



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 01	Year 2023		Day 31	Month 12	Year 2023

Section A Reference and administration details

Charity name

Universal Confluence of Yoga Vedanta Luminary Trust

Other names charity is known by

UCYL Trust, UCYL, Abhedashram, Luminary Publications

Registered charity number (if any)

105159

Charity's principal address

Camlad House

Forden

Welshpool

Postcode

SY21 8NZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Maheshvara Caitanya			Trustees themselves
2	Terrence C Walsh			Trustees themselves
3	Shri Shruti			Trustees themselves
4				
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Trust Deed 1st December 1995

How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the Trust are to advance education in the practice and study of Yoga and Vedanta and religious education for the benefit of the public.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

There were numerous public programmes at the centre throughout during the year as well as at other outside venues such as various Hindu Mandirs and for other study groups in the UK. As ever Sunday morning provided an opportunity for members of the public to attend group meditation and talks with the facility to join Satsangas online now available. The weekly hatha yoga classes continued throughout the week again mostly with an online facility. Public talks were also provided at various venues by invitation. The annual summer residential retreat was held on the Purnima, full moon, weekend of July incorporating the Gurupurnima Puja & celebration. Counselling of individuals, couples and families as well Hatha Yoga students and Meditation practitioners and for the general public throughout the year. All trustees are aware of the guidance issued by the Charity Commissioners in relation to the trusts and charities public benefit guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D **Achievements and performance**

Summary of the main achievements of the charity during the year

The Hatha Yoga teachers offered classes on-line, in person on-site and outside programmes. The mediation hall was open for use every day with evening and morning sessions. The online classes enabled students from much further afield to join talks and yoga classes from the comfort of their homes. Various celebrations and public religious worship were held throughout the year as per our usual annual programme including Mahashivaratri, Bhagavatpada Jayanti, Gurupurnima and a Christmas Puja & celebration which was held the Sunday before Christmas and on Christmas day itself. Weekly Sunday morning programmes were held from 10 – 11.30/12 noon.

Throughout the year the ashram's resident teachers gave spiritual guidance to guests and visitors from around the UK and from abroad covering approximately 900 hours. This was given by phone, online and on site, via the telephone, video calls and in-person. We continue to provide online services after the successful setting up of it during Covid restrictions. The centre offered some 300 days of retreat throughout the year in the form of group retreats and long and short personal retreats. This years' Spiritual Confluence was attended by participants from around the UK. Regular refurbishment and maintenance works were undertaken on a continuous basis throughout the year.

Section E Financial review

Brief statement of the charity's policy on reserves

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other Optional Information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Maheshvara Caitanya	Shri Shruti
Full name(s)	Maheshvara Caitanya	Shri Shruti
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date 28/10/2024



Receipts and payments accounts

For the period from	01/01/2023	To	31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary receipts	7,541	-	-	7,541	9,208
Activities for generating funds	135,109	-	-	135,109	59,371
Charitable activities	32,377	-	-	32,377	65,907
		-	-	-	-
Sub total (Gross income for AR)	175,027	-	-	175,027	134,487
A2 Asset and investment sales, (see table).					
Loan received from external funder	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	175,027	-	-	175,027	134,487
A3 Payments					
Cost of generating voluntary receipts	4,979	-	-	4,979	2,104
Fundraising cost (trading activities)	44,511	-	-	44,511	23,167
Cost of charitable activities	54,114	-	-	54,114	21,718
Governance cost	602	-	-	602	1,504
		-	-	-	-
Sub total	104,207	-	-	104,207	48,492
A4 Asset and investment purchases. (see table)					
Loans Repaid	35,870	-	-	35,870	82,905
		-	-	-	-
Sub total	35,870	-	-	35,870	82,905
Total payments	140,076	-	-	140,076	131,398
Net of receipts/(payments)	34,950	-	-	34,950	3,089
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	21,290	-	-	21,290	18,201
Cash funds this year end	56,241	-	-	56,241	21,290

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	56,241		-
	Savings Account			-
	Total cash funds	56,241	-	-
	<small>(agree balances with receipts and payments account(s))</small>	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Maheshvara Caitanya</i>	Maheshvara Caitanya	15/10/2024	
	<i>Shri Shruti</i>	Shri Shruti	15/10/2024	



Section A Independent Examiner's Report

**Report to the trustees/
members of**

UCYL TRUST

**On accounts for the year
ended**

31/12/2023

**Charity no
(if any)**

1051590

Set out on pages

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I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2023**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Dean Jones

Date:

25/10/2024

Name:

Dean Jones

Address:

71 Lon Glanyrafon
Vaynor
Newtown
Powys SY16 1QU

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Independent examiner's report to the trustees of UCYL Trust

I report to the trustees on my examination of the accounts of the UCYL Trust (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached