

ANGLO DUTCH MIGRAINE ASSOCIATION

REGISTERED CHARITY NUMBER 1044398

UNAUDITED ACCOUNTS AND REPORT

Year ended 31<sup>st</sup> December 2024

ANGLO DUTCH MIGRAINE ASSOCIATIONREPORT AND UNAUDITED ACCOUNTS – 31<sup>ST</sup> DECEMBER 2024

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## ANGLODUTCH MIGRAINE ASSOCIATION

### REPORT OF THE TRUSTEES

The trustees present their report together with the accounts of the association for the year ended 31<sup>st</sup> December 2024.

#### Name and Registration

Anglo Dutch Migraine Association is a registered charity, registration number 1044398

#### Governing document

The association is an incorporated association, governed by a constitution

#### Trustees

The trustees of the charity are the executive committee members for the time being. The executive committee consists of honorary officers plus four ordinary members. The ordinary members elected to the executive committee are elected at the annual general meeting of the association and serve for three years. Honorary officers, who must not be ordinary members elected to the executive committee, are also elected at the annual general meeting of the association.

#### Executive committee members and honorary officers

The following persons have served as executive committee members throughout 2024 or since the date of appointment, if later:-

Dr Jitka Vanderpol	Chair from June 2023
Dr Tijmen Balvers	Resigned Chair June 2023
Dr Hans Carpay	Honorary treasurer since June 2018
Dr Danielle Haane	Honorary Secretary until June 2022
Professor Fayyaz Ahmed	Chair until June 22 and Honorary Treasurer UK since May 2015
Dr Callum Duncan	Honorary Secretary since June 2022
Dr Manjit Matharu	Board member since June 2015
Dr Emile Couturier	Board member since June 2015
Dr Koen Paemeliere	Board member since June 2022
Dr Tijmen Belvers	Board member since June 2023
Dr Salwa Kamourieh	Board member since June 2024

#### Recruitment, Induction and training of new trustees

Potential new trustees are introduced to the association by existing trustees. They are then appointed (for otherwise) by the members in general meeting. All existing trustees have experience of charity (or similar) committee work. As an introduction, newly appointed trustees are given information and advice concerning the history and activities of the association, trustee responsibilities and relevant charity legislation and regulations. They are also given a copy of the latest report and accounts in order to gain an understanding of the association's financial affairs.

## ANGLODUTCH MIGRAINE ASSOCIATION

### REPORT OF THE TRUSTEES (CONTD)

#### Principal office

The principal office of the association is

Department of Neurology  
Hull Royal Infirmary  
Anlaby Road  
Hull HU3 2JZ

#### Professional Advisors

Bankers – National Westminster Bank plc  
Lancaster University  
Alexander Square  
Bailrigg  
Lancaster LA1 4WY  
&  
ING  
Nobelstraat 49  
6411 El Heerlen  
The Netherlands

Solicitors- Ambrose Appelbe  
7 New Square  
Lincoln's Inn  
London WC2A 3QS

#### Trustees' responsibilities in respects of the preparation of the accounts

Charity law requires the trustees of the association to prepare a receipts and payments account and a statement of assets and liabilities for each financial year. In addition the trustees are responsible for keeping proper accounting records which are sufficient to show and explain the charity's transactions and to disclose with reasonable accuracy at any time the financial position of the association. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Objects

The objects for which the association is established are for the relief of sickness and the protection of health in particular by promoting research into the causes, treatments and other aspects of headache and by disseminating the useful results of such research in the UK and in the Netherlands and by such other ways as the association through its executive committee shall from time-to-time decide.

## ANGLODUTCH MIGRAINE ASSOCIATION

### REPORT OF THE TRUSTEES (CONTD)

#### Activities

In order to achieve its charitable objectives the association holds an annual scientific meeting which provides a platform for education and the exchange of ideas relating headache, specifically the relief of sickness and protection of health in connection therewith. This meeting, together with other activities undertaken from time-to-time, enables the association to meet the Charity Commission's public benefit criteria.

#### Review of the achievements in the year ended 31<sup>st</sup> December 2024

The 34<sup>th</sup> Anglo Dutch Migraine Association meeting was held in Ghent Belgium on 15<sup>th</sup> June 2024. The meeting was organised by Dr Koen Paelmeliere. The meeting was well attended with full lecture theatre and lively discussions. The Chairman introduced the new members of ADMA named as Dr Sophie Dorsey (UK), Dr Michell Oswal (UK), Dr Mieke Heitkamp (NL), Dr Suzanne Geerts (NL), Dr Iris Meeuwis (NL) and Dr Stas Zylics (NL). The programme in 2024 included topics of general interest including other comorbidities of migraine such as epilepsy, autoimmune and psychiatric disorders. The Marcia Wilkinson Memorial Lecture was delivered by Anna Andreou from King's College, London and invited lectures were given by Dr Emile Couturier and Professor Jan Versijpt.

#### Results and financial position

The receipts and payments account for the year ended 31<sup>st</sup> December 2024 is set out on page 6. The receipts for the year were £ 26343 and the expenses were £ 42885 with the total deficit of £ 16542 in the year 2022. The bank balances totalled £ 54662 at December 2021 were £ 57827 on December 31<sup>st</sup> 2024. The overall deficit was a result of lack of sponsorship from the pharmaceutical industry and reserves were used to finance the annual meeting.

The trustees are of the opinion that the overall state of affairs of the association at 31<sup>st</sup> December 2024 is satisfactory and the association has a level of reserves which will effectively meet its future obligations.

#### Public benefit

In preparing this report the trustees have given due regard the Charity Commission's general guidance on public benefit.

Approved by the trustees on 14<sup>th</sup> June 2025 and signed on their behalf by:



Professor Fayyaz Ahmed  
Trustee

ANGLODUTCH MIGRAINE ASSOCIATIONRECEIPTS AND PAYMENTS ACCOUNTFOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2024

	<u>2024</u>	<u>2023</u>
Receipts		
Donations and sponsorship	0000	0000
Participants' contributions and other income	26343	9696
Bank interest	-	-
Gain on Exchange	-	-
	-----	-----
Total receipts	26343	9696
Payments		
Cost of Ghent meeting	28101	
Cost of Lake District meeting	7660	29134
	-----	-----
	35761	29134
Other Expenditure		
Accountant	-	-
Bank Charges	250	114
Website expenses	800	600
Exec meeting expenses	-	-
Loss on exchange	-	-
Secretarial	600	600
Speaker/present	1075	2000
Award	1000	1000
	-----	-----
	3725	4314
Total Payments	39486	33448
Net (deficit) receipt Payments for the year	(13143)	(23752)
Bank balance at 31 December 2023	43983	59508
	-----	-----
Bank Balance at 31 <sup>st</sup> December 2024	20565	43983

Note: Balance at ING 31<sup>st</sup> December 2022 (Euro) 7622 (£ 6627)  
Balance at Natwest " " (£) 13938

All of the above relates to the unrestricted general fund

Approved by the trustees on 14<sup>th</sup> June 2025 and signed on their behalf by:

Professor Fayyaz Ahmed

Trustee



ANGLODUTCH MIGRAINE ASSOCIATIONSTATEMENT OF ASSETS AND LIABILITIESAS AT 31<sup>ST</sup> DECEMBER 2024

		<u>2024</u>	<u>2023</u>
Assets			
Cash at bank	£	20565	43983
Debtors		-	-
		-----	-----
	£	20565	43983
Liabilities			
Accrued expenses for Lake District	£	-	-
		=====	=====

The above relate to the unrestricted general fund.

Approved by the trustees on 14<sup>th</sup> June, 2025 and signed on their behalf by:-



Professor Fayyaz Ahmed  
Trustee

ANGLODUTCH MIGRAINE ASSOCIATION  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2024

1. Accounting policy

The accounts have been prepared based on the three monthly statements and receipts from the UK accounts and a summary of income and expenses received from the Dutch account. Amounts received and paid in euros are converted to pounds at a rate of 1.12 as on 31<sup>st</sup> December 2017.

2. Expenses reimbursed and other payments to trustees

Trustees are reimbursed expenses necessarily incurred on behalf of the association to attend the essential board meetings. The secretarial expenses are absorbed into the expenses incurred on the meeting in the year.

Approved by the trustees on 14<sup>th</sup> June, 2025 and signed on their behalf by:-



Professor Fayyaz Ahmed  
Trustee