

Charity Registration No. 1044584

Company Registration No. 03003308

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2025

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
LEGAL & ADMINISTRATIVE INFORMATION**

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell (Resigned 16/09/2024) D Gibbs (Resigned 16/10/2024) J Taylor M Jewell (Resigned 16/09/2024) J Kibbey E Jackman (Co-opted 01/01/2025) P Connor (Co-opted 02/03/2025)
Company Secretary (and director)	J Taylor
Charity number	1044584
Company number	03003308
Registered office	Ryan Neuro Therapy Centre Bradbury House Lloyd Avenue Coulston Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 25 Gresham Street EC2V 7HN London

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
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Ryan Neuro Therapy Centre

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2025. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS and other neurological conditions by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

On 14th September 2023, the Company and Charity name was changed to The Ryan Neuro Therapy Centre to encapsulate the therapy provided for additional neurological conditions.

The main therapy provided by the Centre is that of physiotherapy. Since the COVID pandemic, the Charity has adapted and developed its services to provide much more support to its members and their carers. The details of this provision are covered later in this report under Achievements, Performance and Financial Review and demonstrates the Charity's commitment to providing the best possible therapy offering to all its members and their carers.

The Centre receives no statutory revenue funding and relies on the income entirely from its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Memorandum and Articles of Association govern the Charity, and this was last updated in 2023.

Trustees

The Trustees who have served since 1 April 2024 are as follows: **Richard Bowden, Paul Connor, Jack Cottrell, Eileen Jackman, Mel Jewell, Joanne Kibbey, Julie Taylor and David Gibbs.**

Jack Cottrell and Mel Jewell resigned in September 2024 and David Gibbs on 16 October 2024. Eileen Jackman and Paul Connor joined in 2025 as co-opted Trustees.

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the Voluntary Trustees is responsible for an area of the charitable business, which involves them in the day-to-day running of its affairs and of its decision-making. Four of the Trustees have personal experience of MS, providing valuable insight on how to meet the needs of its members. The Trustees have continued to meet monthly

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

to ensure the maintenance and upkeep of the Centre and to make decisions regarding staffing and therapy offerings.

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. To comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The Trustees have paid due regard to Charity Commission guidance on public benefit.

Staff

During the year, the Charity employed:

- 6 members of staff (equating to 3.5 FTE) - Operations and Membership Manager; Fundraiser for Grants and Trusts; Therapy Manager; Deputy Therapy Manager; Senior Physiotherapist and an Administrative Officer.
- 11 contractors – 5 Physiotherapists, 5 Assistant Physiotherapists and an Occupational Therapist.
- The Charity has continued to receive Living Wage certification. Ensuring a living wage for all staff is important to recruitment and for Grant and Trust applications.

Volunteers

During the 2024/25 financial year, 16 volunteers contributed their time and skills across a range of activities, including refreshments, bookings, registration, answering phone calls, supporting the administrative team, gardening, managing the 200 Club, physiotherapy, running the second-hand stall, and raising funds through the online sale of donated items.

In addition, the Board of Trustees provided further support as five more volunteers. Altogether, volunteers contributed approximately 3100 hours over the year—equivalent to 1.7 full-time employees—and saved the Centre an estimated £37,000 annually, based on the National Living Wage.

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

Therapy Provision

Throughout the year, therapy provision has continued to offer members up to two hours of support at the Centre each week. This included:

- Two 45-minute classes or gym sessions
- A 30-minute refreshment break

For members requiring a more tailored approach, 1-to-1 appointments remained available. Additionally, all members were offered a review with one of our physiotherapists to update their individual treatment plans.

Two one-hour **online exercise classes** were held every Tuesday. Recorded versions of these sessions were uploaded to our website, allowing members to access and exercise at their convenience. These online offerings continue to be very popular.

Our **Occupational Therapy service** has also made a significant impact, providing personalised 1-to-1 advice for members and their carers. These practical interventions have helped transform daily living for those managing a disability. Home visits have been conducted as needed to assess and recommend appropriate adaptations to living environments.

We introduced **three new classes** tailored specifically for members with Parkinson's disease, accommodating different ability levels to better meet individual needs.

To keep gym sessions engaging and enjoyable, we've continued to update our equipment. A notable addition is a set of **reaction training lights**, which have quickly become a favourite among members. These lights offer a fun and lightly competitive way to improve coordination, balance, and movement.

To support professional development within our team, we launched a **monthly training program** for physiotherapy assistants. This runs alongside whole-team training sessions, ensuring we continue to provide the highest standard of evidence-based care.

We remain committed to supporting not only our members but also their carers and the broader community. To this end, we continue to offer several **subsidised services**, including:

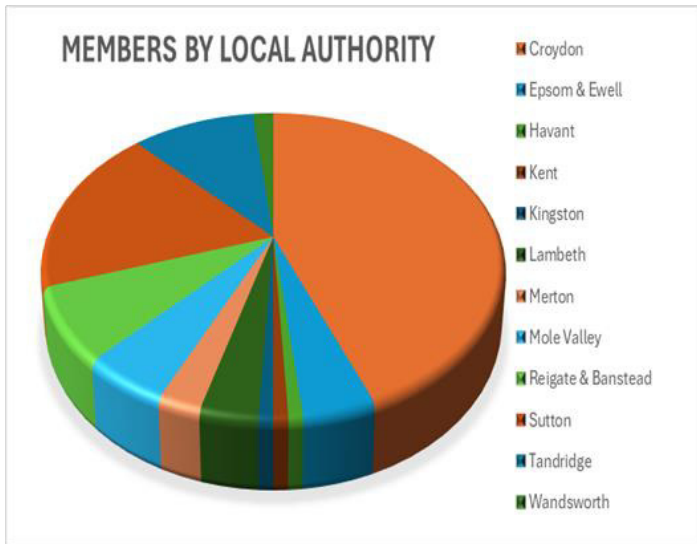
- MSK (musculoskeletal) assessments and support
- Reiki therapy
- Combined Yoga/Pilates classes for friends and family

Additional Paid Services are available for Members and Carers which include:

- TENS machine hire – A non-invasive method for pain relief
- Podiatry services
- Beauty therapies and massage
- Members' Shop – Providing access to recommended physiotherapy and disability

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

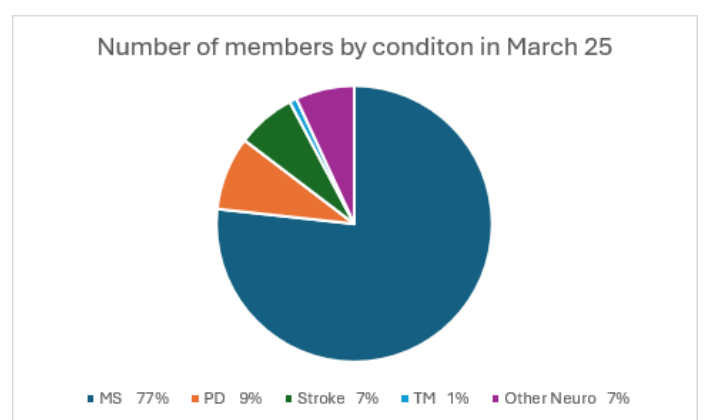
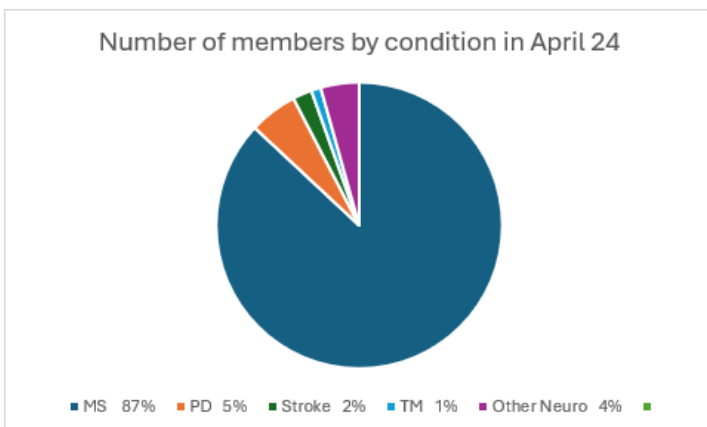
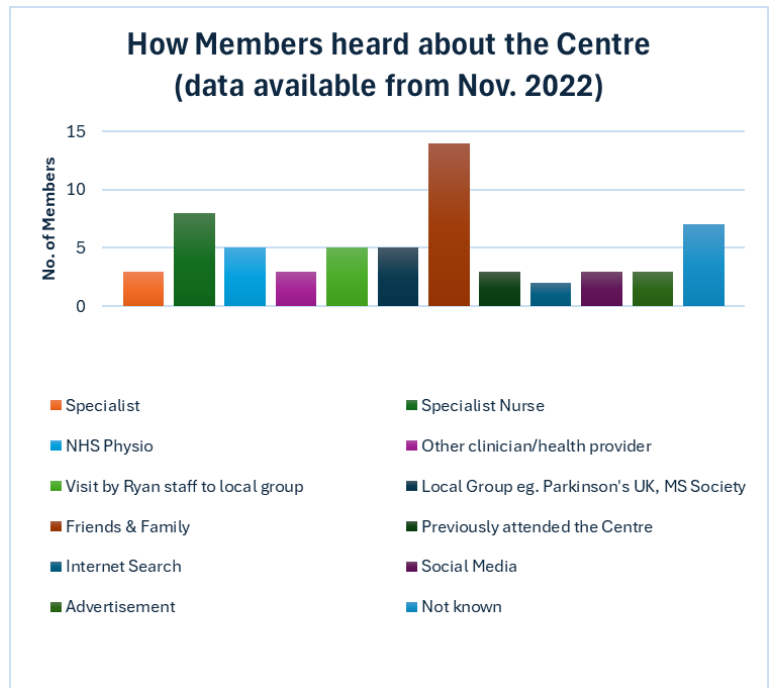
• **Membership**



The Centre supported 131 members over the course of the year, a decrease from 150 the previous year. Of these, 116 were attending members living with a neurological condition. The decline in membership was largely due to the archiving those members not attending anymore. In addition, the figures reflect the archiving of former supporting members who no longer have any contact with the Centre.

Our members predominately live in the Sutton and Croydon Local Authorities areas, but the chart shows that members come from a much wider geographical area.

Over the year the staff team have actively engaged with several external organisations, distributing marketing materials and delivering presentations. As a result of ongoing promotional efforts, there was a significant rise in enquiries and new member assessments toward the end of the year. Members have been surveyed to find out how they heard about the Centre and its excellent facilities. This helps us to focus on how and where to market the Centre going forward. The chart below shows the results of our survey.



Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

While Multiple Sclerosis remains the most common condition among our members, the Centre has seen a steady increase in individuals with a broader range of neurological conditions.

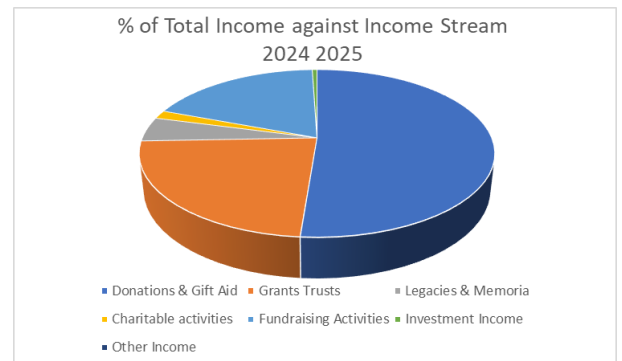
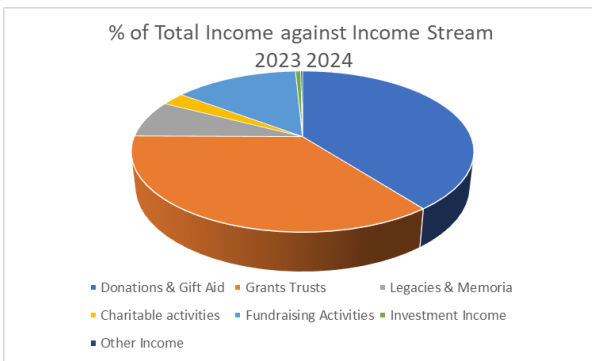
The charts above show how the membership has changed over the financial year with the main increases in members with Parkinsons and those having had a Stroke.

Financial Outturn

Income

The income for the Centre is dependent on the continuation of regular member donations which includes general donations from the public and supporters, together with income from fundraising activities and Grants and Trusts.

The total income this year was £306,392 compared to £260,577 in the year 23/24. The charts compare the percentage of the funds that each income stream has provided in years 24/25 and 23/24.



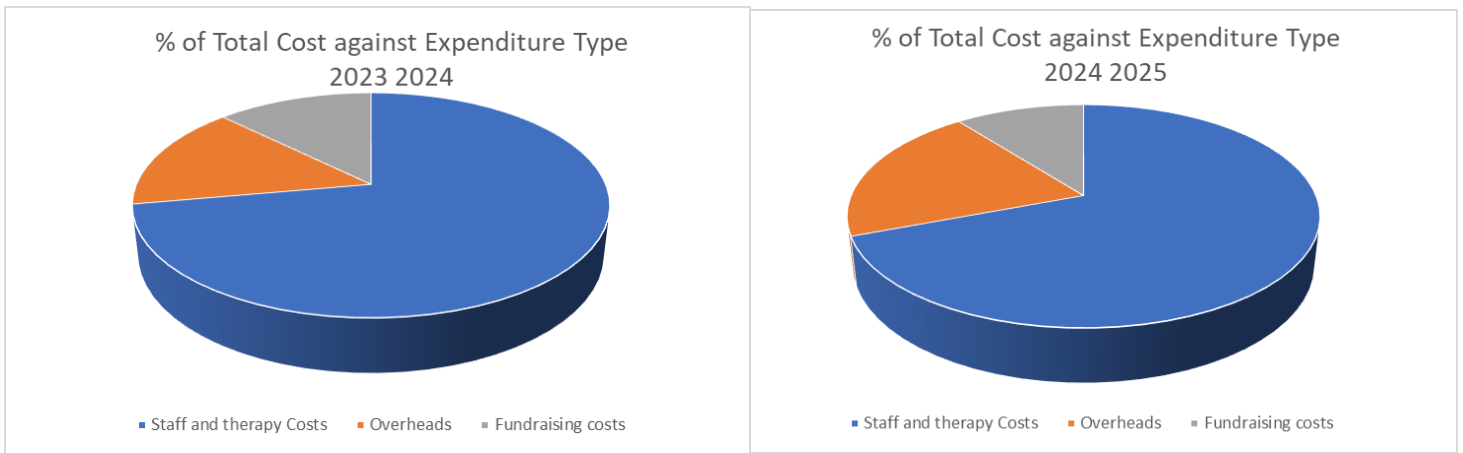
- Our total donations (excluding gift aid) have increased by 45% from last year (23/24 tax year). This increase is due to a rise in both the number of members and the average donation from our members and supporters.
- Trust fundraising has been a key focus for the Charity again this last year and this has raised £74,461 towards our costs of £300,572 ie 25% of our total expenditure. This is a lower percentage than in previous years and indicates the increase in competition between charities in getting this type of funding.
- The Centre was supported by 16 Trusts and Foundations in 2024/25 as follows:
 - 1 large award of £25,000 from Garfield Weston Foundation
 - The Axis Foundation of £7,222
 - 14 further trusts raised between £500 and £5,000: February Foundation, Truemark Trust, Childwick Trust, St James Place, The Souter CT, Warbutons CT, The Bruce Wake Trust, Parkinsons UK, Anton Jurgens, Netherby Trust, Tandridge Together, Shanly Foundation, The Hedley Foundation and Arnold Clark Community Fund.
- It is likely that Grant and Trust funding will be increasingly more difficult to achieve in the coming years, and the Centre must find alternative ways to cover its costs.
- Income from Fundraising Activities increased significantly this year (£56,316 in 24/25 compared with £36,373 in 23/24), mainly due to several externally led sponsored sporting events. Although 'fundraising activities' income is important, it should be noted that it only provides 18% of the income required to cover the costs of the Centre.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

- Expenditure

The total costs this year were £300,572 (compared with £264,428 the previous year). The increase in costs has arisen from:

- An increase in Physiotherapy and Centre staff costs
- Cost of living increases in energy and general upkeep of the Centre.
- Major works on the Centre drains amounting to an additional cost of £15,387. This was an unexpected/unplanned cost.



The above charts show that the major cost to the Centre is staff and that overall, the percentage cost for staff has not changed significantly since the previous year.

End of Year Outturn and Reserves

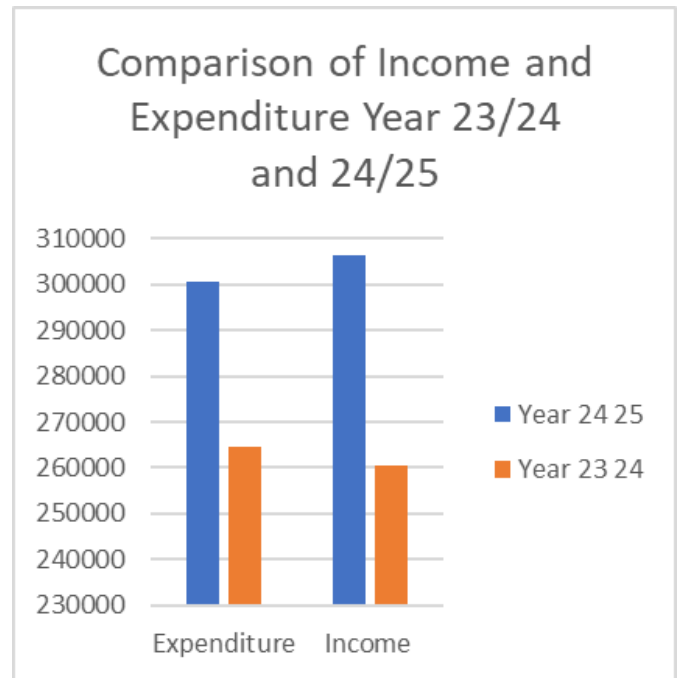
The Centre has made a small surplus in the year ending 31st March 2025 of £5,820 (2024: Deficit of £3,851)

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

The chart shows a comparison of income and expenditure for the last two years.

On 31 March 2025 the charity had:

- Total reserves of £459,384 (previous year £453,564), made up of total unrestricted funds of £324,196 (previous year £318,376) and restricted funds of £115,188 (previous year £115,188).
- Identified the need to continue to assign designated funds for the maintenance of the Bradbury House property.
 - The sum of £20,000 remains designated for the further repairs to the roof and the land boundaries (walls and fences).
- Total fixed assets of £318,344.



- Total free reserves of £121,040 (Total reserves less fixed assets and designated funds). This equates to 4 months of core activity based on expected annual costs going forward.

The Trustees had set a reserves policy such that they are maintained at a level which ensures 6-12 months of our core activity can continue during a period of unforeseen difficulty. The losses incurred over the last few years have not enabled us to build our reserves and the charity is now in a position where it needs to find new income streams to pay for the much-needed therapy for people with neurological conditions.

PLANS FOR FUTURE PERIODS

One of our biggest challenges is the increasing staffing, maintenance, and overhead costs for the Centre without the equivalent increase in income. This will deplete our reserves further if we do not take appropriate action.

The Trustees have developed a business plan for the coming year to:

- Ensure that our reserves are not reduced any further.
- Continue to improve the therapy provision provided for people with a wide range of neurological conditions.

The plan focuses on the following:

- Increasing donations and gift aid totals to raise funds to cover >45% of our predicted 25/26 costs.
- Developing new income streams to raise additional funds of >5% of our costs.
- Achieving income from Grants and Trusts to cover >30% of our costs, by improving our prospect research and strengthening our case for support.
- Maintain and build our Fundraising Activities and Events to cover >20% of our costs.
- Continuing to market the Centre provision to increase membership by contacting specialist nurses, GPs, and groups that provide support to people with a wide range of neurological conditions.
- Grow attendance in our newly established Parkinson's classes by increasing awareness and engagement.
- Develop an income-generating arm of the organisation to support long-term financial stability, including the introduction of new paid classes for the wider community.
- Embed a culture of continuous learning within the team to build capacity and maintain high standards of treatment and care.

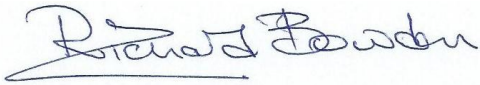
Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

- Expand the Occupational Therapy service to offer a broader range of classes and deliver a more comprehensive, person-centred service.
- Continuing to approach local businesses to provide financial support/sponsorship.
- Marketing the breadth of facilities available at the Centre for local groups to hire.

Approved by the Trustees and signed on their behalf by:

Richard Bowden
Chairman

Dated: 19/08/2025

A handwritten signature in blue ink that reads "Richard Bowden". The signature is written in a cursive style and is positioned below the printed name and title.

Ryan Neuro Therapy Centre
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE RYAN MS THERAPY CENTRE

I report to the trustees on my examination of the accounts of Ryan Neuro Therapy Centre for the year ended 31 March 2025 which are set out on pages 10 to 20.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Cummins FCCA FCIE
Independent Examiner
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated:

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2025**

		Restricted funds	Unrestricted funds	Designated funds	Total 2025	Total 2024
	Notes	£	£	£	£	£
<u>Income from:</u>						
Donations and legacies	3	74,461	168,054	-	242,515	215,238
Charitable activities	4	-	4,878	-	4,878	6,872
Fundraising activities	5	-	56,316	-	56,316	36,373
Investment income		-	2,683	-	2,683	1,544
Other income		-	-	-	-	550
Total income		74,461	231,931	-	306,392	260,577
<u>Expenditure on:</u>						
Fundraising costs	6	-	29,863	-	29,863	33,434
Charitable activities costs	7	74,461	196,248	-	270,709	230,994
Total expenditure		74,461	226,111	-	300,572	264,428
Net income/(expenditure)		-	5,820	-	5,820	(3,851)
Transfer between funds	16	-	-	-	-	-
Net movement in funds		-	5,820	-	5,820	(3,851)
Fund balances at 1 April 2024	15	115,188	318,376	20,000	453,564	457,415
Fund balances at 31 March 2025	15	115,188	324,196	20,000	459,384	453,564

All activities are classified as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2025 £	2024 £
Fixed assets			
Property, plant and equipment	12	318,344	302,147
Current Assets			
Stock		1,077	1,034
Debtors	13	490	7,678
Investment funds		59,731	57,789
Cash and cash equivalents		121,931	96,495
		<u>183,229</u>	<u>162,996</u>
Current Liabilities			
Creditors	14	(42,189)	(11,579)
Net current assets		141,040	151,417
Total assets less current liabilities		<u>459,384</u>	<u>453,564</u>
Represented by:			
Restricted funds	16	115,188	115,188
Unrestricted funds	15	324,196	318,376
Designated funds	17	20,000	20,000
		<u>459,384</u>	<u>453,564</u>

For the financial year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

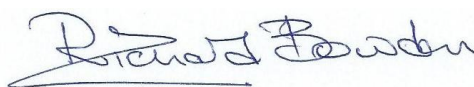
These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorized for issue on 19/08/2025 and are signed on its behalf by:

Julie Taylor
 Director



Richard Bowden
 Director



Company Registration No. 03003308
Charity Registration No. 1044584

The notes on pages 12 – 20 form part of the financial statements.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1.0 Company information

Ryan Neuro Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2.0 Accounting policies

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The Ryan Neuro Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Designated funds are funds which have been set aside by trustees to be spent on a specific purpose.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

2.0 Accounting policies (continued)

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

2.0 Accounting policies (continued)

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Donations with gift aid	-	153,912	153,912	103,015
Grants and trusts	74,461	-	74,461	92,761
Legacies and memoria	-	14,142	14,142	19,462
	<u>74,461</u>	<u>168,054</u>	<u>242,515</u>	<u>215,238</u>

4 Income from charitable activities

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Sales of goods for members	-	242	242	505
Hire of equipment	-	120	120	10
Other therapies	-	4,516	4,516	6,357
	<u>-</u>	<u>4,878</u>	<u>4,878</u>	<u>6,872</u>

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

5 Income from fundraising activities

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Internal fundraising				
Easter	-	238	238	2,025
Christmas	-	3,144	3,144	3,248
Sporting (Internal led)	-	531	531	-
Schools (Internal led)	-	203	203	-
Corporate and community	-	1,587	1,587	229
Table sales	-	4,094	4,094	3,291
Ebay	-	648	648	930
Rotaries	-	2,500	2,500	1,289
Online giving	-	566	566	775
Other internal fundraising	-	2,989	2,989	3,811
	-	16,500	16,500	15,598
External fundraising				
Sporting (External led)	-	20,868	20,868	6,863
Corporate and community	-	2,426	2,426	3,323
Online giving	-	824	824	817
Other external fundraising	-	10,134	10,134	3,288
	-	34,252	34,252	14,291
Collections				
Instore Token Scheme	-	-	-	400
Others	-	73	73	250
	-	73	73	650
Other fundraising				
Letting of premises	-	-	-	375
200 Club	-	5,491	5,491	5,459
	-	5,491	5,491	5,834
	-	56,316	56,316	36,373

Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

6 Fundraising costs

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Fundraising Staff Costs	-	29,605	29,605	33,325
Staging Events and Activities	-	-	-	88
Advertising and Marketing	-	258	258	21
	<u>-</u>	<u>29,863</u>	<u>29,863</u>	<u>33,434</u>

7 Charitable activities costs

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Therapies				
Physiotherapy costs	74,461	88,343	162,804	152,741
OT costs	-	5,116	5,116	5,266
Other therapy costs	-	720	720	2,209
Depreciation	-	8,853	8,853	8,299
Support costs	-	93,216	93,216	62,479
	<u>74,461</u>	<u>196,248</u>	<u>270,709</u>	<u>230,994</u>

	Total 2025	Total 2024
	£	£
Support costs above include:		
Staff costs	26,898	30,649
Governance	3,831	2,358
Other costs	62,487	29,472
	<u>93,216</u>	<u>62,479</u>

Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

8 Staff costs

	Total 2025	Total 2024
	£	£
Wages and salaries	143,351	135,694
Social security cost	4,295	6,201
Employer pension contributions (defined contribution plan)	7,366	4,012
Subcontractor costs	88,675	68,335
	<u>243,687</u>	<u>214,242</u>

The charity employed 6 employees during the year (2023: 6).

There were no employees whose annual emoluments were £60,000 or more (2024: none).

The key management personnel of the charity comprise senior physiotherapist, administrator and events organiser, operations manager, therapy manager, deputy therapy manager, grants and trusts fundraiser. The total employee benefits of the key management personnel of the charity were £144,657 (2024: £104,016).

9 Total expenditure

	Staff costs	Depreciation	Other costs	Total 2025	Total 2024
	£	£	£	£	£
Charitable activities	214,082	8,853	47,774	270,709	230,994
Raising funds	29,605	-	258	29,863	33,434
	<u>243,687</u>	<u>8,853</u>	<u>48,032</u>	<u>300,572</u>	<u>264,428</u>

10 Independent examination fee

	Total 2025	Total 2024
	£	£
Independent examination fee	2,040	1,860
	<u>2,040</u>	<u>1,860</u>

11 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

12 Fixed assets

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2024	231,950	98,222	61,297	30,865	422,334
Additions	-	19,958	1,118	3,974	25,050
	<u>231,950</u>	<u>118,180</u>	<u>62,415</u>	<u>34,839</u>	<u>447,384</u>
Depreciation					
At 1 April 2024	-	58,538	43,666	17,983	120,187
Depreciation charged in the year	-	4,319	1,992	2,542	8,853
	<u>-</u>	<u>62,857</u>	<u>45,658</u>	<u>20,525</u>	<u>129,040</u>
Carrying amount					
At 31 March 2025	231,950	55,323	16,757	14,314	318,344
At 31 March 2024	<u>231,950</u>	<u>39,684</u>	<u>17,631</u>	<u>12,882</u>	<u>302,147</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

13 Debtors

The following debts are receivable within one year:

	Total 2025	Total 2024
	£	£
Trade debtors	490	7,678
	<u>490</u>	<u>7,678</u>

14 Creditors

The following creditors are payable within one year:

	Total 2025	Total 2024
	£	£
Trade creditors	11,672	4,057
Accruals and deferred income	26,098	1,860
Taxes and social security costs	-	4,638
Other creditors	4,419	1,024
	<u>42,189</u>	<u>11,579</u>

Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

15 Analysis of net assets between funds

Fund balances at 31 March 2025 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	203,156	-	318,344
Current assets	-	163,229	20,000	183,229
Creditors: amounts falling due within one year	-	(42,189)	-	(42,189)
	115,188	324,196	20,000	459,384

Fund balances at 31 March 2024 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	186,959	-	302,147
Current assets	-	142,996	20,000	162,996
Creditors: amounts falling due within one year	-	(11,579)	-	(11,579)
	115,188	318,376	20,000	453,564

16 Restricted funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Building	115,188	-	-	-	115,188
Therapies	-	65,608	(65,608)	-	-
Equipment	-	8,853	(8,853)	-	-
	115,188	74,461	(74,461)	-	115,188

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment.

Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
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17 Designated funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Property	20,000	-	-	-	20,000
	<u>20,000</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>20,000</u>

Property – Funds assigned to the maintenance of Bradbury House.

18 Control

During the year the charity was controlled by the Trustees.

19 Related party transactions

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

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