

Charity Registration No. 1044584

Company Registration No. 03003308

**Ryan Neuro Therapy Centre
Formerly Known As The Ryan MS Therapy Centre
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2024

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
LEGAL & ADMINISTRATIVE INFORMATION**

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell D Gibbs J Taylor M Jewell J Kibbey
Company Secretary (and director)	J Taylor
Charity number	1044584
Company number	03003308
Registered office	Ryan Neuro Therapy Centre Bradbury House Lloyd Avenue Coulston Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 312 London Road Waterlooville Hampshire PO7 7DX

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
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Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2024. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS and other neurological conditions by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

On 14th September 2023, the Company and Charity name was changed to The Ryan Neuro Therapy Centre to encapsulate the therapy provided for additional neurological conditions.

The main therapy provided by the Centre is that of physiotherapy. Prior to the COVID19 pandemic the physiotherapy was provided in classes and groups throughout the week, Monday to Friday. Space in the Centre was available for members to gather for refreshments and socialise and other alternative therapies were made available where possible. It is the Charity's policy to develop and improve services on a continuing basis.

Since the COVID pandemic, the Charity has adapted and developed these services to provide much more support to its members. The details of this provision are covered later in this report under Achievements, Performance and Financial Review and demonstrates the Charity's commitment to providing the best possible therapy offering to its members and their carers.

The Centre receives no statutory revenue funding and relies for its income entirely on its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who have served since 1 April 2023 are as follows:

Richard Bowden
Jack Cottrell
David Gibbs
Amy Jago
Mel Jewell
Joanne Kibbey
Julie Taylor

Amy Jago resigned during 2023.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the 7 Voluntary Trustees is responsible for an area of the charitable business, which involves them in the day-to-day running of its affairs and of its decision-making. Four of the trustees have personal experience of MS, providing valuable insight on how to meet the needs of its members. All the Trustees have continued to meet monthly to ensure the maintenance and upkeep of the Centre and to make decisions regarding staffing and therapy offerings.

The Memorandum and Articles of Association govern the Charity, and this was last updated in 2023.

During the year, the Charity employed:

- 6 members of staff (equating to 3.5 FTE) Operations and Membership Manager; Fundraiser; Therapy Manager; Deputy Therapy Manager; Senior Physiotherapist and an Administrative Officer.
- 12 contractors – 6 physiotherapists, 5 Assistant Physiotherapists and an Occupational Therapist.

The charity has continued to receive Living Wage certification. Ensuring a living wage for all staff is important to recruitment and for Grant and Trust applications.

In the past the Charity has been very fortunate to have many volunteers work at the Centre. There are now 13 volunteers helping with refreshments, registration, gardening, 200 club, physiotherapy and running the second-hand stall. The Trustees make up a further 7 volunteers. In total the volunteers worked approximately 2100 hours over the year. This equates to 1.2 FTE and continues to save us around £24,000 per annum (calculated using the National Living Wage).

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. To comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The Trustees have paid due regard to Charity Commission guidance on public benefit.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

Therapy

The therapy provision over the year continued to give members up to 2 hours at the Centre each week. Members received: 45 mins class, 30 mins refreshment break and chat and a further 45 mins on equipment. 1-2-1 appointments were still available instead of the class format for those that needed them.

Two, one-hour online exercise classes were continued on Tuesdays. Recorded classes uploaded on our website are being used by members to exercise at additional times throughout the week if they wish. These classes have continued to prove popular with members.

The Occupational Therapy service has also been successful providing 1-2-1 advice to members and their carers, transforming their lives with practical interventions for living day to day with a disability. Home visits have also been carried out to ensure the living spaces and adaptations are appropriate, where necessary.

The therapy team have introduced new classes for its members. In October, a combined Yoga and Pilates class "Yogalates" and an Advanced Balance Workshop were added to the timetable, thus widening the scope of our offering.

To ensure that gym sessions remain fresh, engaging and fun, we have acquired a range of new equipment. This includes a punch bag, boxing gloves, battle ropes, hand weights, medicine balls, hoops, ladders and a variety of games to develop hand eye co-ordination.

Following research into demand and availability of space, we opened our doors to other neurological conditions, including Parkinsons and Stroke. This change involved extra training for the therapy team in other neurological conditions and this was provided by a Specialist Neuro Physiotherapist.

To support the people who care for our members and the wider community, we developed several subsidised services. In addition to our MSK service, we added Reiki to our paid for services and following a suggestion from a family member we introduced a Yoga/ Pilates class for friends and Family.

Other paid services available to our members and carers include:

- Tens Machine hire – a non-invasive technique for pain relief
- Podiatry
- Beauty therapies and massage
- Members Shop to enable them to purchase recommended physiotherapy and disability equipment.

No further student placements were organised this year, but it is hoped that we will be able to support this opportunity in the coming years.

Membership

Our membership numbers at the end of the financial year were 150 (previous year 183). 110 of these were attending members with a neurological condition. These numbers are slightly less than previous years due to lapsing and archiving members who were no longer able to attend the Centre.

Assessments for new members continued throughout the year, gradually increasing our total attending numbers. Following the expansion of our services to other neurological conditions, there was a steady flow of enquiries and assessments – leading to several new members with Parkinsons or people who have had a stroke.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The staff team have continued to work on new Marketing and Membership materials. The change of name in September meant that much of the stationary, marketing leaflets and banners required updating. In addition, work on a revised website was undertaken to highlight the wide based therapy provision for many neurological conditions.

Over the year the team have engaged with organisations representing people with other neurological conditions, inviting them to visit the Centre to see the work that it does. This has spread the word within the community leading to more enquiries and new members.

Financials

The income for the Centre is dependent on the continuation of regular member donations and fundraising which includes general donations from the public and supporters.

Most members have continued to generously support us financially throughout the year by donating monthly. Our total donations (including gift aid)) have increased by 10% from last year (22/23 tax year).

The Hiring of the premises outside normal working hours has been slow again this year but we are hoping that with our marketing campaign going forward, income levels will improve.

Trust fundraising has been a key focus for the charity again and raised £92,761 towards our costs of £264,428 ie 35% of our total expenditure. It is encouraging that many of the awards, were from Trusts who have supported us previously, several of whom are getting to know the Centre more by visiting us.

In summary we were supported by 22 Trusts and Foundations in 2023/24 as follows:

- 3 large awards; £9,511 from the Edward Gosling Trust,
- £9,676 from The National Lottery Community Fund and,
- £24,131 from The Postcode Society Trust for core funding.
- 5 trusts donated £1,000 and below,
- 12 further trusts raised between £1,890 and £5,000, including The Souter Charitable Trust, James Tudor Foundation, Croydon Relief in Need, Netherby Trust, Surrey Community Foundation, Sutton Physical Activity Fund, Shanly Foundation, St James Place Foundation, Ros Harding Trust, Albert Hunt Trust, London Catalyst and Hospital Saturday Fund.

In addition, we were donated equipment by 2 others:

- Aims2cure were supportive once more by buying an inflatable hoist,
- and the ASDA foundation funded boxercise equipment, for a new class, which is now a favourite session.

Our overall fundraising income increased by approximately 21%, with the increase resulting from the successes in grant and trust applications and more importantly a new focus on fundraising events. Internal and external fundraising activity has increased by 26% from the last tax year (22/23).

The total costs this year were £264,428 (2023: £257,428) with the income of £260,577 (2023: £214,833), giving a loss of £3,851 (2023: £42,595).

On 31 March 2024 the charity had total reserves of £453,564 (2023: £457,415), made up of unrestricted funds of £318,376 (2023: £322,227) and restricted funds of £115,118 (2023: £115,118). The Trustees have identified the need to continue to assign funds to the maintenance of the Bradbury House property. The sum of £20,000 remains designated for the further repairs to the roof and the land boundaries (walls and fences).

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The free reserves on 31 March 2024 are £131,417 (£151,417 less designated funds) which equates to 6 months of core activity.

The Trustees had set a reserves policy such that they are maintained at a level which ensures 9-12 months of our core activity can continue during a period of unforeseen difficulty. Unfortunately, the loss made last year has depleted our reserves which has meant that we currently have only 6 months reserves available. All reserves are maintained in a readily realisable form such as investments and interest accounts.

PLANS FOR FUTURE PERIODS

One of our biggest challenges is the increasing staffing, maintenance, and overhead costs for the Centre without the equivalent increase in income. This will deplete our reserves further if we do not take appropriate action.

The Trustees have developed a business plan for the coming year to:

- Ensure that our reserves are not reduced any further.
- Continue to improve the therapy provision provided for people with a wide range of neurological conditions.

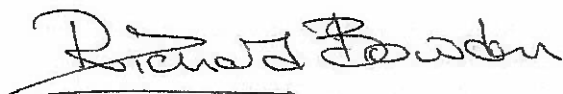
The plan focuses on the following:

- Marketing the Centre provision to increase membership by contacting specialist nurses, GPs, and groups that provide support to people with a wide range of neurological conditions.
- Strengthening our engagement with trusts, by welcoming their Trustees to the centre.
- Improving our impact and outcome measures especially for neurological conditions other than MS.
- Training of physiotherapy team to improve their understanding of other neurological conditions (other than MS) so that they are confident in providing the appropriate therapy to the members.
- Developing relationships with local businesses to provide financial support/sponsorship.
- Wider publicising of our fee-paying therapy provision of MSK and Neuro-rehabilitation and development of new paid classes for the wider community.
- Marketing the breadth of facilities available at the Centre for local groups to hire.

Approved by the Trustees and signed on their behalf by:

Richard Bowden
Chairman

Dated: 19/08/2024



Ryan Neuro Therapy Centre
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE RYAN MS THERAPY CENTRE

I report to the trustees on my examination of the accounts of Ryan Neuro Therapy Centre for the year ended 31 March 2024 which are set out on pages 7 to 17.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Mark Cummins FCCA FCIE
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated:

22 August 2024

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2024**

		Restricted funds	Unrestricted funds	Designated funds	Total 2024	Total 2023
	Notes	£	£	£	£	£
<u>Income from:</u>						
Donations and legacies	3	92,761	122,477	-	215,238	185,107
Charitable activities	4	-	6,872	-	6,872	-
Fundraising activities	5	-	36,373	-	36,373	28,413
Investment income		-	1,544	-	1,544	803
Other income		-	550	-	550	510
Total income		92,761	167,816	-	260,577	214,833
<u>Expenditure on:</u>						
Fundraising costs	6	-	33,434	-	33,434	35,538
Charitable activities costs	7	90,871	140,123	-	230,994	221,890
Total expenditure		90,871	173,557	-	264,428	257,428
Net income/(expenditure)		1,890	(5,741)	-	(3,851)	(42,595)
Transfer between funds	16	(1,890)	1,890	-	-	-
Net movement in funds		-	(3,851)	-	(3,851)	(42,595)
Fund balances at 1 April 2023	15	115,188	322,227	20,000	457,415	500,010
Fund balances at 31 March 2024	15	115,188	318,376	20,000	453,564	457,415

All activities are classified as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

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Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	2024 £	2023 £
Fixed assets			
Property, plant and equipment	12	302,147	291,379
Current Assets			
Stock		1,034	916
Debtors	13	7,678	1,672
Investment funds		57,789	97,240
Cash and cash equivalents		96,495	71,644
		<u>162,996</u>	<u>171,472</u>
Current Liabilities			
Creditors	14	<u>(11,579)</u>	<u>(5,436)</u>
Net current assets		151,417	166,036
Total assets less current liabilities		<u>453,564</u>	<u>457,415</u>
Represented by:			
Restricted funds	16	115,188	115,188
Unrestricted funds		318,376	322,227
Designated funds	17	20,000	20,000
		<u>453,564</u>	<u>457,415</u>

For the financial year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

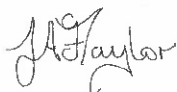
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

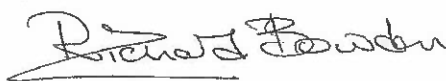
These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorized for issue on 19/08/2024 and are signed on its behalf by:

Julie Taylor
Director



Richard Bowden
Director



Company Registration No. 03003308
Charity Registration No. 1044584

The notes on pages 9 – 17 form part of the financial statements.

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

1.0 Company information

Ryan Neuro Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2.0 Accounting policies

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The Ryan Neuro Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Designated funds are funds which have been set aside by trustees to be spent on a specific purpose.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

2.0 Accounting policies (continued)

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

2.0 Accounting policies (continued)

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Donations with gift aid	-	103,015	103,015	93,713
Grants and trusts	92,761	-	92,761	89,078
Legacies and memoria	-	19,462	19,462	2,316
	<u>92,761</u>	<u>122,477</u>	<u>215,238</u>	<u>185,107</u>

4 Income from charitable activities

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Sales of goods for members	-	505	505	-
Hire of equipment	-	10	10	-
Other therapies	-	6,357	6,357	-
	<u>-</u>	<u>6,872</u>	<u>6,872</u>	<u>-</u>

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

5 Income from fundraising activities

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Internal fundraising				
Easter	-	2,025	2,025	828
Christmas	-	3,248	3,248	2,585
Sporting (Internal led)	-	-	-	2,356
Quizzes	-	-	-	48
Corporate and community	-	229	229	143
Table sales	-	3,291	3,291	2,589
Ebay	-	930	930	386
Rotaries	-	1,289	1,289	400
Online giving	-	775	775	954
Recycling	-	-	-	17
Other internal fundraising	-	3,811	3,811	348
	-	15,598	15,598	10,654
External fundraising				
Sporting (External led)	-	6,863	6,863	2,122
Corporate and community	-	3,323	3,323	3,616
Online giving	-	817	817	463
Other external fundraising	-	3,288	3,288	3,637
	-	14,291	14,291	9,838
Collections				
Instore Token Scheme	-	400	400	2,899
Others	-	250	250	22
	-	650	650	2,921
Other fundraising				
Letting of premises	-	375	375	-
200 Club	-	5,459	5,459	5,000
	-	5,834	5,834	5,000
	-	36,373	36,373	28,413

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

6 Fundraising costs

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Fundraising Staff Costs	-	33,325	33,325	35,492
Staging Events and Activities	-	88	88	20
Advertising and Marketing	-	21	21	26
	-	33,434	33,434	35,538

7 Charitable activities costs

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Therapies				
Physiotherapy costs	85,605	67,136	152,741	151,331
OT costs	5,266	-	5,266	-
Other therapy costs	-	2,209	2,209	-
Depreciation	-	8,299	8,299	6,790
Support costs	-	62,479	62,479	63,769
	90,871	140,123	230,994	221,890

	Total 2024	Total 2023
	£	£
Support costs above include:		
Staff costs	30,649	28,124
Governance	2,358	1,450
Other costs	29,472	34,195
	62,479	63,769

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

8 Staff costs

	Total 2024	Total 2023
	£	£
Wages and salaries	135,694	127,946
Social security cost	6,201	7,783
Employer pension contributions (defined contribution plan)	4,012	11,783
Subcontractor costs	68,335	67,398
	<u>214,242</u>	<u>214,910</u>

The charity employed 6 employees during the year (2023: 6).

There were no employees whose annual emoluments were £60,000 or more (2023: none).

The key management personnel of the charity comprise Bonnita Apperley, Jane Legg, Sarah-Jane Ward and Karen Williams. The total employee benefits of the key management personnel of the charity were £104,016 (2023: £108,838).

9 Total expenditure

	Staff costs	Depreciation	Other costs	Total 2024	Total 2023
	£	£	£	£	£
Charitable activities	180,917	8,299	41,778	230,994	221,890
Raising funds	33,325	-	109	33,434	35,538
	<u>214,242</u>	<u>8,299</u>	<u>41,887</u>	<u>264,428</u>	<u>257,428</u>

10 Independent examination fee

	Total 2024	Total 2023
	£	£
Independent examination fee	1,860	1,740
	<u>1,860</u>	<u>1,740</u>

11 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

**Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

12 Fixed assets

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2023	231,950	87,387	61,154	22,776	403,267
Additions	-	10,835	143	8,089	19,067
	<u>231,950</u>	<u>98,222</u>	<u>61,297</u>	<u>30,865</u>	<u>422,334</u>
Depreciation					
At 1 April 2023	-	55,471	41,156	15,261	111,888
Depreciation charged in the year	-	3,067	2,510	2,722	8,299
	<u>-</u>	<u>58,538</u>	<u>43,666</u>	<u>17,983</u>	<u>120,187</u>
Carrying amount					
At 31 March 2024	<u>231,950</u>	<u>39,684</u>	<u>17,631</u>	<u>12,882</u>	<u>302,147</u>
At 31 March 2023	<u>231,950</u>	<u>31,916</u>	<u>19,998</u>	<u>7,515</u>	<u>291,379</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

13 Debtors

The following debts are receivable within one year:

	Total 2024	Total 2023
	£	£
Trade debtors	<u>7,678</u>	<u>1,672</u>
	<u>7,678</u>	<u>1,672</u>

14 Creditors

The following creditors are payable within one year:

	Total 2024	Total 2023
	£	£
Trade creditors	4,057	274
Accruals and deferred income	1,860	1,740
Taxes and social security costs	4,638	2,440
Other creditors	<u>1,024</u>	<u>982</u>
	<u>11,579</u>	<u>5,436</u>

Ryan Neuro Therapy Centre
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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

15 Analysis of net assets between funds

Fund balances at 31 March 2024 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	186,959	-	302,147
Current assets	-	142,996	20,000	162,996
Creditors: amounts falling due within one year	-	(11,579)	-	(11,579)
	<u>115,188</u>	<u>318,376</u>	<u>20,000</u>	<u>453,564</u>

Fund balances at 31 March 2023 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	176,191	-	291,379
Current assets	-	151,472	20,000	171,472
Creditors: amounts falling due within one year	-	(5,436)	-	(5,436)
	<u>115,188</u>	<u>322,227</u>	<u>20,000</u>	<u>457,415</u>

16 Restricted funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Building	115,188	-	-	-	115,188
Therapies	-	90,376	(90,376)	-	-
Equipment	-	2,385	(495)	(1,890)	-
	<u>115,188</u>	<u>92,761</u>	<u>(90,871)</u>	<u>(1,890)</u>	<u>115,188</u>

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment. The transfer to general funds of £1,890 was for the purchase of a new hoist, for which restricted monies had been received during the year.

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

17 Designated funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Property	20,000	-	-	-	20,000
	20,000	-	-	-	20,000

Property – Funds assigned to the maintenance of Bradbury House.

18 Control

During the year the charity was controlled by the Trustees.

19 Related party transactions

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

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