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FAMILY MATTERS, 13 WROTHAM RD, GRAVESEND DA11 0PA



FAMILY MATTERS

ACCOUNTS 2022

CHARITY NO: 1019861



FAMILY MATTERS

Charity Information

<i>Chair of Trustees:</i>	<i>Bernice Giggins</i>
<i>Trustees:</i>	<i>Skye Kennedy-Cullen Paul Giggins</i>
<i>CEO:</i>	<i>Mary Trevillion</i>
<i>Charity Number:</i>	<i>1019861</i>
<i>Registered Office:</i>	<i>13 Wrotham Road Gravesend Kent DA11 0PA</i>
<i>Independent Examiners:</i>	<i>Perrys Accountants 10 Upper Grosvenor Rd, Tunbridge Wells TN1 2EP</i>

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Trustee & CEO's Report Year Ended 30th March 2022

About us

Family Matters is a not-for-profit charity that provides support and therapy to survivors of rape and sexual abuse. We are open to all service, free of charge that supports over 3,000 children and adults a year.

Sexual abuse and rape can leave people with physical and mental scars that take time and understanding to work through. Family Matters counselling service has been created to provide skilled help for children and adults who are experiencing these difficulties. Our counselling practice is supported by qualified professionals who are trained across a wide range of issues and disciplines to help those affected address their fears and identify a clear pathway towards resolution and healing.

We also provide Independent Sexual Violence Advisors (ISVA's) for both children and adults to support rape and sexual assault victims to come to terms with the aftermath of their assault. ISVA's are specially trained to look after victim's needs and to ensure that they receive care and guidance. Information, help and support can be provided even if you have not reported to the police. Assistance is offered to help you through the criminal justice system, from reporting to police through to trial at court.



Pictured above:
FM Chair – Bernice Giggins

Our work in 2021/2022

As a society we must do everything we can to prevent further child and adult sexual violence and rape occurring. Here at Family Matters we continued to provide a much-needed safe-haven for victims of Sexual violence and rape. We provide therapy, ISVA's and a helpline which enabled us to support over 3,000 survivors in 2021/2022.

FM does all that it can to raise awareness by giving talks to other professionals, sitting on public boards, television and frequent radio interviews to highlight the need to be vigilant. We worked closely with schools, colleges, universities, GP, psychiatrists and mental health teams to name but a few, to ensure that victims have a professional service that they can rely on.

During the course of this financial year Client outcomes were as below:

- 85% indicated a reduction in depression
- 88% reduction in suicidal ideation
- 78% reduced or ceased self-harming
- 85% felt the therapy had enhanced their chances of gaining employment
- 90% reported that the counselling their ability to engage in school or training
- 86% therapy helped improve relationships with others especially family members
- 75% reduced their dependency on drugs and/or alcohol
- 27% identified a reduction in their prescribed medication
- 67% believe their therapy had reduced their need to visit the GP
- 97% said they felt strong enough to say no to further abuse
- 96% felt strong enough to protect other family members from abuse

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These outcomes highlight the good work the charity does, our commitment and dedication to the service that we provide for clients. The figures demonstrate a significant reduction in each area and this all helps a client with hope and future focus, with less re-victimisation. Whilst suicide and mental health still remain a high factor, they are significantly reduced with the help of support from FM.



Pictured above:
FM CEO – Mary Trevillion

We continued through this period with our NHS programme of triage via the Kent SARC, which has proved invaluable to our clients with a quick and easy pathway through, forensic examination and other related health checks, as well as an easy pathway through to FM ISVA and therapeutic services.

We provided a service to clients with a recognised mental health diagnosis, these clients can be particularly vulnerable, and we endeavour to work closely with their mental health teams and psychiatrists to ensure we are the correct provider of services for them.

Bexley NHS CCG provided us with funding to see a proportion of clients from this area of London and has continued to do so during this financial year.

We continue to be funded by G4S to provide crisis support in the Glade in Bransford and remotely in Telford.

In Kent we provide Independent Sexual Violence Advisors (ISVA's) who offered a service encompassing the point of entry into the legal system right up beyond trial proceedings. During this financial period court cases were still taking far too long, if at all to come to trial and this caused further trauma. FM works to highlight the need for the court system to improve. This service is funded by the Kent Police Crime Commissioners Office who have been strong supporters of our work for many years and we continue discussions with them on the future of support for clients in Kent.

We made great inroads into our client's progress back to health and well-being. We received referrals from many services and the SARC at this time, along with the police, who continued to be our main provider. Given that fear and anxiety are the primary responses to trauma, it is heartening to see more funding to support talking therapies, instead of just medicating people. This in turn will lessen any additional trauma that the clients receive via medical examinations, legal proceedings, restricted social activities, health problems, all a constant reminder of the assault.

FM receives extensive feedback from clients, where they tell us the important work we do for them and the achievements they are able to make with our help.

This report was approved by the board on 18/04/2022 and signed on their behalf by:

A handwritten signature in blue ink, appearing to be 'Bernice Giggins'.

Chair – Bernice Giggins

A handwritten signature in blue ink, appearing to be 'Mary Trevillion'.

CEO – Mary Trevillion

**FAMILY MATTERS
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF FAMILY MATTERS**

I report to the trustees on my examination of the financial statements of Family Matters (the charity) for the year ended 30 April 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or

- 1 the financial statements do not accord with those records; or
- 2 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen Hale FCA FCCA Perrys
Accountants Limited 3 Roberts
Mews
Orpington
Kent
BR6 0JP

Dated:



FAMILY MATTERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 APRIL 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
<u>Income and endowments from:</u>							
Grants from public bodies	3	131	934,158	934,289	71,970	600,707	672,677
Donations and legacies	4	15,127	-	15,127	10,679	1,105	11,784
Investment income	5	-	-	-	19	-	19
Sundry income		-	24,657	24,657	-	21,132	21,132
Total income		15,258	958,815	974,073	82,668	622,944	705,612
<u>Expenditure on:</u>							
Charitable activities	6	2,410	786,086	788,496	6,273	698,357	704,630
Advertising, PR and literature		770	2,386	3,156	85	2,943	3,028
Total expenditure		3,180	788,472	791,652	6,358	701,300	707,658
Net income/(expenditure) for the year/ Net movement in funds		12,078	170,343	182,421	76,310	(78,356)	(2,046)
Fund balances at 1 May 2021		151,503	37,920	189,423	75,193	116,276	191,469
Fund balances at 30 April 2022		163,581	208,263	371,844	151,503	37,920	189,423

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

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BALANCE SHEET

AS AT 30 APRIL 2022

	Notes	2022		2021	
		£	£	£	£
Fixed assets					
Tangible assets	8		1,650		2,462
Current assets					
Debtors	9	117,574		48,817	
Cash at bank and in hand		275,596		159,056	
		393,170		207,873	
Creditors: amounts falling due within one year	10	(22,976)		(20,912)	
Net current assets			370,194		186,961
Total assets less current liabilities			371,844		189,423
Income funds					
Restricted funds			208,263		37,920
Unrestricted funds			163,581		151,503
			371,844		189,423

The financial statements were approved by the Trustees on 5 May 2023



Mrs M Trevillion
CEO

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2022

1 Accounting policies

Charity information

Family Matters is a INSERT CONSTITUTIONAL DETAIL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Grants from public bodies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Grants receivable	131	934,158	934,289	71,970	600,707	672,677

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2022

4 Donations and legacies

	2022 £	2021 £
Donations receivable	15,127	11,784
Analysis by fund		
Unrestricted funds	15,127	10,679
Restricted funds	-	1,105

5 Investment income

	Total	Unrestricted funds
	2022 £	2021 £
Investment income	-	19

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

6 Charitable activities

	2022	2021
	£	£
Depreciation and impairment	623	930
Staff and volunteer costs	649,090	605,200
Staff welfare	959	2,446
Computer costs	73,467	43,588
Legal and professional	4,616	10,686
Telephone, stationery and other office expenses	17,515	11,359
Training costs	7,489	11,330
Room hire	13,123	2,747
Subscriptions and sundries	224	28
Establishment costs	21,194	15,959
Bank interest	7	74
Other charitable expenditure	189	283
	<u>788,496</u>	<u>704,630</u>
	<u>788,496</u>	<u>704,630</u>
Analysis by fund		
Unrestricted funds	2,410	6,273
Restricted funds	786,086	698,357
	<u>788,496</u>	<u>704,630</u>

7 Employees

No employee received emoluments (excluding employer pension costs) of more than £60,000.

The average monthly number of employees during the year was:

	2022	2021
	Number	Number
	<u>20</u>	<u>22</u>

Included within staff and volunteer costs are social security costs of £43,772 (2021 - £38,595). There were no employees whose annual remuneration was more than £60,000.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

8 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 May 2021	59,367
At 30 April 2022	59,367
Depreciation and impairment	
At 1 May 2021	56,905
Depreciation charged in the year	812
At 30 April 2022	57,717
Carrying amount	
At 30 April 2022	1,650
At 30 April 2021	2,462

9 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Prepayments and accrued income	117,574	48,817

10 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	12,322	5,931
Other creditors	1,639	1,517
Accruals and deferred income	9,015	13,464

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

11 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 30 April 2022 are represented by:						
Tangible assets	1,650	-	1,650	2,462	-	2,462
Current assets/(liabilities)	370,194	-	370,194	186,961	-	186,961
	<u>371,844</u>	<u>-</u>	<u>371,844</u>	<u>189,423</u>	<u>-</u>	<u>189,423</u>

12 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).