

**CITY & HACKNEY CARERS CENTRE**  
(Company limited by guarantee no. 03044523  
registered charity no. 1054962)

**REPORT AND FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2024**



**CITY & HACKNEY CARERS CENTRE**  
(Company limited by guarantee no. 03044523, registered charity no. 1054962)

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**REPORT AND FINANCIAL STATEMENTS**  
For the year ended 31 March 2024

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## CITY & HACKNEY CARERS CENTRE

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### REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS For the year ended 31 March 2024

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**Board of Trustees** Jonathan Passman  
Malcolm Aickin  
Helen Mary Julian  
Cassim Adepegba  
Angelina Daly  
Dominic Masny  
Hester R Merrett  
John Smith (Resigned 28 November 2023)

**Chair** Angelina Daly

**Treasurer** Malcolm Aickin

**Chief Operations Officer** Joanna Brunt

**Company reg. no.** 03044523

**Charity reg. no.** 1054962

**Registered office** Marie Lloyd Centre  
329 Queensbridge Road  
London  
E8 3LA

**Independent Examiner** Knox Cropper LLP  
65 Leadenhall Street  
London  
EC3A 2AD

**Bankers** Unity Trust Bank  
Four Brindley Place  
Birmingham  
BI 2HB

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

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For the year ended 31 March 2024

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**The trustees present their report and the independently examined financial statements for the year ended 31 March 2024.**

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

#### **Objectives and activities**

The objects for which the charity was established are: the relief of persons suffering from disabilities arising from age, or physical or mental disability in particular by the provision of practical assistance, support, training, advocacy, counselling and information to those persons caring for persons with such disabilities in the City of London and the London Borough of Hackney (the "Carers").

#### The mission

City & Hackney Carers Centre aims to improve Carers' quality of life and to ensure the delivery of Carer focussed services in the borough of Hackney and the City of London.

#### The need

There are around 16,000+ carers in Hackney (Census 2021) with approximately 3,000 providing more than 50 hours of care each week and 85 in the same group in the City of London. We are in touch with 1,795 carers. Carers continue to report increased levels of health inequalities, poor mental health, social isolation and financial difficulty. CHCC prides itself on listening to what carers want and need and we design our service offer accordingly.

#### **Public Benefit statement**

The Trustees consider that they have complied with Section 17 of the Charities Act 2011 with regard to the guidance on public benefit published by the Charity Commission.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

#### **Main Activities to Support Objectives:**

All activities delivered by City and Hackney Carers Centre (CHCC) respond to local need as far as is practicable, and provide quality services to carers and the people they care for. This year CHCC has supported unpaid Carers with the provision of the following services:

- Specialist advice and information with a poverty reduction approach, working to maximise the income for carers and their households. Activities include access to statutory help and welfare benefits, individual grant applications, housing advice, energy saving advice and form filling.

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

#### For the year ended 31 March 2024

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- Generalist information, advice and signposting for current and former carers, the people they care for and professionals.
- A weekly 'What's on' e-news bulletin sent to both carers and professionals, giving information about local activities and initiatives, positive health messaging and information to reduce poverty.
- Online and in-person wellbeing sessions.
- Educational workshops and information sessions.
- Carers coffee mornings (in person and online) providing peer support, high quality information and to enable carers to contribute to the shape of service provision.
- 1:1 counselling and Listening Ear sessions.
- A Young Adult Carer Support Service (Carers aged 16-25).
- Hosting the Hackney Special Educational Needs and Disabilities Parent Carer Forum.

### OUR SERVICES

In the year 2023-24 City & Hackney Carers Centre was in touch with 2001 unpaid carers and actively worked with 770 of these across the range of our services:

#### Carers Information and Advice Service

Over the year the Carers Advice and Information Service, funded by City Bridge Foundation and the London Borough of Hackney, took **551** referrals for advice support and provided **845** hours of 1:1 advice and information to **349** unpaid carers and the people they care for.

In addition to this we provided general information about support with caring and carers rights to **364** carers and professionals.

We supported **10** carers to appeal the outcome of a benefit application through a tribunal. **Six** of these were successful, **2** were unsuccessful and at the time of writing **2** were pending an outcome.

We worked with Hackney Council to support 36 carers in hardship to access £100 shopping vouchers to help with managing the cost of weekly groceries.

We worked with Hackney Giving to provide £4,500 worth of fuel hardship grants to 45 carers and their households, supporting them to heat their homes over the very difficult winter period.

Advice sessions were delivered by our two advisers who speak a range of community languages (Dutch, Somali, Bengali, Urdu, Hindi) and were held in person at the Hackney Service Centre on Mondays and Fridays throughout the year and remotely via Zoom or telephone.

Carers were supported with a range of issues which we have ordered according to their prevalence:

Welfare Benefits 45%, Help to access a grant 14%, Support with goods and services (usually negotiating with utility companies) 10%, Housing 7%, Personal (Usually mental ill health) 7%, Help from Social Services 6%, Referrals to the foodbank 5%, Help with Blue Badge and Freedom pass 3%, Education, training and employment 2%, Family issues 1%.

Quote from a carer who used the advice and information service:

***"The time and devotion taken to assist me was well appreciated. Even if all is not 100%, Interaction and assistance made me feel like all will be well. Thank you!"***

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2024

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***“Carers for Hackney have helped me so much with vital information and other organisations that can help which I was not aware of.”***

#### **Mental Health Support**

Based on Zoom and telephone, our counselling service is open to all carers in Hackney and the City. The service was funded through a combination of charges to carers using the service (on a sliding scale) and through a donation from the London Community Foundation and Evening Standard Dispossessed fund. Offering Human Givens Therapy and integrative counselling plus access to life coaching, this year 77 carers accessed counselling with us. We had to pause taking referrals between October and March as the waiting time to start counselling following an assessment had risen to 6 months. Pausing referrals allowed us to offer a faster entry into the service.

Our volunteer counsellors supported carers through difficult life experiences such as the loss of a loved one, coming to terms with a diagnosis, managing challenging behaviour (and their response to this), relationship difficulties, depression, anxiety and trauma. Counselling has enabled carers to make positive changes, feel heard and to look after their own emotional health.

Quote from a carer:

***“It is probably the best counselling for me, that I have had, and has really helped me question and not feel ashamed or guilty about feelings and emotions, and questioning and addressing past traumas and patterns.”***

Our ‘Listening Ear’ sessions have continued to be an important element of our service offer. These 45-minute telephone support sessions provide an opportunity for carers to offload to a trained person about the stresses and strains they are experiencing over the telephone or on Zoom, at a time that suits them. Over the year CHCC conducted **94** listening ear sessions with **29** carers. These sessions include impromptu calls from carers in crisis, scheduled telephone appointments and zoom appointments.

***“I’m very happy I had my listening sessions it helped me to cope better with my caring role and self-esteem. Joanna was wonderful it was so good having someone to share my concerns and was never judged but encouraged. Truly amazing.”***

#### **Young Adult Carers Service**

This service was funded by the Carers Trust’s Making Carers Count Programme. The service is for those with caring responsibilities aged 16 to 25yrs old.

This year the service was delivered in partnership with Carers Centre Tower Hamlets. We continued to offer the same activities but with a blended group of young people from both boroughs. The service offered:

- 1:1 support sessions (via telephone and in community locations)
- Membership of a vibrant and supportive WhatsApp group
- Weekly group sessions held alternately at Forest Rd Youth Hub in Hackney and at Carers Centre Tower Hamlets
- Monthly trips to places chosen by the young people

Over the year **115** young adult carers were involved in the service. **74** individual support and case work sessions were held. Weekly social groups and monthly trips and activities ran throughout the year with an average of 12 young adult carers attending each session.

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

**For the year ended 31 March 2024**

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Positive outcomes for young people over the year include: Successful completion of education and training; access to local health facilities; access to a range of regular social and respite opportunities.; access to youth counselling; access to employment; access to welfare benefits; access to books; access to a range of regular social and respite activities.

Since conducting an activity poll attendance at social activities has quadrupled.

Engaging in joint activities with Tower Hamlets Young Adult Carers Project, increasing diversity of social contact for members of both groups which has been well received by participants.

We attended the MCC Conference in May 2023 which resulted in some excellent feedback around engagement, including venues and activities.

We co-produced a friend and family hub at Homerton Hospital with NHS ELFT mental health service.

We received meaningful support from Hackney 16+ network around work experience, and respite activities for individual YACs.

We continue to nurture good relationships with Young Hackney who are a regular source of referrals as young carers in their service approach adulthood and Carers First who refer into the service as well.

***“Being part of the young adult carers programme is fun, stress relieving, supportive the financial help has made life easier. It’s been great getting to know new people facing the same/similar issues that I face. The trips have been really fun, I had never been to Thorpe Park before and it was really good fun as were the other trips I attended. Ben is very supportive and I enjoy the weekly social groups.”***

***Go carting was really great, I met new people and had fun.***

#### **Online groups and information sessions**

Over the year we ran 9 online information workshops attended by 45 carers. Topics were:

- Inheritance Tax (ran three times)
- Herbert Protocol and safer walking (ran twice)
- SENDIAG -Special Educational Needs and Disability information advice and guidance service
- Rare Dementias
- Stress Management
- Better Sleep

Our monthly online and in person coffee mornings continued with 27 carers attending over the year.

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

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For the year ended 31 March 2024

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#### Wellbeing Activities

With continuation funding from the Department of Levelling up in conjunction with Hackney Council, we were able to offer a series of 3 further Wellbeing and Information days for carers in the Hackney Marsh area. The project aimed to engage with carers who face inequalities, to provide health information and advice, develop knowledge around self-care and to provide poverty reduction advice.

The days involved a movement class, access to mini massages, access to sessions with an adviser and talks from health and welfare related professionals. 26 carers attended the sessions.

Through funding from Kings Park Moving Together (KPMT) we have been able to continue running a weekly chair-based exercise class at Kingsmead Community Centre. This has been accessed by 24 carers over the year.

We continued to offer a weekly online exercise class called 'Stronger'. This is aimed at carers who find it difficult to leave the home and combines fun dance moves with strength building exercises. 20 carers enjoyed this class over the year.

***"I found the wellbeing days helpful as I received information that I was not aware of and I was signposted to other organisations for further support. The information sessions that I attended such as diabetes, blood pressure, mental wellbeing was all useful and informative. By attending the wellbeing session, it gave me the opportunity to meet other carers and hear about their own experiences. I really enjoyed attending the wellbeing sessions and I also appreciate the snacks that were provided."***

#### Hackney SEND Parent Carer Forum

In August 2023 City & Hackney Carers became the new host organisation for the Hackney SEND Parent Carer Forum. The forum enables parents and carers of children (0-25yrs) with special educational needs and disabilities (SEND) to work in collaboration with local decision makers, communicating their views and experiences and helping to shape local services.

Over the year we have established an advisory group made up of parents and carers of children and young people with SEND and ran 5 monthly forums bringing 80 parents and carers together with commissioners and service heads, providing information on topics such as preparing for adulthood, the joint strategic needs analysis, the family coach service, the money hub, emotionally based school non-attendance, the short breaks service and more.

We also ran a wellbeing workshop with Autism Central which was attended by 11 parents and carers.

#### Feedback in numbers

100% of all carers surveyed across our services were happy or satisfied with the service they received. 84% chose happy as a response and 16% felt satisfied.

95% of all carers surveyed across all CHCC's services were either 'happy' or 'satisfied' with the overall service they received. 5% chose not to comment.

92% of carers felt their issues were adequately addressed by CHCC.

96% of carers said they felt better able to resolve their issue after using our service.

88% of carers said they felt better able to continue caring as a result of using our services.

## **CITY & HACKNEY CARERS CENTRE**

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### **BOARD OF TRUSTEES' REPORT**

**For the year ended 31 March 2024**

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#### **Chair's Report**

This year has been particularly difficult one for unpaid carers due to cost of living pressures. Services we offer such as advice and mental health support have been in high demand. You can read more about the help we were able to provide elsewhere in this report.

We have offered support to carers by a variety of different mechanisms - face to face sessions, telephone support, and use of video conferencing services such as Zoom. During the pandemic, the charity gave up its office space and its staff worked either from home or in locations out in the community such as the Hackney Service Centre. However, it was decided that we needed to get back to having a physical presence - somewhere where carers could 'drop-in'. To this end, we negotiated space at the Marie Lloyd Centre in Hackney. Since the centre was to be shared with several other charities, it would also give us an opportunity for sharing ideas. Unfortunately, due to delays in the lease negotiations, City and Hackney Carer's Centre did not move to this office space during the 2023-24 financial year, but expect to move early in the following financial year.

I would like to thank all our funders for making the work we do possible.

I would also like to thank our CEO Joanna Brunt and all the staff for their hard work on supporting carers. Also, Joanna and her team are to be congratulated on maintaining the charity's financial position. This has been achieved by a huge effort in fundraising and a strict control of costs.

CHCC would like to thank the following funders for their support :-

- London Borough of Hackney (LBH)
- City Bridge Foundation
- Trust for London
- Kings Park Moving Together
- Volunteer Centre Hackney
- Carers Trust, Making Carers Count
- London Community Foundation
- Evening Standard Dispossessed Fund
- Hackney Parochial Charities
- London Catalyst
- Department for Education
- Contact
- Chubb
- Lloyd's

#### **Financial Review**

As the COVID 19 Pandemic recedes Some of the additional needs of our beneficiaries remain and have been exacerbated by the Cost of Living crisis. The Charity was in a strong position to respond to the increased needs and altered ways of working the Pandemic brought about. It is now planning to return to hybrid Office working in the immediate future.

## **CITY & HACKNEY CARERS CENTRE**

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### **BOARD OF TRUSTEES' REPORT**

#### **For the year ended 31 March 2024**

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The results of the year's operations are set out in the Financial Statements. Total incoming resources amounted to £264,253 (2023: £197,150) and total resources expended amounted to £264,816 (2023: £203,755), resulting in a small deficit of £563 for the year (2023: deficit £6,605). This deficit is due to the expenditure of £7,108 of restricted funds to facilitate the uninterrupted delivery of essential, valuable activities and development of new services for our beneficiaries. The latter meant that the Restricted Funds held decreased by £7,108 from £51,623 to £44,515 over the year enabling us to maintain activities into the coming year. In contrast the Unrestricted funds are somewhat increased at £144,577 (2023: £138,032).

#### **Reserves policy**

The Charity sets aside funds, as unrestricted reserves, to meet future anticipated or contingent expenditure, in particular to: cover staffing costs such as sickness or redundancy, to develop new activities and to ensure the continuity of services through difficult financial periods. The Board of Trustees decided the desired level of the "free" reserves should be between 3- and 6-months recurrent expenditure. As reported above expenditure in the year was £265k'. This puts a target for the unrestricted reserves between £66k and £132k with the actual unrestricted reserve of £144,577 slightly above the top of the target s range. Last year's financial activity is a good example of the use of unrestricted reserves to provide the working capital to build new activities. The amount of the unrestricted reserve fluctuated markedly through the year.

The use of unrestricted reserves as working capital is essential for the Charity to develop and build new services to meet beneficiaries increasing needs. The Board considers there is a continuing need for Unrestricted Reserves to be at or above the top of the range set by the policy. This will enable the Trustees to accept financial risk and the charity to continue to develop new services to address the significant impact the Cost of Living crisis will have on beneficiaries.

#### **Risk**

The most significant risk faced by the Charity, as with many other small charities, is maintaining sufficient funding to provide for the needs of its service users. Further support for holding unrestricted reserves above the target level in order to mitigate this risk. Our beneficiaries were particularly badly affected by the COVID19 pandemic and the Trustees anticipate they will be further adversely affected by wider socio-economic and political challenges; the cost of living crisis, high interest rates and changes to benefit systems.

The increasing use of web-based technology to serve the needs of our beneficiaries through the Pandemic and the periods of isolation and lock-down it has increased the risks of cyber-attack and the need for electronic data security. The Trustees believe that reasonable data security measures are in place they continue to look into further steps to enhance protections.

#### **Going concern**

The Trustees believe that the level of reserves will enable the current level of activity to be sustained for more than 12 months and allow the Charity to continue to develop new services and identify new partners. In consequence the Trustees believe that the Charity will be able to continue as a going concern into 2026 and beyond.

#### **Structure, governance and management** **Governing Documents**

The Trustees review the Articles of Association and Memorandum of Association in line with Charity Commission guidelines.

**CITY & HACKNEY CARERS CENTRE**

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**BOARD OF TRUSTEES' REPORT**

**For the year ended 31 March 2024**

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**Statement of responsibilities of the trustees**

The trustees (who are also directors of City and Hackney Carers Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company and charity law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other

The trustees' annual report which includes the strategic report has been approved by the trustees on 11 November 2024 and signed on their behalf by

  
ANGELINA DALY, Chair

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CITY & HACKNEY CARERS CENTRE FOR THE YEAR ENDED 31 MARCH 2024**

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I report to the charity trustees on my examination of the financial statements of City & Hackney Carers Centre for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the trustees of the City & Hackney Carers Centre (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the Company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the City & Hackney Carers Centre are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a registered member of the ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 386 of the 2006 Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Billinghamurst FCA  
**Knox Cropper LLP**  
Chartered Accountants  
65 Leadenhall Street, London, EC3A 2AD

Date: 19/11/2024

**CITY & HACKNEY CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(incorporating the Income and Expenditure Account)**  
**For the year ended 31 March 2024**

	Unrestricted Funds	Restricted Funds	Total Funds	<i>Total Funds</i>
Note	2024 £	2024 £	2024 £	2023 £
<b>INCOME AND ENDOWMENTS FROM:</b>				
Donations and legacies	2	2,318	-	2,318
Charitable activities	3	72,037	189,898	261,935
<b>TOTAL</b>		<b>74,355</b>	<b>189,898</b>	<b>264,253</b>
<b>EXPENDITURE ON:</b>				
Raising funds				
Charitable activities		67,810	197,006	264,816
<b>TOTAL EXPENDITURE</b>	4	<b>67,810</b>	<b>197,006</b>	<b>264,816</b>
<b>NET MOVEMENT IN FUNDS</b>		<b>6,545</b>	<b>(7,108)</b>	<b>(563)</b>
<b>RECONCILIATION OF FUNDS:</b>				
TOTAL FUNDS AT 1 APRIL 2023		138,032	51,623	189,655
<b>TOTAL FUNDS AT 31 MARCH 2024</b>		<b>£ 144,577</b>	<b>£ 44,515</b>	<b>£ 189,092</b>
		<b>£ 189,655</b>		<b>£ 189,655</b>

**CITY & HACKNEY CARERS CENTRE**

Company limited by guarantee (registered company no. 03044523)

**BALANCE SHEET****As at 31 March 2024**

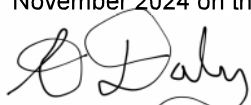
	Notes	2024 £	2023 £
<b>FIXED ASSETS</b>			
Intangible assets	9	-	-
Tangible assets	10	-	-
		<u>-</u>	<u>-</u>
<b>CURRENT ASSETS</b>			
Stocks		-	-
Debtors	11	<b>16,589</b>	9,249
Cash at bank and in hand		<b>196,375</b>	191,288
		<u><b>212,964</b></u>	<u>200,537</u>
<b>CREDITORS: amounts falling due within one year</b>			
	12	<b>(23,872)</b>	(10,882)
<b>NET CURRENT ASSETS</b>		<u><b>189,092</b></u>	<u>189,655</u>
<b>NET ASSETS</b>		<u><b>£ 189,092</b></u>	<u>£ 189,655</u>
<b>FUNDS</b>			
Unrestricted funds:			
General fund	13	<b>144,577</b>	138,032
Restricted funds	13	<b>44,515</b>	51,623
		<u><b>£ 189,092</b></u>	<u>£ 189,655</u>

The financial statements have been prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and the Financial Reporting Standard 102.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved, and authorised for issue, by the Board of Trustees and signed on 11 November 2024 on their behalf by:-



ANGELINA DALY, Chair



MALCOLM AICKIN, Treasurer

CITY & HACKNEY CARERS CENTRE

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**CASH FLOW STATEMENT**

For the year ended 31 March 2024

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	2024	2023
	£	£
<b>Cash flows from operating activities</b>		
Net income/(expenditure) for the financial year	(563)	(6,605)
(Increase)/decrease in debtors	(7,340)	1,181
Increase/(decrease) in creditors	12,990	(6,489)
<b>Net increase/(decrease) in cash and cash equivalents</b>	<u>5,087</u>	<u>(11,913)</u>
Cash and cash equivalents at 1 April 2023	191,288	203,201
<b>Cash and cash equivalents at 31 March 2024</b>	<u>£ 196,375</u>	<u>£ 191,288</u>
<b>Components of cash and cash equivalents</b>		
Cash at bank and in hand	<u>196,375</u>	<u>191,288</u>
	<u>196,375</u>	<u>191,288</u>

**NOTES TO THE FINANCIAL STATEMENTS**  
**For the year ended 31 March 2024**

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**1. ACCOUNTING POLICIES**

***Basis of preparation of financial statements***

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared under the historical cost convention. They have been prepared in accordance with applicable United Kingdom accounting standards, the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP 2015), in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) and the Charities Act 2011. The presentational currency of the financial statements is Pound Sterling (£).

***Company status***

City & Hackney is a company limited by guarantee. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity."

***Going concern***

The trustees have prepared cash flows and budgets for the next twelve months and consider that the company is able to realise its assets and discharge its liabilities in the normal course of business. The trustees have an expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For these reasons, they continue to adopt the going concern basis of accounting in preparing the annual financial statements.

***Fund accounting***

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objects of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the Charity for particular purposes. The cost of administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements. Statutory grants which are given as contributions towards the Charity's core services are treated as unrestricted.

***Income***

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

***Expenditure***

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

***Intangible fixed assets and amortisation***

Intangible assets are initially recognised at cost. After recognition, under the cost model, intangible assets are measured at costs less any accumulated amortisation and any accumulated impairment losses. All intangible assets are considered to have a finite useful life. If a reliable estimate of useful life cannot be made, the useful life shall not exceed ten years.

The estimated useful life is as follows,

Software	-	20 % straight line
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## NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

**Tangible fixed assets and depreciation**

All assets costing more than £1,000 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixture and Equipment	-	4 Years
Office equipment	-	4 Years

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Short-term debtors and creditors**

Debtors are recognised when the charity is legally entitled to the income after any performance conditions have been met, the account can be measured reliably and it is probable that the income will be received. Creditors are recognised when the charity has a present legal or constructive obligation resulting from a past event to make payment to a third party, it is probable that settlement will be required and the amount due to settle the obligation can be measured or estimated reliably.

**Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value which are subsequently measured at amortised cost using the effective interest method.

**Pensions**

The company operates an Auto Enrolment pension scheme in which the Company contributes 5% and the Employee a minimum of 3% of gross salary. Some employees are members of a legacy stakeholder pension scheme where the company contributes 5% of gross salary. The pension charge represents the amounts payable by the company to the funds in respect of the year.

**2. DONATIONS AND LEGACIES**

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Donations	2,318	-	2,318	2,545
Other income	-	-	-	2,155
	<b>£ 2,318</b>	<b>£ Nil</b>	<b>£ 2,318</b>	<b>£ 4,700</b>

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS  
For the year ended 31 March 2024

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Carer's support services	72,037	117,688	189,725	117,602
Advice	-	72,210	72,210	74,848
	<u>£ 72,037</u>	<u>£ 189,898</u>	<u>£ 261,935</u>	<u>£ 192,450</u>

Analysis of funding

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
<b>Carer's support services</b>				
London Borough Hackney	64,761	5,000	69,761	10,000
Volunteer Centre Hackney	1,470	-	1,470	-
Contact A Family	-	12,382	12,382	-
Charles Hayward Foundation	-	-	-	7,000
Carers Trust - Making Carers Count	-	57,056	57,056	59,280
Hackney Giving	-	-	-	8,665
London Catalyst	-	-	-	1,500
The London Community Foundation	-	31,250	31,250	9,997
Counselling income	1,790	-	1,790	2,960
THCC Tier 1 and Upper Tribunal	3,700	-	3,700	3,700
West Hackney Parochial Charity	-	2,000	2,000	2,000
Kings Park Moving Together	-	10,000	10,000	12,500
Other income	316	-	316	-
	<u>72,037</u>	<u>117,688</u>	<u>189,725</u>	<u>117,602</u>
<b>Advice</b>				
City Bridge Foundation	-	49,210	49,210	51,474
London Borough Hackney	-	23,000	23,000	-
Citizens Advice East End	-	-	-	23,374
	<u>-</u>	<u>72,210</u>	<u>72,210</u>	<u>74,848</u>
	<u>£ 72,037</u>	<u>£ 189,898</u>	<u>£ 261,935</u>	<u>£ 192,450</u>

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS  
For the year ended 31 March 2024

4. RESOURCES EXPENDED

	Direct Staff costs £	Other direct costs £	Support costs £	Total 2024 £	Total 2023 £
Cost of charitable activities					
Carers's support services	118,113	80,842	6,364	205,319	153,842
Advice	55,035	4,057	405	59,497	49,913
<b>Total 2024</b>	<b>£ 173,148</b>	<b>£ 84,899</b>	<b>£ 6,769</b>	<b>£ 264,816</b>	
<i>Total 2023</i>	<i>£ 155,519</i>	<i>£ 44,683</i>	<i>£ 3,550</i>		<i>£ 203,752</i>

Resources expended include:

	2024 £	2023 £
Independent Examiner's fee		
- Current year	3,800	2,940
- Prior year under provision	440	-

5. SUPPORT COSTS

	Total 2024 £	Total 2023 £
Office and supply costs	1,170	594
Governance costs	13	13
Premises costs	1,346	-
Independent Examiner's fee	4,240	2,940
	<b>£ 6,769</b>	<b>£ 3,550</b>

6. STAFF NUMBERS AND COSTS

	2024 £	2023 £
Wages and salaries	159,923	143,555
Social security costs	7,178	5,711
Pension costs	6,047	6,253
	<b>£ 173,148</b>	<b>£ 155,519</b>

The average monthly number of employees during the year was 8 staff. (2023 - 8 staff)

No employee received remuneration of more than £60,000. (2023 - None)

The key management personnel of the charitable company are those persons having authority and responsibility for planning, directing and controlling the activities of the charitable company, directly or indirectly, including any trustee of the charitable company. In addition to the trustees of City and Hackney Carers Centre, key management personnel includes the Chief Operations Officer. Total employee benefits including employer pension contributions paid to key management personnel in the period amounted to £41,926 (2023 - £33,960).

**NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 March 2024

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**7. TRUSTEES REMUNERATION AND BENEFITS**

During the year, no members of the Board of Trustees received any remuneration (2023 - £NIL).  
No members of the Board of Trustees received reimbursement of expenses (2023 - £NIL).

**8. Taxation**

City & Hackney Carers Centre is a registered charity and is potentially exempt from taxation in respect of income and capital gains received within the categories covered by Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied to charitable purposes.

**9. INTANGIBLE FIXED ASSETS**

	£
Software:	
<b>Cost</b>	
At 1 April 2023	9,880
At 31 March 2024	<u>£ 9,880</u>
<b>Amortisation</b>	
At 1 April 2023	9,880
At 31 March 2024	<u>£ 9,880</u>
<b>Net book value</b>	
At 31 March 2024	<u>£ Nil</u>
At 31 March 2023	<u>£ Nil</u>

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS  
For the year ended 31 March 2024

10. TANGIBLE FIXED ASSETS

	Land and buildings £	Fixture and Equipment £	Office equipment £	Total £
<b>Cost</b>				
At 1 April 2023	-	8,574	-	8,574
Disposals	-	(8,574)	-	(8,574)
At 31 March 2024	-	-	-	-
<b>Depreciation</b>				
At 1 April 2023	-	8,574	-	8,574
On disposals	-	(8,574)	-	(8,574)
At 31 March 2024	-	-	-	-
<b>Net book value</b>				
<b>At 31 March 2024</b>	<u>£</u>	<u>Nil</u>	<u>£</u>	<u>Nil</u>
At 31 March 2023	<u>£</u>	<u>Nil</u>	<u>£</u>	<u>Nil</u>

11. DEBTORS

	2024 £	2023 £
<b>Due within one year</b>		
Trade debtors	-	7,464
Prepayments	7,273	957
Accrued income	9,316	-
Other debtors	-	828
	<u>£ 16,589</u>	<u>£ 9,249</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	10,601	2,697
Social security and other taxes	3,215	2,670
Other creditors	1,807	90
Accruals	8,249	5,425
	<u>£ 23,872</u>	<u>£ 10,882</u>

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS  
For the year ended 31 March 2024

13. STATEMENT OF FUNDS

	Brought Forward £	Incoming Resources £	Resources Expended £	Transfers and investment gains/(losses) £	Carried Forward £
<b>RESTRICTED FUNDS</b>					
Carer's support services	11,164	60,632	(45,034)	-	26,762
City Bridge Foundation	13,481	49,210	(52,197)	-	10,494
London Borough of Hackney	-	23,000	(15,741)	-	7,259
Carers Trust	26,978	57,056	(84,034)	-	-
	<u>£ 51,623</u>	<u>£ 189,898</u>	<u>£ (197,006)</u>	<u>£ Nil</u>	<u>£ 44,515</u>
<b>SUMMARY OF FUNDS</b>					
General Funds	138,032	74,355	(67,810)	-	144,577
Restricted Funds	51,624	189,898	(197,006)	-	44,515
	<u>£ 189,655</u>	<u>£ 264,253</u>	<u>£ (264,816)</u>	<u>£ Nil</u>	<u>£ 189,092</u>

COMPARATIVE STATEMENT OF FUNDS, 31 MARCH 2023

<b>RESTRICTED FUNDS</b>					
Carer's support services	13,051	28,165	(30,052)	-	11,164
City Bridge Foundation	8,142	51,474	(46,135)	-	13,481
Carers Trust	18,448	59,280	(50,750)	-	26,978
	<u>£ 39,641</u>	<u>£ 138,919</u>	<u>£ (126,937)</u>	<u>£ Nil</u>	<u>£ 51,623</u>
<b>SUMMARY OF FUNDS</b>					
General Funds	156,619	58,231	(76,818)	-	138,032
Restricted Funds	39,641	138,919	(126,937)	-	51,623
	<u>£ 196,260</u>	<u>£ 197,150</u>	<u>£ (203,755)</u>	<u>£ Nil</u>	<u>£ 189,655</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Net current assets	144,577	44,515	189,092
	<u>£ 144,577</u>	<u>£ 44,515</u>	<u>£ 189,092</u>
Comparative analysis of net assets	<u>£ 138,032</u>	<u>£ 51,623</u>	<u>£ 189,655</u>

**NOTES TO THE FINANCIAL STATEMENTS**

**For the year ended 31 March 2024**

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**15. PENSION COMMITMENTS**

Pension costs in note 6 relate to payments made to a defined contribution pension scheme. The charitable company's liability is limited to making the payments due to the scheme on a timely basis. The liability at the 31 March 2024 is -£662 (2023 : NIL).

**16. RELATED PARTIES**

There were no other related party transactions in the year.

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

17 COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES

	<i>Unrestricted Funds 2023 £</i>	<i>Restricted Funds 2023 £</i>	<i>Total Funds 2023 £</i>
<b>INCOME AND ENDOWMENTS FROM:</b>			
Donations and legacies	4,700	-	4,700
Charitable activities	53,531	138,919	192,450
<b>TOTAL</b>	<u>58,231</u>	<u>138,919</u>	<u>197,150</u>
<b>EXPENDITURE ON:</b>			
Charitable activities	76,818	126,937	203,755
<b>TOTAL EXPENDITURE</b>	<u>76,818</u>	<u>126,937</u>	<u>203,755</u>
<b>NET MOVEMENT IN FUNDS</b>	(18,587)	11,982	(6,605)
<b>RECONCILIATION OF FUNDS:</b>			
TOTAL FUNDS AT 31 MARCH 2022	156,619	39,641	196,260
TO* The estimated useful life is as follows,	<u>£ 138,032</u>	<u>£ 51,623</u>	<u>£ 189,655</u>