

Chorlton Good Neighbours

Report and financial statements
For the year ended 31st March 2022

Chorlton Good Neighbours
Reference and administrative information
for the year ended 31st March 2022

Charity number 1013285

Registered office and operational address Wilbraham St Ninians Church
Egerton Road South
Chorlton-Cum-Hardy
Manchester
M21 0XJ

Trustees Trustees who served during the year and up to the date of this report were as follows:

Rev Ken Stokes	Chair
Mr Michael Schaefer	Treasurer
Mrs Kathryn Grand	Secretary
Mr Philip Lloyd	
Mr Bernard Leach	
Mrs Joan Constable	
Mr Andrew Peter Dawson	
Mrs Christine Bentley	
Mr Dennis Haughton	
Mrs Angela Downing	
Rev Jennifer King	
Mr Kevin Duffy	(died in May 2022)

Trustees who held title to property belonging to the charity during the reporting period or at the date of approval were:

Mr Andrew Dawson (trustee) and Mr Bernard Leach (trustee) are the registered owners of the leasehold property (Flat 10, Fielden Court, 245 Barlow Moor Road, Chorlton, Manchester M221 7AY)

Key management Personnel Helen Hibberd Co-ordinator

Bankers	Lloyds TSB Bank plc 25 Gresham Street London EC2V 7HN	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Mailing Kent ME19 4JQ
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Independent examiner Christy Lau FCCA CTA DChA
Slade & Cooper Limited
Beehive Mill
Jersey Street
Manchester
M4 6JG

Chorlton Good Neighbours
Trustees' annual report
for the year ended 31st March 2022

The trustees present their report and the unaudited financial statements for the year ended 31st March 2022.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objective of the charity is to support persons resident in Chorlton-Cum-Hardy and adjacent districts who are in need, hardship or distress regardless of gender, disability, religion or belief, race, ethnicity or sexual orientation.

The trustees review the aims, objectives and activities of the charity each year. The Annual Report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described fully in the Annual report 2022 which follows note 21 to the accounts.

Financial review

Please see the Annual report 2022 which follows note 21 to the accounts.

Reserves policy

The total reserves of the charity at the year-end were £471,997 comprising restricted funds of £6,850 and unrestricted funds of £465,147. Chorlton Good Neighbours has agreed to keep minimum reserves of £ 50,000, so they will be able to pay full redundancy costs to staff in case the charity becomes financially unviable.

Chorlton Good Neighbours
Trustees' annual report
for the year ended 31st March 2022

Plans for the future

Please see the Annual report 2022 which follows note 21 to the accounts.

Structure, governance and management

The management committee consists of up to 12 trustees who govern the charity through a constitution. The trustees appoint officer to the management committee in the form of a Chair, Treasurer and Secretary. This is done annually at the AGM. Officer positions are nominated through members of the committee and the officer must be a member of the committee. A vote takes place at the AGM involving all members of the charity.

Existing trustees are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the organisation. A democratic process takes place at the AGM.

The organisation is an unincorporated charity registered as a charity on 30/07/1992 in England and Wales.

The charity is constituted under a constitution 1992. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Chorlton Good Neighbours
Trustees' annual report
for the year ended 31st March 2022

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on 22nd September 2022 and signed on their behalf by

Michael Schaefer (Treasurer)

Independent examiner's report
to the trustees of
Chorlton Good Neighbours

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2022 which are set out on pages 6 to 25.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 12/01/2023

Chorlton Good Neighbours
Statement of Financial Activities
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	3	15,255	-	15,255	16,038
Charitable activities: Support services	4	62,608	23,775	86,383	57,340
Investments	5	13,474	-	13,474	13,192
Total income		91,337	23,775	115,112	86,570
Expenditure on:					
Charitable activities: Support services	6	77,271	25,253	102,524	88,026
Total expenditure		77,271	25,253	102,524	88,026
Net income/(expenditure) before net gains/(losses) on investments					
		14,066	(1,478)	12,588	(1,456)
Realised gains/(losses) on investments		15,506	-	15,506	30,678
Net income/(expenditure) for the year	8	29,572	(1,478)	28,094	29,222
Net movement in funds for the year		29,572	(1,478)	28,094	29,222
Reconciliation of funds					
Total funds brought forward		435,575	8,328	443,903	414,681
Total funds carried forward		465,147	6,850	471,997	443,903

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Chorlton Good Neighbours

Balance Sheet
as at 31 March 2022

	Note	2022		2021	
		£	£	£	£
Fixed assets					
Investments	13		370,839		355,333
			<hr/>		<hr/>
Total fixed assets			370,839		355,333
Current assets					
Debtors	14	2,223		3,324	
Cash at bank and in hand	15	100,789		88,514	
		<hr/>		<hr/>	
Total current assets		103,012		91,838	
Liabilities					
Creditors: amounts falling due in less than one year	16	(1,854)		(3,268)	
		<hr/>		<hr/>	
Net current assets			101,158		88,570
			<hr/>		<hr/>
Total assets less current liabilities			471,997		443,903
			<hr/>		<hr/>
Net assets			471,997		443,903
			<hr/> <hr/>		<hr/> <hr/>
Funds of the charity:					
Restricted income funds	17		6,850		8,328
Unrestricted income funds	18		465,147		435,575
			<hr/>		<hr/>
Total charity funds			471,997		443,903
			<hr/> <hr/>		<hr/> <hr/>

The notes on pages 9 to 25 form part of these accounts.

Approved by the trustees on 22/09/2022 and signed on their behalf by:

Michael Schaefer (Treasurer)

Chorlton Good Neighbours
Statement of Cash Flows
for the year ending 31 March 2022

	Note	2022 £	2021 £
Cash provided by/(used in) operating activities	21	(1,199)	(13,489)
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		13,474	13,192
Cash provided by/(used in) investing activities		13,474	13,192
Increase/(decrease) in cash and cash equivalents in the year		12,275	(297)
Cash and cash equivalents at the beginning of the year		88,514	88,811
Cash and cash equivalents at the end of the year		100,789	88,514

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Chorlton Good Neighbours meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The trustees have made no key judgments which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

j Fixed asset investments

The charity held an investment property and Income Units in the COIF Charities Investment Fund. The valuation of the investment property is measured initially at cost and subsequently at fair value at the reporting date.

The fair value of the investment property is based on the trustees best estimate, they have determined that the fair value does not differ from the cost price significantly at the year end.

The Income Units are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £88 outstanding contributions at the year end (2021: £427).

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 30/07/1992. The registered office address is disclosed on page 1.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2022 £
Donations	11,755	-	11,755
Manchester Crematorium	3,500		3,500
	15,255	-	15,255
Total	15,255	-	15,255
Previous reporting period	Unrestricted £	Restricted £	Total 2021 £
Donations	12,538	-	12,538
Manchester Crematorium	3,000	-	3,000
Southway Housing Trust	500	-	500
	16,038	-	16,038
Total	16,038	-	16,038

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2022 £
Grants			
Manchester City Council			
Wellbeing	50,000	-	50,000
Older People's Neighbourhood Support	-	2,500	2,500
Top Up Grant	-	4,850	4,850
Covid Impact Fund	-	3,968	3,968
Micro-grant	-	2,000	2,000
Big Lottery	-	3,357	3,357
Didsbury Good Neighbours	1,984	-	1,984
Greater Manchester Mental Health	-	6,800	6,800
Barlow Moor Community Centre	-	300	300
	<hr/>	<hr/>	<hr/>
	51,984	23,775	75,759
Fees and other income			
Fees	9,226	-	9,226
Contributions	1,398	-	1,398
	<hr/>	<hr/>	<hr/>
	10,624	-	10,624
	<hr/>	<hr/>	<hr/>
Total	62,608	23,775	86,383
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period			
	Unrestricted £	Restricted £	Total 2021 £
Grants			
Manchester City Council			
Wellbeing	50,000	-	50,000
Older People's Neighbourhood Support	-	2,500	2,500
We Love Mcr	-	2,297	2,297
Manchester Wellbeing Fund	-	500	500
Neighbourly Limited Community Fund	400	-	400
	<hr/>	<hr/>	<hr/>
	50,400	5,297	55,697
Fees and other income			
Fees	734	-	734
Contributions	909	-	909
	<hr/>	<hr/>	<hr/>
	1,643	-	1,643
	<hr/>	<hr/>	<hr/>
Total	52,043	5,297	57,340
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2022 £
Dividends received	5,373	-	5,373
Rent - investment property	8,101	-	8,101
	<hr/>	<hr/>	<hr/>
	13,474	-	13,474
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<i>Previous reporting period</i>	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2021</i> £
<i>Dividends received</i>	<i>5,306</i>	<i>-</i>	<i>5,306</i>
<i>Rent - investment property</i>	<i>7,886</i>	<i>-</i>	<i>7,886</i>
	<hr/>	<hr/>	<hr/>
	<i>13,192</i>	<i>-</i>	<i>13,192</i>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

6 Analysis of expenditure on charitable activities

	Total 2022 £	Total 2021 £
Staff costs	62,469	63,521
Training	1,415	2,431
Office Costs	19,052	14,027
Catering	35	-
Project Costs	15,765	4,232
Outings	-	900
Governance costs (see note 7)	3,788	2,915
	102,524	88,026
	2022 £	2021 £
Restricted expenditure	25,253	9,264
Unrestricted expenditure	77,271	78,762
	102,524	88,026
	102,524	88,026

7 Analysis of governance and support costs

Current reporting period	Basis of apportionment	Governance £	Total 2022 £
Accountancy services	Governance	1,220	1,220
Legal and professional	Governance	2,568	2,568
		3,788	3,788
		3,788	3,788
Previous reporting period	Basis of apportionment	Governance £	Total 2021 £
Accountancy services	Governance	1,170	1,170
Legal and professional	Governance	1,745	1,745
		2,915	2,915
		2,915	2,915

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022 £	2021 £
Operating lease rentals:		
Property	2,500	2,500
Independent examiner's fees (net of VAT)		
Accountancy fees	807	775
Independent examination	210	200
Bookkeeping fees	904	832
Payroll bureau	385	368
	62,469	63,521

9 Staff costs

Staff costs during the year were as follows:

	2022 £	2021 £
Wages and salaries	61,574	62,551
Social security costs	-	-
Pension costs	895	970
	62,469	63,521

No employees has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 4 (2021: 4).

The key management personnel of the charity comprise the trustees and the Co-ordinator. The total employee benefits of the key management personnel of the charity were £34,282 (2021: £33,853).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration during the year (2021: Nil).

No trustee received travel and subsistence / reimbursed expenses during the year (2021: Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2021: nil).

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

11 Government grants

The government grants recognised in the accounts were as follows:

	2022 £	2021 £
Manchester City Council		
Wellbeing	50,000	50,000
Top Up Grant	4,850	-
Micro Grant	2,000	-
Older People's Neighbourhood Support	2,500	2,500
Covid Impact Fund	3,968	-
Manchester Wellbeing Fund (NHS)	-	500
Greater Manchester Mental Health	6,800	-
	70,118	53,000
	70,118	53,000

£4,333 (all restricted funds carried forward) relate to the unspent grant at the year end (see note 17). Conditions attached are to complete the project, which we expect to do in the forthcoming financial years.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets investments

	2022 £	2021 £
Market value at the start of the year	355,333	324,655
Add: additions to investments at cost	-	-
Add net gain/(loss) on revaluation	15,506	30,678
	370,839	355,333
	370,839	355,333
Investments at fair value comprised:		
Investment Property	176,459	176,459
COIF Charities Investment Fund	194,380	178,874
	370,839	355,333
	370,839	355,333

The charity held an investment property and Income Units in the COIF Charities Investment Fund. The property held by the charity is to earn rentals and for capital appreciation. The valuation of the investment property is measured at fair value. The Income Units are carried at fair value.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

14 Debtors

	2022 £	2021 £
Prepayments and accrued income	2,223	3,324
	<u>2,223</u>	<u>3,324</u>
	<u><u>2,223</u></u>	<u><u>3,324</u></u>

15 Cash at bank and in hand

	2022 £	2021 £
Cash at bank and on hand	100,789	88,514
	<u>100,789</u>	<u>88,514</u>
	<u><u>100,789</u></u>	<u><u>88,514</u></u>

16 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors and accruals	1,854	3,268
	<u>1,854</u>	<u>3,268</u>
	<u><u>1,854</u></u>	<u><u>3,268</u></u>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
South Manchester Neighbourhood Grant	4,322	-	(4,322)	-	-
Awards For All	2,436	-	(2,436)	-	-
Older People's Neighbourhood Support	1,570	2,500	(2,005)	-	2,065
MCC Top Up Grant	-	4,850	(4,005)	-	845
MCC Covid Impact Fund	-	3,968	(3,968)	-	-
MCC Micro-grant	-	2,000	(577)	-	1,423
Big Lottery Greater Manchester Mental Health	-	6,800	(6,800)	-	-
Barlow Moor Community	-	300	(300)	-	-
Total	8,328	23,775	(25,253)	-	6,850

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

Previous reporting period	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31 March 2021 £</i>
<i>South Manchester Neighbourhood Grant</i>	7,500	-	(3,178)	-	4,322
<i>Awards For All</i>	4,035	-	(1,599)	-	2,436
<i>National Lottery</i>	400	-	(730)	330	-
<i>Older People's Neighbourhood Support</i>	-	2,500	(930)	-	1,570
<i>We Love Mcr</i>	-	2,297	(2,327)	30	-
<i>Manchester Wellbeing Fund (NHS)</i>	-	500	(500)	-	-
Total	11,935	5,297	(9,264)	360	8,328

Name of restricted fund **Description, nature and purposes of the fund**

South Manchester Neighbourhood Grant - to address operational issues, including Covid-19
Awards For All - The Positive Living project
Older People's Neighbourhood Support - Partnership working with St. Clement's church
MCC Top Up Grant - to enhance and develop current activities post Covid-19
MCC Covid Impact Fund - to develop an initial Digital Inclusion project and fund small group activities
MCC Micro-grant - to sustain The Digital Inclusion and outreach work
Big Lottery - The Positive Living project
Greater Manchester Mental Health - Exercise classes
Barlow Moor Community Centre - promote the flu vaccine
National Lottery - Drama workshops
We Love Mcr - Covid-19 community respond fund
Manchester Wellbeing Fund (NHS) - Drama workshops

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

18 Analysis of movement in unrestricted funds

Current reporting period

	Balance at 1 April 2021 £	Income £	Expenditure £	Investment gains/ (losses)	Transfers £	As at 31 March 2022 £
General fund	435,575	91,337	(77,271)	15,506	-	465,147
	<u>435,575</u>	<u>91,337</u>	<u>(77,271)</u>	<u>15,506</u>	<u>-</u>	<u>465,147</u>
	=====	=====	=====	=====	=====	=====

Previous reporting period

	Balance at 1 April 2020 £	Income £	Expenditure £	Investment gains/ (losses)	Transfers £	As at 31 March 2021 £
General fund	402,746	81,273	(78,762)	30,678	(360)	435,575
	<u>402,746</u>	<u>81,273</u>	<u>(78,762)</u>	<u>30,678</u>	<u>(360)</u>	<u>435,575</u>
	=====	=====	=====	=====	=====	=====

**Name of
unrestricted fund**

Description, nature and purposes of the fund

General fund

The free reserves after allowing for all designated funds

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Fixed asset investments	370,839	-	-	370,839
Other net current assets/(liabilities)	94,308	-	6,850	101,158
	<hr/>	<hr/>	<hr/>	<hr/>
Total	465,147	-	6,850	471,997
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous Reporting Period	<i>General fund £</i>	<i>Designated funds £</i>	<i>Restricted funds £</i>	<i>Total £</i>
<i>Fixed asset investments</i>	<i>355,333</i>	<i>-</i>	<i>-</i>	<i>355,333</i>
<i>Other net current assets/(liabilities)</i>	<i>80,242</i>	<i>-</i>	<i>8,328</i>	<i>88,570</i>
	<hr/>	<hr/>	<hr/>	<hr/>
Total	435,575	-	8,328	443,903
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as

	2022 £	Property 2021 £
Less than one year	-	2,500
One to five years	-	-
	<hr/>	<hr/>
	-	2,500
	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2022 (continued)

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/(expenditure) for the year	28,094	29,222
Adjustments for:		
(Gains)/losses on investments	(15,506)	(30,678)
Dividends, interest and rents from investments	(13,474)	(13,192)
Decrease/(increase) in debtors	1,101	(343)
Increase/(decrease) in creditors	(1,414)	1,502
	<hr/>	<hr/>
Net cash provided by/(used in) operating	(1,199)	(13,489)
	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours
Statement of Financial Activities
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	16,038	-	16,038	15,711
Charitable activities: Support services	4	52,043	5,297	57,340	96,538
Investments	5	13,192	-	13,192	14,502
Total income		81,273	5,297	86,570	126,751
Expenditure on:					
Charitable activities: Support services	6	78,762	9,264	88,026	106,489
Total expenditure		78,762	9,264	88,026	106,489
Net income/(expenditure) before net gains/(losses) on investments		2,511	(3,967)	(1,456)	20,262
Realised gains/(losses) on investments		30,678	-	30,678	(3,655)
Net income/(expenditure) for the year	8	33,189	(3,967)	29,222	16,607
Net movement in funds for the year		32,829	(3,607)	29,222	16,607
Reconciliation of funds					
Total funds brought forward		402,746	11,935	414,681	398,074
Total funds carried forward		435,575	8,328	443,903	414,681

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.



**Chorlton Good
Neighbours**
Annual Report
2022



Management Committee 2021-22

CHAIR	Rev Ken Stokes
SECRETARY	Kate Grand
TREASURER	Michael Schaefer

Others

Christine Bentley

Joan Constable

Andrew Dawson

Angela Downing

Kevin Duffy (passed away May 2022)

Dennis Haughton

Rev Jenny King

Bernard Leach

Philip Lloyd

Chorlton Good Neighbours: Mission statement

CGN works to meet the needs of older people in South and Central Manchester. CGN delivers a friendly, fair, and safe service in which volunteers and paid staff support older people, providing social contact and general support both within the homes of older residents in South and Central Manchester and at activities and events at CGN buildings and further afield.



Chair, Rev Ken Stokes reflects....

One of the things that we have all had to learn during the Covid pandemic has been how to manage with risk. When my granddaughter was born at the beginning of the pandemic my son was required to attend her birth in a full-blown hazmat suit, mask and visor, which made it somewhat difficult to give her a kiss! Today thankfully the vaccination programme has made most of us much less worried about Covid. Things are better but the pandemic has not gone away.



One of the most important roles that CGN Committee undertakes is risk management. Our trustees, who are all volunteers, bring to the Committee a wealth of experience in managing risk from other organisations. Every month, and more often, if necessary, the Committee looks at the pandemic data and, with Helen's guidance, do a risk assessment of our various activities e.g., volunteers and staff visiting people in their homes or our coffee mornings. We decide whether mask wearing, testing etc is necessary for a particular activity. Sometimes the requirements that we lay down may seem a little irksome, but we have to think about everyone's safety and especially the frailest and most vulnerable folk so please bear with us. However, risk management is a role that does not just apply to pandemics.

Another part of the committee's role is to assess risk to our organisation if disaster strikes. What would we do if the City Council's funding suddenly stopped? What would happen if a critical member of staff was suddenly not able to fulfil their role? The Committee has to wrestle with these sorts of questions and come up with answers. Hopefully neither of these hypothetical challenges will come to pass, but as we have learned from the pandemic the unexpected can and does happen, so you have got to be as ready as possible to meet the challenge. Fortunately, we are blessed with many things that make us a strong and well managed organisation. Wonderful volunteers, great staff, a superb organiser in Helen and a fine Committee who are continually on the lookout so that we can avoid any icebergs that may lie ahead.

Treasurer, Michael Schaefer reports....



During 2021 a lot of things have improved and returned to some kind of normality and with it have the financial aspects of Chorlton Good Neighbours. With many of you being able to attend classes and activities again, CGN also managed to achieve a better financial position than last year and more importantly, even managed to operate at a small yearend profit.

We thank the Manchester City Council for continuing to be our main sponsor at the same level as we had over the last few years. We are also grateful to the Covid Impact Fund, which we shared with Didsbury Good Neighbours and Withington Assist, helping us with pandemic related expenditures and measurements.

The Lottery once again funded our Positive Living classes and Public Health and Wellbeing funded our Exercise Sessions. Thank you.

We also received a top up grant from the Manchester City Council to support covid affected smaller activities and re-engagement support with our local community.

The last paragraph, as always, is to thank all of you who donated, or gift aided. Every donation, however big or small, helps CGN to be there for you in years to come and your continued support is therefore greatly appreciated. Without you, it would be so much more difficult to do what we do. Thank you and stay safe!



Co ordinator's Report Helen Hibberd

This year Chorlton Good Neighbours (CGN) will have been operating for 55 years which is an incredible achievement. The main purposes of the charity as set out in the governing document have not changed since it began - we are here to provide practical and social support to local older people on a 'good neighbour' basis via staff and volunteers. How and what we do has changed over time, but the basic premise is still the same. Our focus always will be on what the charity can realistically and safely offer to ensure older residents enjoy a valued, connected, and meaningful older age. So how have we achieved this during the past year, bearing in mind that Covid restrictions were still with us for part of that time?

Although it has been a balancing act (safety / addressing residents mental health needs) the answer has lain in running multiple smaller group activities, alongside online and outside activities. This of course has had cost and time implications, but so far these have been manageable with successful timely grant funding opportunities, and participants willingness to contribute financially.

CGN still maintains a wholistic approach to its support offer- providing a range of activities and services which support older people's health and wellbeing, intellectual and creative interest and growth, alongside facilitating

ways to contribute skills and experience and find friendship and company. Activities such as exercise classes, positive living groups and coffee mornings have always been popular but have felt more meaningful this past year as residents sought to re-engage with the community on a regular basis. We could sense that some people were acknowledging



they had to take action to improve their mental and physical health, and were ready to take up relevant opportunities, and meet up with old friends after so long. It is worth acknowledging here the impact of having excellent paid facilitators /instructors who run some of the sessions, as their expertise and gentle encouragement has without doubt contributed to residents settling back into routines.

Our 1-1 services focusing on befriending, home visits, and support to access shops and cafes, are the unseen core of our work, and remain as valuable and vital as ever in providing consistency of care, practical help and friendship. Volunteers and community staff have been amazing, recognising when older members were struggling, and prompting them to take small steps to address their needs or put them in touch with more expert help. We have noticed how seemingly low-key volunteering, such as transporting an older member

home after a coffee morning, can be the private space that is needed for someone to open up about an issue....an opportunity not available to people of course during the lockdowns.

For older residents preferring smaller specific activities- the drama, art, gardening and singing groups, and coffee shop meets, have more than met this need. And for older members still fearful of venturing out, or those who have lost confidence and/or mobility, the online zoom exercise sessions and history talks have provided a lifeline to being with others, and a sense that they still belong to the group. Our joint project with the Church, The Tuesday group, has also been an invaluable source of support and friendship for parents with new-borns, or those with little family locally. Parents are able to form connections quickly and benefit from regular low-key sessions, where older volunteers help look after the children and be a listening ear for anyone wishing to talk things through.

At the time of writing this report CGN is back to running all its pre pandemic activities, plus additional online and outside ones. We are fully in the swing of celebrating all the usual birthdays, such as Jennie Johnston's 100th, acknowledging Remembrance Day, getting involved with jewellery making, welcoming a scout earning his community badge, and having speakers and entertainers to coffee mornings.



We recognise though that there is a cohort of older members not able to re-engage on site, or digitally, so regular communication via the telephone and paper newsletters remains very important for them. Special thanks here go to our telephone befriending volunteers, Mary, Angela, Andrew, and Janice, and office volunteers Hilary, Peter and Diana for carrying out this valuable service.

People often ask us **what difference we make to other people's lives?** Well, this could be summed up as:

- Providing opportunities for socialising, give a listening ear, and strengthening connections with the group and others, thus reducing a sense of isolation and loneliness
- Creating a structure to the week with a range of activities to maintain good mental and physical health and have some fun.
- Offering meaningful activities to stimulate interest, personal growth and learning
- Providing signposting services, regular communications and general advice to support independence and self-reliance
- Offering a variety of volunteering roles to enable residents to give their time and offer practical help, feel valued, and be able to contribute to neighbourhood life.
- Work with a wide range of professionals and colleagues, as well as families, to ensure the needs of those older members, particularly those isolated and very frail, are addressed in a timely way.



I can't thank you enough for the help and support you offered both my parents over the years. My Dad loved his Tuesday afternoons at the snooker club and Moira was a huge support to Mum. They both enjoyed the trips and Christmas parties.

You are a wonderful resource and Chorlton is so lucky to have you.

Family member Phil

I wanted to thank CGN as my visiting has become a hugely positive part of my life and I thoroughly enjoy the interaction Volunteer Fran

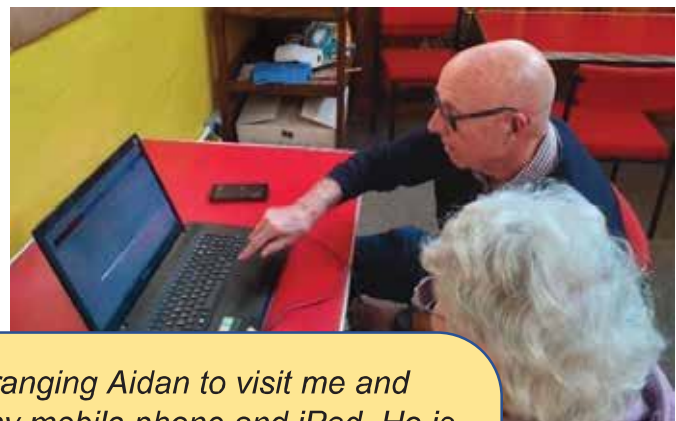
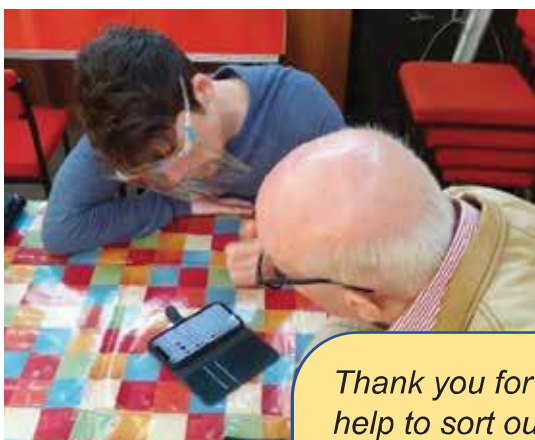
It was a delight to be able to take Louise to and from the event today. We had a lovely chat on the way there, but on the way home, she was beaming and couldn't praise the event enough! She told me she had had a really wonderful afternoon; how wonderful, kind and helpful all of the volunteers and staff were. Driver Joe

One of the noticeable features of the year has been the loss of many volunteers as they reassess their lives after two years of living with covid and the lockdowns. Some have moved out of the area; other younger ones are now focusing on family life, and those befrienders whose older client has passed away have chosen the time to focus on other things. We need to say a special thank you here to all those who have given time and care, but especially to two volunteers who have died this year; Maureen Gordon who was a volunteer for 20 years and gave so much time and effort catering for the monthly Sunday teas, and to Trustee Kevin Duffy who died suddenly in May but who had already made such a big impact. These people have, all in their own way, contributed to CGN's history and development, and hopefully gained something for themselves in the process.

For all those volunteers still contributing time and energy we say a massive thank you; to the 40 befrienders who have maintained regular contact with their older clients and have since returned to indoor home visiting; to the drivers who are pivotal in supporting those with reduced mobility to feel included, and to every volunteer who supports an on-site activity – we couldn't run them so successfully without your input. During the year it was a real boost to be able to nominate 3 volunteers from the Chorlton Park ward to attend a Thank you Lunch with the Lord Mayor and his wife – and volunteers Diane Cullen, Mary O Mahoney and Trish Kelly went from CGN.



One of the key developments this past year, has been the employment of our digital worker Aidan McIlroy. His remit has been to support older members to become more confident in using digital technology. We have been able to run weekly digital drop-in sessions as part of our Thursday coffee mornings, as well as offer home visits. This work has been so well received and has encouraged many older people to make better use of their mobiles and tablets, using WhatsApp and Zoom, and making online appointments and shopping. Thanks also to volunteers Mike, Bernard, Nigel and Steven who have helped at the sessions too.



Thank you for arranging Aidan to visit me and help to sort out my mobile phone and iPad. He is very patient and is very aware of the kind of problems and why we older people have them. He goes through everything slowly step by step so that it all begins to make sense. Thank you once again and for all the help you give in so many areas Pam

A small MCC grant also enabled Aidan to carry out some outreach work with local supported housing schemes in Chorlton and Whalley range, assessing their IT needs and linking them up to our zoom exercise sessions. There was an initial burst of success with this, but it does rely on the manager being available to link up with us or a resident with sufficient IT skills to cover.

As CGN is strongly embedded in the locality, effective working relationships with other voluntary and statutory colleagues is important for ensuring we can usefully exchange and share information and ideas, as well as work together for the benefit of residents. This past year certain relationships have strengthened including those with colleagues in Buzz, Age Friendly Whalley Range & Chorlton, Focussed care practitioners, Care Navigators and supported housing managers. Our joint working with St Clements Church, through the OPens Funding, has also enabled a small group of residents to benefit from regular Positive Living group strategies at their venue. That funding has since been extended until end of September 2022, and a few participants are also benefitting from some 1-1 sessions, addressing their own specific areas of concern.

The Neighbourhood Care Group network has also been a particularly helpful source of support, with regular meetings and calls to discuss governance, current trends, and funding. CGN, together with Withington Assist and Didsbury Good neighbours, found funding to run some trustee workshops and we ran one looking at real life case studies and how they related to our policies and procedures – all really useful in seeing how effective our policies really are!

Since the lifting of Covid restrictions, and the return to ‘normal life ‘many larger community events have also taken place over the year. CGN hosted a health event for 90 people in March, as part of an Age Friendly organised event, with stalls from Care & Repair, the falls Team, Our streets Chorlton and Physical Activity Referral scheme, to name a few.



Chorlton Arts Festival ran two events in September 21 and May this year when CGN's Drama and Art groups both took part. This boosted our members enormously and we hope it will encourage more older residents to come and join in.



In terms of the wider neighbourhood and city life CGN has continued to support colleagues from Manchester University carrying out research eg on retirement or eating with others after Covid, as well as pass on communications from other organisations putting on events eg Manchester Museum or Bridgewater Hall. Locally we are very fortunate that nurse Eileen bobs in fortnightly to coffee mornings where she, and possibly a student with her, will carry out blood pressure checks and be available to chat with anyone who has a worry. Our police colleagues have also been really helpful in advising about Scams and how to be extra vigilant. And recently our colleagues from Cycling without Age have provided much fun for members, introducing them to the Trishaw Taxi .



Challenges

- This past year these have really centred around governance and decision making, in relation to Covid restrictions being lifted and organisations being left to make their own decisions. The CGN trustee board has met very regularly to ensure decisions

they took were timely, reasonable, and protected both the vulnerable client group as well as staff and volunteers. It hasn't been an easy ride with plenty of thoughtful discussions, but thankfully people appreciated the sense of caution and hopefully volunteers felt they had sufficient guidance

- Office: Unfortunately, last Autumn the office we lease from the church suffered with damp issues, so we have moved to another office within the building. Although this is temporary it has the advantage of being nearer the kitchen and main activity hall, so we thank Wilbraham St Ninians members very much for their continuing support in addressing our needs

Funds and Fundraising:

Thank you as always to all our supporters; we could not run the charity without your help. Our grant from MCC covers 50 % of what is needed to run the charity, so we have to raise the rest through donations, small grants, fundraising, (such as Arthurs' raffle and Moira's Xmas hats and easter chicks) small fee charging, legacies and investments.

Particular thanks this year go to Manchester Crematorium for the big donation, to Unicorn and Morrisons for their gifts in kind, for the legacies from Ray Clark and Edith Murphy and the many, many donations that we receive from members and their families.

Grants received this year include a Winter top up Grant which funded small group activities for 10 weeks, and some tailored support work with certain older members, a MCC micro grant supporting digital outreach work, Lottery funding for the Positive living group, and much needed funding from Public Health and Wellbeing to fund the 3 on site weekly exercise classes and two weekly zoom sessions.

Future:

1. Strengthen the trustee board by recruiting members with certain skills
2. Continue to plan for the future, including succession planning
3. Recruit more volunteers for befriending and driving

Thank you to:

- OMVCS of Manchester Council for the grant and funding support
- Community workers Moira, Phil and Diane, and interim cover Amelia and Rory, for their interest and kindness towards the older members they support.
- All volunteers for your kindness, help and willingness to step up when called upon
- To trustees – thank you for your steadfastness during another challenging year

Back in June we had a party for 85 people up at Houghend Police club to celebrate the Queens Platinum jubilee – 70 years on the throne! CGN only has another 15 years to go before we reach 70 years – but why not? It's all totally possible with the right people with us, and our efforts focussed in the right place. Thank you everyone as always

Helen Hibberd MBE, Co ordinator

Total Residents Supported regularly this Past Year: 390

Ethnic Origin	
Asian British	3
Black British	9
Black Caribbean	13
Middle Eastern	2
Other	4
Other African	1
Other White	16
Pakistani	2
White Irish	21
White – English / Welsh / Scottish / Northern Irish	283
Not Known	36

Age	
Under 65	33
65-74	79
75-89	168
90+	58
Unknown	52

Ward	
Chorlton	144
Chorlton Park	104
Whalley Range	37
Other Manchester Wards	16
Non-Manchester	52
Unknown	37

Gender	
Female	300
Male	87
Don't identify with birth gender	1
Unknown	2

51% consider themselves as having a long-term health condition or disability.

13 older clients also support CGN as volunteers

Volunteer Support This Past Year: 100

Gender	
Female	73
Male	27
Don't identify with birth gender	0

Age	
Under 40	19
40-64	36
65-74	30
75-89	15
90+	0

Ward	
Chorlton	48
Chorlton Park	16
Whalley Range	13
Other Manchester Wards	7
Non-Manchester	16
Unknown	0

Ethnic Origin	
Asian British	2
Black British	0
Other	7
Other White	3
White – English / Welsh / Scottish / Northern Irish	80
White – Irish	8

Many people think that our volunteers are mainly older, retired people, but figures this year suggest older volunteers formed only 45% of the total.

Volunteers

Volunteers form the backbone of the charity, offering time and support at all levels of the organisation. There never seems to be a shortage of inquiries about volunteering though there has been less over the past year, (27 calls.) Most regular volunteers have now resumed their involvement with the charity. 11 new volunteers have been taken on, many helping with befriending or onsite activities.

CGN continues to take care in the **placement of volunteers**, being considerate of people's background, skills, and experience. For example, we have been fortunate that new volunteer Nigel has the skills to tackle small DIY and plenty of odd jobs, student Eve has been building up voluntary hours at the Friday gardening club, and we continue to appreciate those with specific skills such as Hamish who runs the banking spreadsheets, Bernard's updating of the website and posts on social media, and of course Leah's musical skills which support the running of the Melodics.



Our grateful thanks also to those volunteers who sit on the **Trustee Board**, having had another exceptional year making tricky decisions about when, how, and what to re-open, and ensuring the charity operated in the safest way for its clients, staff, and volunteers. Trustees benefitted from some workshops organised through the care groups network, and run by facilitator Liz Jayne, as well as a



session specifically for CGN focussing on what areas are working well, what needs improving and thoughts about future planning. It is important momentum is maintained for the latter, especially around succession planning.



The office of course can be a very busy place to volunteer, and we are really grateful to Diana, Hilary, Peter and Virginia for their regular help. Holiday cover for the Co ordinator also presents a challenge but fortunately Geraldine Wall has been able to help out, ably supported by Angela and Janice.

During the year, 22 volunteers came off the books; some having moved away or having rethought their input, reducing their time or supporting an activity in a different way. The large number has certainly been the biggest loss in many years but possibly understandable after the challenge of Covid lockdowns and changes in working patterns, and a refocus on family life.

Training and support; Volunteers can access support from the Co ordinator 24/7



and are invited to catch up sessions with trainer Debra McCallion. Two training sessions saw 15 volunteers come together to talk through strategies to support older members to move forward and be positive about making small changes.

Here are some thoughts from new volunteers

Andy says *"I started volunteering with Chorlton Good Neighbours in May 2022. Since that time, I*



have befriended and made weekly visits to one of our neighbours, chatting over coffee and helping with small jobs around the house. I also assist at the weekly coffee mornings and look forward to helping out on day trips.

My elderly father spent the last 10 years of his life in a residential care home. Although he suffered with mild dementia his life was enriched by the numerous activities that the staff arranged for

residents. It was this opportunity to enrich people's lives that motivated me to seek a volunteering role once I had retired. When I heard of the excellent work of Chorlton Good Neighbours, I knew that this would provide the opportunity that I had been seeking. I find the role to be extremely satisfying with just a few hours a week making an obvious real difference to the lives of others"

Virginia reflects *"I started volunteering after I retired, as a way of structuring my time, keeping my mind active, and giving back to the community. Mostly I did computer work for various charities. After lockdown finished, I heard that Chorlton Good Neighbours was looking for help in the office doing spreadsheet work. I had heard of the charity but assumed the only volunteer work would be supporting clients, but office work and spreadsheets sounded right up my street!"*

I come in for a couple of hours each week, and work on spreadsheets, making sure the list of client referrals and volunteers is up to date and collating statistics for funders and annual reports. I like the fact that I can work independently, and also under guidance from Helen.

I enjoy being part of an organisation that works to support a group that I myself am gradually becoming part of, and I can see very clearly the amount of care that Helen and all the volunteers put into this, keeping people independent as far as possible and in touch with others



In the past I've tried various volunteering placements and left several because I didn't feel they gave me what I wanted. This may sound selfish, but when I went on a "induction to volunteering" session at MCC, that was one of the points they stressed: that we are giving our time freely, and volunteering works best when volunteers feel satisfied with the work they are doing".

Community Support work

CGN employs 3 part time support workers all based out in the community, visiting some of our more isolated older members. The aim is to give regular consistent support and company – having a chat, going to the shops or a café, carrying out small, odd jobs and generally ensuring these residents feel there is someone interested in their wellbeing.



Older men's worker Philip Barrett writes..

I work with older gentlemen, in Chorlton and Whalley Range, having been employed with CGN now for nearly 6 years. The purpose of my role is to assist these gentlemen to engage in activities such as our snooker hour

at South West Manchester Cricket club on Tuesday afternoons or meet with me at a local coffee shop for a chat, cake and catch up.

I also visit many of my clients at home, each week, giving them an hour to have a chat and a coffee which hopefully eases that sense of isolation. I know these gentlemen appreciate my company which makes my role immensely rewarding. I sometimes support the chaps with shopping help but know that most like to stay very independent, so I take a back seat, being on hand to help if needed. One of my clients, Gladstone, is very independent, despite being a double amputee and wheelchair user. I meet him at the Co-op each week and offer support when he asks. Occasionally I play dominoes with him, and he usually wins!



Community worker Moira reflects:

Now that the restrictions have been lifted, my role is now back on track as it was pre pandemic. I have continued to support my 20+ clients whose ages range from 66yrs to 97yrs in the community either by weekly visits at their homes where we can have a chat or going shopping with them. In some cases, I have continued to do their shopping or accompanying some to appointments such as eye tests, or booster injections or just going to a café for a coffee and a chat.

With the resumption of the coffee mornings at Good Neighbours I transport some to and from the centre every Thursday morning. I feel that all my clients have welcomed the restrictions being lifted and were eager to get back to the centre and start socialising with others after such a long gap. Also, they looked forward to the Sunday Teas, Parties, and the Day Trips recommencing which they all missed greatly.

During the pandemic I did start meeting with a small group at a coffee shop in Chorlton and this has continued and is well attended, and many describe looking forward to this weekly meeting. Most of my clients have remained very resilient, positive and in good health. However, some have not been so fortunate, and a couple of my ladies have ended up going into residential care homes but have made this transition well and are happy and settled in their new homes.

One of my ladies whom I used to visit weekly at home unfortunately had a fall and ended up in hospital and it was felt she would be unable to continue to live independently at home. Her extended family who lived in Australia decided that they wanted to care for her at home, so they came over and flew her back to live with them in Australia. Her son who lives in Manchester has kept me updated on her progress and informed me that she has settled well and is loving her life “Down Under” being surrounded by her children, grandchildren, and great grandchildren.

I feel very privileged to do the job I do, and I look forward to meeting my clients every week and sharing in the highs and lows in their lives

Hilda is a 96yr old lady whom I visit weekly. Hilda was a volunteer for Chorlton Good Neighbours and helped run the toddler group for many years. Hilda has found the lockdown challenging at times but is always keen to hear all about what is going on at CGN. She has recently been attending the Parties and the Sunday Teas and catching up with her friends which has given her a well needed boost. It is a joy and pleasure to visit and chat with Hilda.



We wish Diane Dixon all the very best as she leaves after for her 8 years with CGN, for a new post nearer to home. She has done amazing work regularly visiting many older residents and supporting the Sunday teas and day trips.

We welcome and thank Rory Oldroyd and Amelia Boon who have stepped in temporarily to continue with the home visiting. Amelia writes:



“Working with good neighbours has been a really unique experience that I’ve loved. I know it’s something that a lot of people my age won’t have done, and I’ve been able to use it to help me get onto a police training course. The work has definitely brought me out of my shell with spending the day talking to people. It’s therefore taught me how to deal with a range of different people with varying needs”

Coffee Morning

Thursday 10:00am - 11:30am
On site

With various speakers, bingo and singing.

Thursday Digital Drop-In to support queries with mobile phones, tablets, apps, and general IT questions.



Onsite exercise classes

Monday 1:30pm - 2:30pm, with Karen Tynan
Wednesday 1.30 - 2.30pm with Karen Oakes
Friday 10:00am - 11am with Don O Connor

On site 3 weekly classes in a graded system, with experienced instructors, aimed at preventing falls, building muscle strength, stamina, and flexibility. Use of weights and stretch band, some transport provision for Friday class.



Online exercise classes

Tuesday and Thursday 11:00am - 12:00pm
with Karen Oakes

2 x Zoom sessions. Mainly seated but some standing work to improve balance. Use of weights, balls, and resistance bands.



ONLINE ZOOM



Gardening club

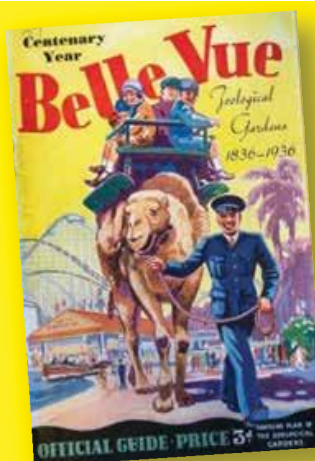
Fridays 10:00am - 1:00pm

Facilitated by gardener Geraldine Wall, this small group meet each week to socialise with a coffee, tell jokes, share news and do a bit of potting in the greenhouse and planting of flowers and vegetables and fruit in the garden area. Meet all weathers.

History talks

First Thursday in the month
1:30pm - 2:45pm
Meetings via Zoom

Speakers presenting on a range of topics appealing to anyone with an interest in history. Recent talks have included the History of the Towers Estate in Didsbury and Experts from the Manchester Museum also presented on the 3 Manchester Botanists and Egyptology.



ONLINE ZOOM





Melodics singing group

Thursday 11:45am - 1:00pm

Members coming together to enjoy singing and occasional performances at coffee mornings. Led by volunteer Leah Cavanagh.



Positive living group

Usually first Monday in the month.

On site

Come and join regular participants to share strategies for living confidently and positively. Topics dealing with ageing, theories of happiness and wellbeing, and how to listen more deeply and maintain an optimistic outlook. Facilitated by Life Coach Debra McCallion.

Snooker group

Tuesday 2:00pm - 3:00pm

Held at South West Manchester Cricket Club

Ideal for a small group of older gentlemen to meet round two snooker tables each Tuesday afternoon for chat and potting the balls. Led by Older men's worker Phil and volunteers David and Francis.



Drama workshops

On site various 10-week courses

For anyone wanting to have a laugh, learn new skills and be with a great group of people willing to have a go. Led by experienced practitioner and actor Nakib Narat. The group also perform during Chorlton Arts festival and occasionally at HOME theatre.

Art group

Thursday 1:00pm - 2.30pm on site

Facilitated by art tutor Amanda Farrar, the group start with mindfulness doodling to music, moving on to creating various works around different themes and using all sorts of media.



Coffee Shop meets

Wednesdays 2:00pm - 3:00pm with Phil

Thursdays 2:00pm - 3:00pm with Moira

Fridays 1:00pm - 2:00pm with Diane

Come and join one of the weekly coffee shop meet ups with CGN staff members. Usually at North star Deli (over the bridge from Morrisons) everyone is welcome to join us to meet new people, chat and enjoy a coffee and some cake.



Chorlton Good Neighbours
Statement of Financial Activities
for the year ended 31 March 2022

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	<i>Total funds 2021 £</i>
Income from:				
Donations and legacies	15,255	-	15,255	<i>16,038</i>
Charitable activities: Support services	62,608	23,775	86,383	<i>57,340</i>
Investments	13,474	-	13,474	<i>13,192</i>
Total income	91,337	23,775	115,112	86,570
Expenditure on:				
Charitable activities: Support services	77,271	25,253	102,524	<i>88,026</i>
Total expenditure	77,271	25,253	102,524	88,026
Net income/(expenditure) before net gains/(losses) on investments	14,066	(1,478)	12,588	(1,456)
Realised gains/(losses) on investments	15,506	-	15,506	<i>30,678</i>
Net income/(expenditure) for the year	29,572	(1,478)	28,094	29,222
Net movement in funds for the year	29,572	(1,478)	28,094	29,222
Reconciliation of funds				
Total funds brought forward	435,575	8,328	443,903	<i>414,681</i>
Total funds carried forward	465,147	6,850	471,997	443,903

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Chorlton Good Neighbours

Balance Sheet
as at 31 March 2022

	2022	2021
	£	£
Fixed assets		
Investments	370,839	355,333
	<hr/>	<hr/>
Total fixed assets	370,839	355,333
Current assets		
Debtors	2,223	3,324
Cash at bank and in hand	100,789	88,514
	<hr/>	<hr/>
Total current assets	103,012	91,838
Liabilities		
Creditors: amounts falling due in less than one year	(1,854)	(3,268)
	<hr/>	<hr/>
Net current assets	101,158	88,570
	<hr/>	<hr/>
Total assets less current liabilities	471,997	443,903
	<hr/>	<hr/>
Net assets	471,997	443,903
	<hr/> <hr/>	<hr/> <hr/>
Funds of the charity:		
Restricted income funds	6,850	8,328
Unrestricted income funds	465,147	435,575
	<hr/>	<hr/>
Total charity funds	471,997	443,903
	<hr/> <hr/>	<hr/> <hr/>

Approved by the trustees on 22/09/2022 and signed on their behalf by:

Michael Schaefer (Treasurer)



**Chorlton Good
Neighbours
Annual Report
2022**

Co-ordinator
Mrs Helen Hibberd MBE

Hours Open
Monday - Friday
9.00am – 12.30pm

Wilbraham St Ninians Church
Egerton Road South
Chorlton M21 0XJ

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