

**CITY & HACKNEY CARERS CENTRE**

(Company limited by guarantee no. 03044523  
registered charity no. 1054962)

**REPORT AND FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2023**



**REPORT AND FINANCIAL STATEMENTS**  
For the year ended 31 March 2023

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**CITY & HACKNEY CARERS CENTRE**

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY,  
ITS TRUSTEES AND ADVISERS  
For the year ended 31 March 2023**

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**Board of Trustees** Jonathan Passman  
Malcolm Aickin  
Helen Mary Julian  
Mary Hiscock (resigned 14 February 2023)  
Cassim Adepegba  
Angelina Daly  
Dominic Masny  
Melvyn Abraham-Hagan (resigned 14 February 2023)  
Hester R Merrett  
John Smith

**Chair** Angelina Daly

**Treasurer** Malcolm Aickin

**Chief Operations Officer** **Joanna Brunt**

**Company reg. no.** 03044523

**Charity reg. no.** 1054962

**Registered office** 5th Floor  
65-68 Leadenhall Street  
London  
EC3A 2AD

**Independent Examiner** Knox Cropper LLP  
65 Leadenhall Street  
London  
EC3A 2AD

**Bankers** Unity Trust Bank  
Four Brindley Place  
Birmingham  
BI 2HB

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2023

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**The trustees present their report and the independently examined financial statements for the year ended 31 March 2023.**

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

#### **Objectives and activities**

The objects for which the charity was established are: the relief of persons suffering from disabilities arising from age, or physical or mental disability in particular by the provision of practical assistance, support, training, advocacy, counselling and information to those persons caring for persons with such disabilities in the City of London and the London Borough of Hackney (the "Carers").

#### The mission

City & Hackney Carers Centre aims to improve Carers' quality of life and to ensure the delivery of Carer focussed services in the borough of Hackney and the City of London.

#### The need

There are around 16,000+ carers in Hackney (Census 2021) with approximately 3,000 providing more than 50 hours of care each week and 85 in the same group in the City of London. We are in touch with 1,795 carers. Carers continue to report increased levels of health inequalities, poor mental health, social isolation and financial difficulty. CHCC prides itself on listening to what carers want and need and we design our service offer accordingly.

#### **Public Benefit statement**

The Trustees consider that they have complied with Section 17 of the Charities Act 2011 with regard to the guidance on public benefit published by the Charity Commission.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

#### **Main Activities to Support Objectives:**

All activities delivered by City & Hackney Carers Centre (CHCC) respond to local need and provide quality services to carers and the people they care for. This year CHCC has supported unpaid Carers with the provision of the following services:

- Specialist advice and information on welfare benefits, grant applications, housing advice and form filling.
- Generalist information, advice and signposting for current and former carers, the people they care for and professionals.

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

#### For the year ended 31 March 2023

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- A weekly 'What's on' e-news bulletin sent to both carers and professionals, giving information about local voluntary sector and statutory services and the Centre's activities.
- Online and in-person wellbeing sessions.
- Educational workshops and information sessions.
- Carers coffee mornings (online) providing peer support, high quality information and to enable carers to contribute to the shape of service provision.
- 1:1 counselling, Listening Ear and coaching sessions.
- Buddying and trips for males over 50yrs.
- A Young Adult Carer Support Service (Carers aged 16-25).

### OUR SERVICES

In the year 2022-23 City & Hackney Carers Centre was in touch with 1111 unpaid carers and actively worked with 784 of these across the range of our services:

- **Brocols:** An isolation busting project for men over 50yrs funded by Public Health England through the City & Hackney Wellbeing Network. This project came to an end in October 2022 having worked with 42 older men over the year and 10 older and younger men were supported to form and maintain befriending relationships.

A weekly meet up was held at WellSpace on Well Street, E9 at the request of the Brocols. The group centred around an activity, arts and craft or singing and was attended by 8-10 men.

#### Outcomes:

- Formerly isolated men were supported to increase their social connections
- A regular group was established that the men could rely on as part of their weekly schedule
- Arts activities offered mental relaxation and focus to participants
- Befriending service participants received the following additional benefits:
  - Digital inclusion support
  - Gentle exercise
  - Emotional support

This case study demonstrates this effect in action:

*"As a service user, I've found the group and how it is run remarkably supportive: held with skill, and providing ease of engagement at my own pace. I really couldn't have asked for a more natural space for support and recovery." Arjun, 67*

*(Please note that names have been changed throughout for reasons of confidentiality.)*

### Carers Information and Advice Service

Over the year the Carers Advice and Information Service, funded by City Bridge Trust and the London Borough of Hackney, took 608 referrals for advice support and provided 461 hours of 1:1 advice and information to 345 unpaid carers and the people they care for. Parent Carers (those caring for a child with a disability or life limiting condition) made up 94 of these, 227 were carers of adults, 7 were former carers, 8 Young Adult Carers and 3 were carers of both a child and an adult. We provided 646 hours of ad hoc telephone advice through our Wednesday advice line and 85 hrs of e-mail advice.

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**BOARD OF TRUSTEES' REPORT**

**For the year ended 31 March 2023**

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Advice sessions were delivered by our two advisers who speak a range of community languages (Dutch, Somali, Bengali, Urdu, Hindi) and were held in person at the Hackney Service Centre on Mondays and Fridays throughout the year and remotely via Zoom or telephone.

Carers were supported with range of issues which we have ordered according to their prevalence:

Welfare Benefits 45%, Help to access a grant 18%, Support with goods and services (usually negotiating with utility companies) 8%, Housing 8%, Personal (Usually mental ill health) 5%, Help from Social Services 10%, Help with Blue Badge and Freedom pass 6%, Education, training and employment 1%.

*Quote from a carer who used the advice and information service:*

*"Premila Patel in Hackney carer centre was exceptionally helpful. Not only she helped me to fill in forms, she has provided me with useful organizations, links, phone numbers and web sites where I can turn for help with food, childcare, and other day to day things I'm struggling with. For example, she has sent me direct link to a "neighbour" website where I can get free stuff locally.....being a carer - I find the carer's centre a lifesaver, an organisation that I feel can truly understand me, what I'm going through, without being judged and with the opportunity to meet likeminded people. Alice, 35.*

**Mental Health Support**

Based on Zoom and telephone, our counselling service is open to all carers in Hackney and the City. The service was funded through a combination of charges to carers using the service (on a sliding scale) and through a donation from Lloyds. Offering Human Givens Therapy and integrative counselling plus access to life coaching, this year we received 90 referrals which is almost double the number of referrals last year (46). 69 carers went on to have counselling with us. 6 decided that the listening ear service would suit them better and 15 decided not to pursue counselling or accessed counselling from other agencies.

Our volunteer counsellors supported carers through difficult life experiences such as the loss of a loved one, coming to terms with a diagnosis, managing challenging behaviour (and their response to this), relationship difficulties, depression, anxiety and trauma. Counselling has enabled carers to make positive changes, feel heard and to look after their own emotional health.

Our 'Listening Ear' sessions have continued to be an important element of our service offer. These 45-minute telephone support sessions provide an opportunity for carers to offload to a trained person about the stresses and strains they are experiencing over the telephone or on Zoom, at a time that suits them. Over the year CHCC conducted 114 listening ear sessions with 49 carers. These sessions include impromptu calls from carers in crisis, scheduled telephone appointments and zoom appointments.

*"Ben was a life saver. In the most challenging situation I have ever found myself in, he not only provided me with counselling on the spot (which was over one hour) but he also equipped me with practical and emotional advice on how to get myself and my son through the day as well as for in the near future." Alicia, 40*

**Young Adult Carers Service**

This service is funded by the Carers Trust's Making Carers Count Programme. The service is for those with caring responsibilities aged 16 to 25yrs old.

The service is delivered through 1:1 support sessions (via telephone and in community locations) through a vibrant WhatsApp group, and through weekly group sessions held at Forest Rd Youth Hub in Hackney.

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

**For the year ended 31 March 2023**

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Over the year **95** young adult carers were involved in the service. **171** individual support sessions, groups and activities were delivered over the year with an average of 5 young adult carers attending weekly sessions.

Positive outcomes for young people over the year include: Successful completion of education and training; access to local health facilities; access to higher education; access to youth counselling; access to employment; access to welfare benefits; access to books; access to a range of regular social and respite

Stand out successes of the project are the WhatsApp Group which is lively and supportive; the weekly social group which builds community and peer to peer support; integration with local professional networks such as the Neighbourhood Network and Hackney 16+ network The YAC coordinator has co-produced carers identification and support schemes with Homerton and Royal London hospitals and the delivery of Young Carer identification programme with the Children's Society.

We have developed good relationships with Young Hackney who are a regular source of referrals as young carers in their service approach adulthood and Carers First who refer into the service as well.

#### **Online groups and information sessions**

Over the year we ran 7 online information workshops attended by 47 carers. Topics were:

- Lasting Power of Attorney and writing a Will (ran twice)
- Understanding Delirium
- Urinary incontinence
- SENDIAG -Special Educational Needs and Disability information advice and guidance service
- Care Quality Commission – Because We all Care
- The Late Stages of Dementia

Our monthly online coffee mornings continued with 71 carers attending over the year.

*"It's been a good opportunity for carers to learn about Experts by Experience who visit people who use health and social care and to talk about their experience and have that feedback to appropriate dept" Feedback on CQC workshop.*

*"It has been a helpful session; the host has agreed to call me back after the workshop and help me resolve my problem. I feel supported and not so alone. It was also very helpful to hear other parent carers share their knowledge and tips for where I can get additional support." Feedback on SENDIAGS workshop*

#### **Wellbeing Activities**

With funding from the Department of Levelling up in conjunction with Hackney Council, we were able to pilot a programme of Wellbeing and Information days for carers in the Hackney Marsh area. The project aimed to engage with carers who face inequalities, to provide health information and advice, develop knowledge around self-care and to provide poverty reduction advice.

The days involved a movement class, access to mini massages, access to sessions with an adviser and talks from health and welfare related professionals. There were on average 7 carers in attendance at each day.

Through funding from Kings Park Moving Together (KPMT) we have been able to run a weekly chair-based exercise class at Kingsmead Community Centre. This has been accessed by 27 carers over the year.

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**BOARD OF TRUSTEES' REPORT**

**For the year ended 31 March 2023**

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We also offered a weekly Chair Disco session with community lunch afterwards in conjunction with Wick Award. This was accessed by 20 carers. In addition, we have hosted a weekly strength building class on zoom for carers unable to leave the home or who prefer to exercise at home. This is regularly attended by 5-8

*“Thank you for inviting me to the Wellbeing and Information Day. Firstly, it was a relaxing day filled with lots of valuable information to take away. The massage was fantastic; it was incredibly relaxing, even though it was just a sample session. All the speakers were welcoming, and it truly highlighted the fact that we are not alone. I would love to see more of these sessions happening more often. The only downside was that the lunch was cold, but it was manageable. The staff were very accommodating and attentive, listening to our needs and offering advice and helpful signposts. I also wanted to express my gratitude for the face massage stone you provided and for the information about it. Thank you once again for organizing this enriching event.” M, Carer*

**Feedback in numbers**

83% of carers were happy with the counselling they had received and 17% carers said they were satisfied. They commented that they felt heard in the sessions and have felt better able to resolve their issues following the counselling support.

Carers reported feeling more confident to continue with their caring roles after completing counselling sessions with us.

67% of carers who used the listening ear service said they were happy with the service and 33% felt satisfied. They also felt better able to manage their own issues and manage their caring role as a result of the support they received.

79% of carers were happy with the service they received and felt the issues they had presented with were adequately addressed. 18% were satisfied with the service and 3% made no comment.

92% of carers using the advice and information service felt they were better able to deal with their issues. 97% of carers said they feel more confident to continue in their role as a carer.

95% of all carers surveyed across all CHCC's services were either 'happy' or 'satisfied' with the overall service they received. 5% chose not to comment.

**Chair's Report**

Our services for unpaid carers have been well used throughout the year, as you can read in the rest of this report. Post pandemic we have moved to a model where we support carers through services provided both in person, online and via phone.

Our financial position remains strong, with only a slight drop in reserves from the previous year. This puts us on a good footing for providing services next year.

The team at CHCC, led by our COO Joanna Brunt, should be congratulated on the huge effort in applying for funding and for keeping a strict control of costs.

## CITY & HACKNEY CARERS CENTRE

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### BOARD OF TRUSTEES' REPORT

**For the year ended 31 March 2023**

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CHCC would like to thank the following funders for their support :-

- Arnold Clarke Community Fund
- Carers Trust
- Charles Hayward Foundation
- City Bridge Trust
- Co-op
- Hackney Giving
- Hackney Parochial Charities
- Kings Park Moving Together
- London Borough of Hackney (LBH)
- London Catalyst
- London Community Foundation
- Partnership for People and Place (LBH)
- Trust for London

#### **Financial Review**

The COVID 19 Pandemic significantly increased the needs of our beneficiaries. The Charity was in a strong position to respond to the increased needs and altered ways of working the Pandemic brought about. The results of the year's operations are set out in the Financial Statements. Total incoming resources amounted to £197,150 (2022: £225,438) and total resources expended amounted to £203,755 (2022: £226,693), resulting in a small deficit of £6,605 for the year (2022: deficit £1,255). This deficit is due to the expenditure of £18,587 of unrestricted funds to facilitate the uninterrupted delivery of essential, valuable activities and development of new services for our beneficiaries. The success of the latter meant that the Restricted Funds held increased by £11,982 from £39,641 to £51,623 over the year enabling us to maintain activities into the coming year.

#### **Reserves policy**

The Charity sets aside funds, as unrestricted reserves, to meet future anticipated or contingent expenditure, in particular to: cover staffing costs such as sickness or redundancy, to develop new activities and to ensure the continuity of services through difficult financial periods. The Board of Trustees decided the desired level of the "free" reserves should be between 3- and 6-months recurrent expenditure - at the time this amounted to £100,000 - £160,000, Recurrent expenditure is currently at a reduced level applying the same approach would require reserves between £56,000 and £100,000. While, in anticipation of growth in activity, the Board considers it prudent to maintain the reserves at a higher level. It, none the less, remains prepared to use unrestricted reserves to develop and build new services for its beneficiaries.

At the end of the financial year the free reserves stood at £138,032 (2022: £156,619). This will enable the Trustees to accept financial risk and the charity to continue to develop new services to address the significant impact the Cost of Living crisis will have on beneficiaries.

#### **Risk**

The most significant risk faced by the Charity, as with many other small charities, is maintaining sufficient funding to provide for the needs of its service users. Our beneficiaries were particularly badly affected by the COVID19 pandemic and the Trustees anticipate they will be further adversely affected by wider socio-economic and political challenges; the cost of living crisis, high interest rates and changes to benefit systems.

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**BOARD OF TRUSTEES' REPORT**

**For the year ended 31 March 2023**

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The increasing use of web-based technology to serve the needs of our beneficiaries through the Pandemic and the periods of isolation and lock-down it has increased the risks of cyber-attack and the need for electronic data security. The Trustees believe that reasonable data security measures are in place they continue to look into further steps to enhance protections.

**Going concern**

The Trustees believe that the level of reserves will enable the current level of activity to be sustained for more than 12 months while we continue to develop new services and identify new partners. In consequence the Trustees believe that the Charity will be able to continue as a going concern into 2025 and beyond.

**Structure, governance and management**

**Governing Documents**

The Trustees review the Articles of Association and Memorandum of Association in line with Charity Commission guidelines.

**Statement of responsibilities of the trustees**

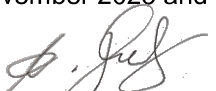
The trustees (who are also directors of City and Hackney Carers Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company and charity law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report which includes the strategic report has been approved by the trustees on 28 November 2023 and signed on their behalf by



ANGELINA DALY, Chair

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**CITY & HACKNEY CARERS CENTRE FOR THE YEAR ENDED 31 MARCH 2023**

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I report to the charity trustees on my examination of the financial statements of City & Hackney Carers Centre for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the trustees of the City & Hackney Carers Centre (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the Company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the City & Hackney Carers Centre are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I can confirm that I am qualified to undertake the examination because I am a registered member of the ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 386 of the 2006 Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Richard Billingham FCA  
**Knox Cropper LLP**  
Chartered Accountants  
65 Leadenhall Street, London, EC3A 2AD

Date:

CITY & HACKNEY CARERS CENTRE

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(incorporating the Income and Expenditure Account)**  
**For the year ended 31 March 2023**

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	<i>Total Funds 2022 £</i>
<b>INCOME AND ENDOWMENTS FROM:</b>				
Donations and legacies	2    4,700	-	4,700	26,894
Charitable activities	3    53,531	138,919	192,450	198,544
<b>TOTAL</b>	<b>58,231</b>	<b>138,919</b>	<b>197,150</b>	<b>225,438</b>
<b>EXPENDITURE ON:</b>				
Charitable activities	76,818	126,937	203,755	226,693
<b>TOTAL EXPENDITURE</b>	<b>76,818</b>	<b>126,937</b>	<b>203,755</b>	<b>226,693</b>
Net income/((expenditure) before gains and losses on investments	(18,587)	11,982	(6,605)	(1,255)
Net income	(18,587)	11,982	(6,605)	(1,255)
<b>NET MOVEMENT IN FUNDS</b>	<b>(18,587)</b>	<b>11,982</b>	<b>(6,605)</b>	<b>(1,255)</b>
TOTAL FUNDS AT 1 APRIL 2022	156,619	39,641	196,260	197,515
<b>TOTAL FUNDS AT 31 MARCH 2023</b>	<b>£ 138,032</b>	<b>£ 51,623</b>	<b>£ 189,655</b>	<b>£ 196,260</b>

**CITY & HACKNEY CARERS CENTRE**

Company limited by guarantee (registered company no. 03044523)

**BALANCE SHEET****As at 31 March 2023**

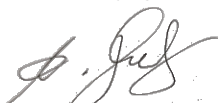
	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Intangible assets	9	-	-
Tangible assets	10	-	-
		<u>-</u>	<u>-</u>
<b>CURRENT ASSETS</b>			
Debtors	11	9,249	10,430
Cash at bank and in hand		191,288	203,201
		<u>200,537</u>	<u>213,631</u>
<b>CREDITORS: amounts falling due within one year</b>	12	<b>(10,882)</b>	<b>(17,371)</b>
<b>NET CURRENT ASSETS</b>		<u>189,655</u>	<u>196,260</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>189,655</b>	<b>196,260</b>
<b>NET ASSETS</b>		<u>£ 189,655</u>	<u>£ 196,260</u>
<b>FUNDS</b>			
Unrestricted funds:			
General fund	13	138,032	156,619
Restricted funds	13	51,623	39,641
		<u>£ 189,655</u>	<u>£ 196,260</u>

The financial statements have been prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and the Financial Reporting Standard 102.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved, and authorised for issue, by the Board of Trustees and signed on 28 November 2023 on their behalf by:-



ANGELINA DALY, Chair



MALCOLM AICKIN, Treasurer

CITY & HACKNEY CARERS CENTRE

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**CASH FLOW STATEMENT**

For the year ended 31 March 2023

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	2023 £	2022 £
<b>Cash flows from operating activities</b>		
Net income/(expenditure) for the financial year	(6,605)	(1,255)
Adjustments for:		
(Increase)/decrease in debtors	1,181	(4,312)
Increase/(decrease) in creditors	(6,489)	(1,931)
	<u>(11,913)</u>	<u>(7,498)</u>
<b>Net increase/(decrease) in cash and cash equivalents</b>	<u>(11,913)</u>	<u>(7,498)</u>
Cash and cash equivalents at 1 April 2022	203,201	210,699
<b>Cash and cash equivalents at 31 March 2023</b>	<u>£ 191,288</u>	<u>£ 203,201</u>
<b>Components of cash and cash equivalents</b>		
Cash at bank and in hand	<u>191,288</u>	<u>203,201</u>

**NOTES TO THE FINANCIAL STATEMENTS**

**For the year ended 31 March 2023**

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**1. ACCOUNTING POLICIES**

***Basis of preparation of financial statements***

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared under the historical cost convention. They have been prepared in accordance with applicable United Kingdom accounting standards, the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP 2015), in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) and the Charities Act 2011. The presentational currency of the financial statements is Pound Sterling (£).

***Company status***

City & Hackney Carers Centre is a company limited by guarantee. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

***Going concern***

The trustees have prepared cash flows and budgets for the next twelve months and consider that the company is able to realise its assets and discharge its liabilities in the normal course of business. The trustees have an expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For these reasons, they continue to adopt the going concern basis of accounting in preparing the annual financial statements.

***Fund accounting***

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objects of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the Charity for particular purposes. The cost of administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements. Statutory grants which are given as contributions towards the Charity's core services are treated as unrestricted.

***Income***

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

***Expenditure***

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

***Tangible fixed assets and depreciation***

All assets costing more than £1,000 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixture and Equipment	-	4 Years
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## NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Office equipment - 4 Years

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Short-term debtors and creditors**

Debtors are recognised when the charity is legally entitled to the income after any performance conditions have been met, the account can be measured reliably and it is probable that the income will be received. Creditors are recognised when the charity has a present legal or constructive obligation resulting from a past event to make payment to a third party, it is probable that settlement will be required and the amount due to settle the obligation can be measured or estimated reliably.

**Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value which are subsequently measured at amortised cost using the effective interest method.

**Pensions**

The company operates an Auto Enrolment pension scheme in which the Company contributes 5% and the Employee a minimum of 3% of gross salary. Some employees are members of a legacy stakeholder pension scheme where the company contributes 5% of gross salary. The pension charge represents the amounts payable by the company to the funds in respect of the year.

**2. DONATIONS AND LEGACIES**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2023	2023	2023	2022
	£	£	£	£
Donations	2,545	-	2,545	25,092
Other income	2,155	-	2,155	1,802
	<b>£ 4,700</b>	<b>£ Nil</b>	<b>£ 4,700</b>	<b>£ 26,894</b>

**NOTES TO THE FINANCIAL STATEMENTS**  
For the year ended 31 March 2023

**3. INCOME FROM CHARITABLE ACTIVITIES**

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	<i>Total Funds 2022 £</i>
Carer's support services	30,157	87,445	117,602	134,166
Advice	23,374	51,474	74,848	64,378
	<u>£ 53,531</u>	<u>£ 138,919</u>	<u>£ 192,450</u>	<u>£ 198,544</u>

**Analysis of funding**

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	<i>Total Funds 2022 £</i>
<b>Carer's support services</b>	£	£	£	£
Carers Trust - Aspiration Fund	-	-	-	4,825
Brocols - Public Health Fund	-	-	-	33,451
London Borough Hackney	-	10,000	10,000	-
Charles Hayward Foundation	7,000	-	7,000	-
Carers Trust - Making Carers Count	-	59,280	59,280	31,670
Hackney Giving	5,000	3,665	8,665	38,840
London Catalyst	1,500	-	1,500	-
The London Community Foundation	9,997	-	9,997	20,000
Counselling income	2,960	-	2,960	1,605
THCC Tier 1 and Upper Tribunal	3,700	-	3,700	1,850
West Hackney Parochial Charity	-	2,000	2,000	-
Kings Park Moving Together	-	12,500	12,500	1,925
	<u>30,157</u>	<u>87,445</u>	<u>117,602</u>	<u>134,166</u>
<b>Advice</b>	£	£	£	£
City Bridge Trust	-	51,474	51,474	46,290
Citizens Advice East End	23,374	-	23,374	18,088
	<u>23,374</u>	<u>51,474</u>	<u>74,848</u>	<u>64,378</u>
	<u>£ 53,531</u>	<u>£ 138,919</u>	<u>£ 192,450</u>	<u>£ 198,544</u>

## NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

## 4. RESOURCES EXPENDED

	Direct Staff costs £	Other direct costs £	Support costs £	Total 2023 £	Total 2022 £
Cost of charitable activities					
Carers's support services	107,649	42,835	3,358	153,842	171,545
Advice	47,870	1,851	192	49,913	55,148
<b>Total 2023</b>	<b>£ 155,519</b>	<b>£ 44,686</b>	<b>£ 3,550</b>	<b>£ 203,755</b>	
<i>Total 2022</i>	<i>£ 164,277</i>	<i>£ 59,500</i>	<i>£ 2,916</i>		<i>£ 226,693</i>

Resources expended include:

	2023 £	2022 £
Independent Examiner's fee	2,940	2,090

Details of staff costs are given in Note 6.

Details of Support costs is given in Notes 5.

## 5. SUPPORT COSTS

	Total 2023 £	Total 2022 £
Office and supply costs	597	732
Governance costs	13	13
Premises costs	-	81
Independent Examiner's fee	2,940	2,090
	<b>£ 3,550</b>	<b>£ 2,916</b>

## 6. STAFF NUMBERS AND COSTS

	2023 £	2022 £
Wages and salaries	143,555	151,152
Social security costs	5,711	6,983
Pension costs	6,253	6,142
	<b>£ 155,519</b>	<b>£ 164,277</b>

The average monthly number of employees during the year was 8 staff. (2022 - 8 staff)

No employee received remuneration of more than £60,000. (2022 - None)

The key management personnel of the charitable company are those persons having authority and responsibility for planning, directing and controlling the activities of the charitable company, directly or indirectly, including any trustee of the charitable company. In addition to the trustees of City and Hackney Carers Centre, key management personnel includes the Chief Operations Officer. Total employee benefits including employer pension contributions paid to key management personnel in the period amounted to £33,960 (2022 - £33,157).

**NOTES TO THE FINANCIAL STATEMENTS**  
**For the year ended 31 March 2023**

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**7. TRUSTEES REMUNERATION AND BENEFITS**

During the year, no members of the Board of Trustees received any remuneration (2022 - £NIL).  
No members of the Board of Trustees received reimbursement of expenses (2022 - £NIL).

**8. Taxation**

City & Hackney Carers Centre is a registered charity and is potentially exempt from taxation in respect of income and capital gains received within the categories covered by Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied to charitable purposes.

**9. INTANGIBLE FIXED ASSETS**

	£
Software:	
<b>Cost</b>	
At 1 April 2022	<u>9,880</u>
At 31 March 2023	<u>£ 9,880</u>
<b>Amortisation</b>	
At 1 April 2022	<u>9,880</u>
At 31 March 2023	<u>£ 9,880</u>
<b>Net book value</b>	
At 31 March 2023	<u>£ Nil</u>

Goodwill is being written off in equal annual instalments over its estimated economic life of 5 years.

**NOTES TO THE FINANCIAL STATEMENTS**  
For the year ended 31 March 2023

**10. TANGIBLE FIXED ASSETS**

	Fixture and Equipment £
<b>Cost</b>	
At 1 April 2022 and 31 March 2023	<u>8,574</u>
<b>Depreciation</b>	
At 1 April 2022 and 31 March 2023	<u>8,574</u>
At 31 March 2023	<u>8,574</u>
<b>Net book value</b>	
<b>At 31 March 2023</b>	<u>£ Nil</u>
At 31 March 2022	<u>£ Nil</u>

**11. DEBTORS**

	2023	2022
	£	£
<b>Due within one year</b>		
Trade debtors	7,464	9,288
Prepayments	957	1,142
Other debtors	828	-
	<u>£ 9,249</u>	<u>£ 10,430</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Trade creditors	2,697	9,308
Social security and other taxes	2,670	3,493
Other creditors	90	721
Accruals	5,425	3,849
	<u>£ 10,882</u>	<u>£ 17,371</u>

## NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

## 13. STATEMENT OF FUNDS

	Brought Forward	Incoming Resources	Resources Expended	Transfers and investment gains/(losses)	Carried Forward
	£	£	£	£	£
<b>RESTRICTED FUNDS</b>					
Carer's support services	13,051	28,165	(30,052)	-	11,164
City Bridge Trust	8,142	51,474	(46,135)	-	13,481
Carers Trust	18,448	59,280	(50,750)	-	26,978
	<u>£ 39,641</u>	<u>£ 138,919</u>	<u>£ (126,937)</u>	<u>£ Nil</u>	<u>£ 51,623</u>

## SUMMARY OF FUNDS

General Funds	156,619	58,231	(76,818)	-	138,032
Restricted Funds	39,641	138,919	(126,937)	-	51,623
	<u>£ 196,260</u>	<u>£ 197,150</u>	<u>£ (203,755)</u>	<u>£ Nil</u>	<u>£ 189,655</u>

## COMPARATIVE STATEMENT OF FUNDS

	Brought Forward	Incoming Resources	Resources Expended	Transfers and investment gains/(losses)	Carried Forward
	£	£	£	£	£
<b>RESTRICTED FUNDS</b>					
Carer's support services	28,131	130,711	(127,343)	-	31,499
Mercers Charitable Foundation	21,200	-	(21,536)	336	-
City Bridge Trust	-	46,290	(38,148)	-	8,142
	<u>£ 49,331</u>	<u>£ 177,001</u>	<u>£ (187,027)</u>	<u>£ 336</u>	<u>£ 39,641</u>

## SUMMARY OF FUNDS

General Funds	148,184	48,437	(39,666)	(336)	156,619
Restricted Funds	49,331	177,001	(187,027)	336	39,641
	<u>£ 197,515</u>	<u>£ 225,438</u>	<u>£ (226,693)</u>	<u>£ Nil</u>	<u>£ 196,260</u>

## 14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Net current assets	138,032	51,623	189,655
	<u>£ 138,032</u>	<u>£ 51,623</u>	<u>£ 189,655</u>
Comparative analysis of net assets	<u>£ 156,619</u>	<u>£ 39,641</u>	<u>£ 196,260</u>

## 15. RELATED PARTIES

There were no other related party transactions in the year.

**NOTES TO THE FINANCIAL STATEMENTS**  
For the year ended 31 March 2023

**16 COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES**

	<i>Unrestricted Funds 2022 £</i>	<i>Restricted Funds 2022 £</i>	<i>Total Funds 2022 £</i>
<b>INCOME AND ENDOWMENTS FROM:</b>			
Donations and legacies	26,894	-	26,894
Charitable activities	21,543	177,001	198,544
<b>TOTAL</b>	<u>48,437</u>	<u>177,001</u>	<u>225,438</u>
<b>EXPENDITURE ON:</b>			
Charitable activities	<u>39,666</u>	<u>187,027</u>	<u>226,693</u>
Net expenditure	8,771	(10,026)	(1,255)
Transfer between funds	<u>(336)</u>	<u>336</u>	<u>-</u>
Net outgoing resources before other recognised gains and losses	<u>8,435</u>	<u>(9,690)</u>	<u>(1,255)</u>
<b>NET MOVEMENT IN FUNDS</b>	<u>8,435</u>	<u>(9,690)</u>	<u>(1,255)</u>
TOTAL FUNDS AT 31 MARCH 2021	148,184	49,331	197,515
<b>TOTAL FUNDS AT 31 MARCH 2022</b>	<u>£ 156,619</u>	<u>£ 39,641</u>	<u>£ 196,260</u>