

Charity Registration No. 1028414

Company Registration No. 02841200 (England and Wales)

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	C Snowball-Hill C Rhodes J Andrews	(Appointed 2 December 2020)
Charity number	1028414	
Company number	02841200	
Registered office	Gedling House Wood Lane Nottingham England NG4 4AD	
Independent examiner	Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP	

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

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KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2020

The Trustees present their report and financial statements for the year ended 31 December 2020.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity operates to promote the Buddhist Faith of the New Kadampa Tradition through the activities of study, practice, teaching and the observance of moral discipline based upon the continuous implementation of the three New Kadampa Tradition Study Programmes. These traditions are all within the pure tradition of Mahayana Buddhism of Atisha and Je Tsongkhapa as taught by Venerable Geshe Kelsang Gyatso.

Achievements and performance

During 2020 the Charity introduced an online programme of events to enable everyone to participate in the Charity's activities. We continued this in 2021, piloting in-person classes in late 2021. A full risk-assessment was undertaken and reviewed whenever the Government advice changed in order to ensure that the Charity's procedures complied fully with the Government's guidelines and that everything was done to keep visitors, volunteers and residents as safe as possible.

The Trustees are delighted that after a long search we have been able to find a new property that is suitable for welcoming all visitors and meeting the needs of the Charity for many generations to come. In early 2021 we bought and moved into our new home, Gedling House, and we sold our previous property. We applied for listed building consent and full planning permission to change the use of the building from a housing association office to Residential Buddhist Meditation Centre with ensuite rooms. This finally came through in October 2021.

Public Benefit

In exercising their powers and duties, the Trustees have due regard to the guidance on public benefit published by the Charity Commission. They believe that the work of the Buddhist Faith has clearly identifiable public benefits.

The Charity believes that there are three important public benefits to promoting the Buddhist Faith: to help people develop their wisdom, to cultivate a good heart and to maintain a peaceful mind.

If as individuals we do not strive to develop our wisdom, we will always remain ignorant of the true nature of reality. Everyone wishes for happiness, but our ignorance of reality leads us to engage in non-virtuous actions, which in turn are the main cause of all of our suffering. Further, if we do not cultivate a good heart towards others, then our selfish motivation destroys the harmony of our relationships with others. We then have no peace, and no chance to gain pure happiness. Without inner, mental peace, outer peace is impossible, both personally and throughout society.

The Charity's programme of classes, services and meditation is open to everyone, whether Buddhist or not, regardless of nationality, age or gender. All classes are accessible to the public and both "drop-in" and more advanced courses of Buddhist instruction are offered. Some are offered free of charge, whilst modest fees are charged for others.

Financial review

The accounts show incoming resources of £13,182 (2019: £4,879 outgoing resources). As at the year end net assets were £497,721 (2019: £464,554).

The trustees are happy with the results. Class and shop income was substantially down due to lockdown and residential income reduced as we prepared to sell and move premises.

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

Reserves policy

The Charity maintains an "International Temples Project" (ITP) account into which all income is paid. Once a month the Admin Director of the Charity prepares a budget of expenditure for the following month, noting any expected expenditure for future months. Once this budget is reviewed and approved funds are withdrawn from the ITP account into the "Daily Running Account" from which payments are made. In this way the Trustees ensure that sufficient funds are available to cover current running costs and that there are sufficient funds remaining in the ITP account for future months.

Governance

The business of the Charity is governed by the Directors, the Trustees of the Charity. There are three Trustees. Two of the Directors must be members (and normally local members), and are elected by the members of the Charity. The third director is an ex officio Director and must be the duly-appointed Administrative Director of a major NKT-IKBU Kadampa Meditation Centre in the United Kingdom.

COVID-19

During 2021 the Charity have maintained our online programme alongside our in-person classes to enable everyone to participate in the Charity's activities. A full risk-assessment is reviewed whenever the Government advice changes in order to ensure that the Charity's procedures complied fully with the Government's guidelines and that everything is done to keep visitors, volunteers and residents as safe as possible.

Structure, governance and management

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

G Wilson (Resigned 2 December 2020)

C Snowball-Hill

C Rhodes

J Andrews (Appointed 2 December 2020)

Trustee recruitment and training

Of the Three Trustees, two elected trustees are from within the centre or from other similar centres so that they have knowledge and understanding of the charity's aims and workings. To be elected or appointed as a Trustee, the nominee must be a member of the charity and are elected by members at the Annual General Meeting or by the Trustees when a need arises according to the Articles of Association. The third Trustee is an ex-officio Trustee, by virtue of them being the Administrative Director of a centre specified in the Articles of Association. Each new Trustee is guided by current Trustees and other members of the organisation, in particular the Administrative Director and Resident Teacher, who have vast experience within the organisation.

The Trustees' report was approved by the Board of Trustees.

J Andrews

Trustee

Dated: 29 October 2021

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

I report to the Trustees on my examination of the financial statements of Kadampa Meditation Centre Nottingham Limited (the charity) for the year ended 31 December 2020.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Melvin Bailey FCCA DChA
for and on behalf of Rogers Spencer
Chartered Accountants

Newstead House
Pelham Road
Nottingham
NG5 1AP

Dated: 29 October 2021

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	Unrestricted funds 2020 £	Unrestricted funds 2019 £
<u>Income and endowments from:</u>			
Donations and legacies	2	1,286	3,525
Fees and courses	3	13,823	20,509
Other trading activities	4	29,923	37,460
Investments	5	15	21
Other income	6	22,350	1,271
Total income		67,397	62,786
<u>Expenditure on:</u>			
Raising funds	7	186	1,185
Charitable activities	8	50,675	62,173
Other	12	3,354	4,307
Total resources expended		54,215	67,665
Net incoming/(outgoing) resources		13,182	(4,879)
Other recognised gains and losses			
Revaluation of tangible fixed assets		19,985	114,875
Net movement in funds		33,167	109,996
Fund balances at 1 January 2020		464,554	354,558
Fund balances at 31 December 2020		497,721	464,554

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

BALANCE SHEET

AS AT 31 DECEMBER 2020

	Notes	2020		2019	
		£	£	£	£
Fixed assets					
Tangible assets	13		635,432		617,081
Current assets					
Stocks	14	1,700		1,700	
Debtors	15	2,292		22,095	
Cash at bank and in hand		48,262		15,335	
			52,254		39,130
Creditors: amounts falling due within one year	17	(54,852)		(52,656)	
Net current liabilities			(2,598)		(13,526)
Total assets less current liabilities			632,834		603,555
Creditors: amounts falling due after more than one year	18		(135,113)		(139,001)
Net assets			497,721		464,554
Charity funds					
<u>Unrestricted funds</u>					
General unrestricted funds		362,861		349,679	
Revaluation reserve		134,860		114,875	
	19		497,721		464,554
			497,721		464,554

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

BALANCE SHEET (CONTINUED)

AS AT 31 DECEMBER 2020

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2020.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29 October 2021

J Andrews

Trustee

Company Registration No. 02841200

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

1 Accounting policies

Charity information

Kadampa Meditation Centre Nottingham Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Gedling House, Wood Lane, Nottingham, England, NG4 4AD.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

1.4 Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amounts can be measured reliably and it is probable that income will be received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of obligation can be measured reliably. It is categorised under the following headings:

Costs of raising funds comprise the costs associated with attracting voluntary income.

Expenditure on charitable activities includes those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	1% straight line on buildings
Fixtures and fittings	25% reducing balance
Motor vehicles	25% reducing balance

Freehold land is not depreciated.

1.7 Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

1.8 Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

1.9 Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Donations and gifts	1,286	3,525

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

3 Fees and courses

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Fees and courses	13,823	20,509

4 Other trading activities

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Shop income	402	2,402
Accommodation	29,521	35,058
	<u>29,923</u>	<u>37,460</u>

5 Investments

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Bank interest receivable	15	21

6 Other income

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Insurance proceeds	12,000	684
Government Covid support	10,000	-
Other income	317	420
Proceeds from sale of equipment	33	167
	<u>22,350</u>	<u>1,271</u>

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

7 Raising funds

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Shop purchases	186	1,185

8 Charitable activities

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Depreciation and impairment	5,484	4,738
Education expenses	1,655	5,537
Rent, rates and water	6,497	6,445
Insurance	2,658	2,395
Light and heat	10,212	8,219
Catering	674	869
Repairs and maintenance	6,559	2,613
Printing, postage and stationery	55	192
Advertising	103	249
Telephone	1,346	1,530
Computer and internet expenses	1,549	1,761
Travel expenses	2,057	1,157
Professional and accountancy fees	1,029	12,830
Bank and merchant charges	521	932
Sundry expenses	300	504
Sponsorship	8,776	11,637
	<u>49,475</u>	<u>61,608</u>
Share of governance costs (see note 9)	1,200	565
	<u>50,675</u>	<u>62,173</u>

9 Governance costs

	2020	2019
	£	£
Professional and accountancy fees	1,200	565

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

10 Trustees

The Trustees neither received nor waived any remuneration during the year (2019 - £Nil).

11 Employees

There were no employees during the year (2019 - Nil).

12 Other

	Unrestricted funds	Unrestricted funds
	2020 £	2019 £
Bank loan interest	3,354	4,307
	<u>3,354</u>	<u>4,307</u>

13 Tangible fixed assets

	Freehold land and buildings £	Fixtures and Motor vehicles fittings £	£	Total £
Cost				
At 1 January 2020	619,000	1,694	1,500	622,194
Additions	3,850	-	-	3,850
Revaluation	19,985	-	-	19,985
	<u>642,835</u>	<u>1,694</u>	<u>1,500</u>	<u>646,029</u>
At 31 December 2020	642,835	1,694	1,500	646,029
	<u>642,835</u>	<u>1,694</u>	<u>1,500</u>	<u>646,029</u>
Depreciation and impairment				
At 1 January 2020	4,033	424	656	5,113
Depreciation charged in the year	4,955	318	211	5,484
	<u>8,988</u>	<u>742</u>	<u>867</u>	<u>10,597</u>
At 31 December 2020	8,988	742	867	10,597
	<u>8,988</u>	<u>742</u>	<u>867</u>	<u>10,597</u>
Carrying amount				
At 31 December 2020	633,847	952	633	635,432
	<u>633,847</u>	<u>952</u>	<u>633</u>	<u>635,432</u>
At 31 December 2019	614,967	1,270	844	617,081
	<u>614,967</u>	<u>1,270</u>	<u>844</u>	<u>617,081</u>

14 Stocks

	2020 £	2019 £
Stocks	1,700	1,700
	<u>1,700</u>	<u>1,700</u>

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

15 Debtors

	2020	2019
Amounts falling due within one year:	£	£
Trade debtors	197	15
Other debtors	-	20,000
Prepayments and accrued income	2,095	2,080
	<u>2,292</u>	<u>22,095</u>

16 Loans and overdrafts

	2020	2019
	£	£
Bank loans	146,613	150,501
Other loans	10,000	10,000
	<u>156,613</u>	<u>160,501</u>
Payable within one year	21,500	21,500
Payable after one year	<u>135,113</u>	<u>139,001</u>

The bank loan is secured by a legal charge on the freehold property known as 5 Pelham Road, Nottingham.

17 Creditors: amounts falling due within one year

	Notes	2020	2019
		£	£
Bank loans	16	11,500	11,500
Other borrowings		10,000	10,000
Other taxation and social security		-	26
Trade creditors		3,123	2,637
Other creditors		25,801	26,945
Accruals and deferred income		4,428	1,548
		<u>54,852</u>	<u>52,656</u>

Other creditors include a non refundable deposit of £25,000 for the sale of the property on Pelham Road. The sale took place in February 2021.

18 Creditors: amounts falling due after more than one year

	Notes	2020	2019
		£	£
Bank loans	16	<u>135,113</u>	<u>139,001</u>

KADAMPA MEDITATION CENTRE NOTTINGHAM LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

20 Capital commitments	2020	2019
	£	£
At 31 December 2020 the charity had capital commitments as follows:		
Contracted for but not provided in the financial statements:		
Acquisition of property, plant and equipment	829,305	-
	<u>829,305</u>	<u>-</u>

21 Events after the reporting date

A new property, Gedling House, was purchased in January 2021 for £795,000 and the existing property on Pelham Road was sold for £630,000 in February 2021. Additional funding was provided by a loan from New Kadampa Tradition - International Kadampa Buddhist Union (NKT-IKBU).

22 Related party transactions

There were no disclosable related party transactions during the year (2019 - none).