



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 01	Month 01	Year 2022		Day 31	Month 12	Year 2022

## Section A Reference and administration details

Charity name

Universal Confluence of Yoga Vedanta Luminary Trust

Other names charity is known by

UCYL Trust, UCYL, Abhedashram, Luminary Publications

Registered charity number (if any)

105159

Charity's principal address

Camlad House

Forden

Welshpool

Postcode

SY21 8NZ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Maheshvara Caitanya			Trustees themselves
2	Terrence C Walsh			Trustees themselves
3	Shri Shruti			Trustees themselves
4				
5				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Trust Deed 1<sup>st</sup> December 1995

How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

The objects of the Trust are to advance education in the practice and study of Yoga and Vedanta and religious education for the benefit of the public.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Trust offers Yoga classes at its main centre, online and at other hired venues and provides a meditation hall for individual and collective meditation. Meditation classes and spiritual guidance are offered throughout the year as well as during residential weekend programmes, celebrations and public talks, all of which are open to the public.

All trustees are aware of the guidance issued by the Charity Commissioners in relation to the trusts and charities public benefit guidance.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## **Section D**      **Achievements and performance**

**Summary of the main achievements of the charity during the year**

Classes and teaching at the centre and throughout the country picked up as Covid restrictions fully ended. The Hatha Yoga teachers offered classes on-line, in person on-site and outside programmes. The online classes enabled students from much further afield to join talks and celebrations and yoga classes from the comfort of their homes. The Meditation Hall was still open every day of the year for individual and group meditations. Weekend and longer retreats were offered. Various celebrations and public religious worship took place and spiritual guidance was given both online and on site, via the telephone and in-person. We continue to provide online services after the successful setting up of it during Covid restrictions. In addition to this private spaces was offered to individuals, couples, families or small groups wishing to undertake private and guided retreats on a short term and long-term basis. The centre offered some 95 days of retreat throughout the year in the form of group retreats and long and short personal retreats. Regular refurbishment and maintenance works were undertaken on a continuous basis throughout the year.

## **Section E      Financial review**

**Brief statement of the charity's policy on reserves**

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## **Section F      Other Optional Information**

## **Section G      Declaration**

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	Maheshvara Caitanya	Shri Shruti
<b>Full name(s)</b>	Maheshvara Caitanya	Shri Shruti
<b>Position (eg Secretary, Chair, etc)</b>	Trustee	Trustee
<b>Date</b>	10/10/2023	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name UCYL Trust	No (if any) 1051950
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## Receipts and payments accounts

For the period from	01/01/2022	To	31/12/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Voluntary receipts	9,208	-	-	9,208	16,239
Activities for generating funds	59,371	-	-	59,371	58,495
Charitable activities	65,907	-	-	65,907	21,998
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>134,487</b>	<b>-</b>	<b>-</b>	<b>134,487</b>	<b>96,733</b>
<b>A2 Asset and investment sales, (see table).</b>					
Loan received from external funder	-	-	-	-	29,000
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>29,000</b>
<b>Total receipts</b>	<b>134,487</b>	<b>-</b>	<b>-</b>	<b>134,487</b>	<b>125,733</b>
<b>A3 Payments</b>					
Cost of generating voluntary receipts	2,104	-	-	2,104	1,667
Fundraising cost (trading activities)	23,167	-	-	23,167	15,799
Cost of charitable activities	21,718	-	-	21,718	18,340
Governance cost	1,504	-	-	1,504	913
	-	-	-	-	-
<b>Sub total</b>	<b>48,492</b>	<b>-</b>	<b>-</b>	<b>48,492</b>	<b>36,719</b>
<b>A4 Asset and investment purchases. (see table)</b>					
Loans Repaid	82,905	-	-	82,905	63,055
	-	-	-	-	-
<b>Sub total</b>	<b>82,905</b>	<b>-</b>	<b>-</b>	<b>82,905</b>	<b>63,055</b>
<b>Total payments</b>	<b>131,398</b>	<b>-</b>	<b>-</b>	<b>131,398</b>	<b>99,774</b>
<b>Net of receipts/(payments)</b>	<b>3,089</b>	<b>-</b>	<b>-</b>	<b>3,089</b>	<b>25,959</b>
<b>A5 Transfers between funds</b>					
<b>A6 Cash funds last year end</b>	<b>18,201</b>	<b>-</b>	<b>-</b>	<b>18,201</b>	<b>- 8,780</b>
<b>Cash funds this year end</b>	<b>21,290</b>	<b>-</b>	<b>-</b>	<b>21,290</b>	<b>17,179</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current Account	20,917		-
	Savings Account	373		-
	<b>Total cash funds</b>	<b>21,290</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Maheshvara Caitanya	Maheshvara Caitanya	27/09/2023	
	Shri Shruti	Shri Shruti	27/09/2023	



**Section A Independent Examiner's Report**

<b>Report to the trustees/ members of</b>	UCYL TRUST		
<b>On accounts for the year ended</b>	31/12/2022	<b>Charity no (if any)</b>	1051590
<b>Set out on pages</b>	2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2020**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's  
statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**  **Date:**

**Name:**

**Address:**

## **Section B Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

### Independent examiner's report to the trustees of UCYL Trust

I report to the trustees on my examination of the accounts of the UCYL Trust (the Trust) for the year ended 31 December 2022.

### Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached