

**Fibromyalgia Action UK**  
**Unaudited financial statements and annual report**  
**For the year ended 30 November 2020**

**Fibromyalgia Action UK**  
**Contents**  
**For the year ended 30 November 2020**

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**Fibromyalgia Action UK**  
**Company Information**  
**For the year ended 30 November 2020**

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<b>Company registration number</b>	SC492045 (Scotland)
<b>Directors who served during the year</b>	Glen Mcgregor
<b>Registered office address</b>	12 Seedhill Road 3007 Mile End Mill Paisley PA1 1JS
<b>Accountant</b>	J Botham T and Acc Ltd Director Archer House, Britl Est Northbourne Road BN22 8PW

**Fibromyalgia Action UK**  
**Director's Report**  
**For the year ended 30 November 2020**

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The director presents the annual report and the Unaudited Financial Statement for the year ended 30 November 2020.

**Principal activity**

The principal activity of the company continued to be that of provision of support and awareness of fibromyalgia sufferers.

**Going concern**

The financial statements have been prepared on a going concern basis unless it is inappropriate to presume that the company will continue in business.

**Director of the company**

The following directors held office during the whole of the period:  
Glen Mcgregor

**Statement of director's responsibilities**

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare such financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), FRS 102 1A.

Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Small company provisions**

This report has been prepared in accordance with the special provisions for small companies within Part 15 of the Companies Act 2006.

**Approved by the Board of directors and signed on its behalf by:**

Glen McGregor (Director)  
Date: 09 April 2021

**Fibromyalgia Action UK**  
**Accountant's report**  
**For the year ended 30 November 2020**

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Accountant's Report to the board of directors on the preparation of the unaudited statutory accounts of Fibromyalgia Action UK for the year ended 30 November 2020.

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Fibromyalgia Action UK for the year ended 30 November 2020.

We have prepared these financial statements based on the accounting records, information and explanations provided by you. We do not express any opinion on these financial statements.

On the Statement of Financial Position, you have acknowledged your duties under the prevailing Companies Act 2006 that the company keeps adequate accounting records and prepares financial statements that give "a true and fair view".

You have determined that the company is exempt from the statutory requirement for an audit for this accounting year. Therefore, the financial statements are unaudited.

The financial statements are provided exclusively to the director for the limited purpose mentioned above, and may not be used or relied upon for any other purpose or by any other person, and we shall not be liable for any other usage or reliance.

J Botham T and Acc Ltd  
Director  
Archer House, Britl Est  
Northbourne Road  
BN22 8PW  
Date: 09 April 2021

**Fibromyalgia Action UK**  
**Income Statement**  
**For the year ended 30 November 2020**

	Notes	2020 £	2019 £
Turnover	2	2,834	425
Cost of raw materials and consumables		(1,239)	(2,469)
<b>Gross profit</b>		<u>1,595</u>	<u>(2,044)</u>
Selling and distribution expenses		(963)	(3,272)
Administrative expenses		(108,778)	(87,655)
Other operating income		104,818	124,024
<b>Operating loss</b>	3	<u>(3,328)</u>	<u>31,054</u>
Interest receivable and similar income		196	282
<b>Loss on ordinary activities before taxation</b>		<u>(3,132)</u>	<u>31,335</u>
<b>Loss for the year</b>		<u>(3,132)</u>	<u>31,335</u>

**Fibromyalgia Action UK**  
**Statement of Financial Position**  
**For the year ended 30 November 2020**

	Notes	2020 £	2019 £
<b>Fixed assets</b>			
Property, plant and equipment	5	590	590
		590	590
<b>Current assets</b>			
Inventories	6	2,420	2,420
Debtors	7	6,041	7,230
Corporation tax receivable		58	-
Cash and cash equivalents	8	281,118	284,369
		289,637	294,019
<b>Current liabilities</b>			
Creditors: Amounts falling due within one year	9	(194)	(1,444)
		(194)	(1,444)
Net current assets/(liabilities)		289,443	292,575
Total assets less current liabilities		290,033	293,165
<b>Net assets/(liabilities)</b>		<b>290,033</b>	<b>293,165</b>
<b>Capital and reserves</b>			
Retained earnings		290,033	293,165
<b>Shareholder's funds</b>		<b>290,033</b>	<b>293,165</b>

- For the year ended 30 November 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

Approved by the Board on 09 April 2021

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Glen McGregor (Director)  
Company registration number: SC492045

**Fibromyalgia Action UK**  
**Notes to the Financial Statements**  
**For the year ended 30 November 2020**

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**(1) General Information**

Fibromyalgia Action UK is a private company limited by shares, domiciled and incorporated in England and Wales. Its registered office is 12 Seedhill Road, 3007 Mile End Mill, Paisley, PA1 1JS.

**(2) Turnover**

The revenue from company's operations comprise:

	2020 £	2019 £
Sales	2,834	425
	<u>2,834</u>	<u>425</u>

**(3) Operating profit**

Operating profit for the year from continuing operations has been arrived after charging:

	2020 £	2019 £
Depreciation of property, plant and equipment	-	197
Staff costs	75,139	52,160
	<u>75,139</u>	<u>52,356</u>

**(4) Employees**

During the year, the average number of employees including director was 0 (2019 : 0)

The above numbers are averages for the year and calculated on a full-time equivalent basis. The aggregate payroll costs of the above were:

	2020 £	2019 £
Wages and salaries	69,938	50,981
Social security cost	3,210	832
	<u>73,147</u>	<u>51,813</u>

**(5) Tangible fixed assets**

	Fixtures and Fittings £	Totals £
<b>Cost</b>		
As at 01 December 2019	5,215	5,215
As at 30 November 2020	<u>5,215</u>	<u>5,215</u>
<b>Depreciation</b>		
As at 01 December 2019	4,626	4,626

As at 30 November 2020	<b>4,626</b>	<b>4,626</b>
<b>Net book value</b>		
	590	590
As at 30 November 2019	<b>589</b>	<b>589</b>

**(6) Inventories**

	2020 £	2019 £
Stock of finished goods	2,420	2,420
	<u>2,420</u>	<u>2,420</u>

**(7) Trade and other receivables**

<b>Amounts falling due within one year</b>	2020 £	2019 £
Trade debtors	294	7,198
Other debtors	3,979	-
Prepayments and accrued income	1,768	32
	<u>6,041</u>	<u>7,230</u>

**(8) Cash and cash equivalents**

	2020 £	2019 £
Bank balance	281,118	284,369
	<u>281,118</u>	<u>284,369</u>

**(9) Trade and other payables**

	2020 £	2019 £
Trade creditors	-	1,368
Accruals and deferred income	194	76
	<u>194</u>	<u>1,444</u>

**(10) Called up share capital and reserves**

<b>Called up and fully paid:</b>	2020 £	2019 £
100 Ordinary shares of £1 each	-	-
	<u>-</u>	<u>-</u>

**Fibromyalgia Action UK**  
**Notes to the financial statements (Continued)**  
**For the year ended 30 November 2020**

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<b>Retained earnings</b>	<b>2020</b> <b>£</b>
At 1 December 2019	293,165
Loss of the year	(3,132)
At 30 November 2020	<u><b>290,033</b></u>

**Fibromyalgia Action UK**  
**Detailed Income Statement**  
**For the year ended 30 November 2020**

	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>	2,834	425
<b>Less : Cost of raw materials and consumables</b>		
Other direct expenses	435	1,474
Purchases	694	1,099
Transportation cost	110	(104)
Closing stock	-	(2,420)
Opening stock	-	2,420
	1,239	2,469
<b>Gross Profit</b>	<b>1,595</b>	<b>(2,044)</b>
<b>Add : Other operating income</b>		
Charities Aid Foundation Income	155	55
Donations Received	58,973	110,090
Fundraising Income	478	11,668
Non taxable income	44,947	2,000
Payroll Income	266	211
	104,818	124,024
<b>Less : Selling and distribution expenses</b>		
Advertising, sales promotion, marketing	66	1,365
Trustee Expenses	637	1,067
Volunteer Expenses	260	242
Travel and overseas travelling	-	598
	963	3,272
<b>Less : Administrative expenses</b>		
Accountancy fee	300	300
Bank, card and overdraft charges	260	928
Computer cost	498	-
Employee Salary expense	69,938	50,981
Employer NI	3,210	832
Equipment maintenance, rental and leasing	1,533	-
Insurance	107	2,087
Membership and subscriptions	1,467	1,522
Office Rental	24,329	13,539
Pension Contributions	1,991	347
Postage, stationery, office supplies	2,025	10,422
Professional, consultancy and legal fees	1,991	1,222
Sundry expenses	58	-
Telephone, internet and broadband	1,461	4,725
Training and development	(390)	226
Depreciation of fixtures and fittings	-	196
Rates	-	327
	108,778	87,655
<b>Operating loss</b>	<b>(3,328)</b>	<b>31,054</b>
<b>Add : Interest receivable and similar income</b>		
Bank interest receivable	196	282
	196	282
<b>loss on ordinary activities before taxation</b>	<b>(3,132)</b>	<b>31,335</b>
<b>Net loss for the year after taxation</b>	<b>(3,132)</b>	<b>31,335</b>
<b>Net loss for the year after dividends</b>	<b>(3,132)</b>	<b>31,335</b>
<b>Retained profits brought forward</b>	<b>293,165</b>	<b>261,829</b>
<b>Retained profits carried forward</b>	<b>290,033</b>	<b>293,165</b>

This section does not form part of company's statutory financial statements.