

Company number: 03042108  
(England & Wales)

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)

ACCOUNTS

Year ended 31 March 2025

Carers Plus Yorkshire Ltd  
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CHAIRS REPORT

**Chairs Report 2025/2026**

I had the pleasure of becoming Chair of Trustees in November 2024 after my previous roles as Vice-Chair and Treasurer. I have been a committed Trustee to Carers Plus Yorkshire of over 7 years and previously used the services when I cared for my mother for many years with dementia. This has been an exciting year to take on this role as 2025 is the charities 30th year and we will be celebrating various events throughout the year.

On behalf of the Board of Trustees and our staff team I am very pleased to present this year's Annual Report and accounts for your information and scrutiny. I hope you will take the opportunity to read the Trustees Report which summarises some of the key achievements of our charity over the last year and the accounts which show the continuing solidity of our financial affairs

I am pleased to report that this has been another positive year for our Charity with a significant growth in the number of people we have been able to support. Commissioners as varied as the North Yorkshire Council, the NHS/ICB, Children in Need, Armed Forces Military Covenant and the Big Lottery have recognised the quality of the services we provide, and we thank them for their confidence in us.

Our services continue to be focused on the needs of the individual and the communities in which they live. Alongside our core offer to Adult Carers, Young Carers and Young Adult carers we have a portfolio of complementary services that support other vulnerable people in our local area, such as the Home from Hospital service, employability support and support to veterans. Increasing the range of services we provide makes our Charity more secure as it means we can build on the skills of our staff, share the fixed costs across these projects and support more vulnerable people across what amounts to over half of North Yorkshire and parts of East Riding of Yorkshire.

As you can see from the accounts our financial position has been very stable, but uncertainty for future finances due to changes of Government is something we are aware of and working to put ourselves in the best position to ensure the long-term future for the charity funding, we continue to strive for long term sustainability in all aspects of our work. The bulk of funding comes from our commissioners, but we have been successful in developing donations and support from the local business and professional community. I would like to thank them for their support.

The demand for our services continues to grow and the difficulties faced by carers and other vulnerable people are well documented by the stresses of the rising cost of living and reduced services. There is increasing pressure on the NHS and social services, nationally and locally, and our role is to complement and support the work of the statutory sector. We see ourselves as trusted partners and are treated as such. This is down to building strong partnerships across all sectors.

The quality of our services is dependent on a skilled and committed team. I would also like to thank Elizabeth McPherson our CEO, the staff team, trustees and volunteers for all their hard work over the last year. Building on the skills and knowledge of our staff team is a key part of our long-term strategy of sustainability and growth.

I hope you find the Trustees Report and Accounts informative and that you will continue to support the work of our Charity.

Written by John Suddaby  
Chair of Trustees

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TRUSTEES' REPORT

2024-2025 has continued to be an exciting and positive year for CPY. Building on the success of 2023-2024 and the acquisition of new geographical reach, CPY has continued to develop its activity across three key districts over the course of 2024-2025. Our work is now comfortably embedded over Scarborough, Whitby and Ryedale/Hambleton and Richmondshire and the East Riding of Yorkshire – mainly focused around Bridlington Town and local villages. Each area with a slightly different portfolio but with a core of unpaid carer work at its heart to ensure we keep our focus and future aspirations centred on our main aims and objectives.

Carers Plus Yorkshire, brand and name is widely known now as a charity that delivers high quality services across our whole portfolio and is both reactive and responsive to the needs of an expanding client base. We strive to be seen as the go-to organisation for carers and those we serve in our local communities.

The Management Team has had a few changes with key personnel leaving but that gave an opportunity to review what was needed and restructure the roles. With that in mind we now have a full time Head of Operations, Office Manager, Finance Manager, a Development and Fundraising Manager and dedicated Home from Hospital Manager. The Senior Management is key to support a consistent and quality service ensuring a strong future for CPY and those we serve.

The Management Team has worked tirelessly building on new and existing partnerships to ensure that our Charity is embedded in the right partnerships at the right time to maximise impact for our clients. We strive to stay current with and keep up to date with local, regional and national initiatives. This includes ensuring we are appropriately represented at strategic and operational meetings, and be in a position to influence thinking (particularly around the engagement/needs of carers) and be ready to secure funding when it becomes available for application.

Our mission statement and values are at the heart of CPY and those that work for us are fully committed and understand what it means to work for the charity. Mission: 'Carers Plus Yorkshire enables unpaid Carers and those we support in the Community to be heard, to feel empowered to improve their own wellbeing, and to make positive changes in their day to day lives.' Throughout the year we have had evidence of clients, professionals and wider colleagues turning to us for information and support – real evidence of our growing value as a 'go-to' organisation.

CPY is proud to be part of this wonderful unique and varied sector – The Voluntary Sector is different to any other sectors, including statutory (Health and Social Care) and private (small or large profit-making businesses).

CPY primary purpose is to create social impact rather than profit. It is independent from local and national government and distinct from the private sector. There are over 7000 voluntary, community or social enterprise groups across NY with a paid and voluntary work force.

CPY are governed by a committed and skilled Board of Trustees who are in themselves volunteers, giving their time for free but their main aim is to lead the charity so it can make a real difference to the people they serve, through positive outcomes and impact.

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TRUSTEES' REPORT (Continued)

**Carer Services:**

**Adult Carers Service:**

The service remains busy in terms of the number of Adult Carers accessing the service.

- We continue to see a particular increased interest from Parent Carers who are mostly navigating long waiting lists for their children being assessed for neurodiverse conditions. Whilst we cannot influence these waiting lists, we are working closely with other services, both statutory and VSCE to ensure that parent carers are able to keep channel of communication open. We have built an informative social network of Parents across the patches, providing the opportunity for like-minded parents to share lived experiences, gain IAG and receive specialist support via guest speakers at groups and workshops. This has developed a strong peer support network for people to access support, avoiding 'carer crisis',
- Emotional and mental health of unpaid carers continues to take a significant amount of caseload work, with the listening ear forming an integral element of our support. Whilst we recognise that this is 'not all for us to carry', carers tell us how important it is to have someone to talk to about how they feel about the impact of caring. As part of the introduction of a reviewed pathway of support in 24/25 – we have added a 'check in' and follow up call system for carers, which offers then the confidence that when their action plan is complete, they can still receive a call or attend a drop-in appointment to see an advisor and gain that much needed emotional support.
- Through our 'Carer Connections' (Big Lottery Funded) provision in Hambleton and Richmondshire we continue to develop a more focused approach to categorising work around specific carer needs. The project, which has been refunded to 2027, syncs perfectly with the revised pathway, offering carers continued engagement with the adult service, through groups and drops ins on pathway 2.
- Specific carer needs have been categorised by need and groups allow carers to seek support (through advisors and peers) at the right place and time. This provision is categorised into the following 'cared for conditions': veterans and veteran carers, carers of those with mental health, Memory Loss and Parent Carers and 'Life Beyond Caring'. This work has mostly been undertaken in the form of drops in, groups, social gatherings, and workshops to allow carers to connect with other people managing the same challenges.
- Our Armed Forces work is embedded and integral in key areas of our geography, we now have projects in both SWR and HR. Funded by the Armed Forces Covenant Trust and Veterans Foundation respectively, this added value offers the specialism of our veteran advisers to reach more communities, and tackle loneliness and isolation in this population of carers. Not only does this specialist knowledge help carers and non-carers to navigate caring through our pathway of 1:1 support, the comradeship that has developed through socially connecting Armed Forces Families, is something that is celebrated at several 'at place' hubs across our areas. Feedback from the commissioning team visits have been 'you can clearly sense a strong feeling of community when you walk into the group, social connection at its best!'

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TRUSTEES' REPORT (Continued)

- The Carers Star assessment continues to provide us with the intelligence of areas of support, and the difference that our support makes. We can measure the journey of change for carers as they progress through the pathway. Using a holistic, person centred / solution focussed assessment tool has presented carers with greater ownership and personal self-direction.
- The Carers Star is used to evaluate outcomes with a carer and evidence the progress made against the 7 outcome areas at the most appropriate points in their journey with us. The data below is taken from the reporting function on the Outcome Star Online for this reporting period:
  - 89% of carers made progress in any one outcome area
  - 76% of carers made progress in any two outcome areas
  - 58% of carers made progress in any three+ outcome areas

**Young Carers Service:**

The young carers service (for those 8-18) has continued to build across Scarborough, Whitby, Ryedale and Hambleton & Richmondshire areas.

Scarborough is most certainly the busiest patch of the areas that we work in. Depth of work with young people has increased, with the need for lots of partnership work with CYPS and social care required to ensure that we are meeting the needs of these young people.

This year the added capacity of the team, because of our Children in Need Funding, has allowed us the resource to further develop the work of young carers within schools. Young Carers have told us through voice and influence work, that better support in schools for carers would make a significant difference to how they feel. Young Carer Action Day, saw us launch a campaign to raise the profile of YC's in school. Statistics show that there is 1 in 5 YC's in every classroom, and that on average a YC missed 27 days of school (that's over 5 weeks of learning missed in comparison to their peers). We recognise we cannot make the desired impact in silo, so are busy recruiting school staff as YC Leads and upskilling through staff training.

The challenges that young people are currently facing remain consistent around emotional impact opposed to practical impact of care – we are supporting this through 1:1 and group work but it is quite a lengthy process.

SEN remains a significant element of our work, either a young person caring in a household with significant SEN or with their own additional needs. This is ongoing – we have requested a statement from NYV CYPS about how we support young carers with their own SEN.

**Sibling Project (UK Shared Prosperity Funded – 12 months)**

Our project was a pilot to work with young carers and parent carers with a whole family approach. The project has allowed us to gather the evidence to better understand what young carers need to support them to allow them to lead 'a life as close to their non-carer peers' as possible, and how we can help the whole family unit beyond the young carer themselves, focussing on inclusive provision where families gain some time for themselves without compromising the needs of the whole family.

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TRUSTEES' REPORT (Continued)

The main successes from the project were:

- Peer to peer support – families budding with new families who joined the project to provide lived experience and a support network to encourage them to engage.
- SEND Marketplace – we have hosted 2 hugely successful events, where several providers of SEND activity provision, were available to meet and talk to families about but is available locally in their area. These events were extremely powerful for both the families and the facilitators and also will provide longevity of the project beyond the funding.
- A monthly sibling's group has been established and will continue to support young carers who care for a brother or sister – it offers them 'time for self'.
- Building self-esteem and resilience of young people, who were being emotionally impacted by their role as a sibling young carer.

Parent carers tell us they find the IAG talks with external professionals fascinating. They are able to learn and take away strategies to help them better understand certain situations within their caring role. The sessions have allowed them to explore their own emotions and feelings towards caring with neurodiversity, de-stigmatising conversation, and occurrences when they are out and about as a family.

Providing guest speakers to better inform and support families has been integral to the difference made to some of the families within the project. We have provided workbooks and strategies for families to navigate together with the guidance of professional / specialist support where needed.

The Resilience Workshops have been extremely powerful, allowing parents to recognise the unique challenges that come with parenting SEND children.

The courses provided have helped parent carers and siblings better understand that resilience is the capacity to recover quickly from difficulties, setbacks, or challenges. That it involves the ability to adapt and bounce back in the face of adversity, stress, or trauma and that they can maintain a positive outlook and find effective ways to cope with life's challenges as unpaid carers.

**Community Services:**

'At Place' work continues to thrive, we have taken our work 'out' to local communities across Scarborough, Ryedale, Whitby and more recently in Hambleton & Richmondshire - this has seen CPY venture into new premises, develop new partnerships and continue service delivery over the course of the year.

**Our Neighbourhood:** CPY continue to be the first point of contact for referrals into Our Neighbourhood, to support those adults experience loneliness and isolation, although we are aware that often the sector will directly refer to an organisation directly based on the need of the client (e.g., for befriending referrals can be made directly to MIND) and for community and mental health group provision, referrers often signpost directly to Cavca and other VCSE organisations such as Scarborough Survivors, Sparks, More for Books, Age UK etc. Referrals made to CPY are triaged on a booked advice line call to ensure that we signpost and support clients to receive help 'at the right place, right time'.

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TRUSTEES' REPORT (Continued)

The ambition of the work continues to be about building the resilience of our communities so that people can live the life they want, where they want, supported by the resources available in their own community.

Working 'at place' within our localities has been a success of this year – we are more present and visible within the community as a respected VSCE partner.

Current challenges remain that for some referrals received, group provision is not suitable for the client. We have clients referred to us who are a long way from leaving the home, or their social and emotional needs must be met on a more individual basis before integration into group can be considered. This can be a challenge, because not only do the team not have capacity carry a 1:1 caseload, but also, often the referral is beyond our specialism (carers) or expertise – often mental health. It is crucial that we are able refer clients on to Mental health services, but sadly some people referred are too far away from accessing low level prevention work. This leads to some inappropriate referrals coming in, where the need cannot be met, and clients can feel a little passed from pillar to post, as mental health and statutory services have long wait times.

**Home from Hospital** continues to deliver services to those needing support to return home safely from their hospital stay. Staff will contact the client within 24 hours of discharge and most times if practical on the day of discharge to arrange a visit to assess the home and ensure the client has food and feeling supported on returning home. It continues to be challenging in terms of volume as we try to support the NHS management to ensure discharges are as smooth as possible. The team respond with positivity to the flow of clients and so far, have managed to meet the timescales of discharges beyond our agreed annual targets. Changes to the senior management, our Home from Hospital Manager who has led this service from day one retired in March, but the mantle has been passed on within the team as we welcome our new Home from Hospital Manager to develop and streamline the service over the next year.

**Volunteering:** Volunteers support and are often the backbone of Carers Plus Yorkshire's group sessions. They allow us to operate with one support worker and volunteer(s) to ensure that all areas of the session are covered.

We have volunteers who are parent carers with lived experience, veteran volunteers who support our work at Friendly Forces and Tea & Toast, the Soroptimists offer volunteers on a rota to operate the refreshments at groups at TOT, allowing the CPY staff to support and offer advice where needed in the groups. We also facilitate a weekly volunteer led walking group, known as Stepping Out. These walks are accredited by Ramblers Association, and the volunteers receive Ramblers Walk Leaders qualification, as well as CPY volunteer training including, safeguarding, boundaries and GDPR, first aid and mental health first aid.

Where relevant and appropriate volunteers will be recruited and shared / gifted across the partnership for relevant volunteering, particularly befriending.

**RISE 2 Thrive :** We received another year's funding to deliver the RISE 2 Thrive project to continue with our work supporting clients to get back into employment and/or learn skills to bring them nearer the job market. This project has a huge impact on the lives it has supported – support that included clients gaining training/retraining, confidence and removal of barriers previously preventing employment. RISE has been funded by UKSPF until March 2025 with Better Connect as the lead partner.

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TRUSTEES' REPORT (Continued)

**Digital Inclusion Offer (UK Shared Prosperity Funding 12 months)**

Through our digital learning courses, we have had 20 unique learners from across a range of service users including veterans and carers. Of those 20, 70% were aged 65+, there was a 50/50 male/female ratio and 75% identified as having a disability. Being able to offer these learning sessions, supported by Adult Education using the technology provided by the digital inclusion funding and the trained digital champions supporting, we have been able to reach those who may not usually access digital learning to learn and extend their skills and confidence.

Our Caring with Active Confidence courses in Whitby used the technology in all sessions to share a variety of tools from benefit checkers, online wellbeing apps to different online tools for conditions relating to the cared for such as dementia, mental ill health and neurodiversity. As well as using the technology in sessions, we were able to showcase and promote the different ways carers can get regular support and digital help from our groups, drop-ins and digital champion 1 to 1 support as well as sharing with external providers that supported the facilitation of sessions what digital inclusion support was available and where.

Our digital champion who runs our employability projects has used the tablets and laptops regularly with her service users supporting them to job search online, complete job applications and create CVs on Canva. Participants have also accessed 'Learn My Way' online platform to build and develop skills in a range of areas relating to digital literacy and competency. All skills essential to getting back into the workforce confidently and all enabled by the provision of our digital inclusion technology.

Our digital champion and income maximisation adviser have held sessions with carers showing them how to access their Universal Credit journals, completing benefits checks and applying for benefits and blue badges etc online. Through these sessions carers have been able to have greater confidence and independence in accessing services with the guidance and support of Tara. This means that in future they will be able to access and complete aspects of their benefit claims/journals themselves whereas previously they would have needed to access support in completing these things or asked someone to do it on their behalf.

Our community digital champion has supported service users in a variety of ways in our drop-in sessions including help with setting up and using online shopping apps to check best price and order white goods. They have also supported Adult Learning in the delivery of digital skills courses at The One Twenty.

We have had some wonderful learning and fun sessions using our conferencing technology at The One Twenty. Sessions have included learning sign language via Zoom where we were able to get the group of service users together in The One Twenty to access the session rather than all individually at home. Some carers who were unable to attend in person were shown how to access the sessions online from home, so all were included. We have also provided training sessions using the technology and online learning of how to use Teams should service users want to meet staff virtually rather than face to face. Our neurodiversity information and support online webinars and Q&A have also seen a wide variety of service users accessing these sessions online both at home and at our spaces using our digital technology.

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TRUSTEES' REPORT (Continued)

**Partnerships and collaborations**

Partnership working with trusted network of organisations continues to grow, these included VCSE, Local Authority and the Health sector. As with all partnership development, it relies on building positive/trusted relationships, and this takes time and energy to ensure mutual benefit, integrity and true equality when working with others. We have built on our work this year with Health (NHS and ICB's) as well as the CEO being a proactive member of NYC steering group for their CQC assessment and carer development opportunities.

Within our working partner relationships, we also look to our values and the ethos of the charity, such that we have been able to surround the organisation and our clients with partnerships that have values like ours. We aim to enhance our work and more importantly maximise the shared impact we have across our full geography for each and every client, group and service.

Over this financial year, we have taken a step back and looked at what do we want to deliver on and what are we best at. We have a wide range of funders and contracts and at the heart of everything we do is the unpaid carer. Moving forward we are consolidating what we have in our portfolio and ensuring that we are being consistent with our partners and our quality of services. Longer term sustainability is key for a strong future of CPY and one we are striving to deliver on.

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TRUSTEES' REPORT (Continued)

### Numbers and Impact

Whilst we recognise statistics only tell part of the story, we are keen to report the overall impact of our work on new clients. When collating an annual picture, the figures below capture the new referrals to each area of our service:

- Adult Carers Service – 895
- Young Adult Carers Service - 25
- Young Carers Service - 181
- Income Maximisation – 276
- Bridlington Carers Service - 60
- RISE Project (Employability) – 47
- 50 not out (employability) - 52
- Home from Hospital (North Yorkshire) - 1,710
- Home from Hospital (East Riding) - 647
- Our Neighbourhood - 291
- NHS Volunteers - 19

**Total new referrals**

**4203**

Each year numbers continue to increase and demand for services grow; these direct referral figures do not demonstrate the overall level of engagement and interventions offered by the team. The team continue to work way beyond capacity to provide the best services for all the clients we support. The increased numbers show how much the service is needed but also demonstrates the professionalism and quality of support and we could not provide this without such knowledgeable and skilled staff.

### Shared Values:

- **Respectful:** Listening, exploring and providing an open, inclusive and supportive environment, where people can build on their strengths and thrive.
- **Resourceful:** Armed and grounded with the information we gather, our services and practice incorporate the needs and aspirations of the people we meet.
- **Committed:** We are solution-focused; operating in the reality of the moment, with understanding, experience and respect.
- **Sharing:** Working together with people and partners, to make a real difference to individual lives, families and communities; supporting the principle of 'us being stronger and better together'.

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TRUSTEES' REPORT (Continued)

**Core Objectives:**

Carers Plus Yorkshire: the **'go-to'** organisation offering support to Carers and the wider community across the coast and vale. We seek to operate through four underpinning objectives:

- To offer **independent, high quality, information advice and support** through a range of services relevant to our local communities and in the interest of improving personal health and wellbeing.
- To proactively **represent the voice and needs** of the communities we serve; to listen, to respond and thereby influence the commissioning and delivery of services to accurately reflect needs.
- To **raise awareness** of the support available and ensure the localities we serve take full advantage of our services – especially by reaching out to those who are hidden in our communities and need encouragement to access advice and information.
- To **work in partnership** through **meaningful collaborations** with a wide range of other organisations, maximising the resources and services available across our geographical area.

**Financial review**

As in previous years the charity has actively applied for funding for the general running of the charity and has kept a close control over its expenditure. At 31 March 2025 the charity's unrestricted funds showed a deficit of £44,489 (2024: surplus of £31,079). The charity has used £10,010 of its unrestricted reserves to cover overspends on various restricted fund projects. At 31 March 2025 unrestricted funds totalled £380,574 (2024: £435,073) which is above its stated reserves policy and is held to cover any shortfalls in funding on its long running projects, as noted. Of this amount £11,684 (2024: £13,703) is held as designated unrestricted funds for the purpose of Young Carers projects.

The charity, in line with the restrictions and timescales placed upon its restricted funds, has utilised the funds provided to it in the previous year. The results in these financial statements show the Charity's restricted funds with a surplus in the year of £63,767 (2024: Deficit of £17,283). At 31 March 2025, following the fund transfer mentioned above, restricted funds held by the charity total £340,515 (2024: £266,738) and these funds will be expended on their specific projects in the forthcoming financial year.

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TRUSTEES' REPORT (Continued)

**Investment policy**

The Board of Trustees have considered the most appropriate policy for investing funds and has found that the CAF Charity Service meets their requirements for security of funds and achieves a competitive rate of interest as well as allowing easy access to the capital.

**Reserves policy**

The Trustees consider sufficient reserves should be held to fulfil their duty of prudence and to fulfil the cost and legal obligations to wind up the charity should it be necessary. However, it is the view of the Trustees that this must be balanced by the need to invest in services to fulfil our charitable purpose. The Reserves Policy was reviewed in March 2025 as follows:

1. The Trustees consider that unrestricted cash reserves are required for the following reasons:
  - a) To enable CPY to maintain its core contracted services for a period of 3 months
  - b) To provide for non-funded staffing costs such as redundancy, staff sickness or parental leave arrangements and from unforeseen compliance costs relating to new or changing legislation
  - c) To provide alternative funding to meet any shortfall against a planned deficit budget
  - d) Contractual obligations for current lease arrangements
2. Amount of cash reserves to be held:

The amount set for the above reasons will fluctuate annually, but as a general rule\* the equivalent of 3 months running costs will be held.

\*If CPY is deemed financially and contractually secure, Trustees can agree to access reserves for development purposes.
3. Cash reserves sufficient for the immediate future are already held and the Trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget.
4. The Trustees will monitor the level of cash reserves when considering the quarterly reports from the Treasurer of the Board of Trustees

Cash reserves sufficient for the immediate future are already held and the trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget. Reserves are monitored by the Board of Trustees on a quarterly basis.

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TRUSTEES' REPORT (Continued)

**Reference and administrative details**

Full name of the charity: Carers Plus Yorkshire Ltd

Company registration number 03042108 (England & Wales)

Registered charity number 1046228

Registered office of the charity 96 High Street  
Snainton  
Scarborough  
YO13 9AJ

**Advisors**

Independent auditors Philip Burley & Co  
Chartered Accountants and Registered Auditors  
28 Bagdale  
Whitby  
North Yorkshire YO21 1QL

**Bankers**

HSBC Plc  
27 Market Place  
Malton  
North Yorkshire YO17 7LU

CAFBANK Limited  
PO Box 289  
West Malling  
ME19 4TA

Virgin Money  
24 Huntriss Row  
Scarborough  
YO11 2EG

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year end were as follows:-

	<u>Appointed</u>	<u>Resigned</u>
John Michael Hunt	22 January 2014	-
John Suddaby	10 October 2017	Passed away 27 August 2025
Teresa Bennion	24 February 2018	-
Edith Hardy-Lloyd	3 October 2018	-
Alison Matthews	13 March 2019	-
Neil Fitzpatrick	16 September 2020	-
Lynne Janette Taylor-Holt	28 July 2022	-
Dorree Gallie	11 June 2024	-
Dorn Pryce	7 May 2025	

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TRUSTEES' REPORT (Continued)

**Key management personnel**

Chief Executive Officer

Elizabeth McPherson

**Structure, governance and management**

**Governing document**

The organisation is a charitable company limited by guarantee, incorporated on 5 April 1995 and registered as a charity on 5 May 1995.

As of 30th June 2022 the Articles of Association were amended to reflect the name change and the increase in geographical cover.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the trustees of the charity are elected at the Annual General Meeting to serve a period of three years, subject to ratification at each Annual General Meeting.

**Appointment of trustees, induction and training**

Identification of potential new Trustees is assisted by a skills audit of the current Board. Any gaps in skills or experience can then inform targeted recruitment. Carers Plus Yorkshire's only members are only those as appointed as Trustees of the Charity. New Trustees can be co-opted by the Board at any time through the year, co-opted Trustees are then nominated and elected at the next AGM. The recruitment process is by written application and interview with the Chair and Chief Executive Officer. The Chair then recommends their nomination or co-option to the Board.

Newly appointed Trustees are registered with both the Charity Commission and Companies House. They undergo full induction into the organisation, including shadowing staff to get first-hand knowledge of work 'on the ground'. Relevant and appropriate training is on-going.

**Organisation**

The board of trustees administers the charity. The board normally meets 6 weekly.

A Chief Executive Officer is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters

**Related parties and co-operation with other organisations**

None of the trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with any contractual relationship with a related party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

**Pay policy for senior staff**

The trustees and the Chief Officer comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a daily basis. All trustees give their time freely and no trustee received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in note 8 to the accounts.

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TRUSTEES' REPORT (Continued)

**Risk management**

The Board of Trustees have identified the major risks to which the charity is exposed. These are reviewed continually as are the systems established to mitigate those risks.

**Responsibilities of the trustees**

Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that year. In preparing those accounts the trustees are required to:-

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Trustee – John Michael Hunt

Dated: 12/11/2025

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

**Opinion**

We have audited the financial statements of Carers Plus Yorkshire Ltd (the "charitable company") for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis of Opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and have fulfilled our ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

**Other information**

The trustees are responsible for the other information contained within the annual report. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the charitable company; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions to prepare a strategic report or in preparing the Trustees' Annual Report.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of financial statements**

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the charitable company to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the audit of the charitable company. We remain solely responsible for our audit opinion.

Because of the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 13 of the Companies Act 2006. Our audit has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members, as a body, and the charitable company's trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Stewart Michael Davies  
Senior Statutory Auditor  
for and on behalf of:  
Philip Burley & Co  
Statutory Auditor  
28 Bagdale  
Whitby  
YO21 1QL

Date:

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME & EXPENDITURE ACCOUNT)**  
for the year ended 31 March 2025

		2025 Unrestricted funds	2025 Restricted funds	2025 Total	2024 Total
	<u>Notes</u>	£	£	£	£
<u>Income from:</u>					
Donations and legacies	2	8,330	3,373	11,703	4,714
Charitable activities	3	409,814	848,000	1,257,814	1,261,580
Income from other activities	4	10,206	120	10,326	7,253
Investment income	5	4,028	-	4,028	3,622
		-----	-----	-----	-----
Total income		432,378	851,493	1,283,871	1,277,169
		=====	=====	=====	=====
<u>Expenditure on:</u>					
Raising funds		2,139	-	2,139	4,564
Charitable activities		474,728	787,726	1,262,454	1,258,809
		-----	-----	-----	-----
Total resources expended	6	476,867	787,726	1,264,593	1,263,373
		=====	=====	=====	=====
Net income	8	(44,489)	63,767	19,278	13,796
Transfer between funds		(10,010)	10,010	-	-
		-----	-----	-----	-----
Net movement in funds		(54,499)	73,777	19,278	13,796
Total funds at 1 April 2024		435,073	266,738	701,811	688,015
		-----	-----	-----	-----
Total funds at 31 March 2025	15	380,574	340,515	721,089	701,811
		=====	=====	=====	=====

All income and expenditure derive from continuing activities.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)

BALANCE SHEET  
As at 31 March 2025

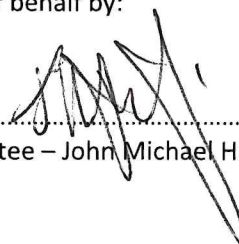
		£	<u>2025</u> £	<u>2024</u> £
	<u>Notes</u>			
<u>FIXED ASSETS</u>				
Tangible assets	11		39,539	27,428
				-----
<u>CURRENT ASSETS</u>				
Debtors	12	39,429		15,803
Cash at bank and in hand		942,139		986,797
				-----
		981,568		1,002,600
<u>CREDITORS: Amounts falling due within one year</u>	13	300,018		328,217
				-----
<u>NET CURRENT ASSETS</u>			681,550	674,383
				-----
<u>NET ASSETS</u>	14		721,089	701,811
			=====	=====
<u>UNRESTRICTED FUNDS</u>				
General funds		368,890		421,370
Designated funds		11,684		13,703
				-----
			380,574	435,073
<u>RESTRICTED FUNDS</u>				
Restricted funds			340,515	266,738
				-----
<u>TOTAL FUNDS</u>	15		721,089	701,811
			=====	=====

The trustees and directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The notes on pages 16 to 25 form an integral part of these accounts.

The income and expenditure account has not been delivered to the Registrar of Companies.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees and directors on XXXX and signed on their behalf by:

  
.....  
Trustee – John Michael Hunt

  
.....  
Trustee – Dorn Pryce

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31 March 2025

	2025	2024
	£	£
<b>A. Cash Flow from operating activities</b>		
<b>Net Income</b>	19,278	13,796
Adjustments for:		
Amortisation of non-current asset		
Depreciation (including obsolescence) of non-current asset	13,514	12,550
Interest paid		
(Profit) / loss on sale of fixed assets (net)		
<b>Operating profit before working capital changes</b>	<b>32,792</b>	<b>26,346</b>
Adjustments for: (Δ Net Working Capital)		
(Increase) / decrease in loans and receivables	(23,626)	426
Increase / (decrease) in trade payable	6,168	(1,315)
Increase / (decrease) in other current liabilities	(34,367)	(16,942)
<b>Δ Net Working Capital (From 01.04.24 to 31.03.25)</b>	<b>(51,825)</b>	<b>(17,831)</b>
<b>Cash (used in)/generated from operating activities</b>	<b>(19,033)</b>	<b>8,515</b>
<b>B. Cash flow from investing activities:</b>		
Purchase of property, plant, and equipment	(25,625)	(7,020)
<b>Cash (used in)/from investing activities</b>	<b>(25,625)</b>	<b>(7,020)</b>
<b>Free Cash Flow (FCF) - (A+B)</b>	<b>(44,658)</b>	<b>1,495</b>
<b>C. Cash flow from financing activities</b>		
<b>Net cash (used in)/from financing activities</b>	-	-
<b>Net (decrease)/increase in cash and cash equivalents (FCF + C)</b>	<b>(44,658)</b>	<b>1,495</b>
<b>Cash and cash equivalents at the beginning of the year (Bank Balance + CIL)</b>	<b>986,797</b>	<b>985,302</b>
<b>Cash and cash equivalents at the end of the year (Bank Balance + CIL)</b>	<b>942,139</b>	<b>986,797</b>
-Bank balance	942,139	986,797

**Notes:**

1. Cash flow statement has been prepared under the indirect method.
2. Cash and cash equivalents represent Petty cash and bank balances.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
NOTES TO THE FINANCIAL STATEMENTS  
for the year ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparation

The accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with:

- a) The Charities Act 2011
- b) The Companies Act 2006
- c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: (FRS102)
- d) Accounting and Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

Public Benefit

The charity meets the definition of a public benefit entity as defined by FRS102.

Going concern basis

The trustees and directors consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Recognition of incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Revenue grants are recognised in the SOFA so as to match them with the expenditure towards which they are intended to contribute.

Grants which contribute towards specific expenditure on fixed assets are credited to the statement of Financial Activities over the expected useful lives of the related assets.

Contractual income and performance related grants

These are only included in the SOFA once the related goods or services have been delivered.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
NOTES TO THE FINANCIAL STATEMENTS  
for the year ended 31 March 2025

1. ACCOUNTING POLICIES (Continued)

Investment income

Investment income is included in the accounts when receivable.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support costs

Support costs include central functions and have been allocated to fund categories on a basis consistent with the use of resources and the staff hours incurred.

Pensions

The Company operates a defined contribution pension scheme. Contributions payable for the year are charged to the profit and loss account.

Operating leases

Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Unrestricted funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Unrestricted funds can be transferred to cover deficits on restricted funds only on the agreement of the trustees.

Designated funds

Designated funds are unrestricted funds earmarked by the charity for particular purposes.

Restricted funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets

Tangible assets are included at cost and depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment	33.50%	Reducing balance basis
------------------	--------	------------------------

All capital expenditure is capitalised irrespective of value.

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
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NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

2. INCOME FROM DONATIONS AND LEGACIES

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2025</u>	<u>2024</u>
	£	£	Total	Total
			£	£
<u>Donations and legacies</u>				
Donations	8,330	3,373	11,703	4,714
	=====	=====	=====	=====

3. INCOME FROM CHARITABLE ACTIVITIES

Carers and Holdings grants	-	8,925	8,925	5,474
Carers Resource service contract funding				
- NYCC Adult & Community Services North				
Yorkshire & York PCT	402,124	-	402,124	402,124
Scarborough Whitby & Ryedale Mind	-	-	-	27,069
Children in Need	-	17,698	17,698	21,630
2 Ridings	-	-	-	10,000
Action Towards Inclusion	-	-	-	7,856
Wellbeing & Prevention Service	700	-	700	-
Home from Hospital	-	202,187	202,187	202,187
Starfish grant	-	-	-	23,570
Home 2 Hospital grant	-	67,505	67,505	68,570
Northallerton Making Carers Count (2021 – 2024)	-	14,992	14,992	59,132
Young Carers Day funding	750	-	750	-
Young Carers Connect – Inspire grant	-	1,000	1,000	-
East Riding (Help for Health & Smile Foundation)	-	44,075	44,075	44,345
Rotary Club of Scarborough	-	-	-	500
NYCC -  Eastfield (120 Eastway)	-	36,658	36,658	24,814
NHS Voluntary Services	-	11,139	11,139	11,139
HMRA (50% as request for payment)	-	-	-	42,524
Brid Carers (WB) – Smile Foundation	-	-	-	3,825
Beyond Housing Grants	-	500	500	-
VCSE Vaccination project	6,000	-	6,000	-
CFY Building Better Connections	-	-	-	12,468
TCMH Catterick Garrison	-	-	-	21,500
NYC Fund (HFS Food Support)	-	5,000	5,000	-
NYCC – NATE Holding grant	-	-	-	(700)
Big Lottery – Network to Success	-	-	-	80,603

Carers Plus Yorkshire Ltd  
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NOTES TO THE FINANCIAL STATEMENTS  
for the year ended 31 March 2025

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2025</u> <u>Total</u>	<u>2024</u> <u>Total</u>
	£	£	£	
Big Lottery YAC (Apr 23 – Mar 26)	-	121,361	121,361	50,000
Age UK Bursary	240	-	240	240
ICB Grant	-	-	-	2,000
SHIC Funding	-	51,050	51,050	53,917
AFCF – No One Left Behind funding	-	41,648	41,648	38,908
North Yorkshire Sport – Yoga Classes grant	-	1,500	1,500	-
RISE Claim	-	2,108	2,108	27,885
UKSPF Sibling Carers grant	-	20,000	20,000	-
UK Shared Prosperity Fund	-	40,000	40,000	20,000
UKSPF Digital Inclusion Fund	-	35,164	35,164	-
Carers Trust - Income Maximisation	-	50,000	50,000	-
YC Connections - Time For Me	-	10,000	10,000	-
Veterans Foundation Grant	-	20,000	20,000	-
RISE2THRIVE Family resource	-	45,490	45,490	-
	-----	-----	-----	-----
	409,814	848,000	1,257,814	1,261,580
	=====	=====	=====	=====
4. <u>INCOME FROM OTHER ACTIVITIES</u>				
Miscellaneous income	10,206	120	10,326	7,253
	-----	-----	-----	-----
	10,206	120	10,326	7,253
	=====	=====	=====	=====
5. <u>INVESTMENT INCOME</u>				
Bank interest receivable	4,028	-	4,028	3,622
	=====	=====	=====	=====

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
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NOTES TO THE FINANCIAL STATEMENTS  
for the year ended 31 March 2025

6. ANALYSIS OF EXPENDITURE

Raising funds

Conferences and Networking	2,139	-	2,139	4,564
	-----	-----	-----	-----
	2,139	-	2,139	4,564
	=====	=====	=====	=====

Charitable activities

Staff costs	378,357	634,502	1,012,859	996,718
Volunteer expenses	348	547	895	497
Travel expenses	20,202	23,015	43,217	43,470
Premises costs	21,026	36,985	58,011	64,047
Recruitment and staff training costs	2,928	4,225	7,153	8,342
Office equipment costs	4,689	16,038	20,727	17,139
Depreciation	6,039	7,475	13,514	12,550
Communications	7,664	8,986	16,650	16,622
Printing, stationery and postage	594	4,003	4,597	12,713
Advertising and publicity	721	4,328	5,049	6,072
Books, periodicals & subscriptions	2,614	782	3,396	2,059
Insurance	3,130	3,586	6,716	6,575
Health Care Expenses	5,923	-	5,923	3,094
Carers' grants and events expenses	-	7,390	7,390	6,369
Project activity expenses	2,145	33,669	35,814	34,368
Sundry expenses	4,857	1,890	6,747	13,608
Accountancy	3,382	300	3,682	3,824
Auditor fees	6,180	-	6,180	5,179
Consultancy and sessional work fees	-	-	-	2,618
Legal and professional fees	2,745	-	2,745	2,382
Bank charges	161	5	166	187
AGM expenses	57	-	57	191
Fundraising expenses	966	-	966	185
	-----	-----	-----	-----
	474,728	787,726	1,262,454	1,258,809
	=====	=====	=====	=====
<u>Total</u>	476,867	787,726	1,264,593	1,263,373
	=====	=====	=====	=====

7. SUPPORT COSTS

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2025</u>	<u>2024</u>
	£	£	£	£
Charitable activities:				
General office and finance staff costs	16,053	27,164	43,217	43,470
Premises costs	1,077	1,823	2,900	3,202
Communications	309	523	832	831
	-----	-----	-----	-----
	17,439	29,510	46,949	47,503
	=====	=====	=====	=====

Carers Plus Yorkshire Ltd  
(A company limited by guarantee and not having  
a share capital and registered as a charity)  
\* NOTES TO THE FINANCIAL STATEMENTS  
for the year ended 31 March 2025

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging: -

	<u>2025</u>	<u>2024</u>
Depreciation	13,514	12,550
Trustees remuneration	-	-
	=====	=====

There were no related party transactions in the year.

9. STAFF COSTS AND NUMBERS

Staff costs were as follows:-

Wages and salaries	907,321	898,712
Social security costs	74,066	69,514
Pension	31,472	28,492
	-----	-----
	1,012,859	996,718
	=====	=====

No employee received emoluments of more than £60,000. The average number of employees during the year was 38.5 (2024: 40).

10. TAXATION

The company is accepted as a charity for tax purposes and is exempt from tax on its income or gains to the extent that they are applied for charitable purposes.

Carers Plus Yorkshire Ltd  
 (A company limited by guarantee and not having  
 a share capital and registered as a charity)  
NOTES TO THE FINANCIAL STATEMENTS  
for the year ended 31 March 2025

11.	<u>TANGIBLE FIXED ASSETS</u>		Plant and machinery etc. ----- £
	<u>COST</u>		
	At 1 April 2024		107,457
	Additions		25,625
	Disposals		-
			-----
	At 31 March 2025		133,082
			-----
	<u>DEPRECIATION</u>		
	At 1 April 2024		80,029
	Charge for year		13,514
	Eliminated on disposals		-
			-----
	At 31 March 2025		93,543
			-----
	<u>NET BOOK VALUE</u>		
	At 31 March 2025		39,539
			=====
	At 31 March 2024		27,428
			=====
12.	<u>DEBTORS</u> : Amounts falling due within one year		
		<u>2025</u>	<u>2024</u>
		£	£
	Trade debtors	35,149	12,025
	Other debtors	4,280	3,778
		-----	-----
		39,429	15,803
		=====	=====
13.	<u>CREDITORS</u> : Amounts falling due within one year		
		<u>2025</u>	<u>2024</u>
	Performance related grants received in advance	254,731	286,893
	Tax and social security	16,666	15,130
	Other creditors	28,621	26,194
		-----	-----
		300,018	328,217
		=====	=====

Carers Plus Yorkshire Ltd  
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NOTES TO THE FINANCIAL STATEMENTS  
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14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	<u>General</u> <u>funds</u>	<u>Designated</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total</u> <u>funds</u>
Tangible fixed assets	11,992	-	27,547	39,539
Investments	-	-	-	-
Current assets	521,663	11,684	448,221	981,568
Current liabilities	(164,765)	-	(135,253)	(300,018)
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	368,890	11,684	340,515	721,089
	=====	=====	=====	=====

Carers Plus Yorkshire Ltd  
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NOTES TO THE FINANCIAL STATEMENTS  
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15. MOVEMENTS IN FUNDS

	Balance <u>1 April 2024</u>	Incoming <u>resources</u>	Outgoing <u>resources</u>	<u>Transfers</u>	Balance <u>31 March 2025</u>
<u>Restricted funds</u>					
Carers and holding grants	360	8,925	7 390	-	1,895
Capital Grants	779	-	8	-	771
Big Lottery Reaching Communities	201	-	67	-	134
Action Towards Inclusion	8,032	-	19	-	8,013
Wellbeing & Prevention Service	3,839	-	137	-	3,702
Home from Hospital	48,631	202,187	207,148	-	43,670
Big Lottery Community Fund YACs	-	-	34	34	-
Hospital 2 Home	17,176	67,505	64,858	-	19,823
Caring with Active Confidence	66	20	22	-	64
BBC Children in Need - Starfish 2	495	-	174	-	321
Community Support Organisation	19,723	-	49	-	19,674
Coronavirus funds	2,647	-	888	-	1,759
Community Connect - Big Lottery	170	-	57	-	113
Winter Volunteering (NHS Humber)	5,658	11,139	9,689	-	7,108
Veterans – Armed Forces Covenant Fund	1,643	500	977	-	1,166
NYCC Northallerton Young	-	-	32	32	-
Northallerton Making Carers Count	(12,518)	14,993	63	-	2,412
East Riding	802	-	131	-	671
(Help for Heath & Smile Foundation)					
Big Lottery – Network to Success	1,127	-	304	-	823
Hull CCG East Riding HFH	967	-	-	-	967
CFY – System Pressures MH Support	6,189	-	-	-	6,189
Brid Carers (WB) – Smile Foundation	3,892	44,075	41,566	-	6,401
HRCC Asset Transfer	87,424	-	652	-	86,772
Festival of Green	3,192	-	-	-	3,192
Active Humber	7,865	-	-	-	7,865
Eastfield project (120 Westway)	(12,142)	37,151	29,543	-	(4,534)
Transforming Community Mental Health	4,848	54,399	43,368	-	15,879
Peer support (NYCC)	19,978	-	-	-	19,978
HWRA	6,568	-	-	-	6,568
CFY Building Better connections	17,935	-	-	-	17,935
6 charities Together	(8)	-	-	8	-
Force for Change (AFCF)	-	500	-	-	500
Rise	-	2,108	44	-	2,064
Big Lottery YAC(Apr 23 – Mar 26)	933	50,000	49,956	-	977
Not just me MIND Woodsmith	889	-	-	-	889
Shared Prosperity - £20K Comm Conversations	(182)	-	(182)	-	-
Armed Forces – No One Left Behind	7,761	40,648	46,422	-	1,987
Children in Need – Core	11,798	17,698	39,432	9,936	-
BL Carer Connections	-	71,361	71,358	-	3
Shared Prosperity - £20k Sibling Carers	-	20,000	19,509	-	491

Carers Plus Yorkshire Ltd  
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	<u>Balance</u> <u>1 April 2024</u>	<u>Incoming</u> <u>resources</u>	<u>Outgoing</u> <u>resources</u>	<u>Transfers</u>	<u>Balance</u> <u>31 March 2025</u>
Shared Prosperity 50+ £40k	-	40,130	38,465	-	1,665
Time for Me £10,000	-	10,000	9,649	-	351
RISE2Thrive	-	45,490	39,734	-	5,756
Young Carers Connect - Inspire £1,000.00	-	1,000	832	-	168
Income Maximisation & Fuel Poverty	-	50,000	42,384	-	7,616
UKSPF Digital Inclusion Program SWR	-	18,965	8,599	-	10,366
UKSPF Digital Inclusion Program Ham/Rich	-	16,199	3,397	-	12,802
Veterans Foundation	-	20,000	4,742	-	15,258
HFS6 Food Support £5k NYC	-	5,000	4,919	-	81
North Yorkshire Sport Ltd	-	1,500	1,290	-	210
	-----	-----	-----	-----	-----
Total restricted funds	266,738	851,493	787,726	10,010	340,515
	=====	=====	=====	=====	=====
<u>Unrestricted funds</u>					
General funds	345,686	243,354	311,655	(9,978)	267,407
Northallerton general funds	75,684	189,024	163,193	(32)	101,483
Designated funds Snainton YC	12,019	-	2,019	-	10,000
Designated funds Northallerton YC	1,684	-	-	-	1,684
	-----	-----	-----	-----	-----
Total unrestricted funds	435,073	432,378	476,867	(10,010)	380,574
	-----	-----	-----	-----	-----
<u>Total funds</u>	701,811	1,283,871	1,264,593	-	721,089
	=====	=====	=====	=====	=====

Carers Plus Yorkshire Ltd  
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15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Capital Grants were grants received to cover the cost of new equipment and furniture.

Big Lottery Fund – Reaching Communities is a four-year grant towards the costs of a further project to support adult carers (16 – 35 years old). This project finished in July 2019, the closing balance as shown at 31<sup>st</sup> March 2025 of £134, consists of fixed asset to be depreciated in future years.

Action Towards Inclusion was originally a three-year grant funding to assist organisations to support vulnerable people (including carers) who are facing all sorts of barriers in returning to work, training or education. The lead partner is Your Consortium, and the funding is part of the national Building Opportunities programme which is jointly funded by the Big Lottery and European Social Fund. Delivery on this project finished in September 2019; we were lucky to receive an extension of the project for a further 3 years and then a second extension of 9-months to secure the project up to June 2023. The closing balance as shown at 31<sup>st</sup> March 2025 of £8,013 consist of fixed assets of £39 to be depreciated in future years and a useable fund of £7,974.

Wellbeing and Prevention service – working title of 'My Neighbourhood' – funded by NYCC, My Neighbourhood connects communities and provides support to people who may be isolated, lonely or need a bit of extra help. The service is for anyone aged 18 or over, not necessarily a carer and is delivered in partnership with Ryedale Carers Support. The closing balance as shown at 31<sup>st</sup> March 2025 of £3,702, consists of fixed assets of £275 to be depreciated in future years and a useable fund of £3,427.

Home from Hospital is a service for anyone aged 18 or over, to provide short-term help to those who are returning from hospital and need some support. Help includes anything from essential food shopping to organising ongoing support with other agencies. It does not provide personal care. CPY are subcontracted by Harrogate Carers Resource to deliver Home from Hospital in the Scarborough, Whitby and Ryedale areas. The closing balance as shown at 31<sup>st</sup> March 2025 of £43,670, consists of fixed assets of £214 to be depreciated in future years and a useable fund of £43,456.

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NOTES TO THE FINANCIAL STATEMENTS  
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15. MOVEMENTS IN FUNDS – continued  
Purpose of restricted funds – continued

Big Lottery Community Fund YACs – a continuation of the Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers.

Hospital 2 Home is a contract with East Riding of Yorkshire Council, providing a service similar to Home from Hospital in North Yorkshire. Short-term help for those who live in the East Riding of Yorkshire, mainly Bridlington and Driffield areas, being discharged from hospital. The contract was originally a 12-month project; we were fortunate enough to have the contract extended. The closing balance as shown at 31st March 2025 of £19,823, consists of fixed assets of £123 to be depreciated over future years and a useable fund of £19,700.

Caring with Active Confidence is for carers 18+ years old, to come together to gain peer support and share experiences. Sessions are planned with carers involvement and carers help to facilitate the group as volunteers. These sessions have been mainly running virtually through Zoom when Covid-19 has prevented any face-to-face sessions. The original funding for this project came from a Carers Trust grant and we managed to secure further funding from 2 Ridings to extend sessions. At 31st March 2025, a total of £64 relates fixed assets to be depreciated over future years.

Starfish 2 is a three-year project funded by BBC Children in Need and carried on from the original and successful 'Starfish' Project. The project is for Young Carers and enables us to extend support we can offer through the core NYCC contract. Starfish 2 focusses on helping young carers look forward, helping them gain skills and confidence needed to move forward with their lives. Also, to empower them to help other young carers through voice and representation – to inform adults with influence. At 31<sup>st</sup> March 2025, a total of £347 relates to fixed assets to be depreciated over future years, with any resulting deficit to be covered by general reserves.

Community Support Organisation set up by NYCC as part of their response to the Covid-19 outbreak. A partnership between Carers Plus Yorkshire, Ryedale Carers Support, Ryedale Community Transport to help co-ordinate a number of localised Covid-19 networks across the Ryedale area to help Ryedale communities meet the challenges of Covid-19. The closing balance as shown at 31<sup>st</sup> March 2025 of £19,674, consists of fixed assets of £98 to be depreciated over future years and a useable fund of £19,576.

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NOTES TO THE FINANCIAL STATEMENTS  
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15. MOVEMENTS IN FUNDS – continued  
Purpose of restricted funds – continued

Coronavirus Funds is a collection of 10 separate funding streams including 2 Ridings, Triangle Trust, NYCC, National Lottery Community Fund, Carers Trust and Ryedale District Council. The funding primarily aimed to maximise the support that Carers Plus Yorkshire could provide during the Covid-19 pandemic. This enabled us to employ new staff and offering more hours to current members of staff. Working from home provided new challenges so the funding helped to buy new IT equipment for our staff, in particular laptops; these were necessary to help our clients whilst working in the office was not possible. Other expenditure included staff wellbeing calls, client materials and personal protective equipment. The closing balance as shown at 31<sup>st</sup> March 2025 of £1,759 consists of fixed assets to be depreciated over future years.

Community Connect was funding by the Big Lottery. This paid for a community link worker and a volunteer co-ordinator for a six-month period. The project is completed, the closing balance as shown at 31<sup>st</sup> March 2025 of £113 consists of fixed assets to be depreciated in future years.

Winter Volunteering from NHS Humber was funding for the development of a volunteer coordinator to recruit and focus volunteer support in Malton Hospital. The funding originally covered 4 months over the winter period until 31<sup>st</sup> March 2021, with an initial extension given of 6 months and the project finally being extended to June 2024.

Veterans – Armed Forces Covenant Fund is designed to support veteran carers and those who are caring for veterans to build the confidence, skills and knowledge they need to 'care with confidence'. The project is 2 year funded post ending in April 2023. The closing balance of £1,166 consists of fixed assets of £198 to be depreciated in future years and a useable fund of £968.

NYCC Northallerton Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age in the Hambleton & Richmondshire areas. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit of £32 cleared by transfer from unrestricted reserves.

Northallerton Making Carers Count is a 2 ½ year long project funded by Carers Trust ending in March 2024. The project was to expand our Young Carer and Young Adult Carer services into the Hambleton and Richmondshire areas. The closing balance of £2,412 consists of fixed assets of £125 to be depreciated in future years and a useable fund of £2,287.

East Riding (Help for Heath & Smile Foundation) is a fund to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £671 consist of fixed assets of £260 to be depreciated over future years and a useable fund of £411.

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NOTES TO THE FINANCIAL STATEMENTS  
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15. MOVEMENTS IN FUNDS - continued  
Purpose of restricted funds – continued

Big Lottery – Network to Success is a 2 year fund to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with Dementia and memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), after caring, life as a parent carer, voice and representation (effecting change).

Hull CCG East Riding HFH is a 12 month fund to complement the existing home from hospital fund in the East Riding of Yorkshire.

CFY - System Pressures MH is a one-year grant from Community First Yorkshire and was a project to support and encourage volunteering in the Malton area.

Brid Carers (WB) - Smile Foundation is a grant fund from East Riding Council to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £6,401 consists of fixed assets of £196 to be depreciated in future years and a useable fund of £6,205.

HRCC Asset Transfer is the final transfer of assets held by Hambleton and Richmondshire Carers Centre on the day they ceased trading. The transfer had been agreed by all parties in the merger process. The balance of £86,772 consists of fixed assets of £1,295 to be depreciated over future years and a useable fund of £85,477, which is to be used in the Hambleton & Richmondshire area in the following years.

Festival of Green is a grant funded by Humber Coast and Vale and the Smile Foundation for a project to deliver an outdoor festival linked to green social prescribing services programme and is in collaborations of seven project partners.

Active Humber – a project in partnership with Active Humber which is funded by the Together fund and is a 6-month project to help aid growth and recovery post Covid-19 pandemic for carers by providing sporting related group activities in the Bridlington area.

Eastfield project (120 Westway) is funded by North Yorkshire Council for one year to help set up a Community Hub in Eastfield and to deliver activities in the local area. The closing deficit of £4,534 is much improved on the 2024 closing deficit of £12,142 and is due to NYC falling behind on payments. This is expected to be rectified in 2025/26, with any interim cash deficit covered by general reserves as required.

TCMH are Transforming Community Mental Health grants from North Yorkshire Council which consist of small one-year grants to help with access to low level mental health support.

Peer support (NYCC) – to establish a bank of volunteers for matching with carers for mutual support. Based in Hambleton and Richmondshire.

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15. MOVEMENTS IN FUNDS - continued

Purpose of restricted funds – continued

HWRA – is a one-year grant funding from NHS Hull Clinical Commissioning Group and with lead partner Humber and Wolds Rural Action to develop and test the Micro provider model to stimulate in health and social care as a career especially in rural areas where access is limited.

CFY Building Better connections is a one-year grant from Community First Yorkshire and is a project to tackling loneliness and isolation in North Yorkshire.

6 charities Together is a themed facilitator organised by Cuppa Connect who are the main contract lead for the funding. We receive a small one-year grant from six different charities to attend a monthly cuppa club in six different areas.

Force for Change (AFCF) is a one-year project funded by the Armed Forces Covenant Fund and is designed to develop a service for military families and individuals who have additional care and support needs within their home environment.

RISE is a one-year project funded through Better Connect and is an employability project designed to help and support unpaid carers develop new skills and interest both voluntary and paid employment.

Big Lottery YAC (Apr 23 - Mar 26) – a three-year grant for the continuation of our Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers.

not just me MIND Woodsmith is a grant funded by the Woodsmith Foundation and is a partnership with Scarborough, Whitby and Ryedale Mind. The project is to support people over 65 with poor mental health with one-to-one support whilst creating new inclusive social activities for people living in Whitby and Filey.

Shared Prosperity - £20k Comm Conversations is a project funded by the UK government through the UK Shared Prosperity Fund aiming to improve the balance of community voice within the decisions made in (and for) Hunmanby area. By capturing the 'Voices of Hunmanby' through a variety of means, we will ensure residents are heard and their ideas/concerns/ambitions.

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15. MOVEMENTS IN FUNDS - continued  
Purpose of restricted funds – continued

Armed Forces - No One Left Behind is a two-year grant starting January 23 and is funded by the Armed Forces Covenant Fund and is to help support veteran carers or people caring for a veteran. The project aims to give advice and guidance to veterans and help them access the right support at the right time and provide support through locality-based groups to reduce isolation, nurture peer support and build friendships.

Children in Need – Core is a three-year core grant funding from BBC Children in Need. The funding is for our Young Carer service and focuses on helping and supporting young carers aged 8-18 years old. This funding enables us to extend support and uplift the capacity we can offer through the core North Yorkshire Council contract.

Big Lottery Carer Connections (BL Carer Connections) is a three-year grant to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), life as a parent carer, voice and representation (effecting change).

Shared Prosperity - £20k Sibling Carers is a one-year grant funded by the UK government through the UK Shared Prosperity Fund and the project will provide inclusive group sessions and social opportunities for families of neurodiverse children to support emotional wellbeing, reduce stigma, and strengthen relationships, while gathering evidence on the potential long-term benefits of introducing a 'SEN Family Worker' role within the team to enhance community impact in Scarborough.

Shared Prosperity 50+ £40k is a one-year grant funded by the UK government through the UK Shared Prosperity Fund and the project aims to support carers aged 50+ and isolated individuals to overcome barriers to learning and employment by building skills, confidence, and social connections, helping them return to or remain in work, training, or volunteering.

Time for Me £10,000.00 consists of a small one-year grant which aims to build a sustainable, community-based support network for unpaid carers, reducing loneliness, increasing resilience, and improving wellbeing through peer groups, outreach hubs, and accessible activities.

Rise2Thrive is a one-year project funded through Better Connect and is an employability project designed to help and support unpaid carers develop new skills and interest both voluntary and paid employment.

Young Carers Connect – Inspire £1,000.00 this is a small grant to provide activities for our Young Carer service and focuses on helping and supporting young carers aged 8-18 years old.

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15. MOVEMENTS IN FUNDS - continued  
Purpose of restricted funds – continued

Income Maximisation & Fuel Poverty is a two-year grant and is our Caring with Money Matters project. Carers Plus Yorkshire will provide income maximisation support for unpaid carers through 1:1 advice, helplines, workshops, drop-ins, digital hubs, and targeted presentations, helping carers manage finances, access benefits, and address fuel poverty. The service includes micro-grants for immediate crises, collaborative support with local partners, and outreach for under-represented carers such as parent and young adult carers. Sustainability will be achieved through peer mentors, ongoing partnerships, and funding applications, ensuring carers continue to receive guidance and develop financial confidence beyond the project.

UKSPF Digital Inclusion Program SWR is a one-year grant funded by the UK government through the UK Shared Prosperity fund and is a project to support carers (8+) and non-carers (18+) with limited digital access in the Scarborough, Whitby and Ryedale area by providing free technology and building digital literacy and confidence. Activities include group sessions, online learning, and skill development to improve daily life, access services, and enhance employability. The closing balance of £10,366 consists of £9,518 of fixed assets to be depreciated over future years, and a useable fund of £848.

UKSPF Digital Inclusion Program Ham/Rich is a one-year grant funded by the UK government through the UK Shared Prosperity fund. This project is to help support carers (8+) and non-carers (18+) with limited digital access in the Hambleton and Richmondshire area and is to empower our service users and others to increase their independence and wellbeing by supporting them to access digital technology, increase digital literacy and build confidence, in navigating the ever-changing digital space. The closing balance of £12,802 consists of £11,776 of fixed assets to be depreciated over future years, and a useable fund of £1,026.

Veterans Foundation is a grant funded through the Veterans Foundation and is a project that will expand personalised 1:1 and group support for veteran carers in Hambleton and Richmondshire. It focuses on building trust and confidence through relationship building, social engagement, and tailored learning opportunities covering areas like mental health, resilience, finance, and peer support to help veterans become more independent and resilient in their caring roles.

HFS6 Food Support £5k NYC is a small grant from North Yorkshire Council. The project will support CPY work with the local Food Bank to deliver crisis parcels, as well as deliver educational activities and provide warm space.

North Yorkshire Sport Ltd will deliver "Carers from the Couch," online and in-person sessions for adult unpaid carers to boost physical activity, wellbeing, and resilience through exercise, mindfulness, and outdoor activities, supported by engagement packs.

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16. PENSION CONTRIBUTIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions payable by the charity to the scheme for the year totalled £31,472 (2024: £28,492). At 31 March 2025 pension contributions payable by the charity to the scheme totalling £nil (2024: £3,193) were outstanding and are included in other creditors.

17. ANNUAL COMMITMENTS UNDER OPERATING LEASES

At 31 March 2025, the charity had an annual operating lease commitment which expires as follows:-

	<u>2025</u>	<u>2024</u>
Land and buildings – within one year	24,958	31,600
– within two to five years	30,293	37,060
– more than five years	-	-
	=====	=====

The charity renewed its six-year lease on premises in Snainton in April 2021 for a further six years at £13,500 pa, increasing to £15,000 from April 2024. The lease for the Northallerton office was transferred to the charity with an end date of November 2025 at £8,500 pa. A new lease commencing November 2025 at £493pm, including service charges, has been agreed for 3 years running to November 2028. In May 2023, the Charity commenced a further lease at Eastfield of £6,100 per annum, running for 18 months until November 2025. This will not be extended, with an informal agreement in place to use space at the Westway Open Arms, Eastfield, for one day per week for £2,000 for an initial 6 months.

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INCOME AND EXPENDITURE ACCOUNT  
for the year ended 31 March 2025

	<u>2025</u>	<u>2024</u>
<u>Income</u>	£	£
NYCC Carers' Resource service	402,124	402,124
Carers' grants	23,917	5,474
Other grants	710,412	701,748
Donations	11,703	4,714
Miscellaneous income	10,326	7,254
Big Lottery Fund – Young Adult Carers	121,361	50,000
Big Lottery Fund – Network to Success	-	80,603
BBC Children in Need	-	21,630
Interest receivable	4,028	3,622
	-----	-----
	1,283,871	1,277,169
	-----	-----
less: <u>Expenses</u>		
Salaries and wages	981,387	968,226
Pensions	31,472	28,492
Volunteer expenses	895	497
Travel expenses	43,217	43,470
Rent	38,074	37,812
Heat, light and power	10,279	4,768
Water rates	2,162	1,949
Recruitment expenses	1,833	2,066
Staff training costs	5,320	6,276
AGM expenses	57	191
Fundraising expenses	966	185
Buildings maintenance	7,496	19,462
Office equipment maintenance	18,186	16,357
Equipment leasing	3,767	3,657
Photocopier charges	1,308	1,262
Postage	1,957	2,514
Telephone and internet	16,649	16,622
Books, periodicals and subscriptions	3,396	3,134
Printing and stationery	1,332	3,139
Advertising and publicity	5,049	3,872
Cleaning	5,412	4,859
Insurance	6,716	6,575
Conferences and networking expenses	2,139	4,565
Accountancy	3,682	3,824
Consultancy fees	-	2,619
Legal and professional fees	2,745	2,382
Auditor fees	6,180	5,179
Bank charges	166	187

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INCOME AND EXPENDITURE ACCOUNT (Continued)  
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Carers' grants and events expenses	7,390	6,369
Health care expenses	5,923	3,094
Project activities & related expenses	35,814	44,173
Miscellaneous expenses	1,335	3,046
Depreciation	13,480	12,550
	-----	-----
	1,265,784	1,263,373
	-----	-----
<u>SURPLUS OF INCOME OVER EXPENDITURE</u>	18,087	13,796
	=====	=====