

Chorlton Good Neighbours

Report and financial statements
For the year ended 31st March 2021

Chorlton Good Neighbours
Reference and administrative information
for the year ended 31st March 2021

Charity number 1013285

Registered office and operational address Wilbraham St Ninians Church
Egerton Road South
Chorlton-Cum-Hardy
Manchester
M21 0XJ

Trustees Trustees who served during the year and up to the date of this report were as follows:

Rev Ken Stokes	Chair
Ann Sarah Mitchell	(resigned 21 st April 2020)
Mr Michael Schaefer	Treasurer
Mrs Kathryn Grand	Secretary
Mr Philip Lloyd	
Mr Bernard Leach	
Mrs Enid Woods	(resigned 1 st September 2020)
Mrs Joan Constable	
Mr Andrew Peter Dawson	
Mrs Christine Bentley	
Mr Dennis Haughton	
Mrs Angela Downing	
Mr Marc Grundy	(resigned 21 st April 2020)
Rev Jennifer King	

Trustees who held title to property belonging to the charity during the reporting period or at the date of approval were:

Mr Andrew Dawson (trustee) and Mr Bernard Leach (trustee) are the registered owners of the leasehold property (Flat 10, Fielden Court, 245 Barlow Moor Road, Chorlton, Manchester M221 7AY)

Key management Personnel Helen Hibberd Co-ordinator

Bankers	Lloyds TSB Bank plc 25 Gresham Street London EC2V 7HN	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Mailing Kent ME19 4JQ
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Independent examiner Christy Lau FCCA CTA DChA
Slade & Cooper Limited
Beehive Mill
Jersey Street
Manchester
M4 6JG

Chorlton Good Neighbours
Trustees' annual report
for the year ended 31st March 2021

The trustees present their report and the unaudited financial statements for the year ended 31st March 2021.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objective of the charity is to support persons resident in Chorlton-Cum-Hardy and adjacent districts who are in need, hardship or distress regardless of gender, disability, religion or belief, race, ethnicity or sexual orientation.

The trustees review the aims, objectives and activities of the charity each year. The Annual Report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described fully in the Annual report 2021 which follows note 21 to the accounts.

Financial review

Please see the Annual report 2021 which follows note 21 to the accounts.

Reserves policy

The total reserves of the charity at the year-end were £443,903 comprising restricted funds of £8,328 and unrestricted funds of £435,575. Chorlton Good Neighbours has agreed to keep minimum reserves of £ 50,000, so they will be able to pay full redundancy costs to staff in case the charity becomes financially unviable.

Chorlton Good Neighbours
Trustees' annual report
for the year ended 31st March 2021

Plans for the future

Please see the Annual report 2021 which follows note 21 to the accounts.

Structure, governance and management

The management committee consists of up to 12 trustees who govern the charity through a constitution. The trustees appoint officer to the management committee in the form of a Chair, Treasurer and Secretary. This is done annually at the AGM. Officer positions are nominated through members of the committee and the officer must be a member of the committee. A vote takes place at the AGM involving all members of the charity.

Existing trustees are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the organisation. A democratic process takes place at the AGM.

The organisation is an unincorporated charity registered as a charity on 30/07/1992 in England and Wales.

The charity is constituted under a constitution 1992. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Chorlton Good Neighbours
Trustees' annual report
for the year ended 31st March 2021

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on 23rd September 2021 and signed on their behalf by

Michael Schaefer (Treasurer)

Independent examiner's report
to the trustees of
Chorlton Good Neighbours

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2021 which are set out on pages 6 to 23.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Manchester, M4 6JG

16th November 2021

Chorlton Good Neighbours
Statement of Financial Activities
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	16,038	-	16,038	15,711
Charitable activities: Support services	4	52,043	5,297	57,340	96,538
Investments	5	13,192	-	13,192	14,502
Total income		81,273	5,297	86,570	126,751
Expenditure on:					
Charitable activities: Support services	6	78,762	9,264	88,026	106,489
Total expenditure		78,762	9,264	88,026	106,489
Net income/(expenditure) before net gains/(losses) on investments		2,511	(3,967)	(1,456)	20,262
Realised gains/(losses) on investments		30,678	-	30,678	(3,655)
Net income/(expenditure) for the year	8	33,189	(3,967)	29,222	16,607
Net movement in funds for the year		32,829	(3,607)	29,222	16,607
Reconciliation of funds					
Total funds brought forward		402,746	11,935	414,681	398,074
Total funds carried forward		435,575	8,328	443,903	414,681

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Chorlton Good Neighbours

Balance Sheet
as at 31 March 2021

	Note	2021		2020	
		£	£	£	£
Fixed assets					
Investments	13		355,333		324,655
			<hr/>		<hr/>
Total fixed assets			355,333		324,655
Current assets					
Debtors	14	3,324		2,981	
Cash at bank and in hand	15	88,514		88,811	
		<hr/>		<hr/>	
Total current assets		91,838		91,792	
Liabilities					
Creditors: amounts falling due in less than one year	16	(3,268)		(1,766)	
		<hr/>		<hr/>	
Net current assets			88,570		90,026
			<hr/>		<hr/>
Total assets less current liabilities			443,903		414,681
			<hr/>		<hr/>
Net assets			443,903		414,681
			<hr/> <hr/>		<hr/> <hr/>
Funds of the charity:					
Restricted income funds	17		8,328		11,935
Unrestricted income funds	18		435,575		402,746
			<hr/>		<hr/>
Total charity funds			443,903		414,681
			<hr/> <hr/>		<hr/> <hr/>

The notes on pages 9 to 23 form part of these accounts.

Approved by the trustees on 23/09/2021 and signed on their behalf by:

Michael Schaefer (Treasurer)

Chorlton Good Neighbours
Statement of Cash Flows
for the year ending 31 March 2021

	Note	2021 £	2020 £
Cash provided by/(used in) operating activities	21	(13,489)	3,917
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		13,192	14,502
Cash provided by/(used in) investing activities		13,192	14,502
Increase/(decrease) in cash and cash equivalents in the year		(297)	18,419
Cash and cash equivalents at the beginning of the year		88,811	70,392
Cash and cash equivalents at the end of the year		88,514	88,811

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Chorlton Good Neighbours meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The trustees have made no key judgments which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

j Fixed asset investments

The charity held an investment property and Income Units in the COIF Charities Investment Fund. The valuation of the investment property is measured initially at cost and subsequently at fair value at the reporting date.

The fair value of the investment property is based on the trustees best estimate, they have determined that the fair value does not differ from the cost price significantly at the year end.

The Income Units are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £427 outstanding contributions at the year end (2020: £nil).

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 30/07/1992. The registered office address is disclosed on page 1.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2021 £
Donations	12,538	-	12,538
Manchester Crematorium	3,000		3,000
Southway Housing Trust	500	-	500
	<hr/>	<hr/>	<hr/>
Total	16,038	-	16,038
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
 <i>Previous reporting period</i>	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2020</i>
	<i>£</i>	<i>£</i>	<i>£</i>
<i>Donations</i>	<i>14,076</i>	<i>-</i>	<i>14,076</i>
<i>Fundraising</i>	<i>1,635</i>	<i>-</i>	<i>1,635</i>
	<hr/>	<hr/>	<hr/>
Total	15,711	-	15,711
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2021 £
Grants			
Manchester City Council			
Wellbeing	50,000	-	50,000
Older People's Neighbourhood Support	-	2,500	2,500
We Love Mcr	-	2,297	2,297
Manchester Wellbeing Fund (NHS)	-	500	500
Neighbourly Limited Community Fund	400	-	400
	<hr/>	<hr/>	<hr/>
	50,400	5,297	55,697
Fees and other income			
Fees	734	-	734
Contributions	909	-	909
	<hr/>	<hr/>	<hr/>
	1,643	-	1,643
	<hr/>	<hr/>	<hr/>
Total	52,043	5,297	57,340
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period			
	Unrestricted £	Restricted £	Total 2020 £
Grants			
Manchester City Council			
Wellbeing	50,000	-	50,000
PCT Wellbeing Exercise	-	6,380	6,380
Neighbourhood Investment Fund	-	900	900
Festival of Manchester Grant	-	150	150
South Manchester Neighbourhood Grant	-	7,500	7,500
Awards For All	-	5,150	5,150
National Lottery	-	400	400
	<hr/>	<hr/>	<hr/>
	50,000	20,480	70,480
Fees and other income			
Fees	21,937	-	21,937
Contributions	4,121	-	4,121
	<hr/>	<hr/>	<hr/>
	26,058	-	26,058
	<hr/>	<hr/>	<hr/>
Total	76,058	20,480	96,538
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2021 £
Dividends received	5,306	-	5,306
Rent - investment property	7,886	-	7,886
	<hr/>	<hr/>	<hr/>
	13,192	-	13,192
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<i>Previous reporting period</i>	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2020</i> £
<i>Dividends received</i>	<i>5,581</i>	<i>-</i>	<i>5,581</i>
<i>Rent - investment property</i>	<i>8,921</i>	<i>-</i>	<i>8,921</i>
	<hr/>	<hr/>	<hr/>
	<i>14,502</i>	<i>-</i>	<i>14,502</i>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

6 Analysis of expenditure on charitable activities

	Total 2021 £	Total 2020 £
Staff costs	63,521	60,620
Training	2,431	2,313
Office Costs	14,027	18,874
Catering	-	5,590
Project Costs	4,232	9,412
Outings	900	5,836
Governance costs (see note 7)	2,915	3,844
	88,026	106,489
	2021 £	2020 £
Restricted expenditure	9,264	10,515
Unrestricted expenditure	78,762	95,974
	88,026	106,489
	88,026	106,489

7 Analysis of governance and support costs

Current reporting period	Basis of apportionment	Governance £	Total 2021 £
Accountancy services	Governance	1,170	1,170
Legal and professional	Governance	1,745	1,745
		2,915	2,915
		2,915	2,915
Previous reporting period	<i>Basis of apportionment</i>	<i>Governance £</i>	<i>Total 2020 £</i>
<i>Accountancy services</i>	<i>Governance</i>	<i>1,170</i>	<i>1,170</i>
<i>Legal and professional</i>	<i>Governance</i>	<i>2,674</i>	<i>2,674</i>
		<i>3,844</i>	<i>3,844</i>
		<i>3,844</i>	<i>3,844</i>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2021 £	2020 £
Operating lease rentals:		
Property	2,500	2,500
Independent examiner's fees (net of VAT)		
Accountancy fees	775	775
Independent examination	200	200
Bookkeeping fees	832	760
Payroll bureau	368	363
	<u> </u>	<u> </u>

9 Staff costs

Staff costs during the year were as follows:

	2021 £	2020 £
Wages and salaries	62,551	59,109
Social security costs	-	619
Pension costs	970	892
	<u> </u>	<u> </u>
	<u>63,521</u>	<u>60,620</u>

No employees has employee benefits in excess of £60,000 (2020: Nil).

The average number of staff employed during the period was 4 (2020: 4).

The key management personnel of the charity comprise the trustees and the Co-ordinator. The total employee benefits of the key management personnel of the charity were £33,853 (2020: £34,708).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration during the year (2020: Nil).

No trustee received travel and subsistence / reimbursed expenses during the year (2020: Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2020: nil).

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

11 Government grants

The government grants recognised in the accounts were as follows:

	2021 £	2020 £
Manchester City Council		
Wellbeing	50,000	50,000
PCT Wellbeing Exercise	-	6,380
NIF Grant	-	900
Festival of Manchester Grant	-	150
South Manchester Neighbourhood Grant	-	7,500
Older People's Neighbourhood Support	2,500	-
Manchester Wellbeing Fund (NHS)	500	-
	53,000	64,930
	53,000	64,930

£4,322 (all restricted funds carried forward) relate to the unspent South Manchester Neighbourhood Grant at the year end (see note 17). Conditions attached are to complete the project, which we expect to do in the forthcoming financial years.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets investments

	2021 £	2020 £
Market value at the start of the year	324,655	328,310
Add: additions to investments at cost	-	-
Add net gain/(loss) on revaluation	30,678	(3,655)
	355,333	324,655
	355,333	324,655
Investments at fair value comprised:		
Investment Property	176,459	176,459
COIF Charities Investment Fund	178,874	148,196
	355,333	324,655
	355,333	324,655

The charity held an investment property and Income Units in the COIF Charities Investment Fund. The property held by the charity is to earn rentals and for capital appreciation. The valuation of the investment property is measured at fair value. The Income Units are carried at fair value.

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

14 Debtors

	2021 £	2020 £
Prepayments and accrued income	3,324	2,981
	<hr/>	<hr/>
	3,324	2,981
	<hr/> <hr/>	<hr/> <hr/>

15 Cash at bank and in hand

	2021 £	2020 £
Cash at bank and on hand	88,514	88,811
	<hr/>	<hr/>
	88,514	88,811
	<hr/> <hr/>	<hr/> <hr/>

16 Creditors: amounts falling due within one year

	2021 £	2020 £
Other creditors and accruals	3,268	1,766
	<hr/>	<hr/>
	3,268	1,766
	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
South Manchester Neighbourhood Grant	7,500	-	(3,178)	-	4,322
Awards For All	4,035	-	(1,599)	-	2,436
National Lottery	400	-	(730)	330	-
Older People's Neighbourhood Support	-	2,500	(930)	-	1,570
We Love Mcr	-	2,297	(2,327)	30	-
Manchester Wellbeing Fund (NHS)	-	500	(500)	-	-
Total	11,935	5,297	(9,264)	360	8,328
Previous reporting period	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2020 £
PCT Wellbeing Exercise	-	6,380	(6,380)	-	-
Assist Partnership	1,970	-	(1,970)	-	-
NIF Grant	-	900	(900)	-	-
Festival of	-	150	(150)	-	-
South Manchester Neighbourhood Grant	-	7,500	-	-	7,500
Awards For All	-	5,150	(1,115)	-	4,035
National Lottery	-	400	-	-	400
Total	1,970	20,480	(10,515)	-	11,935

Name of restricted fund	Description, nature and purposes of the fund
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South Manchester Neighbourhood Grant - to address operational issues, including Covid-19

Awards For All - The Positive Living project

National Lottery - Drama workshops

Older People's Neighbourhood Support - Partnership working with St. Clement's church

We Love Mcr - Covid-19 community respond fund

Manchester Wellbeing Fund (NHS) - Drama workshops

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

18 Analysis of movement in unrestricted funds

Current reporting period						
	Balance at 1 April 2020 £	Income £	Expenditure £	Investment gains/ (losses)	Transfers £	As at 31 March 2021 £
General fund	402,746	81,273	(78,762)	30,678	(360)	435,575
	<u>402,746</u>	<u>81,273</u>	<u>(78,762)</u>	<u>30,678</u>	<u>(360)</u>	<u>435,575</u>
	<u><u>402,746</u></u>	<u><u>81,273</u></u>	<u><u>(78,762)</u></u>	<u><u>30,678</u></u>	<u><u>(360)</u></u>	<u><u>435,575</u></u>
Previous reporting period						
	Balance at 1 April 2019 £	Income £	Expenditure £	Investment gains/ (losses)	Transfers £	As at 31 March 2020 £
General fund	396,104	106,271	(95,974)	(3,655)	-	402,746
	<u>396,104</u>	<u>106,271</u>	<u>(95,974)</u>	<u>(3,655)</u>	<u>-</u>	<u>402,746</u>
	<u><u>396,104</u></u>	<u><u>106,271</u></u>	<u><u>(95,974)</u></u>	<u><u>(3,655)</u></u>	<u><u>-</u></u>	<u><u>402,746</u></u>

**Name of
unrestricted fund**

Description, nature and purposes of the fund

General fund

The free reserves after allowing for all designated funds

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Fixed asset investments	355,333	-	-	355,333
Other net current assets/(liabilities)	80,242	-	8,328	88,570
	<hr/>	<hr/>	<hr/>	<hr/>
Total	435,575	-	8,328	443,903
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous Reporting Period	<i>General fund £</i>	<i>Designated funds £</i>	<i>Restricted funds £</i>	<i>Total £</i>
<i>Fixed asset investments</i>	<i>324,655</i>	<i>-</i>	<i>-</i>	<i>324,655</i>
<i>Other net current assets/(liabilities)</i>	<i>78,091</i>	<i>-</i>	<i>11,935</i>	<i>90,026</i>
	<hr/>	<hr/>	<hr/>	<hr/>
Total	402,746	-	11,935	414,681
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as

	Property	
	2021 £	2020 £
Less than one year	2,500	2,500
One to five years	-	2,500
	<hr/>	<hr/>
	2,500	5,000
	<hr/> <hr/>	<hr/> <hr/>

Chorlton Good Neighbours

Notes to the accounts for the year ended 31 March 2021 (continued)

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income/(expenditure) for the year	29,222	16,607
Adjustments for:		
(Gains)/losses on investments	(30,678)	3,655
Dividends, interest and rents from investments	(13,192)	(14,502)
Decrease/(increase) in debtors	(343)	(1,557)
Increase/(decrease) in creditors	1,502	(286)
	<hr/>	<hr/>
Net cash provided by/(used in) operating	(13,489)	3,917
	<hr/> <hr/>	<hr/> <hr/>



**Chorlton Good
Neighbours
Annual Report
2021**

Management Committee 2020-21

CHAIR	Rev Ken Stokes
SECRETARY	Kate Grand
TREASURER	Michael Schaefer

Others

Christine Bentley

Joan Constable

Andrew Dawson

Angela Downing

Dennis Haughton

Rev Jenny King

Bernard Leach

Philip Lloyd

Chorlton Good Neighbours: Mission statement

CGN works to meet the needs of older people in South and Central Manchester. CGN delivers a friendly, fair, and safe service in which volunteers and paid staff support older people, providing social contact and general support both within the homes of older residents in South and Central Manchester and at activities and events at CGN buildings and further afield.



Chair's Report Rev Ken Stokes

The last year has been another challenging year for Chorlton Good Neighbours just as it has been for everyone. We have all had to cope with the rollercoaster of living with the Covid pandemic. For CGN this has meant having to constantly review and adjust how, and indeed if, we could conduct our activities. As the Chair I want to express my personal gratitude to all our volunteers and staff who have coped admirably with the many and varied restrictions which have made their work harder or sometimes impossible. I am also very thankful for all the volunteers who have been effectively put on furlough and not been able to do their activities but have kept faith with us and have still been there ready to help many months later. There is, of course, one other person who deserves particular thanks and that is Helen Hibberd. Helen's intimate understanding of CGN, of our volunteers, older clients, and staff and of everything in which we engage has ensured that we have been able to make the right decisions at the right time to do as much as possible as safely as possible.



We are now, thank fully, moving to the point where we have a more familiar programme of activities. Yet we are not yet back to normal. Sadly, despite vaccinations the virus is still with us, and we have therefore had to retain some restrictions simply because there will inevitably be some of us who are not vaccinated and a small number for whom the vaccine might not be as effective as we might wish. Some of you may think we are not moving fast enough in loosening restrictions and others may question if we are going too far. Whatever you think please let us know your opinion and we will take your views into account in our decision making.

Many of you will be familiar with the location of CGN office, which for many years has been next to the Egerton Road South entrance of Wilbraham St Ninians Church. At some point soon we will be moving temporarily to what is currently the Church Vestry, so that the Church, our landlords, can renovate and sort out issues in the current base. So, it seems that adaptability is rapidly becoming CGN's watchword. As the saying goes if your life keeps giving you lemons you better quickly learn to make lemonade.



Treasurer's Report Michael Schaefer

This last year has been a major challenge for all of us and it was no different for the financial health of Chorlton Good Neighbours. However, despite our initial fears that we may end up with a substantial loss, I am happy to report that we managed to break even in this financial year. This was a big relief for us, as you can imagine.

Thank you to Manchester City Council for continuing to be our main sponsor at the same level as before. Unfortunately, other sources of funding have reduced in this financial year, so overall we were less well funded than in previous years. This means that we were even more grateful for funding from the Older People's Neighbourhood Support grant, which we shared with St Clement's Church; for funding from We Love Mcr to help with any Covid impact and for funding from the Manchester Wellbeing Fund.

We hope that the reduced overall funding this year is not a sign of things to come, but it certainly shows how quickly financial fortunes can change and how important it is that our financial health is built on as many different sources of income as possible. This brings me to my last, yet by no means least, important point. I want to dedicate this last paragraph, as always, to all of you who donated, or gift aided. Every donation, however big or small, helps CGN and your continued support is greatly appreciated. Without you, it would be so much more difficult to do what we do. Thank you and stay safe!

Co ordinator's ReportHelen Hibberd

Stop-start has been the name of the game this past year; focussing on what we could do at any moment in time, given the various restrictions, and making the most of any opportunities which came our way to support and engage people.

Things in the past which maybe held less importance for people – such as paper newsletters, phone calls, Christmas cards and gift bags – suddenly felt like lifelines to the outside world and confirmed for members that they were valued and thought of, and that we were all in this together.

Much of the year has been spent in lockdown or with very restricted access to normal life, and this has meant CGN having to find creative ways to engage and support local older residents. Luckily for us, and this neighbourhood, we have a cohort of amazing volunteers and staff who have stepped up to the challenge, despite their own fears and misgivings. They have provided a consistent “listening ear”, through regular telephone calls, door step chats or walks to the park, as well as give practical support with odd jobs, shopping, prescription collection and delivery of hearing aid batteries.

Adapting to what was allowed did afford CGN an opportunity to trial and embed **new ways of engaging residents and offering services.**

- Meeting outside at local coffee shops with our 3 community staff has proved successful, and means members have a chance to cement friendships in the smaller groups, as well as gather in more modern surroundings amidst the wider demographic.
- Running smaller ‘support groups’ has led to the Art group having a session to themselves, rather than with the larger coffee morning, and members are benefiting from this by having more time and quiet to focus on developing their skills with new tutor, Trae England - Shortt, and volunteer Amanda Farrar.
- Having got to grips with zoom and supported some residents to get on line, the



twice weekly exercise sessions, monthly positive living group and the history talks all proved viable and have been useful ‘stand ins’ for sessions normally held on site. That said it has become very apparent that many older residents either do not wish to connect digitally or need a lot of support, and in some cases, equipment, to begin learning or enhancing their knowledge. The case for the

two-pronged approach - some Face to Face as well as on line- remains

strong, even though this presents issues with staff time and capacity, but as a positive, it can also widen inclusion and ensure we reach and engage as many older neighbours as possible.

One of our most important roles over the past 12 months has been to keep **communicating with members and volunteers**, either through monthly paper

newsletters or emails, or by telephone. Special thanks here to all the volunteers who regularly collected and delivered bunches of newsletters (often knocking on doors at the same time to have a little chat with people) and to the 18 telephone befrienders who have supported over 100 members with regular calls, many now reflecting how relationships have deepened over the months, and people appreciating that they know others better than before. Feedback



sessions with volunteers however did highlight some of their challenges, including frustrations around not feeling properly connected, preferring face to face contact,

and dealing with news of members' deaths and ill health, outside of the usual supportive peer group setting. Overall, though, volunteering did reinforce the importance of CGN for them and their own need for routines, companionship, and structure, as well as



reward them with a sense of being part of something greater, a collective effort, at this unprecedented time.

A recent survey of older members highlighted how valuable regular communications were; people appreciated the office remaining open to take calls, having up to date information and guidelines from local health colleagues, or the council, or leaflets about Test & Trace, Scams or claiming pension credit. Offers to join research studies, local projects, and Q & A sessions about Covid and vaccines on line, meant residents could fill their time meaningfully and feel reassured that there were avenues to have their concerns addressed. 83% of our members reported that they feel more connected to their local community because of being involved with Chorlton Good Neighbours.





Interestingly the survey also highlighted members approaches and feelings about lockdown. Although 20% said they felt 'lonely' or 'sad', an even higher number (34%) felt 'they could go with the flow'. Resilience levels seem to have stayed fairly high throughout lockdown for some, but the gradual reopening over recent months evidences a slightly different story with some members not wanting or able to re-engage on site and face to face. The days of our 80 strong coffee attendance at coffee mornings are still far off!

Liaising with local colleagues and organisations

remains a priority for the charity so that we do not operate in isolation, and well-established connections have proved invaluable over the past year, especially when we had concerns about members who weren't coping well or who needed further assessment and support. Links with local health development Co ordinators have been strengthened, and new Focussed Care Practitioners, attached to GP surgeries, have introduced themselves to CGN and we hope they will be another source of support for us/members going forward.

In terms of contributing to neighbourhood life and its development it has been even more important that we continued to work with a wide range of colleagues:

- Buzz who supplied CGN with Winter warmer bags, Vitamin D tablets and small garden packs to distribute
- Age Friendly Whalley Range and Chorlton - we support monthly zoom meetings to look at issues in the neighbourhood and have worked together to produce information leaflets to residents who were anxious about re engaging with activities. The International Older People's Day October 2020 saw CGN members being photographed volunteering or meeting out and about, reinforcing the message about older age having many positives and older residents well able to make meaningful contributions to community life.



- Chorlton Virtual Arts festival in September 2020 – 6 members of our Drama group made a film talking about Chorlton and where they particularly enjoyed visiting, and this was shown virtually over the key weekend, with feedback reflecting appreciation of older members ability and desire to take part.



- Our Streets Chorlton- contributing to initial discussions and carrying out a social mapping exercise
- Chorlton Bike Deliveries supported CGN to deliver 100 creative culture packs to residents, and CGN members have been feeding back about the potential for Trishaw rides in Chorlton.



Volunteers – well, what can you say except emphasise how totally amazing they have been. Our 46 befriending volunteers have maintained regular contact with their older members, mainly over the phone or via Zoom during complete lockdown or carried out doorstep chats or walks out to the park or round the block. This has been vital unseen work, reassuring our more isolated older residents that they haven't been forgotten, and that they had a link to the outside world and the local neighbourhood. Two thank you sessions with local Councillors Eve Holt and Dave Rawson highlighted volunteers' commitment and resilience despite occasional feelings of personal doubt and frustration. Many older members reflected in the survey how much they appreciated volunteers' efforts and kindness.



CGN is one of the best things I have come across. They are there for you 24/7 and couldn't do more to help

CGN are very understanding of each person they know. They try to suit and accommodate everyone's needs. It is a comfort to know they are just on the other side of the phone.

I'm very satisfied with and grateful for all the help I've been given, especially during lockdown. It makes me feel safe because I know CGN is reliable and there when I need help.

Funding, Fundraising and Partnership working: CGN remains grateful to MCC for its financial support, especially as income from activities has naturally dropped. We successfully completed an extension proposal form which means funding is secured on current levels until the end March 2022. We continue to work towards the following 3 outcomes for the council funding and they remain relevant even in the pandemic.

1. *Increase volunteering*
2. *Support new and current residents to engage with services and activities*
3. *Support older residents to contribute to the neighbourhood and city life and the Age Friendly agenda.*

We continue to need and appreciate financial support from other sources and thank especially the following:

Unicorn, Manchester Crematorium, Southways Housing, and the board of the Chorlton Green Festival who nominated CGN for funds when they wound up the organisation and to GMMHT, to fund the films made by the drama group for the Chorlton Virtual Arts festival.

Interestingly we have seen more opportunities for partnerships to apply for funding and although there are certain challenges and hurdles to overcome, and initial time-consuming joint meetings, there are real benefits in sharing workers and good practice, and just strengthening community cohesion. CGN recently successfully bid with Didsbury GN and Assist Care group for some Covid Impact Funding, and this has enabled us to fund some small support group activities, plan organisational resilience workshops for trustees and Co ordinators, and begin addressing digital inclusion issues with the help of a shared part time worker.

The OPens funding partnership with Whalley Range Forum and The Place, Fallowfield has meant us all adapting our original plans because of Covid restrictions, but CGN's partnering with St Clements Church has eventually proved fruitful, in that twice monthly Positive Living Group sessions are now held at the church for their 'lunch club' members, and a successful afternoon Tea took place over the summer. CGN also partnered with Alexandra Park Heritage group to ensure delivery of their books and calendars.

Individual members and their families often send in donations, and we appreciate them all – large and small. Special thanks also go to volunteer Trish Kelly who is more than half way through her fundraising walk for us, aiming to complete the equivalent of 840 miles Lands' End to John O Groats trek. So far, she has raised £1900 and covered 800 miles. Such a brilliant effort, thank you Trish and please let's keep supporting her ...



Going forward:

Obvious challenges centre around **rebuilding the group back to previous levels and numbers**, albeit in a different way in some areas. It is likely we will continue with zoom



history talks, trustee meetings and two on line exercise sessions at least until the end of the year, if not longer. Most of the smaller group activities have now restarted and we hope, if there are no further lockdowns, that we can gradually re introduce the remaining larger activities such as the Sunday teas and day trips, though this is likely to be next year now. It is a slow, steady process, with care and thought still needed at every stage.

The members survey highlighted a couple of areas to address including:

Following-up with individuals regarding the online support requested in recognition of many services increasing their online access (e.g., accessing a GP).

Gathering further qualitative feedback to better understand the reasoning for neutral responses to impact questions.

Gathering further qualitative feedback from members and volunteers to better understand if and how people want 'to contribute' to their local community.

The office base at WSN needs updating so we will be operating out of another room in the Church, for a year at least, whilst the renovations take place.

As **volunteers begin to return to on site activity, it is evident some are re assessing** what they wish to be involved with, even reducing their involvement. A couple of drivers have expressed a wish to stop, so we will need to fill those gaps to ensure our least mobile members can access activities.

The **Trustee board** will be undertaking some organisational resilience workshops with DGN and Assist Care Group and will continue to be open to seeking new trustees with specific skill sets.

There has been an incredible amount to be proud of this past year, and many people we are so incredibly grateful to, but we balance that with remembering those who are no longer with us, and whose life and contribution we could not celebrate in the usual way. Let us hope the next 12 months are a time for renewal and a re-energising of our mission, so that we stay truly 'Good Neighbours' to each other and to those who are yet to join us.

Special thanks

- To All CGN volunteers for whatever help you gave and continue to give
- To our brilliant community staff – Moira, Diane, and Phil (and Frank for covering Phil's sick leave) – for your kindness and steadfastness to some of our more isolated older clients
- To Wilbraham St Ninians Church for housing us
- To Cathy Bangs, Peter Flynn, Diana Cullen, Marianne Spry and Hilary Wilson for supporting me in the office, and to Hamish Mackay for his banking support. Good luck Cathy on your move down south – I will miss your help so much!
- To Katherine Reynolds for designing and overseeing the members survey
- Debra McCallion and the Tuesday Group volunteers (Rachel, Ayako, Maggie, Sarah, Doreen, and Marianne) for the extra lengths you all went to over the past year to support various members of your activity groups.
- To the CGN trustees, for your commitment and support during one of the most challenging times the group has known.

Helen Hibberd MBE, Co ordinator





Total Residents supported this past year: 444

Ethnic Origin	
Asian British	4
Black British	11
Black Caribbean	9
Middle Eastern	2
Other	3
Other African Background	2
Other White	22
Pakistani	5
White – English / Welsh / Scottish / Northern Irish	345
White – Irish	22
Not Known	19

Age	
Less 65	38
65-74	84
75-89	175
90+	68
Unknown	79

Ward	
Chorlton	171
Chorlton Park	108
Whalley Range	46
Other Manchester Wards	14
Non-Manchester	52
Unknown	53

Gender	
Female	325
Male	118
Don't identify with birth gender	1

Miscellaneous
60% consider themselves as having a long-term health condition/disability.
11 older clients also support CGN as volunteers

Volunteer support this past year: 89

Gender	
Female	66
Male	23
Don't identify with birth gender	0

Ward	
Chorlton	43
Chorlton Park	16
Whalley Range	13
Other Manchester wards	5
Non-Manchester	12

Ethnic Origin	
Asian British	2
Black British	0
Other	1
White – English / Welsh / Scottish / Northern Irish	77
White other	5
White – Irish	4

Age	
Less than 40yrs	18
40-64	34
65-74	26
75+	11

Miscellaneous
Many people tend to think that our volunteer workforce is mainly older, retired people but figures suggest they formed only 41% of the total this past year.

Volunteers

Volunteers form the backbone of the charity, offering time and support at all levels of the organisation. There never seems to be a shortage of inquiries about volunteering though there has been less over the past year, (28 calls) and once the initial stages of the pandemic were over. Data collected shows only 89 out of the total 110 volunteers listed helped this year; for some older volunteers - they didn't feel able to commit to anything, and younger ones usually supporting on site activities, monthly Sunday teas and Day trips with transport, were not really able to engage.

9 new volunteers were taken on, many joining in with befriending or doing odd jobs or helping at the small support groups.

CGN continues to take care in the placement of volunteers, being considerate of people's background, skills, and experience. For example, we have been fortunate that new volunteer Rory has the skills to tackle small DIY and plenty of odd jobs, Katherine's background meant she was able to advise and oversee the design and write up of the members survey, and we continue to appreciate those with specific skills in IT such as Hamish who runs the banking spreadsheets, and Bernard with the website.



Our grateful thanks also to those volunteers who sit on the Trustee Board, having had an exceptional year making tricky decisions about when, how, and what to re-open, and ensuring the charity operated in the safest way for its clients, staff, and volunteers.

During the year, 4 volunteers came off the books and some have re thought their input, reducing their time or supporting an activity in a different way. Special mention here goes to retired volunteer Marion Howard who died earlier this year. Marion epitomised CGN in so many ways and was such a lovely gentle lady, giving 18 years' service to the group.

Training and support; Volunteers can access support from the co ordinator 24/7 and are invited to catch up sessions with trainer Debra McCallion.

Individual telephone support was given to 20 befriending volunteers during the year as well as small group zoom sessions.



What does it mean to people to come back on site to an activity?



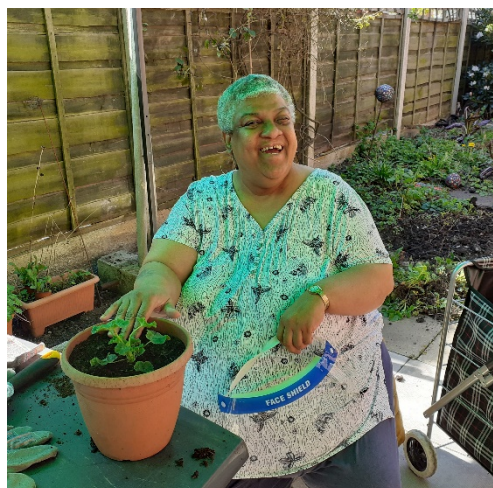
Trustee Joan who comes to Thursday coffee mornings says “It is a real treat, just to have an hour away from the house, meeting different people. Nuri echoes this sentiment “It’s heaven to come and see my friends”



Volunteer Mary who has covered for Marguerite at the Thursday Art group reflects “It is just brilliant to see people. I am just so happy to see everyone”



Monday Exercise class participants Louise and Mary say “It means everything; it stops us from staying indoors, and gives us something to look forward to; it’s a great start to the week “



Friday gardening club and coffee shop participant Jenni reflects “it means more freedom, fellowship and catching up with friends. As I join in with both the activities it means I have a full day out of the house, meeting up with 2 different groups of people and it is great”

Community Worker's reports

Older men's worker Phil Barrett reflects:



Part of my role is to reduce isolation and loneliness amongst older men. Currently I support 15 men between the ages of 60-89, although I have worked with clients who are older. I visit people in their own homes, have a chat, make them a cup of tea, and offer practical support such as escorting them to shops or collecting prescriptions. This photo is of me with Leslie. During lockdown it has been particularly difficult to meet the needs of these clients as for many months we could not really go inside their homes, but chatted on the door step, although being a key worker allowed us more access than some people may have had.

I also meet a small group of older chaps at a local coffee shop each week, and it has been beneficial to sit outside and catch up, especially in the lovely weather. Overall, I feel the older men have coped very well with the restraints that have been put in place to combat the pandemic

Many thanks also to Frank Hibberd who covered Phil's sickness absence for 5 months

Community worker Moira Bowater reports:

Throughout the pandemic my role supporting 20+ clients, aged 62-99yrs, continued with the necessary restrictions in place. Most have a good level of mobility and have remained active and were able to get out and about, others with less mobility have had to remain at home and have had reduced social contacts. I have stayed in regular contact with all my clients and have been able to help and assist them by doing shopping, having a doorstep chat, and assisting them with anything they needed. For those clients unable to leave their home; I have visited more frequently, and they have said they have looked forward to my visits and chats. Overall, despite the restrictions they have all remained positive, well, and resilient.

When easing of restrictions occurred, I met with a small group of clients at a local café for coffee which has been successful and positive. One lady described it as "the highlight of her week". Another lady who moved to the area from Devon just weeks prior to the initial lockdown in March 2020 recently started to attend the café meet ups and said this had been the first opportunity she has had to meet with new people.



On another occasion recently I took one lady to meet up with a friend she sat with at the coffee mornings at Chorlton Good Neighbours, and they had a good catch-up chat outside, which boosted them both after no contact for 18 months and both expressed their gratitude.

Despite the restrictions it has been a privilege to continue my role.



Here's a photo of me with Muriel, who was a volunteer with Chorlton Good neighbours for over 20 years, so it feels good to give our support to her in return.

I visit Muriel every week and she has remained housebound for the entire pandemic, but despite this she has remained happy and positive and is a pleasure to visit and chat with.

Visiting Support worker Diane Dixon reflects:

Over the past year I have carried on with my companionship visits, most of which have taken place in people's gardens, on doorsteps, in their homes or at cafes. Slowly over time I have also begun to take people out into Chorlton. Many were feeling tentative about going out at first, but once they had been out a few times their confidence quickly returned.



One lady said about my encouraging her to come to a local cafe every week *'I would have stayed in, I wouldn't have gone out at all 'Mentally and physically it's done me good'*

I now have regular coffee trips and meet ups which people are really enjoying.

Another lady said, *'I'm glad to be going out and it's nice to see your face at the door'*.

The worst thing about the last 18 months for most of the people that I visit has been the lack of social interaction, and it is lovely to see people getting so much enjoyment out of reconnecting with their friends and from trips out to coffee shops. One of the ladies said about the cafe meet ups that *'we support one another and that she feels less anxious, things seem more normal'*.

I have also encouraged friends to meet up by taking them to visit each other at their own homes or to sit outside in their gardens eating ice creams or with cups of tea and biscuits whilst they chat. I have passed messages between people, birthday cards and magazines, keeping the connection going between friends.

I asked one of the ladies how she felt about the visits, and she said they were a 'life saver', which really brings home the importance of how much we all need connection with others, and how valuable a service is being provided by CGN.



Activities and Services: status as of August 2021



Thursday Coffee Morning 10.00- 11.30am on site

Attended by up to 15 members and volunteers as a support group, but latterly nearer



40 on the lifting of restrictions. Coming soon a digital drop in from 10-11.30am with IT support worker Aidan McIlroy. Thanks this past year in particular to regular volunteers Kay, Keith, and Cathy.

Exercise classes: Monday 1.30-2.20pm, with Karen Tynan and Friday 10-11am with Don O Connor. On site 2 weekly classes in a graded system, with experienced instructors,



aimed at preventing falls, building muscle strength, stamina, and flexibility. Use of weights and stretch band, some transport provision for Friday class.

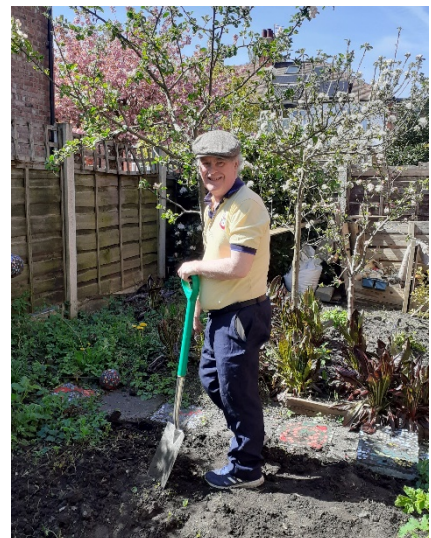


2 x Zoom sessions with Karen Oakes Tuesdays and Thursdays 11-12. Mainly seated but some standing

work to improve balance. Use of weights, balls, and resistance bands



Friday gardening Club: 10-1pm. Facilitated by gardener Geraldine Wall, this small group meet each week to socialise with a coffee, tell jokes, share news and do a bit of potting in the greenhouse and planting of flowers and vegetables and fruit in



the garden area. Meet all weathers.



Monthly Sunday Teas: 4-6pm for 35-40 older residents, with hot meal, entertainment, raffle, and bingo. Volunteer support and transport available

Currently on hold

Monthly history talks: First Thursday in the month 1.30-2.45pm. Meetings via Zoom



Speakers presenting on a range of topics appealing to anyone with an interest in history. Recent talks have included the History of the Towers Estate in Didsbury and Experts from the Manchester Museum also presented on



the 3 Manchester Botanists and Egyptology. Thanks to volunteer Bernard Leach for IT support and chairing the meetings.

Melodics Singing group: Every Thursday 11.30-12.30pm.

CGN members coming together to enjoy singing and some company. Led by volunteer Leah Cavanagh. **Please come and join them!**



Recently re started early September

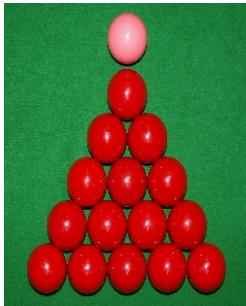
Monthly Positive living Group: usually first Monday in the month. On site



25 regular participants meet to share strategies for living confidently and positively. Topics dealing with ageing, theories of happiness and wellbeing, and how to listen more deeply, chosen by members and session facilitated by Life Coach Debra McCallion.

Day trips and big parties: various throughout the year, included coach trips for 51 people to the seaside, country pubs and places of interest. Spring and Christmas Sunday parties for 65 residents, and Christmas party for 100 at Houghend Police social club.

Currently on hold



Tuesday Snooker Group 2-3pm: Held at South West Manchester Cricket Club. Ideal for a small group of older gentlemen to meet round two snooker tables each Tuesday afternoon for chat and potting the balls. Led by Older men’s worker Phil and volunteers David and Francis. Just turn up or inquire with CGN Co ordinator

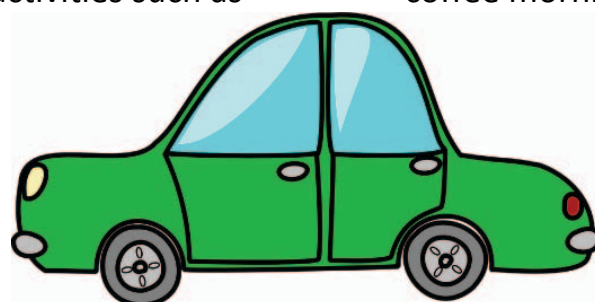
Restarted August 2021

Drama workshops: On site various 10-week courses for anyone wanting to have a laugh, learn new skills and be with a great group of people willing to have a go. Led by experienced practitioner and actor Nakib Narat.

The group are currently rehearsing a radio play called Kerfuffle towers, which will be presented during Chorlton Arts festival in September.



Transport to appointments and onsite activities: many of our older members received one-off support to access banks or medical appointments, and we are beginning to resume support to onsite activities such as coffee mornings and Friday exercise class.





Tuesday Group 10-11.30am for local parents:
On site during term time This group aims to offer support to first time parents, those new to the area or without families. Brilliant support this past year from 6 local volunteers; our thanks to Rachel, Ayako, Maggie, Sarah, Marianne, and Doreen.

Over the summer this group met at various local parks each week, arranged through Tuesday group volunteer, Rachel



Thursday Art Group 1-2.30pm on site.

Facilitated by new art tutor Trae England - Shortt, with support from art volunteer Amanda, the group start with mindfulness doodling to music, moving on to creating various works around different themes. Currently



producing work for a small art exhibition during the Chorlton Arts festival in September. Thanks to volunteers Marguerite and Peter for making drinks and taking the register.

1-1 home visiting and befriending: this past year, 46 volunteers have each been involved with supporting around 50 older clients, regularly keeping in touch with them through door step chats, walks in the park or over the telephone. Indoor home visits have now resumed and offer volunteers the chance to support with odd jobs, such as changing lightbulbs, repotting plants and doing some small fixing and mending



Chorlton Good Neighbours
Statement of Financial Activities
for the year ended 31 March 2021

	Unrestricted funds £	Restricted funds £	Total funds 2021 £	<i>Total funds</i> 2020 £
Income from:				
Donations and legacies	16,038	-	16,038	15,711
Charitable activities: Support services	52,043	5,297	57,340	96,538
Investments	13,192	-	13,192	14,502
Total income	81,273	5,297	86,570	126,751
Expenditure on:				
Charitable activities: Support services	78,762	9,264	88,026	106,489
Total expenditure	78,762	9,264	88,026	106,489
Net income/(expenditure) before net gains/(losses) on investments	2,511	(3,967)	(1,456)	20,262
Realised gains/(losses) on investments	30,678	-	30,678	(3,655)
Net income/(expenditure) for the year	33,189	(3,967)	29,222	16,607
Net movement in funds for the year	32,829	(3,607)	29,222	16,607
Reconciliation of funds				
Total funds brought forward	402,746	11,935	414,681	398,074
Total funds carried forward	435,575	8,328	443,903	414,681

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Chorlton Good Neighbours

Balance Sheet
as at 31 March 2021

	2021		2020	
	£	£	£	£
Fixed assets				
Investments		355,333		324,655
		<hr/>		<hr/>
Total fixed assets		355,333		324,655
Current assets				
Debtors	3,324		2,981	
Cash at bank and in hand	88,514		88,811	
	<hr/>		<hr/>	
Total current assets	91,838		91,792	
Liabilities				
Creditors: amounts falling due in less than one year	(3,268)		(1,766)	
	<hr/>		<hr/>	
Net current assets		88,570		90,026
		<hr/>		<hr/>
Total assets less current liabilities		443,903		414,681
		<hr/>		<hr/>
Net assets		443,903		414,681
		<hr/> <hr/>		<hr/> <hr/>
Funds of the charity:				
Restricted income funds		8,328		11,935
Unrestricted income funds		435,575		402,746
		<hr/>		<hr/>
Total charity funds		443,903		414,681
		<hr/> <hr/>		<hr/> <hr/>

Approved by the trustees on 23/09/2021 and signed on their behalf by:

Michael Schaefer (Treasurer)

Thank you to all the volunteers who stepped up and supported local people this past year

**Sue Angelidis
David Balderstone
Cathy Bangs
Christine Bentley
Juliet Birkbeck
Amelia Boon
Carol Blishen
Sarah Brewerton
Arthur Brandreth
Pam Carter
Kathy Castle
Jane Cheshire
Lianne Cleary
David Clarke
Janice Clinning
Joan Constable
Merryn Cooke
Diana Cullen
Andrew Dawson
Angela Downing
Kevin Duffy
Claire Ferguson
Chloe Fisher
Suzanne Fisher
Peter Flynn
Jill Fraser
Francis Gomes
Kate Grand
James Grace
Katrina Hann
Dani Harris
Rachel Harrison
Annette Haworth
Maggie Humphries
Leo Hussey
Lucy Illingworth
Trefor Jones
Carol Keating
Trish Kelly
Rachel Kemp
Louise Kennedy
Rev Jenny King
Matt Kirk
Doreen Kirven
Marguerite Koefman
Rachel Lapington**

**Bernard Leach
Philip Lloyd
Ann & Hamish MacKay
Liz Manning
Victoria Mansfield
Lisa Mather
Lynne May
Jennifer McAfee
Gemma Millar
Sarah Mitchell
Kerry Moorhouse
Julie Mullally
Karen Nolan
Rory Oldroyd
Mary O'Mahony
Sean O'Meara
Rosie O'Neill
Aisha Payapilly
Steve Purver
Katherine Reynolds
Kay Roberts
Gerry Rock
Rose Rodriguez
Teresa Romagnuolo
Jenny Ruff
Emily Sayle
Michael Schaefer
Allison Sheard
Caroline Shearman
Kiona Simpson
Elke Sims
Joanne Sloan
Ayako Somers
Marianne Spry
Rev Ken Stokes
Jacqui Swain
Joe Sykes
Helen Taylor
Casey Thomas
Fran Thomas
Anna & Mike Todd
Keith Walsh
Barry Whitmarsh
Hilary Wilson
Ray Wood**



**Chorlton Good
Neighbours
Annual Report
2021**

**Co-ordinator
Mrs Helen Hibberd MBE**

**Hours Open
Monday - Friday
9.00am - 12.30pm**

**Wilbraham St Ninians Church
Egerton Road South
Chorlton M21 0XJ**

**Tel: 0161 881 2925 / Tel: 0161 881 6208
Email: helen@chortongoodneighbours.org**