CORINNE BURTON MEMORIAL TRUST

A Charitable Trust

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

For the year ended 31 December 2025

CORINNE BURTON MEMORIAL TRUST

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CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

Trustees
Sir Michael John Burton
Laurence Stephen Brass
Norman Anthony Leifer
Lorna Lee Cohen
Jeremy Bard
Judith Frances Kasriel
Joshua Daniel March Cowan
Josephine Fleur Burton (Appointed 1 June 2026)

Charity Number 1015586

Principal Address
Suite 301 Stanmore Business and Innovation Centre
Howard Road
Stanmore
Middlesex
HA7 1FW

Accountants/
Independent Examiner
Parker Cavendish
Suite 301 Stanmore Business and Innovation Centre
Howard Road
Stanmore
Middlesex
HA7 1FW

Principal Bankers

Barclays Bank plc
160 Piccadilly
London W1A 2AB

Who we are, and what we do



The Corinne Burton Memorial Trust (CBMT) is the only charity in the UK dedicated to advancing the practice of art psychotherapy in cancer care.

The Trust was founded in 1992 by Sir Michael Burton, in memory of his wife Corinne, an artist and illustrator whose own experience of making art during her illness inspired this legacy.

For more than thirty years, CBMT has pioneered and sustained the role of art therapy in cancer care, helping thousands of patients across the UK.

Our work is built around three pillars:

- **Funding art therapy in NHS hospitals:** including long-standing support at St Bartholomew's Hospital (Barts) and, in recent years, expansion across London into Whipps Cross Hospital, The Royal London Hospital and Homerton University Hospital.
- **Scholarships at Goldsmiths, University of London:** enabling the training of over 30 art psychotherapists who have gone on to work in hospitals and hospices across the UK. The Trust also funds two years of post-graduation employment, ensuring new therapists gain frontline experience with cancer patients.
- **Supporting research and professional development:** we have supported academic and professional development through the publication of seminal texts (including 'Something Understood: Art Therapy in Cancer Care' by Camilla Connell and 'Art Therapy in Cancer Care' by Professor Diane Waller and Caryl Sibbett) and the funding of clinical research into art therapy for cancer care.

The need:



Cancer is a devastating illness, affecting around 420,000 new patients every year in the UK. It is often physically debilitating, and there is a strong link between a cancer diagnosis and increased anxiety and depression.

People with cancer are around four times more likely to experience depression than the general population, and roughly one in five experience depression during their illness. Since 2020, referrals for our art therapy have increased by over 40%, driven in part by ongoing treatment backlogs following the COVID-19 pandemic.

Cancer patients often face profound psychological distress alongside their physical treatment. Art therapy offers immediate relief, insight and resilience, especially for those who respond less readily to traditional talking therapies. It enables patients to express what cannot always be spoken, to process trauma, and to rediscover connection, purpose and creativity during the most difficult of times.

Our art therapists are embedded within hospital clinical teams and take part in triage and clinical meetings, so that patients can be referred at the earliest signs of anxiety and depression rather than waiting until they reach crisis point.

"My therapist is so patient and kind. She listens and makes me feel listened to. I am grateful for this service when I felt as if I were wading in a sea of treacle with no escape. It might seem simple to a lay person, but when you go through this trauma and your mind won't be still, it is a safe, calm space of respite."

Art therapy participant, 2025

Our impact

Our key achievements this year:



- **During 2025, CBMT-funded art therapists supported 82 cancer patients** and delivered 492 art therapy sessions across our NHS hospital sites, equivalent to an average course of six sessions per patient.
- **Supporting NHS staff as well as patients.** CBMT-funded art therapists lead reflective practice and clinical discussion groups that help nurses and doctors manage the emotional toll of delivering care.



In 2025 this work reached an important milestone: research developed at Barts, the first art therapy trial of its kind in Europe, was completed as a PhD and published in BMJ Public Health.
The intervention featured on BBC Breakfast, which filmed a session run for doctors at Barts, and is now being implemented within the Barts Health Staff Support Psychological Service.



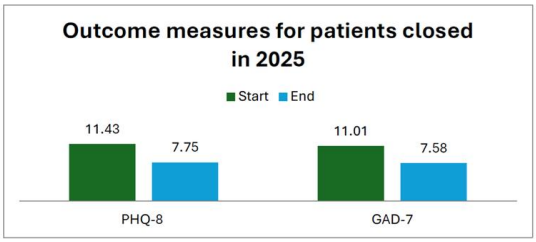
- **CBMT recognised at event at Buckingham Palace:** In recognition of our work, CBMT was honoured to be invited to Buckingham Palace by Their Majesties The King and Queen on 30 April 2025, for a reception celebrating cancer charities.

Out of the organisations present, CBMT was one of only five selected to present a display in the Throne Room, a powerful acknowledgement of the Trust's unique role.

Evaluating our work

Robust evaluation is central to our mission. Art therapists supported by CBMT use the same outcome measures as NHS Cancer Alliance UK, including the GAD-7 and PHQ-8 psychometric scales, to track changes in anxiety and depression.

Patients typically present with scores indicating clinically significant levels of distress. Among patients who completed their therapy in 2025, average depression scores (PHQ-8) fell from 11.43 at the start of therapy to 7.75 on completion, and average anxiety scores (GAD-7) fell from 11.01 to 7.58.

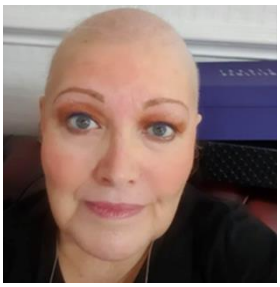


In both cases this represents a move from clinically significant levels of distress (scores of 10 or above) towards mild levels of low mood and anxiety, a demonstrable therapeutic benefit.



Alongside these quantitative measures, we gather rich qualitative feedback, which also helps patients shape their own sessions and allows us to keep improving the programme.

Patients repeatedly describe art therapy as offering a sense of control in a medical environment where they otherwise feel powerless.



"With cancer, you have no control. But this gives me a sense that I do have some control, or at least insight, into how it's affecting me emotionally."
Karen, art therapy patient at Whipps Cross Hospital

Healthcare staff likewise report that art therapy workshops helped them sustain empathy and foster resilience, enabling them to care for patients while safeguarding their own wellbeing. Together, these measures show that CBMT's work delivers meaningful benefit both to the patients we serve and to the NHS staff who care for them.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2025

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2025

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Status and objectives

The Trust was created by a Deed dated 24 November 1992 ("the Trust Deed") in memory of the late Corinne Burton and is a registered charity no. 1015586. It is governed by the Trust Deed and by the Charities Act 2011.

The Trustees have unrestricted powers to apply the trust funds towards the charitable objectives set out in the Trust Deed.

The main object which the Trust pursues is the funding of art therapy, and the training of art therapists, for cancer patients.

There have been no changes in the policies adopted by the Trust during the year.

In January 2019 the Trust Deed was amended such that the total number of Trustees shall not exceed nine.

Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 9.

Total incoming resources amounted to £80,399 as compared with £46,501 the previous year.

Interest receivable and similar income amounted to £1,178 as compared with £1,311 for the previous year.

Resources Expended

Total expenditure in the year amounted to £104,966 an increase of £55,751 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £94,076, an increase of £53,551 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The Statement of Financial Position on page 10 of the financial statements shows the financial position of the Trust as at 31 December 2025

Total assets exceeded total liabilities by £12,062 which is represented by the accumulated balances on both capital and income funds. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as shown in notes 6 and 7 on page 12..

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

This report was approved by the trustees on 20 July 2026 and signed on their behalf by

…… Sir Michael John Burton

…… Laurence Stephen Brass

…… Norman Anthony Leifer

…… Lorna Lee Cohen

…… Jeremy Bard

…… Judith Frances Kasriel

…… Joshua Daniel March Cowan

…… Josephine Fleur Burton

Independent Examiner's Report to the Trustees of
The Corinne Burton Memorial Trust

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2025.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mervyn Beth FCCA
Parker Cavendish
Chartered Accountants
Suite 301 Stanmore Business and Innovation Centre
Howard Road
Stanmore
Middlesex
HA7 1FW

Date: 20 July 2026

CORINNE BURTON MEMORIAL TRUST

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2025

	NOTES	Unrestricted Income Fund 2025 £	2024 £
INCOMING RESOURCES			
Donations and Activities (net)	3	79,221	45,190
Bank deposit interest received (gross)		-	1,311
Tax refunds		1,178	-
TOTAL INCOMING RESOURCES		80,399	46,501
RESOURCES EXPENDED			
Cost of Generating Funds			
Activity and fundraising costs		9,510	7,370
Charitable Expenditure			
Donations and grants- Less written back	4	94,076	40,525
Governance costs	5	1,380	1,320
TOTAL RESOURCES EXPENDED		104,966	49,215
NET MOVEMENTS IN FUNDS		(24,567)	(2,714)
INCOME FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2025		36,529	39,243
INCOME BALANCE CARRIED FORWARD AT 31 DECEMBER 2025		11,962	36,529
CAPITAL FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2025 AND CARRIED FORWARD AT 31 DECEMBER 2025		100	100

CORINNE BURTON MEMORIAL TRUST

STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2025

	Notes	2025 Unrestricted Fund £	2024 Unrestricted Fund £
CURRENT ASSETS			
Cash at bank		145,364	131,141
Debtors	8	-	-
		145,364	131,141
Creditors: Amounts falling due within one year	6	(78,447)	(39,633)
NET CURRENT ASSETS		66,917	91,508
Creditors: Amounts falling due after more than one year	7	(54,855)	(54,879)
NET ASSETS		12,062	36,629
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		11,962	36,529
		12,062	36,629

Approved by the Trustees on 20 July 2026

…… Sir Michael John Burton …… Laurence Stephen Brass

…… Norman Anthony Leifer …… Judith Frances Kasriel

……Lorna Lee Cohen …… Jeremy Bard

…… Joshua Daniel March Cowan ……Josephine Fleur Burton

The notes on pages 10,11 and 12 form an integral part of these financial statements.

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions
The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;
The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);
The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;
The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

e) Reserves

The Trustees recognise the importance of retaining sufficient reserves to protect the continuity of the Charity's art therapy programme, meet its commitments to hospital partners and to the art therapy scholarship programme at Goldsmiths, University of London, which are often made up to four years in advance, and manage uncertainty over the timing of future income.

Since many of the Charity's commitments run up to four years in advance, the Trustees aim to hold reserves which, together with income already pledged, cover substantially all of these outstanding commitments. Awards are made from the Income Fund, alongside a Capital Fund of £100 representing the Charity's original endowment, which the Trustees may draw on at their discretion.

The Trustees will keep the level of reserves under close review over the coming year in light of the Charity's ongoing multi-year commitments.

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting the Trust's charitable objectives and the ongoing overheads of the Trust.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the charitable objectives of the Trust.

3. DONATIONS RECEIVED

Donations in support of the Charity's objectives were received from the following:

City Bridge Foundation
National Lottery - Awards for All
Barts Charity
The Big Give
St James's Place Foundation
Garfield Weston Foundation
Global Charities
Albert Hunt Trust
The Green Hall Foundation
All Aboard Shops
Drapers Charitable Fund

4. DONATIONS AND GRANTS

	2025 £	2024 £
a) Goldsmiths' College		
Donation to cover the cost of art Therapy studentships ('The Corinne Burton Art Therapy Studentships')	28,220	21,868
b) St Bartholomew's Hospital (Barts),		
Donation to cover the cost of an art therapist ('The Corinne Burton Art Therapist')	46,356	18,657
c) Homerton & N E London Hospital Trust		
Donation to cover the cost of an art therapist	19,500	-
	94,076	40,525

5. GOVERNANCE COSTS

Accountancy fees	1,380	1,320

6. CREDITORS:
Amounts falling due within one year

Provision for charitable commitments	76,492	39,178
Accrued expenses	1,955	455
	78,447	39,633

7. CREDITORS:
Amounts falling due after more than one year

Provision for charitable commitments	54,855	55,732

8. DEBTORS:

Tax refunds	-	-