

[www.familymattersuk.org](http://www.familymattersuk.org)



# Annual Report

Charity No:  
1019861

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## **Explanation for Late Submission of Annual Accounts**

We wish to acknowledge that the submission of our annual accounts for the financial year ending 2024 was made after the usual deadline.

This delay was due to our organisation exceeding the £1 million income threshold for the first time—a milestone we are proud to have achieved. However, crossing this threshold triggered a statutory audit requirement, which we had not previously encountered and were therefore not initially prepared for. The additional audit process took more time than our usual year-end preparations.

As a result, the accounts were submitted later than intended. We would like to reassure all stakeholders that the delay was purely procedural and related to compliance with new audit requirements, not due to any financial irregularities.

We remain committed to transparency, accountability, and timely reporting. We appreciate your understanding.



Kurt Trevillion  
Chief Executive Officer  
Family Matters

Charity registration number 1019861

**FAMILY MATTERS**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 APRIL 2024**

# FAMILY MATTERS

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs Giggins Mrs Kennedy-Cullen Mr Giggins
<b>Charity number</b>	1019861
<b>Auditor</b>	Perrys Audit Limited 4th Floor 399-401 Strand London United Kingdom WC2R 0LT
<b>Solicitors</b>	Hatten Wyatt 51-54 Windmill Street Gravesend Kent DA12 1BD

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# FAMILY MATTERS

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# **FAMILY MATTERS**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 30 APRIL 2024**

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Welcome to the Annual Report of the charity Family Matters. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" Issued in 2005 in preparing the annual report and financial statement of the charity.

Family Matters operates an equal opportunity policy where everyone no matter what race, creed, gender, culture, sexuality, learning ability, physical impairment, mental health issues, age or unrelated criminal convictions has the opportunity to access our service. This service is provided under the supervision of the Chief Executive Officer, subject to assessment, in partnership with Social Services, Health & Education authorities, in accordance with the Children's Act 1989, Child Protection Procedures and Memorandum of Good Practice.

The charity's services are set up to relieve the distress caused by sexual violence & rape. Service users are encouraged to take an interest in Family Matters and where appropriate assist with its activities.

For various reasons, funding being one, and due to the high demand of requests for the service it is not always possible to see all applicants immediately, therefore Family Matters operates a waiting list.

Family Matters 2023/2024 report shows our accomplishments over the financial period and the difference that made to our service users. The charity achieved its goals and mission statement through the projects it ran during the financial year, in terms of client numbers, demography and geographical spread.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

# **FAMILY MATTERS**

## **TRUSTEES' REPORT (CONTINUED)**

### **FOR THE YEAR ENDED 30 APRIL 2024**

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#### **Objectives and activities**

##### **Purpose (taken from the charity's constitution)**

- 2.1 Family Matters is established to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public in the subject of sexual abuse and its effect on victims, whether medical, social or psychological.
- 2.2 Family Matters is established:
- (a) to provide the services of a telephone helpline, support/therapy and counselling to teenage and adult survivors of sexual abuse, the non-abusing members of the family where sexual abuse has occurred and to the partners of survivors of sexual abuse who are non-abusing. The service is available to both male and female clients from four years of age to no upper age limit. (See Appendix I — Standard policy and Procedures)
  - (b) to provide support over the telephone in confidence to both male and female survivors of sexual abuse
  - (c) to provide support over the telephone in confidence to the non-abusing members of the family, and partners of sexual abuse survivors.
  - (d) to provide support/therapy in groups (both for the non-abusing members of the family, survivors of sexual abuse and partners of survivors)
  - (e) to provide counselling in confidence
  - (f) to take referrals from other voluntary organisations and statutory agencies and individuals

#### **Charitable purpose**

Family Matters trustees were charged alongside FM's senior managers in evaluating new services or developments in the provision of existing services against the charity's constitution to ensure that all activities were in line with our purposes and aims.

The projects fulfilled the charitable purposes of Family Matters in that each one was designed and delivered through the charity's published outcomes.

For the purpose of 2.1 'to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public on its impact'.

To help us reach the overarching strategy for growth and development and to increase Family Matters' policy of on-going 'education of the public' the charity carried out a promotion and awareness campaign to highlight the issues faced by survivors of sexual violence and rape. This was actioned using many mediums; radio interviews, press releases, promotion of Family Matters', presentations by the charity staff to domestic violence forums, the police, the CPS, politicians, radio and television interviews. Members of the charity spoke extensively to other professionals and members of the public and continued its distribution of publicity material and education via the media.

# **FAMILY MATTERS**

## **TRUSTEES' REPORT (CONTINUED)**

**FOR THE YEAR ENDED 30 APRIL 2024**

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### **Benefit to the Public**

In order to receive charitable status FM was set up with the purpose to deliver exclusively charitable support for the public benefit. This included carrying out our designated purposes and reporting for the public.

### **The 'benefit' aspect**

The purpose of Family Matters' charitable work is beneficial to the public; this is proved by the on-going evaluation service by the charity's clients.

### **The 'public' aspect**

Family Matters benefits the public in general by the services provided free of charge to anyone, young or old, female or male, not excluding people with a diagnosed mental health issue who have suffered childhood sexual abuse, sexual violence and rape. By the general promotion of awareness as listed under Charitable Purposes – see page 6.

Family Matters Board of Trustees and Charity Managers ensured that the charity understood how it benefited the clients and carried out projects to enable this purpose. Family Matters identified risks of harm and ensured these risks were minimised by safer policies and guidance to the clients and the public.

With that in mind, the Board of Trustees and Charity Managers ensured that the charity's activities during this period were united with the Charity Commission's Guidelines and Principles of Public Benefit. Family Matters services for this financial year supported five of the Charity Commission's specific description of charitable purposes e.g.

- The advancement of education
- The advancement of health and saving lives
- The advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity
- The advancement of environmental protection or improvement
- The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantages

# FAMILY MATTERS

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 30 APRIL 2024

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#### **Achievements and performance**

During the course of this financial year Client outcomes were as below:

- 87% indicated a reduction in depression
- 89% reduction in suicidal ideation
- 82% reduced or ceased self-harming
- 87% felt the therapy had enhanced their chances of gaining employment
- 90% reported that the counselling their ability to engage in school or training
- 89% therapy helped improve relationships with others especially family members
- 79% reduced their dependency on drugs and/or alcohol
- 31% reported a reduction in prescribed medication
- 68% believed therapy reduced their need for GP visits
- 97% felt strong enough to say no to further abuse
- 96% felt empowered to protect other family members from abuse

These figures reinforce the value of our services, demonstrating how our support leads to meaningful, lasting changes in survivors' lives.

# **FAMILY MATTERS**

## **TRUSTEES' REPORT (CONTINUED)**

### **FOR THE YEAR ENDED 30 APRIL 2024**

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#### **Financial review**

In 2023/24, our financial focus remained on strengthening and sustaining our existing partnerships to ensure long-term stability and continued support for survivors. Through effective contract management and strategic funding applications, we maintained key revenue streams while seeking opportunities for long-term sustainability.

Our core funding from the Ministry of Justice (MOJ) remained essential in supporting administrative and management roles, ensuring the smooth operation of our services. Additionally, the MOJ introduced new funding for Rape and Sexual Abuse Support, enabling us to expand specialist provision.

Key contract funding continued, including:

- Kent PCC – Funding the Independent Sexual Violence Advisor (ISVA) service, including the specialist Gangs ISVA role.
- NHS – Continued support for the Sexual Assault Referral Centre (SARC) project, providing immediate therapeutic intervention for clients accessing Kent's SARC.
- Bexley CCG – Funding therapeutic services for survivors based in Bexley.
- G4S – Supporting West Mercia clients by funding therapy access through the SARC network.

Alongside these contracts, we continued to receive positive financial contributions from a range of donors and fundraising initiatives, helping to supplement core services and enhance support for survivors.

#### **Financial Outlook & Future Strategy**

While we successfully maintained existing funding streams, the ongoing demand for services means securing longer-term contracts remains a priority. Our strategic focus for the coming year includes:

- Expanding multi-year funding agreements to reduce financial uncertainty and retain specialist staff.
- Strengthening our relationships with funders to demonstrate the long-term impact of our work.
- Exploring new revenue sources, including grants, partnerships, and individual giving, to diversify our funding base.

With the support of our funders, donors, and partners, we remain committed to ensuring financial sustainability while continuing to provide high-quality, trauma-informed services for survivors.

#### **Structure, governance and management**

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs Giggins

Mrs Kennedy-Cullen

Mr Giggins

# **FAMILY MATTERS**

## **TRUSTEES' REPORT (CONTINUED)**

### **FOR THE YEAR ENDED 30 APRIL 2024**

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#### **Appointment and training of new trustees**

The trustee are appointed and trained in accordance with the charities governing document.

#### **CEO's Report**

*Family Matters is a not-for-profit charity that provides specialist support and therapy to survivors of rape and sexual abuse. We offer free, accessible services to children and adults, supporting over 3,000 individuals each year.*

*Sexual abuse and rape can have profound and lasting effects, impacting both physical and mental health. Our counselling service provides skilled therapeutic support to help survivors navigate these challenges, working with qualified professionals trained across a wide range of disciplines. Through our dedicated approach, we help survivors address their fears and establish a clear pathway towards recovery and empowerment.*

*In addition to therapy, we provide Independent Sexual Violence Advisors (ISVAs) for both children and adults. Our ISVAs offer practical and emotional support, whether or not a survivor has reported to the police. They ensure that survivor receive appropriate care, guidance, and assistance in navigating the criminal justice process, from reporting through to court proceedings.*

#### **Our Work in 2023/2024**

*The demand for support services for survivors of sexual violence continues to rise, and Family Matters remains steadfast in its commitment to providing high-quality, trauma-informed care. Throughout 2023/2024, we maintained and strengthened our core services, ensuring continuity of care for those in need.*

*Despite challenges across the sector, including increasing demand and pressures on funding, we successfully sustained our contracts and funding streams. Our primary funders, including the Police and Crime Commissioner (PCC), the National Lottery Community Fund (NLCF), and the NHS, remained key partners in supporting our work. Their continued backing enabled us to provide essential services across Kent, Southeast London, and West Mercia.*

*Our client numbers continued to grow, reflecting the increasing awareness of available support and the ongoing need for specialist services. We worked closely with police forces, social services, healthcare providers, schools, and mental health teams to ensure survivors received professional and timely interventions.*

# **FAMILY MATTERS**

## **TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2024**

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We continued our NHS-funded triage programme through Kent SARC, ensuring rapid access to forensic examination, health checks, and seamless referrals to our ISVA and therapeutic services. This streamlined pathway remains vital in providing immediate and ongoing support for survivors.

Additionally, we maintained our crisis support service at The Glade in Bransford and remotely in Telford, funded by G4S. Our partnership with Bexley NHS CCG continued, allowing us to provide specialist services for survivors in this area of London.

Our ISVA team remained a cornerstone of our work, offering guidance and advocacy from the point of reporting to police through to court proceedings. The criminal justice system continues to face delays, adding to survivors' distress, and we persist in highlighting the urgent need for improvements in court processes to better support survivor.

As part of our commitment to ensuring survivors receive consistent and accessible support, we relaunched our helpline to provide additional assistance to survivors on our waiting list. This initiative ensures that those awaiting therapy or ISVA support have access to professional guidance, reassurance, and coping strategies, helping to bridge the gap while they wait for full service engagement. The helpline offers survivors a crucial point of contact, reinforcing our commitment to their well-being at every stage of their recovery journey.

### **Looking Forward**

As the demand for our services continues to rise, we remain committed to ensuring survivors receive the best possible support. The sector as a whole faces increasing pressure, but with the continued backing of our funders and partners, we are determined to maintain and strengthen our services.

We will continue to advocate for greater recognition of the importance of trauma-informed support, ensuring survivors have access to professional, compassionate care. By working alongside our partners in healthcare, law enforcement, and social services, we aim to further enhance the pathways available to those in need.

Our work is made possible by the dedication of our staff, volunteers, and supporters. Their commitment ensures that Family Matters remains a vital lifeline for survivors, empowering them to move forward with confidence and resilience.

In accordance with the charity's articles, a resolution proposing that Perrys Audit Limited be reappointed as auditor of the company will be put at a General Meeting.

The trustees' report was approved by the Board of Trustees.

**Mrs B Giggins (Chair)**

Dated: 6 May 2025

## **FAMILY MATTERS**

### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

#### **FOR THE YEAR ENDED 30 APRIL 2024**

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The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# **FAMILY MATTERS**

## **INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FAMILY MATTERS**

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### **Opinion**

We have audited the financial statements of Family Matters (the 'charity') for the year ended 30 April 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 April 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# **FAMILY MATTERS**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF FAMILY MATTERS**

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#### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

#### **Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

#### **Other matters**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

This has been done in order for the financial statements to provide a true and fair view in accordance with current Generally Accepted Accounting Practice.

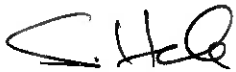
# FAMILY MATTERS

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF FAMILY MATTERS

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### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN HALE FCA, ACCA

Perrys Audit Limited

6 May 2025

Chartered Accountants  
Statutory Auditor

4th Floor  
399-401 Strand  
London  
United Kingdom  
WC2R 0LT

Perrys Audit Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

## FAMILY MATTERS

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>Income and endowments from:</b>							
Donations and legacies	3	-	1,109,956	1,109,956	-	990,825	990,825
Charitable activities	4	49,019	-	49,019	31,751	-	31,751
Investments	5	1,170	-	1,170	266	-	266
Other income		-	17,505	17,505	-	21,950	21,950
<b>Total income</b>		<b>50,189</b>	<b>1,127,461</b>	<b>1,177,650</b>	<b>32,017</b>	<b>1,012,775</b>	<b>1,044,792</b>
Charitable activities	6	7,594	983,231	990,825	8,135	900,322	908,457
Other material expenditure		-	4,643	4,643	2,187	2,297	4,484
<b>Total expenditure</b>		<b>7,594</b>	<b>987,874</b>	<b>995,468</b>	<b>10,322</b>	<b>902,619</b>	<b>912,941</b>
<b>Net income and movement in funds</b>		<b>42,595</b>	<b>139,587</b>	<b>182,182</b>	<b>21,695</b>	<b>110,156</b>	<b>131,851</b>
<b>Reconciliation of funds:</b>							
Fund balances at 1 May 2023		185,276	318,419	503,695	163,581	208,263	371,844
<b>Fund balances at 30 April 2024</b>		<b>227,871</b>	<b>458,006</b>	<b>685,877</b>	<b>185,276</b>	<b>318,419</b>	<b>503,695</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# FAMILY MATTERS

## BALANCE SHEET

AS AT 30 APRIL 2024

	Notes	2024		2023	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	11		740		1,105
<b>Current assets</b>					
Debtors	12	193,916		153,426	
Cash at bank and in hand		513,285		370,663	
		<u>707,201</u>		<u>524,089</u>	
<b>Creditors: amounts falling due within one year</b>	13	<u>(22,064)</u>		<u>(21,499)</u>	
Net current assets			685,137		502,590
<b>Total assets less current liabilities</b>			<u>685,877</u>		<u>503,695</u>
<b>Income funds</b>					
Restricted funds	14	458,006		318,419	
Unrestricted funds		227,871		185,276	
		<u>685,877</u>		<u>503,695</u>	

The financial statements were approved by the Trustees on 6 May 2025

  
Mr K Trevillion (CEO)  
CEO

## FAMILY MATTERS

### STATEMENT OF CASH FLOWS

#### FOR THE YEAR ENDED 30 APRIL 2024

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	Notes	2024 £	£	2023 £	£
<b>Cash flows from operating activities</b>					
Cash generated from operations	18		141,452		94,801
<b>Investing activities</b>					
Investment income received		1,170		266	
<b>Net cash generated from investing activities</b>			1,170		266
<b>Net cash used in financing activities</b>			-		-
<b>Net increase in cash and cash equivalents</b>			142,622		95,067
Cash and cash equivalents at beginning of year			370,663		275,596
<b>Cash and cash equivalents at end of year</b>			<u>513,285</u>		<u>370,663</u>

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# FAMILY MATTERS

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 30 APRIL 2024

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#### 1 Accounting policies

##### Charity information

Family Matters is a Not for profit charity registered in England and Wales. The registered office is 13 Wrotham Road, Gravesend, Kent, DA11 0PA.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# FAMILY MATTERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 APRIL 2024

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#### 1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# FAMILY MATTERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 APRIL 2024

#### 1 Accounting policies

(Continued)

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 3 Income from donations and legacies

	<b>Restricted funds 2024 £</b>	<b>Restricted funds 2023 £</b>
Grants receivable	1,109,956	990,825

# FAMILY MATTERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 APRIL 2024

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#### 4 Income from charitable activities

	Donations receivable 2024 £	Donations receivable 2023 £
Donations receivable	49,019	31,751
	<u>49,019</u>	<u>31,751</u>
<b>Analysis by fund</b>		
Unrestricted funds	49,019	31,751
	<u>49,019</u>	<u>31,751</u>

#### 5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	1,170	266
	<u>1,170</u>	<u>266</u>

## FAMILY MATTERS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 30 APRIL 2024

#### 6 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
<b>Direct costs</b>		
Depreciation and impairment	280	417
Staff and volunteer costs	862,804	768,166
Staff welfare	1,173	1,693
Computer costs	35,378	46,238
Legal and professional	9,091	7,870
Telephone, stationery and other office expenses	18,012	16,524
Training costs	15,322	10,810
Room hire	34,916	26,539
Subscriptions and sundries	3,656	7,854
Establishment costs	10,015	17,132
Bank interest	-	16
Other charitable expenditure	178	5,198
	<u>990,825</u>	<u>908,457</u>
<b>Analysis by fund</b>		
Unrestricted funds	7,594	8,135
Restricted funds	983,231	900,322
	<u>990,825</u>	<u>908,457</u>

#### 7 Auditor's remuneration

Fees payable to the charity's auditor and associates:	<b>2024</b>	<b>2023</b>
	£	£
<b>For audit services</b>		
Audit of the financial statements of the charity	5,000	5,000
	<u>5,000</u>	<u>5,000</u>

#### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

No Trustees expenses were reimbursed during the year (2022: nil)

## FAMILY MATTERS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 30 APRIL 2024

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#### 9 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
27	26

Included within staff and volunteer costs are social security costs of £58,678 (2023 - £58,831).

There were no employees whose annual remuneration was more than £60,000.

#### Remuneration of key management personnel

The remuneration of key management personnel is as follows.

Key management personnel are those persons having authority for planning, directing and controlling the activities of Family Matters. These comprise of the Chief Executive Officer, Finance Officer and Chair. The total remuneration of the Family Matters key management personnel was £71,565 (2023: £67,095) for the year of which £1,038 (2023: £1,545) was employer's pension contributions.

#### 10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

#### 11 Tangible fixed assets

	Fixtures and fittings £
<b>Cost</b>	
At 1 May 2023	59,367
At 30 April 2024	59,367
<b>Depreciation and impairment</b>	
At 1 May 2023	58,262
Depreciation charged in the year	365
At 30 April 2024	58,627
<b>Carrying amount</b>	
At 30 April 2024	740
At 30 April 2023	1,105

## FAMILY MATTERS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 30 APRIL 2024

12 Debtors	2024	2023
Amounts falling due within one year:	£	£
Prepayments and accrued income	193,916	153,426
	<u>193,916</u>	<u>153,426</u>
13 Creditors: amounts falling due within one year	2024	2023
	£	£
Other taxation and social security	13,486	14,677
Accruals and deferred income	8,578	6,822
	<u>22,064</u>	<u>21,499</u>

#### 14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 May 2023	Incoming resources	Resources expended	At 30 April 2024
	£	£	£	£
	318,419	1,127,461	(987,874)	458,006
	<u>318,419</u>	<u>1,127,461</u>	<u>(987,874)</u>	<u>458,006</u>
Previous year:	At 1 May 2022	Incoming resources	Resources expended	At 30 April 2023
	£	£	£	£
	208,263	1,012,775	(902,619)	318,419
	<u>208,263</u>	<u>1,012,775</u>	<u>(902,619)</u>	<u>318,419</u>

#### 15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 May 2023	Incoming resources	Resources expended	At 30 April 2024
	£	£	£	£
General funds	185,276	50,189	(7,594)	227,871
	<u>185,276</u>	<u>50,189</u>	<u>(7,594)</u>	<u>227,871</u>

## FAMILY MATTERS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 30 APRIL 2024

#### 15 Unrestricted funds (Continued)

Previous year:	At 1 May 2022	Incoming resources	Resources expended	At 30 April 2023
	£	£	£	£
General funds	163,581	32,017	(10,322)	185,276

#### 16 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 30 April 2024 are represented by:						
Tangible assets	568	172	740	847	258	1,105
Current assets/(liabilities)	227,303	457,834	685,137	184,429	318,161	502,590
	<u>227,871</u>	<u>458,006</u>	<u>685,877</u>	<u>185,276</u>	<u>318,419</u>	<u>503,695</u>

#### 17 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

#### 18 Cash generated from operations

	2024 £	2023 £
Surplus for the year	182,182	131,851
Adjustments for:		
Investment income recognised in statement of financial activities	(1,170)	(266)
Depreciation and impairment of tangible fixed assets	365	545
Movements in working capital:		
(Increase) in debtors	(40,490)	(35,852)
Increase/(decrease) in creditors	565	(1,477)
<b>Cash generated from operations</b>	<u>141,452</u>	<u>94,801</u>

