

**Myaware Report of the Trustees and Financial Statements For The Year  
31st March 2023**

Myaware is a Registered Charity No. England & Wales 1046443. Scotland SC044744. Company Limited  
by Guarantee No. 3038358 (England & Wales)

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### Chairman's Report – Trevor Ranson

Myaware is committed to providing support to over 2500 members from across the UK. In the last year we have welcomed and supported 672 members to 44 online Zoom support sessions, sent 18,390 support communications and answered 59 generic medical questions relating to myasthenia.

In addition, we have assisted 349 members with enquiries relating to benefits and welfare, an increase of 16% compared to the previous year. 29.5% of these enquires relate to Personal Independence Payments to help with extra living costs incurred when living with a long-term condition diagnosis, 20% are general welfare enquiries and 13% of enquiries relate to advice required regarding driving with a myasthenia diagnosis. 76 counselling sessions were delivered to approx. 13 members, a reduction of 60% compared to last financial year.

We continue to review and evaluate our support services with the help of our members who kindly complete myaware's annual member survey. We have increased the number of Zoom sessions provided this year by 63% to meet the need of our members, deliver vital information, support and provide a platform on which our members can meet and share experience and information. Additional peer support services include myaware's secure Facebook groups for members only. We manage three closed groups: All members, parents' group and Young Generation group for 18 – 39-year-olds. These groups provide a safe lifeline and connection to the UK myasthenia community, on which members can chat, share experience and ask important questions related to myasthenia.

This year, myaware and our members have benefited from the new Research and Partnerships role, which exists to manage the funding of vital research into the myasthenias, as well as providing an essential link to partner, umbrella support and sister myasthenia organisation around the globe. This role also facilitates collaborative work with NICE in relation to the appraisal of new myasthenia treatments, ensuring that our members are kept up to date with developments in this area and the opportunity to be involved in patient focus groups to help shape the future of myasthenia medications.

Myaware continues to address the fundraising challenges which have arisen since the beginning of the pandemic. We are increasingly vigilant, to ensure that we spend the funds that we receive in a cost effective and responsible way. With this in mind, we continue to periodically review our services and objectives to ensure sustainability for the future.

Despite changes to our support service delivery in the last few years, we are delighted to be able to continue to reach and support so many people living with myasthenia in the UK and their families.

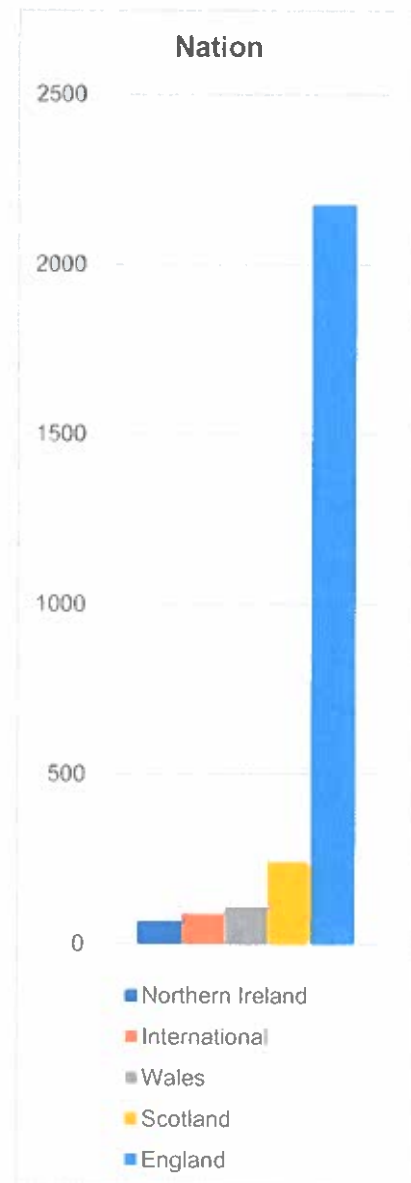
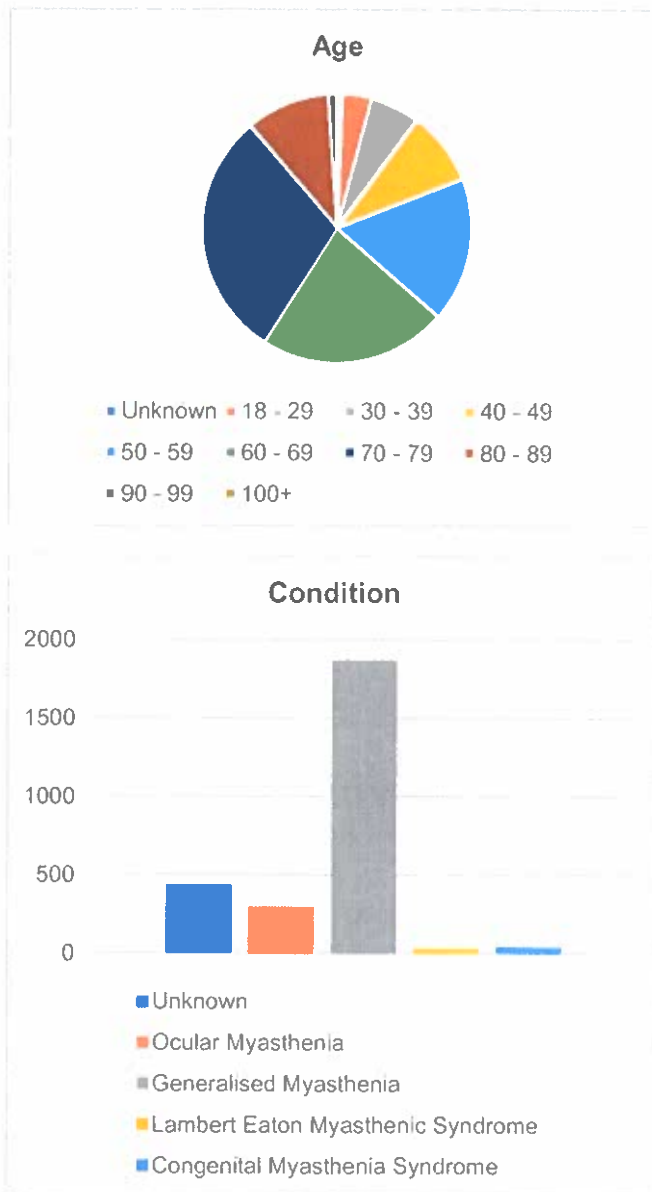
On behalf of myself, the board of trustees and the team at myaware, I'd like to take this opportunity to pass on my sincere and heartfelt thanks to all our donors and supporters, without whom, myaware would not be able to continue to support the UK myasthenia community.

CEO's Report – Sarah Cuthell

**Membership**

Historic research publications have stated that there were approx. 12,000 people living with myasthenia in the UK. In December 2021 a research paper entitled *Prevalence and incidence of neuromuscular conditions in the UK between 2000 and 2019*, written by Iain Carey was published outlining that this data is now estimated at 20,000 people in the UK.

In April 2022, myaware's records showed that active membership had reduced by 3.4% from 2775 to 2681 during the period of the financial year. During the same period, myaware welcomed 594 brand new members. However, 920 members failed to renew membership on anniversary of joining. Myaware appreciates that our members require the highest level of support at the beginning of and at crisis points of their myasthenia journey and our active membership figures reflect this. Myaware is working to encourage our members to continue with their membership regardless of status of their condition, to ensure that they can continue to access information and support throughout their myasthenia journey, without interruption.



CEO's Report continued

**Myaware national support services**

Myaware members benefit from a range of online and telephone support and information services which guide individuals and their family members through diagnosis and beyond. Throughout 2022-23 myaware continued to provide and enhance online services to ensure members had access to information, advice, and peer support. We moved fully to a national delivery model, streamlining services across the UK to make the best use out of our resources.

**Zoom sessions**

This year we delivered 44 online Zoom sessions, bringing our members together to discuss common issues and share valuable experiences. Our highly experienced National Support Co-ordinators and Benefits and Welfare Officer have delivered positive and empathetic updates regarding support, awareness and research, and imparted vital information on how to live well with myasthenia. We are delighted that over 672 members attended these Zoom sessions throughout the year and benefited from information and peer support. Myaware provides a combination of monthly Zoom sessions for members who are new to the condition and to our organisation, along with Peer Support Sessions for our general membership, we also provide sessions specific to age and condition. Our aim is to remove any sense of isolation by guiding members through the first few months of their diagnosis, and then we aim to keep members connected with others who find themselves in a similar set of circumstances. Other zoom sessions have included, bringing together parents and carers, and a presentation about living with myasthenia.

*"Thank you so much for organising these extremely fantastic sessions which are very reassuring and helpful. Look forward to the next session!"*

*"I have had Myasthenia Gravis for around 18 years and after suffering a deterioration in my symptoms over the last few months, it was really lovely to be able to catch up with others. You all do amazing work, and these sessions are a wonderful support for everyone."*

**Peer support network via social media**

Myaware facilitates and manages three national Facebook closed groups and this year we have connected 972 people living with myasthenia and their family members. These groups provide a vital 24/7 lifeline of peer support and a platform for myaware to share updates and answer common questions. Our national peer support closed group caters for all members regardless of type of myasthenia, age, or location. Our myaware kids closed group is especially for parents of children who have been diagnosed with any form of Myasthenia, and our Young Generation closed group provided a platform for those aged between 18 and 39 where discussion can focus around education, employment or pregnancy and myasthenia.

*"I want to say a huge thank you to those that offered me reassurance and advice through this group. Not only did it mean the world to me, but genuinely helped a lot. Other people, including my family told me it would be ok, but I trusted your words more as I knew many of you had been through it."*

## CEO's Report continued

### Benefits and welfare advice service

The benefits system is complex, the rules can change, and when living with an unpredictable and sometimes debilitating condition like myasthenia, it can be difficult to find the energy and time to fully research every opportunity to improve your quality of life. Myaware's dedicated benefits and welfare officer is here to help our members navigate the benefits system and check if they are entitled to any financial assistance, or support relating to transport, employment, or education.

This year myaware has responded to 349 benefits and welfare enquiries. This is an 18% increase on the number of enquiries answered last year.

Amongst these were:

- 45 driving & myasthenia enquiries
- 32 employment and myasthenia enquiries
- 103 Personal Independence Payment enquiries
- 25 Attendance Allowance enquiries
- 31 Blue Badge enquiries

Like all our support services this advice is available to all members in England, Scotland, Wales, and Northern Ireland. The service is provided by telephone, on the myaware website and via our Zoom sessions, and is available Monday to Friday, 9am to 5pm.

*"Just to say thank you all at myaware for all your help and advice with coming to terms Myasthenia Gravis. It has been very hard, as up till 4 months ago I didn't take any medication and now I have to take 18 tablets a day. I have had a few bad days, but with all the help I have been given by the people at myaware I have been able to get through them. I'm now back at work and I have been able to carry on driving with the help and advice from myaware. I would just like to say a very big thank you all, keep the good work up. Many Thanks!"*

### Telephone and Email, Support and Information

Our team are available Monday to Friday 9am to 5pm by telephone and email. Whether members have a question they want answering or want to know more about myaware objectives or services, our dedicated Head Office and the Support Team members are here to help inform and guide our members.

*"Thank you so much for being there! You guys have been so supportive, the myaware charity is one of the reasons I'm still here! Please pass on our thanks to the whole team."*

### Emotional support service

People can have many reactions to myasthenia, including strong reactions to changes to their body or being anxious about treatment, and some people find it difficult to cope with the feeling of loss of control. It can sometimes help to talk through these feelings with someone outside of their friends and family, and for this reason, members of myaware have had access to our free, confidential counselling service, delivered via an accredited counsellor with many years of experience supporting people with long-term conditions. In 2022-23 we saw a reduction in the number of people accessing this service, with less than 1% of the membership utilising it. Across the year we only delivered 76 sessions, equating to only thirteen members accessing counselling and a decrease in uptake of 60%.

## CEO's Report continued

### Myasthenia Literature Library

For those who prefer to learn about myasthenia in print, myaware provides a vast library of information booklets, leaflets, and fliers for those living with myasthenia and healthcare professionals,

this includes information booklets and PDF's covering the following:

- A medical Guide for Patients with Myasthenia Gravis
- Ocular Myasthenia – a guide for the medical professionals
- A medical Guide for Patients with LEMS
- Myasthenia and pregnancy factsheet
- Myasthenia for Complete Beginners Who am I? Booklet
- Congenital Myasthenia – a guide
- Ocular Myasthenia – a guide for patients
- A variety of flyers promoting myaware services

Myaware regularly provides large print version for members with visual impairments.

### Website information and signposting

The myaware website; [www.myaware.org](http://www.myaware.org) exists to provide an online library of information about the organisation and our objectives, the different types of myasthenia and vital information about how to live well with myasthenia. During the course of the year, our website pages have received 426,575 views, with users viewing an average of 2 pages per session. The pages most visited continue to include information on 'drugs to avoid,' 'extraocular muscles' and Pyridostigmine information'. Most searched for words during this period on our website were 'steroids', 'Covid' and 'Drugs to avoid' indicating that the most important subject matter relates to myasthenia treatments. Our data shows that the average time spent on each webpage is 1.3 seconds and that 62% of users access our website using a mobile phone. This information along with other web analytics have prompted a review of our web page content, structure and web user journey to ensure that our users can access the required information as quickly as possible and that the information and layout translates effectively for mobile phone use.

Myaware utilises our website to share a variety of information about our three objectives of Support, Awareness and Research. In addition, users can access member's stories, annual accounts, fundraising activities, online shop, register for online support events and membership information. We urge anyone visiting our website to become a myaware member, where they have a myasthenia diagnosis, are a relative, carer or a healthcare professional with an interest in the myasthenias.

Our website hosts ReachDesk toolbar which ensures that our visitors can access our content in a way that suits them best. Including text-to-speech, reading and translation support.

## Myaware Report of the Trustees and Financial Statements Year End 31<sup>st</sup> March 2023

### REPORT OF THE TRUSTEES

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023 which are also prepared to meet requirements of the directors' reports and accounts for the Companies Act purposes.

The financial statements comply with the Charities Act 2011, The Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Articles of Association and Accounting and reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### OBJECTIVES AND ACTIVITIES OF THE CHARITY

We support people affected by myasthenia and related conditions, raise awareness about the conditions and fund research to find new therapies to reduce their impact and ultimately find a cure.

#### **We provide the following core support services:**

- Support and information sessions delivered via Zoom covering research information, general support discussion and benefits and welfare advice
- Monthly new members support sessions via Zoom
- Zoom sessions for condition type and age specific to support to children up to the age of 18 and young people between the ages of 18 and 39.
- Information and support via the myaware website
- Our social media services include closed, secure groups for peer support and pages for information and signposting
- Telephone and online welfare and benefits advice service

#### **We raise vital awareness of myasthenia in the following ways:**

- We represent our members via membership of umbrella organisations such as UK Neurological Alliances, Rare Disease UK and National Voices
- Myaware provides specific information for our members and the general public via our website
- Myaware provides information packs for clinicians throughout the UK

#### **Myaware is committed to effectively and responsibly funding research projects in the following areas:**

Cause, Cure, Prevention, Treatment and Quality of life, in relation to myasthenia and related conditions.

- Myaware is committed to training clinicians of the future in the field of myasthenia.
- Myaware is committed to effectively communicating research project outcomes and future research opportunities with transparency to our members and general stake holders.

To support these aims we undertake fundraising activities and as always are hugely grateful to the many people who have supported us financially and of course our team of volunteers who support us with support and fundraising activities. As always, the challenge is to raise more unrestricted funds that can be used to finance the day to day running of the charity – postage, telephone, printing, on-line services and other core costs and we are particularly grateful to those who donate money that can be used in this way.

## Myaware Report of the Trustees and Financial Statements Year End 31<sup>st</sup> March 2023

### REPORT OF THE TRUSTEES

#### Grant Making Policy

The Charity may award grants to scientific research, specialist myasthenia nurses and training fellowships in support of its objective and activities.

Grants are awarded by the Board of Trustees when funds become available, and only when the reserves position of the charity mitigates the risk committing funds to projects running across several years.

Research grants are awarded following a rigorous peer review process under the control and supervision of the myaware Medical Committee.

#### Public Benefit

The charitable company has referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing its aims and objectives and in planning its future activities. In particular, the trustees always consider how planned activities will contribute to the aims and objectives they have set.

### ACHIEVEMENT AND PERFORMANCE

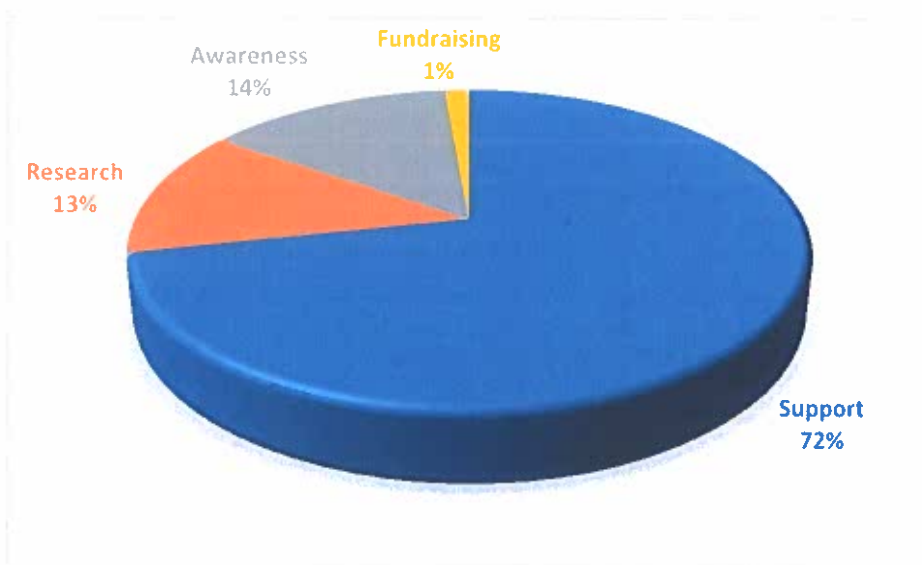
#### How we spend our money:

Support - £512,911

Research - £92,675

Awareness - £101,257

Fundraising - £9790



*REPORT OF THE TRUSTEES*

Support of Members

- Our membership reduced by 3.4% to 2,681 during the financial year. Our data shows that we have welcomed 594 new members during the year, all of whom have received a 'newly diagnosed information pack'. The continuing reduction in member renewals highlights a need to review our membership process and continue to engage with our members via annual member survey and short online surveys.
- Newsletters continue to be sent to our members quarterly, providing news, support, encouragement and acknowledgement to those who have supported myaware via donations and fundraising initiatives.
- We brought together specialist myasthenia nurses from across the UK in May and September 2022 and March 2023 to facilitate the sharing of knowledge expertise across the sector.
- In August 22 we hosted a carer's support session via zoom as part of my awareness month.
- Our Young Generation members who are aged 18-39, benefited from three support Zoom sessions during the year.
- We held two Zoom support sessions for parents of children with myasthenia, this gave parents the opportunity to come together with other parents and share experiences and gain peer support from others in similar situations.
- Myaware provided one Zoom support session focused on Congenital Myasthenic Syndrome.
- In October 2022 we hosted a Zoom support session focused on living with myasthenia.
- 672 members attended national Zoom sessions to access peer support, information, and friendship.
- Over 972 people used the carefully moderated myaware member only closed Facebook groups, which provide a safe platform on which to share thoughts, concerns and experiences and receive information and support.
- Telephone and email support are provided Monday to Friday, 9am to 5pm for members who need advice, information or someone to talk to. This service is delivered by our dedicated support team and head office staff.
- Benefits and Welfare advice was effectively and empathetically delivered to 349 members, this increased by 16% from last year
- The myaware Counsellor was available by phone to help members with the emotional impact of living with a long-term condition – this service delivered 76 counselling sessions during the year but saw a 60% decrease in service demand compared to the previous year.

*REPORT OF THE TRUSTEES*

Research

**The Oxford Myasthenia Patient Sample Store – Dr Sarosh Irani (NDCN, Oxford)**

Dr Sarosh Irani applied to myaware for funding to secure purchase of a new tank for storing frozen cells over liquid nitrogen and replacement of an existing -20°C freezer. This grant was originally granted by myaware however, it became apparent that the grant funding would be used to cover ongoing maintenance costs for the biobank. In light of this, it was seen that the most appropriate way forward was for myaware to withdraw the offer of funding and advise the applicant that if they wished to re-apply for funding with the express interest of myaware supporting maintenance of the biobank than they were to do so by the end of October 22 or by the end of January 23. No application was received.

**Deep Phenotyping Study – Professor Paul Maddison, Professor Sarosh Irani, and Dr Phil Ambrose (Nottingham and Oxford University Hospitals NHS Trust)**

Following Dr Ambrose's return to the fellowship in the Summer of 2021, he completed his study focusing on a way in which a set of available drugs may be able to modulate the function of immune cells in patients with myasthenia gravis. He did so using a rare collection of immune cells donated by untreated old and young myasthenia gravis patients who worked with Professor Paul Maddison in Nottingham. Dr Ambrose focused on T cells in this regard, cells which are normally responsible for producing autoantibodies and this is done incorrectly in myasthenia gravis. The aim of this was to identify if available drugs were able to block T cell activation. This work is important for the future of tailored therapies for individuals with myasthenia gravis. Dr Ambrose's work finished February 2023 and he filed his final report with myaware.

**National Myasthenia Database – Dr Mohammed Ashraghi (University of Oxford)**

The development of the first national myasthenia database is nearing completion under the care of Dr Mohammed Ashraghi. The database has been designed to be user-friendly, web-based, and be able to cope with real-time data entry validation. The database has been signed off by IT, information compliance, and legal teams to ensure all data remains safe. The research ethics committee has completed their review of the project and approved the database for five years. The database will initially be based at Oxford but will begin recruiting at other hospitals around the UK once it goes live. The project team are currently working on recruiting a database coordinator who will help oversee this. Currently, there are ongoing discussions on how best to ensure the longevity and funding of this database, as well as the best method of entering the first wave of patient data.

*REPORT OF THE TRUSTEES*

Research continued

**Optimising the Immunosuppressive Management of Myasthenia Gravis – Dr Katy Dodd (University of Manchester)**

This is a short-term project that forms part of Dr Dodd's PhD studies at the University of Manchester. In Dr Dodd's project, flow cytometry will be used to analyse blood samples from different patients with varying severities of myasthenia gravis, altering sub-type (early and late onset), as well as patients who are being treated with various immunosuppressive medications. Dr Dodd presented data at the Association of British Neurologists conference and is working towards publishing her work on T cells.

**Developing Antigen-Specific Immunotherapy in MG – Dr Pyae Phyo San (University of Birmingham)**

This fellowship has been undertaken by Dr Pyae Phyo San, a neurology speciality trainee at West Midlands Deanery. This start of this grant of £316,971, was delayed until 2023/2024. Dr Pyae Phyo San is working under the supervision of Professor Saiju Jacob. This project builds on the previous success of antigen specific immunotherapy in treating other autoimmune conditions such as multiple sclerosis and Graves' disease. Dr San has effectively recruited 45 patients to her and Professors Jacob and Wraith's immunotherapy study. Their initial screening data has helped them identify peptides that show an intense response in their patient group, and they are continuing now with more tests to identify the strongest candidate peptide in the project. This final, best peptide will hopefully be used to explore selective suppression of the immune system in myasthenia gravis patients. Meanwhile, Dr San has been attending Professor Jacob's neuroimmunology clinics twice a week and developing her lab skills with immunologists in Professor Wraith's group.

**COVID-19 Vaccine Response in Myasthenia Gravis Patients – Professor Maria Isabel Leite (University of Oxford)**

Professor Maria Isabel Leite of the University of Oxford has been granted funding by myaware to answer those very questions. In this project, the responses of T cells and antibodies in patients who have received COVID-19 vaccines will be investigated. In addition to this, the database software REDCap will enable conclusions to be drawn on the influence certain patient and disease characteristics have on the response to vaccination. A final aim of this study is to estimate the rate and severity of MG exacerbations, if any. Currently, myaware is awaiting the final signature from the financial department at University of Oxford.

**Instrumented Walking Test and Physical Activity with Congenital Myasthenia Syndrome – Hayley Ramjattan (University of Oxford Hospitals)**

Hayley Ramjattan is a clinical specialist neuromuscular physiotherapist at Oxford University Hospitals. Currently, there are no validated outcome measures for use in CMS. Hayley is looking to discover to what extent is there a relationship between instrumented walking test and physical activity in the community for individuals with Congenital Myasthenic Syndrome. This project is expected to carry out a data cut shortly and analysis thereafter.

*REPORT OF THE TRUSTEES*

Awareness

Myaware continues to work with umbrella organisations such as Neurological Alliance and Rare Disease UK to ensure that our member's views and needs are presented. This year our Rare Disease Day appeal in February 2023 raised £1,960. This appeal raised the awareness of the challenges faced by those living with myasthenia and shared the story of Zainab who was diagnosed at the age of 15.

Myaware continues to raise awareness of the myasthenia's amongst healthcare professionals by providing information packs to GP and neurology clinics across the UK as well as ophthalmologists, dentists and pharmacists with the aim of reducing diagnosis time.

**Website performance**

	<b>2021/2022</b>	<b>2022/2023</b>
<b>Visitors to the website</b>	151,29	161,100
<b>Pages most visited</b>	<ul style="list-style-type: none"> <li>• Drugs to avoid</li> <li>• Extraocular muscles</li> <li>• Pyridostigmine</li> </ul>	<ul style="list-style-type: none"> <li>• Drugs to avoid</li> <li>• Extraocular muscles</li> <li>• Pyridostigmine</li> </ul>
<b>Average session length</b>	1.46 seconds	1.23 seconds
<b>Bounce back rate</b>	72.6%	71.4%
<b>Number of pages viewed during each session</b>	2.12	1.7

Myaware continues to offer an all-in-one digital inclusion solution called Reachdeck across our whole website. It helps us to ensure that our online content is accessible and usable to everyone by:

- **Improving the accessibility, readability and reach of our online content**
- **Protecting our communications, content and reputation**
- **Empowering our whole team to communicate with confidence**

Reachdeck allows all our web visitors to translate all content in over 100 languages, with the option to request read aloud content, increase or reduce text size and change font and background and text colours to increase readability for those who are visually impaired.

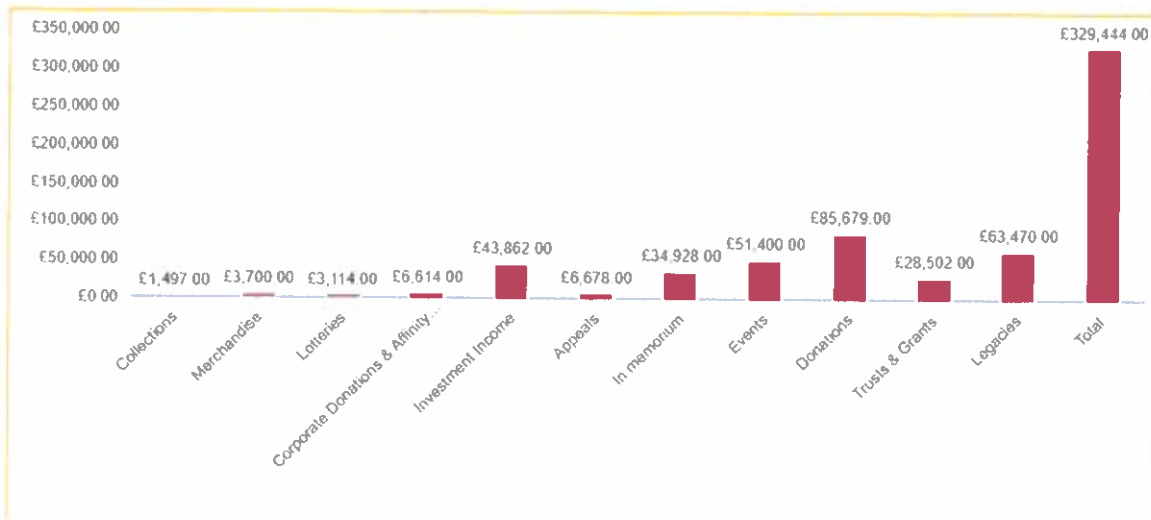
From October to December 2022 myaware engaged our members in a survey regarding life with myasthenia. We received over 1000 responses via post and Survey Monkey. This survey data was then used to update and educate neurologists and clinicians from all over the UK at MG Connects, a national myasthenia conference for healthcare professionals and to help myaware shape the future of our objectives and services.

Unfortunately, we were unable to hold 'My Awareness Month in May 2022. However, MAM was reinstated in May 2023 when the focus was on raising awareness amongst General Practitioners. Our awareness appeal in the month of May 22 raised £3,157. This appeal was centred around Lisa's story and the great challenges she faced in obtaining a myasthenia diagnosis and the impacts these delays had on her life and the lives of her family members. Sharing experiences like Lisa's helps myaware to raise vital awareness amongst the general public and healthcare professionals to ensure that timely diagnosis can be achieved and vital treatments can be offered to improve quality of life for those living with myasthenia.

## Myaware Report of the Trustees and Financial Statements Year End 31<sup>st</sup> March 2023

### REPORT OF THE TRUSTEES

#### Review of Fundraising Activities



#### **Total £329,444**

2022/2023 continued to be a challenging year for fundraising. The ongoing impact of Covid-19 along with unfavourable economic times, continued to make face to face fundraising a challenge for many of our supporters. Despite these challenges we are incredibly grateful to all those who were able to continue to support myaware.

- During the year we were grateful to twelve people who remembered myaware in their wills. One bequest for £5,000 was restricted for research purposes. With eleven further bequests without restriction totalling £58,470.
- Donations have decreased by 10% since last year to £85,679.
- Corporate donations and affinity programmes have raised £6,614 during the period.
- We received £28,502 from trusts and grant giving organisations this year. A decrease of 29% since last year. This is due in part to having no dedicated Trust Fundraiser in post during 2022/23.
- Income received via events decreased by 6% on the previous year and totalled £51,400. A dedicated Events Fundraiser was only in place for four months of the year. Highlights of the events income include participants in the London Marathon October 2022 and Great North Run September 2022 raising a total of £24,578 making up 48% of all events income for the year.
- During this financial year myaware received £34,928 in In Memoriam donations and we are extremely grateful to those who have chosen to remember their loved ones by donating to myaware.

## REPORT OF THE TRUSTEES

### Impact and Value

Myasthenia means muscle weakness. It affects the muscles that let you move but not the automatic ones like your heart that you don't have to think about. Your brain tells your muscles to work, but the message doesn't get through. Symptoms of myasthenia include muscle weakness which makes day to day activities like walking, smiling and talking very difficult. When swallowing and breathing are affected, this can lead to a medical emergency.

Myaware works tirelessly to provide accessible support services and information to everyone who receives a myasthenia diagnosis. We think there are approximately 12,000 people in the UK with myasthenia but there are currently no accurate published figures. Myaware supports approximately 25% of those who have received a myasthenia diagnosis and our aim is to raise more awareness to ensure that everyone who receives a diagnosis can access the support that they need to live well with myasthenia.

A myasthenia diagnosis can be life changing and we aim to make life easier for these people and their families in the following ways:

#### • Accessible information and support online, on the telephone or via email

- 44 online support get-togethers this year providing support, information and advice
- Three secure Facebook closed groups providing 24/7 online peer support and advice
- National Facebook, Twitter and Instagram pages offering information and signposting
- Telephone and email support via our support and head office teams
- Skype/telephone counselling service
- Benefits and Welfare advice service
- Online information for people living with myasthenia their family members and healthcare professionals via our website

#### • Increased awareness amongst the public and healthcare professionals

- Vast website offering accessible information on all aspects of living with myasthenia
- A range of detailed information booklets on myasthenia, it's symptoms and treatments
- Newly diagnosed information packs
- Clinic awareness packs for GP surgeries, neurology clinics, dentists, optician and pharmacies
- Representation of our members needs at Neurological Alliance, Rare Disease UK and National Voices.
- Representation of our members needs at annual MG Connects meeting for Neurologists

#### • Myaware is committed to effectively and responsibly funding research projects in the following areas:

- Cause
- Cure
- Prevention
- Treatment

Myaware is also committed to training clinicians of the future in the field of myasthenia and effectively communicating outcomes regarding current and future research opportunities with transparency

*REPORT OF THE TRUSTEES*

**FUTURE DEVELOPMENTS, AMBITIONS AND LONG-TERM STRATEGIES**

Meeting increasing demands of support from people affected by myasthenia requires the charity to maintain its tight focus on cost control.

During the financial year myaware has been continuing to work hard to comply with the General Data Protection Regulation 2018.

Following the pandemic, myaware now provides a nationally focused support team who deliver support via online platforms such as Zoom, social media, telephone and email.

Myaware is committed to seeking member feedback via our annual member survey and short online surveys on our Social Media platforms, this assists with future services strategy.

Myaware is developing additional ways in which to allow our members to submit feedback regarding specific support that they have received. This will be via 'How did we do' short questionnaires.

Myaware will continue to develop the support and information provided via our website and improve our web user journey to ensure ease of access to vital information.

Myaware aims to improve access to our core services for those with accessibility challenges.

Myaware will continue to be committed to effective communication and engagement with our members.

Myaware will increase its work relating to raising awareness with healthcare professionals to improve accurate and timely diagnosis. This is planned via a new External Medical Advisory Committee to assist with providing accurate and up-to-date medical information regarding the myasthenias.

Myaware continues to be committed to representing our members at national forums such as Neurological Alliance and Rare Disease and to feedback updates and outcomes to our members.

Myaware is committed to effectively and responsibly utilising restricted research funding to support projects in the areas of cause, cure, prevention, treatment and general improvement of quality of life, in relation to myasthenia and related conditions.

## Myaware Report of the Trustees and Financial Statements Year End 31<sup>st</sup> March 2023

### REPORT OF THE TRUSTEES

#### REFERENCE AND ADMINISTRATIVE DETAILS

Myaware is a company limited by guarantee

Registered Company Number in England and Wales: 3038358

Registered Charity Number in England and Wales: 1046443

Registered Charity Number on Scotland: SC044744

#### **Registered Office**

The College Business Centre  
Uttoxeter New Road  
Derby DE22 3WZ

#### **Auditors**

Johnson Tidsall Limited  
Chartered Accountants  
81 Burton Road, Derby DE1 1TJ

#### **Chief Executive Officer**

Ms Sarah Cuthell

#### **Company Secretary**

Ben Bourne, Ellis-Fermor & Negus  
also acts as solicitors to the charity:  
Ellis-Fermor & Negus, 2 Devonshire  
Avenue, Beeston, Nottingham  
NG9 1BS

#### **Bankers**

Virgin Money  
28 St Peter's Square, Derby, DE1 1SL

#### **Trustees**

Trevor Ranson – Chairman  
Andrew Robinson – Treasurer  
Jon Rio  
Prof Bethan Peach  
Saiju Jacob  
Maria Isabel Leite

Huw Simmonds  
Tony Ferrari  
Rashmi Rungta  
Penny Henrion  
Bruce McColl (resigned 18.01.23)  
Fiona Norwood (joined 18.01.23)

More information regarding the Trustees can be found at:

<https://www.myaware.org/Pages/FAQs/Category/meet-the-board>

*REPORT OF THE TRUSTEES*

**STRUCTURE GOVERNANCE AND MANAGEMENT**

Myaware is a company limited by guarantee, incorporated on 27th March 1995 (number 3038358), a registered charity in England and Wales (number 1046443) and a charity registered in Scotland (number SCO44744). It is governed by its Memorandum and Articles of Association adopted on 27th March 1995 and amended on 29th March 2018.

Subject to the provisions of the Companies Act 2006, the articles and to any directions given by special resolution, the business of the Company is managed by the trustees who may exercise all the powers of the Company. No alteration of the articles and no such direction shall invalidate any prior act of the trustees which would have been valid if that alteration had not been made or that direction had not been given. The powers given by this article shall not be limited by any special power given to the trustees by the articles and a meeting of trustees at which a quorum is present may exercise all the powers exercisable by the trustees.

The pay and remuneration of the senior managers of myaware is considered annually by the Trustees. The board of Trustees meets during the budget setting process to review salary levels, increment payments and inflation rises. The Trustees consider benchmark information relating to similar posts in similar organisations with the charity sector to assist with their decision. We continue to work in partnership with other organisations with shared interest, including Neurological Alliance and Rare Disease UK.

**Fundraising and Data Protection**

Myaware operates within a strict fundraising policy and never uses telephone cold-calling; purchase address lists to write unsolicited letters, share the membership list to third parties or use any other methods or approaches that may be deemed as harassing or pressurising the recipient. We always respect the privacy of those who share their personal information with us.

**Recruitment, appointment, induction and training of new trustees**

Only members of the charity may become Trustees.

The Articles of Association allow the Trustees to appoint candidates to become a Trustee (and Director), either to fill a vacancy, or to strengthen the Board. Candidates become known to the Board through the personal knowledge or research of existing Trustees, by interested members of the organisation volunteering their services or, occasionally, as a result of advertising by the Board. Before appointing a new Trustee, the Board will consider any perceived weaknesses in the current Board in terms of special abilities or experience which they believe to be lacking. A potential candidate will then be approached by the Chairman. Where possible the candidate will be invited to attend one or more meetings of the Board as a nonvoting observer. The candidate may then be appointed as a Trustee by a formal motion of the Board.

At present the Board does not operate a formal scheme for the training of Trustees. The Chairman takes care to ensure that they receive personal guidance on their responsibilities under the Charity's Articles, and Charity and Company law. They may also seek advice and assistance from the Treasurer and the Company Secretary. The Board will keep under review the need for a formal training process, which must be consistent with the Charity's financial and personal resources.

*REPORT OF THE TRUSTEES*

Myaware Sub-committees

**Medical Committee:**

Prof Bethan Peach

Prof Saiju Jacob

Maria Isabel Leite

Penny Henrion

Fiona Norwood (appointed September 2023)

Charlotte Campbell (appointed March 2023)

Sarah Cuthell CEO

**Finance Committee:**

Andrew Robinson (Treasurer)

Bruce McColl (resigned February 2023)

Jon Rio

Rashmi Rungta

Jamie Caple (appointed March 2023)

Sarah Cuthell CEO

The Chief Executive Officer (CEO) is appointed by the Trustees to manage the day-to-day operations of the charity. The CEO reports to the Chair as her line manager.

Risk Management

A risk review of the overall organisation takes place annually. The review took place in July 2022 and then in July 2023 when a committee of trustees assessed the major risks. Subsequently, systems and procedures have been established to manage those risks.

An annual budget proposal covering anticipated income and expenditure is created by the CEO and Finance Committee and reviewed by the Trustees. Once agreed, this forms the basis of the financial reserve held by the charity to ensure that commitments can be met. The Finance Committee review performance against the agreed budget on a monthly basis and the full Board considers this quarterly.

The board consider any variation to budget and if necessary, implement changes to mitigate any risks identified.

*REPORT OF THE TRUSTEES*

**FINANCIAL REVIEW**

**Financial Position**

The organisation reported a total net deficit of £395,713 compared with a total net deficit of £296,756 in the previous year due to reduced fundraising income and legacy gifts.

Unrestricted funds decreased by £376,583 to £1,351,414.

Restricted funds decreased by £19,130 to £659,166.

**Incoming Resources**

- Total incoming resources for the year were £329,444 down by £377,460 from the previous year.
- This year we received £184,077 in unrestricted donations, of which £63,470 relates to legacy gifts. We received £9,962 in restricted funds.
- Income from other trading activities increased by £43,399 to £101,505.
- Investment income has increased by £36,030 to £43,862.

**Resources Expended**

- Total resources expended reduced by £305,520 to £716,633, due to the delay in finalisation of large restricted research grants commitments in 2023/2024 and a reduction in payroll costs.
- Research costs were reduced by £273,913 on previous year to £92,675 of which £15,349 was restricted.
- Support costs were reduced by £27,922 on previous year to £512,911 of which £12,144 was restricted.
- Awareness costs reduced by £3,976 to £101,257 of which £1,599 was restricted.
- Fundraising costs were increased by £291 to £9,790.
- Total funds stand at £2,010,580 compared with £2,406,293 last year.
- Funds at the year-end were made up of unrestricted funds of £1,351,414 (2022: £1,727,997) and restricted funds of £659,166 (2022: £678,296).

*REPORT OF THE TRUSTEES*

**Reserves Policy**

Reserves are held to ensure that planned and committed expenditure over the next five years can be met. Unrestricted funds not invested in tangible and intangible fixed assets (the free reserves) are held to meet a minimum of twelve months budgeted expenditure and to enable the charity to fulfil its planned and committed expenditure over the next five years which are not covered by restricted funds.

As of 31st March 2023, the 12 month's budgeted unrestricted expenditure equates to £823,113 and the free reserves, which amount to £1,346,649 leaving a surplus of £523,536 available for future expenditure. The surplus reflects legacies bequeathed. The charity cannot predict its legacy income year on year, and this can vary significantly. The surplus on funds generated is helping to fund our current year.

**Going concern**

The COVID-19 pandemic has had a negative effect on the charitable sector, and myaware is no exception to this. The Trustees have set a realistic budget for 2023/24 with a net deficit on unrestricted funds of £536,067. This has been calculated on a reduction in giving and no legacies receivable in the year.

Going concern is not considered an issue as the charity can utilise the surplus on unrestricted funds referred to in the above reserves policy. The liquidity position is monitored by the trustees on a monthly basis and the charity is continuing to operate within its reserves policy. On this basis the trustees consider the going concern basis for the preparation of these financial statements to be appropriate.

**Principal Funding Sources**

The charity benefitted during the year from a number of generous legacies amounting in total to £63,470.

Donations amounted to £85,679. Events fundraising generated £51,400 and In Memoriam donations raised £34,928

**Investment Policy and Objectives**

Trustees agree on investments in compliance with the Articles of Association. The return on investment for the year was 2.0% (2022 0.4%). If the change in value of investments is included, the return is 1.6% (2022 1.3%). Note that these figures do not include interest earned on bank current accounts – such interest is identified in a line item in the notes to the accounts. The Trustees consider these results to be satisfactory in the current investment climate but aim to keep this under regular review.

## Myaware Report of the Trustees and Financial Statements Year End 31<sup>st</sup> March 2023

### REPORT OF THE TRUSTEES

#### Statement of Trustees Responsibilities

The Trustees (who are also the directors of myaware Company Limited by Guarantee for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application resources, including the income and expenditure of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and they apply them consistently.
- Observe the methods and principles in the Charity SORP.
- Make judgements and estimates that are reasonable and prudent.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006, The Charities and Trustees Investment Act (Scotland) 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

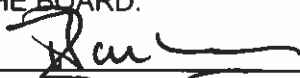
In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditors are unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:



Mr Trevor Ranson, Chairman of the Board of Trustees

DATE: 15/12/2023

# REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES AND MEMBERS OF MYAWARE

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## Opinion

We have audited the financial statements of Myaware (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

## Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

## REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES AND MEMBERS OF MYAWARE

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### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES AND MEMBERS OF MYAWARE

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### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

In identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following:

- The nature and control environment of the charitable company
- Our discussions with management and governance including whether they had knowledge of any actual, suspected or alleged fraud
- The internal controls to mitigate the risks of fraud

Following our review, we have identified the following areas which are deemed to have the highest potential for fraud or material misstatement within the financial statements:

- The timing of revenue recognition
- The evaluation of estimates in respect of legacies
- The correct identification of restricted funds
- The timing and recognition of committed expenditure
- The risk of management override

We also considered any laws and regulations that were central to the operation of the charitable company including company law, charity law, employment law and health and safety.

The following procedures were undertaken in respect of the risks where we identified the potential for material misstatement:

Income from donations and legacies was considered a risk due to the volume and nature of these transactions. Income may be pledged but there may be a timing difference between commitment and receipt. The overall income of the charitable company could be materially understated.

Income transaction testing was performed to ensure completeness of income. Post year end donations and legacies were reviewed to ensure that income was recognised in the correct accounting period in accordance with the charitable company's accounting policy.

In respect of legacies, we also tested the accuracy of estimates by reviewing correspondence obtained from solicitors and executors which included the wills and statements of assets and liabilities of the deceased person's estate and where possible agreed to receipts after date.

Restricted funds in respect of income were tested to donor correspondence to ensure that the restrictions imposed were adhered to by the charitable company in expending those funds. This included vouching a sample of expenditure. In addition, we tested unrestricted income mindful of any non-recognition of restricted funds.

The testing of committed expenditure in relation to grants awarded by the charitable company in respect of research was tested by obtaining copies of the formal grant offer and agreeing the terms to the creditor provision in the financial statements. Trustees' board meeting minutes were reviewed, and all commitments noted in the year were agreed to the financial statements to ensure completeness.

## REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES AND MEMBERS OF MYAWARE

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A sample of journal entries were tested for appropriateness and enquiries made of management as to the procedures in place for posting journal entries. During our audit we considered any large, unusual journals or transactions outside the normal course of business which were highlighted as a result of our testing.

We reviewed the minutes of trustees' board meetings and controls put in place by the board of trustees including a review of their risk assessment.

At the planning stage we discussed with management any laws and regulations which were central to the operation of the charitable company.

The financial statements were reviewed alongside our disclosure checklists to identify any unusual or unexpected relationships or any areas of non-compliance. Discussions were held with management where it was considered additional disclosures were required.

We remained alert to any indications of fraud, material misstatement or non-compliance with laws and regulations throughout the audit including those relating to the financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and the trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



David Mellor FCA (Senior Statutory Auditor)  
for and on behalf of Johnson Tidsall Limited  
Chartered Accountants  
& Statutory Auditor  
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006  
81 Burton Road  
Derby  
Derbyshire  
DE1 1TJ

Date: 15/12/23

**MYAWARE****STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2023**

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	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	3	176,917	7,160	184,077	640,966
Other trading activities	4	98,703	2,802	101,505	58,106
Investment income	5	<u>43,862</u>	<u>-</u>	<u>43,862</u>	<u>7,832</u>
<b>Total</b>		<u>319,482</u>	<u>9,962</u>	<u>329,444</u>	<u>706,904</u>
<b>EXPENDITURE ON</b>					
Raising funds	6	9,790	-	9,790	9,499
<b>Charitable activities</b>	7				
Research		77,326	15,349	92,675	366,588
Support		500,767	12,144	512,911	540,833
Awareness		<u>99,658</u>	<u>1,599</u>	<u>101,257</u>	<u>105,233</u>
<b>Total</b>		<u>687,541</u>	<u>29,092</u>	<u>716,633</u>	<u>1,022,153</u>
Net gains/(losses) on investments		<u>(8,524)</u>	<u>-</u>	<u>(8,524)</u>	<u>18,493</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(376,583)</b>	<b>(19,130)</b>	<b>(395,713)</b>	<b>(296,756)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>1,727,997</u>	<u>678,296</u>	<u>2,406,293</u>	<u>2,703,049</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>1,351,414</u></u>	<u><u>659,166</u></u>	<u><u>2,010,580</u></u>	<u><u>2,406,293</u></u>

The notes form part of these financial statements

**MYAWARE**

**BALANCE SHEET**  
**31 MARCH 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	14	3,023	-	3,023	7,709
Tangible assets	15	1,742	-	1,742	4,030
Investments	16	<u>221,273</u>	-	<u>221,273</u>	<u>229,797</u>
		<b>226,038</b>	<b>-</b>	<b>226,038</b>	<b>241,536</b>
<b>CURRENT ASSETS</b>					
Stocks	17	3,486	-	3,486	4,364
Debtors	18	116,707	-	116,707	577,599
Cash at bank and in hand		<u>1,018,497</u>	<u>1,015,767</u>	<u>2,034,264</u>	<u>2,093,030</u>
		<b>1,138,690</b>	<b>1,015,767</b>	<b>2,154,457</b>	<b>2,674,993</b>
<b>CREDITORS</b>					
Amounts falling due within one year	19	(13,314)	(239,282)	(252,596)	(210,480)
<b>NET CURRENT ASSETS</b>		<u><b>1,125,376</b></u>	<u><b>776,485</b></u>	<u><b>1,901,861</b></u>	<u><b>2,464,513</b></u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>1,351,414</b>	<b>776,485</b>	<b>2,127,899</b>	<b>2,706,049</b>
<b>CREDITORS</b>					
Amounts falling due after more than one year	20	-	(117,319)	(117,319)	(299,756)
<b>NET ASSETS</b>		<u><b>1,351,414</b></u>	<u><b>659,166</b></u>	<u><b>2,010,580</b></u>	<u><b>2,406,293</b></u>
<b>FUNDS</b>					
Unrestricted funds	21			1,351,414	1,727,997
Restricted funds				<u>659,166</u>	<u>678,296</u>
<b>TOTAL FUNDS</b>				<u><b>2,010,580</b></u>	<u><b>2,406,293</b></u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 15/12/2023 and were signed on its behalf by:



Mr T Ranson - Trustee

The notes form part of these financial statements

## MYAWARE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### 1. STATUTORY INFORMATION

Myaware is a charitable company, registered in England and Wales and Scotland. The charitable company's registered company number, registered charity numbers, registered office address and business address can be found in the reference and administrative details of the Report of the Trustees.

#### 2. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The currency basis for the preparation of these financial statements is pound sterling (£).

##### **Going concern**

The trustees regularly monitor the charity's reserves policy and risk assessment. A realistic budget for 2023/24 has been prepared. Liquid funds and cash flow are monitored on a monthly basis. To date, no material uncertainties exist that would affect the preparation of the financial statements on a going concern basis.

##### **Significant judgements and estimates**

The following judgements (apart from those involving estimates) have been made in the process of applying the charitable company's accounting policies that have had the most significant effect on amounts recognised in the financial statements:

**Legacies** - when calculating amounts due on legacies, management considers the wills of the deceased, executors accounts and notifications received from executors.

**Grants** - when calculating grant commitments, management considers the nature of the grants as being within the charity's objectives and the possible future benefits for people affected by myasthenia.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Donated services and goods are recognised as income when the charity has control over them, the economic benefit is probable and can be measured reliably. In accordance with the Charities SORP (FRS102), the volunteer time of Support Groups is not recognised. Information about their contribution is provided in the Trustees' Annual Report.

For donations to be recognised the charity will have been notified of the amounts and the settlement date. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Investment income is earned through holding assets for investment purposes such as shares and bank deposit accounts. It includes dividends and interest. It is included when the amount can be measured reliably.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the charity will comply with conditions attaching to them and the grants will be received using the accrual model.

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

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**2. ACCOUNTING POLICIES - continued**

**Debtors**

Other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**Allocation and apportionment of support costs and governance**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration on each activity, including the salary and overhead costs of the general office and regional staff, is apportioned on the following bases which are an estimate, based on staff time, of the amount attributable to each activity:

	<b>Percentage allocation</b>
Research	11%
Support	74%
Awareness	15%

**Intangible fixed assets**

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Computer software - over 3 years straight line

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Tangible fixed assets are stated at cost or deemed costs less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Individual fixed assets costing £500 or more are capitalised at cost.

**Investments**

Investments are valued at market value which is deemed to be fair value. Movements in market value are reflected in the statement of financial activities as a net gain/(loss).

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Stock is valued on a first in first out basis.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**2. ACCOUNTING POLICIES - continued**

**Fund accounting**

The charitable company has both restricted and unrestricted funds. All funds are used to benefit and promote its charitable objects.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose and the restriction means that the funds can only be used for specific projects or activities.

When donors specify that donations and grants are for particular purposes which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable. The relevant expenditure is then matched as restricted expenditure.

Unrestricted funds are general funds that are available for use at the trustees' discretion in furtherance of any objectives of the charity.

Designated funds are unrestricted funds set aside at the discretion of the trustees for specific purposes.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Operating lease agreements**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the SOFA on a straight line basis over the period of the lease.

**Reserves**

The charitable company maintains a level of reserves required to fulfil its objectives. The trustees monitor reserves at regular meetings.

**Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

**3. DONATIONS AND LEGACIES**

	2023	2022
	£	£
Donations	85,679	95,583
Legacies	63,470	490,115
Grants	-	9,218
In Memoriam	<u>34,928</u>	<u>46,050</u>
	<u>184,077</u>	<u>640,966</u>

The charity benefits greatly from the involvement of many helpers and volunteers, details of which are given in our annual report. In accordance with FRS102 and the Charities SORP (FRS102), the economic contribution of volunteers is not recognised in these financial statements.

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Coronavirus job retention scheme	<u>-</u>	<u>9,218</u>

## MYAWARE

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

#### 4. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Affinity programmes	2,739	1,890
Appeals	6,678	7,370
Collections	1,497	468
Corporate	3,875	7,339
Grants	(3,838)	(53,847)
Lotteries	3,114	4,334
National events	24,033	17,906
Regional events	27,367	36,813
Sales of merchandise	3,700	4,928
Trusts	<u>32,340</u>	<u>30,905</u>
	<u>101,505</u>	<u>58,106</u>

During the 2022 year management implemented changes to the charity's fundraising structure. This restructure was an outcome of Covid and myaware's inability to continue to provide face to face support services. The regional fundraising structure was deemed unfit for current and future purpose and a new national fundraising team structure was implemented.

As a result of this, certain restricted grants applied for on a regional basis in previous years were repaid as the criteria for the grants could no longer be met.

#### 5. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	33,771	908
Current account interest	3,620	538
Dividends on shares and other investments	<u>6,471</u>	<u>6,386</u>
	<u>43,862</u>	<u>7,832</u>

#### 6. RAISING FUNDS

##### Raising donations and legacies

	2023	2022
	£	£
Merchandise	2,910	2,173
Events	4,250	3,098
Appeal mailings	1,150	996
Lottery	<u>1,480</u>	<u>3,232</u>
	<u>9,790</u>	<u>9,499</u>

**MYAWARE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**7. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Research	74,026	18,649	92,675
Support	387,454	125,457	512,911
Awareness	75,412	25,845	101,257
	<u>536,892</u>	<u>169,951</u>	<u>706,843</u>

**8. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2023 £	2022 £
Staff costs	489,872	528,511
Medical research	18,981	291,025
Medical care	2,245	1,529
Travel and miscellaneous	20,970	6,829
MyNews & member communications	3,768	4,098
Meetings and conferences	1,056	1,055
	<u>536,892</u>	<u>833,047</u>

Grants payable during the year were as follows:

	2023 £	2022 £
Commitments as at 1 April 2022	500,446	421,705
Commitments made in the year	18,981	323,919
Commitments released in the year	-	(32,894)
Grants paid during the year	(162,815)	(212,284)
	<u>356,612</u>	<u>500,446</u>

A research grant budgeted for in 2022/23 totalling £316,971 was formally committed in the first quarter of the year ended 31 March 2024 once agreement by both parties had been received.

**9. SUPPORT COSTS**

	Management £	Governance costs £	Totals £
Research	16,176	2,473	18,649
Support	108,817	16,640	125,457
Awareness	22,472	3,373	25,845
	<u>147,465</u>	<u>22,486</u>	<u>169,951</u>

**MYAWARE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**9. SUPPORT COSTS - continued**

Support costs, included in the above, are as follows:

**Management**

	Research	Support	Awareness	2023 Total activities	2022 Total activities
	£	£	£	£	£
Rental of premises	1,705	11,470	2,325	15,500	23,755
Utilities and insurance	1,889	12,709	2,741	17,339	18,177
Office equipment	315	2,116	429	2,860	3,845
Printing, postage and stationery	990	6,655	1,349	8,994	9,977
Photocopier costs	100	674	136	910	1,299
Support website	2,356	15,849	3,213	21,418	23,933
IT support & software	5,368	36,115	7,570	49,053	47,084
H R costs	1,666	11,207	2,272	15,145	10,356
General expenses	869	5,846	1,185	7,900	6,825
Bank charges	151	1,015	206	1,372	1,497
Amortisation of intangible fixed assets	515	3,468	703	4,686	15,525
Depreciation of tangible fixed assets	252	1,693	343	2,288	3,076
	<u>16,176</u>	<u>108,817</u>	<u>22,472</u>	<u>147,465</u>	<u>165,349</u>

**Governance costs**

	Research	Support	Awareness	2023 Total activities	2022 Total activities
	£	£	£	£	£
Trustees' expenses	199	1,339	271	1,809	233
Auditors' remuneration	986	6,634	1,345	8,965	7,268
Legal and professional fees	1,288	8,667	1,757	11,712	6,757
	<u>2,473</u>	<u>16,640</u>	<u>3,373</u>	<u>22,486</u>	<u>14,258</u>

**10. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Auditors' remuneration	8,965	7,268
Depreciation - owned assets	2,288	3,076
Computer software amortisation	<u>4,686</u>	<u>15,525</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

	<b>2023</b>	2022
	£	£
Trustees' expenses	<u>1,809</u>	<u>233</u>

During the year 2 trustees (2022: 2) received reimbursement of their expenses for attending meetings totalling £360.

The charge for 2023 includes accommodation for trustee meetings of £981 and trustee courses £468.

**12. STAFF COSTS**

	<b>2023</b>	2022
	£	£
Wages and salaries	431,117	462,259
Social security costs	34,059	32,710
Other pension costs	<u>24,696</u>	<u>33,542</u>
	<u>489,872</u>	<u>528,511</u>

The average number of full time equivalent employees during the year was 13 (2022: 15).

The average monthly number of employees during the year was as follows:

	<b>2023</b>	2022
Fundraising, support and awareness	13	15
Management and operations of the charity	<u>4</u>	<u>4</u>
	<u>17</u>	<u>19</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	<b>2023</b>	2022
£60,001 - £70,000	<u>1</u>	<u>1</u>

Wages and salaries include redundancy costs of £ 8,328 (2022: £16,327).

The key management personnel of the charity comprises the Chief Executive Officer. The total employee benefits of the key management personnel of the charity amounted to £70,396 including pension contributions (2022: £67,090).

**MYAWARE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	635,330	5,636	640,966
Other trading activities	118,908	(60,802)	58,106
Investment income	<u>7,832</u>	<u>-</u>	<u>7,832</u>
<b>Total</b>	<u>762,070</u>	<u>(55,166)</u>	<u>706,904</u>
<b>EXPENDITURE ON</b>			
Raising funds	9,499	-	9,499
<b>Charitable activities</b>			
Research	75,563	291,025	366,588
Support	520,538	20,295	540,833
Awareness	<u>104,441</u>	<u>792</u>	<u>105,233</u>
<b>Total</b>	<u>710,041</u>	<u>312,112</u>	<u>1,022,153</u>
Net gains on investments	<u>18,493</u>	<u>-</u>	<u>18,493</u>
<b>NET INCOME/(EXPENDITURE)</b>	<u>70,522</u>	<u>(367,278)</u>	<u>(296,756)</u>
Transfers between funds	<u>16,715</u>	<u>(16,715)</u>	<u>-</u>
<b>Net movement in funds</b>	<u>87,237</u>	<u>(383,993)</u>	<u>(296,756)</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>1,640,760</u>	<u>1,062,289</u>	<u>2,703,049</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>1,727,997</u></u>	<u><u>678,296</u></u>	<u><u>2,406,293</u></u>

**14. INTANGIBLE FIXED ASSETS**

	Computer software £
<b>COST</b>	
At 1 April 2022 and 31 March 2023	<u>95,007</u>
<b>AMORTISATION</b>	
At 1 April 2022	<u>87,298</u>
Charge for year	<u>4,686</u>
At 31 March 2023	<u>91,984</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>3,023</u>
At 31 March 2022	<u>7,709</u>

**MYAWARE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**15. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2022 and 31 March 2023	<u>13,247</u>	<u>45,208</u>	<u>58,455</u>
<b>DEPRECIATION</b>			
At 1 April 2022	13,247	41,178	54,425
Charge for year	<u>-</u>	<u>2,288</u>	<u>2,288</u>
At 31 March 2023	<u>13,247</u>	<u>43,466</u>	<u>56,713</u>
<b>NET BOOK VALUE</b>			
At 31 March 2023	<u>-</u>	<u>1,742</u>	<u>1,742</u>
At 31 March 2022	<u>-</u>	<u>4,030</u>	<u>4,030</u>

**16. FIXED ASSET INVESTMENTS**

	Listed investments £
<b>MARKET VALUE</b>	
At 1 April 2022	229,797
Revaluations	<u>(8,524)</u>
At 31 March 2023	<u>221,273</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>221,273</u>
At 31 March 2022	<u>229,797</u>

There were no investment assets outside the UK.

Cost or valuation at 31 March 2023 is represented by:

	Listed investments £
Valuation in 2022	229,797
Valuation in 2023	<u>(8,524)</u>
	<u>221,273</u>

**MYAWARE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

<b>17. STOCKS</b>		<b>2023</b>	<b>2022</b>
		£	£
Finished goods		<u>3,486</u>	<u>4,364</u>
<b>18. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		<b>2023</b>	<b>2022</b>
		£	£
Other debtors		84,243	568,640
Prepayments and accrued income		<u>32,464</u>	<u>8,959</u>
		<u>116,707</u>	<u>577,599</u>
<b>19. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		<b>2023</b>	<b>2022</b>
		£	£
Other creditors		3,964	1,039
Committed grants		239,293	200,690
Accruals and deferred income		<u>9,339</u>	<u>8,751</u>
		<u>252,596</u>	<u>210,480</u>
<b>20. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR</b>		<b>2023</b>	<b>2022</b>
		£	£
Committed grants		<u>117,319</u>	<u>299,756</u>
<b>21. MOVEMENT IN FUNDS</b>			
		Net	At
	At 1/4/22	movement	31/3/23
	£	in funds	£
		£	
<b>Unrestricted funds</b>			
General fund	1,727,997	(376,583)	1,351,414
<b>Restricted funds</b>			
Research	572,818	(9,556)	563,262
Support	101,733	(7,975)	93,758
Awareness	<u>3,745</u>	<u>(1,599)</u>	<u>2,146</u>
	<u>678,296</u>	<u>(19,130)</u>	<u>659,166</u>
<b>TOTAL FUNDS</b>	<u>2,406,293</u>	<u>(395,713)</u>	<u>2,010,580</u>

**MYAWARE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**21. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	319,482	(687,541)	(8,524)	(376,583)
<b>Restricted funds</b>				
Research	5,793	(15,349)	-	(9,556)
Support	4,169	(12,144)	-	(7,975)
Awareness	-	(1,599)	-	(1,599)
	<u>9,962</u>	<u>(29,092)</u>	<u>-</u>	<u>(19,130)</u>
<b>TOTAL FUNDS</b>	<u>329,444</u>	<u>(716,633)</u>	<u>(8,524)</u>	<u>(395,713)</u>

**Comparatives for movement in funds**

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	1,640,760	70,522	16,715	1,727,997
<b>Restricted funds</b>				
Research	860,312	(287,494)	-	572,818
Support	198,440	(79,992)	(16,715)	101,733
Awareness	3,537	208	-	3,745
	<u>1,062,289</u>	<u>(367,278)</u>	<u>(16,715)</u>	<u>678,296</u>
<b>TOTAL FUNDS</b>	<u>2,703,049</u>	<u>(296,756)</u>	<u>-</u>	<u>2,406,293</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	762,070	(710,041)	18,493	70,522
<b>Restricted funds</b>				
Research	3,531	(291,025)	-	(287,494)
Support	(59,697)	(20,295)	-	(79,992)
Awareness	1,000	(792)	-	208
	<u>(55,166)</u>	<u>(312,112)</u>	<u>-</u>	<u>(367,278)</u>
<b>TOTAL FUNDS</b>	<u>706,904</u>	<u>(1,022,153)</u>	<u>18,493</u>	<u>(296,756)</u>

## MYAWARE

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

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#### 21. MOVEMENT IN FUNDS - continued

##### Restricted funds

Restricted funds comprise:

##### Research

Restricted funds in this class will be applied to:

- a. Scientific and clinical research into the causes, disease mechanisms, diagnosis and epidemiology of Myasthenia Gravis, Lambert-Eaton Myasthenic Syndrome, Congenital Myasthenic Syndrome and other similar disorders of the Neuro-Muscular Junction.
- b. The provision of equipment and facilities to support (a).
- c. Provision of specialist medical facilities (including staff) where the Trustees consider that such provision has a significant impact on the effectiveness of (a).

##### Support

Restricted funds in this class will be applied to:

- d. Development of new support groups of the charity, to foster the health and welfare of myasthenics and their families and carers.
- e. Organisation of Regional Conferences to encourage mutual support between members, myasthenics, and support groups.
- f. In exceptional circumstances - provision of specialist medical facilities (including staff) where the Trustees consider that such provision would have a major impact on the health and welfare of myasthenics, and alternative funding cannot be obtained.

##### Awareness

Restricted funds in this class will be applied to:

- g. Preparation, publication and distribution of information about Myasthenia Gravis, Lambert-Eaton Myasthenic Syndrome, Congenital Myasthenic Syndrome and other similar disorders of the Neuro-Muscular Junction. (Including information on their causes, diagnosis and treatment, and issues concerning the lifestyle and quality-of-life of patients with these disorders). Publication and distribution include development and maintenance of the association's internet websites.
- h. Publicity and promotion of events to foster awareness, in the general public, national and local government, and other bodies, of these disorders, and the problems experienced by patients and their families and carers.
- i. Activities to foster awareness in the medical profession of these disorders, and the problems experienced by patients and their families and carers.
- j. Activities to foster awareness in the medical profession of the current state of best medical practice in the diagnosis and treatment of these disorders.
- k. Regional and national events to disseminate information about these disorders to myasthenics, their families and carers (including information about current and planned future medical and scientific research).

For presentation purposes all restricted income receivable is allocated to one of the above three categories that best describes its restriction.

A detailed breakdown of the income and expenditure allocated to these categories is available on request.

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

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**22. EMPLOYEE BENEFIT OBLIGATIONS**

The total contribution paid to Personal Pension Plans in the year for certain employees amounted to £24,696 (2022: £33,542).

**23. OTHER FINANCIAL COMMITMENTS**

At the year end the charity had financial commitments in respect of rent amounting to £14,049 (2022: £23,760) and other leases amounting to £2,904 (2022: £3,960).

**24. RELATED PARTY DISCLOSURES**

During the year the charity paid a salary, benefits and expenses reimbursement totalling £21,378 (2022: £19,750) to an employee who is the spouse of a trustee.

The charity also paid £1,121 (2022: £403) for legal services performed by Andrew Lutley, Company Secretary until 31 December 2022.

**25. ULTIMATE CONTROLLING PARTY**

The charity is controlled by its Board of Trustees.

# MYAWARE

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	85,679	95,583
Legacies	63,470	490,115
Grants	-	9,218
In Memoriam	34,928	46,050
	<u>184,077</u>	<u>640,966</u>
<b>Other trading activities</b>		
Affinity programmes	2,739	1,890
Appeals	6,678	7,370
Collections	1,497	468
Corporate	3,875	7,339
Grants	(3,838)	(53,847)
Lotteries	3,114	4,334
National events	24,033	17,906
Regional events	27,367	36,813
Sales of merchandise	3,700	4,928
Trusts	32,340	30,905
	<u>101,505</u>	<u>58,106</u>
<b>Investment income</b>		
Deposit account interest	33,771	908
Current account interest	3,620	538
Dividends on shares and other investments	6,471	6,386
	<u>43,862</u>	<u>7,832</u>
<b>Total incoming resources</b>	<b>329,444</b>	<b>706,904</b>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Merchandise	2,910	2,173
Events	4,250	3,098
Appeal mailings	1,150	996
Lottery	1,480	3,232
	<u>9,790</u>	<u>9,499</u>
<b>Charitable activities</b>		
Wages	431,117	462,259
Social security	34,059	32,710
Pensions	24,696	33,542
Medical research	18,981	291,025
Medical care	2,245	1,529
Travel and miscellaneous	20,970	6,829
Carried forward	532,068	827,894

This page does not form part of the statutory financial statements

## MYAWARE

### DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
<b>Charitable activities</b>		
Brought forward	532,068	827,894
MyNews & member communications	3,768	4,098
Meetings and conferences	1,056	1,055
	<u>536,892</u>	<u>833,047</u>
<b>Support costs</b>		
<b>Management</b>		
Rental of premises	15,500	23,755
Utilities and insurance	17,339	18,177
Office equipment	2,860	3,845
Printing, postage and stationery	8,994	9,977
Photocopier costs	910	1,299
Support website	21,418	23,933
IT support & software	49,053	47,084
H R costs	15,145	10,356
General expenses	7,900	6,825
Bank charges	1,372	1,497
Amortisation of intangible fixed assets	4,686	15,525
Depreciation of tangible fixed assets	2,288	3,076
	<u>147,465</u>	<u>165,349</u>
<b>Governance costs</b>		
Trustees' expenses	1,809	233
Auditors' remuneration	8,965	7,268
Legal and professional fees	11,712	6,757
	<u>22,486</u>	<u>14,258</u>
Total resources expended	<u>716,633</u>	<u>1,022,153</u>
<b>Net expenditure before gains and losses</b>	<b>(387,189)</b>	<b>(315,249)</b>
<b>Realised recognised gains and losses</b>		
Realised gains/(losses) on fixed asset investments	<u>(8,524)</u>	<u>18,493</u>
<b>Net expenditure</b>	<b><u>(395,713)</u></b>	<b><u>(296,756)</u></b>

This page does not form part of the statutory financial statements