

CITY & HACKNEY CARERS CENTRE
(Company limited by guarantee no. 03044523
registered charity no. 1054962)

REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021



CITY & HACKNEY CARERS CENTRE
(Company limited by guarantee no. 03044523, registered charity no. 1054962)

REPORT AND FINANCIAL STATEMENTS
For the year ended 31 March 2021

CONTENTS

	Page
Legal and administrative information	1
Board of Trustees's report	2 - 9
Independent Examiner's report	10
Statement of financial activities	11
Balance sheet	12
Cash flow statement	13
Notes to the financial statements	14

CITY & HACKNEY CARERS CENTRE

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY,
ITS TRUSTEES AND ADVISERS**

For the year ended 31 March 2021

Board of Trustees Jonathan Passman
Malcolm Aickin
Helen Mary Julian
Sophie Fagan (resigned 19 April 2020)
Mary Hiscock
Cassim Adepegba
Angelina Daly
Dominic Masny
John Smith
Kit Andrew Welsh

Chair Jonathan Passman

Treasurer Malcolm Aickin

Chief Operations Officer Joanna Brunt

Company reg. no. 03044523

Charity reg. no. 1054962

Registered office 1 C Mentmore Terrace
London
E8 3DQ

Independent Examiner Knox Cropper LLP
65 Leadenhall Street
London
EC3A 2AD

Bankers Unity Trust Bank
Nine Brindley Place
Birmingham
BI 2HB

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

The trustees present their report and the independently examined financial statements for the year ended 31 March 2021.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objects for which the charity was established are: the relief of persons suffering from disabilities arising from age, or physical or mental disability in particular by the provision of practical assistance, support, training, advocacy, counselling and information to those persons caring for persons with such disabilities in the City of London and the London Borough of Hackney (the "Carers").

The mission

City & Hackney Carers Centre aims to improve Carers' quality of life and to ensure the delivery of Carer focussed services in the borough of Hackney and the City of London.

The need

There are an estimated 4,120 carers in Hackney providing more than 50 hours of care and 70 in the same group in the City of London. Carers are reporting increased levels of health inequalities, poor mental health, social isolation and financial difficulty. This has never been more apparent than during the Coronavirus pandemic which began shortly before the financial year commenced and has shaped the way we delivered services this year. CHCC's services are always designed to respond to the changing needs of carers and to support the wider family too where possible. We have had to be especially agile and creative in order to meet this need over the last year.

Public Benefit statement

The Trustees consider that they have complied with Section 17 of the Charities Act 2011 with regard to the guidance on public benefit published by the Charity Commission.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Main Activities to Support Objectives:

All activities delivered by City and Hackney Carers Centre (CHCC) aim to respond to local need and provide better quality services to carers and the people they care for. This year City and Hackney Carers Centre (CHCC) has supported unpaid Carers with the provision of the following services :

- Specialist advice and information on welfare benefits, grant applications and form filling.

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

- Generalist information, advice and signposting for current and former carers, the people they care for and professionals.
- A weekly 'What's on' e-news bulletin sent to both carers and professionals, giving information about local voluntary sector and statutory services and the Centre's activities.
- Online wellbeing courses: Mindfulness, yoga, creative drawing, creative writing, dance, cookery and chair disco.
- Short educational training courses for carers on topics such as Lasting power of attorney, writing a will, online safety and developing digital skills.
- Carers coffee mornings (online) providing peer support, high quality information and to enable carers to contribute to the shape of service provision.
- 1:1 counselling and coaching sessions.
- Buddying and trips for males over 50yrs.
- Individual and group support for carers of children with additional needs.

OUR SERVICES

In the year 2020-21 City & Hackney Carers Centre actively worked with 686 unpaid carers across the range of our services:

- **Brocals:** An isolation busting project for men over 50yrs funded by Connect Hackney, part of the Big Lottery Ageing Better programme.

With a monthly online meet up held during the pandemic, yoga, trips and activities (risk assessment permitting) and a buddying service attached, this project has been used by a core group of 30 men over the year. The pandemic made in-person meet-ups difficult and trips out even more challenging. Supporting the men into online and digital activities where possible was a priority and many enjoyed meeting socially. During the summer of 2020 artist Angela Groundwater worked with Hackney Brocals as part of her 'Out of the ManCave' wallpaper project, matching volunteer 'story gatherers' (sourced via Volunteer Centre Hackney) with beneficiaries. Some of these pairs also developed into long-term befriending relationships. In December we ran a 4 week online 'Boxing and Mindfulness for Men' class.

"So proud to be part of Angela's wallpaper project - and a Brocal!"

'Dan has become such a wonderful part of my life and I will be forever grateful to Brocals for bringing us together.'

[My volunteer] Charlotte and I have taken walks together and she showed me how to use Instagram.'

Carers Information and Advice Service

Over the year the Carers Advice Service, funded by the London Borough of Hackney, has provided 461 1:1 advice and information sessions to 120 unpaid carers. The advice sessions were all held remotely via Zoom, WhatsApp or telephone due to the coronavirus pandemic.

Carers were supported with range of issues such as rights to benefits, support from social services, housing, debt, transport, grants for essential items, accommodation and adaptations, as well as support with other issues.

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

Counselling, Coaching and Emotional Support

Based on Zoom and telephone, this service is open to all carers in Hackney and the City. The service was funded through a combination of donations, charges to carers using the service (on a sliding scale) and through a grant from West Hackney Parochial Charity.

Offering Human Givens Therapy and integrative counselling plus access to life coaching, this year we received 89 referrals. 50 of these went on to have counselling. 22 decided that the listening ear service would suit them better and 1 carer remains on the waiting list to see a counsellor.

Our volunteer counsellors supported carers through challenging life experiences such as bereavement, coming to terms with a diagnosis, managing challenging behaviour and their response to this, personal concerns, depression anxiety and trauma. Counselling has enabled carers to make positive changes and look after their own emotional health.

Our 'Listening Ear' sessions have been especially important during the pandemic. They provide an opportunity for carers to offload to a trained person about the stresses and strains they are experiencing over the telephone or on Zoom, at a time that suits them. Over the year CHCC conducted 91 listening ear sessions with 35 carers. These sessions include impromptu calls from carers in crisis, scheduled telephone appointments and zoom appointments.

Coaching

Over the year, through our partnership with CIC Coaching for Unpaid Carers we delivered 35 1:1 coaching sessions to 10 carers. We also held a coaching workshop on Time Management attended by 11 carers.

***"CHCC has been a lifeline; I do not know what I would have done throughout lockdown without them".
"The counselling sessions were brilliant; it was wonderful to have such a bubbly positive person to talk to – really helps lift your mood when you're feeling low".***

The Carers Collective:

This is a creative project funded by Connect Hackney which engages with carers over 50yrs and the people they care for, who are at risk of mental ill health. Together (or apart if preferred) they learn new skills and revisit dormant ones, unlocking their creativity, producing objects of beauty for personal pleasure or public exhibitions.

We were able to swiftly pivot to online delivery after the national lockdown, commissioning video content and getting running on Zoom very quickly. We already had content on YouTube and a good social media presence on other channels. Carers were quick to engage with Zoom in the main and enjoyed the online activities and the feeling of connectedness to others they provided.

Through the year the Collective engaged with 150 carers over six sessions of: Kirsty's Art Klub, the Carers' Choir, Hackney Howlers (women's writing group), In-person Silk Painting, in-person Mosaic making and a Gold Leaf decorating course.

We offered 12 sessions of Dance for Carers and Yoga for Carers. We also commissioned some video content: four yoga videos and a short course in enhancing your creativity as a carer. We used carers as facilitators wherever possible.

"I love the class. It helps me get through the week and gives me something to look forward to."

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

"My favourite class of the whole week!" "You guys run the best classes!"

"It's great that I can do these courses and talk to people online after the dance and yoga classes."

"Lovely instructor, very clear and engaging."

Digital Inclusion

This two-part project was funded through the Carers Trust and enabled us to identify digitally excluded carers, provide them with information about options for getting online and then furnish them with a tablet, access to broadband and an introductory session on how to use their tablet. We also offered online safety classes to all carers and a range of workshops and activities on zoom that we tutored and coached carers onto. The take up of this service was phenomenal with 150 carers using the service at some point over 6 months. We gave out 17 tablets to carers, 7 broadband or portable Wi-Fi connections and 29 laptops and Chromebooks.

We ran 69 sessions for carers who had not previously engaged with online classes, including carers coffee mornings, mindfulness sessions, a quiz and digital skills workshops.

"Excellent service, which has been an absolute lifeline during the pandemic". Carer D has attended online group sessions, including the Disco sessions; which "left her feeling like a 20-year-old again". Through group sessions, she has found that "she doesn't feel as sorry for herself, as she has seen that some carers have more problems than she has"

"The tablet has made a big difference to my mum. I have helped her to set up an email address and she uses the tablet to read Urdu news, check the weather, watch cooking videos on you tube and reach out to family members abroad through WhatsApp/zoom. She still has a lot to learn but is making steady progress"

Planning for Tomorrow

This brief project funded through the Carers Trust allowed CHCC to offer workshops designed to provide vital information and prepare carers for the future. 49 carers accessed 8 workshops on Writing a Will, Lasting Power of Attorney, Thinking about Alternate Care Provision and a Death Café.

Carers reported that they now felt confident that they can ask for help when they need it in the future. One carer said that she felt better able to deal with some of the things that she was worrying about, that she needed to sort out or that might happen in the future. Another carer said she felt confident that she knew who to turn to for support in the future and therefore felt happier or more positive as a result of the LPA and Will Writing session.

Parent Carer Support

Funded by Mercers Charitable Trust with some additional funding from London Catalyst and Hackney Parochials, this two-year project offers support to those caring for a child with additional needs. This could be a disability or a long-term illness or health condition. Carers are offered advice and information, support to navigate health and social care systems, emotional support sessions, grant applications for items that will help the child or carer and a monthly peer support and information group.

Over the year we were contacted by 79 parent carers and assisted them with a range of issues such as applying for Personal Independence Payment (PIP) or Disability Living Allowance (DLA) for their child, grant applications to the Family Fund and Carers Trust, housing issues, accessing Education and Health Care plans (EHCP) and counselling, listening ear sessions and workshops.

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

'I know that it can take a while to get an appointment for help filling in dfa forms but they were fantastic and really went out of their way to help me asap.'

'I'm really grateful for the help and support I received from Jo. She was professional and knowledgeable, excellent service from Hackney carers centre and staff. Thank you so much, you guys are awesome.'

Our Strategic Objectives are:

Strategic aim 1 : To increase the number of identified carers able to access services including 'hidden' carers.

Strategic aim 2: To meet agreed targets but to maintain the quality of our services to carers

Strategic aim 3: To establish financial stability

Strategic aim 4: To improve the mental and physical health and wellbeing of carers and to increase the confidence and ability of carers to make and influence decisions that affect their lives

Strategic aim 5: To ensure a greater voice for carers to influence policies and practices which affect their lives

Strategic aim 6: To increase knowledge and awareness amongst statutory agencies and other partners about the support needs of carers and how to best address them.

Achievements and performance

It has been another challenging year for the Carers Centre but much more so for our beneficiaries. Our updated position as a provider of advice, information and wellbeing services has proved to be essential to our unpaid carers. In November 2020 we noted that demand for our counselling service had increased by 250% from the same time the year before. The staff team is much smaller now and we would have struggled to meet the demand were it not for the availability of Covid-19 crisis funding. New funding from the Carers Trust, Big Lottery, London Community Response and London Borough of Hackney enabled us to maintain our services and respond to the need for digital skills development and online wellbeing workshops.

Fundraising is an on-going activity and continues to be successful. Funders have recognised the need for increased mental health support, information and advice and programmes to tackle isolation and increase human and digital connections. CHCC is confident it can continue offering the services that carers need for the next year and beyond.

Feedback in numbers

100% of carers surveyed were either happy or satisfied with the service they received.

98% of carers felt their issues were adequately addressed by CHCC, 2% did not comment.

74% of carers said they felt better able to resolve their issue after using our service, 21% said they didn't know, 2% did not comment and 3% said they did not.

77% of carers said they felt better able to continue caring as a result of using our services, 16% did not comment and 8% said they didn't know.

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

Chair's Report

This has been a year in which we have continued to provide services for the unpaid carers of Hackney. You can read more about the help we are able to provide elsewhere in this report. We have been able to carry on through the epidemic with a relatively small amount of face to face contact, but with increased use of telephone and online media.

This has also been a year of steady improvement for the financial situation of the charity. Although we do not have any contracts with the local authority, only grants, we are in a stronger position than we were a year ago. This is thanks to prudent management by our COO, Joanna Brunt, a strict control of costs, and a huge effort on the part of Jo and others in fundraising. All who work for the Carers Centre are to be congratulated on this achievement. We look forward to the next year with some optimism.

CHCC would like to thank the following funders for their support :-

- London Borough of Hackney
- City and Hackney Clinical commissioning Group – IT Enabler
- Connect Hackney
- Big Lottery
- Mercers Charitable Foundation
- Carers Trust
- Hackney Parochial Charity
- London Catalyst
- London Community Response
- West Hackney Parochial

Financial Review

As noted in the Financial Review last year the COVID 19 Pandemic significantly increased the needs of our beneficiaries. The Charity was in a strong position to respond to the increased needs and altered ways of working the Pandemic brought about. We were the first charity in Hackney to provide online group meetings to our service users. The results of the year's operations are set out in the Financial Statements. Total incoming resources amounted to £275,569 (2020 - £313,989) and total resources expended amounted to £219,161 (2020 - £317,170), resulting in a surplus on the year of £56,408 (2020 - deficit £3,181).

Reserves policy

The Charity sets aside funds, as unrestricted reserves, to meet future anticipated or contingent expenditure, in particular to cover staffing costs such as sickness, redundancy, to develop new activities and to ensure the continuity of services through difficult financial periods. The Board of Trustees decided the desired level of the "free reserves" should be between 3- and 6-months recurrent expenditure at the time when this amounted to £100,000 - £160,000. Although recurrent expenditure is currently at a reduced level of activity, the Board considers it prudent to maintain the reserves at the same level.

At the end of the financial year the free reserves stood at £148,183 (2020 - £107,746).

The existence of these reserves has enabled the Trustees to accept financial risk to continue valuable activities and develop new services through very uncertain times. This has facilitated the uninterrupted delivery of essential services for our beneficiaries.

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

Risk

The most significant risk faced by the Charity, as with many other small charities, is maintaining sufficient funding to provide for the needs of its service users. This is particularly apparent in a period where Carers, our beneficiaries, have been particularly badly affected by measures to combat the spread of COVID19 virus.

The increasing use of web-based technology to serve the needs of our beneficiaries through the Pandemic and the periods of isolation and lock-down it has increased the risks of cyber-attack and the need for electronic data security. The Trustees are well aware that the Local Authority was the subject of a cyber attack in October 2020 and that its IT services have not been fully restored 10 months later. Although the Trustees believe that reasonable data security measures are in place they are taking further steps to enhance protections.

Going concern

They do so secure in the knowledge that the current level of reserves will enable the current level of activity to be sustained for more than 12 months while new services are developed and new partners are secured. In consequence the Trustees believe that the Charity will be able to continue as a going concern into 2023 and beyond.

Plans for future

The charity provides many services to beneficiaries over and above Carers Assessments as described in this report. However, the Trustees are of the view that, valuable as they are, these services on their own are insufficient to sustain the charity in a financially sound state for the long term. To this end the Charity won a bid for funding from the Mercers Company, for a new 2-year project commencing in March 2020 which will provide an annual income of £21,000. The Trustees are therefore determined to build new services for our beneficiaries at a time when they face new and increased hardship as a result of the COVID 19 Pandemic and to find new partners to provide the economies of scale necessary to sustain and develop these services into the future.

Beneficiaries of our services

Beneficiaries of our services are unpaid carers aged 16 and over living in the Borough of Hackney and the City of London. We also indirectly support the people our carers care for through our various services.

Structure, governance and management

Governing Documents

The Trustees review the Articles of Association and Memorandum of Association in line with Charity Commission guidelines.

Related parties and relationships with other organisations

CHCC works in partnership with 14 other voluntary sector organisations in Hackney to deliver services under the 'Carers are the Bedrock' contract. CHCC has close links with Hackney CVS who are a funder through their Connect Hackney programme. The London Borough of Hackney and City and Hackney CCG are also funders. CHCC sits on the board of the City and Hackney Dementia Alliance and is part of the Hackney Advice Partnership.

CITY & HACKNEY CARERS CENTRE

BOARD OF TRUSTEES' REPORT

For the year ended 31 March 2021

Statement of responsibilities of the trustees

The trustees (who are also directors of City and Hackney Carers Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company and charity law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report which includes the strategic report has been approved by the trustees on 9 November 2021 and signed on their behalf by

JONATHAN PASSMAN, Chair



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CITY & HACKNEY CARERS CENTRE FOR THE YEAR ENDED 31 MARCH 2021

I report to the charity trustees on my examination of the financial statements of City & Hackney Carers Centre for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the City & Hackney Carers Centre (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the Company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the City & Hackney Carers Centre are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 386 of the 2006 Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Billingham FCA
Knox Cropper LLP
Chartered Accountants
65 Leadenhall Street, London, EC3A 2AD

Date: 19/11/2021

CITY & HACKNEY CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
 (incorporating the Income and Expenditure Account)
 For the year ended 31 March 2021

	Unrestricted Funds	Restricted Funds	Total Funds	<i>Total Funds</i>
Note	2021	2021	2021	2020
	£	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	2 11,231	1,000	12,231	11,456
Charitable activities	3 53,895	209,443	263,338	302,533
TOTAL	65,126	210,443	275,569	313,989
EXPENDITURE ON:				
Charitable activities	24,689	194,472	219,161	317,170
TOTAL EXPENDITURE	4 24,689	194,472	219,161	317,170
Net income/((expenditure) before gains and losses on investments	40,437	15,971	56,408	(3,181)
Net income	40,437	15,971	56,408	(3,181)
NET MOVEMENT IN FUNDS	40,437	15,971	56,408	(3,181)
TOTAL FUNDS AT 1 APRIL 2020	107,747	33,360	141,107	144,288
TOTAL FUNDS AT 31 MARCH 2021	£ 148,184	£ 49,331	£ 197,515	£ 141,107

CITY & HACKNEY CARERS CENTRE

Company limited by guarantee (registered company no. 03044523)

BALANCE SHEET

As at 31 March 2021

	Notes	2021 £	2020 £
FIXED ASSETS			
Tangible assets	10	-	-
CURRENT ASSETS			
Debtors	11	6,118	2,983
Cash at bank and in hand		210,699	148,899
		216,817	151,882
CREDITORS: amounts falling due within one year	12	(19,302)	(10,775)
NET CURRENT ASSETS		197,515	141,107
TOTAL ASSETS LESS CURRENT LIABILITIES		197,515	141,107
NET ASSETS		£ 197,515	£ 141,107
FUNDS			
Unrestricted funds:			
General fund	13	148,184	107,747
Restricted funds	13	49,331	33,360
		£ 197,515	£ 141,107

The financial statements have been prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and the Financial Reporting Standard 102.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved, and authorised for issue, by the Board of Trustees and signed on 9 November 2021, their behalf by:-



JONATHAN PASSMAN, Chair



MALCOLM AICKIN, Treasurer

CITY & HACKNEY CARERS CENTRE

CASH FLOW STATEMENT
For the year ended 31 March 2021

	2021 £	2020 £
Cash flows from operating activities		
Net income/(expenditure) for the financial year	56,408	(3,181)
Adjustments for:		
Decrease/(increase) in debtors	(3,135)	86,521
Increase/(decrease) in creditors	8,527	(10,203)
	<u>61,800</u>	<u>73,137</u>
Net increase/(decrease) in cash and cash equivalents	<u>61,800</u>	<u>73,137</u>
Cash and cash equivalents at 1 April 2020	148,899	75,762
Cash and cash equivalents at 31 March 2021	<u>£ 210,699</u>	<u>£ 148,899</u>
Components of cash and cash equivalents		
Cash at bank and in hand	<u>210,699</u>	<u>148,899</u>

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparation of financial statements

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared under the historical cost convention. They have been prepared in accordance with applicable United Kingdom accounting standards, the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP 2015), in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) and the Charities Act 2011. The presentational currency of the financial statements is Pound Sterling (£).

Company status

City & Hackney Carers Centre is a company limited by guarantee. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

Going concern

The trustees have prepared cash flows and budgets for the next twelve months and consider that the company is able to realise its assets and discharge its liabilities in the normal course of business. The trustees have an expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For these reasons, they continue to adopt the going concern basis of accounting in preparing the annual financial statements.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objects of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the Charity for particular purposes. The cost of administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements. Statutory grants which are given as contributions towards the Charity's core services are treated as unrestricted.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets and depreciation

All assets costing more than £1,000 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixture and Equipment	-	4 Years
-----------------------	---	---------

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS For the year ended 31 March 2021

Office equipment - 4 Years

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Short-term debtors and creditors

Debtors are recognised when the charity is legally entitled to the income after any performance conditions have been met, the account can be measured reliably and it is probable that the income will be received. Creditors are recognised when the charity has a present legal or constructive obligation resulting from a past event to make payment to a third party, it is probable that settlement will be required and the amount due to settle the obligation can be measured or estimated reliably.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value which are subsequently measured at amortised cost using the effective interest method.

Pensions

The company operates a stakeholder pension scheme. If employees choose to join, the company contributes 3% of gross salary. Alternatively, the company contributes 5% of gross salary to an employee's personal pension fund. The pension charge represents the amounts payable by the company to the funds in respect of the year.

2. DONATIONS AND LEGACIES

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Donations	1,023	-	1,023	6,916
Other income	10,208	1,000	11,208	4,540
	<u>£ 11,231</u>	<u>£ 1,000</u>	<u>£ 12,231</u>	<u>£ 11,456</u>

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 31 March 2021

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Carer's support services	30,808	209,443	240,251	212,873
Carers's coordination	-	-	-	70,740
Advice	23,087	-	23,087	18,920
	£ 53,895	£ 209,443	£ 263,338	£ 302,533

Analysis of funding

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Carer's support services				
East End Community	-	-	-	5,000
London Borough Hackney	144	-	144	84,412
Connect Hackney/ Hackney Council for Voluntary services	19,985	49,982	69,967	63,555
East London NHS Foundation Trust	-	14,057	14,057	33,438
Mercers Charitable Foundation	-	21,200	21,200	21,200
The National Community Fund	-	56,437	56,437	-
Carers Trust	-	44,413	44,413	300
London Catalyst	3,000	-	3,000	-
The London Community Foundation	-	23,354	23,354	-
Counselling income	3,255	-	3,255	3,968
West Hackney Parochial Charity	4,424	-	4,424	-
Warwick Community	-	-	-	1,000
	30,808	209,443	240,251	212,873
Carers's coordination				
London Borough Hackney	-	-	-	70,740
	-	-	-	70,740
Advice				
SAFH (Social Action For Health)	-	-	-	1,064
London Borough Hackney	-	-	-	1,275
Citizens Advice East End	18,088	-	18,088	16,581
Hackney Parochial Charities	4,999	-	4,999	-
	23,087	-	23,087	18,920

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 31 March 2021

4. RESOURCES EXPENDED

	Direct Staff costs £	Other direct costs £	Support costs £	Total 2021 £	Total 2020 £
Cost of charitable activities					
Carers's support services	121,282	83,001	6,239	210,522	189,683
Carers's coordination	-	-	-	-	62,172
Advice	7,739	644	256	8,639	22,646
Support costs	-	-	-	-	42,670
Total 2021	£ 129,021	£ 83,645	£ 6,495	£ 219,161	
Total 2020	£ 202,450	£ 36,345	£ 78,375		£ 317,170

Resources expended include:

	2021 £	2020 £
Independent Examiner's fee	1,440	1,340

Details of staff costs are given in Note 6.

Details of Support costs is given in Notes 5.

5. SUPPORT COSTS

	Total 2021 £	Total 2020 £
Office and supply costs	596	1,164
Governance costs	-	13
Premises costs	4,459	35,620
Support costs	-	40,238
Independent Examiner's fee	1,440	1,340
	£ 6,495	£ 78,375

6. STAFF NUMBERS AND COSTS

	2021 £	2020 £
Wages and salaries	116,147	176,034
Social security costs	6,019	11,943
Pension costs	5,798	9,863
Redundancy costs	1,057	4,610
	£ 129,021	£ 202,450

The average monthly number of employees during the year was 5 staff. (2020 - 12staff)

No employee received remuneration of more than £60,000. (2020 - None)

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2021

The key management personnel of the charitable company are those persons having authority and responsibility for planning, directing and controlling the activities of the charitable company, directly or indirectly, including any trustee of the charitable company. In addition to the trustees of City and Hackney Carers Centre, key management personnel includes the Chief Operations Officer. Total employee benefits including employer pension contributions paid to key management personnel in the period amounted to £35,101 (2020 - £27,151).

7. TRUSTEES REMUNERATION AND BENEFITS

During the year, no members of the Board of Trustees received any remuneration (2020 - £NIL). No members of the Board of Trustees received reimbursement of expenses (2020 - £NIL).

8. Taxation

City & Hackney Carers Centre is a registered charity and is potentially exempt from taxation in respect of income and capital gains received within the categories covered by Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied to charitable purposes.

9. INTANGIBLE FIXED ASSETS

	£
Software:	
Cost	
At 1 April 2020	9,880
At 31 March 2021	<u>£ 9,880</u>
Amortisation	
At 1 April 2020	9,880
At 31 March 2021	<u>£ 9,880</u>
Net book value	
At 31 March 2021	<u>£ Nil</u>

Goodwill is being written off in equal annual instalments over its estimated economic life of 5 years.

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 31 March 2021

10. TANGIBLE FIXED ASSETS

	Fixture and Equipment £
Cost	
At 1 April 2020 and 31 March 2021	<u>8,574</u>
Depreciation	
At 1 April 2020 and 31 March 2021	<u>8,574</u>
At 31 March 2021	<u>8,574</u>
Net book value	
At 31 March 2021	<u>£ Nil</u>
At 31 March 2020	<u>£ Nil</u>

11. DEBTORS

	2021 £	2020 £
Due within one year		
Trade debtors	4,995	1,829
Prepayments	1,123	1,154
	<u>£ 6,118</u>	<u>£ 2,983</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	11,645	5,322
Social security and other taxes	3,663	1,825
Other creditors	764	189
Accruals	3,230	3,439
	<u>£ 19,302</u>	<u>£ 10,775</u>

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 31 March 2021

13. STATEMENT OF FUNDS

	Brought Forward	Incoming Resources	Resources Expended	Transfers and investment gains/(losses)	Carried Forward
	£	£	£	£	£
RESTRICTED FUNDS					
Carer's support services	12,160	189,243	(173,272)	-	28,131
Mercers Charitable Foundation	21,200	21,200	(21,200)	-	21,200
	<u>£ 33,360</u>	<u>£ 210,443</u>	<u>£ (194,472)</u>	<u>£ Nil</u>	<u>£ 49,331</u>

SUMMARY OF FUNDS

General Funds	107,747	65,126	(24,689)	-	148,184
Restricted Funds	33,360	210,443	(194,472)	-	49,331
	<u>£ 141,107</u>	<u>£ 275,569</u>	<u>£ (219,161)</u>	<u>£ Nil</u>	<u>£ 197,515</u>

COMPARATIVE STATEMENT OF FUNDS

	Brought Forward	Incoming Resources	Resources Expended	Transfers and investment gains/(losses)	Carried Forward
	£	£	£	£	£
RESTRICTED FUNDS					
Carer's support services	21,250	78,667	(87,757)	-	12,160
Mercers Charitable Foundation	-	21,200	-	-	21,200
	<u>£ 21,250</u>	<u>£ 99,867</u>	<u>£ (87,757)</u>	<u>£ Nil</u>	<u>£ 33,360</u>

SUMMARY OF FUNDS

General Funds	123,038	214,122	(229,413)	-	107,747
Restricted Funds	21,250	99,867	(87,757)	-	33,360
	<u>£ 144,288</u>	<u>£ 313,989</u>	<u>£ (317,170)</u>	<u>£ Nil</u>	<u>£ 141,107</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Net current assets	148,184	49,331	197,515
	<u>£ 148,184</u>	<u>£ 49,331</u>	<u>£ 197,515</u>
Comparative analysis of net assets	<u>£ 107,747</u>	<u>£ 33,360</u>	<u>£ 141,107</u>

15. RELATED PARTIES

There were no other related party transactions in the year.

CITY & HACKNEY CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2021

16 COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES

	<i>Unrestricted Funds 2020 £</i>	<i>Restricted Funds 2020 £</i>	<i>Total Funds 2020 £</i>
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	11,456	-	11,456
Charitable activities	202,666	99,867	302,533
TOTAL	<u>214,122</u>	<u>99,867</u>	<u>313,989</u>
EXPENDITURE ON:			
Charitable activities	<u>229,413</u>	<u>87,757</u>	<u>317,170</u>
Net expenditure	(15,291)	12,110	(3,181)
NET MOVEMENT IN FUNDS	<u>(15,291)</u>	<u>12,110</u>	<u>(3,181)</u>
TOTAL FUNDS AT 31 MARCH 2019	123,038	21,250	144,288
TOTAL FUNDS AT 31 MARCH 2020	<u>£ 107,747</u>	<u>£ 33,360</u>	<u>£ 141,107</u>