



Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/
members of

Charity Name
The Gwennili Trust

On accounts for the year
ended

31 December 2022

Charity no
(if any)

1049041

Set out on pages

1 and 2

(remember to include the page numbers of additional sheets)

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: R.D Barnes

Date: 03/02/2023

Name: Roger David Barnes

Relevant professional
qualification(s) or body
(if any):

BSc(Eng), CEng, ACGI

Address: Giblet Ore, 2A Old Street

Hill Head, Hampshire

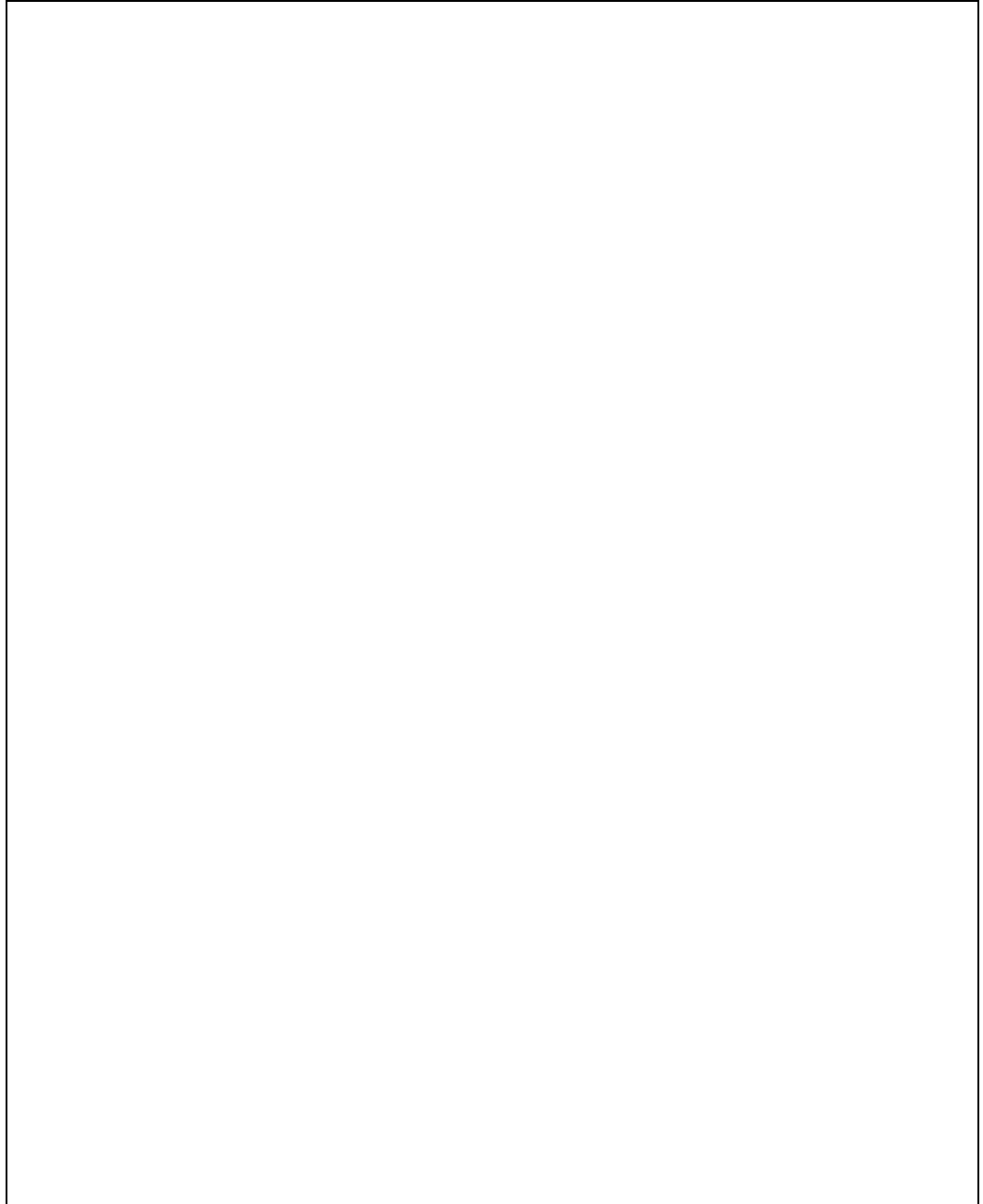
PO14 3HU

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.



THE GWENNILI TRUST

A company limited by guarantee

Charity No. 1049041

Company No. 03091887

TRUSTEES ANNUAL REPORT AND STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST DECEMBER 2022

Contents	Page
Legal and Administrative Information	2
Report of the Management Committee	3
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Financial Statements	9

Our Aims and objectives

Purposes and Aims: Our charity's purposes as set out in the objects contained in the company's memorandum of association are:

The relief of the physically or mentally disabled – in particular ex-service men and women – young persons and those in necessitous circumstances, by the provision of nautical, recreational, and educational facilities on board the vessel Gwennili or any similar vessel and training facility.

Ensuring our work delivers our aims: We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have taken note of the Charities SORP and the guidance contained in the Charity Commission's general Guidance on Public Benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The Focus of our Activities in 2022

Since 1995 the Gwennili Trust has provided for the relief of the physically and mentally disabled, in particular ex-Service people, offering respite and educational opportunities on board yachts. The primary beneficiaries for sail cruises are Personnel on Recovery Duty (PRD) personnel and military veterans. Sailing on the South Coast we have maintained the important relationship with the Personnel Recovery Centre at Tidworth in direct support of their PRD, similarly with the Personnel Recovery Unit in HMS Drake and PRD in HMS Raleigh. We've also taken personnel from PRC(N) at Catterick. We have supported STOLL with cruises and day sailing, the Not Forgotten Association, the Battle Back programme, the Alabare Trust (Boots on the Ground) and associated Armed Forces Breakfast Club members. Blind Veterans UK have sailed with us. We also accommodated individual veterans who approached us in person.

The Trust continues in partnership with the Disabled Sailors Association/RoRo and through sailing Spirit of Scott Bader for 68 day sails we have supported disabled children from Treloar College and from Crofton School, the adult beneficiaries were from Hampshire MS Support Group, Sailability groups, Strokeability groups, Spiral Blue, Karibu, Langdale Care, Norwood, veterans' outreach groups and PRD on recovery courses.

How our activities deliver public benefit

The Trust uses yacht sailing activities to give relief, promote confidence and develop self reliance in physically or mentally disabled persons. This enables them to re-establish their sense of self worth and regain their place in society.

The 2022 season began in May and our sailing programme was completed on 11 November. We completed 146 days on yachts at sea, providing 408 day sail berths for disabled people and 57 berths each for 5 days on sail cruises. There were a significant number of people sailing more than once; of the 653 berths we provided 241 were taken by returners. A total of 392 people with disabilities sailed with the Trust in 2022.

How our clients benefitted

Through sailing a yacht our beneficiaries (re)gain a sense of purpose, confidence and self-worth. Equal access to our activities is an important issue for us. We believe this to be vital to our success and that successful outcomes must be shared by all communities that use our services. Next season will be our 28th year and our greatest asset remains our team of volunteer Trustees, Skippers and Mates.

Cruising

Next year 2023, the Trust plans to organise some 20 cruises in and from the Solent including to Weymouth all providing for the relief of those with disabilities who would not otherwise be able to participate in these activities. In 2023 the Trust will enter the Round The Island Race with a conventional yacht.

Blind Week Contribution

Our annual contribution to Blind Week, hosted alternately by The Royal Lymington and Royal Cornwall Yacht Clubs is by the provision of a chartered yacht with a volunteer skipper, two mates and three visually impaired people as crew. In 2023 Blind Veterans UK will again sail with us. We also accommodate individual veterans who approach us in person.

Financial Review

At the inception of the Trust we made two decisions which have proved fundamental to our success and continuing existence: we would not own any vessels (no marina or maintenance costs) and we would not employ anybody. This format has ensured that our funds are used exclusively to meet our Objectives.

A Voluntary Organisation

We are an entirely voluntary organisation with six hands-on Trustees, some of whom are involved as Skippers or Mates during the sailing season (May to November) and in the Management Team throughout the year. This team includes Chairman, Treasurer, Secretary, Administrator, Day Sailing and Compliance Manager. In addition we now have a Fundraising co-ordinator. Our volunteers (40+) are the Trust's greatest asset. There are currently 9 Skippers and whilst our minimum qualification level is high, at MCA/RYA Yachtmaster Offshore with a Commercial Endorsement, a number of them hold even more advanced maritime certification. There are 25 people on the current Mates list, the minimum qualification is RYA Day Skipper though most are more highly qualified. It is heartening that several of these volunteers are new to the Trust and we look forward to welcoming them on board.

Principal Funding Sources

Our funds this year have come from a wide range of donors and the Gwennili Trust is continually grateful for the charitable support provided to us. From 2022 and looking forward to the 2023 sailing season we acknowledge the generous assistance of:

- Preston Turnbull LLP
- Team Army
- The Veterans' Foundation
- Trinity House
- The Royal Navy and Royal Marines Charity
- ABF The Soldiers Charity
- The RAF Benevolent Fund
- The Rotary Club of London
- The Maurits Mulder Trust
- The Hammond Innes Bursary administered by ASTO
- The United Grand Lodge of England
- United Kingdom Sailing Academy.

Against the backdrop of limited resources and competition for funding, the Trust has continued to develop its services. With the aid of sound financial management and the support of the volunteers we try to generate a positive financial outcome for the period. However, in 2022 and due to increased charter costs, we made a loss of -£1,568. We also used up £15,000 of restricted funds carried over from 2020.

Investments

Aside from retaining a prudent amount in reserves each year most of the Trust's funds are to be spent in the short term so there are few funds for long term investment.

Reserves Policy

The Management Committee has examined the Trust's requirements for reserves in light of the main risks to the Trust. It has been established that a policy is needed, whereby the unrestricted funds not committed, should be one year of the expenditure. Budgeted expenditure for 2022 was £58,560 but we are now expect to be spending more on the charter of yachts. Therefore, we have had to raise our target, which for 2023 is now £91,070 in general funds. Reserves are needed to underpin the working capital requirements of the Trust and the Management Committee are confident that at this level they would be able to continue the current activities of the Trust. However, the Management Committee is aware that at the start of 2023 we only had £28,835 in the bank. The Management Committee has also considered the extent to which existing activities and expenditure could be curtailed, should adverse circumstances arise.

The Trust plans to continue the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

Structure, Governance and Management

Governing Document: The organisation is a charitable company limited by guarantee, incorporated on 16 August 1995 and registered as a charity on 7 September 1995. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Governance: The Trust implemented GDPR in 2017 and we fully comply with its terms. There were no incidents in 2022 and the procedures and requirements were reviewed in 2022. Also in 2022 the Governance, Equality and Diversity, and Safeguarding policies were reviewed and where applicable, brought into line with the latest requirements of the Charity Commission.

Recruitment and Appointment of Management Committee

The six directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. This requirement has been complied with in 2022.

All members of the Management Committee give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 7 to the accounts.

Trustee and Committee Members Induction and Training

Most trustees and committee members are already familiar with the practical work of the Trust. Additionally, all trustees are invited and encouraged to view a series of short training sessions (of no more than an hour) to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of Management Committee members,

- The main documents which set out the operational framework for the Trust including the Memorandum and Articles, and Policies and Procedures (These must be read annually)

- Resourcing and the current financial position as set out in the latest published accounts

- Future plans and objectives.

For the Trustees, Directors and committee members a Question & Answer pack will be prepared drawing on information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions.

Risk Management

The Management Committee has conducted a review of the major risks to which the Trust is exposed. A risk register has been established and is updated at least annually, where appropriate, systems or procedures have been established to mitigate the risks the Trust faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and beneficiaries. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. The Trust's Financial Controls are reviewed annually.

This year, 2022, the Trustees again reviewed the Charity Commission Internal Financial Controls check list. We have taken note of its contents and have reviewed our controls accordingly.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- Select suitable accounting policies and then apply them consistently;

- Make judgements and estimates that are reasonable and prudent;

- Prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 3.

In accordance with company law, as the company's directors, we certify that:

- In so far as we are aware, there is no relevant audit information of which the company's examiner is unaware; and

- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant examining information and to establish that the charity's examiner is aware of that information.

Accounts Examination

Mr R.D Barnes BSc(Eng), CEng, ACGI, formerly MD of a Siemens Plessey and a BAE Systems Company, has examined the accounts. They were signed off on 20 March 2022.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Management Committee on 3rd February 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'J.P. Thornton', written in a cursive style.

J. P. Thornton
Colonel (Retired)
Chairman, Trustee and Director

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME and EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31ST DECEMBER 2022

	<u>Notes</u>	<u>2022</u>	<u>2021</u>
Incoming Resources			
Donations, Grants, Bursaries		£37,7620	£2,410
Contributions for charitable objectives		£9,935	£17987
Bank Interest		£69	£48
Contribution towards PR Items		£0	£0
Refunds / Transfers In		£25,194	£13,200
Total Incoming Resources		£72,817	£33,597
Resources Expended			
Direct charitable expenditure			
Charter Fees and related expenses		£60,022	£40,396
Refunds / Transfers Out		£11,003	£13,200
Insurance		£1,309	£1,309
Total Charitable Expenditure		£72,334	£54,905
Management and administration of the charity			
Printing, postage, stationary, marketing		£1,389	£669
Bank and Affiliation fees - ASA/ASTO		£662	£345
Total Resources Expended		£74,385	£55,919
Funds Transferred			
Net Incoming Resources		-£1,568	-£22,322
Fund Balances brought forward		£30,404	£52,726
Fund balances carried forward		£28,835	£30,404
Restricted Funds:		£25,100	£650
Unrestricted Funds:		£3,735	£29,754

Note:

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

BALANCE SHEET

AS AT 31ST. DECEMBER 2022

	<u>Notes</u>	<u>2022</u>	<u>2021</u>
CURRENT ASSETS			
Stock of PR Items	3	£0	£0
Cash on Deposit and at Bank	4	£28,835	£30,404
Debtors	5a	£ 500	£ 500
TOTAL CURRENT ASSETS		<u>£29,335</u>	<u>£30,904</u>
Creditors	5b	£ 500	£ 500
TOTAL CURRENT LIABILITIES		<u>£ 500</u>	<u>£ 500</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£29,335</u>	<u>£30,404</u>
ALLOCATED FUNDS			
Restricted Funds		£25,100	£650
Unrestricted Funds		£3,735	£29,754

These accounts are prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the management committee on 3rd February 2023 and signed on its behalf by:



J.P. Thornton
Colonel (Retired)
Chairman, Trustee and Director

Accounts examined by:

Date: 3rd February 2023

R.D. Barnes, BSc(Eng), CEng, ACGI

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

1. **COMPANY STATUS AND MEMBERSHIP**

The Company is limited by guarantee. The maximum contribution required by members is an amount not exceeding £1 in the event of the company being wound up. The Company, No. 03091887, is a registered Charity, No. 1049041.

2. **ACCOUNTING POLICIES**

- (a) **Basis of preparation of financial statements.** The financial statements are prepared under the historical cost accounting rules and in accordance with the Statement of Recommended Practice on Accounting by Charities.

The company has taken advantage of the exemption from preparing a cash flow statement conferred by Financial Reporting Standard No. 1 on the grounds that it is entitled to the exemptions available in Sections 476 and 477 of the Companies Act 2006 for small companies.

- (b) **Donations and voluntary income.** Donations and voluntary income are accounted for gross when received.
- (c) **Income from trading activities.** Income from trading activities represents the amount derived from the provision of goods and services which fall within the charitable company's objects and ordinary activities stated net of value added tax.

In the opinion of the directors, none of the fees of the company are attributable to geographical markets outside the U.K.

- (d) **Allocation of costs.** Costs are allocated between direct charitable and other expenditure according to the nature of the cost. Where items involve more than one category they are apportioned between the categories according to the nature of the cost.

3. **STOCK OF PUBLIC RELATIONS ITEMS**

The stock of PR items (caps, shirts, etc) has depreciated to zero.
Banners and Leaflets are to be ordered in 2023.

4. CASH ON DEPOSIT AND AT BANK	2022	2021
CAF Gold Account 80885462	£19,061	£10,743
CAF Current Account 00011628	£ 500	£ 500
Scottish Widows CAF 90 day A/C No. 50997530899	£ 0	£11,000
Lloyds Bank current account 44585860	<u>£ 9,274</u>	<u>£ 7,680</u>
	£ 28,835	£ 29,924

- 5a. Debtors represent security deposit prepaid to UKSA, £500, in 2021.

- 5b. Creditors invoice error from RoRo £500.

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST DECEMBER 2022

6. GAINS AND LOSSES

There was a recognised loss of -£1,568 in 2022.

7. DIRECTORS REMUNERATION

No remuneration was paid and no expenses were reimbursed to the directors during the year, except for those incurred as allowed by the company's constitution.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2022 – Nil).

8. TAXATION

As a charity, The Gwennili Trust is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

9. FUNDS

The charity has £25,100 of restricted funds and £3,735 of unrestricted funds.

10. CONTINUITY OF ACTIVITIES

The Trust operates on the basis that it generates sufficient funds from voluntary income and voyage donations to cover costs.



	Charity Name				No (if any)	CC16a
	THE GWENNILI TRUST				1049041	
	Receipts and payments accounts					
	For the period from	Period start date	To	Period end date		
	01/01/2022		31/12/2022			
Section A Receipts and payments						
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
A1 Receipts						
Donations	10,010	-	-	10,010	100	
Day Sailing	9,155	-	-	9,155	10,830	
Cruises	-	-	-	-	-	
Med Cruise	-	-	-	-	-	
Yacht Charters	780	-	-	780	6,957	
Training Courses	-	-	-	-	-	
Grants / Bursaries	27,610	-	-	27,610	2,303	
Bank Interest	69	-	-	69	7	
Refunds IN	25,194	-	-	25,194	13,200	
Special Events	-	-	-	-	200	
Sub total (Gross income for AR)	72,817	-	-	72,817	33,597	
A2 Asset and investment sales, (see table).						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total receipts	72,817	-	-	72,817	33,597	
A3 Payments						
Administration	1,389	-	-	1,389	669	
Day Sailing	15,840	-	-	15,840	14,690	
Cruises						

	3,250	-	-	3,250	-
Med Cruise	-	-	-	-	-
Clyde Cruises	35,046	-	-	35,046	23,725
Training Courses	-	-	-	-	-
Skipper/Mate expenses	4,324	-	-	4,324	1,416
Insurance	1,309	-	-	1,309	1,309
Racing & Blind Week	1,562	-	-	1,562	566
Account and Affiliation Fees	662	-	-	662	345
Refund OUT	11,003	-	-	11,003	13,200
Sub total	74,385	-	-	74,385	55,919
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	74,385	-	-	74,385	55,919
Net of receipts/(payments)	- 1,568	-	-	- 1,568	- 22,322
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	30,404	-	-	30,404	52,726
Cash funds this year end	28,835	-	-	28,835	30,404

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash at Bank	3,735	25,100	-
	Petty cash	-	-	-
		-	-	-
	Total cash funds	3,735	25,100	-

		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	Yacht security deposits	500	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability	Amount due (optional)	When due (optional)

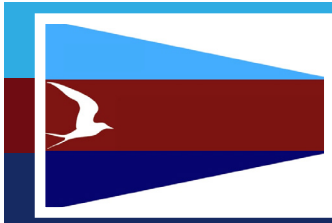
			relates				
B5 Liabilities						-	
						-	
						-	
						-	
						-	
Signed by one or two trustees on behalf of all the trustees	Signature		Print Name		Date of approval		
	John L Moore		John L Moore		03/02/2023		
	John P Thornton		John P Thornton		03/02/2023		

The Gwennili Trust

Company No. 03091887, Charity No. 1049041

Statement of Financial Activities (SOFA) for Year ending 31 December 2022 as at: 31/12/2022

	2022	2021
Income:	£	£
1] Donations	10010.00	3603.96
2] Day Sailing	9155.00	1160.00
3] Cruises UKSA	0.00	0.00
4] Adriatic Cruise	0.00	0.00
5] Yacht Charters	780.00	0.00
6] Training Courses	0.00	0.00
7] Grants / Bursaries	27609.94	12833.80
8] Bank Interest	68.68	47.89
9] Refunds/Transfers IN	25193.52	6.50
10] Racing, Special Events	0.00	0.00
	72817.14	17652.15
Expenditure:		
1] Administration, PR	1389.39	204.04
2] Day Sailing	15840.00	960.00
3] Cruises UKSA & Tectona	3250.00	0.00
4] Adriatic Cruise	0.00	0.00
5] Yacht Charters	35046.09	0.00
6] Training Courses	0.00	0.00
7] Fuel/Victuals Expenses	4323.54	0.00
8] Insurance	1308.80	1238.24
9] Racing & Blind Week	1562.00	123.00
10] Account Fees, Subscriptions	662.10	299.60
11] Refunds/Transfers OUT	11003.46	393.70
	74385.38	3218.58
Balance:	-1568.24	14433.57
Opening Balance as at 1 January 2022:	30403.62	52725.95
Incoming Payments:	72817.14	33596.84
Expenditure:	74385.38	55919.17
	28835.38	30403.62
Represented by:	31/12/2022	
Scottish Widows	A/c 50997530899	0.00
CAF Gold	A/c 80885462	11000.00
CAF Current Acc	A/c 00011628	19060.91
Lloyds Current	A/c 44585860	500.00
Overpayment to RoRo		9274.47
		7680.20
		0.00
		480.00
Closing Balance c/f	28835.38	30403.62
Restricted Funds:	25100.00	650.00
Unrestricted Funds:	3735.38	29753.62
Donations, Grants, Bursaries:	37619.94	2410.30
Sailing Payments In:	9935.00	17986.54
Bank Interest:	68.68	47.89
Contribution to PR Items:	0.00	0.00
Transfers IN:	25193.52	13200.00
	72817.14	33596.84
Sailing Expense:	60021.63	40396.40
Insurance:	1308.80	1308.80
Affiliation & Bank Fees:	662.10	345.00
Administration:	1389.39	668.97
Transfers OUT:	11003.46	13200.00
	74385.38	55919.17
	-1568.24	-22322.33



The Gwennili Trust

Annual Report 2022

Since 1995 the Gwennili Trust has provided for the relief of the physically and mentally disabled, in particular ex-Service people, offering respite and educational opportunities on board yachts.

The primary beneficiaries for sail cruises are Personnel on Recovery Duty (PRD) personnel and military veterans. Sailing on the South Coast we have maintained the important relationship with the Personnel Recovery Centre at Tidworth in direct support of their PRD, similarly with the Personnel Recovery Unit in HMS Drake and PRD in HMS Raleigh. We've also taken personnel from PRC(N) at Catterick.

We have supported Stoll with cruises and day sailing, the Not Forgotten Association, the Battle Back programme, the Alabare Trust (Boots on the Ground) and associated Armed Forces Breakfast Club members. Blind Veterans UK have sailed with us. We also accommodated individual veterans who approached us in person.

The Trust continues in partnership with the Disabled Sailors Association/RoRo and through sailing Spirit of Scott Bader for 68 day sails we have supported disabled children from Treloar College and from Crofton School, the adult beneficiaries were from Hampshire MS Support Group, Sailability groups, Strokeability groups, Spiral Blue, Karibu, Langdale Care, Norwood, veterans' outreach groups and PRD on recovery courses.

The 2022 season began in May and we completed our sailing programme on 11 November. We completed 146 days on yachts at sea, providing 408 day sail berths for disabled people and 57 berths each for 5 days on sail cruises. There were a significant number of people sailing more than once; of the 653 berths we provided 241 were taken by returners. A total of 392 people with disabilities sailed with the Trust in 2022.

Though sailing a yacht our beneficiaries (re) gain a sense of purpose:

- Discovery
- Adventure
- Exhilaration
- Community
- Camaraderie
- Personal Achievement
- Self Confidence
- Freedom
- Responsibility
- Team Work
- Physical Activity
- Health
- Respite
- Self Reliance
- Learning and Skills

The Trust offers grass roots, practical activity providing meaningful interventions for people affected by disability or disadvantage.

Direction and management of the Trust continues to be an all-volunteer activity and I acknowledge the burden placed on all our Trustees. One trustee has retired after 21 years of charitable service and we have in 2022 appointed two new Trustees. Formal financial reports and accounts have been submitted to The Charity Commissioners and to Companies House.



Our volunteers are the Trust's greatest asset. There are currently 7 Skippers available for 2023 and whilst our minimum qualification level is high, at MCA/RYA Yachtmaster Offshore with Commercial Endorsement, a number of them hold even more advanced maritime certification. There are currently 16 volunteers on the Mates list, the minimum qualification is RYA Day Skipper though most are more highly qualified.

The Trust is an all-volunteer organisation and we do not fund Trustees, Skippers or Mates, in return for their time and efforts. Money raised by the Trust is spent to make offshore sailing accessible for our beneficiaries. Therefore, the Gwennili Trust is continually grateful for the charitable support provided to us. From the 2022 sailing season and looking forward to 2023 we acknowledge the generous assistance of:

- Team Forces
- The Veteran’s Foundation
- Preston Turnbull LLP
- The Hammond Innes Bursary administered by ASTO

In the past we have been fortunate to have been supported by Trinity House, ABF The Soldiers Charity, The Royal Navy and Royal Marines Charity, The RAF Benevolent Fund, ASTO, The Maurits Mulder Cancer Charity, The Freemasons and The Rotary Club of London. To all of the donors on behalf of the beneficiaries, we are most grateful.



Key Developments for 2023

- Our Solent based sailing will include cruises-in-company with 3 yachts.
- Further develop the public profile.
 - Flags, banners and dodgers on chartered yachts.
 - Acknowledge our principal sponsors.
 - Badged clothing for Skippers and Mates.
- We will charter Olga, a Bristol Pilot cutter, for sailing in Falmouth/Plymouth.
- Compete in the Round the Island Race with a disabled crew.
- Help and prepare beneficiaries towards RYA qualifications.
- Grow the development path for returning beneficiaries through RYA qualifications.
- Team building and engagement with Preston Turnbull LLP’s personnel.
- Day Sailing support for The Lewis Moody Foundation.



Photo Gallery & Testimonials – Participant Feedback – PRC Sailing Recovery Voyage

Cohort Number	Feedback	Recovery Impact
1	<p>I had a great time on the sailing course, it was more than just learning how to sail for me. I found it very beneficial for my mental health. It allowed me to talk to people without the fear of judgement and realise that I can look for help through various channels. The atmosphere was positive and I felt comfortable which allowed me to relax, it acted as a reset. I was able to think more clearly and the tuition we received was brilliant. Furthermore, by learning new skills I felt that I improved my self-confidence and my ability to communicate. I believe that the fact we were either serving or veterans helped bond us and we were able to speak to one another and become more open. I would highly recommend the course and will be actively looking to volunteer with the charity in the future. Very enjoyable experience.</p> <p>Considered it different to AT where the skills are central to activity, here there was no pressure and did not feel stupid if I made a mistake.</p>	<p>Increased self confidence in social environment and improved motivation in other aspects of recovery.</p>
2	<p>The following comment is from a PRO:</p> <p>I have spoken with *** this week following his week with you and the Gwennili trust. Just wanted to pass thanks on as he reports the week as being the best week he has had in years; he credited the experience to supportive staff. It's always good to pass on positive comment so thought I would let you know.</p>	<p>Individual set up a sailing development plan whilst on board.</p> <p>Increase confidence and went on to gain Comp Crew award.</p>

Cohort Number	Feedback	Recovery Impact
3	<ul style="list-style-type: none"> • Gwennili Trust staff v approachable. • It was good to get out and mingle with other people again, especially having been away from work and with the effects of Covid isolation. • Enjoyed group cooking. • Really motivated when told that they had achieved a day under testing conditions. • Liked daily debrief on what had been done. 	Increased confidence in social environment.
4	<ul style="list-style-type: none"> • Found the whole experience 'top quality'. • Gwennili Trust staff excellent at imparting knowledge. • Fully committed to developing sailing skills in the future. 	Individual set up a sailing development plan whilst on board. Increased confidence.
5	<ul style="list-style-type: none"> • Found experience 'brilliant' and Gwennili Trust staff very approachable and helpful. • Enjoyed shopping/cooking element for the whole team. • Found it good to get away from the work/home pressure they were under. • Enjoyed challenge/risk. 	<p>Positive respite from work/home pressures.</p> <p>Appreciated the opportunity to take physical risk.</p>
6	Enjoyed the trip which was both different and hard, but at the same time there was no pressure and the atmosphere was relaxed. It felt good to get away from pressures of work and home. CILOR was appreciated so no extra personal expense added.	Respite (away from work and home). Returning to unit feeling a lot more confident.
7	Stated it was a very good week and a great insight into sailing. Enjoyed everyone's company. Gwennili Trust staff were knowledgeable and helpful – no issues with making mistakes. Wants to take the skills learnt back to Unit and develop a Unit Sailing exped.	<p>Increased confidence.</p> <p>Has confirmed with CoC intent to take responsibility for unit sailing activity – given extra focus for return to duty.</p>



CAPTIONS:

Left: PRD and Veterans RYA Qualification

Centre Top: The Not Forgotten Association / **Centre Bottom:** Blind Veterans UK

Right: Battleback

The Gwennili Trust

Summary of Achievements

1995 to 2022

The Gwennili Trust was established as a Charity (no.1049041) and Registered Company (no. 03091887) in 1995.

The relief of the physically or mentally disabled – in particular ex-servicemen and women – young persons and those in necessitous circumstances, by the provision of nautical, recreational and educational facilities on board the vessel Gwennili or any similar vessel and training facility.

At the start we made two decisions which have proved fundamental to our success and continuing existence: we would not own any vessels (no marina or maintenance costs) and we would not employ anybody. This format has ensured that a very high percentage of our funds is used exclusively to meet our objectives.

We are an entirely voluntary organisation with hands-on Trustees, some of whom are involved as Skippers or Mates during the sailing season (May to October) and in the Management Team throughout the year. This team includes Chairman, Treasurer, Administrator, and Day Sailing Coordinator.

We charter coded yachts and provide a qualified Skipper and Mate as the sea staff then bring disabled beneficiaries on board, as the crew members, for offshore cruises. With the Disabled Sailors Association/ RoRo we facilitate day sails in the Solent.

With Sail Tectona we provide cruising opportunities on a classic sailing vessel in the South West.

All our Skippers are in date RYA Yacht Masters Offshore (CE). Mates are at a minimum RYA Day Skippers. All Trustees, Skippers and 1st Mates are DBS vetted to the enhanced level. We operate from Port Solent for day sailing and other Solent harbours for cruising and training, we take part in racing in the Solent and have, Covid permitting, provided an annual cruise in the Mediterranean.

In terms of statistics we have achieved the following since 1995:

2178 days at sea
7434 disabled clients
952 of them wheelchair dependent

RYA qualifications of:

1 Yachtmaster Offshore
11 Coastal Skippers
43 Day Skippers
74 Competent Crew

Our funds have come from a wide range of donors principally The Veterans' Foundation, Team Forces and from Preston Turnbull LLP. We are also fortunate to have been supported by Trinity House, ABF The Soldiers Charity, The Royal Navy and Royal Marines Charity, The RAF Benevolent Fund, ASTO, The Maurits Mulder Cancer Charity, The Freemasons and The Rotary Club of London, To all of the donors on behalf of the beneficiaries, we are most grateful.

Next season will be our 28th year and our greatest asset remains our team of volunteer Trustees, Skippers and Mates.



JP Thornton
Colonel (Retired)
Chairman