



**Annual Accounts
2021-22**

ANDOVER MIND
(A company limited by guarantee)

Report of the Executive Committee for the year ended 31st March 2022

The Executive Committee, who are trustees of the charity for the purposes of the Charities Act and directors of the charity for the purposes of the Companies Act (throughout the accounts collectively referred to as the executive committee); present their report and the audited financial statements for the year ended 31st March 2022.

Reference and Administrative Information

Charity Name:	Andover Mind
Charity Registration number:	1039094
Company Registration number:	2935549
Operational Address:	Arcade House Westbrook Close South Street Andover SP10 2BN
Web:	www.andovermind.org.uk
Registered Office	c/o Knight Goodhead Chartered Accountants 7 Bournemouth Road Chandler's Ford Eastleigh SO53 3DA

Executive Committee

Anne Phillips	Chair
Maria Cussell	Deputy Chair (appointed March 2022)
Tim Foy	Treasurer
Lara Pletcher	Trustee (appointed January 2022)
James Brown	Trustee (appointed March 2022)
Robin Taylor	Trustee (appointed March 2022)
Rebecca Perrin	Trustee (appointed March 2022)
Sarah Oakley	Trustee (appointed March 2022)
Iris Stevens	Trustee
Tom Rawcliffe	Trustee
Sandra Buckley	Trustee
Wendy Eley	Trustee (appointed March 2022)
Paul Crossman	Trustee (resigned 29.1.2022)
Mrs J Abdollahzadeh	Trustee (resigned 9.4.2021)

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Management Team

Jody Phelvin	Chief Executive Officer
Helen Mothersole	Head of Wellbeing Services
Barbara Allen	Head of ICS Transformation and Development
Francesca May	Senior HR Coordinator
Lisa Langman	Head of Business Development and Resources
Louise Ellison	Marketing and Communications Manager
Laura Mouzouris-Lodge	Head of Countywide Operations
Katie Dutton	Primary Care Manager
Nicky Graham	Finance Manager

Auditors

Knight Goodhead Limited
7 Bournemouth Road
Chandler's Ford
Eastleigh
SO53 3DA

Bankers

NatWest Bank Plc, 21 Chantry Way, Andover, Hampshire SP10 1LL
Santander, Bridle Road, Bootle, Merseyside, L30 4GB

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 3rd June 1994 and registered as a charity on 3rd October 1986. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00 per member.

Recruitment and Appointment of Executive Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the committee. Under the requirements of the Memorandum and Articles of Association the members of the committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All members of the Executive Committee retire by rotation and, being eligible, may offer themselves for re-election.

It is a requirement of our Articles of Association that at least two members of the committee should be, or have been, users of mental health services. The Executive Committee is keen to ensure that this requirement is met and that the views and ideas of service users are represented on the committee.

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Business experience, HR and leadership skills are represented on the committee. In an effort to maintain this broad skill mix, members of the committee are requested to provide a list of their skills and in the event of particular skills being lost due to retirements, we will then advertise locally for new members. We also approach suitable individuals to offer themselves for election to the committee, which has proved successful. There is a formal interview process.

Trustee Induction and Training

Trustees may already be familiar with the practical work of the charity as they are encouraged to shadow in various capacities.

There is a robust onboarding process including a National Mind induction and internal induction, allowing time for prospective trustees to cover all aspects of Andover Mind services.

A pack is available drawn from the various Charity Commission publications signposted through the Commission's guide "The Essential Trustee". This is distributed to all new trustees along with the Memorandum and Articles, the latest financial statements, recent executive meeting minutes and relevant policies and procedures etc.

Additionally, all trustees are encouraged to attend training sessions, to familiarise themselves with the charity and the context within which it operates. Training opportunities are selected to meet the needs of individuals, for example, accounts, finances and budgeting, recruitment and training.

The recruitment and induction process has been revised however it is important that we continue to review it to ensure we encompass feedback and meet the charity's requirements.

Risk & Crisis Management

The Executive Committee has further reviewed the major risks to which the charity is exposed and the trustees have an approved Risk-Register that includes Crisis-Management, which is regularly updated. To further protect the integrity of Andover Mind a 'Business Continuity Management' plan is documented. An Executive sub Committee focussing on Finance, Risk and Audit takes the lead in monitoring potential risks to the organisation.

Where appropriate, systems and procedures have been established to mitigate the risks that the charity faces.

External risks to funding continue to be monitored by an executive committee sub-group and the management team. They aim to identify a wide range of sources of sustainable funding from public and corporate sectors; they also explore the viability of fundraising events in order to bring together a strategic funding plan. Internal procedures are in place to minimise risk in relation to the handling of financial matters and the authorisation of transactions and contracts.

Procedures are in place to ensure compliance with Health and Safety regulations relating to the safety of service users, staff, volunteers and visitors to the centres.

The service contracts currently in place specify standards in all areas of work which are designed to minimise risk and provide safe professional services to clients and a safe working environment for staff and volunteers.

We endeavour to keep ourselves abreast of all current and future government guidelines and standards.

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Mind has its own Quality Standards, "Mind Quality Mark", against which it judges all aspects of services. Services are submitted to external scrutiny against these standards every three years, in order to retain affiliation.

Organisational Structure

Andover Mind can have an Executive Committee of up to 15 members who meet bi-monthly and are responsible for the strategic direction and governance of the Charity. The committee ideally has members from a variety of professional backgrounds relevant to the work of the charity. The Chief Executive attends the committee but has no voting rights.

The Chief Executive, who reports to the Chairperson, is responsible for delivering the vision and strategy of the charity. Additionally, the Chief Executive undertakes supervision of the Senior Leadership Team staff, ensuring that the team continues to develop their skills and work in line with good practice.

There are designated senior staff given authority to deputise the day-to-day management, in the absence of the Chief Executive, coordinating closely with the trustees on any urgent matters.

Andover Mind had an increase in staff numbers to 106 staff as of 31st March 2022. The charity had 64 dedicated volunteers, including Trustees.

Related Parties and Communication

The charity endeavours to review and update its Business Plan every three years; this plan sets out the mission statement, aims & objectives of the charity. The plan identifies the need to work in partnership across local stakeholders.

The Chief Executive officer and Senior Leadership Team of the charity attends key strategic meetings across all service areas.

Our contract monitoring meetings report back to Hampshire County Council and the Integrated Care Board, reviewing progress of work agreed in the various service contracts.

We continue to promote our work across local communities in Hampshire raising the profile of the charity, recognising the importance of strengthening relationships with potential corporate funders.

Objectives and Activities

The charity's mission as set out in the Business Plan is:

To empower anyone with or at risk of experiencing a mental health issue and all carers to access the right advice, information and support. We campaign to improve services, raise awareness and promote understanding.

In reviewing our objectives and activities, the trustees have kept in mind the Charity Commission's guidance on public benefit. The benefit we aim to provide to our service users is the focus of our Mission above.

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Our Strategic Objectives are:

- To be at the forefront in educating and influencing communities and partners about Mental Health through collaboration and co-production.
- To understand the mental health needs of our communities and how we can best support them.
- To apply the principles of continuous improvement in everything we do.
- To develop and maintain the necessary infrastructure to deliver innovative and effective services.
- To increase unrestricted income from trading, fundraising, legacies and donations.

Our values are:

Open – We reach out to anyone who needs us.

Responsive - We listen, we act.

Together - We're stronger in partnerships.

Independent - We speak out fearlessly.

Unstoppable - We never give up.

Achievements and Performance

The main activities of the charity are the provision of Wellbeing and Primary Care Services, the provision of the Safe Haven services to support those in mental health crisis, and the Carer Support and Dementia Advice service for Hampshire, which supports all adult carers caring for another adult and people with dementia. We also provide Adult Counselling services and the 'Be You' service for young people aged 11-17. We continue with our promotional activity to reduce the stigma to mental health and raise mental health awareness within our communities. We also run a furniture recycling project 'Ugly Duckling' which provides support to those who volunteer within the project which includes through its peer support help with combating loneliness and isolation.

To maintain our affiliation to Mind, we are part of the accreditation process quality standards. This affiliation ensures that each local organisation meets Mind's quality standards of governance and service delivery. Andover Mind successfully achieved MQM (Mind Quality Mark) status in 2019 and our next accreditation is due in 2023.

Service user and carer feedback is a requirement within all our commissioned contracts. This is achieved by means of focus groups, service user audits, face-to-face interviews, as appropriate to each service user group. We also conduct audits on feedback and satisfaction from stakeholder groups.

The contact management system Charity Log has proven to be a very successful tool for the charity. We are able to measure our outcomes against the service specification report on service data and activity. It is very much embedded within our services in measuring our activity and recording contacts.

During the reporting period the organisation had an increase in the number of Service users and Carers accessing our services due to new contracted services and an increase in demand.

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The reporting data on numbers of service users and Carers accessing the following services:

Carer Support and Dementia Advice – 6,738

Wellbeing services – 2,235

Safe Haven - 87

Youth counselling - 140 (service ceased end July 2022)

Be You - 9 (new service Jan 2022)

Primary care mental health service - total number of appointments - 10,056

The Well-being Service

In 2017, following a competitive tendering exercise we were awarded Well-being service contracts across Test Valley, the Basingstoke and Deane area and also the Hart and Rushmoor area. During the tendering exercise we worked with other local Mind's in Hampshire and formed a Community Interest Company (CIC) Hampshire Mind CIC. The CIC supported the bids and service delivery in certain areas for Andover Mind - we formed a CIC bid for the lot area of Test Valley and New Forest, in which we partner with Solent Mind to deliver across the Lot area with Solent Mind taking the lead for New Forest and Andover Mind leading on Test Valley. However, for the Hart Rushmoor and Basingstoke area contract this is not under the CIC arrangement and is solely delivered by Andover Mind.

The Well-being services staff provide support to people with varying degrees of mental-health illness. The referral pathway to access Well-being services are through several routes:- self referral, primary care, specialist mental health services as well as Andover Mind's Referrals and Enquiries team. Our aim is to support people to achieve recovery according to their own individual needs via 1-1 Support, group work and Peer support. We help them maintain their successes and build on them, so that they can fulfil their hopes and achieve their potential.

Andover Mind has three wellbeing centres in Andover, Basingstoke and Farnborough.

Covid-19

The past year has seen Andover Mind's service delivery picture transform and evolve as we take on lessons learnt during the pandemic. As we emerged from the pandemic the staff teams implemented a hybrid offer ensuring our service users and carers felt comfortable and able to access the right services and support both digitally and in person. We continue to review our offer to ensure it best meets the needs of our beneficiaries in such a rapidly changing external environment.

Be You service

Our young persons service launched in Andover in September 2021 and aims to provide advice, information and support to young people aged 11-17 in a safe and trusted environment. The service aims to build resilience and coping skills and to learn, support, and maintain their well-being. Sessions, drop ins and our music therapy group take place after school hours and at weekends.

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Primary Care services

Working within the primary care setting, our staff provide assessment, triage, advice and information, signposting and referral appointments to patients referred through their GP surgery. Our staff include Well-being Practitioners/Community Connectors and Peer Practitioners. Day-time and out-of-hours appointments are offered in Andover, Basingstoke, Fleet, Aldershot and Farnborough. The focus of this support is early intervention and support in preventing more serious mental health issues, with the opportunity for short-term interventions when this is indicated. Some staff are part of a wider PCN (Primary Care Network) mental health team which includes input from GP clinical leads, psychologists, psychiatrists, nurses, OT's, and young person's workers. Other staff provide more stand-alone services. Discussions have also taken place with Hampshire County Council and the CCG's/ICS's to develop these services further under the auspices of transformation. The Well-being contract is expected to go out to tender shortly and we anticipate that new roles will emerge under that banner.

Safe Haven Crisis Services

The aim of our Safe Haven's is to provide an alternative to attending busy hospital emergency departments & instead offer a calmer & non-clinical environment to adults over 18 experiencing an emotional or mental health crisis enabling them to feel safe & receive confidential & compassionate support from the teams.

Andover Mind has been a part of the Aldershot Safe Haven since September 2017. This is one of a number of Safe Havens run by Surrey & Borders NHS Partnership Trust (SABP) across NE Hampshire and Surrey. The Aldershot Safe Haven is open every evening, 6-11pm and weekends from 12pm, 365 days a year. Service users can visit the Safe Haven in person without an appointment or can access via the 'Attend Anywhere' link on our website to access an instant virtual appointment.

In September 2021 in partnership with Southern Health NHS foundation Trust we launched the North & Mid Hampshire Safe Haven situated at our Wellbeing centre in Basingstoke, open every evening 6-10pm, 365 days a year operating with a Manager/Team Lead, Practitioner & Peer Practitioner at each shift. Service Users can access the Safe Haven in person, via telephone or virtually using 'Attend Anywhere'.

Carer Support and Dementia Advice Service for Hampshire

The service is commissioned by Hampshire County Council and the Hampshire, Southampton and Isle of Wight Clinical Commissioning Group from September 2019 to September 2022 (we previously held the Dementia Advice Service contract since 2009) This service provides tailored information, advice and signposting/bridging for people with a mild cognitive impairment or a dementia diagnosis and their carers. We also support unpaid/informal adult carers (including young carers 16+) caring for another adult with any condition/illness. This service can be accessed through a self-referral or through a formal referral process and our Andover based referrals and enquiries team who provide the robust admin support and triage element required to process referrals to the wider outreach staff team ensuring service users and carers are supported on the appropriate pathway. The aim of this service is to prevent carer crisis, hospital and care home admissions and prevent further burden on the statutory sector.

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Adult Counselling

This is a well-established service; we are an approved placement by several training centres and we always have a waiting list of counsellors who want to work with us. During part of 2021/22 we offered an online 1-1 service for people to talk about their thoughts and feelings. Emerging from Covid we plan to reintroduce a face to face service.

Youth Counselling

Corporate funding for our youth counselling service ceased in July 2021 which instigated the launch of the 'Be You' service.

Repair Cafe

The Repair cafe is a free community-centred workshop where people can bring along their items that need fixing and then work alongside skilled volunteers to repair them. They can also get help upcycling items or modifying things such as clothing. The Repair Cafe was originally held in the Community Space at Andover Mind and we also ran sessions in our pop-up shop based at the Chantry Centre in Andover. Our forward plans are to seek a venue in the Community that is easily accessible to the public with the space to accommodate visitors.

Ugly Duckling

Ugly Duckling is a furniture repair and renovation service run by Andover Mind, for the local community. Ugly Duckling aims to help the environment by repairing and recycling donated furniture that would otherwise have gone to landfill, whilst at the same time providing work experience, social networks, and occupation and training opportunities to disadvantaged people who are involved in upcycling work.

Flower Garden Project

Andover Mind received a small grant for 'The Flower garden project' that sits beside the Ugly Duckling workshop premises. The project encourages service users and carers to come together to grow and tend Andover Mind's flower garden. Funding has enabled the project to purchase items for the project.

Marketing

We have adopted the national Mind brand guidelines and centralised our communications process to ensure we're promoting a consistent message across all channels. Activity on social media has increased and we now have a page for Andover Mind, Ugly Duckling and Carer Support and Dementia Advice. We are using a cloud-based platform to deliver our newsletters to ensure GDPR compliance. We are developing our comms strategy to expand our reach across the whole region in which we operate. We are beginning to work more collaboratively with the Mind network in terms of creating content. In the near future, we plan to expand the department, enabling us to develop our digital strategy and increase our output.

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Financial Review

The Trustees endeavour to keep a tight control on limited resources and continue to look for and explore new sources of sustainable, ethical funding, alongside the uncertain income from statutory funders.

During the year, the charity achieved an overall surplus of £261,003 (2021: £348,731), which has been added to reserves; £59,384 relating to unrestricted funds and £201,619 on restricted funds. At 31 March 2022 total funds stand at a balance of £1,081,944, which include restricted funds of £753,449 (see note 14).

The board of trustees at Andover Mind are acutely aware of the unspent balances in restricted funds, which are largely as a result of the covid-19 pandemic with key contributors being decreased staff travel, a challenging external recruitment market and a focus on digital service delivery. The board of trustees endeavour to review this regularly and ensure the funds are invested in Andover Mind so that the charity is best placed to deliver quality, sustainable and covid-19 secure services.

Principal Funding Sources

The principal funding source for the charity is by contract income from Hampshire County Council and the NHS. As a result of increasing constraints on local authority expenditure, the charity has to seek funding from a much broader group of agencies, i.e., from grant applications to such groups as TVBC and Mind, from charitable trusts and corporate partnerships and by means of a wide variety of fundraising events.

Investment Policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few opportunities for long term investment. Grants received in advance may be placed on short-term deposit, where they are available for drawdown.

Reserves Policy

In conjunction with service contracts, the charity has realigned its policy on reserves. In the event of loss of income, the Trustees seek to hold sufficient reserves to cover operating costs for a period of three months and termination payments for staff members and lease commitments. The Trustees seek to have between £170,000 to £220,000 in unrestricted funds. Restricted funds are excluded, as any such amounts held are for defined purposes.

At 31 March 2022, general funds totalled £183,495, which is in line with the reserves policy, however this will be kept under review especially given the uncertainty surrounding any further impact of the pandemic.

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Plans for Future Periods

1. To continue to invest in business development to enable us to tender for our current services and other commissioning opportunities in line with our vision and funding strategy
2. To invest resources in our services to bring added value to the service specification set out our main contracts
3. To review our back-office support and management structure to ensure it is aligned to the demands and size of the charity
4. To monitor and develop our fundraising plan with particular focus on legacy and digital fundraising.
5. To develop our service offer for young people
6. To develop and implement an organisational Communications and Marketing strategy with a focus on digital transformation
7. To continue to recruit new trustees to the board of Andover Mind
8. Developing our experience and learning from the pandemic and offering services virtually, digitally and face to face
9. To ensure we uphold lived experience and proactively co-produce and engage with service users and carers
10. To develop a staff led workforce wellbeing strategy
11. To continue to work with a sense of collaboration and cohesiveness with our local mind partners and VCSE colleagues to ensure quality and continuity of services

Responsibilities of the Executive Committee

The Trustees are responsible for preparing the Executive Committee's report and the financial statements in accordance with applicable laws and regulations.

Company law requires the Executive Committee to prepare financial statements for the charity for each financial year. The financial statements must be prepared in accordance with the United Kingdom generally Accepted Accounting practice (United Kingdom Accounting Standards and applicable law) and are required to give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure for the financial year. In preparing those financial statements, the Executive Committee are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The Executive Committee is responsible for keeping accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities Act 2011 and regulations made there under. The Executive Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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The Executive Committee have confirmed that so far as they are aware, there is no relevant audit information of which the charitable company's auditors are unaware, and that they have taken all steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information.

Auditors

Knight Goodhead Ltd were appointed following a selection process in 2014: they have continued to provide auditing services to Andover Mind for 21/22

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Executive Committee on 21 November 2022 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Anne Phillips', written over a horizontal line.

Mrs Anne Phillips – Chair
Trustee

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ANDOVER MIND

(Company limited by guarantee and not having a share capital)

Opinion

We have audited the financial statements of Andover Mind for the year ended 31 March 2022, which comprise the Statement of Financial Activities, Balance Sheet, Cashflow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable to the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ANDOVER MIND

(Company limited by guarantee and not having a share capital)

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Annual Report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under the Companies Act 2006 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.

We identified the laws and regulations applicable to the charitable company through discussions with trustees and other management and we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud and considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ANDOVER MIND

(Company limited by guarantee and not having a share capital)

To address the risk of fraud through management bias and override of controls, we performed analytical procedures to identify any unusual or unexpected relationships, tested journal entries to identify unusual transactions and investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims;

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

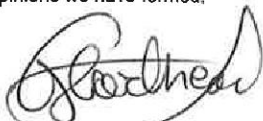
Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Knight Goodhead Limited is eligible for appointment as auditor of the charitable company by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



CJ GOODHEAD FCA

Senior Statutory Auditor

Knight Goodhead Limited

Chartered Accountants and Statutory Auditors

7 Bournemouth Road, Chandler's Ford, Eastleigh, Hampshire, SO53 3DA

Dated: 19 December 2022

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STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022**(including Income and expenditure account)**

	Notes	Restricted funds £	Unrestricted funds £	2022 Total funds £	2021 Total funds £
INCOME					
Donations and legacies	3	2,952	9,704	12,656	26,812
Charitable activities	4	2,404,319	5,645	2,409,964	2,172,269
Fundraising income		1,179	11,246	12,425	15,161
Trading income	5	13,353	13,532	26,885	25,473
		<u>2,421,803</u>	<u>40,127</u>	<u>2,461,930</u>	<u>2,239,715</u>
Investment income		-	3	3	14
TOTAL INCOME		<u>2,421,803</u>	<u>40,130</u>	<u>2,461,933</u>	<u>2,239,729</u>
EXPENDITURE					
Voluntary income costs	6	-	147	147	182
Trading costs	6	-	17,966	17,966	16,740
		<u>-</u>	<u>18,113</u>	<u>18,113</u>	<u>16,922</u>
Charitable activities	6	1,966,266	216,551	2,182,817	1,874,076
TOTAL EXPENDITURE		<u>1,966,266</u>	<u>234,664</u>	<u>2,200,930</u>	<u>1,890,998</u>
NET INCOME/(EXPENDITURE) FOR THE YEAR	7	455,537	(194,534)	261,003	348,731
Transfers between funds	14,15	(253,918)	253,918	-	-
NET MOVEMENT IN FUNDS FOR THE YEAR		<u>201,619</u>	<u>59,384</u>	<u>261,003</u>	<u>348,731</u>
FUNDS AT 1 APRIL 2021		<u>551,830</u>	<u>269,111</u>	<u>820,941</u>	<u>472,210</u>
FUNDS AT 31 MARCH 2022		<u>753,449</u>	<u>328,495</u>	<u>1,081,944</u>	<u>820,941</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in notes 14 and 15 to the financial statements.

ANDOVER MIND

COMPANY NUMBER: 2935549

(Company limited by guarantee and not having a share capital)

BALANCE SHEET AS AT 31 MARCH 2022

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	10		8,027		-
CURRENT ASSETS					
Debtors	11	451,170		126,389	
Cash at bank and in hand		<u>1,160,533</u>		<u>857,951</u>	
		1,611,703		984,340	
CREDITORS: amounts falling due within one year	12	<u>(537,786)</u>		<u>(163,399)</u>	
NET CURRENT ASSETS			1,073,917		820,941
NET ASSETS	16		<u>1,081,944</u>		<u>820,941</u>
FUNDS					
Restricted funds	14		753,449		551,830
Unrestricted funds					
General funds	15		183,495		124,111
Designated funds	15		<u>145,000</u>		<u>145,000</u>
TOTAL FUNDS			<u>1,081,944</u>		<u>820,941</u>

These accounts have been prepared in accordance with the special provisions of the Companies Act 2006 and FRS 102 relating to small entities.

Approved by the board of trustees on 21 NOVEMBER 2022
and signed on its behalf by



Mrs I Stevens
Trustee

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	2021 £
NET CASH FLOW PROVIDED BY OPERATING ACTIVITIES	1	314,620	317,706
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		3	14
CASH FLOWS FROM FINANCING ACTIVITIES			
Fixed asset additions		(12,041)	-
NET CASH FLOW		<u>302,582</u>	<u>317,720</u>
Change in cash and cash equivalents in the period		302,582	317,720
Cash and cash equivalent at start of the period		<u>857,951</u>	<u>540,231</u>
Cash and cash equivalents at the end of the period	2	<u>1,160,533</u>	<u>857,951</u>

NOTES TO THE CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2022**1 RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2022 £	2021 £
Net movement in funds for the period	261,003	348,731
Interest received	(3)	(14)
Depreciation	4,014	-
(Increase)/decrease in debtors	(324,781)	(32,815)
(Decrease)/increase in creditors	374,387	1,804
Net cash flow from operating activities	<u>314,620</u>	<u>317,706</u>

2 ANALYSIS OF CASH AND CASH EQUIVALENTS

	2022 £	2021 £
Cash at bank and in hand	<u>1,160,533</u>	<u>857,951</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102 and the Companies Act 2006.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

b) Income

Donations and legacies are received by way of donations and gifts and is included in full in the statement of financial activities when received.

Revenue grants are shown in the Statement of Financial Activities in the year to which they relate and when the conditions of receipt have been complied with. Where the grant has to be matched to a different period the deferred element is deducted from incoming resources and carried forward in creditors.

Legacies are accounted for in the Statement of Financial Activities when receipt is probable, and their value can be measured with sufficient reliability.

c) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred.

Voluntary income costs and trading costs comprise the costs associated with attracting voluntary income and the costs of fundraising and trading.

All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Cost related to a particular activity are allocated directly, others are apportioned on an appropriate basis.

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES (CONTINUED)

d) Operating leases

Rentals paid under operating leases are taken to the Statement of Financial Activities on a straight line basis over the lease term.

e) Tangible fixed assets

Assets that cost more than £500 are capitalised at cost price. Depreciation is provided using the following rates and bases to reduce by annual instalments the cost, less estimated residual value of the tangible assets over their estimated useful lives:

Leasehold improvements	Over the length of the lease
Motor vehicles	25% straight line
Office equipment	20-50% straight line
Computer equipment	33% straight line

f) Funds

Unrestricted funds are donations and other incoming resources receivable or generated for charitable purposes.

Restricted funds represent grants and donations which are allocated by the donor for specific purposes. Expenditure which meets these criteria is charged to the appropriate fund.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

2 LEGAL STATUS

The charity is a company limited by guarantee and has no share capital. The charitable company was incorporated on 3 June 1994 in the United Kingdom and was registered on 1 July 1994 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charitable company is 7 Bournemouth Road, Chandler's Ford, Eastleigh, Hampshire, SO53 3DA.

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022**3 DONATIONS AND LEGACIES**

	Restricted funds £	Unrestricted funds £	2022 Total £	2021 Total £
<i>Donations and similar income</i>				
General donations	2,952	9,704	12,656	26,812
	<u>2,952</u>	<u>9,704</u>	<u>12,656</u>	<u>26,812</u>

4 CHARITABLE ACTIVITIES INCOME

<i>Grants and Contracts</i>				
Hampshire CC Social Services	1,694,005	-	1,694,005	1,593,788
Hampshire County Council	175,146	-	175,146	111,386
NHS Surrey & Borders Partnership Foundation Trust	155,400	-	155,400	162,000
Central Government - CJRS income	-	650	650	21,907
Simply Health	-	-	-	55,795
West Hants CCG	34,753	-	34,753	68,646
Hampshire CIC	135,375	-	135,375	56,568
National Mind	-	-	-	21,834
Tri-Locality Care (TLC) Limited	-	4,995	4,995	5,649
Mid Hampshire Health Care Ltd	118,000	-	118,000	3,151
Solent Mind	25,159	-	25,159	-
Schroder Charity Trust	-	-	-	4,000
Walter Guinness Trust	-	-	-	3,000
Test Valley Borough Council	13,172	-	13,172	33,706
Edward Gostlin	-	-	-	5,000
The Saintbury Trust	-	-	-	5,000
Chine Medical Practice	18,029	-	18,029	14,009
Fleet Medical Centre	13,014	-	13,014	6,830
Rural West PCN	2,722	-	2,722	-
NHS Hants, Southampton and Isle of Wight	994	-	994	-
NHS Frimley	8,550	-	8,550	-
NHS Portsmouth	10,000	-	10,000	-
	<u>2,404,319</u>	<u>5,645</u>	<u>2,409,964</u>	<u>2,172,269</u>

5 TRADING INCOME

Shop income	10,189	-	10,189	5,433
Restaurant income	-	-	-	35
Counselling income	-	1,300	1,300	2,185
Training income	-	280	280	6,283
Placements income	-	2,800	2,800	2,240
Rental income	1,664	5,440	7,104	7,218
Sundry income	1,500	3,712	5,212	2,079
	<u>13,353</u>	<u>13,532</u>	<u>26,885</u>	<u>25,473</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

6 EXPENDITURE	Voluntary income	Fundraising and trading	Charitable activities	Total 2022	Total 2021
	£	£	£	£	£
COSTS DIRECTLY ALLOCATED TO ACTIVITIES					
Employed staff costs (see note 8)	-	-	1,629,045	1,629,045	1,369,356
Consultancy and resources	-	-	9,477	9,477	15,840
Travelling expenses	-	-	39,482	39,482	14,726
Volunteer and student expenses	-	-	7,037	7,037	5,679
Training and recruitment	-	-	20,462	20,462	3,576
Canteen and Ugly Duckling consumables	-	-	2,035	2,035	1,129
Advertising and promotion	-	-	351	351	898
Subscriptions	-	-	5,699	5,699	3,725
Repairs and maintenance	-	-	42,756	42,756	29,067
COVID expenses including PPE	-	-	5,600	5,600	9,235
Carers wellbeing COVID support	-	-	76,786	76,786	103,636
	-	-	<u>1,838,730</u>	<u>1,838,730</u>	<u>1,555,867</u>
SUPPORT COSTS ALLOCATED TO ACTIVITIES					
Staff costs (see note 8)	-	12,980	116,817	129,797	112,573
Human resources	-	-	2,680	2,680	1,377
Rent and rates	-	3,088	99,858	102,946	111,192
Insurance	-	-	11,934	11,934	10,431
Telephone	-	1,015	32,820	33,835	35,234
Printing, postage and stationery	147	882	28,385	29,415	36,333
Audit and accountancy fees	-	-	4,843	4,843	4,873
Bookkeeping and payroll fees	-	-	9,540	9,540	9,935
Trustee expenses	-	-	18,217	18,217	462
Legal and professional	-	-	14,713	14,713	11,511
Bank charges	-	-	266	266	210
Depreciation	-	-	4,014	4,014	-
	<u>147</u>	<u>17,966</u>	<u>344,087</u>	<u>362,200</u>	<u>334,131</u>
TOTAL EXPENDITURE	<u><u>147</u></u>	<u><u>17,966</u></u>	<u><u>2,182,817</u></u>	<u><u>2,200,930</u></u>	<u><u>1,890,998</u></u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022**7 NET INCOME FOR THE YEAR**

This is stated after charging:

	2022	2021
	£	£
Depreciation	4,014	-
Auditors' remuneration:		
- audit	3,000	3,000
- other services	11,383	11,808
	<u>11,383</u>	<u>11,808</u>

8 EMPLOYED STAFF COSTS AND NUMBERS

	2022	2021
	£	£
Employed staff costs were as follows:		
Salaries and wages	1,621,412	1,368,823
Social security costs	105,781	86,486
Pension	31,649	26,620
	<u>1,758,842</u>	<u>1,481,929</u>

No employee earned more than £60,000 during this or the prior year.

At the year end there were outstanding pension contributions payable of £8,104 (2021: £5,049). Total pension contributions of £31,649 (2021: £26,620) were paid by the charity and are included in the SOFA.

Key management comprises seven individuals who were paid a total of £212,325 (2021: £155,488 to four individuals).

The average weekly number of employees during the year was as follows:

	2022	2021
	No.	No.
Direct charitable work	94	81
Administration	7	7
	<u>101</u>	<u>88</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022**9 TAXATION**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10 TANGIBLE FIXED ASSETS

	Leasehold improvements £	Furniture & equipment £	Computer equipment £	Total £
COST OR VALUATION				
At 1 April 2021	68,593	18,965	-	87,558
Additions in year	-	-	12,041	12,041
Disposals	-	-	-	-
At 31 March 2022	<u>68,593</u>	<u>18,965</u>	<u>12,041</u>	<u>99,599</u>
DEPRECIATION				
At 1 April 2021	68,593	18,965	-	87,558
Charge for the year	-	-	4,014	4,014
Disposals	-	-	-	-
At 31 March 2022	<u>68,593</u>	<u>18,965</u>	<u>4,014</u>	<u>91,572</u>
NET BOOK VALUE				
At 31 March 2022	<u>-</u>	<u>-</u>	<u>8,027</u>	<u>8,027</u>
At 1 April 2021	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

11 DEBTORS

	2022 £	2021 £
Trade debtors	429,326	105,012
Prepayments and accrued income	12,737	17,086
Other debtors	9,107	4,291
	<u>451,170</u>	<u>126,389</u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

12 CREDITORS: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	20,116	9,747
Other taxation and social security	39,765	23,221
Other creditors	8,807	6,641
Accruals and deferred income	<u>469,098</u>	<u>123,790</u>
	<u><u>537,786</u></u>	<u><u>163,399</u></u>

13 DEFERRED INCOME

An element of grant income received by the charity during the year has been deferred as it relates to later accounting periods. The movement in the year is detailed below:

	£
Income deferred in year to 31 March 2022	440,837
Amounts released from previous years	<u>(82,591)</u>
Net movement to income	<u><u>358,246</u></u>

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

14 RESTRICTED FUNDS

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Carer Support and Dementia Advice - North Hants	36,249	242,356	(228,018)	(10,530)	40,057
Carer Support and Dementia Advice - West & South West Hants	85,419	381,945	(336,017)	(65,741)	65,606
Carer Support and Dementia Advice - South East Hants	34,605	308,991	(281,519)	(21,342)	40,735
Well Being Test Valley	64,321	175,743	(163,965)	(26,579)	49,520
Well Being Basingstoke	69,240	245,612	(214,136)	(22,612)	78,104
Well Being Hart and Rushmoor	115,372	271,212	(250,890)	(42,122)	93,572
Ugly Duckling	1,318	16,210	(14,928)	(2,600)	-
Be You (formerly Youth Counselling)	34,888	-	(20,963)	(4,953)	8,972
Repair café	4,155	175	-	-	4,330
Safe Haven - Aldershot and Farnborough	10,322	65,400	(61,243)	(5,923)	8,556
Safe Haven - Mid-Hants	-	118,000	(92,731)	(11,334)	13,935
Springboard	11,671	-	-	-	11,671
Garden Project	2,130	-	(275)	-	1,855
Time Banking	2,000	-	(2,000)	-	-
Basingstoke Primary Care	9,496	32,510	(27,321)	(2,000)	12,685
Andover Primary Care	28,677	56,568	(51,060)	(5,750)	28,435
White Water Loddon Primary Care	3,101	18,029	(11,634)	(2,415)	7,081
Fleet Primary Care	833	13,014	(11,747)	(2,100)	-
Tadley Primary Care	-	2,722	(2,422)	(300)	-
Andover Primary Care - Pears Foundation	497	-	-	-	497
Community Connectors - Aldershot and Farnborough	33,936	90,000	(69,928)	(10,500)	43,508
Carers Wellbeing	-	93,847	(82,987)	-	10,860
Mind - Influence and Participation	1,800	-	-	-	1,800
Mind - Equality Improvement	1,800	-	-	-	1,800
Wellbeing service users	-	10,000	(100)	-	9,900
Get Going Again - Covid Isolation	-	21,309	-	-	21,309
SMI Funding Test Valley	-	12,371	(2,000)	(1,350)	9,021
SMI Funding Basingstoke	-	12,788	(1,850)	(1,350)	9,588
SMI Outreach PCN	-	8,550	(930)	(1,000)	6,620
ICTF Funding Test Valley	-	17,256	(8,074)	(1,727)	7,455
ICTF Funding Basingstoke	-	21,491	(1,222)	(2,149)	18,120
ICTF Funding Hart and Rushmoor	-	24,599	(1,315)	(2,460)	20,824
CSDA Life Coaching	-	9,700	(2,000)	-	7,700
PCN Basingstoke Transformation	-	78,260	(5,431)	(3,000)	69,829
PCN Andover Transformation	-	61,551	(14,126)	(4,081)	43,344
Webchat	-	10,600	(4,440)	-	6,160
Afghan Evacuee Support	-	994	(994)	-	-
	551,830	2,421,803	(1,966,266)	(253,918)	753,449

ANDOVER MIND

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

14 RESTRICTED FUNDS (continued)

Transfers between funds relate to management charges which were attributed to certain restricted funds, for premises, governance, administration and other office costs paid through the unrestricted general funds.

The board of trustees at Andover Mind are acutely aware of the unspent balances in restricted funds which are largely as a result of the covid-19 pandemic with key contributors being decreased staff travel, a challenging external recruitment market and a focus on digital service delivery. The board of trustees endeavour to review this regularly and ensure the funds are invested in Andover Mind so that the charity is best placed to deliver quality, sustainable and covid-19 secure services.

Purposes of restricted funds

Carer Support and Dementia Advice - North Hants

Carer Support and Dementia Advice - West & South West Hants

Carer Support and Dementia Advice - South East Hants

A contract for this area was awarded subsequent to a successful pilot project in Andover, funded by Hampshire County Council. The project aims to provide advice, support and information to those affected by dementia, carers, their families and friends.

Well-Being

This service is funded by Hampshire County Council to deliver mental health support and well-being services across Andover, Romsey, Basingstoke, Test Valley and Hart and Rushmoor.

Ugly Duckling

To run a therapeutic group for service users that also provides a furniture renovation and recycling project which benefits the local community. The project was closed during the pandemic.

Be You (formally

This service supports young people aged 11-17 in Andover to access advice, information, signposting/bridging, to help build resilience and coping skills and to learn and maintain wellbeing.

Repair Café

The Repair cafe is a free community-centred workshop where people can bring along their items that need fixing and then work alongside skilled volunteers to repair them. They can also get help upcycling items or modifying things such as clothing. The Repair Cafe was closed throughout the pandemic.

Safe Haven

Andover Mind has been a part of the Aldershot Safe Haven since September 2017. This is one of a number of Safe Havens run by Surrey and Borders Partnership Trust across North East Hampshire and Surrey. The aim of the Safe Haven, which is an evening and weekend service run out of the Aldershot Well-being Centre, is to provide a place for those in mental health crisis to have somewhere to go to seek support. Each shift is covered by a CPN (from SABP) and two support workers (one from Andover Mind and one from Catalyst) The Safe Haven has achieved its aim to keep people from attending A&E departments. There are close links with SABP crisis services, inpatient units and partner organisations.

ANDOVER MIND

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

Springboard

During 2017/18, the Springboard project, funded by Hampshire County Council, helped to support young people and their families across the Test Valley to build emotional resilience. The programme delivers early intervention to children aged 9 to 11 years-old, to help to prevent or reduce childhood anxiety, and improve children's ability to cope in challenging situations. Emotional resilience and coping skills are taught through a variety of activities, with the sessions being based on the Friends for Life programme. The Springboard project also offers Well-being workshops for parents, to support their own mental health. Since the year end HCC have confirmed that the unspent funds can be used for our Be You project.

Garden Project

The grant was awarded to support the 'Flower Garden Project' which encourages service users in the Andover area to come together to grow and tend the plants and Andover Mind's flower garden. The grant is to be used to purchase any items that may be required by this project

Time Banking

Timebank is a way for people to help each other, share their skills and experience and earn time that can in turn be exchanged for some help they may need from somebody else. We have received funding and are looking for further funding to set an Andover timebank up.

Basingstoke Primary Care

Working within the primary care setting, Well-being workers provide assessment, advice and information and signposting to services through a GP appointment system. The Basingstoke service runs a day time service staffed by a primary care lead. Funding for this was a result of a successful pilot carried out in one practice in 2019.

Andover Primary Care

In Andover working in a primary care setting, Well-being practitioners provide assessment, advice and information and signposting to services through a GP appointment system. There is also an out of hour service which has a similar focus and the outcomes for which helped to secure funding for the day service which started in April 2020 and consists of a full multi-disciplinary team.

White Water Loddon Primary Care

Following a successful pilot in Chineham surgery, we secured funding for a 2 day post carrying out a triage and assessment service. This post works closely with surgery staff, and, if successful, will be rolled out to the rest of the PCN.

Fleet Primary Care

After gathering feedback from a pilot at Fleet Medical Centre, we commenced a 2 day post again carrying out a successful triage and assessment service. Most appointments are booked via the GP, and on some occasions, the GP receptionist. The service covers 4 surgeries within the PCN.

Andover Primary Care - Pears Foundation

During this period, we secured 3 month funding from the Pears Foundation (via national Mind) to support the delivery of the existing Andover Primary Care Mental Health Service (PCN). This was in response to increased demand due to Covid.

ANDOVER MIND

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

14 RESTRICTED FUNDS (continued)

Blue Light

Blue light is a national Mind initiative comprising resilience, line manager, peer support and trauma awareness training. Andover Mind has been part of phases 1-3. The final phase was due to commence in July 2020 but was delayed due to Covid. During the reporting period we secured licensing to deliver taster sessions of all of the different packages and also hosted a virtual networking event.

COVID-19 grants

Grants received from National Mind and Hampshire, Southampton and Isle of Wight Clinical Commissioning Group to strengthen our practical approach to Covid-19. The purpose of the grants was to equip us to protect staff and service users and minimise the disruption to any service provision.

Community Connectors

Our Community Connectors work within the Mental Health Integrated Community Service (MHICS) in Aldershot and Farnborough. The team consists of psychiatry, nursing and pharmacy input. Our workers carry out an initial assessment and then up to 4 sessions with the patient to address their mental health or social care issues.

Carers Wellbeing

The Carer Support and Dementia Advice Service distributed direct funds to carers to support their well-being on behalf of Hampshire County Council

Mind - Influence and Participation

Grant received from national Mind to strengthen our approach to service user involvement in preparation for our MQM (Mind Quality Mark) assessment.

Mind - Equality Improvement

Grant received by National Mind to strengthen our approach to equality and diversity

Wellbeing Service Users

Mind organisations would, as part of regular support planning with their clients, ask about their physical health. Where they are confident a patient would be on the Serious Mental Illness register, Mind staff would ask whether they have heard of the Annual Health Check and have a conversation promoting the uptake. They would also mention that a follow up intervention can be provided by Mind through a Wellbeing Offer to take up an activity class, a club membership fee, or buy a piece of equipment for example.

Get Going Again - Covid Isolation

These funds were awarded to support Hampshire residents who were struggling to cope with their mental health and wellbeing due to COVID-19 or self isolating. The service provided a range of emotional and practical advice, information, sign posting and support.

SMI Funding Test Valley

SMI Funding Basingstoke

We were provided with this grant to support service users who are on the SMI (serious mental illness) register to attend their health checks and improve their physical health. The money was to be used as direct payment to service users as an incentive for them to continue to make healthy choices such as purchasing gym equipment, memberships or healthy food boxes.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

14 RESTRICTED FUNDS (continued)

SMI Outreach PCN

Funds received to support Primary Care Networks engage with those on the Serious Mental Illness register to increase uptake of annual physical health checks and also provide some further support for these patients in improving their mental health. Historical uptake of these health checks has been poor and these patients have poorer life expectancies, so we are funded for a year to see if these roles can improve the statistics and make an impact.

ICTF Funding Test Valley

ICTF Funding Basingstoke

ICTF Funding Hart and Rushmoor

These grants were from the Adult Social Care Infection Control and Testing Funds. The grants were awarded to support adult social care providers to reduce the rate of COVID-19 transmission within and between care settings through effective infection prevention and control practices and to increase COVID-19 and flu vaccination uptake among staff.

CDSA Life Coaching

The purpose of these funds was to deliver an Informal Carers Wellbeing and Mindset Workshop programme to enhance balance and focus in their life.

PCN Basingstoke Transformation

This is an expansion of our existing Primary Care Network services in line with the new Hampshire Wellbeing Services contract. They provide mental health triage and assessment.

PCN Andover Transformation

This is an existing service building on the success of the original Andover PCN work, which started during COVID. Our wellbeing practitioners deliver one hour appointments as part of a mental health team.

Webchat

The online webchat service via our website makes accessing information faster and provides another way to get in touch without the need to call. It also makes communication easier for people who do not speak English as their first language, allowing the use of programmes like google translate to chat.

Afghan Evacuee

This project provided delivery of therapeutic wellbeing activities within the mental health assistance programme, offered as part of the Afghan Evacuee relocation. Wellbeing staff delivered activities like art, craft, embroidery, beading etc and provided information and support on wellbeing, stress, emotions, anxiety and sleep problems.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

15 UNRESTRICTED FUNDS

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
DESIGNATED FUNDS:					
Development fund	50,000	-	(15,067)	(14,933)	20,000
Communications and Marketing	35,000	-	(5,525)	(4,475)	25,000
Young Persons Services	30,000	-	(8,896)	(1,104)	20,000
Ugly Duckling	15,000	-	(12,960)	12,960	15,000
Building development fund	15,000	-	(11,369)	11,369	15,000
Farnborough property fund	-	-	-	50,000	50,000
Total designated funds	<u>145,000</u>	<u>-</u>	<u>(53,817)</u>	<u>53,817</u>	<u>145,000</u>
General funds	<u>124,111</u>	<u>40,130</u>	<u>(180,847)</u>	<u>200,101</u>	<u>183,495</u>
Total unrestricted funds	<u><u>269,111</u></u>	<u><u>40,130</u></u>	<u><u>(234,664)</u></u>	<u><u>253,918</u></u>	<u><u>328,495</u></u>

*Purposes of designated funds***Development Fund**

The purpose of the development fund is to cover costs associated with matched funding tender applications and other initial expenditure for future planned projects.

Communications and Marketing

The aim of this fund is to invest more resources in the Marketing and Communications department to support and enhance Andover Mind's digital transformation and marketing strategy.

Young Persons Services

The partial purpose of this fund is to recruit a youth development lead within the organisation to oversee and evolve the expanding young persons offer. Part of this fund will go directly to supporting young people.

Ugly Duckling

This fund will help develop the programme offer under The Ugly Duckling Project and will be utilised should alternate workshop premises be required.

Building development fund

The purpose of this fund will link to Andover Mind's proposed workforce well-being strategy and will be used to carry out any necessary building renovations or adaptations in order to best meet the needs of service users, carers and staff.

Farnborough property fund

This fund is to maintain the use of our Farnborough Wellbeing centre and to improve the building's energy efficiency and accessibility.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds	Designated funds	General funds	Total funds
	£	£	£	£
<i>Year ended 31 March 2022</i>				
Tangible fixed assets	-	-	8,027	8,027
Debtors	440,835	-	10,335	451,170
Cash at bank and in hand	753,451	145,000	262,082	1,160,533
Creditors	<u>(440,837)</u>	-	<u>(96,949)</u>	<u>(537,786)</u>
NET ASSETS	<u>753,449</u>	<u>145,000</u>	<u>183,495</u>	<u>1,081,944</u>

	Restricted funds	Designated funds	General funds	Total funds
	£	£	£	£
<i>Year ended 31 March 2021</i>				
Debtors	100,450	-	25,939	126,389
Cash at bank and in hand	523,371	145,000	189,580	857,951
Creditors	<u>(71,991)</u>	-	<u>(91,408)</u>	<u>(163,399)</u>
NET ASSETS	<u>551,830</u>	<u>145,000</u>	<u>124,111</u>	<u>820,941</u>

17. TRUSTEE EXPENSES

Trustees were reimbursed expenses during this year of £395 (2021: £123). No trustee received any remuneration in the current or prior year.

During the year, trustee professional indemnity insurance of £1,788 (2021: £1,788) was paid by the charity.

18. OPERATING LEASE COMMITMENTS

At 31 March 2022, the charity had total commitments under non-cancellable operating leases, due as follows:

	2022	2021
	£	£
Within one year	59,650	58,986
Between one to two years	30,000	29,650
Between two and five years	<u>50,000</u>	<u>-</u>
	<u>139,650</u>	<u>88,636</u>

19 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

20 PRIOR YEAR STATEMENT OF FINANCIAL ACTIVITIES

	Restricted funds £	Unrestricted funds £	2021 Total funds £
INCOME			
Donations and legacies	13,661	13,151	26,812
Charitable activities	2,127,162	45,107	2,172,269
Fundraising income	1,552	13,609	15,161
Trading income	12,737	12,736	25,473
	<u>2,155,112</u>	<u>84,603</u>	<u>2,239,715</u>
Investment income	-	14	14
TOTAL INCOME	<u>2,155,112</u>	<u>84,617</u>	<u>2,239,729</u>
EXPENDITURE			
Voluntary income costs	-	182	182
Trading costs	-	16,740	16,740
	<u>-</u>	<u>16,922</u>	<u>16,922</u>
Charitable activities	1,697,054	177,022	1,874,076
TOTAL EXPENDITURE	<u>1,697,054</u>	<u>193,944</u>	<u>1,890,998</u>
NET INCOME/(EXPENDITURE) FOR THE YEAR	458,058	(109,327)	348,731
Transfers between funds	(224,076)	224,076	-
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>233,982</u>	<u>114,749</u>	<u>348,731</u>
FUNDS AT 1 APRIL 2020	<u>317,848</u>	<u>154,362</u>	<u>472,210</u>
FUNDS AT 31 MARCH 2021	<u>551,830</u>	<u>269,111</u>	<u>820,941</u>

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

21 PRIOR YEAR FUND MOVEMENTS

RESTRICTED FUNDS	At	Income	Expenditure	Transfers	At
	1 April 2020 £				£
Dementia Advice - Test Valley and Eastleigh	17,791	-	(17,791)	-	-
Dementia Advice - Basingstoke and Deane	2,390	-	(2,390)	-	-
Dementia Advice - Hart and Rushmoor	4,400	-	(4,400)	-	-
Dementia Advice - Winchester	2,511	-	(2,511)	-	-
Carer Support and Dementia Advice - North Hants	8,885	239,581	(189,514)	(22,703)	36,249
Carer Support and Dementia Advice - West & South West Hants	24,752	382,542	(270,778)	(51,097)	85,419
Carer Support and Dementia Advice - South East Hants	4,265	308,110	(249,302)	(28,468)	34,605
Well Being Test Valley	41,231	182,716	(136,506)	(23,120)	64,321
Well Being Basingstoke	58,525	240,879	(195,568)	(34,596)	69,240
Well Being Hart and Rushmoor	83,087	274,370	(217,613)	(24,472)	115,372
Ugly Duckling	-	29,947	(26,029)	(2,600)	1,318
Youth Counselling	26,273	55,357	(39,891)	(6,851)	34,888
Repair café	4,155	-	-	-	4,155
Safe Haven	5,973	72,035	(61,950)	(5,736)	10,322
Springboard	6,374	13,674	(2,972)	(5,405)	11,671
Garden Project	2,356	-	(226)	-	2,130
Time Banking	2,000	-	-	-	2,000
Basingstoke Primary Care	2,648	32,511	(23,663)	(2,000)	9,496
Andover Primary Care	10,788	56,568	(35,629)	(3,050)	28,677
Aldershot and Farnborough Primary Care	3,091	-	-	(3,091)	-
White Water Loddon Primary Care	-	14,009	(9,090)	(1,818)	3,101
Fleet Primary Care	-	6,830	(4,997)	(1,000)	833
Andover Primary Care - Pears Foundation	-	9,856	(8,699)	(660)	497
Blue Light	6,353	-	(6,353)	-	-
COVID-19 grants	-	38,892	(38,892)	-	-
Community Connectors - Aldershot and Farnborough	-	90,000	(48,655)	(7,409)	33,936
Carers Wellbeing	-	103,635	(103,635)	-	-
Mind - Influence and Participation	-	1,800	-	-	1,800
Mind - Equality Improvement	-	1,800	-	-	1,800
	317,848	2,155,112	(1,697,054)	(224,076)	551,830

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

21 PRIOR YEAR FUND MOVEMENTS (continued)

UNRESTRICTED FUNDS	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
DESIGNATED FUNDS:					
Development fund	45,000	-	(15,840)	20,840	50,000
Communications and Marketing	-	-	-	35,000	35,000
Young Persons Services	-	-	-	30,000	30,000
Ugly Duckling	-	-	-	15,000	15,000
Building Development Fund	-	-	-	15,000	15,000
Total designated funds	<u>45,000</u>	<u>-</u>	<u>(15,840)</u>	<u>115,840</u>	<u>145,000</u>
General funds	<u>109,362</u>	<u>84,617</u>	<u>(178,104)</u>	<u>108,236</u>	<u>124,111</u>
Total unrestricted funds	<u>154,362</u>	<u>84,617</u>	<u>(193,944)</u>	<u>224,076</u>	<u>269,111</u>