

 mind Andover

Trustees annual report 2023-24



Charity registration number 1039094
Company registration number 2935549

ANDOVER MIND
(A company limited by guarantee)

Report of the Board of Trustees for the year ended 31st March 2024

The Executive Committee, who are trustees of the charity for the purposes of the Charities Act and directors of the charity for the purposes of the Companies Act (throughout the accounts collectively referred to as the executive committee); present their report and the audited financial statements for the year ended 31st March 2024.

Reference and Administrative Information

Charity Name:	Andover Mind
Charity Registration number:	1039094
Company Registration number:	2935549
Operational Address:	Arcade House Westbrook Close South Street Andover SP10 2BN
Web:	www.andovermind.org.uk
Registered Office	c/o Knight Goodhead Chartered Accountants 7 Bournemouth Road Chandler's Ford Eastleigh SO53 3DA

Board of Trustees (Executive Committee)

Judith Davey-Cole	Chair
James Brown	Vice Chair
Tim Foy	Treasurer
Lara Pletcher	Trustee
Robin Taylor	Trustee
Rebecca Perrin	Trustee (resigned 7 August 2023)
Sarah Oakley	Trustee (resigned 12 May 2024)
Iris Stevens	Trustee (resigned 1 June 2023)
Jonathan Wade	Trustee (resigned 15 August 2023)
Leanne Parmenter	Trustee (appointed 17 May 2024, resigned 25 November 2024)
Kim Lund	Trustee (appointed 17 May 2024, resigned 16 August 2024)
Alannah Carrott	Trustee (appointed 17 May 2024, resigned 27 August 2024)

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Management team

Jody Phelvin	Chief executive officer (resigned July 2024)
Judy Walker	Interim CEO (Sept 2023 to April 2024)
Helen Mothersole	Head of wellbeing services
Barbara Allen	Head of ICS transformation and development
Francesca May	HR manager
Lisa Langman	Head of business development and resources
Louise Ellison	Marketing and communications manager
Laura Mouzouris-Lodge	Head of countywide operations
Katie Gray	Primary care manager
Debbie Nicholls	Finance manager

Auditors

Knight Goodhead Limited
7 Bournemouth Road
Chandler's Ford
Eastleigh
SO53 3DA

Bankers

NatWest Bank Plc, 21 Chantry Way, Andover, Hants SP10 1LL
Santander, Bridle Road, Bootle, Merseyside, L30 4GB

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 3rd June 1994 and registered as a charity on 3rd October 1986. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00 per member.

Recruitment and Appointment of Executive Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the committee. Under the requirements of the Memorandum and Articles of Association the members of the committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All members of the Executive Committee retire by rotation and, being eligible, may offer themselves for re-election.

It is a requirement of our Articles of Association that at least two members of the committee should be, or have been, users of mental health services. The Executive Committee is keen to ensure that this requirement is met and that the views and ideas of service users are represented on the committee.

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Business experience, HR and leadership skills are represented on the committee. In an effort to maintain this broad skill mix, members of the committee are requested to provide a list of their skills and in the event of particular skills being lost due to retirements, we will then advertise locally for new members. We also approach suitable individuals to offer themselves for election to the committee; which has proved successful. There is a formal interview process.

Trustee Induction and Training

Trustees may already be familiar with the practical work of the charity as they are encouraged to shadow in various capacities.

In January 2024, following advertisements, interviews were held with a number of potential trustees, which resulted in three being appointed, to be ratified at the Annual General Meeting in December 2024.

There is a robust onboarding process including a National Mind induction and internal induction, allowing time for prospective trustees to cover all aspects of Andover Mind services.

An Induction pack is available drawn from the various Charity Commission publications signposted through the Commission's guide "The Essential Trustee". This is distributed to all new trustees along with the Memorandum and Articles, the latest financial statements, recent executive meeting minutes and relevant policies and procedures etc.

Additionally, all trustees are encouraged to attend training sessions, to familiarise themselves with the charity and the context within which it operates. Training opportunities are selected to meet the needs of individuals, for example, accounts, finances and budgeting, recruitment and training. Trustees have attended training courses, namely Charity Finance Strategy, Strategic Planning and Trustee Induction and Refresher courses.

The recruitment and induction process was revised in January 2024 and will be kept under review to ensure it encompasses feedback and meets the charity's requirements.

Risk & Crisis Management

The Executive Committee has further reviewed the major risks to which the charity is exposed and the trustees have an approved Risk-Register that includes Crisis-Management, which is regularly updated. To further protect the integrity of Andover Mind a 'Business Continuity Management' plan is documented. An Executive sub Committee focussing on Finance, Risk and Audit takes the lead in monitoring potential risks to the organisation.

Where appropriate, systems and procedures have been established to mitigate the risks that the charity faces.

External risks to funding continue to be monitored by an executive committee sub-group and the management team. They aim to identify a wide range of sources of sustainable funding from public and corporate sectors; they also explore the viability of fundraising events in order to bring together a strategic funding plan.

Internal procedures are in place to minimise risk in relation to the handling of financial matters and the authorisation of transactions and contracts.

Procedures are in place to ensure compliance with Health and Safety regulations relating to the safety of service users, employees, volunteers and visitors to the centres.

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The service contracts currently in place specify standards in all areas of work which are designed to minimise risk and provide safe professional services to clients and a safe working environment for employees and volunteers.

We endeavour to keep ourselves abreast of all current and future government guidelines and standards.

Mind has its own Quality Standards, "Mind Quality Mark", against which it judges all aspects of services. Services are submitted to external scrutiny against these standards every three years, in order to retain affiliation.

Organisational Structure

Andover Mind can have an Executive Committee of up to 15 members who meet quarterly and are responsible for the strategic direction and governance of the Charity. The committee ideally has members from a variety of professional backgrounds relevant to the work of the charity. The Chief Executive attends the committee but has no voting rights.

The Chief Executive, who reports to the Chair, is responsible for delivering the vision and strategy of the charity. Additionally, the Chief Executive undertakes supervision of the Senior Leadership Team employees, ensuring that the team continues to develop their skills and work in line with good practice.

There are designated senior employees given authority to deputise the day-to-day management, in the absence of the Chief Executive, coordinating closely with the trustees on any urgent matters.

Related Parties and Communication

The charity endeavours to review and update its Business Plan every three years; this plan sets out the mission statement, aims & objectives of the charity. The plan identifies the need to work in partnership across local stakeholders.

The Chief Executive Officer and Senior Leadership Team of the charity attends key strategic meetings across all service areas.

Our contract monitoring meetings report back to Hampshire County Council and the Integrated Care Board, reviewing progress of work agreed in the various service contracts.

We continue to promote our work across local communities in Hampshire raising the profile of the charity, recognising the importance of strengthening relationships with potential corporate funders.

Objectives and Activities

The charity's mission is:

To empower anyone with or at risk of experiencing a mental health issue and all carers to access the right advice, information and support. We campaign to improve services, raise awareness and promote understanding.

In reviewing our objectives and activities, the trustees have kept in mind the Charity Commission's guidance on public benefit. The benefit we aim to provide to our service users is the focus of our Mission above.

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Our Strategic Objectives are:

- To be at the forefront in educating and influencing communities and partners about Mental Health through collaboration and co-production.
- To understand the mental health needs of our communities and how we can best support them.
- To apply the principles of continuous improvement in everything we do.
- To develop and maintain the necessary infrastructure to deliver innovative and effective services.
- To increase unrestricted income from trading, fundraising, legacies and donations.

Our values are:

Open – We reach out to anyone who needs us.

Responsive - We listen, we act.

Together - We're stronger in partnerships.

Independent - We speak out fearlessly.

Unstoppable - We never give up.

A note from the Chair

Andover Mind has had another strong year, and the Board of Trustees is proud that the services we've provided for people in Andover and across Hampshire have had such a positive impact on people's lives. We'd like to thank our staff for all their hard work in achieving these great outcomes, and we would also like to thank all our volunteers who give their time so generously and for their sense of community service - helping staff to make things better for others.

Looking ahead, the Board of Trustees does have some concerns about the external environment for charities and has identified that there might be difficult times ahead as the pressure on government funding continues to bite and budgets are shrinking. We have already seen the impact of this on other charities, and are actively exploring how to best manage the risks that may potentially materialise over the next few years.

Achievements and Performance

The main activities of the charity are the provision of services.

Wellbeing and Primary Care Services and the Safe Haven services that support people in mental health crisis. We also provide Adult Counselling services and the 'Be You' service for young people aged 11-17. Promotional activity continued to reduce the stigma to mental health and raise mental health awareness within our communities. We also run a furniture recycling project 'Ugly Duckling' which provides support to those who volunteer within the project which includes through its peer support help with combating loneliness and isolation. A significant achievement was Mind Quality Mark (MQM) accreditation.

To maintain our affiliation to Mind, affiliation to National Mind includes submitting to an accreditation process every three years which assesses against quality standards covering governance and service delivery.

MQM peer assessors reviewed Andover Mind's policies and procedures, conducted on-site interviews in November 2023 and reviewed "Have your say" survey returns from volunteers, clients, employees and trustees who they were unable to meet.

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The assessment noted Andover Mind excelled in many areas, and particular areas of strengths they highlighted were:

Effective services – The number of stories of personal growth and outcomes shared during the MQM review are a testament to how effective the services of Andover Mind are. People feel listened to and their needs addressed, have opportunities to consider peer support or volunteering at times appropriate to their journey. The variety of services available and the comprehensive partnership with other agencies means that nobody is left without support.

People – the charity's' extremely passionate and knowledgeable workforce. Senior leaders champion the charity's values and foster a culture where employees and volunteers feel appreciated. The people of Andover Mind bring a balance of passion and realism and provide excellent services and know what they need to do in order to continue thriving into the future. Leaders described the 'can-do' attitude that employees and volunteers bring to the day-to-day work."

Environment - the Ugly Duckling project has been a celebrated innovation across the Mind Network for many years. Establishment of an environmental group, the considerations in daily discussions and decisions across services and premises, plus projects such as the Garden for Mind that establish positive links for service users with the environment showed ongoing commitment to this aspect of work.

Improvement areas included internal communications and the flow of information around the organisation; more use of outputs, outcomes, feedback, and demographic data to inform strategic and business planning; updating of a number of policies and ensuring they address children and young people as service users; creating a realistic Equality, Diversity and Inclusion (EDI) improvement plan based on data analysis, reporting, learning and setting some specific targets; using the newly developed KPI system as a compliance reporting tool for trustees; revising the governing document's rules around membership and general meetings, introducing the option for remote meetings and revising the quorum. Key improvement actions were completed and progress made so that by mid-March 2024, Andover Mind achieved the MQM.

Andover Mind was nominated for a Local Mind Excellence Award in the categories of Effective services, People and Environment. To quote National Mind "this in itself is a cause for celebration – though all local Minds have strengths, not all local Minds who complete the MQM process are nominated for the excellence awards"

Another significant achievement was establishing the Andover Mind **Garden for Mind**. This arose through an opportunity to collaborate with the John Lewis Partnership (JLP) on a project to design and build a new outdoor space for wellbeing on the Leckford Estate. Primarily used by Andover Mind to deliver a variety of activities for the people who use our services, Garden for Mind was designed to promote wellbeing and mental health, and to be used by other charities and community groups across the Test Valley.

Libby Hilling, who joined the organisation on a six month secondment funded by the JLP Golden Jubilee Trust, led the project. Bringing valuable networking and business development skills and energy, Libby orchestrated generous financial backing from Simplyhealth who donated £25,000 to get the project off the ground, and engaged Triagg as the principal contractor to provide the primary earthworks and civil engineering. Donations and grants were also received from Stannah Lifts, Co-operative Group, Asda, KOcycle and Natural England totalling £9,100.

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Fundraising efforts included a successful Prize Draw, with the top prize of a weekend in a motorhome donated by Abacus Hire, and a Quiz Night hosted by Andover Golf Club. Both events were well-supported, raising a total of £6,650 to help cover the costs of tools, plants, and ongoing maintenance. Additionally, thanks to Libby we have received donations from community fundraisers, and local businesses who chose Andover Mind as their charity of the year, totalling £3,772.

The total expenditure on the project so far is £19,784 with over 60 organisations generously donating materials, time and expertise, or offering a significant discount, saving us an incredible amount of money. Garden for Mind has been testament to the power of collaboration and community, working together with purpose, to provide a safe space for people to connect with nature, learn new skills, and enjoy the therapeutic benefits of gardening.

It is also providing many opportunities for volunteers from the wider communities to get involved and has been supported by a broad range of business, who would not have otherwise engaged with the organisation, had it not been for the unique nature of this project.

Collaboration with Sparsholt College provided educational and practical support, with horticulture students contributing their expertise to the garden's development undertaking the design and planting, and giving students hands-on experience in a community project setting. Their 'Foundation Studies' students with SEN also helped with maintenance and learning new skills.

The future includes a programme of activities to enable beneficiaries of Andover Mind to benefit from green therapy, with a regular gardening group, art and mindfulness in the garden and volunteering days. When not in use, the Garden for Mind will be open to the public as a community asset, further raising the profile of Andover Mind.

Our People

Andover Mind is nothing, and can achieve nothing, without its people. As the Mind Quality Mark assessment showed, our people are passionate about our cause and go the extra mile.

As at the end of March 2024, we had 132 employees.

There were 101 volunteers, including our Board of Trustees, in the areas of wellbeing, reception/admin, counselling, CSDA and Ugly Duckling.

Services

Service user and carer feedback is a requirement within all our commissioned contracts. This is achieved by means of focus groups, service user audits, face-to-face interviews, as appropriate to each service user group. We also conduct audits on feedback and satisfaction from stakeholder groups.

The contact management system Charity Log has continued to enable us to measure our outcomes against the service specification report on service data and activity in reports to commissioners of our services.

During the reporting period the organisation saw an 11% increase in the number of service users and carers accessing our services due to new contracted services and an increase in demand.

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The reporting data on numbers of service users and Carers accessing the following services:

Carer Support and Dementia Advice - 6,738

Wellbeing services - 2,086

Safe Havens - 2,583

Be You - 70

Primary care mental health service - total number of appointments - 15,005

SMI Health Checks - 169

Wellbeing service

Andover Mind provides the 'Core' Wellbeing service across Test Valley, Basingstoke and Deane and also the Hart and Rushmoor area. Working with other local Mind's as the Hampshire Mind CIC to provide the service Hampshire wide. Andover Mind has wellbeing centres in Andover, Basingstoke and Farnborough as well as providing outreach in surrounding areas. Commissioned by Hampshire County Council (HCC), Public Health, Hampshire and Isle of Wight ICB and Frimley ICB.

The Wellbeing service employees provide support to people with varying degrees of mental-health illness. The referral pathway to access Wellbeing services are through several routes:- self referral, primary care and specialist mental health services. Our aim is to support people to achieve recovery according to their own individual needs via 1-1 Support, courses, group work and Peer support. We help them maintain their successes and build on them, so that they can fulfil their hopes and achieve their potential. 2,086 service users accessed the wellbeing service in this time period.

HCC commenced their public consultation in June 2023, proposing to cut its full funding contribution to the wellbeing contract due to pressures on its budgets.

Service user feedback following the HCC survey shared:

'The wellbeing centre (Andover Mind) is such a lifeline in Basingstoke. From starting with 1-1's and then with growth, taking a big step to then move on to all the group's that (Andover) Mind offer. There is Support in every way from the moment you turn up.'

'It's just amazing, the support, guidance and understanding of mental health, different issues, subject's are never to much. They go above and beyond and always make sure we are all ok, there is no other service that can match the centre'

'The wellbeing centre has for many been a matter of life or death.'

SMI Health Checks

The service is commissioned by Hampshire and Isle of Wight ICB and conducts annual physical health checks for patients on the Serious Mental Illness (SMI) register on behalf of GP surgeries in North and Mid Hampshire. 169 Health Checks were completed in 2023-2024.

Patient feedback:

"Today's session was amazing. They talked about all the support I need. They asked me lots of questions regarding my lifestyle and helped me realise the problems I have and the way I can solve them. They both were very kind, caring and easy to talk to. This is an amazing programme to offer and I for one am pleased to be a part of it. Thank you"

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Feedback from GP surgery:

“It was helpful to have colleagues whose task it was to target patients who are difficult to engage with. It was helpful to have the people who were going to be doing the review contacting the patients; they had the knowledge to explain the procedure and established a relationship before the appointment started. We feel you both offered the practice and patients a great service at a time when our services were stretched”

Primary Care services

Working within the primary care setting, our employees provide assessment, triage, advice and information, signposting and referral appointments to patients referred through their GP surgery. Employees are part of a wider PCN (Primary Care Network) mental health team which includes input from professionals such as GP clinical leads, psychologists, psychiatrists and nurses.

One service is commissioned by Hampshire and Isle of Wight ICB. Our employees include Wellbeing Advisors and Peer Support Workers and offered 13,005 appointments in 2023-2024 across Test Valley and Basingstoke.

Patient feedback:

“The first and most supportive person I have ever come across, she has not only helped me be a better person but also shown me how to better myself in ways I never thought were possible, for so many years I really thought it was everyone to help me heal but after this service I feel it's how you can manage within in order for those to support you and actually taking on board the support. I will miss my time with the service, I really am so grateful for everything she has done for me. She really has changed my life not just for me but now for my little daughter. I would recommend to anyone to go to for support”

Our other service is commissioned by Surrey and Borders NHS Partnership Trust and our employees include Community Connectors and Lived Experience Practitioners. The service conducted 2,000 appointments in 2023-2024 in Farnborough, Aldershot, Fleet and Yateley.

Patient feedback:

“The support I have received through the Lived Experience Practitioner Service has made a massive positive impact in my life. I have received practical, immediate support from someone who could understand my predicament with compassion and empathy. I am incredibly grateful that this service exists. He has been professional, knowledgeable and supportive and I would like to thank him and the team for the support I have received; I am not sure how I would have gotten through some days without you.”

Safe Haven Crisis Services

The aim of our Safe Havens is to provide an alternative to attending busy hospital emergency departments. Instead, they offer a calmer and non-clinical environment to adults over 18 experiencing an emotional or mental health crisis enabling them to feel safe and receive confidential and compassionate support.

Andover Mind has been a part of the Aldershot Safe Haven since September 2017. This is one of a number of Safe Havens run by Surrey and Borders NHS Partnership Trust (SABP) across NE Hampshire and Surrey, Funded and commissioned by Surrey Heartlands ICB and Frimley ICB. The Aldershot Safe Haven is open every evening, 6-11pm and weekends from 12pm, 365 days a year. Service users can visit the safe Haven in-person without an appointment or can access via the 'Attend Anywhere' link on our website to access an instant virtual appointment. The service supported 1,231 people from April 23- March 24

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The 'North and Mid Hampshire' Safe Haven, commissioned by Hampshire and Isle of Wight ICB since 2021 is situated at our Wellbeing centre in Basingstoke, open every evening 6-10pm, 365 days a year. Service users can access the safe Haven in person, via telephone or virtually using 'Attend Anywhere'. The service supported 1,352 people from April 23- March 24

Service user feedback:

'The talking and advice is helpful'

'Being listened too, validated and distracted well'

'Helped me to remain calm and explain the situation.'

'The employees at this service are lovely and very helpful. I suffer from anxiety, depression, autism and ADHD. The safe haven has become an essential part of my support network since I first started going in 2021. It is nice to have a non-judgemental, relaxing space where there's always someone to talk to about the problems I face in everyday life and how these impact my mental health. I always feel welcome there and will continue to use the service in the future during times when my mental health slips.'

'How patient and kind the employees were when listening to my concerns. The service is fantastic'

Carer support and dementia advice service for Hampshire

Our Hampshire wide carer support and dementia advice service for Hampshire supports all adult carers caring for another adult and people with dementia. Commissioned by Hampshire Council and Hampshire & Isle of Wight Integrated Care Board, the service operates on a preventative basis to address the support, information and advice requirements of individuals who are unpaid carer who care for another adult with any illness/condition including young adult carers, and people living with dementia and those with a mild cognitive impairment. On average, 875 people living with dementia and 340 carers received service at any one time.

Case study:

A person in their seventies with mild cognitive impairment and who was a family carer was referred to the service. A dementia adviser undertook an assessment of their needs, problems, risks and strengths. The person's needs included carer stress, extra support with family caring responsibilities to enable them to carry on as a carer and respite from the caring role and coping strategies to help improve their wellbeing.

The dementia adviser's actions included linking the carer to our carer support advisor, who supported the service user to continue their caring role which helped prevent a carer crisis, an internal referral for carers' household support vouchers which Andover Mind has been distributing. The wrap-around approach also prevented the necessity of involvement of Social Services and the NHS in supporting the service user.

Adult counselling

Our adult counselling service offers a confidential and non-judgemental space for clients to share their thoughts and feelings and be listened to. Each session is 50 minutes long and takes place in the wellbeing centre in Andover and Basingstoke. This service is for adults over 18. During 2023-2024, 85 clients were supported through this service.

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Client feedback:

“This is my first experience of counselling. And all the time I was not aware of the benefit of counselling. After the sessions with Helen now I believe that we all need someone to talk to when things get rough and feel not able to manage alone.

Helen is a very easy person to talk to. I felt comfortable with her from day one. She is an active listener, and her responses were accurate. Also, she encourages me to think how I feel about every situation to reflect on experiences. Also how to manage, what to think. Before I started the sessions with Helen I was struggling to cope with the stress, anxiety. Sessions help me to change myself from an angry person to more calmer, rationally thinking person. I will try my best to remember all we discuss and practise going forward. And improve myself. Massive thanks to Helen, Sharon and all at Andover Mind.”

Counsellor feedback:

“Every time I went, the receptionist and other members of the team were friendly and helpful. The coordination of matching clients to me with my skills base and capacity was kept in mind. As a volunteer I felt listened to and respected.”

Vivid Homes wellbeing

Vivid Homes are a leading provider of affordable homes and extensive support services in the south of England. Andover Mind have been providing wellbeing support and signposting/bridging to Vivid customers through the tenancy sustainment team. Service commissioned in March 2023 to cover Test Valley, Basingstoke and Deane and Hart and Rushmoor areas. The service supported 71 people in the year.

Customer feedback:

The Wellbeing Practitioner was really easy to talk to, and a great listener. She also asked relevant questions and made lots of notes in her assessment so I didn't have to repeat things.

This support has enabled me to actually leave my house and attend appointments I haven't been able to for years. Although I am still anxious it feels good to be getting a part of my life back.

Repair Café

The Repair Cafe is a free community-centred workshop where people can bring along their items that need fixing and then work alongside skilled volunteers to repair them. They can also get help upcycling items or modifying things such as clothing. During this period the Repair Cafe became independent from Andover Mind.

Ugly Duckling

This volunteer-led project recycles and upcycles donated furniture, makes new items such as garden furniture, bird, bat and hedgehog boxes from donated wood and also takes on customer commissions. We provide work experience, social networks, occupation and training opportunities for disadvantaged people as well as offering volunteering opportunities that are open to everyone. The project operates from a workshop in East Portway, Andover for 3 days a week. Our pop-up shop in the Chantry Centre in Andover sells the upcycled and made-up items. 42 beneficiaries engaged with the project during 2023-2024.

Beneficiary feedback:

“I've only been part of 'Ugly Duckling' for two or three months. The 'team' has made me very welcome. I've been mucking in, offering my skills and this in turn has helped with my confidence.”

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Be You service

This service supports young people, aged 11-17 in Andover, by giving them a safe space to talk about their feelings, and provide advice, information and support. Participants learn coping skills to help build resilience and maintain their wellbeing. Our drop-in sessions take place at the Andover Wellbeing centre twice a week, along with a weekly music therapy group, that enables young people to express themselves through playing musical instruments. 70 young people were supported through this service during 2023-2024, either attending our drop-ins, face to face or music therapy sessions, each attending the service for 5 sessions or more.

Service user feedback:

"I leave feeling better than when I arrive. This service has helped me."

Music therapy service user feedback:

"It has been a great and life changing experience for me combined with a lot of fun."

Parent feedback:

"My daughter has struggled with bereavement this past year, and with her special needs I was struggling to find who could help. Mind immediately stepped in, and were brilliant at engaging her through things she loved to talk about how she was feeling. She finds it hard to communicate with strangers but I was impressed with how much she did converse. Her mental health has definitely improved since her sessions."

Communications and marketing

During the year, we recruited a digital marketing assistant to enhance our online presence. This led to a 43% increase in Facebook engagement, gaining 250 new followers, with over 4,000 interactions and 592 link clicks. Instagram saw over 2.2k profile visits, while Facebook reached 9.7k, marking a 328% increase, with a 100% increase on link clicks. Overall, our social media reach has grown by over 300% across both platforms.

Our communications and marketing manager took the lead on the development of a digital transformation strategy in September 2023.

Working closely with HR, we published a new internal communications plan to improve information sharing across the organisation, focusing on sustaining our 'we are one' ethos in a hybrid work environment. This included commencing the development of a new intranet, supported by the National Mind digital team, to provide a centralised platform for employees, regardless of location.

Behind the scenes, we initiated plans for a new, improved website. National Mind conducted a scoping exercise and partnered with a third-party agency to offer an affordable web development, hosting, and maintenance service. This new system will include an updated and more intuitive, user-friendly content management system, as well as upgrading the overall design, structure, navigation and search functions to provide a better user experience.

We also adopted Canva as a collaborative tool, allowing employees to create branded materials with an approval process, empowering remote teams while maintaining consistency and freeing up the communications team's time.

In 2024, Andover Mind supported the inaugural Andover Pride, joining the steering group and playing a key role in the event held on June 22nd, aligning with our Equality, Diversity and Inclusion objectives and engaging with the local LGBTQ+ community.

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Income generation

During the year income was generated through grants, community and corporate fundraising, charity of the year partners and in memory donations.

We secured two grants for our Ugly Duckling project totalling £4,907 from Hampshire County Council and Test Valley Borough Council.

We were supported by lovely people in the local community who all took part in different fundraising challenges such as cycling, walking, running and a skydive. In total they raised over £5,000 between them. The Gumbo Cup golfers supported us again for the 5th year and raised an amazing £3,800.

We were chosen as charity of the year by Baker Son & Isherwood, CoolLED and Bluebird Care, collectively raising over £1,500

Our in memory donations raised £3,700 this year through people celebrating the life of a loved one through fundraising. This is an incredible way to remember someone special and leave a lasting legacy in their name.

During the year, The John Lewis Partnership Golden Jubilee Trust supported Andover Mind's Garden for Mind project by sponsoring a six-month secondment to develop the project, which is based at the Waitrose Nursery at Leckford. The secondee also raised £50,000 from a combination of local businesses and fundraising activities - please see 'Achievements and Performance' for more information.

Financial Review

The Trustees endeavour to keep a tight control on limited resources and continue to look for and explore new sources of sustainable, ethical funding, alongside the uncertain income from statutory funders.

During the year, the charity achieved an overall surplus of £74,580 (2023: £281,866), which has been added to reserves. The charity made a deficit of £75,090 on unrestricted funds and a surplus of £149,670 on restricted funds. At 31 March 2024 total funds stand at a balance of £1,438,390 which include restricted funds of £1,184,217 (see note 14).

Principal Funding Sources

The principal funding source for the charity is by contract income from Hampshire County Council and the NHS.

As a result of increasing constraints on local authority expenditure, the charity has to seek funding from a much broader group of agencies, i.e. from grant applications to such groups as TVBC and Mind, from charitable trusts and corporate partnerships and by means of a wide variety of fundraising events.

Investment Policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few opportunities for long term investment. Grants received in advance may be placed on short-term deposit, where they are available for drawdown.

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Reserves Policy

The charity's financial management policy sets out the guiding principles to be used in setting our target reserve level. In accordance with the Charity Commissioners' guidance and Statement of Recommended Practice trustees are required to hold a reserves policy based on a realistic estimation of reserve requirements.

Reserves represent those resources which can be made available to spend once all other commitments and planned expenditure have been met. In the event of loss of income, the trustees seek to hold sufficient reserves to cover operating costs for a period of three months and termination payments for employees members and lease commitments

The trustees seek to have between £170,000 and £220,000 in unrestricted funds. Restricted funds are excluded, as any such amounts held are for defined purposes.

At March 2024, general funds totalled £158,173, which is below the reserves policy. This is being kept under close review by the trustees and efforts are being made to increase reserves back to the target level.

Plans for Future Periods

1. To continue to invest in business development to enable us to tender for our current services and other commissioning opportunities in line with our vision and funding strategy
2. To invest resources in our services to bring added value to the service specification set out our main contracts.
3. To review our back office support and management structure to ensure it is aligned to the demands and size of the charity
4. To develop our counselling service and our offers for young people
5. To develop and implement an organisational communications and marketing strategy with a focus on digital transformation.
6. To continue to recruit new trustees to the board of Andover Mind
7. To ensure we uphold lived experience and proactively co-produce and engage with service users and carers
8. To develop a employees led workforce wellbeing strategy
9. To continue to work with a sense of collaboration and cohesiveness with our local Mind partners and VCSE colleagues to ensure quality and continuity of services.

ANDOVER MIND

(A company limited by guarantee)

Responsibilities of the Executive Committee

The Trustees are responsible for preparing the Executive Committee's report and the financial statements in accordance with applicable laws and regulations.

Company law requires the Executive Committee to prepare financial statements for the charity for each financial year. The financial statements must be prepared in accordance with the United Kingdom generally Accepted Accounting practice (United Kingdom Accounting Standards and applicable law) and are required to give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure for the financial year. In preparing those financial statements, the Executive Committee are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The Executive Committee is responsible for keeping accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities Act 2011 and regulations made there under. The Executive Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Executive Committee have confirmed that so far as they are aware, there is no relevant audit information of which the charitable company's auditors are unaware, and that they have taken all steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information.

Auditors

Knight Goodhead Limited were appointed following a selection process in 2014: they have continued to provide auditing services to Andover Mind for 23/24

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Executive Committee on 10 December 2024 and signed on its behalf by:

JE Davey Cole

Judith Davey-Cole - Chair

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ANDOVER MIND

(Company limited by guarantee and not having a share capital)

Opinion

We have audited the financial statements of Andover Mind for the year ended 31 March 2024, which comprise the Statement of Financial Activities, Balance Sheet, Cashflow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable to the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024, and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ANDOVER MIND

(Company limited by guarantee and not having a share capital)

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Annual Report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of the trustees

As explained more fully in the report of the executive committee, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under the Companies Act 2006 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.

We identified the laws and regulations applicable to the charitable company through discussions with trustees and other management and we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud and considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ANDOVER MIND

(Company limited by guarantee and not having a share capital)

To address the risk of fraud through management bias and override of controls, we performed analytical procedures to identify any unusual or unexpected relationships, tested journal entries to identify unusual transactions and investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims;

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Knight Goodhead Limited is eligible for appointment as auditor of the charitable company by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



CJ GOODHEAD FCA
Senior Statutory Auditor
Knight Goodhead Limited

Chartered Accountants and Statutory Auditors
7 Bournemouth Road, Chandler's Ford, Eastleigh, Hampshire, SO53 3DA

Dated: 19/12/2024

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

**STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024
(including Income and expenditure account)**

	Notes	Restricted funds £	Unrestricted funds £	2024 Total funds £	2023 Total funds £
INCOME					
Donations and legacies	3	6,932	13,412	20,344	12,797
Charitable activities	4	3,195,654	-	3,195,654	2,993,243
Fundraising income		15,253	14,812	30,065	18,421
Trading income	5	16,956	27,580	44,536	36,949
TOTAL INCOME		3,234,795	55,804	3,290,599	3,061,410
EXPENDITURE					
Voluntary income costs	6	-	355	355	480
Trading costs	6	-	32,894	32,894	23,084
		-	33,249	33,249	23,564
Charitable activities	6	2,770,583	412,187	3,182,770	2,755,980
TOTAL EXPENDITURE		2,770,583	445,436	3,216,019	2,779,544
NET INCOME/(EXPENDITURE) FOR THE YEAR	7	464,212	(389,632)	74,580	281,866
Transfers between funds	14,15	(314,542)	314,542	-	-
NET MOVEMENT IN FUNDS FOR THE YEAR		149,670	(75,090)	74,580	281,866
FUNDS AT 1 APRIL 2023		1,034,547	329,263	1,363,810	1,081,944
FUNDS AT 31 MARCH 2024		1,184,217	254,173	1,438,390	1,363,810

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in notes 14 and 15 to the financial statements.

ANDOVER MIND

COMPANY NUMBER: 2935549

(Company limited by guarantee and not having a share capital)

BALANCE SHEET AS AT 31 MARCH 2024

		2024		2023	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	10		14,848		27,953
CURRENT ASSETS					
Debtors	11	282,477		310,366	
Cash at bank and in hand		<u>1,414,114</u>		<u>1,235,959</u>	
		1,696,591		1,546,325	
CREDITORS: amounts falling due within one year	12	<u>(273,049)</u>		<u>(210,468)</u>	
NET CURRENT ASSETS			1,423,542		1,335,857
NET ASSETS	16		<u><u>1,438,390</u></u>		<u><u>1,363,810</u></u>
FUNDS					
Restricted funds	14		1,184,217		1,034,547
Unrestricted funds					
General funds	15		158,173		249,263
Designated funds	15		<u>96,000</u>		<u>80,000</u>
TOTAL FUNDS			<u><u>1,438,390</u></u>		<u><u>1,363,810</u></u>

These accounts have been prepared in accordance with the special provisions of the Companies Act 2006 and FRS 102 relating to small entities.

Approved by the board of trustees on 10 December 2024
and signed on its behalf by

Tim Foy

Tim Foy
Trustee

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2023 £
NET CASH FLOW PROVIDED BY OPERATING ACTIVITIES	1	178,155	108,460
CASH FLOWS FROM FINANCING ACTIVITIES			
Fixed asset additions		-	(33,034)
NET CASH FLOW		<u>178,155</u>	<u>75,426</u>
Change in cash and cash equivalents in the period		178,155	75,426
Cash and cash equivalent at start of the period		<u>1,235,959</u>	<u>1,160,533</u>
Cash and cash equivalents at the end of the period	2	<u>1,414,114</u>	<u>1,235,959</u>

NOTES TO THE CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024**1 RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2024 £	2023 £
Net movement in funds for the period	74,580	281,866
Depreciation	13,105	13,108
Decrease/(increase) in debtors	27,889	140,804
Increase/(decrease) in creditors	62,581	(327,318)
Net cash flow from operating activities	<u>178,155</u>	<u>108,460</u>

2 ANALYSIS OF CASH AND CASH EQUIVALENTS

	2024 £	2023 £
Cash at bank and in hand	<u>1,414,114</u>	<u>1,235,959</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

1 ACCOUNTING POLICIES

a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102 (second edition - October 2019) and the Companies Act 2006.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

b) Income

Donations and legacies are received by way of donations and gifts and is included in full in the statement of financial activities when received.

Revenue grants are shown in the Statement of Financial Activities in the year to which they relate and when the conditions of receipt have been complied with. Where the grant has to be matched to a different period the deferred element is deducted from incoming resources and carried forward in creditors.

Legacies are accounted for in the Statement of Financial Activities when receipt is probable, and their value can be measured with sufficient reliability.

c) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred.

Voluntary income costs and trading costs comprise the costs associated with attracting voluntary income and the costs of fundraising and trading.

All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Cost related to a particular activity are allocated directly, others are apportioned on an appropriate basis.

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

1 ACCOUNTING POLICIES (CONTINUED)

d) Operating leases

Rentals paid under operating leases are taken to the Statement of Financial Activities on a straight line basis over the lease term.

e) Tangible fixed assets

Assets that cost more than £500 are capitalised at cost price. Depreciation is provided using the following rates and bases to reduce by annual instalments the cost, less estimated residual value of the tangible assets over their estimated useful lives:

Leasehold improvements	Over the length of the lease
Motor vehicles	25% straight line
Office equipment	20-50% straight line
Computer equipment	33% straight line

f) Funds

Unrestricted funds are donations and other incoming resources receivable or generated for charitable purposes.

Restricted funds represent grants and donations which are allocated by the donor for specific purposes. Expenditure which meets these criteria is charged to the appropriate fund.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2 LEGAL STATUS

The charity is a company limited by guarantee and has no share capital. The charitable company was incorporated on 3 June 1994 in the United Kingdom and was registered on 1 July 1994 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charitable company is 7 Bournemouth Road, Chandler's Ford, Eastleigh, Hampshire, SO53 3DA.

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

3 DONATIONS AND LEGACIES

	Restricted funds £	Unrestricted funds £	2024 Total £	2023 Total £
<i>Donations and similar income</i>				
General donations	6,932	13,412	20,344	12,797
	<u>6,932</u>	<u>13,412</u>	<u>20,344</u>	<u>12,797</u>

4 CHARITABLE ACTIVITIES INCOME

<i>Grants and Contracts</i>				
Hampshire CC Social Services	999,064	-	999,064	1,206,887
Hampshire County Council	23,000	-	23,000	-
NHS Surrey & Borders Partnership Foundation Trust	292,044	-	292,044	255,061
West Hants CCG	2,282	-	2,282	21,247
Hampshire Mind CIC	1,446,587	-	1,446,587	974,038
National Mind	-	-	-	2,879
Mid Hampshire Health Care Ltd	5,956	-	5,956	8,550
Test Valley Borough Council	2,625	-	2,625	2,500
Chine Medical Practice	-	-	-	10,516
Fleet Medical Centre	-	-	-	7,550
Asda	1,600	-	1,600	-
NHS Hants, Southampton and Isle of Wight CCG	295,632	-	295,632	463,274
NHS Hants, Southampton and Isle of Wight ICB	21,329	-	21,329	-
Natural England	1,000	-	1,000	-
Catalyst	3,755	-	3,755	-
Vivid Housing	45,336	-	45,336	3,778
Oakley Health Group	30,444	-	30,444	28,964
East Hampshire District Council	-	-	-	500
Sovereign	-	-	-	7,499
Simply Health	25,000	-	25,000	-
	<u>3,195,654</u>	<u>-</u>	<u>3,195,654</u>	<u>2,993,243</u>

During the year, amounts totalling £19,428 were repaid to funders relating to grants received in prior years that the charity was unable to spend. These amounts are shown as expenditure in note 6 and can be analysed as follows:

Chine Medical Practice	6,226
Sovereign	7,499
Andover Repair Café	5,703
	<u>19,428</u>

5 TRADING INCOME

	Restricted funds £	Unrestricted funds £	2024 Total £	2023 Total £
Shop income	11,501	-	11,501	9,579
Counselling income	-	13,151	13,151	4,449
Placements income	2,622	2,672	5,294	1,680
Rental income	-	1,360	1,360	4,166
Sundry income	2,833	10,397	13,230	17,075
	<u>16,956</u>	<u>27,580</u>	<u>44,536</u>	<u>36,949</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

6 EXPENDITURE	Voluntary income	Fundraising and trading	Charitable activities	Total 2024	Total 2023
	£	£	£	£	£
COSTS DIRECTLY ALLOCATED TO ACTIVITIES					
Employed staff costs (see note 8)	-	-	2,453,225	2,453,225	1,995,798
Consultancy and resources	-	-	10,730	10,730	8,113
Travelling expenses	-	-	51,157	51,157	55,547
Volunteer and student expenses	-	-	8,522	8,522	8,442
Training and recruitment	-	-	28,646	28,646	38,560
Canteen and Ugly Duckling consumables	-	-	1,536	1,536	1,343
Advertising and promotion	-	-	4,386	4,386	11,937
Subscriptions	-	-	14,051	14,051	29,657
Repairs and maintenance	-	-	58,299	58,299	96,655
COVID expenses including PPE	-	-	-	-	5,600
Carers wellbeing COVID support	-	-	315	315	3,658
Dementia and Falls Service	-	-	7,527	7,527	39,784
Repayment of unspent grant funding	-	-	19,428	19,428	-
	-	-	2,657,822	2,657,822	2,295,094
SUPPORT COSTS ALLOCATED TO ACTIVITIES					
Staff costs (see note 8)	-	26,179	235,609	261,788	154,606
Human resources	-	-	3,908	3,908	4,769
Rent and rates	-	3,461	111,909	115,370	115,347
Insurance	-	-	18,969	18,969	15,782
Telephone	-	1,122	36,288	37,410	42,738
Printing, postage and stationery	152	909	29,254	30,315	26,860
Computer costs	204	1,222	39,320	40,746	69,160
Audit and accountancy fees	-	-	8,745	8,745	10,680
Bookkeeping and payroll fees	-	-	11,224	11,224	9,540
Trustee expenses	-	-	213	213	7,990
Legal and professional	-	-	15,823	15,823	13,546
Bank charges	-	-	581	581	324
Depreciation	-	-	13,105	13,105	13,108
	355	32,894	524,948	558,197	484,450
TOTAL EXPENDITURE	355	32,894	3,182,770	3,216,019	2,779,544

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

7 NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging:	2024	2023
	£	£
Depreciation	13,105	13,108
Auditors' remuneration:		
- audit	4,500	3,500
- other services	12,933	16,720
	<u>12,933</u>	<u>16,720</u>

8 EMPLOYED STAFF COSTS AND NUMBERS

Employed staff costs were as follows:	2024	2023
	£	£
Salaries and wages	2,484,329	1,964,096
Social security costs	183,109	147,225
Pension	47,575	39,083
	<u>2,715,013</u>	<u>2,150,404</u>

One employee received remuneration (excluding employer pension costs) of between £60,000 - £70,000 during the year (2023: none).

At the year end there were outstanding pension contributions payable of £9,306 (2023: £8,692). Total pension contributions of £47,575 (2023: £39,083) were paid by the charity and are included in the SOFA.

Key management comprises ten individuals who were paid a total of £388,906 (2023: £292,037 to nine individuals).

The average weekly number of employees during the year was as follows:

	2024	2023
	No.	No.
Direct charitable work	130	108
Administration	8	7
	<u>138</u>	<u>115</u>

9 TAXATION

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

10 TANGIBLE FIXED ASSETS

	Leasehold improvements £	Furniture & equipment £	Computer equipment £	Total £
COST OR VALUATION				
At 1 April 2023	91,588	18,965	22,080	132,633
Disposals	<u>(51,230)</u>	<u>(18,965)</u>	<u>-</u>	<u>(70,195)</u>
At 31 March 2024	<u>40,358</u>	<u>-</u>	<u>22,080</u>	<u>62,438</u>
DEPRECIATION				
At 1 April 2023	74,342	18,965	11,373	104,680
Charge for the year	5,749	-	7,356	13,105
Disposals	<u>(51,230)</u>	<u>(18,965)</u>	<u>-</u>	<u>(70,195)</u>
At 31 March 2024	<u>28,861</u>	<u>-</u>	<u>18,729</u>	<u>47,590</u>
NET BOOK VALUE				
At 31 March 2024	<u>11,497</u>	<u>-</u>	<u>3,351</u>	<u>14,848</u>
At 1 April 2023	<u>17,246</u>	<u>-</u>	<u>10,707</u>	<u>27,953</u>

11 DEBTORS

	2024 £	2023 £
Trade debtors	255,719	209,060
Prepayments and accrued income	16,958	17,679
Other debtors	<u>9,800</u>	<u>83,627</u>
	<u>282,477</u>	<u>310,366</u>

12 CREDITORS: amounts falling due within one year

	2024 £	2023 £
Trade creditors	16,883	27,424
Other taxation and social security	38,509	36,876
Other creditors	10,333	9,058
Accruals and deferred income	<u>207,324</u>	<u>137,110</u>
	<u>273,049</u>	<u>210,468</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

13 DEFERRED INCOME

An element of grant income received by the charity during the year has been deferred as it relates to later accounting periods. The movement in the year is detailed below:

	£
Income deferred in year to 31 March 2024	176,304
Amounts released from previous years	<u>(111,508)</u>
Net movement to income	<u>64,796</u>

14 RESTRICTED FUNDS

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Carer Support and Dementia Advice - North Hants	19,445	261,430	(267,964)	(12,911)	-
Carer Support and Dementia Advice - West & South West Hants	42,942	414,222	(392,713)	(47,363)	17,088
Carer Support and Dementia Advice - South East Hants	22,960	335,389	(307,238)	(38,370)	12,741
Well Being Test Valley	1,826	-	(1,826)	-	-
Well Being Basingstoke	85,333	-	(8,072)	-	77,261
Well Being Hart and Rushmoor	91,370	-	(8,629)	-	82,741
Wellbeing Romsey and North Baddesley	13,201	49,898	(27,431)	(5,276)	30,392
Wellbeing Hub North Hants (Farnborough)	10,121	232,119	(185,592)	(24,411)	32,237
Wellbeing Hub Mid Hants (Andover)	2,129	149,964	(125,678)	(15,817)	10,598
Wellbeing Hub North Hants (Basingstoke)	13,375	212,421	(164,861)	(22,297)	38,638
Ugly Duckling	-	16,428	(14,336)	(1,482)	610
Be You (formerly Youth Counselling)	8,434	-	(22,388)	13,954	-
Repair café	5,243	460	(5,703)	-	-
Safe Haven - Aldershot and Farnborough	4,745	72,123	(71,514)	(5,354)	-
Safe Haven - Mid-Hants	28,928	189,075	(161,227)	(19,326)	37,450
Safe Haven - extra funding	101,960	-	(34,042)	-	67,918
Garden Project	1,736	-	-	-	1,736
Basingstoke Primary Care	10,079	-	(24)	-	10,055
Andover Primary Care	31,108	56,510	(38,773)	(5,477)	43,368
White Water Loddon Primary Care	6,226	-	(6,226)	-	-
Andover Primary Care - Pears Foundation	497	-	-	(497)	-
Community Connectors - Aldershot and Farnborough	78,662	162,732	(173,764)	(22,599)	45,031
Carers Wellbeing	2,200	-	-	(2,200)	-
Mind - Influence and Participation	1,800	-	(1,486)	-	314
Mind - Equality Improvement	1,800	-	(1,395)	-	405
<i>Balance to next page</i>	<u>586,120</u>	<u>2,152,771</u>	<u>(2,020,882)</u>	<u>(209,426)</u>	<u>508,583</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

14 RESTRICTED FUNDS (continued)

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
<i>Balance from previous page</i>	586,120	2,152,771	(2,020,882)	(209,426)	508,583
Wellbeing service users	7,058	-	-	-	7,058
Get Going Again - Covid Isolation	14,698	-	(5,705)	-	8,993
SMI Funding Test Valley	2,673	-	(300)	-	2,373
SMI Funding Basingstoke	2,311	-	(615)	-	1,696
SMI Outreach PCN	904	-	-	-	904
ICTF Funding Test Valley	47	-	-	-	47
ICTF Funding Basingstoke	1,555	-	-	-	1,555
ICTF Funding Hart and Rushmoor	4,303	-	-	-	4,303
CSDA Life Coaching	3,700	-	-	(3,700)	-
PCN Basingstoke Transformation	259,171	558,331	(358,875)	(57,555)	401,072
PCN Andover Transformation	70,808	109,000	(70,083)	(11,511)	98,214
Webchat	4,720	-	(1,440)	-	3,280
PCN Romsey and North Baddesley	42,565	111,666	(82,890)	(11,511)	59,830
Yateley MHICS	1,657	42,633	(38,356)	(4,752)	1,182
Winchester Rural North and East PCN	11,076	46,301	(31,964)	(3,837)	21,576
Fleet MHICS	2,077	45,000	(37,966)	(4,752)	4,359
Vivid Housing	332	45,335	(37,807)	(4,752)	3,108
Advancing Mental Health Equalities	5,714	-	(4,973)	-	741
SMI Facilitators	5,559	64,095	(45,093)	(3,384)	21,177
Be You Peer Champions	7,499	-	(7,499)	-	-
Catalyst Recovery and Connect	-	3,755	(2,565)	-	1,190
Household Support Fund Scheme	-	5,000	-	-	5,000
Garden for Mind	-	44,952	(19,784)	-	25,168
GP Hub Andover	-	5,956	(3,786)	638	2,808
	<u>1,034,547</u>	<u>3,234,795</u>	<u>(2,770,583)</u>	<u>(314,542)</u>	<u>1,184,217</u>

Transfers between funds relate to management charges which were attributed to certain restricted funds, for premises, governance, administration and other office costs paid through the unrestricted general funds.

The board of trustees of Andover Mind carefully monitors the unspent balances in restricted funds which emerged in large part due to the challenges in delivering services caused by Covid-19 pandemic. Throughout the year there has been active engagement with commissioners to ensure these are used in ways consistent with their intended purpose. These efforts will continue.

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

14 RESTRICTED FUNDS (continued)

Purposes of restricted funds

Carer Support and Dementia Advice - North Hants

Carer Support and Dementia Advice - West & South West Hants

Carer Support and Dementia Advice - South East Hants

A contract for this area was awarded subsequent to a successful pilot project in Andover, funded by Hampshire County Council. The project aims to provide advice, support and information to those affected by dementia, carers, their families and friends.

Well-Being

This service is funded by Hampshire County Council to deliver mental health support and well-being services across Andover, Romsey, Basingstoke, Test Valley and Hart and Rushmoor.

Ugly Duckling

To run a therapeutic group for service users that also provides a furniture renovation and recycling project which benefits the local community. The project was closed during the pandemic.

Be You (formally Youth Counselling)

This service supports young people aged 11-17 in Andover to access advice, information, signposting/bridging, to help build resilience and coping skills and to learn and maintain wellbeing.

Repair Café

The Repair cafe is a free community-centred workshop where people can bring along their items that need fixing and then work alongside skilled volunteers to repair them. They can also get help upcycling items or modifying things such as clothing. The Repair Cafe was closed throughout the pandemic.

Safe Haven

Andover Mind has been a part of the Aldershot Safe Haven since September 2017. This is one of a number of Safe Havens run by Surrey and Borders Partnership Trust across North East Hampshire and Surrey. The aim of the Safe Haven, which is an evening and weekend service run out of the Aldershot Well-being Centre, is to provide a place for those in mental health crisis to have somewhere to go to seek support. Each shift is covered by a CPN (from SABP) and two support workers (one from Andover Mind and one from Catalyst) The Safe Haven has achieved its aim to keep people from attending A&E departments. There are close links with SABP crisis services, inpatient units and partner organisations.

Garden Project

The grant was awarded to support the 'Flower Garden Project' which encourages service users in the Andover area to come together to grow and tend the plants and Andover Mind's flower garden. The grant is to be used to purchase any items that may be required by this project

Basingstoke Primary Care

Working within the primary care setting, Well-being workers provide assessment, advice and information and signposting to services through a GP appointment system. The Basingstoke service runs a day time service staffed by a primary care lead. Funding for this was a result of a successful pilot carried out in one practice in 2019.

ANDOVER MIND

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

14 RESTRICTED FUNDS (continued)

Andover Primary Care

In Andover working in a primary care setting, Well-being practitioners provide assessment, advice and information and signposting to services through a GP appointment system. There is also an out of hour service which has a similar focus and the outcomes for which helped to secure funding for the day service which started in April 2020 and consists of a full multi-disciplinary team.

White Water Loddon Primary Care

Following a successful pilot in Chineham surgery, we secured funding for a 2 day post carrying out a triage and assessment service. This post works closely with surgery staff, and, if successful, will be rolled out to the rest of the PCN.

Andover Primary Care - Pears Foundation

During this period, we secured 3 month funding from the Pears Foundation (via national Mind) to support the delivery of the existing Andover Primary Care Mental Health Service (PCN). This was in response to increased demand due to Covid.

Community Connectors

Our Community Connectors work within the Mental Health Integrated Community Service (MHICS) in Aldershot and Farnborough. The team consists of psychiatry, nursing and pharmacy input. Our workers carry out an initial assessment and then up to 4 sessions with the patient to address their mental health or social care issues.

Carers Wellbeing

The Carer Support and Dementia Advice Service distributed direct funds to carers to support their well-being on behalf of Hampshire County Council

Mind - Influence and Participation

Grant received from national Mind to strengthen our approach to service user involvement in preparation for our MQM (Mind Quality Mark) assessment.

Mind - Equality Improvement

Grant received by National Mind to strengthen our approach to equality and diversity

Wellbeing Service Users

Mind organisations would, as part of regular support planning with their clients, ask about their physical health. Where they are confident a patient would be on the Serious Mental Illness register, Mind staff would ask whether they have heard of the Annual Health Check and have a conversation promoting the uptake. They would also mention that a follow up intervention can be provided by Mind through a Wellbeing Offer to take up an activity class, a club membership fee, or buy a piece of equipment for example.

Get Going Again - Covid Isolation

These funds were awarded to support Hampshire residents who were struggling to cope with their mental health and wellbeing due to COVID-19 or self isolating. The service provided a range of emotional and practical advice, information, sign posting and support.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

14 RESTRICTED FUNDS (continued)

SMI Funding Test Valley

SMI Funding Basingstoke

We were provided with this grant to support service users who are on the SMI (serious mental illness) register to attend their health checks and improve their physical health. The money was to be used as direct payment to service users as an incentive for them to continue to make healthy choices such as purchasing gym equipment, memberships or healthy food boxes.

SMI Outreach PCN/SMI Facilitators

Funds received to support Primary Care Networks engage with those on the Serious Mental Illness register to increase uptake of annual physical health checks and also provide some further support for these patients in improving their mental health. Historical uptake of these health checks has been poor and these patients have poorer life expectancies, so we are funded for a year to see if these roles can improve the statistics and make an impact.

ICTF Funding Test Valley

ICTF Funding Basingstoke

ICTF Funding Hart and Rushmoor

These grants were from the Adult Social Care Infection Control and Testing Funds. The grants were awarded to support adult social care providers to reduce the rate of COVID-19 transmission within and between care settings through effective infection prevention and control practices and to increase COVID-19 and flu vaccination uptake among staff.

CDSA Life Coaching

The purpose of these funds was to deliver an Informal Carers Wellbeing and Mindset Workshop programme to enhance balance and focus in their life.

PCN Basingstoke Transformation

This is an expansion of our existing Primary Care Network services in line with the new Hampshire Wellbeing Services contract. They provide mental health triage and assessment.

PCN Andover Transformation

This is an existing service building on the success of the original Andover PCN work, which started during COVID. Our wellbeing practitioners deliver one hour appointments as part of a mental health team.

Webchat

The online webchat service via our website makes accessing information faster and provides another way to get in touch without the need to call. It also makes communication easier for people who do not speak English as their first language, allowing the use of programmes like google translate to chat.

PCN Romsey and North Baddesley

Part of the Wellbeing Services contract to provide short-term recovery focussed intervention, and peer support to patients referred by their GP surgery. They work as part of a multidisciplinary team in partnership with PCNs and Southern Health.

Winchester Rural North and East PCN

Part of the Wellbeing Services contract to provide short-term recovery focussed intervention, and peer support to patients referred by their GP surgery. They work as part of a multidisciplinary team in partnership with PCNs and Southern Health.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

14 RESTRICTED FUNDS (continued)

Fleet MHICS

An extension of the Community Connectors project. Our Community Connectors work within the Mental Health Integrated Community Service (MHICS) in Fleet. The team consists of psychiatry, nursing and pharmacy input. Our workers carry out an initial assessment and then up to 4 sessions with the patient to address their mental health or social care issues.

Yateley MHICS

An extension of the Community Connectors project. Our Community Connectors work within the Mental Health Integrated Community Service (MHICS) in Fleet. The team consists of psychiatry, nursing and pharmacy input. Our workers carry out an initial assessment and then up to 4 sessions with the patient to address their mental health or social care issues.

Vivid Housing

A one year contract, working on behalf of Vivid Housing to provide a wellbeing service to their customers, working with their Tenancy Sustainment team. Covering their North Area, e.g Test Valley, Basingstoke & Deane, Hart & Rushmoor.

Advancing Mental Health Equalities

We secured funding from The NHS Hampshire, Southampton and Isle of Wight CCG No Wrong Door programme to support us with the work we are doing collaboratively with AMHE. We will employ a commissioned project researcher to work with the LGBTQ+ community. The aim is to bring the voice back to inform future service design and development.

Be You Peer Champions

We received funding from Sovereign #iwill fund (which supports youth social action projects), to set up a project called "Be You" Peer Champions which will recruit young volunteers to help shape and lead our young person offering along with gaining the skills and knowledge to become peer mental health champions. Unfortunately we were unable to deliver the project within the funds timeframe.

Catalyst Recovery and Connect

Subcontracted by Catalyst to provide 1FTE staff member for a fixed 1 year contract to April 2025 in North East Hampshire & Farnham. Service is providing support to patients identified by CMHRS/inpatient units to help reduce hospitalisation and promote recovery in the community.

Household Support Fund scheme

Funding from DWP Household Support Funding Programme via HCC for a supermarket voucher system for unpaid carers.

Garden for Mind

Garden for Mind is an exciting new initiative to create a beautiful and inspirational education, health and wellbeing garden on a previously unused piece of land at the Longstock Park Nursery, on the Waitrose & Partners Leckford Estate. The space will be used primarily by Andover Mind to deliver a variety of activities for the people who use our services, designed to promote wellbeing and mental health, as well as being available for use by other communities groups across the Test Valley. Through community fundraising events, sponsorship and donations from corporates and engaging with consultants, contractors and suppliers that have stepped forward to offer their services we are able to open the Garden for Mind in July 2024.

GP Hub Andover

Contracted by Mid Hampshire Healthcare to provide 1 evening per week of mental health triage appointments for GP surgeries. This contract ended 14th April 2024.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

15 UNRESTRICTED FUNDS

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
DESIGNATED FUNDS:					
Development fund	30,000	-	(4,550)	(25,450)	-
Communications and Marketing	10,000	-	-	(10,000)	-
Young Persons Services	10,000	-	-	(10,000)	-
Ugly Duckling	5,000	-	(1,950)	(3,050)	-
Building development fund	15,000	-	(9,073)	(5,927)	-
EDI	10,000	-	-	(8,500)	1,500
Contingency fund	-	-	-	94,500	94,500
Total designated funds	<u>80,000</u>	<u>-</u>	<u>(15,573)</u>	<u>31,573</u>	<u>96,000</u>
General funds	<u>249,263</u>	<u>55,804</u>	<u>(429,863)</u>	<u>282,969</u>	<u>158,173</u>
Total unrestricted funds	<u>329,263</u>	<u>55,804</u>	<u>(445,436)</u>	<u>314,542</u>	<u>254,173</u>

Purposes of designated funds

Development Fund

The purpose of the development fund is to cover costs associated with matched funding tender applications and other initial expenditure for future planned projects.

Communications and Marketing

The aim of this fund is to invest more resources in the Marketing and Communications department to support and enhance Andover Mind's digital transformation and marketing strategy.

Young Persons Services

The partial purpose of this fund is to recruit a youth development lead within the organisation to oversee and evolve the expanding young persons offer. Part of this fund will go directly to supporting young people.

Ugly Duckling

This fund will help develop the programme offer under The Ugly Duckling Project and will be utilised should alternate workshop premises be required.

Building development fund

The purpose of this fund will link to Andover Mind's proposed workforce well-being strategy and will be used to carry out any necessary building renovations or adaptations in order to best meet the needs of service users, carers and staff.

EDI

To provide training to increase awareness and understanding for staff, trustees and volunteers to help promote a more inclusive service and workplace culture so as to be able to appropriately support service users. This includes LGB and Trans awareness, further autism and neurodiversity training. This includes recruiting via job boards that focus on particular protected characteristics as part of positive action to increase representation of underrepresented or disadvantaged groups of people in the workforce. We will make improvements to our premises include a self-opening front door and signage to show we are an inclusive and welcoming space for all communities.

Contingency fund

The purpose of this fund is to meet the costs of restructuring in the event of a downturn in operations.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds	Designated funds	General funds	Total funds
<i>Year ended 31 March 2024</i>	£	£	£	£
Tangible fixed assets	-	-	14,848	14,848
Debtors	256,577	-	25,900	282,477
Cash at bank and in hand	1,103,944	96,000	214,170	1,414,114
Creditors	(176,304)	-	(96,745)	(273,049)
NET ASSETS	<u>1,184,217</u>	<u>96,000</u>	<u>158,173</u>	<u>1,438,390</u>
	£	£	£	£
<i>Year ended 31 March 2023</i>				
Tangible fixed assets	-	-	27,953	27,953
Debtors	289,935	-	20,431	310,366
Cash at bank and in hand	856,120	80,000	299,839	1,235,959
Creditors	(111,508)	-	(98,960)	(210,468)
NET ASSETS	<u>1,034,547</u>	<u>80,000</u>	<u>249,263</u>	<u>1,363,810</u>

17. TRUSTEE EXPENSES

Trustees were reimbursed expenses during this year of £nil (2023: £315). No trustee received any remuneration in the current or prior year.

During the year, trustee professional indemnity insurance of £3,192 (2023: £2,970) was paid by the charity.

18. OPERATING LEASE COMMITMENTS

At 31 March 2024, the charity had total commitments under non-cancellable operating leases, due as follows:

	2024	2023
	£	£
Within one year	36,660	39,990
Between one to two years	20,000	30,000
Between two and five years	-	20,000
	<u>56,660</u>	<u>89,990</u>

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

19 RELATED PARTY TRANSACTIONS

Hampshire Mind CIC (company number 10871821) was formed by Solent Mind, Andover Mind and Havant Mind to facilitate the provision of certain Hampshire County Council Contracts. During the year, J Davey-Cole, trustee, also served as a director of Hampshire Mind CIC.

Andover Mind received contract funding totalling £1,446,589 during the year. At the balance sheet date, Andover Mind were owed £121,158 (2023: £119,941) by Hampshire Mind CIC, which is included in trade debtors. Andover Mind also owed Hampshire Mind CIC £316 (2023: £53), which is shown within trade creditors.

20 PRIOR YEAR STATEMENT OF FINANCIAL ACTIVITIES

	Restricted funds £	Unrestricted funds £	2023 Total funds £
INCOME			
Donations and legacies	4,264	8,533	12,797
Charitable activities	2,984,693	8,550	2,993,243
Fundraising income	1,231	17,190	18,421
Trading income	14,076	22,873	36,949
	<u>3,004,264</u>	<u>57,146</u>	<u>3,061,410</u>
Investment income	-	-	-
TOTAL INCOME	<u>3,004,264</u>	<u>57,146</u>	<u>3,061,410</u>
EXPENDITURE			
Voluntary income costs	-	480	480
Trading costs	-	23,084	23,084
	<u>-</u>	<u>23,564</u>	<u>23,564</u>
Charitable activities	2,441,051	314,929	2,755,980
TOTAL EXPENDITURE	<u>2,441,051</u>	<u>338,493</u>	<u>2,779,544</u>
NET INCOME/(EXPENDITURE) FOR THE YEAR	563,213	(281,347)	281,866
Transfers between funds	(282,115)	282,115	-
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>281,098</u>	<u>768</u>	<u>281,866</u>
FUNDS AT 1 APRIL 2022	753,449	328,495	1,081,944
FUNDS AT 31 MARCH 2023	<u>1,034,547</u>	<u>329,263</u>	<u>1,363,810</u>

ANDOVER MIND

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

21 PRIOR YEAR FUND MOVEMENTS

RESTRICTED FUNDS	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Carer Support and Dementia Advice - North Hants	40,057	255,100	(254,488)	(21,224)	19,445
Carer Support and Dementia Advice - West & South West Hants	65,606	406,334	(395,188)	(33,810)	42,942
Carer Support and Dementia Advice - South East Hants	40,735	329,031	(319,471)	(27,335)	22,960
Well Being Test Valley	49,520	75,619	(117,263)	(6,050)	1,826
Well Being Basingstoke	78,104	102,755	(86,982)	(8,544)	85,333
Well Being Hart and Rushmoor	93,572	115,935	(108,735)	(9,402)	91,370
Wellbeing Romsey and North Baddesley	-	29,093	(12,567)	(3,325)	13,201
Wellbeing Hub North Hants Farnborough	-	134,843	(109,330)	(15,392)	10,121
Wellbeing Hub Mid Hants (Andover)	-	87,369	(75,267)	(9,973)	2,129
Ugly Duckling	-	14,413	(7,339)	(7,074)	-
Be You (formerly Youth Counselling)	8,972	7,189	(18,091)	10,364	8,434
Repair café	4,330	923	(10)	-	5,243
Safe Haven - Aldershot and Farnborough	8,556	72,123	(69,934)	(6,000)	4,745
Safe Haven - Mid-Hants	13,935	183,010	(152,791)	(15,226)	28,928
Safe Haven - extra funding	-	135,750	(22,496)	(11,294)	101,960
Springboard	11,671	-	-	(11,671)	-
Garden Project	1,855	-	(119)	-	1,736
Basingstoke Primary Care	12,685	18,965	(19,992)	(1,579)	10,079
Andover Primary Care	28,435	56,966	(52,332)	(1,961)	31,108
Aldershot and Farnborough Primary Care	-	-	-	-	-
White Water Loddon Primary Care	7,081	10,517	(10,497)	(875)	6,226
Fleet Primary Care	-	7,550	(6,824)	(726)	-
Andover Primary Care - Pears Foundation	497	-	-	-	497
Community Connectors - Aldershot and	43,508	151,998	(104,197)	(12,647)	78,662
Carers Wellbeing	10,860	-	(8,660)	-	2,200
Mind - Influence and Participation	1,800	-	-	-	1,800
Mind - Equality Improvement	1,800	-	-	-	1,800
<i>Balance to next page</i>	<u>523,579</u>	<u>2,320,035</u>	<u>(2,049,724)</u>	<u>(207,770)</u>	<u>586,120</u>

ANDOVER MIND

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

<i>Balance from previous page</i>	523,579	2,320,035	(2,049,724)	(207,770)	586,120
Wellbeing service users	9,900	-	(2,842)	-	7,058
Get Going Again - Covid Isolation	21,309	-	(6,611)	-	14,698
SMI Funding Test Valley	9,021	-	(6,348)	-	2,673
SMI Funding Basingstoke	9,588	-	(7,277)	-	2,311
SMI Outreach PCN	6,620	-	(5,716)	-	904
ICTF Funding Test Valley	7,455	-	(7,408)	-	47
ICTF Funding Basingstoke	18,120	-	(16,565)	-	1,555
ICTF Funding Hart and Rushmoor	20,824	-	(16,521)	-	4,303
CSDA Life Coaching	7,700	-	(4,000)	-	3,700
PCN Basingstoke Transformation	69,829	373,839	(141,188)	(43,309)	259,171
PCN Andover Transformation	43,344	106,145	(66,407)	(12,274)	70,808
Webchat	6,160	-	(1,440)	-	4,720
PCN Romsey and North Baddesley	-	63,583	(13,738)	(7,280)	42,565
Yateley MHICS	-	41,153	(35,752)	(3,744)	1,657
Winchester Rural North and East PCN	-	21,194	(7,697)	(2,421)	11,076
Fleet MHICS	-	18,750	(15,113)	(1,560)	2,077
Vivid Housing	-	3,778	(3,446)	-	332
Advancing Mental Health Equalities	-	7,500	(1,422)	(364)	5,714
SMI Facilitators	-	40,788	(31,836)	(3,393)	5,559
Be You Peer Champions	-	7,499	-	-	7,499
	<u>753,449</u>	<u>3,004,264</u>	<u>(2,441,051)</u>	<u>(282,115)</u>	<u>1,034,547</u>

21 PRIOR YEAR FUND MOVEMENTS (continued)

UNRESTRICTED FUNDS	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
DESIGNATED FUNDS:					
Development fund	20,000	-	(5,522)	15,522	30,000
Communications and Marketing	25,000	-	(6,000)	(9,000)	10,000
Young Persons Services	20,000	-	-	(10,000)	10,000
Ugly Duckling	15,000	-	(4,413)	(5,587)	5,000
Building Development Fund	15,000	-	(10,830)	10,830	15,000
Farnborough Property Fund	50,000	-	-	(50,000)	-
EDI	-	-	-	10,000	10,000
<i>Other designated funds:</i>					
Total designated funds	145,000	-	(26,765)	(38,235)	80,000
General funds	<u>183,495</u>	<u>57,146</u>	<u>(311,728)</u>	<u>320,350</u>	<u>249,263</u>
Total unrestricted funds	<u>328,495</u>	<u>57,146</u>	<u>(338,493)</u>	<u>282,115</u>	<u>329,263</u>