activities

The notes on pages 50 to 65 form part of these accounts.

Balance Sheet as at 31 March 2023

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2023 £000	Total Funds 2022 £000
Fixed assets					
Investments	8.1	377	199	576	805
Total fixed assets		377	199	576	805
Current assets					
Debtors	9	2	-	2	21
Cash at bank and in hand		91	354	445	494
Total current assets		93	354	447	515
Liabilities					
Creditors: Amounts falling due within one year	10	54	28	82	62
Net current assets/ (liabilities)		39	326	365	453
Net assets		416	525	941	1,258
Funds of the Charity					
Income funds:					
Restricted	11.1	-	499	499	630
Unrestricted	11.3	442	-	442	628
Total funds		442	499	941	1,258

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 50 to 65 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the trustee on 13th December 2023 and were signed on its behalf by:

Grant Macdonald

Date: 10th January 2024

Notes to the Accounts

1. Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2022.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS 102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

1.2 Income

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

i) entitlement - when control over the rights or other access to the economic benefit has passed to the charity (in the case of a donations, entitlement usually arises immediately on its receipt); and

ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity; and

iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies
Legacies are accounted for upon receipt or where receipt of the legacy is probable and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants
Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities and Other Trading Activities
Income from charitable activities and other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments
Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds
Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and are classified as restricted or designated funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

- a) The accounts are prepared in accordance with the accruals concept.

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities:

Raising Funds, Charitable Activities and Other (if required).

- b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

- c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and inline with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance & support costs that enable them to be undertaken.

Governance & Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis and charged to the Administration control account.

Both governance and support costs are allocated to charitable activities in the SOFA and further details provided in note 7.

d) Apportionment of Governance and Support Costs

The majority of governance and support costs are recognised within the reserves against the net control fund held in control accounts. Apportionment across individual funds is considered for specific governance project costs.

e) VAT

VAT is charged gross as the charity is not VAT registered.

Liabilities

Liabilities are recognised at their settlement value or best estimate where the final settlement value is unknown.

1.4 Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

1.5 Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by a ABRDN Capital (formerly Standard Life Aberdeen plc).

Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers.

The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

1.6 Current Asset Investments

Where, as part of the management of the investment portfolio, cash deposits are held at bank on terms of under one year and are now accessible with less than 24 hours notice, they are shown as current asset investments.

1.7 Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

1.8 Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole corporate trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity.

During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees or key management personnel.

Transactions between the Charity and Oxford Health NHS Foundation Trust 2021/22

	Creditor b/fwd a 1 Apr 22	Expense incurred in year	Paid in year	Creditor c/fwd at 31 Mar 23
	£000	£000	£000	£000
To reimburse the Trust for salary payments for clinical staff and charity support staff (none made for trustees or key management personnel)	4	236	220	20
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	2	153	115	40
	<hr/>	<hr/>	<hr/>	<hr/>
Total expenditure	6	389	336	60

3 Income and Donations

3.1 Income from donations & voluntary grants

Donations are received from individuals.

3.2 Income from legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3.3 Grants

No contractual grant income was received in the year.

4 Charitable Activities

Income from charitable activities comprises income from courses and speaking events.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Expenditure

	Equipment	Other Activities	Support Costs	Governance Costs	Total 2023	Total 2022
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	-	383	8	55	446	442
Staff welfare and amenities	4	20	1	2	27	51
Research and Education	23	38	1	2	64	136
	27	441	10	59	537	629

7 Analysis of Governance and Support Costs

7.1 An allocation of overhead and support costs has been made to governance costs.

2023	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs £000
Other Costs	59	-	59	10	69
	59	-	59	10	69

2022	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs £000	Overhead and Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs £000
Other Costs	44	-	44	12	56
	44	-	44	12	56

Other Costs include printing stationery, capital charges and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows:

	Patient Welfare £000	Staff Welfare £000	Research £000	Education £000	Total 2023 £000	Total 2022 £000
Other costs	8	1	-	1	10	12
	8	1	-	1	10	12

7.3 Analysis of Staff Costs

The Charity does not directly employ any staff, however the Charity's development and financial functions are provided by Oxford Health NHS Foundation Trust which remunerated from the charity.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investment

	Non-Cash Investments £000	Cash Investments £000	Total 2023 £000	Total 2022 £000
Market value brought forward at 1 April	750	54	804	1,055
Less: Disposals proceeds	(331)	(377)	(708)	(706)
Add: Additions to investments at cost	191	341	532	408
Net gain/ (Loss) on revaluation	(52)	-	(52)	48
	<hr/>	<hr/>	<hr/>	<hr/>
Market value carried forward at 31 March	558	18	576	805
Historic cost at 31 March	<hr/> 527	<hr/> 18	<hr/> 545	<hr/> 765

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2023 £000	Total 2022 £000
Investments in Common Investment Funds	558	750
Cash held as part of the investment portfolio	<hr/> 18	<hr/> 55
	<hr/> 576	<hr/> 805

The fixed asset investments are domiciled in the UK, except for the sum of £74k (2022/23: £119k) which is invested in non-UK domiciled investment funds.

8.3 Analysis of Investment Income

	Total 2023 £000	Total 2022 £000
Gross Income from Investments		
Investments in Common Investment Funds	<hr/> 22	<hr/> 22
	<hr/> 22	<hr/> 22

9	Analysis of Debtors					Total	Total
	Debtors due within one year					2023	2022
						£000	£000
	Prepayments and accrued income					2	21
						<u>2</u>	<u>21</u>
10	Analysis of Creditors					Total	Total
	Creditors Falling due Within One Year					2023	2022
						£000	£000
	Accruals					24	33
	Other creditors					58	29
						<u>82</u>	<u>62</u>
11	Analysis of Funds	Balance					Balance
		B/Fwd at	Income	Expenditure	Investment	Transfer	C/Fwd at
11.1	Restricted Funds	01/04/22			gains/losses		31/03/23
	Material Funds	£000	£000	£000	£000	£000	£000
	Respite for Oxfordshire's Sick Youngsters ROSY	372	182	(236)	-	-	318
	Legacies	119	9	(16)	-	-	112
	NHS Charities Together	10	-	(10)	-	-	0
	NHS Charities Together – Stage 3	58	-	-	-	-	58
	Investment Control Account	-	-	-	(22)	-	(22)
	Other Funds	71	45	(57)	-	(26)	33
	Total	630	236	(319)	(22)	(26)	499
	Restricted Funds - Comparatives	Balance	Income	Expenditure	Investment	Transfer	Balance
		B/Fwd at			gains/losses		C/Fwd at
		01/04/21					31/03/22
	Material Funds	£000	£000	£000	£000	£000	£000
	Respite for Oxfordshire's Sick Youngsters ROSY	362	253	(243)	-	-	372
	Legacies	53	96	(30)	-	-	119
	NHS Charities Together	72	-	(61)	-	(1)	10
	NHS Charities Together – Stage 3	-	132	(74)	-	-	58
	Investment Control Account	-	-	-	-	-	-
	Other Funds	68	9	(6)	-	-	71
	Total	555	490	(414)	-	(1)	630

11.2 Details of Material Restricted Funds

Respite for Oxfordshire's Sick Youngsters - ROSY funds

Patient welfare including respite nursing for terminally, acutely or chronically ill children and babies in their homes.

11.3 Unrestricted Funds	Balance B/Fwd at 01/04/22	Income	Expenditure	Investment gains/losses	Transfer between funds	Balance C/fwd at 31/03/23
	£000	£000	£000	£000	£000	£000
Investment Control Account	209	21	(121)	(42)	-	67
Community Directorate Fund	59	1	(28)	-	-	32
Trustwide General fund	46	6	(22)	-	-	30
Wantage Hospital	35	1	(1)	-	-	35
Wallingford Community Hospital	44	0	(4)	-	-	40
Oxford Health Arts Partnership	6	11	(5)	-	-	12
Other Funds	229	23	(52)	-	26	226
TOTAL	628	63	(233)	(42)	26	442

Unrestricted Funds: Comparatives

Unrestricted Funds

	Balance B/Fwd at 01/04/21	Income	Expenditure	Investment gains/losses	Transfer between funds	Balance C/fwd at 31/03/22
	£000	£000	£000	£000	£000	£000
Investment Control Account	266	20	(123)	46	-	209
Community Directorate Fund	20	1	(20)	-	58	59
Trustwide General Fund	74	17	(45)	-	-	46
Wantage Hospital Fund	73	-	(38)	-	-	35
Wallingford Community Hospital	61	-	(5)	-	(12)	44
Other Funds	263	33	(16)	-	(45)	235
TOTAL	757	71	(247)	46	1	628

11.4 Details of material unrestricted funds

Name of fund	
Net control funds held in control accounts	Net control funds is comprised of net investment gains and income less administration charges prior to distribution/ charging to unrestrictive funds
Trustwide General fund (4000)	For the benefit of patients and staff trust wide – general – designated
Wantage Hospital fund (3026)	Funds to support the services provided by Wantage hospital - designated
Wallingford Community Hospital fund (3029)	Funds to support the services provided by Wallingford hospital- designated
Community Directorate Fund	Fund to support the services provided by current Trust directorate - designated
Other Funds	Other funds of £235k

Charities SORP (FRS '102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

	Comparative per Fund Class as at 31 March 2022		
	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000
Income from:			
Donations and Legacies			
Donations	46	222	268
Legacies	3	129	132
Grants – from other NHS charities	-	-	-
Grants – other	-	130	130
Sub total: donations and legacies	49	481	530
Charitable activities	-	-	-
Investments	22	-	22
Total income	71	481	552
Expenditure on:			
Raising funds			
Costs of generating voluntary income	15	-	15
Investment management costs	8	-	8
Sub total: expenditure on raising funds	23	-	23
Charitable activities			
Patient welfare	136	306	442
Staff welfare	29	22	51
Research and Education	59	77	136
Sub total: expenditure on charitable activities	224	405	629
Total expenditure	247	405	652
Realised and unrealised losses on revaluation and disposal of investment assets	46	-	46
Transfer between funds	1	(1)	-
Net (expenditure) and net movement in funds for the year	(129)	75	(54)
Reconciliation of funds:			
Total funds brought forward at 1 April	757	555	1,312
Total funds carried forward at 31 March	628	630	1,258

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2022

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000
Fixed assets			
Investments	584	221	805
Total fixed assets	<u>584</u>	<u>221</u>	<u>805</u>
Current assets			
Debtors	3	18	21
Cash at bank and in hand	62	432	494
Total current assets	<u>65</u>	<u>450</u>	<u>515</u>
Liabilities			
Creditors: Amounts falling due within one year	21	41	62
Net current assets/(liabilities)	<u>44</u>	<u>409</u>	<u>453</u>
Net assets	<u>628</u>	<u>630</u>	<u>1,258</u>
Funds of the Charity			
Income funds:			
Restricted	-	630	630
Unrestricted	628	-	628
Total funds	<u>628</u>	<u>630</u>	<u>1,258</u>



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