

**THE PERSON CENTRED ASSOCIATION  
REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2025**

**Charity Number 1044077**

**THE PERSON CENTRED ASSOCIATION**  
**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2025**

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# THE PERSON CENTRED ASSOCIATION

## Officers and professional advisers

**Registered charity name** the Person-Centred Association

**Charity number** 1044077

**Registered office** Unit 145330  
PO Box 7169  
Poole,  
BH15 9EL

**Trustees** Alison Drury  
Sam Fox  
Toral Patel  
Oliver Thompson  
Louise Wilson

**Bankers** Unity Bank  
P O Box 7093  
Planetary Road  
Willenhall  
WV1 9DG

# THE PERSON CENTRED ASSOCIATION TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

The trustees present their annual report, together with the financial statements of the charity for the year ended 31 March 2025.

## REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of officers and provisional advisers on page 1 of the unaudited return.

### The Trustees

The trustees who served the charity throughout the year and up to the date of this report (unless stated otherwise) were as follows:

Alison Drury		
Toral Patel		
Oliver Thompson		
Louise Wilson		
Sam Fox	from 20 December 24	
Teresa Dowson		until 3 March 2025
Sonia Hall		until 8 January 2025
Sarah Aref		until 4 August 2024
Jules Elliott		until 4 August 2024

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Trust Deed and Objectives

The Association is an unincorporated charity whose constitution was first approved at the first Annual General Meeting of the Association on 30 June 1990. It is a Registered Charity number 1044077.

The principal objective of the Charity is to advance education in Person-Centred Psychology and the Person-Centred Approach (PCA).

### Principal Activities

Promote and disseminate knowledge and practical application, study and public debate.

Establish contact with practitioners, researchers, organisations and individuals in whatever areas they consider the Person-Centred Approach (PCA) may have an appropriate application.

Develop, maintain and disseminate, as appropriate, registers and listings of practitioners, trainers, researchers, courses, service providers, service users, organisations, individuals and the like.

Contribute to the publishing of magazines, books and articles and/or through any other appropriate media.

Affiliate or co-operate with national and/or international organisations which either have similar goals or which are structured to promote the realisation of the objectives of the Association.

Initiate and support scientific, philosophical, cultural and other projects that are considered to be aimed at the realisation of the Association's objectives.

# THE PERSON CENTRED ASSOCIATION

## TRUSTEES ANNUAL REPORT

### YEAR ENDED 31 MARCH 2025

#### **Principal Activities (continued)**

Recognise professional training for Client-Centred Psychotherapy/Counselling and applications of the PCA.

Support Local Groups set up to encourage interest in the PCA.

Organising and running national conferences in support of practitioners and trainers of the Person-Centred Approach.

Initiating new and supporting existing Person-Centred Special Interest Groups that engage with specialisms within broader Person-Centred theory and practice (neurodivergence, research, GSRD, non-pathologising approach, trauma informed, student).

#### **Governance**

The Charity is administered by a Board of Trustees (known as “the Trustee Group”), who are supported by a self-employed Engagement and Information Officer, who charges the association for her work on an hourly basis.

#### **Trustees Recruitment and Training**

Trustees are elected for a term of two years and can serve for a maximum of three consecutive terms. The constitution permits Trustees to be co-opted from the membership and the co-opt system will sometimes be employed to recruit people with particular skills needed by the association. Nine trustees were in post during this period.

#### **Risk management**

Very few of the association’s activities expose members, or the public, to physical risk. The main risk the charity is exposed to is one of financial fidelity and this is kept under periodic review by the trustees. Bank account payments must be authorised by the EIO and a Trustee. PayPal and GoCardless payments are authorised by the Engagement and Information Officer only. The risk of income misappropriation is low because nearly all of the income is received via bank transfer and there are no cash takings.

The Charity saw a 4% growth in membership numbers in the year 24/25 - from 623 to 654.

#### **Investment policy**

Surplus funds are held in bank deposit accounts that are covered by the Financial Services Compensation Scheme.

#### **Achievements and performance**

The normal activities of the Association continued this year including

- maintaining a website which provides information about the Person-Centred Approach, person-centred events, local groups, communities of practice and a national directory of person-centred trained practitioners
- publishing a quarterly magazine (Person-Centred Quarterly)
- facilitating distribution of Person-Centred and Experiential Psychotherapy (PCEP)
- dissemination of monthly newsletter
- maintaining and developing international links
- Campaigning to highlight the impact of SCoPEd on the Person Centred Approach

# THE PERSON CENTRED ASSOCIATION TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

## Activities for 24-25 included

- Hosting of tPCA Residential conference (June 2024) attended by 60 delegates
- Development and implementation of the tPCA strategic plan [Strategy 2024 - The Person Centred Association](#)
- Keynote presentations from two speakers at the AGM (Brian Thorne and Jan Hawkins)
- Increasing presence on social media (Facebook and LinkedIn)
- Developing and producing a series of podcasts (Project Encounter)

## Public benefit

In setting out their objectives and planning their activities, the trustees have complied with the duty under the Charities Act 2011, to have due regard to the public benefit guidance published by the Charities Commission.

The Association's primary focus is educational, and this objective is met through:

- the publication of the quarterly magazine "Person-Centred Quarterly"
- the distribution of the international journal "Person-Centered and Experiential Psychotherapy"
- the organisation of conferences and workshops
- the publication of podcasts
- the organisation of Special Interest Groups

## Financial review

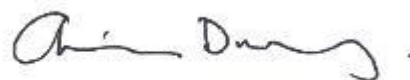
Income exceeded expenditure by £3,870, increasing the association's cash funds to £57,424 from £53,554.

At the end of the financial year, unrestricted reserves stood at £53,143 and restricted reserves at £4,281.

## Reserves policy

The Trustees adopt the advice of the Charity Commission in seeking to maintain an adequate level of unrestricted funds to support the association's ongoing work. Unrestricted funds at 31 March 2025 were £53,143, which comfortably exceeds the average of the preceding four years and is considered adequate for the charity going forward.

Signed on behalf of the Trustees



Alison Drury

Chair tPCA

19th August 2025

**THE PERSON CENTRED ASSOCIATION  
REPORT AND FINANCIAL STATEMENTS  
STATEMENT OF RECEIPTS AND PAYMENTS  
YEAR ENDED 31 MARCH 2025**

	Note	Unrestricted funds £	Restrict ed funds £	2025 £	2024 £
INCOME	1				
INCOME FROM CHARITABLE ACTIVITIES					
Members' subscriptions and sundries		16,834	-	16,834	15,279
Conference fees		<u>26,285</u>	<u>320</u>	<u>26,605</u>	<u>20,367</u>
TOTAL INCOME		<u>43,119</u>	<u>320</u>	<u>43,439</u>	<u>35,646</u>
EXPENDITURE	1				
EXPENDITURE ON CHARITABLE ACTIVITIES					
Conference costs		22,872	620	23,492	12303
Bank charges		71	-	71	72
PayPal/GoCardless fees		757	-	757	646
Administrative support		6,051	-	6,051	4,936
Stationery and IT		336	-	336	144
Project Encounter		169	-	169	264
PCE Europe		306	-	306	313
PCCS books		-	-	-	175
Seeding – local groups		-	250	250	-
PCEP journals		3,901	-	3,901	4,158
Insurance		448	-	448	-
Website maintenance and development		<u>1,676</u>	-	<u>1,676</u>	<u>5,758</u>
		<u>36,587</u>	<u>870</u>	<u>37,457</u>	<u>28,769</u>
EXPENDITURE ON GOVERNANCE					
Independent examination		<u>2,112</u>	-	<u>2,112</u>	<u>2,280</u>
		<u>38,699</u>	<u>870</u>	<u>39,569</u>	<u>31,049</u>
TOTAL EXPENDITURE		<u>38,699</u>	<u>870</u>	<u>39,569</u>	<u>31,049</u>
NET INCREASE/DECREASE IN CASH		4,420	(550)	3,870	4,597
RECONCILIATION OF FUNDS	2				
Cash balance brought forward		<u>48,723</u>	<u>4,831</u>	<u>53,554</u>	<u>48,957</u>
Cash balances carried forward		<u>53,143</u>	<u>4,281</u>	<u>57,424</u>	<u>53,554</u>

**THE PERSON CENTRED ASSOCIATION  
REPORT AND FINANCIAL STATEMENTS  
STATEMENT OF RECEIPTS AND PAYMENTS  
YEAR ENDED 31 MARCH 2024**

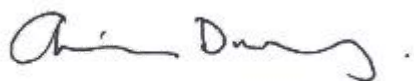
	Note	Unrestricted funds £	Restrict ed funds £	2024 £
INCOME	1			
INCOME FROM CHARITABLE ACTIVITIES				
Members' subscriptions and sundries		15,279	-	15,279
Conference fees		<u>20,337</u>	<u>30</u>	<u>20,367</u>
TOTAL INCOME		<u>35,616</u>	<u>30</u>	<u>35,646</u>
EXPENDITURE	1			
EXPENDITURE ON CHARITABLE ACTIVITIES				
Conference costs		11,775	528	12,303
Bank charges		72	-	72
PayPal/GoCardless fees		646	-	646
Administrative support		4,936	-	4,936
Stationery and IT		144	-	144
Project Encounter		264	-	264
PCE Europe		313	-	313
PCCS books		175	-	175
P-CEP journals		4,158	-	4,158
Website maintenance and development		<u>5,758</u>	<u>-</u>	<u>5,758</u>
		<u>28,241</u>	<u>528</u>	<u>28,769</u>
EXPENDITURE ON GOVERNANCE				
Independent examination		<u>2,280</u>	<u>-</u>	<u>2,280</u>
		<u>30,521</u>	<u>528</u>	<u>31,049</u>
TOTAL EXPENDITURE		<u>30,521</u>	<u>528</u>	<u>31,049</u>
NET INCREASE/DECREASE IN CASH		5,095	(498)	(4,597)
RECONCILIATION OF FUNDS	2			
Cash balance brought forward		<u>43,628</u>	<u>5,329</u>	<u>48,957</u>
Cash balances carried forward		<u>48,723</u>	<u>4,831</u>	<u>53,554</u>

There were no movements in restricted funds in the previous accounting period.

**THE PERSON CENTRED ASSOCIATION  
REPORT AND FINANCIAL STATEMENTS  
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2025**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
<b>Assets</b>				
<b>Cash funds</b>				
Unity/NatWest	51,841	4,281	56,122	51,619
PayPal	1,302	-	1,302	1,935
GoCardless	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Total cash funds</b>	<u>53,143</u>	<u>4,281</u>	<u>57,424</u>	<u>53,554</u>
<b>Known liabilities</b>				
	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
<b>Accrued costs</b>				
Accountancy/independent examination	<u>1,800</u>	<u>-</u>	<u>1,800</u>	<u>1,020</u>

The unaudited financial statements were approved by the Trustees on 19th August 2025 and were signed on their behalf by:



Alison Drury

Chair tPCA

# THE PERSON CENTRED ASSOCIATION REPORT AND FINANCIAL STATEMENTS

## STATEMENT OF ASSETS AS AT 31 MARCH 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
<b>Assets</b>			
<b>Cash funds</b>			
Unity/NatWest	46,788	4,831	51,619
PayPal	1,935	-	1,935
Go Cardless	<u>-</u>	<u>-</u>	<u>-</u>
	<u>48,723</u>	<u>4,831</u>	<u>53,554</u>
 <b>Known liabilities</b>			
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
<b>Accrued costs</b>			
Independent examination/accountancy	<u>1,020</u>	<u>-</u>	<u>1,020</u>

The unaudited financial statements were approved by the Trustees on 13 August 2024 and were signed on their behalf by:



Oliver Thompson

**THE PERSON CENTRED ASSOCIATION  
REPORT AND FINANCIAL STATEMENTS  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2025**

**1.ACCOUNTING POLICIES**

*(i) Reporting framework*

The financial statements have been prepared under the historical cost convention.

*(ii) Receipts*

Income is recognised at the point of receipt.

*(iii) Payments*

Expenditure is recognised at the point of payment.

**2.RESTRICTED FUNDS**

	2025 Bursary £	2025 Seeding £	2025 Total £	2024 Bursary £	2024 Seeding £	2024 Total £
At 1 April	1,270	3,561	4,831	1,768	3,561	5,329
Donations	-	-	-	-	-	-
Local groups	-	(250)	(250)	-	-	-
Conference fees	320	-	320	30	-	30
Conference costs	<u>(620)</u>	<u>-</u>	<u>(620)</u>	<u>(528)</u>	<u>-</u>	<u>(528)</u>
At 31 March	<u>970</u>	<u>3,311</u>	<u>4,281</u>	<u>1,270</u>	<u>3,561</u>	<u>4,831</u>

Restricted funds can only be used for their specified purpose. The bursary fund is available for help with educational costs and the seeding fund, which originated from funds passed over to us on the closure of the Chiltern and Thames local group, may be used only to support other local groups.

**3.DESIGNATED FUNDS**

Project Encounter, established in the previous accounting period with an allocation of £1,000, aims to create and disseminate podcasts about the person-centred approach through interviews with tPCA members. The funding provided for the purchase of recording equipment and other related expenses. Expenditure in the current year of £169 was incurred out of a brought forward balance of £736; leaving £567 carrying forward, within total unrestricted funds of £53,143, for use in future accounting periods.

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE PERSON CENTRED ASSOCIATION

I report to the trustees on my examination of the accounts of The Person Centred Association for the year ended 31 March 2025.

## Responsibilities and basis of report

As the charity trustees of The Person Centred Association you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Person Centred Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe in any material respect:

1. accounting records were not kept in respect of The Person Centred Association as required by section 130 of the Act; or
2. the accounts do not accord with the accounting records; or
3. the accounts did not comply with the applicable accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to obtain a proper understanding of the accounts to be reached.



**Melvin Bailey FCCA DChA**

**Rogers Spencer  
Chartered Certified Accountants  
Newstead House  
Pelham Road  
Nottingham  
NG5 1AP**

19 August 2025