

Haven – The Survivors of Abuse Network



Annual Report and Accounts

For the year to 31 March 2023

Registered charity
No. 1028594

Reference and administrative information

Charity registration number 1028594

Address Peterhouse Centre
122, Forest Rise
Walthamstow, London
E17 3PW

Trustees who managed the charity in the year to 31 March 2023

The Executive Committee

Chair Liz Melville
Vice-chair & Hon. Treasurer David Joseph
Members Theresa Hudson
Vykkie Winstanley

Chief executive officer Chris Casey MBE

Bankers CAF Bank Ltd
25, Kings Hill Avenue
Kings Hill
West Malling, Kent
ME19 4JQ

Independent examiner Jacques Saminaden FMAAT
9 Kennedy Avenue
Enfield, Middlesex
EN3 4PA

The trustees present their report and independently examined financial statements of the charity for the year ended 31 March 2023. The statutory information is shown on page 2.

Structure, governance and management

Haven–The Survivors of Abuse Network (also known as Haven) is constituted as an unincorporated association with charity status (registration number 1028594). It has a constitution as its governing document.

Haven's work is led by an executive committee who serve as trustees. They work closely with the director, governing the work and approving decisions on strategic direction. The executive committee is responsible for ensuring that Haven operates within its charitable objectives as stated in the constitution. The charity operates a line management structure with the Director overseeing the work of the charity.

We endeavour to recruit trustees from the local community and from our stakeholder and user groups, ensuring that the executive committee has the necessary skills properly to govern Haven. We conduct a skills audit regularly and will seek to meet the skills gap on the executive committee through recruiting people with appropriate skills and experience and by providing relevant training for their development as trustees for the charity within the resources available to the organisation.

Haven's executive committee is reviewing its trustee development process which includes an induction and a training and development event . Haven has put in place a strategy to strengthen the executive committee in future years by a programme of trustee recruitment through free advertisements, networking and seeking funding for trustee development.

Trustees' responsibilities

The charity's trustees (Executive Committee) are responsible for preparing the annual report and accounts in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice. Charity law requires the trustees to prepare accounts which give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In preparing accounts giving a true and fair view, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;

- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the accounts;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the accounts comply with the Charities Acts. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees confirm that so far as they are aware, there is no relevant audit information of which the charity's independent examiner is unaware. They have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the charity's independent examiner is aware of that information.

Objectives and activities

The Haven – The Survivors' Network is established to promote the relief of young people and adults of all ages who have suffered from sexual abuse, rape, incest in childhood and domestic violence by the provision of counselling and support services London wide. In furtherance of this objective, The Haven aims to provide:

- Individual counselling
Specialised mental health services to relieve the trauma of sexual abuse, rape, serious sexual assault, female genital mutilation (FGM), sexual violence within gangs and domestic violence via one-to-one counselling and support for clients.
- Support groups
Facilitated self-help support groups to help in the recovery and healing process of women (and men) who no longer need individual counselling
- Referrals to specialist agencies
Haven refers clients to other agencies for certain other appropriate specialist services as needed. We work in partnership with these agencies to help provide a holistic and seamless service. For example, women seeking protection from abusive partners are referred to solicitors in order that non-molestation and/or restraining orders may be taken out to help protect them from further violence.

- **Self-development**

As a result of feedback from clients, Haven had developed events and workshops to help women with issues identified including low self-esteem, lack of confidence, destructive relationships and self-harming behaviours. These therapy groups will help with relaxation, self-care and debt and money management. These events are being reviewed for a relaunch.

- **Education and training**

Haven provides training and workshops on a regular basis to raise standards of support and care around abuse and domestic violence issues to practitioners in other agencies or disciplines, for example to Social Services, or to schools and colleges, mental health units, police and other relevant voluntary and statutory agencies. “Strengthening families, strengthening communities” parenting classes.

Our Activities

Haven is unique in that it is a survivor led organisation, providing services with a deep understanding of and empathy with the emotional and psychological issues faced by the victims of these crimes. Haven is a generic organisation, open to all, regardless of ethnicity, gender, orientation, culture, religion or disability. We:

- Provide services that are free
- Promote our services through publicity material placed in appropriate locations in the community (e.g. GP surgeries, libraries, police stations, hospitals, courts etc.) and through networks
- Work in partnership with all the relevant agencies and service providers (e.g. NHS mental health teams, Police, social services, voluntary agencies.)
- Monitor our service provision to ensure quality of provision and equality of access to all who need Haven’s help and support.
- Participate in the various forums concerned with the relief of victims of sexual and domestic violence crimes (e.g. Safety Net Partnership, Multi-Agency Risk Assessment Conference – MARAC, Violence against Women and Girls forum, GPP – Gang Prevention Programme), The Survivors Alliance.

Contribution made by volunteers

Haven’s volunteer counsellors support young people and children. Haven has two qualified children and young people’s counsellors which is an invaluable part of Haven’s service that offers

counselling and support to younger and more vulnerable victims of abuse. All our counsellors are trained to provide support to male victims of abuse/rape and pre-trial therapy.

Financial review

In 2022/2023, we were unable to generate the funding that underpins our charitable objectives. However, as a key player in the Waltham Forest marketplace, and with our reputation for delivering successful outcomes we continued to receive client referrals that contributed to income streams. We will continue the strategy of seeking new income sources especially from grant makers and trusts. Total income for 2022/2023 was £76,902 (2022: £125,507). Total resources expended amounted to £87,504 (2022: £99,912), generating a deficit of (£10,602) (2022:surplus of £25,595). Haven maintains sufficient reserves to support expected fluctuating income patterns.

Reserves policy

The Executive Committee is committed to building towards a diverse and sustainable mix of income streams; until that position is reached, they believe that general reserves should be between six and 12 months' recurrent expenditure including anticipated cost increases and should be sufficient to cover staff redundancy payments and operational obligations. At current levels of expenditure, reserves need to be maintained at between £65,000 and £150,000. In view of expected increased operating costs and continuing funding uncertainty, reserve levels will continue to be monitored by trustees to ensure that they remain at an appropriate level to safeguard our commitment to survivors and will be maintained in order to meet future developmental needs.

Independent examiner

The Executive Committee has agreed that Jacques Saminaden FMAAT be retained by Haven – The Survivors of abuse network as its independent examiner.

Signed on behalf of the Executive Committee:

Liz Melville
Trustee



David Joseph
Trustee



Approved by the Executive Committee on 13 December 2024

Haven – The Survivors of Abuse Network

Independent examiner's report

I report to the trustees of Haven – The Survivors of Abuse Network on the accounts for the year ending 31 March 2023, which are set out on pages 8 to 17.

Respective Responsibilities of Trustees and Examiner

The Charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charity Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement


My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Mr J Saminaden
9 Kennedy Avenue
Enfield, Middlesex
EN3 4PA

Dated: 13 December 2024

Haven – The Survivors of Abuse Network

Statement of Financial Activities for the year-ending 31 March 2023

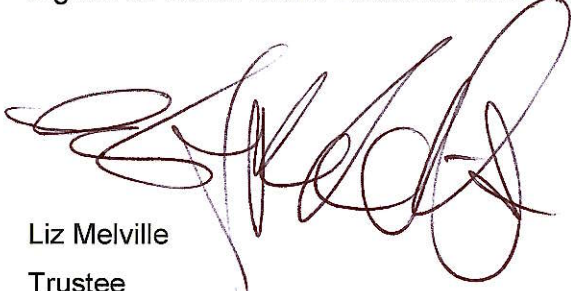
| | Unrestricted funds | Restricted income funds | Total this year | Total 2022 |
|------------------------------------|-----------------------|-------------------------------|--------------------|----------------|
| | £ | £ | £ | £ |
| Income and endowments | | | | |
| Donations and Legacies (Note 3) | 1,097 | - | 1,097 | 3,172 |
| Charitable activities | 75,367 | - | 75,367 | 122,328 |
| Income from investments (Note 3) | 438 | - | 438 | 7 |
| Total income | 76,902 | - | 76,902 | 125,507 |
| Expenditure on | | | | |
| Charitable activities (Note 4) | 87,154 | - | 87,154 | 99,562 |
| Governance costs (Note 4) | 350 | - | 350 | 350 |
| Other resources expended | - | - | - | - |
| Total expenditure | 87,504 | - | 87,504 | 99,912 |
| Net Income/(expenditure) | (10,602) | - | (10,602) | 25,595 |
| Gross transfers between funds | - | - | - | - |
| Net movement in funds | (10,602) | - | (10,602) | 25,595 |
| Reconciliation of funds | | | | |
| Total funds brought forward | 180,957 | - | 180,957 | 155,362 |
| Total funds carried forward | 170,355 | - | 170,355 | 180,957 |

Haven – The Survivors of Abuse Network

Balance Sheet as at 31 March 2023

| | Unrestricted funds | Restricted income funds | Total this year | Total last year |
|---|--------------------|-------------------------|-----------------|-----------------|
| | £ | £ | £ | £ |
| Tangible fixed assets | | | | |
| Tangible fixed assets (Note 9) | - | - | - | 559 |
| Current assets | | | | |
| Debtors (Note 8) | 55,705 | - | 55,705 | 23,978 |
| Cash at bank and in hand | 120,256 | - | 120,256 | 165,450 |
| Total current assets | 175,961 | - | 175,961 | 189,428 |
| Creditors: amounts falling due within one year (Note 7) | 5,606 | - | 5,606 | 9,030 |
| Net Current assets | 170,355 | - | 170,355 | 180,398 |
| Total assets less current liabilities | 170,355 | - | 170,355 | 180,957 |
| Funds of the Charity | | | | |
| Unrestricted funds | 170,355 | - | 170,355 | 180,957 |
| Restricted funds | - | - | - | - |
| Total funds | 170,355 | - | 170,355 | 180,957 |

Signed on behalf of the Executive Committee



Liz Melville
Trustee



David Joseph
Trustee

Date of approval

13/12/2024

Note 1 Basis of preparation

1.1 Basis of accounting

The charity constitutes a public benefit entity as defined by FRS102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016), and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that the entity is a small charity.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Note 2 Accounting policies

Funds

Unrestricted funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds

Designated funds are unrestricted funds earmarked by the management Committee for particular purposes.

Restricted funds

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

INCOMING RESOURCES

Recognition of incoming These are included in the Statement of Financial Activities (SOFA) when:

Haven – The Survivors of Abuse Network

Notes to the accounts for the year ending 31 March 2023

- Resources**
- the charity is legally entitled to the income after any performance conditions have been met;
 - the trustees are virtually certain they will receive the resources; and
 - the monetary value can be measured with sufficient reliability and
 - it is probable that the income will be received.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supply services in order to raise funds and is recognised when entitlement has occurred.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SOFA.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

The charity receives grants in respect of the provision of core services. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Haven – The Survivors of Abuse Network

Notes to the accounts for the year ending 31 March 2023

| | |
|------------------------------------|---|
| Volunteer help | The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report. |
| Investment income | This is included in the accounts when receivable. |
| Investment gains and losses | This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year. |

EXPENDITURE AND LIABILITIES

Liability recognition All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or construction obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Costs of raising funds includes an appropriate of payroll cost allocated to the function of fund-raising activities;
- Expenditure on charitable activities essentially includes the payroll costs and freelance costs of individuals providing counselling sessions; and
- Other expenditure represents those items not falling into the categories above.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Governance costs Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with performance conditions Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support Costs Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity Fixed assets are stated at cost less accumulated depreciation. The costs of minor additions or those costing below £500 are not capitalised. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life. Assets are depreciated as follows:

| | |
|--------------------------|---|
| Computers | over three years on a straight line basis |
| Website design and build | over four years on a straight line basis |

Haven – The Survivors of Abuse Network

Notes to the accounts for the year ending 31 March 2023

| | |
|------------------------------------|---|
| Investments | Investments quoted on a recognised stock exchange are valued at market value at the year-end. Other investment assets are included at trustees' best estimate of market value. |
| Stocks and work in progress | The Haven does not hold any stock but should there be any stock held at year-end, these will be valued at the lower of cost and market value. |
| Operating leases | Rentals applicable to operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease if applicable. |
| Employee benefits | When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable. |
| Taxation | The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable trust for UK tax purposes. |
| Going concern | The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern. |
| Cash at bank | Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. |

Note 3 Analysis of incoming resources

| | | 2023 | 2022 |
|--------------------------------|-----------------|--------|---------|
| | | £ | £ |
| Donations and legacies | Analysis | | |
| | Donations | 1,097 | 3,172 |
| | Fundraising | - | - |
| | Total | 1,097 | 3,172 |
| Charitable activities | Sundry income | - | - |
| | Grants received | - | - |
| | Fees received | 75,367 | 122,328 |
| | Total | 75,367 | 122,328 |
| Income from investments | Bank interest | 438 | 7 |
| | Total | 438 | 7 |

Note 4 Analysis of resources expended

| | | 2023 | 2022 |
|---|-------------------------------------|-------------|-------------|
| Analysis | | £ | £ |
| Costs of generating voluntary income | | - | - |
| | Total | - | - |
| Charitable activities | | | |
| | Delivery of the charitable purposes | 87,154 | 99,562 |
| | Total | 87,154 | 99,562 |
| Governance costs | | | |
| | Independent examiner's fee | 350 | 350 |
| | Other | - | - |
| | Total | 350 | 350 |

Note 5

5.1 Trustee expenses

No out-of-pocket expenses were made to any trustee during the year (2021/2022 – nil).

5.2 Fees for examination of the accounts

| | 2023 | 2022 |
|--|-------------|-------------|
| | £ | £ |
| Independent examiner's for reporting on the accounts | 350 | 350 |
| Other fees paid to the independent examiner | none | none |

Haven – The Survivors of Abuse Network

Notes to the accounts for the year ending 31 March 2023

Note 6 Paid employees

6.1 Staff Costs

| | 2023 | 2022 |
|-------------------------------------|---------------|---------------|
| | £ | £ |
| Gross salaries and benefits in kind | 55,079 | 57,212 |
| Employer's National Insurance costs | 1,164 | 804 |
| Pension costs | 1,278 | 1,320 |
| Total staff costs | <u>57,521</u> | <u>60,417</u> |

6.2 Average number of full-time equivalent employees in the year

| | | 2023 | 2022 |
|--|-----------------------|----------------|----------------|
| | | Number | Number |
| The parts of the charity in which the employees work | Fundraising | - | - |
| | Charitable Activities | 1 ¾ FTE | 1 ¾ FTE |
| | Other | - | - |
| | Total | <u>1 ¾ FTE</u> | <u>1 ¾ FTE</u> |

Note 7 Analysis of creditors

| | | Amounts falling due within one year | |
|---------------------------------|--|--|----------------|
| | | 2023 | 2022 |
| | | £ | £ |
| Other taxes and social security | | (1,789) | (2,974) |
| Creditors and accruals | | (3,817) | (6,056) |
| Total | | <u>(5,606)</u> | <u>(9,030)</u> |

| | | Amounts falling due within one year | |
|-----------------|--|--|---------------|
| | | 2023 | 2022 |
| | | £ | £ |
| Fees receivable | | 55,705 | 23,978 |
| Other debtors | | - | - |
| Total | | <u>55,705</u> | <u>23,978</u> |

Note 9 Tangible fixed assets

9.1 Cost or valuation

| | Freehold land & buildings | Other land & buildings | Plant, machinery and motor vehicles | Fixtures, fittings and equipment | Website and software | Total |
|----------------------------------|---------------------------|------------------------|-------------------------------------|----------------------------------|----------------------|--------|
| | £ | £ | £ | £ | £ | £ |
| Balance brought forward – 1/4/22 | - | - | - | 10,240 | 4,050 | 14,290 |
| Additions in year | - | - | - | - | - | - |
| Disposals | - | - | - | - | - | - |
| Balance carried forward 31/3/23 | - | - | - | 10,240 | 4,050 | 14,290 |

9.2 Accumulated depreciation and impairment provisions

| | | | | | | |
|---------------------------------|---|---|---|--------|-------|--------|
| Balance brought forward 1/4/22 | - | - | - | 9,681 | 4,050 | 13,731 |
| Depreciation charge for year | - | - | - | 559 | - | 559 |
| Revaluations | - | - | - | - | - | - |
| Disposals | - | - | - | - | - | - |
| Transfers | - | - | - | - | - | - |
| Balance carried forward 31/3/23 | - | - | - | 10,240 | 4,050 | 14,290 |

9.3 Net book value

| | | | | | | |
|------------------------------|---|---|---|-----|---|-----|
| Brought forward | - | - | - | 559 | - | 559 |
| Carried forward at 31/3/2023 | - | - | - | - | - | - |

Note 10 Grantmaking

Haven – The Survivors of Abuse Network does not provide grants for any purpose.

Note 11 Creditors and accruals

11.1 Analysis of creditors

| | Amounts falling due within one year | | Amounts falling due after more than one year | |
|------------------------------|-------------------------------------|----------------|--|----------------|
| | This year £ | Last year £ | This year £ | Last year £ |
| Trade creditors | (108) | (348) | - | - |
| Other creditors | (1,789) | (3,043) | - | - |
| Accruals and deferred income | (3,709) | (5,639) | - | - |
| Total | (5,606) | (9,030) | - | - |

Note 12 Statement of funds

| | Brought forward 1 Apr 2022 £ | Incoming resources £ | Outgoing resources £ | Transfers in/out £ | Carried forward 31 Mar 2023 £ |
|--------------------|------------------------------------|-------------------------|-------------------------|-----------------------|-------------------------------------|
| Restricted funds | - | - | - | - | - |
| General funds | 180,957 | 76,902 | (87,504) | - | 170,355 |
| Total funds | 180,957 | 76,902 | (87,504) | - | 170,355 |