

**HERUKA KADAMPA MEDITATION CENTRE
REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

Registered Charity Number 1011646

**HERUKA KADAMPA MEDITATION CENTRE
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FOR THE YEAR ENDED 31st DECEMBER 2022**

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**HERUKA KADAMPA MEDITATION CENTRE
LEGAL AND ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2022**

The Trustees, who are also directors for the purpose of company law, have pleasure in presenting their report and the unaudited financial statements of the charity for the financial year ended 31 December 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Name	Heruka Kadampa Meditation Centre
Company Registration Number	02708323
Registered Charity Number	1011646
Registered Office	13 Woodstock Road London NW11 8ES England

Trustees

The trustees who served the charity during the period were as follows:

Sarah Tier
Ian Povey
Roland Levy

Secretary Jennifer Andrews (resigned 12th July 2023)

Accountant Tom Wilcox FCIS FCIE DChA
Counterculture Partnership LLP
Unit 115 Ducie House,
Ducie Street,
Manchester,
M1 2JW

Bankers HSBC

**HERUKA KADAMPA MEDITATION CENTRE
TRUSTEES ANNUAL REPORT
FOR THE YEAR ENDED 31st DECEMBER 2022**

Public benefits

In exercising their powers and duties, the trustees have had due regard to the guidance on public benefit published by the Charity Commission. They believe that the work of the charity in promoting the Buddhist faith has clearly identifiable benefits. The charity believes that there are three important public benefits to promoting the Buddhist faith: to help people develop their wisdom, to cultivate a good heart, and to maintain a peaceful mind. If we increase our wisdom, we will overcome the problems of our daily life, improve our relationships with others, and become of real benefit to a troubled world.

Benefit to the public

The charity offers regular courses in Buddhist philosophy, psychology and meditation, bringing personal and social benefit. These courses are accessible to the public for modest fees and everybody is welcome – Buddhist and non-Buddhist. The more advanced courses of instruction require a greater commitment of personal time from participants. The charity also maintains a year-round programme of prayers and meditation, again open to the public.

ACHIEVEMENTS AND PERFORMANCE

Heruka KMC continued to provide Kadam Dharma to the people of London through the three programmes: General Programme, Foundation Programme and Teacher Training Programme. During the year, numerous day and weekend courses at Heruka KMC were provided which were well attended. The Foundation Programme and the Teacher Training Programme continued and were also well attended.

FINANCIAL REVIEW

The financial position in 2022 showed a surplus of £96,176 compared with £119,303 in 2021.

RESERVES POLICY

The Trustees consider that the level of free reserves should be retained in liquid funds equivalent to cover up to six months overhead expenditure. These reserves are to be held in order to maintain the basic operations of the charity and to provide some surety against adverse financial events, such as income targets not being achieved or unexpected expenditure.

**HERUKA KADAMPA MEDITATION CENTRE
TRUSTEES ANNUAL REPORT
FOR THE YEAR ENDED 31st DECEMBER 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Charity is constituted as a company limited by guarantee under the Companies Act and governed by its memorandum and Articles of Association and is also a registered charity.

Trustee Recruitment and Training

Of the three Trustees, two elected Trustees are recruited from within the centre or from other similar centres so that they have knowledge and understanding of the charity's aims and workings. To be elected or appointed as a Trustee, the nominee must be a member of the charity and are elected by members at the Annual General Meeting or by the Trustees when the need arises according to the Articles of Association. The third Trustee is an ex-officio Trustee, by virtue of them being the Administrative Director of a centre specified in the Articles of Association. Each new Trustee is guided by the current trustees and other members of the organisation, in particular the Administrative Director and Resident Teacher, who have vast experience within the organisation.

Related Charities

The charity is a member of the New Kadampa Tradition – International Kadampa Buddhist Union (“NKT-IKBU”), which is made up of many centres throughout the world with the same objects, however they are all independent charities linked only by their objects and there is no financial dependency although funds may pass between centres to fulfil aims and objectives.

OBJECTIVES AND ACTIVITIES

Objects

The objects of the charity are to promote the Buddhist faith under the spiritual guidance of the elected Spiritual Director of the NKT-IKBU principally through activities of teaching, study, practice and the observance of moral discipline all within the Mahayana Buddhist Tradition of Atisha and Je Tsongkhapa, as taught by Venerable Geshe Kelsang Gyatso Rinpoche, the founder of the NKT-IKBU, through the continuous implementation of the three NKT study programmes: the General Programme, Foundation Programme and Teacher Training Programme.

Aims and Activities

The charity aims to provide facilities to enable students to study, practice and observe the moral discipline as set out in the objects and this has been achieved so far by establishing the centre at Woodstock Road, London. The charity also holds numerous branch classes across London to provide teachings and insight to whomever wishes to attend.

Volunteers

The charity has many volunteers from the local community, who are essential for the running of the charity and are involved in all aspects of it. We also offer wider opportunities to volunteer through volunteering visits.

**HERUKA KADAMPA MEDITATION CENTRE
TRUSTEES ANNUAL REPORT
FOR THE YEAR ENDED 31st DECEMBER 2022**

Statement of Directors' and Trustees' Responsibilities

The trustees (who are also the directors of the Heruka Kadampa Meditation Centre for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select the most suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on a going concern basis unless it is not appropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Signed on behalf of the trustees:



Name SARAH J TITER Date 18th Sept 2023

**HERUKA KADAMPA MEDITATION CENTRE
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31st DECEMBER 2022**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 December 2022

Responsibilities and basis of report

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

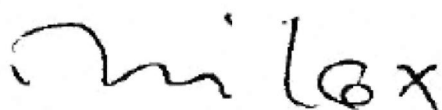
Independent examiner's statement

Since the charity's gross income exceeded £250,000, I can confirm that I am qualified to undertake the examination by virtue of being a Fellow Member of the Institute of Chartered Secretaries and Administrators (ICSA), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tom Wilcox
Institute of Chartered Secretaries and Administrators
Counterculture Partnership LLP
Unit 115 Ducie House
Ducie Street
Manchester
M1 2JW

HERUKA KADAMPA MEDITATION CENTRE
STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
FOR THE YEAR ENDED 31st DECEMBER 2022

	Notes	Unrestricted £	Restricted £	Total Funds £	Total 2021 £
Income and endowments from:					
Donations and legacies	2	53,274		53,274	121,796
Charitable activities	4	247,007	-	247,007	215,656
Investment income	3	120	-	120	17
Total incoming resources		300,401	-	300,401	337,469
Resources expended:					
Charitable activities	5	204,225	-	204,225	218,166
Total Resources expended		204,225	-	204,225	218,166
Net movement in funds		96,176	-	96,176	119,303
Transfer between funds				-	-
Funds at 1 st January 2022		1,704,340		1,704,340	1,585,037
Funds at 31st December 2022		1,800,516	-	1,800,516	1,704,340

The statement of financial activities includes all gains and losses recognised in the two years.

All amounts relate to continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 10 – 13 form part of these Accounts.

HERUKA KADAMPA MEDITATION CENTRE
BALANCE SHEET
AS AT 31st DECEMBER 2022

	Note	31 st Dec 2022	31 st Dec 2021
	£	£	
Fixed Assets			
Tangible Assets	8	3,195,721	3,195,891
Current Assets			
Debtors	9	1,526	1,868
Cash at bank and in hand		86,017	55,988
		<u>87,543</u>	<u>57,856</u>
Creditors:			
Amounts falling due within one year	10	(80,316)	(25,316)
Net current assets/(liabilities)		<u>7,227</u>	<u>32,540</u>
Total assets less current liabilities		3,202,948	3,228,431
Creditors: amounts falling due after one year	10	<u>(1,402,432)</u>	<u>(1,524,091)</u>
Net assets		<u>1,800,516</u>	<u>1,704,340</u>
Funds			
Unrestricted		1,800,516	1,704,340
Restricted		-	
Total Funds		<u>1,800,516</u>	<u>1,704,340</u>

For the year ended 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The directors declare that they have approved the accounts above.

Signed on behalf of the trustees: 

Name Sarah J Tier Date 18th Sept 2023

HERUKA KADAMPA MEDITATION CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2022

1. Statement of accounting policies

Basis of accounting

The financial statements have been prepared in accordance with the charitable company's memorandum and articles of association, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice – Accounting and Reporting by Charities (SORP (FRS102), second edition issued in January 2019)", the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Cash flow

The financial statements do not include a cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1 "Cash flow statements."

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Investments income consists of bank interest received within the year.

Resources expended

All expenditure is accounted for on an accruals basis and is recognised when there is a legal or constructive obligation to pay. Expenditure has been classified under headings that aggregate all costs related to the category. Costs classified as governance costs relate to costs incurred in connection with constitutional, audit and other statutory requirements.

Going concern

These accounts have been prepared on a going concern basis, dependant on the ongoing support of the bank.

Funds

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the charity for particular purposes, and it is the policy of the board of trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

Fixed assets

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation. Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over their expected useful lives as follows:

Freehold Property	Nil
Fixtures and fittings	10% reducing balance.

HERUKA KADAMPA MEDITATION CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2022

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Voluntary income	Unrestricted	Restricted	Total	Total
	2022	2022	2022	2021
	£	£	£	£
Donations	53,274	-	53,574	121,796
	53,274		53,274	121,796

3. Investment income	Unrestricted	Restricted	Total	Total
	2022	2022	2022	2021
	£	£	£	£
Interest receivable	120	-	120	17

4. Income from charitable activities	Unrestricted	Restricted	Total	Total
	2022	2022	2022	2021
	£	£	£	£
Courses and study programmes	47,283	-	47,283	53,692
Accommodation	198,621	-	198,621	161,552
Bookshop	1,103	-	1,103	412
	247,007		247,007	215,656

5. Costs of charitable activities	Unrestricted	Restricted	Total	Total
	2022	2022	2022	2021
	£	£	£	£
Courses and study programmes	8,652	-	8,652	11,929
Accommodation	140,446	-	140,446	151,225
Finance costs (note 6)	38,891	-	38,891	42,419
Bookshop	416	-	416	
Support costs	15,199	-	15,199	11,933
Governance costs	621	-	621	660
	204,225		204,225	218,166

HERUKA KADAMPA MEDITATION CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st DECEMBER 2022

6. Finance costs	Unrestricted 2022 £	Restricted 2022 £	Total Funds 2022 £	Total Funds 2021 £
Interest payable	37,646		37,646	42,222
Bank charges	1,245		1,245	197
	38,891		38,891	42,419

7. Net income for the year
This is stated after charging:

	Total 2022	Total 2021
Independent Examiners Fees	621	660
Depreciation of fixed assets	170	189

8. Tangible Fixed Assets	Freehold £	Fixt&Fittings £	Total £
Cost at 1 st January 2022	3,194,193	24,644	3,218,837
Depreciation at 1 st January 2022	-	22,946	22,757
Charge for the year to 31 st December 2021	-	170	170
Net Book Value			
As at 31 st December 2022	3,194,193	1,528	3,195,721
As at 31 st December 2021	3,194,193	1,698	3,195,891

NBV of tangible fixed assets	2022 £	2021 £
13 Woodstock Road	871,048	871,048
11 Woodstock Road	1,223,145	1,223,145
17 Woodstock Road	1,100,000	1,100,000

**HERUKA KADAMPA MEDITATION CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st DECEMBER 2022**

9. Debtors	2022	2021
	£	£
Prepayment	1,526	1,868
	1,526	1,868

10. Creditors: amounts falling due within a year	2022	2021
	£	£
Bank loans and overdrafts	59,094	-
Trade creditors	17	5,831
Loans due within one year	3,000	7,000
Accruals		660
Deposits	14,625	11,825
Rent paid in advance	3,580	
	80,316	25,316

Creditors falling due after more than one year	2022	2021
	£	£
Bank loans and overdrafts	991,432	1,065,091
Other long-term loans	411,000	459,000
	1,402,432	1,524,091

The bank loans totalling £1,050,526 (2021: £1,065,951) are secured by a charge over the charity's two freehold properties.

13. Trustee remuneration and related party transactions

None of the trustees has been paid any remuneration or received any other benefits from an employment with this charity or a related entity. None of the trustees has been paid any expenses in the current year.

There were no other related party payments in either the current or prior years