

Company registration number: 02703063

Charity registration number: 1011495

# YMCA NORTH TYNESIDE

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

# YMCA North Tyneside

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# YMCA North Tyneside

## Reference and Administrative Details

<b>Trustees</b>	M Renney M Earl H M Kemp R J Hall V J Scott M A Shahab C J Allen (appointed 16 September 2022) P G Colley (appointed 26 January 2023)
<b>Secretary</b>	J Huggan
<b>Registered Office</b>	Church Way North Shields Tyne & Wear NE29 0AB The charity is incorporated in England and Wales.
<b>Company Registration Number</b>	02703063
<b>Charity Registration Number</b>	1011495
<b>Homes and Communities Agency Registration</b>	4793
<b>Ofsted Registration Number</b>	EYS55165
<b>Solicitors</b>	Muckle LLP Time Central 32 Gallowgate Newcastle Upon Tyne Tyne And Wear NE1 4BF
<b>Bankers</b>	Lloyds Bank plc North Shields Bedford Street North Shields NE99 1SL
<b>Auditor</b>	Azets Audit Services Bulman House Regent Centre Gosforth Newcastle upon Tyne NE3 3LS

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

The Directors submit their report and the audited financial statements for the year ended 31 March 2023.

### Legal Status

YMCA North Tyneside (the Association) is a company limited by guarantee registered in England and Wales (No. 2703063) and governed by a Memorandum and Articles of Association. The company is also a Registered Charity (No.1011495), registered as a provider of social housing with Homes England (No. 4793) and registered with Ofsted (EY555165).

The Association was incorporated on 2 April 1992, following its status as an unincorporated Charity since 1879. Each member of the Association is liable to the extent of £1 in the event of the company being wound up and there being insufficient assets to meet all liabilities. The Directors of the Association are also the Trustees of the Charity.

### Registered Office and Subsidiary

The address of the Registered Office of the Association is Church Way, North Shields, Tyne and Wear, NE29 0AB. The Association owns all the shares in a subsidiary trading company known as Patterdale Hall Estate Limited, which began trading on 1 July 1995. The Registered Office of the subsidiary company is also Church Way, North Shields.

### Board Structure and Membership

Members of the board are appointed by a decision of the Trustees. Every Trustee shall be appointed for an initial term of up to three years and may be reappointed for a further consecutive term of up to three years. No Trustee may serve more than nine consecutive years in office without taking leave from office for at least a year. The Honorary Officers of the Association; the President and Treasurer shall hold office until the end of the next Annual Meeting subject to re-appointment.

When a Board member is appointed, he or she is provided with an Induction Pack and a programme of Induction into the Association takes place involving meeting key members of staff and touring departmental programme areas. Trustees are encouraged to participate in relevant training courses and regional, national and international YMCA activities.

The Directors of the Association (who are also charity trustees for the purposes of charity law) for the year under review are:

Mr D Hodgson MBE (Appointed as President in September 2021)

Mr Arif Shahab (Appointed as Chair in September 2021)

Mrs V Scott (Appointed as Vice-Chair in September 2021)

Mr M Earl (Appointed as Hon. Treasurer in September 2021)

Mr R Hall

Mr M Renney

Mr H Kemp

Mrs C Allen (Appointed as Trustee in September 2022)

MR P Colley (Appointed as Trustee in January 2023)

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

The Directors are all members of the Association. None of the Directors has a beneficial interest either in the Association or its subsidiary.

It should be noted that Joanna Huuggan was appointed as Company Secretary at the September 2022 ABM, replacing Steve Pugh.

### Board Recruitment

The board recruited two new trustees within the year and is in the process of recruiting one other, which will be finalised in Summer 2023.

### Board Development

During the year, a new strategic group related to Housing was formed and is chaired by an independent Strategic Advisor. The group is meeting bi-monthly and feeds back to the Board.

The Board Annual Reviews took place as planned and included an overview of the Skills Matrix in order to inform a 'Gap Analysis' and recruitment needs.

The Board members met for an Away Event in September 2022, where they took part in Strategic discussions, planning for the future, reviewing our progress against our 5-year plan, as well as team bonding activities.

### YMCA Board Attendance 2022-23

The YMCA North Tyneside Board met six times during the year.

Board Member	Number of Board Meetings Held where possible to attend	Number of Board Meetings Attended	% Attendance
David Hodgson*	6	6	100%
Russell Hall	6	4	67%
Mark Renney	6	6	100%
Mark Earl	6	6	100%
Howard Kemp	6	5	83%
Victoria Scott	6	4	67%
Arif Shahab	6	5	83%
Carol Allen	5	5	100%
Peter Colley	2	2	100%

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

\*In attendance as President and not in Board Member voting status

The activities of the Charity are overseen by the Board and are assisted by agreed Working Groups, whose Terms of Reference and appointment are subject to the Board.

Each Working Group consists of Board members, staff members and Strategic Advisors. The organisation currently has 4 Strategic Advisors serving on or leading Working Groups, they are:

Kevin Lowry (Housing Advisor & Chair of the Housing Strategic Working Group)

David Simpson (Safeguarding Advisor)

Debbie Shearer (Member of the Housing Strategic Working Group and Impact Strategic Working Group)

Marlene Robinson (Health & Safety Advisor)

Strategic Working Groups cover different governance areas of the organisation as shown previously. They have no executive power (except that of the Finance Working Group, which has a set authorisation limit) but may make recommendations to the Board in relation to their remit.

The Directors of Patterdale Hall Estate are appointed by the Board and are accountable to the Board for the manner in which they manage the affairs of the Estate. The Patterdale Directors currently have 2 Directors and 4 senior staff members who are appointed and reviewed at each annual business meeting, they are:-

David Hodgson (Chair)

Howard Kemp

### Patterdale Board Attendance 2022-23

The subsidiary Board of Patterdale Hall Estate Ltd also met four times during the year.

Board Member	Number of Board Meetings Held where it was possible to attend	Number of Board Meetings Attended	% Attendance
David Hodgson	4	4	100%
Howard Kemp	4	4	100%

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Indemnity Insurance

The Association's insurance policies indemnify the Trustees and Officers against liability when acting for the Association providing their actions are not reckless or fraudulent.

### Employees

The Association employs a Chief Executive, Dean Titterton, to whom the practical implementation of the organisation's strategic plan and the day-to-day management of the Charity is delegated by the Directors. The Chief Executive works closely with a number of Heads of Service:

Head of Housing - Janet Richardson

Head of Enterprise & Development - Darren Mayne (left October 2022 and replaced by Helen Noble)

Head of Community - Ray Blythe (left March 2023 and replaced by Helen Noble)

Head of People & HR - Helen Noble

Head of Finance - Miles Humble (left February 2023 and replaced by Nikki Morgan)

Head of Business Service & Improvement - Steve Pugh

Looking ahead. The Board of Trustees agreed at the March 2023 meeting to approve a new structure and portfolio areas replacing those above. These are:

Community & Social Enterprise - Helen Noble

Finance - Nikki Morgan

Homes & Places - Steve Pugh

Human Resources - Helen Noble & Ellie Fowler

A team of full-time and part-time staff, as well as a valued team of volunteers, assist the Chief Executive and Leadership Team. The Association complies with current employment legislation and seeks to develop the staff team by engaging in healthy workforce initiatives, quality programmes and refresher training. Our people are continually working on Ambition and Better Health at Work standards which, once this year we achieved the highest award of 'Maintaining Excellence'. Looking ahead, we have set ourselves the ambition for the next twelve months to achieve accreditation to the Good Work Pledge.

The Association recognises the strength of its employees who are committed to the objectives that serve the best interests of its residents and service users. The Association shares information on its objectives, progress and activities through regular management and staff departmental meetings. In addition, staff conferences, surveys and team days are used to celebrate success, generate ideas and positively engage with staff.

### Health & Safety

The Trustees are aware of their responsibilities on all matters relating to health and safety. The Association has prepared detailed health and safety policies and provides staff training and education on health and safety matters.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Information Security

The Association is committed to information security and continues to promote good and appropriate collection and use of data and information.

### Compliance with Taxation

The Association is committed to conducting its business with integrity, transparency and fairness, and in compliance with all relevant rules, regulations and legislation. It values its reputation for ethical behaviour, financial probity and, as a charity, it disapproves of tax evasion in whatever form. The Association will not knowingly engage with any individual or business that does not share its commitment to the prevention of tax evasion. The Association requires all trustees and staff to demonstrate the highest standards of honesty at all times.

### Public Benefit

The Trustees held service users at the heart of its approach to formulating the strategic objectives and associated strategies. In doing so, The Trustees confirm that they have complied with Section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. Through the work that the Association undertakes in its service areas, it delivers public benefit and serves a wide range of people, many of whom are vulnerable.

### Objects

The Objects of the Charity are set out in its Memorandum and Articles of Association and are as follows:

To advance the Christian faith, including by:

Promoting a Christian environment inspired and motivated by the life, example and teaching of Jesus Christ, where people of faith and people of none can work together for the transformation of communities; and

Enabling people of all ages and in particular young people to flourish through experiencing and responding to the love of God demonstrated by the life, example and teaching of Jesus Christ;

To provide or assist in the provision in the interests of social welfare of facilities for recreation and other leisure time occupation for people of all ages with the object of improving their conditions of life;

To provide, improve and manage residential accommodation including Social Housing for people of all ages who are in need, hardship or distress by reason of their social, physical, emotional, spiritual or economic circumstances.

### **Our Cause:**

We are a community that supports children and young people to be healthy, happy and connected

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Our Values:

Because of our Christian values:

We believe everyone has potential

We inspire each person we meet to nurture their body, mind and spirit

We serve our communities so that all can HOPE, BELONG, CONTRIBUTE and THRIVE

### Strategic Plan 2020-2025

After an extensive planning and consultation process we launched and published (albeit slightly late due to the Covid pandemic) a new 5-year Strategic Plan which builds on the existing plan and focuses on taking the organisation through to 2025 - the plan builds on the current strengths and focuses on some new identified themes.

Our 3 Key Strategic Priorities are:

Greater Reach & Impact

A Culture of Contributing

Being Financially Secure

We have set ourselves 9 goals which are aligned to the 3 strategic priorities;

Healthier Children & Young People

Excellent Spaces

Building on our Strengths

Greater Clarity of Purpose

Listening & Learning

Supported to Succeed

Sustainable Surplus

A Mixed-Income Model

Data-Informed Decisions

The priorities and goals underpin everything we do in order to ensure we achieve our vision of being *'a community that supports children and young people to be healthy, happy and connected'*.

### Our Core Offer

The Association seeks to fulfil its Objects by the provision of a wide variety of advice, guidance, health, recreational, family, young people, training and education provision throughout North Tyneside, Teesdale and the wider area of the North East. It also delivers the provision of holiday accommodation through its wholly-owned subsidiary Patterdale Hall Estates Ltd; the work is based in Glenridding, Cumbria.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

Significant activities that contribute to this overall programme are as follows: -

**Health & Wellbeing** - We believe everyone should enjoy the benefits of good health and well-being. We recognise health and well-being are the bedrock that enables people to develop in all areas of their lives, from education and employment to relationships and social networks. We offer a state-of-the-art gym facility known as YMCA Gym, incorporating a dance studio, spin cycling, cardiovascular machines, free weights, functional training and changing facilities. Central to this is the extensive programme of group exercise classes, including; aerobics, spin cycling, and boxercise. YMCA Health & Wellbeing also runs varied programmes outside of the association's own property, within the community through its Community activity programme and as part of our aim to be part of the Public Health agenda.

**Community** - We believe every family and young person should have the support they need to develop and lead more fulfilling lives. The right start in life is crucial for a person's long-term development. It is for this reason that YMCA works with people from birth through to adulthood – supporting individuals and families to flourish. YMCA supports children, young people and parents every year through our family and community work. This includes; Heritage projects, After school clubs, Holiday clubs, School activity programmes, Youth work, Parenting programmes, Family mediation and a full 65-place wrap-around daycare and nursery facilities.

**Training & Education** - We believe every young person should be able to fulfil their potential. Helping young people gain the confidence to make decisions about their own lives is an important part of our work, as is providing an environment in which they can flourish. Education is more than formal schooling. That is why the YMCA offers a range of education, skills-based training, placement and apprenticeship schemes. We enable many people every year to engage in education and training. This includes; Basic life skills training, literacy and numeracy training, ICT (Information and Communication Technology) skills training, Catering & Hospitality, Financial and budgeting training, Work and employment skills training, Apprenticeships and Alternative education courses.

Other significant activities have included the provision of; support and advice and other recreational provision.

**Housing & Supported Accommodation** - YMCA is the largest provider of safe, supported accommodation for young people in England and Wales. Locally we currently offer over 30-bed spaces, which include intensive supported accommodation, emergency accommodation, and community house setting. Our philosophy of supporting young people holistically means we provide not only a bed but also help a young person gain the training, skills and confidence to go on to lead independent lives.

### **Achievements and Performance**

2022-23 was the third year of the five-year strategic plan that was designed to bring the Association together as one organisation and deliver great products, places and people.

The year proved to be a challenging one for us financially due to the fallout of the Ukraine conflict and the deepening cost of living crisis, which resulted in a cutback and in the flow of funding streams but also consumer confidence and a lack of expendable income being spent. We also undertook a restructure, particularly around our housing provision and the changing landscape of community provision, all to make us fit for the future; this resulted in required investment that was not necessarily planned at the beginning of the year.

In light of all this, the following achievements and performance show the positive difference we made and will continue to make.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

#### Housing/Supported Accommodation

During the year 2022-2023 we delivered the Henderson Court project in Berwick-upon-Tweed whilst housing 10 residents with learning difficulties on a 'home for life' basis.

We also delivered supported accommodation for 10 Unaccompanied Asylum Seeking Children (aged 16 and 17 years) on behalf of North Tyneside Council. All of these young people are involved with ESOL (English language) courses, many are attending college, and recently 2 of them have been awarded the right to remain, meaning that they can start to look for work. Having asylum seekers living with us has been a challenge in terms of the language barrier, but the team of Support Workers have shown great patience, and the residents have responded positively. We receive much praise from North Tyneside Council for the care and attention we give the residents.

We have had a number of positive move-ons and successes across the year, including a resident who first moved to one of our Move-On properties and has now got a mortgage on his own property. Another resident achieved the grades she needed to go to Cambridge University, and others have achieved positive outcomes in training courses, getting jobs or moving back into the family home.

Our 'Regulate and Protect' provision (relating to Exempt Accommodation Partnerships) grew to over 130-bed spaces in the year. We now have a dedicated Housing Compliance Officer and are regularly inspecting properties in areas such as around the North East and Yorkshire.

In line with the current challenges we are all seeing in recruitment, we have seen a larger than normal turnover of Housing Support Staff, and we have had to rely heavily on agency workers to plug the gaps. Moving into 2023-2024, we have recruited a new Registered Service Manager to help us achieve Ofsted Registration and several new Support Workers to bolster the team back to full strength.

Steve Pugh was appointed Director of Homes and Places and now oversees our Housing provision. He is working closely with Janet Richardson, who is taking the lead on developing new housing opportunities for YMCA.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

Some highlights and statistics for our Housing work are:

<b>Area</b>	<b>Outcome</b>
Unique number of young people provided with high-level supported housing	64
Safe nights under our care	10663
Positive move on towards independence	15
Unaccompanied asylum seeking children within our care	11
People in the North East supported by our Regulation and Protection Services	133
Yearly occupancy target achieved for nightly stays	95%

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Community Work

Over the course of 2022/2023, we worked to bring the Community Engagement Strategy to life in all the work that is delivered across the wide geographical spread. Through the delivery of the Community Engagement Strategy's four key areas, which aligns itself with the wider global strategy;

**Support through community** - we continue to support communities, with a focus on young people to choose how they wish to live, learn, work and participate in their community.

**Impact through partnership** - We grow our impact through effective collaboration with organisations that share our values and aims. This includes business, not-for-profit, youth agencies, local government and community stakeholders

**Influence through collaborative engagement** - We work alongside people with lived experience within our services and communities to help and shape innovative programmes and local engagement to influence positive and sustainable change in the local area for our communities

**Understand and Deliver our Charitable Cause** - Our charitable work across the organisation will be driven and influenced by the needs, desires and aspirations of our local community. Creation of opportunities and multiple pathways to educate, upskill and empower all those living within our community, but especially young people, will be the influencing factor. We will enable people to develop their full potential in mind, body, and spirit. All the programmes and opportunities we will seek to implement will carry us on our journey to delivering supportive, inclusive and energising communities, where young people can truly hope, belong, contribute and thrive.

We continued to shape, develop and involve our Child and Youth Provision and Community Engagement within North Tyneside, South Tyneside, Teesdale and Leeming, despite the difficulties of the cost of living crisis following on from last year when we faced the challenges of coming out of the pandemic alongside a rise in challenges around recruitment and retention. We have continued to deliver a range of targeted and detached youth work from our community settings in both North and South Tyneside, Teesdale and RAF Leeming. School-based term time and holiday provision has occurred successfully within North Tyneside, South Tyneside, Teesdale and Leeming. Community engagement activities have grown expeditiously and continue to adapt to feedback across all areas, offering multiple ways for individuals and groups to engage.

A wide range of services engaging with young people across our communities has occurred, adapting to the changing needs and issues that the young people are facing, in direct response to feedback from those engaging with our sessions and workers. We have had over 11,796 unique interactions during the year with children, young people, families and vulnerable members of the community. The services we have been offering young people and community members are always evolving depending on the needs identified. We continue to work towards increasing our reach and impact in all areas of the communities in which we serve.

**Y Girls:** As the funding for YS Girls Mentoring Project came to an end, we celebrated all we had achieved and moved away from the nationally branded Ys Girls project to develop our own bespoke mentoring project. Over the course of the Ys Girls project, we worked with 21 unique matches between volunteers and mentees over the 12 months period. Y's Girls successfully met its intended programme outcomes and has had a positive impact on the girls and young women taking part. The skill growth of the participants was clear to parents and carers from the beginning, and as the programme neared the 12-month mark, there was also a positive shift in the young women recognising the improvements in themselves. As we were able to reflect on the Y's Girls work and develop our bespoke 'YMCA North Tyneside Mentoring Programme', we identified a need to increase the flexibility in terms of the matches we can offer our beneficiaries, furthering the impact and outcomes of this work.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

**Healthy Habits:** Our Healthy Habits programme continued to thrive, meeting young people's needs in respect of physical health, mental health and emotional well-being services. Unfortunately, the project ended at the end of 2022/2023 due to additional income not being secured. We worked with over 739 young people involved in the Healthy Habits programme operating across 9 secondary schools, primary schools and SEND schools in the borough. These young people engaged in a wide range of work that was centred around their identified needs within their individual schools, including healthy eating, bullying, anxiety and mental well-being. With no continuation funding, we have worked and trained our teams to embed some of the lessons learned from this project into our "everyday" approach and interactions with children and young people, ensuring that with everything we do, we are talking about holistic healthy habits.

**Jarrow / South Tyneside:** YMCA North Tyneside has, with Big Local Jarrow, worked for 10 years to deliver a safe space for young people to belong, contribute and thrive in Jarrow. They have celebrated incredible outcomes and achievements over the 10 years, however, despite the continued efforts of both YMCA and Big Local to secure additional funding to continue this vital piece of work, we have been unsuccessful and, therefore, we sadly closed the doors on this element of our work. We have spent time celebrating the incredible work of the staff and young people on this project over the last decade, where they have positively contributed to their community in countless ways, including, but not limited to, detached and outreach youth sessions, 1-2-1 support, social action work such as Jarrow Cemetery clean-ups and recycling, cooking, first aid training, intergenerational coffee mornings, and graffiti projects on the local underpasses. Alongside this, on a Friday and Saturday afternoon, the evening detached youth sessions provided an inclusive space for ALL young people. As well as having a direct impact on the young people, police reported that "the number of calls has reduced dramatically since the start of YMCA in Central Jarrow; some halved [...] the YMCA Project does work, and I think it is important to keep it going", additionally agencies such as South Tyneside Homes, FOCAST and Carers Association referred young people to the project illustrating their trust in our team and the work.

Thank you to the young people and staff for all their work as well as the wider community and their support. Over the last year, this project has had 3250 interactions with young people, with an average of 50 young people on a Friday evening, 25 young people on a Saturday afternoon and 10 young people on a Sunday morning for the social action work in the cemetery.

**St Pauls:** YMCA delivers a youth club for young people aged 11 years - 18 years in Willington Quay as part of the St Paul's Partnership Project work to provide a safe space for young people who, because of the cost of living crisis, have significantly felt the impact on their daily lives. We have experienced fantastic opportunities for young people to be diverted away from criminal and anti-social behaviour, into a safe space where they can belong and thrive. Additionally, we commenced the delivery in February 2023 of the Kids Club for children aged 5-11 years, which has been very well received. At 'Kids Club' not only are we supporting the children, but we are able to engage with parents and carers, supporting the wider family who are struggling, and providing a more holistic approach to our high-quality services. Through this work, we have supported 62 young people and 21 children and families with a total of 642 interactions.

**After School Club:** This year, we were successful in securing a pilot tender from North of the Tyne Combined Authority to deliver After School sessions to a variety of schools across the borough, with the first cohort falling in this financial year. The programme focuses around the YMCA's core values of hope, belong, contribute and thrive. The project on offer starts a process where young people, as young as primary school age, can start to develop in these key areas. It has been well received with hopes for the growth and further development of the programme into the next financial year. Through this work, we have engaged with 4 new schools, and we had 2040 meaningful interactions with 61 children and young people. We have continued to deliver this programme into the new financial year, and we are working with North of the Tyne Combined Authority to continue it in the next school year.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

**Teesdale:** The work of our youth and community team in Teesdale continues to empower those we work with, enabling those we engage with to feel a sense of belonging whilst contributing to their local community and thriving into the best they can be. Our youth and community engagement work has developed and grown over the year with the appointment of a new Youth and Community Lead for Teesdale, Anneliese Baxter. With Anneliese in post, we have seen the re-engagement of seniors on day trips, our open-access youth groups restarting on a weekly basis, the first ever Pride Event in Teesdale, and men's mental health group work to name just a few. This is on top of the one-to-one support provided routinely to isolated and vulnerable members of the community, food package deliveries and holiday activities, all delivered through our successful community cafe, which we hope to transform into our Community Hub. Through this work, we have engaged and supported 225 children and young people and 240 vulnerable members of the community with a total of 1740 child and youth interactions and 1735 interactions with members of the community.

**Holiday activities:** Our holiday activities offer continues to grow and develop in all geographical areas, with us continuing to secure and work with North Tyneside Council and County Durham to deliver meaningful holiday activities for those who struggle the most with the school holidays. Our offer always includes food to remove one of the stressors that parents face with school holidays. The programme we offer, like all our work with children and young people, focuses on our core values of hope, belong, contribute and thrive, with the education of holistic healthy habits running embedded in our work and approach. We have had 701 interactions with children and young people throughout the year as part of our holiday activities. We envision this growing and developing further as we spend time reflecting on the benefit to the children, young people and families we serve.

**Community work in North Shields:** With the appointment of our new Youth and Community Lead for the north, Katie Bifani and the Fundraising Coordinator, Cat Morton, we have seen the community engagement work significantly increase in North Tyneside, more specifically North Shields. From delivering free Community Meals to providing a holistic winter care package, warm welcome, and other social sessions, including book clubs, death chats, baby & toddler groups and more. We were overwhelmed by the generosity of our Christmas Campaign, which saw us be able to donate presents to 50 extremely grateful young people in the community who were feeling the cost of living crisis significantly. Through such initiatives, we have had 760 interactions with vulnerable members of the community. All this on top of our day to day youth focussed initiatives.

**RAF Leeming:** We have continued to deliver, as part of a wider national YMCA collaboration, the RAF Leeming Airplay Project. At Airplay Leeming, we have worked closely with the Community Development Officer from RAF Leeming, to ensure that our offer is best serving the children and young people of Leeming, the wider community, including deployed families and the diverse population on the station. There is an ever-growing need for the service with high numbers of SEND children and young people. The activities provided through the Airplay programme aim to stimulate and nurture children's aspirations, ambition and resilience. Through BEN Club, we provide a safe space for young people from the age of 5 years old, and as they grow, they move through into Airplay, where we work with children and young people aged 8 years and over. We also provide vital support and reassurance to the wider family unit. Over the course of the year, we have worked with 123 children and young people at RAF Leeming through our Airplay and BEN Club provision.

**Thanks to funders:** Much of the work and outcomes during the past year wouldn't have been possible without the funding and support of; The National Lottery Community Fund, St Paul's Partnership, The BIG Local (Jarrow), North Tyneside CCG, North Tyneside Public Health, Teesdale Action Partnership, North Tyneside Council Holiday Activities Fund, Benefact Charitable Trust, Garfield Weston Foundation, RAF Benevolent Fund, Tyne & Wear and Northumberland Community Foundation and County Durham Community Foundation to name but a few.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

Some highlights and statistics around our youth and community work are:

Area	Outcome
Unique interactions with children, young people, families and vulnerable members of our community through our varied youth and community work	11,796 interactions
Total attendances at our after-school clubs (new provision)	2040
Interactions with young people through our centre-based youth activity	5980 interactions with 495 unique children and young people
Total interactions with children and young people through our holiday activities provision in all areas	701 interactions with children and young people
Number of hot and healthy meals served to the community reducing isolation in Teesdale	712
Interactions with vulnerable members of the community in North Shields through our free Community Meals	365 since January 2023

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

At the end of the financial year, Ray Blythe, Head of Community left and was replaced by Helen Noble, Director of Community & Social Enterprise following a new structure and portfolio areas agreed at the March 2023 meeting for implementation in April 2023.

For the upcoming year, we look to develop our 'Path with a Purpose' framework, designed to provide programmes and opportunities for children and young people to realise their full potential to Hope, Belong, Contribute, and Thrive. The programmes will be open to all, ensuring no matter a person's circumstances, background, or characteristics, they are able to grow, which in turn, strengthens our communities, creating a sustainable impact. The framework will be supported by a gap analysis of provisions within our communities, ensuring that we provide meaningful, enriching and impactful experiences and opportunities. Additionally, we aim to launch a 'bursary scheme' approach, so those who are financially disadvantaged are able to contribute and thrive in our 'opportunities for all' approach. As we further develop 'Path with a Purpose', we aim to ensure that we have services for infancy to adulthood.

#### **Volunteering, Fundraising & Partnerships**

In October 2022, we appointed a new role to the organisation; Volunteer Coordinator (VC), Connor Fenton. Since this appointment, our cohort of regular volunteers has continued to gradually rise across North Tyneside, Teesdale, and Patterdale. We identified the need for a Volunteer Coordinator role to further develop our volunteer offer, both to support our internal teams and extend the services we provide, as well as providing meaningful opportunities to our community to support the development of skills, knowledge and experience. Our VC worked alongside the former Head of Community and designed a full volunteer pathway to show a clear pathway for volunteers.

Some highlights and statistics around our volunteering are:

	Oct (17th onwards)	Nov	Dec	Jan	Feb	March
Regular Volunteers Recruited	1	6	6	10	8	8
Total Volunteering Hours	98.5	270	187	387	411	506.5

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

**North Tyneside:** Volunteers support in all facets of the organisation, these are not only in our front-facing roles such as our gym, cafe, and nursery but in our back office roles including community admin, IT, and marketing.

**Teesdale:** YMCA mentoring has now been extended over to Teesdale with the aim of supporting 5 young females to raise their confidence and resilience. Volunteers continue to support within our youth groups and community cafe to provide the best service to the community.

**Patterdale:** The addition of the 3 new lodges was supported by several different groups of volunteers that aided in creating new walkways, planting trees and plants. All while ensuring The Estate is clean and tidy for guests attending.

When reaching the 3-month stage of volunteering with the organisation, a review is completed with the individual to discuss their experience so far. To date, 100% of reviews completed by the volunteer rated their own self-esteem and confidence as either being the same or improved. When completing a review, one volunteer mentioned that volunteering had provided them with a 'real sense of purpose' which they hadn't felt since the COVID pandemic began.

We continue to maintain some great relationships with our corporate partners, which has led to some fantastic pieces of work to support our community, such as our community meals which are regularly attended by the corporates that sponsored the meal, our empowering women talk lead by Sage, and Christmas campaign. Work on restoring our community allotment has just gotten underway with the goal of being able to utilise the produce within our supported accommodation, cafe, nursery, and community meals.

#### **Corporate Partners:**

Our approach continues to ensure corporate partnerships consist of long-term shared visions that aim to bring real change and impact to our communities. We aim to explore opportunities for our corporate partners that are engaging, motivating, fun but most importantly, impactful for all parties and beneficiaries. Through partnering with us, it is our belief that the much-needed money raised and time given will support some of the UK's most vulnerable young people and communities.

We want our partnerships to be mutually beneficial and we continue to explore a number of diverse opportunities to offer moving forward.

We have presented at **Clifford Chance** corporate offices, highlighting our Winter Campaign. This resulted in a large donation to improve digital communication for our unaccompanied asylum-seeking children and donations of Christmas gifts for our young people in supported accommodation.

Via our Winter Campaign, we have developed a close working relationship with a number of local businesses;

**E Turnbull & Son**, funeral directors - have sponsored our community meals, donated Christmas gifts and sponsored a language programme for our nursery children which is due to commence in the next financial year.

**Children of the Revolution**, children's clothes shop - have sponsored our community meals and volunteered at every meal, as well as donating Christmas gifts for nursery children and families.

**Daren Persson**, funeral Services - have sponsored our community meals and volunteered at many of our Christmas events as our Santa.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

**Just Italy**, Italian restaurant - have sponsored our community meals and are working with us to create a fundraiser event in the next financial year.

**Rein & Co**, hairdressers - have offered vouchers for free hair cuts around Christmas and New Year to vulnerable and financially in need individuals.

**Swanstyle Gifts**, gift shop - held a free gift wrapping event at Christmas time, wrapping up gifts for our residents to open on Christmas morning.

**Anna Leigh Vocal Studios**, musical mentor and tutor - donated all proceeds from their Christmas Charity Gig.

**Other local businesses** have sponsored one or more of our community meals and/or volunteered at the meals with their colleagues:

Tynemouth Coffee / Keel Row Books / Church Hairdressing / WORR / Cargo Creative / Regular Jo / Flashhouse / Straight Up Solutions / Turnitin.

Lastly, throughout the year, we have continued to develop and explore opportunities with SAGE UK and Newcastle Building Society (NBS). We continue to be grateful and appreciative of the support and time given.

**SAGE UK:** In partnership with SAGE UK, we have developed our Leaders for Life programme, aimed at young people facing multiple disadvantages. SAGE UK have heavily invested into our programme, providing time, effort and support. This programme commences at the start of the next financial year and will see leaders across SAGE UK interacting with and training our young people, enabling them to grow in body, mind and spirit. Alongside this programme, SAGE UK staff actively volunteer via their foundations day, providing us with well-needed support to maintain our community allotment.

**Newcastle Building Society (NBS):** In partnership with NBS, we were able to hold sessions and provide resources to our teams on financial health and wellbeing, providing much needed advice and information. Additionally, we provide their teams with advice around health and wellbeing via our gym staff who attend their on-site gym, providing inductions and guidance around physical wellbeing. We look forward to continuing our partnership in the new financial year with exciting developments.

Thank you to each and every business and the individuals who are supporting us financially and with their time, without this, we would not be able to deliver the level or quality of community support that we do. All of this significant activity would not be possible without an excellent and dedicated approach between our staff, volunteers and partners.

#### **Fundraising:**

In January 2023, we appointed a Fundraising Coordinator, Catherine Morton. Via our approach to fundraising, we aim to create strategies and implement initiatives that raise money, awareness and support for our charity and goals, as well as maintain donor relationships. Our fundraising strategy is to establish clear missions and causes for our fundraising initiatives across all our areas of delivery, building the framework for fundraising over the coming years.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

Our goal is to ensure we have a multifaceted approach to fundraising, looking at corporate partnerships, major donors, trusts, community events, direct marketing, and legacies. Through the work already underway, our visibility and awareness is increasing. We look forward to the many fundraising opportunities and initiatives planned for the next financial year, underpinned by our commitment to inclusive and diverse events and opportunities, ensuring there is something for everyone over the year.

### Social Enterprise

Through our Social Enterprises, we continue to explore diversification of our services, seeking optimisations that make the biggest difference to our bottom line so that operational surplus can be reinvested back into our charitable programmes enabling us to sustain the vital services and significant impact and outcomes we deliver to our beneficiaries.

During the year, we faced many challenges, including the slow return to 'normal' following the COVID-19 pandemic and return to work, affecting not only footfall into our social enterprises but also challenges around staffing. The combination of both the pandemic and BREXIT made recruitment in the UK a significant challenge which has been recorded as the highest level of recruitment difficulties on record (British Chambers of Commerce, 2022), this was also compounded by a war in Europe, a massive rise in the cost of living and the potential of being followed by recession. The cost of living crisis continued to present challenges, to our customers spending habits and our staff retention.

In October, Darren Mayne, Head of Enterprise & Commerce, left and was replaced by Helen Noble, Director of Community & Social Enterprise.

Whilst we were faced with many challenges, we were also faced with opportunities, and our teams worked tirelessly to optimise opportunities, our key headlines include:

**Cafe 1879:** Sales in our Cafe started to increase nearer the end of the financial year hitting all-time records for daily income, with an increase in footfall and average transaction values.

**Community Gym:** Our gym continues to perform well, with increases in membership and attendances.

**Day Nursery:** Our Nursery continues to grow, with Full Time Equivalents increasing, revenue growing, and an increase in demand growing for spaces.

### Cafe 1879

Our Community Cafe, named Cafe 1879 (with 1879 being the year that YMCA North Tyneside was founded here in North Shields), is a Hospitality and Catering Sector Based Work Academy, which is delivered in partnership with North Tyneside Council's Skills and Employment team. We offer Learners training and qualification opportunities, individual volunteering opportunities and placements for students and residents.

Over the course of the year, the Cafe faced a difficult trading environment, with the cost of living impacting customers whose spending habits changed, to the impact on the cost of food for resale following BREXIT and the war in Europe. However, through grit and determination, the team reduced the forecasted deficit by 19.6% (figure based on income through the till only, not via additional initiatives that are paid for via invoice etc).

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

The Cafe further developed throughout the year to provide a wider community offer, our community meals (noted above) are delivered in this welcoming space, with food provided by the kitchen staff, volunteers supporting the delivery, and the meals themselves sponsored by local businesses and funders. During the year, 10 community meals were served, feeding over 360 individuals, supporting the reduction of financial pressures and social isolation and benefits such as increased feelings of well-being and belonging.

The Cafe continued with optimisation for the final few months of the year, with the launch of loyalty cards, Saturday trade, Christmas meals, children's menus and more community-based initiatives such as Christmas Carolling in partnership with our Nursery and the children to name a few.

#### Day Nursery

Our 65-place day nursery continues to grow with 120 children on roll across the three rooms; 0-2-year-olds, 2-year-olds and 3-5-year-olds during the 22-23 financial year.

In October, we launched our new curriculum, Creating Positive Outcomes, in partnership with YMCA Black Country Group. The curriculum is underpinned by 6 pillars for learning; mind, body, spirit, belong, contribute and thrive. With the aim of our children being inquisitive, curious, independent learners with a lifelong love of learning, the curriculum is built upon the Early Years Foundation Stage (EYFS), incorporating all 7 areas of learning. Through the creative and engaging approach, the nursery will provide children with opportunities to explore a range of concepts.

This year, we secured grants to develop the nursery. Firstly, we invested in our outdoor learning environment to complement our new curriculum further. Providing children with a space to be creative and enhance their learning, as an extension of the provision inside the nursery. To further improve the safety of our Nursery, we installed a fence and gate around the front of our nursery, allowing children to be picked up and/or dropped off safely and providing a high-quality handover with practitioners.

We continue to support the learning and development of all staff with over 70 hours of CPD work being completed. This is also keeping the emphasis on developing apprentices, as a route into the progression. One individual in the year, Shelbie Amos, successfully completed Level 2 in Childcare and Development, they remain employed with us and are looking to complete Level 3. In addition, we have a further 3 staff continuing their apprenticeship studies who are due to complete in the next financial year. Additionally, our Nursery Manager, Ian Pearson, completed his Level 5 in Operational and Departmental Management. Finally, our Deputy Nursery Manager, Kirsty Laws, completed the Level 3 SENCO course delivered by the North Tyneside Early Years Team, providing a more comprehensive skilled team within the nursery. We look to further developing our teams next year, particularly around SENCO.

For the first time since opening, we have welcomed the opportunity to have volunteers join us in the nursery. Firstly, we had Sandra, who volunteers with us on Monday, Tuesday and Wednesday from lunchtime, offering a much-needed extra pair of hands. Sandra has been welcomed by our preschool children particularly, and it is wonderful to see the bond they have with each other. In total, we are now supported by 3 volunteers throughout the week. Volunteers within the setting have been a huge benefit, supporting activities, helping on trips and offering a range of skills and experience to complement our existing staff team. Further to this, our volunteers have provided feedback commenting on an increase in their confidence, self-esteem and emotional intelligence.

We continue to have a good relationship with local early years training providers such as Winnovation, TyneMet and Newcastle College and during the year, we've provided over 6200 hours of student placement. One student who was on placement with us is now completing their degree in Early Childhood studies. One student stated, "I am grateful for the skills and knowledge I acquired during my tenure. The opportunity to learn from seasoned professionals has been invaluable".

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

Across the Early Years sector, there has been a significant increase in children presenting with early SEND needs. This has had a significant impact on the level of support individual children and their families have needed across the last 12 months. Kirsty, our SENCO and deputy manager, has worked hard engaging with other professionals, to ensure every child identified has had the best possible support to ensure they thrive whilst at nursery. We have delivered the equivalent of over 1,400 hours of targeted intervention work with children to support their early development within the setting.

Ian and Kirsty have continued to support seven families in chairing or attending early help assessment, and team around the family meetings. This is key work alongside other professionals supporting the needs of the child and the whole family. These meetings take place every 6 weeks, often with additional work and support between each of the meetings.

The Early Years sector has continued to be hit hard by the lack of qualified staff being trained through further educational colleges and also the high level of qualified practitioners choosing to leave early years. Staff retention has been a growing concern across all early-year provisions, this is certainly not something that YMCA Day Nursery has faced alone.

Further to this, we face increasing costs and a lack of increased funding for Early Years, the latter falling far short of the support needed to enable us to deliver the Government's free childcare scheme, as inflation and National Living Wage outstripped any increases across England. In March, we worked with our colleagues across YMCAs to produce the report "Contextualising the Early Years National Funding Formula 2023/2024". Many nurseries were having to make difficult decisions about their early year's settings. Following on from this, in the Government's Spring Budget briefing, we were pleased to note significant announcements around early years, which we look forward to hearing further developments of in the next financial year.

Our ambition for the future is to continue to ensure every child placed in our care can access our YMCA curriculum and create positive outcomes. We want to continuously improve our learning environment to ensure every child can develop in Body, Mind and Spirit and have the opportunity to Belong, Contribute and Thrive. Additionally, we seek to support further by continuing to support Baby & Toddler Groups and the 0-19 Baby Clinic, providing wider care to the families within our Nursery.

In terms of metrics, our 65 place day nursery continues to grow with 120 children on roll across the three rooms; 0-2-year-olds, 2-year-olds and 3-5-year-olds. As the demand for places continues to grow, then it's not unusual for some half days and full days to be at 100% capacity, and parents/carers join a waiting list for a vacancy.

Some highlights and statistics around our nursery are:

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

#### Nursery Impact information

Total number of children on Roll	120	18 of these are registered to start over the coming months
Number of Boys	64	As a percentage of those on Roll = 53%
Number of Girls	56	As a percentage of those on Roll = 47%
Baby Room	39	As a percentage of those on Roll and started = 32%
Toddlers	43	As a percentage of those on Roll and started = 36%
Pre-school	38	As a percentage of those on Roll = 32%
Number of 2yr olds in receipt of 15 hours funding	23	As a percentage of those on Roll = 19%
3-year-olds with additional 15 hours*NB every 3yr old gets 15hours of funding the term after their 3rd birthday	13	As a percentage of those on Roll = 11%
Children receiving additional funding for targeted intervention work	5	Equivalent of 1423 hours of targeted intervention work across the academic year.
Referrals from Teacher for Transient Families	2	
Families with early help	7	Meeting every 6 weeks with nursery manager/key worker and other professionals.
Children with SEN.	8	
Child in need	1	
Transition reports completed for new settings	28	
Other professionals engaged with		<ul style="list-style-type: none"> <li>• Speech &amp; Language Therapists</li> <li>• Paediatrician</li> <li>• Dean Centre for Communication</li> <li>• Health visitors</li> <li>• Social Workers</li> <li>• Family Refuge</li> <li>• Educational Psychologist</li> <li>• Teacher for Transient families</li> </ul>
Staff CPD		Staff have spent over 70 hours engaged in CPD

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Health & Wellbeing

This year, we have continued to grow post-COVID-19, which had a significant negative impact on the health and wellbeing sector. Our members have continued to return throughout the year, resulting in our Direct Debit numbers growing and ending in March 2023 with over 1000, an increase of 25% from March 2022. The growth has been through our commitment to high-quality classes, qualified instructors, safe spaces and a strong marketing strategy to highlight our gym to our community in a highly-competitive market.

During the year, we have delivered to our corporate partners, SAGE UK delivering presentations on 'moving more at work' and 'desk stretches' and Newcastle Building Society, delivering inductions in their onsite gym. We've also worked alongside Northumberland and Tyneside MIND, delivering 12-week gym programmes for their Inequality Programme. During the latter part of the year, we have begun collaborating with CanRehab, a charity based in London delivering exercise programmes for adults aged between 20-30 years. Our Deputy Gym Manager, Sarah Blakey, was enrolled on a level 4 Cancer Rehabilitation course, we envision delivery of the programme commencing September 2023.

During the past year, some other notable Health & Well-being performances have been:

Number of Active Gym Members (YE 22/23)	1796
Monthly Member Attendances average visits	4852 <u>increase</u> of 567 members per month of which 828 attendances are U18.
U18 Inductions (April 22 - March 23)	266
Healthy Hearts & Exercise on Prescription Attendances (April 22 - March 23)	1162 Healthy Hearts 416 Prescription attendances within the gym
Yearly attendance throughout our Health & Wellbeing Offer	58,233

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### HR & Organisational Development (People)

#### The year in numbers:

- We currently employ 95 staff members, made up of the following employment types:
  - 73 permanent members of staff (on various hourly contracts)
  - 34 full-time, making up 46.57 % of the permanent workforce
  - 37 part-time members of staff, making up 50.6% of the permanent workforce
  - 9 fixed-term, making up 12.2% of the workforce
- 4 of these are Apprentices in the Nursery
- 2 term time, making up 2.7% of the permanent workforce
- 13 bank members of staff (zero-hour workers)
- Our current workforce is made up of the following demographic groups:
  - GENDER: 80% of our workforce is made up of women, and 20% of the workforce is made up of males.
  - ETHNICITY: 49.4% of the workforce is made up of "White-British", 3% of the workforce is made up of "White-Other", 1% of the workforce is made up of "Asian - Other", 47.3% of the workforce is made up of "Unknown"

AGE: 21% of our workforce is under 25 years of age, 29.4% of our workforce is 25-35 years of age, 21% of our workforce is 36-45 years of age, 18.9% of the workforce is 46-55 years of age, and 11.5% of the workforce is older than 55 years of age.

We are now in our 3rd year of our Strategic Plan and are making great progress with Priority 2:

We have continued to improve communications and gather feedback from staff on various topics, by conducting staff surveys. We have seen an increase in our response rate, from 45% (average taken from last year) to an average of 61% this year (based on the two surveys that were launched).

It was identified through exit interviews, appraisals and the financial well-being survey. The financial well-being survey "Making Ends Meet" was delivered by Society Matters. It was identified that we are already doing a lot for our staff, we, however, went beyond this and as a result of this survey that we decided to launch Reward Gateway in December 2023; the staff wanted more benefits that could be accessed by all; so we launched Reward Gateway in February 2023, which gives staff access to discounts for hundreds of retailers, access to a wellbeing centre, providing a range of fitness videos, financial support information and tools, healthy recipes and mindfulness resources. The Rewards Hub also allows employees to recognise each other's achievements by posting celebratory messages on the recognition wall, contributing to a collaborative and positive working culture.

We have increased our staff benefits by introducing flexible public holidays to enable staff to swap bank holidays to other meaningful holidays to them, in alignment with our Equal Opportunities policy. We continue to provide an Employee Assistance Programme, offering a complete support network that provides employees with expert information and compassionate guidance 24/7, covering issues including; stress and anxiety, work advice, relationship advice, financial well-being, legal information, family issues, childcare support, medical information, bereavement and alcohol and drug issues.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

We have continued 'maintaining excellence' status for Better Health at Work Award by delivering a programme of activities and campaigns to staff, volunteers, members and visitors. This has been done through awareness days, talks, interactive activities, coffee mornings and social events. We have recruited 1 new Health Advocate, we currently have 8 health advocates, and we hope to recruit 1 more this coming year. We have participated in a number of Sharing of Good Practice events with the Newcastle Building Society.

In March, we delivered menopause training to 8 employees, both male and female, from across the organisation to create an environment in which all our employees feel informed about menopause and are comfortable and confident talking about its impact. After the training was delivered, we launched the menopause policy, which sets out the roles and responsibilities of those in the organisation and how we can support.

We have continued to support employees' mental well-being by having 9 trained Mental Health First Aiders, we also launched the Mental Health First Aider policy to outline the responsibilities and expectations of mental health first aiders.

We have relaunched Focus Groups, enabling greater employee voice, we invite staff from across all departments to share their thoughts and suggestions on a range of different topics such as Staff Benefits, Leadership and more. These were relaunched to gain valuable feedback from our staff to inform our future decisions with our teams in mind.

We continue to upskill and support the development of our employees. We have had two apprenticeships completed, one in the Nursery (Level 2) and one in HR (Level 3). We have had two managers complete Managerial Level 5 qualifications. We have continued to use iHASCO as our online training provider, we continue to review new courses that may be beneficial to our employees' development. We have logged 1,300 hours of CPD across the organisation and issued 2,469 certificates. Staff, via this platform, are able to access modules on topics such as Safeguarding, Equality, Diversity and Inclusion, Mental Health Awareness, Resilience, Prevent Duty, FGM Awareness, Unconscious Bias, GDPR Essentials, Lone Working and more.

We have continued to use an 'all staff notice board' which allows our staff from across all departments to interact with each other, this allows us to celebrate together and provide updates timely. We have an HR newsletter monthly newsletter which informs staff about new benefits, events, awareness days and new staff and volunteers across the organisation. Our staff portal is a great way for staff to find all of the items and information they are likely to need on a regular basis, many of which come with helpful 'how to' guides.

We continue to work collaboratively to achieve our strategic goals, our People Strategy working group includes 2 board members, which will expand to 3 in the next financial year. This is a valuable way to be able to share ideas and gain feedback prior to launching new initiatives. Alongside WLT meetings for departmental managers, we have launched Leadership meetings for the senior leadership team, encouraging collaboration and sharing of best practices.

Following the launch of our WLT meetings which were launched to aid the leadership development of our teams, our Leadership programme will be launched in September 2023 to grow and develop Everyday Leaders.

As an HR department, we have grown, the HR department now is made up of 3 members of staff, which will enable more capacity to improve our processes and achieve our strategic goals. We will continue to work collaboratively through Leadership Meetings, People Strategy Working groups and working with partners.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Business & Service Improvement (BSI)

This team supports projects that help improve performance and processes across the different frontline and back-office areas, as well as making sure we are compliant with regulatory requirements. The function tracks performance against our critical Key Performance Indicators and informs the Finance Strategic Working Group, Board of Trustees and wider management team about performance.

The implementation of digital incident and accident reports (IONA) has led to increased levels of reporting and an improved culture of health and safety. Digital monthly Health & Safety Audits have made the process quicker and easier and significantly reduced the time from issues being identified to being actioned. The Health & Safety Working Group has therefore been able to spend more time on development issues, as opposed to getting involved in more operational issues; which are largely reported to them as resolved. Our Health & Safety Consultant (Marlene Robinson) says that "YMCA has an excellent Health & Safety culture".

Similarly, the Policy Working Group has made good strides in introducing new policies to plug gaps in cover, enhancing existing policies and planning to regularly review and update policies going forward.

The online training portal iHASCO has enabled over 100 employees to access 1340 hours of learning, achieving over 2550 certificates in topics as varied as; Health & Safety, Mental Health Awareness, Equality & Diversity, Prevent Duty and GDPR. The rollout programme continues with new courses being added monthly - often in tandem with the release of a new or recently renewed policy.

### Property and Places

The year in numbers:

- 100% of compliance checks delivered
- Several flats In Sir James Knott House were refurbished throughout the year
- 21 repairs (average) were identified and fixed each month
- 90% of repairs were completed within expected timescales

### IMPACT Management

Hope, Belong, Contribute, and Thrive are words that are synonymous with YMCA. They encapsulate our desired outcomes, so that everyone we engage with would truly feel that they Belong to something bigger, can Contribute to their communities, and are able to Thrive in life.

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

To help express this sentiment, we have geared our impact recording to align with this categorical framework. Each function ties its impact reporting to align with this to help more clearly communicate a shared framework across the organisation. As with the Strength's Model framework, which we have been using within our Housing provision for several years, within the three categorical areas of Belong, Contribute and Thrive are complementary terms or strength indicators, which help pinpoint particular areas of growth; the exact terms will vary per function to be most relevant to those beneficiaries, but tie back to categories of our three main areas. For example, growing in health and resilience would sit under the category of Thrive, while learning about teamwork and volunteering would sit under Contribute. By having the three main categories that are key to our organisational values, as well as more detailed complementary indicators, we believe this framework helps us tangibly remember and celebrate growth with our beneficiaries while also enabling us to communicate, in a digestible manner, with our stakeholders regarding the impact of our work.

With Greater Reach and Impact being one of our three key strategic priorities as an organisation; we have an Impact Strategic Working Group that meets multiple times of the year. This group includes key stakeholders within the organisation, including board and strategic advisor representation. Now more than two years running, this working group serves as a catalyst for continuous improvement and evaluation in considering how we best capture and report on our impact on a regular basis.

In relation to continuous improvement, we regularly evaluate if our mechanisms for tangibly capturing impact our still fit for purpose. In the past year, we identified the need to find a system that would help our community team to more practically capture their work, much of which is done outside our main building. This led us to a new system called Coordinate Sport, which is designed with a mobile first approach, enabling recording to be done on the spot by mobile or tablet, increasing our quality and quantity of data. Coordinate Sport is now implemented, and the team will continue to utilise this in the next financial year, streamlining the administrative requirements, capturing data and outcomes and enabling the team to be organised across all of our geographic areas of delivery.

Lastly, we continue to actively participate and lend into YMCA England & Wales National Impact Dashboard. The dashboard seeks to help us, as a leading national provider of youth and community work as a Federation, communicate our combined positive impact throughout the country. <https://impact.ymca.org.uk/>

#### **Patterdale Hall Estate (PHEL)**

At the Patterdale Estate, we have adopted a fresh perspective on measuring our performance. While our previous focus was primarily on annual occupancy rates, we have now shifted our attention to monthly sales & deferred income figures. This strategic adjustment stems from a deepened comprehension of our business dynamics and the recognition of long-term implications influenced by external factors, such as the cost of living and political uncertainties.

As a result, here are the sales figures over the Financial Year 22/23 (FY22/23) and the previous few years;

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

<i>PHEL annual sales performance*</i>		*Data via - Anytime booking system					
	FY19/20	FY20/21		FY21/22		FY22/23	
Caravan bookings	239	361		478		486	
Caravan nights	924	1426		1703		1828	
Self-catering bookings	244	436		563		574	
Self-catering nights	1703	2832		3361		3567	
<b>Total bookings</b>	<b>483</b>	<b>797</b>	<b>65.01%</b>	<b>1041</b>	<b>30.61%</b>	<b>1060</b>	<b>1.83%</b>
<b>Total nights</b>	<b>2515</b>	<b>4258</b>	<b>69.30%</b>	<b>5064</b>	<b>18.93%</b>	<b>5395</b>	<b>6.54%</b>
			Growth		Growth		Growth

Our total bookings have only grown a small amount from the previous year, but our sales value has increased by 24.49%. This is an outcome of our increased retail and also selling higher rate of extended stays.

Occupancy For 22/23, our self-catering occupancy was 73%. As mentioned above, we are shifting from prioritising “occupancy” as a focus, as is not always conducive to current or future performance figures. One of the issues with occupancy is that it is subject to manipulation, whereas sales and turnover are not. For example, 100% occupied with 50% pricing is not a successful business and therefore, the occupancy figure would not truly represent the financial health of the business. However, occupancy remains useful in order to calculate monthly costs.

#### Project delivery

Through the last financial year, we saw the Estate team successfully deliver on;

- A renewed and increased, site-wide septic treatment system

- Installation of two new maintenance workshops/stores

- Development of three new “Lakeview” lodges

- 3x New kitchens and several optimisation works to existing properties

## YMCA North Tyneside

### Strategic Report for the Year Ended 31 March 2023

#### "Lakeview" lodge performance

As a group, Lakeviews are 20% of our physical offer

Financially, Lakeviews represent 17.85% of potential self-catering income.

During Q4, Lakeview lodges accounted for 36% of bookings,

During Q4, Lakeview lodges accounted for 44% of total booking values.

The above figures indicate that we have seen the successful launch of these properties, but we must now keep in mind the sales and marketing of our original units.

#### Usual operations

Last year, we further progressed our operational adaptation, in light of the recruitment difficulties in the Ullswater Valley. This has so far led to a lean into outsourced labour and a smaller in-house team. So far, we've met this challenge with efficiencies and streamlined processes in order to fulfil our workload. These difficulties are reflective of the wider area, with the aforementioned impact of the pandemic and BREXIT.

#### Airbnb

In response to a decrease in bookings observed during Q3, we strategically leveraged the Airbnb platform to target and engage a fresh customer segment. Since implementing this approach, we have successfully secured 33 bookings since December. The feedback received from these newly attracted visitors has been overwhelmingly positive, and we are already reaping the rewards of direct rebooking, with guests expressing their desire to extend their stay or revisit within weeks.

#### Customer feedback

Our customer feedback remains at an overall 4.8 out of 5, this is from scores given across Customer Service, Information, Housekeeping, and Property.

#### 2023-24 and Looking Ahead

As we look ahead to the upcoming year, we have already secured 596 future bookings. Our strategic focus now shifts towards marketing the remaining units, while simultaneously attracting a fresh, long-term, customer base to the Estate. We are working with an outsourced marketing agency in the re-design of our landing page and developments to our booking calendar, as well as drawing on the expertise of the wider team at YMCA North Tyneside.

Furthermore, we are presented with a significant opportunity to redefine our relationship with our wider land holdings, as our current farm tenancy agreement approaches its conclusion. This impending transition not only holds the potential to generate a new revenue stream for our business but also has the capacity to actively involve and support the work of the wider charity.

#### **Financial and Operating Review**

At year-end 31 March 2023, the Group had fixed and investment property assets of £7,820,003, reserves totalling £7,325,670 and an annual turnover of £2,442,275.

The Group's principal sources of income arise from its charitable activities of providing Accommodation, Health and Wellbeing services and Family, Youth and Children's Work.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

The Group achieved turnover from our social housing and other activities for the year ended 31 March 2023 of £744,224, an increase of 67%, and is largely due to new social housing schemes in the year.

### Regulator of Social Housing - Value for Money metrics

The revised Value for Money Standard issued by the Regulator for Social Housing requires the publication of value for money metrics. These are not entirely applicable or easily comparable, given the breadth of the charity's activities. An explanation of the metrics is set out below where necessary.

#### **Metric 1 - Reinvestment percentage: 1%**

The reinvestment percentage considers the investment in properties (both existing stock as well as any new supply) as a percentage of the value of total properties held, demonstrating the scale of investment in relation to the size of the asset base. During the year, no investment in properties was made.

#### **Metric 2 - New supply (Social housing units) delivered percentage: 42%**

The new supply percentage sets out the number of new social housing units that have been acquired or developed in the year as a proportion of total social housing units owned at year end.

#### **Metric 3 - Gearing : 13%**

The gearing percentage assesses the proportion of the adjusted assets that are made up of debt and the degree of dependence on debt finance, demonstrating the proportion of borrowing in relation to the size of the asset base. This percentage is negative at the year-end as cash and cash equivalent balances exceed debt.

#### **Metric 4 - Earnings before interest, tax, depreciation, amortisation, major repairs included (EBITDA MRI) Interest cover: -1557%**

The interest cover metric seeks to assess liquidity and investment capacity by measuring the level of surplus generated compared to interest payable; the measure avoids any distortions stemming from the depreciation charge. The revaluation of the investment properties and relatively low amount of interest payable have caused the metric to be distorted.

#### **Metric 5 - Headline social housing cost per unit: £15,220**

The Charity currently solely provides supported housing and incurs the associated costs in providing this support to residents, resulting in this relatively high cost per unit.

#### **Metric 6 - Operating margin: 29.4%**

#### **Metric 7 - Return on capital employed (ROCE): -4.8%**

This metric compares the operating surplus to total assets less current liabilities and it indicates the efficiency achieved in the investment of capital resources.

### Value for Money (VfM)

At YMCA North Tyneside we want to provide value for money. This means getting the maximum benefit for the resources we have available and getting the balance right between cost and quality. It means spending well and spending wisely.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

Value for Money is now a collective objective for all employees, employees understand that Value for Money and Expenditure Control is as much about the quality as it is about the cost and is applied to day-to-day decision-making.

The Board believes the delivery of value for money is key to the delivery of our main objectives.

Our overall aim is to gradually reduce unit costs through cost control, better use of technology and growth. The Association has the objective of achieving an operating margin of 10% in the medium-term, whilst working to make the business operate more economically, efficiently and effectively through a programme of incremental, sustainable improvements. The approach is captured in five value-for-money commitments:

**Cost Savings and Procurement:** We will scrutinise spending and challenge costs to ensure we achieve greater economy, reduce waste and deliver greater value

**Asset Management:** We will seek to maximise return on our current property assets

**Customer Service:** We will provide good quality services and increase customer satisfaction without exceeding the Supported Housing provider median for management costs

**Growth:** We will maximise the potential of our resources in order to deliver more homes and services

**Business Efficiency:** We will deliver efficiencies across the Association by reducing overheads, streamlining back-office processes and systems, making better use of data, automating processing activity and improving cost analysis

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Compliance with the Regulator of Social Housing's Governance and Viability Standard

The Trustees confirm that the Association has complied with the Governance & Financial Viability Standard.

### Future Prospects

Our Strategic Plan sets out a clear direction and purpose for the next few years. We remain ambitious with our goals and aim to generate increased income in all areas of the Charity to ensure our short and long-term sustainability and to continue meeting our charitable objectives. We continue to set annual KPI targets, and during the next 12 to 18 months, we will cement a new organisational strategy for 2025 and beyond, as well as a new Housing Development Strategy.

### Group as a Going Concern

The financial statements are prepared on the basis that YMCA North Tyneside will continue for the forthcoming 12 months from the date of signing of these financial statements. The Charity's business plan has been stress tested and the Board has considered the potential impacts from numerous multi-variant adverse scenarios. The stress testing has predominantly focussed on the financial risks associated with the delivery of the remaining 3 years of the organisation's strategic plan. Ensuring the business can continue in the short and longer term has also been considered and mitigations exist for all scenarios as a precaution to ensure compliance with all covenant and regulatory requirements.

### Funds and Reserves

The Charity has various funds available to finance its activities. These are unrestricted, restricted and designated reserves. Unrestricted reserves are funds that are expendable at the discretion of the Board in furtherance of the Charity's Objects. Restricted funds are funds restricted by the funder for specific purposes that are still within the wider Objects of the Charity. Currently, the Association has funds that fall within the restricted category.

The Board has also designated a portion of its unrestricted funds for specific and focused purposes.

Trustees have a duty to balance the needs of current and future beneficiaries of the charity. A charity needs to have sufficient reserves to allow it to cover known liabilities and contingencies, absorb setbacks and take advantage of change and opportunities, at the same time recognising that charity law requires any income received by a charity to be spent within a reasonable period of receipt.

The Trustees have agreed a reserves policy that takes into account the charity's financial circumstances and other relevant factors. The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months operating costs, estimated to be £400,000 - £600,000. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

At year-end 31st March 2023 free reserves were £181,523 (2022 £456,905). YMCA North Tyneside also has significant fixed assets and investment properties that could be used as collateral or liquidated within a 6-24 month period.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Revaluation Reserve

This represents unrealised investment gains set aside due to the volatile nature of the Stock Market in order to guard against future decreases. It also reflects changes in the valuation of the Charity properties, the latest valuation having been conducted in North Tyneside and at Patterdale in June 2017 with the next valuation to take place in late 2023.

### Risk Management Policy

The Board members recognise their responsibilities and are committed to minimising all the risks to the Charity. The Risk Management Policy reviews both the probability and impact of the potential risk to the Association. The Board has examined the major strategic, business and operational risks that the Charity faces and confirmed that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Board will review the Risk Management Policy on an annual basis. During the year, we reviewed our Data Protection Policies and updated these in light of GDPR. In addition, Internal Control risks are minimised by the implementation of policies and procedures, which are subject to an annual review. The Management Team have recently implemented a Risk Assessment procedure for each new piece of programme initiated, as and when it arises.

### Statement of internal controls

The YMCA Board has overall responsibility for establishing and maintaining the Group's system of internal controls and for regularly reviewing its effectiveness.

The Board recognises that no system of internal controls can provide absolute assurance against financial misstatement or loss or eliminate all risk. The system of internal controls is designed to manage risk and to provide reasonable assurance that key business objectives and expected outcomes will be achieved. It also exists to give reasonable assurance about the preparation and reliability of financial and operational information and the safeguarding of the Group's assets and interests.

The Chief Executive/Group Finance Director presents a detailed report to the Audit Committee and Board each year on Internal Controls Assurance - this is done in conjunction with our strategic advisor and Chair of the Audit Group, Peter Colley. As a result of the consideration of this report, the Board is prepared to make this statement.

The Board confirms that there is an ongoing process for identifying, evaluating and managing the significant risks faced by the Association, and a robust and prudent business planning, risk, and control framework is in place. This approach has operated throughout the year under review up to and including the date of approval of the annual report and financial statements.

### Investment Policy and Performance

Under its Memorandum and Articles of Association, the Charity has the power to make any investment that the Board sees fit. The objective of the investment policy is to achieve a balance between current income and long-term capital growth. Any investments are managed on a discretionary basis by external investment advisers Brewin Dolphin Wealth Management and performance is reviewed on a regular basis.

# YMCA North Tyneside

## Strategic Report for the Year Ended 31 March 2023

### Results

The challenging economic landscape over the last 12 months has had a significant impact on the Charity, with rising costs, recruitment issues and the cost of living crisis being a contributory factor to the £387,352 deficit position at the end of the year. With no further government funding to help post-pandemic, the Charity has had to focus on developing all income-generating areas of the organisation as well as controlling costs while maintaining our commitment to our Strategic Plan. Our success stories include our ability to receive funding and provide ongoing valued Community Programmes, running a thriving gym and cafe when both these sectors are struggling and our continued investment in commercially viable housing schemes that are in line with our principles.

Although the charity took proactive action to reduce its cost base and implement efficiencies where possible, the consolidated balance sheet shows a reduction in unrestricted funds of £253,526. At the year-end, the total funds of the group amount to £7,325,670, the majority of which is represented by fixed assets and investments.

The Charity ended the year with a cash balance figure of £414,183. However, the charity has loans totalling £609,375, of which £31,667 was a Bounce Back loan taken out during the coronavirus outbreak.

The wholly-owned subsidiary Patterdale Hall Estate Limited has made a small loss of £60,492.

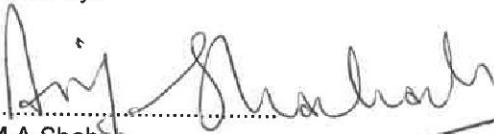
### Auditors

Azets Audit Services have indicated their willingness to continue in office.

### Preparation of Accounts

This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities in accordance with the Charity SORP 2005 and taking into account the Statement of Recommended Practice (SORP) Accounting by Registered Housing Providers 2018.

The strategic report was approved by the trustees of the charity on 15/09/2023 and signed on its behalf by:

  
.....  
M A Shahab  
Trustee

# YMCA North Tyneside

## Statement of Trustees' Responsibilities


The trustees (who are also the directors of YMCA North Tyneside for the purposes of company law) are responsible for preparing the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 15/09/2023 and signed on its behalf by:

  
.....  
M A Shahab  
Trustee

# YMCA North Tyneside

## Independent Auditor's Report to the Members of YMCA North Tyneside

### Opinion

We have audited the financial statements of YMCA North Tyneside (the 'charitable parent company') and its subsidiary (the 'group') for the year ended 31 March 2023, which comprise the Consolidated Statement of Financial Activities, Consolidated Balance Sheet, Balance Sheet, Consolidated Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice), adopted to include additional disclosures required by the Housing SORP 2018 and the Accounting Direction for Private Registered Providers of Social Housing 2019.

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charity's affairs as at 31 March 2023 and of the group's incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's ability to continue as a going concern for a period of at least twelve months from when the financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

## YMCA North Tyneside

### Independent Auditor's Report to the Members of YMCA North Tyneside

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### **Opinion on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Financial Statements and Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Financial Statements and Trustees' Report have been prepared in accordance with applicable legal requirements.

#### **Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Strategic Report .

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

#### **Responsibilities of trustees**

As explained more fully in the statement of trustees responsibilities Statement of Trustees' Responsibilities (set out on page 34), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

#### **Auditor responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

## **YMCA North Tyneside**

### **Independent Auditor's Report to the Members of YMCA North Tyneside**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiries with management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing board minutes;
- Reviewing the published Ofsted report;
- Challenging assumptions and judgements made by management in their significant accounting estimates; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias.

Because of the field in which the client operates, we identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; employment laws; compliance with Ofsted; and compliance with the UK Companies Act and Charities Act.

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with ISAs (UK). For instance, the further removed non-compliance is from the event and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## YMCA North Tyneside

### Independent Auditor's Report to the Members of YMCA North Tyneside

#### Use of our report

This report is made solely to the charitable parent company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the group's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable parent company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Simon Brown BA ACA DChA (Senior Statutory Auditor)

For and on behalf of Azets Audit Services

Chartered Accountants

Statutory Auditor

Bulman House

Regent Centre

Gosforth

Newcastle upon Tyne

NE3 3LS

Date: 19/19/2023

Azets Audit Services is a trading name of Azets Audit Services Limited

## YMCA North Tyneside

### Consolidated Statement of Financial Activities for the Year Ended 31 March 2023 (Including Consolidated Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
<b>Income and Endowments from:</b>					
Donations and legacies	3	30,282	26,366	56,648	210,082
Charitable activities	4	1,714,955	292,407	2,007,362	1,548,226
Other trading activities	5	300,693	-	300,693	378,907
Investment income	6	30,613	-	30,613	32,068
Other income	7	46,959	-	46,959	357,823
Total Income		<u>2,123,502</u>	<u>318,773</u>	<u>2,442,275</u>	<u>2,527,106</u>
<b>Expenditure on:</b>					
Raising funds	8	(393,778)	-	(393,778)	(324,394)
Charitable activities	9	<u>(1,974,853)</u>	<u>(452,599)</u>	<u>(2,427,452)</u>	<u>(1,991,306)</u>
Total Expenditure		(2,368,631)	(452,599)	(2,821,230)	(2,315,700)
Gains/losses on investment assets		<u>(8,397)</u>	<u>-</u>	<u>(8,397)</u>	<u>521,237</u>
Net (expenditure)/income		(253,526)	(133,826)	(387,352)	732,643
<b>Other recognised gains and losses</b>					
Actuarial (losses) on defined benefit pension schemes		<u>-</u>	<u>-</u>	<u>-</u>	<u>(6,110)</u>
Net movement in funds		(253,526)	(133,826)	(387,352)	726,533
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>7,546,579</u>	<u>166,443</u>	<u>7,713,022</u>	<u>6,986,489</u>
Total funds carried forward	27	<u>7,293,053</u>	<u>32,617</u>	<u>7,325,670</u>	<u>7,713,022</u>

All of the group's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 27.

## YMCA North Tyneside

### Comparative Consolidated Statement of Financial Activities for the Year Ended 31 March 2022 (Including Consolidated Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	160,082	50,000	210,082
Charitable activities	4	1,238,669	309,557	1,548,226
Other trading activities	5	378,907	-	378,907
Investment income	6	32,068	-	32,068
Other income	7	268,367	89,456	357,823
Total income		<u>2,078,093</u>	<u>449,013</u>	<u>2,527,106</u>
<b>Expenditure on:</b>				
Raising funds	8	(324,394)	-	(324,394)
Charitable activities	9	<u>(1,599,939)</u>	<u>(391,367)</u>	<u>(1,991,306)</u>
Total expenditure		<u>(1,924,333)</u>	<u>(391,367)</u>	<u>(2,315,700)</u>
Gains/losses on investment assets		521,237	-	521,237
Net income		674,997	57,646	732,643
Transfers between funds		31,946	(31,946)	-
<b>Other recognised gains and losses</b>				
Actuarial gains / (losses) on defined benefit pension schemes		<u>(6,110)</u>	<u>-</u>	<u>(6,110)</u>
Net movement in funds		700,833	25,700	726,533
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>6,845,746</u>	<u>140,743</u>	<u>6,986,489</u>
Total funds carried forward	27	<u><u>7,546,579</u></u>	<u><u>166,443</u></u>	<u><u>7,713,022</u></u>

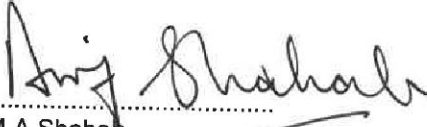
# YMCA North Tyneside

(Registration number: 02703063)

## Consolidated Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	17	6,619,505	6,279,481
Investments	18	1,200,498	1,200,498
		<u>7,820,003</u>	<u>7,479,979</u>
<b>Current assets</b>			
Stocks	19	-	304
Debtors	20	134,800	301,808
Investments	21	113,974	121,200
Cash at bank and in hand		414,183	519,402
		<u>662,957</u>	<u>942,714</u>
<b>Creditors: Amounts falling due within one year</b>	22	<u>(448,817)</u>	<u>(319,366)</u>
<b>Net current assets</b>		<u>214,140</u>	<u>623,348</u>
<b>Total assets less current liabilities</b>		8,034,143	8,103,327
<b>Creditors: Amounts falling due after more than one year</b>	23	(573,606)	(231,891)
<b>Provisions</b>	25	<u>(134,867)</u>	<u>(158,414)</u>
<b>Net assets</b>		<u>7,325,670</u>	<u>7,713,022</u>
<b>Funds of the group:</b>			
<b>Restricted</b>		<u>32,617</u>	<u>166,443</u>
<b>Unrestricted income funds</b>			
Designated funds		1,255,401	1,255,401
General funds		6,037,652	6,291,178
Total unrestricted funds		<u>7,293,053</u>	<u>7,546,579</u>
<b>Total funds</b>	27	<u>7,325,670</u>	<u>7,713,022</u>

The financial statements on pages 39 to 76 were approved by the trustees, and authorised for issue on 15/09/2023 and signed on their behalf by:

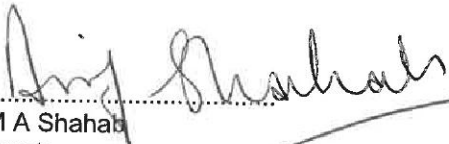
  
 M A Shahab  
 Trustee

# YMCA North Tyneside

(Registration number: 02703063)  
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	17	6,381,903	6,050,305
Investments	18	<u>1,200,598</u>	<u>1,200,598</u>
		<u>7,582,501</u>	<u>7,250,903</u>
<b>Current assets</b>			
Stocks	19	-	150
Debtors	20	141,390	287,001
Investments	21	113,974	121,200
Cash at bank and in hand		<u>365,028</u>	<u>400,140</u>
		620,392	808,491
<b>Creditors: Amounts falling due within one year</b>	22	<u>(272,158)</u>	<u>(163,143)</u>
<b>Net current assets</b>		<u>348,234</u>	<u>645,348</u>
<b>Total assets less current liabilities</b>		7,930,735	7,896,251
<b>Creditors: Amounts falling due after more than one year</b>	23	(551,939)	(200,224)
<b>Provisions</b>	25	<u>(134,867)</u>	<u>(158,414)</u>
<b>Net assets</b>		<u>7,243,929</u>	<u>7,537,613</u>
<b>Funds of the charity:</b>			
<b>Restricted</b>		<u>32,617</u>	<u>166,443</u>
<b>Unrestricted income funds</b>			
Designated funds		1,255,401	1,255,401
Unrestricted funds		<u>5,955,911</u>	<u>6,115,769</u>
Total unrestricted funds		<u>7,211,312</u>	<u>7,371,170</u>
<b>Total funds</b>	27	<u>7,243,929</u>	<u>7,537,613</u>

The financial statements on pages 39 to 76 were approved by the trustees, and authorised for issue on 15/09/2023 and signed on their behalf by:

  
M A Shahab  
Trustee

## YMCA North Tyneside

### Consolidated Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Net cash (expenditure)/income		(387,352)	726,533
<b>Adjustments to cash flows from non-cash items</b>			
Depreciation	8	108,513	96,547
Investment income	6	<u>(30,613)</u>	<u>(32,068)</u>
		(309,452)	791,012
<b>Working capital adjustments</b>			
Decrease in stocks	19	304	-
Decrease/(increase) in debtors	20	167,008	(227,184)
Increase in creditors and provisions	22	<u>126,141</u>	<u>48,428</u>
Net cash flows from operating activities		<u>(15,999)</u>	<u>612,256</u>
<b>Cash flows from investing activities</b>			
Interest receivable and similar income	6	30,613	32,068
Purchase of tangible fixed assets	17	(500,139)	(131,655)
Sale of tangible fixed assets		51,602	14,322
Purchase of investments		(11,757)	(27,205)
Sale of investments		12,144	23,189
(Gains) / losses on investments		(8,397)	(521,237)
(Gains) / losses on defined benefit scheme		<u>-</u>	<u>6,110</u>
Net cash flows from investing activities		<u>(425,934)</u>	<u>(604,408)</u>
<b>Cash flows from financing activities</b>			
Value of new loans obtained during the period		375,000	-
Repayment of loans and borrowings	22	<u>(38,286)</u>	<u>(72,978)</u>
Net cash flows from financing activities		<u>336,714</u>	<u>(72,978)</u>
Net decrease in cash and cash equivalents		(105,219)	(65,130)
Cash and cash equivalents at 1 April		<u>519,402</u>	<u>584,532</u>
Cash and cash equivalents at 31 March		<u>414,183</u>	<u>519,402</u>

All of the cash flows are derived from continuing operations during the above two periods.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### 1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Church Way, North Shields, Tyne & Wear, NE29 0AB

### 2 Accounting policies

#### Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and have been adapted to include any additional disclosures required within the Housing SORP 2018: Statement of Recommended Practice for Registered Social Housing Providers and the Accounting Direction for Private Registered Providers of Social Housing 2019.

#### Basis of preparation

YMCA North Tyneside meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### Basis of consolidation

The consolidated financial statements consolidate the financial statements of the charity and its subsidiary undertakings drawn up to 31 March 2023.

No statement of financial activities is presented for the charity as permitted by section 408 of the Companies Act 2006. The charity made a deficit after tax for the financial year of £293,787 (2022 - surplus of £697,020).

A subsidiary is an entity controlled by the charity. Control is achieved where the charity has the power to govern the financial and operating policies of an entity so as to obtain benefits from its activities.

Inter-company transactions, balances and unrealised gains on transactions between the charity and its subsidiaries, which are related parties, are eliminated in full.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### **Going concern**

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

The above resulted in a reduction of opening funds totalling £260,640 as previously reported at 31 March 2021 for the charity and the group.

### **Estimation uncertainty and judgements**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

### **Key sources of estimation uncertainty**

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year include:

The annual depreciation charge for tangible fixed assets is sensitive to changes in the estimated useful lives of the assets. These are assessed annually. They are amended when necessary to reflect changes in the condition of the assets and future economic utilisation. Current depreciation rates of the classes of tangible fixed assets are detailed in the relevant accounting policy.

### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### **Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

### **Grants receivable**

Grants are recognised when the group has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

### **Gifts in kind**

Gifts in kind of assets are recognised in the SOFA in the period in which they are received and capitalised within the balance sheet

### **Gift aid**

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### ***Other trading activities***

Income from commercial trading activities is recognised at the fair value of the consideration received or receivable for goods and services provided in the normal course of business, and is shown net of VAT and other sales related taxes. The fair value of consideration takes into account trade discounts.

### ***Investment income***

Investment income is recognised in the period it is receivable and to the extent that the service has been provided.

### ***Other income***

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service. Other income includes any gain on the disposal of fixed assets.

### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

All resources expended are inclusive of irrecoverable VAT.

### ***Raising funds***

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

### **Irrecoverable VAT**

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Properties and refurbishments	see below
Fixtures and fittings Patterdale assets from 1 July 1996	not depreciated
Land and buildings leasehold	10% on straight line basis
Fixtures and fittings to 31 March 2009	25% reducing balance
Fixtures and fittings from 1 April 2009	20% on straight line basis
Computer equipment from 1 April 2009	33% on straight line basis
Fixtures and fittings - roof development and challenge shop	5% on straight line basis
Motor vehicles	25% reducing balance

No depreciation has been provided on Properties and Refurbishments' as they are maintained to a high standard which retains the value of the properties such that any diminution over the life of the asset is immaterial. The Fixtures and Fittings of Patterdale Hall Estates Limited are not depreciated from 1 July 1996 due to the conditions stated in the lease with Patterdale Hall Estates Limited. It is a requirement of the lease that all Fixtures and Fittings must be maintained by the subsidiary at their existing level and replaced whenever necessary.

### Impairment of fixed assets

The carrying values of tangible fixed assets are reviewed for impairment when events or changes in circumstances indicate that the carrying value may no longer be recoverable.

### Investment properties

Investment property is carried at fair value, derived from the current market prices for comparable real estate determined annually and by external valuers, at least every five years. The valuers use observable market prices, adjusted if necessary for any difference in the nature, location or condition of the specific asset. Changes in fair value are recognised in profit or loss.

### Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

### Current asset investments

Current asset investments are included at market value.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

### Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

### Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

### Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

### Provisions

Provisions are recognised when the charity has an obligation at the reporting date as a result of a past event, it is probable that the charity will be required to settle that obligation and a reliable estimate can be made of the amount of the obligation.

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the group.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### **Pensions and other post retirement obligations**

The group operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the group has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

YMCA North Tyneside participated in a multi-employer defined benefit pension plan for employees of YMCAs in England, Scotland and Wales, which was closed to new members and accruals on 30 April 2007. Due to insufficient information, the plan's actuary has advised that it is not possible to separately identify the assets and liabilities relating to YMCA North Tyneside.

As described in note 25 YMCA North Tyneside has a contractual obligation to make pension deficit payments of £25,794.84 pa over the period to April 2029 (2022- £25,043.50 pa), accordingly this is shown as a liability in note 25 to these accounts. In addition, YMCA North Tyneside is required to contribute £6,110.40 pa to the operating expenses of the Pension Plan and these costs are charged to the Statement of Financial Activities as made.

#### **Financial instruments**

##### ***Classification***

Financial assets and financial liabilities are recognised when the group becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the group after deducting all of its liabilities.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 3 Income from donations and legacies

	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2023 £</b>
Donations and legacies;			
Donations	12,736	26,366	39,102
Gift aid reclaimed	163	-	163
Grants, including capital grants;			
Grants	<u>17,383</u>	<u>-</u>	<u>17,383</u>
	<u>30,282</u>	<u>26,366</u>	<u>56,648</u>
	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2022 £</b>
Donations and legacies;			
Donations	80,480	50,000	130,480
Grants, including capital grants;			
Covid-19 Government initiatives	<u>79,602</u>	<u>-</u>	<u>79,602</u>
	<u>160,082</u>	<u>50,000</u>	<u>210,082</u>

Donations include grants of a general nature provided by government and charities which are not conditional on delivering certain levels or volumes of service or a supply of charitable goods.

Covid 19 Government initiatives recognised in the prior year relate to the Coronavirus Job Retention Scheme and the Retail, Hospitality and Leisure Grant Fund. Both are recognised on entitlement to the grant being established.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### 4 Income from charitable activities

	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2023 £</b>
Health and Wellbeing	253,616	-	253,616
Training and Education	62,115	-	62,115
Accommodation	728,411	15,813	744,224
Families and Community	541,557	276,594	818,151
Facilities Management	129,256	-	129,256
	<u>1,714,955</u>	<u>292,407</u>	<u>2,007,362</u>
	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2022 £</b>
Health and Wellbeing	192,818	-	192,818
Training and Education	115,469	-	115,469
Accommodation	421,698	22,499	444,197
Families and Community	454,846	287,058	741,904
Facilities Management	53,838	-	53,838
	<u>1,238,669</u>	<u>309,557</u>	<u>1,548,226</u>

### 5 Income from other trading activities

	<b>Unrestricted funds General £</b>	<b>Total 2023 £</b>
Other trading activities;		
Commercial trading operations	300,693	300,693
	<u>300,693</u>	<u>300,693</u>
	<b>Unrestricted funds General £</b>	<b>Total 2022 £</b>
Other trading activities;		
Commercial trading operations	378,907	378,907
	<u>378,907</u>	<u>378,907</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 6 Investment income

	<b>Unrestricted funds General £</b>	<b>Total 2023 £</b>
Income from rents	30,613	30,613
	<u>30,613</u>	<u>30,613</u>
	<b>Unrestricted funds General £</b>	<b>Total 2022 £</b>
Income from rents	32,068	32,068
	<u>32,068</u>	<u>32,068</u>

#### 7 Other income

	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2023 £</b>
Other income	46,959	-	46,959
	<u>46,959</u>	<u>-</u>	<u>46,959</u>
	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2022 £</b>
Other income	61,989	89,456	151,445
Gains on sale of tangible fixed assets for charity's own use	206,378	-	206,378
	<u>268,367</u>	<u>89,456</u>	<u>357,823</u>

Other income in the prior year relates to sale of an investment property.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### 8 Expenditure on raising funds

#### a) Costs of trading activities

	<b>Unrestricted funds General £</b>	<b>Total 2023 £</b>
Commercial trading activities	264,569	264,569
Staff Costs	129,209	129,209
	<u>393,778</u>	<u>393,778</u>
	<b>Unrestricted funds General £</b>	<b>Total 2022 £</b>
Commercial trading operations	207,312	207,312
Staff costs	117,082	117,082
	<u>324,394</u>	<u>324,394</u>

### 9 Expenditure on charitable activities

	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2023 £</b>
Health and Wellbeing	306,360	-	306,360
Training and Education	70,699	-	70,699
Accommodation	437,904	9,852	447,756
Families and Community	476,475	442,747	919,222
Other	683,415	-	683,415
	<u>1,974,853</u>	<u>452,599</u>	<u>2,427,452</u>
	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2022 £</b>
Health and Wellbeing	138,685	-	138,685
Training and Education	87,909	-	87,909
Accommodation	321,386	51,512	372,898
Families and Community	379,624	234,345	613,969
Other	672,335	105,510	777,845
	<u>1,599,939</u>	<u>391,367</u>	<u>1,991,306</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 10 Analysis of governance and support costs

##### Raising funds expenditure

	Health & Wellbeing £	Training / Education £	Accommodation £	Families & Community £	Facilities management £	Development and support £	Total 2023 £
People related	207,057	47,782	302,622	621,172	175,202	286,695	1,640,530
Outsourced services	6,626	1,529	9,684	19,878	5,607	9,174	52,498
Premises related	32,753	7,558	47,870	98,401	27,714	45,350	259,646
Vehicle expenses	7	2	10	21	6	9	55
Other direct expenses	16,480	3,803	24,085	49,439	13,944	22,818	130,569
Office support costs	14,651	3,381	21,413	43,954	12,397	20,286	116,082
Overheads	15,005	3,463	21,930	45,014	12,698	20,775	118,885
Governance costs	4,401	1,016	6,433	13,204	3,724	6,094	34,872
Depreciation	9,380	2,165	13,709	28,139	7,935	12,987	74,315
	<u>306,360</u>	<u>70,699</u>	<u>447,756</u>	<u>919,222</u>	<u>259,227</u>	<u>424,188</u>	<u>2,427,452</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

	Health & Wellbeing £	Training / Education £	Accommodation £	Families & Community £	Facilities management £	Development & support £	Total 2022 £
People related	109,983	48,352	271,809	534,424	25,136	429,697	1,419,401
Outsourced services	15,681	347	2,065	3,572	28,796	17,005	67,466
Premises related	-	3,120	6,135	18,913	91,182	5,754	125,104
Vehicle expenses	-	-	-	215	10	4,582	4,807
Other direct expenses	2,549	33,600	5,158	41,521	763	5,224	88,815
Office support costs	1,362	34	6,069	5,479	506	21,219	34,669
Overheads	9,111	2,456	6,662	9,845	7,504	147,111	182,689
Depreciation	-	-	-	-	-	68,355	68,355
Recharges	-	-	75,000	-	(75,000)	-	-
	<u>138,686</u>	<u>87,909</u>	<u>372,898</u>	<u>613,969</u>	<u>78,897</u>	<u>698,947</u>	<u>1,991,306</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 11 Social Housing

	2023	2022
	£	£
Rents	728,411	370,982
Donations, grants and other income	46,341	73,515
Salaries	(311,794)	(271,809)
Other expenses	(205,733)	(26,089)
	<u>257,225</u>	<u>146,599</u>

The value of the voids in the year amounted to £65,862 (2022 - £55,507).

The total units under management in the year were 34 (2022 - 24).

The Social Housing Grant, received from Homes England totalling £260k which is normally shown as a creditor when applying the Housing SORP, has been fully released to income. This is because the accounts are being prepared applying the Charity SORP and the performance conditions (in respect of income recognition) have been met.

#### 12 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023	2022
	£	£
Audit fees	7,750	5,250
Other non-audit services	3,970	3,350
Depreciation of fixed assets	74,316	96,547
Revaluation of current asset investment	6,839	15,737
Revaluation of fixed asset investment property	-	505,500
Profit on disposal of fixed asset investment property	-	206,378
	<u>-</u>	<u>206,378</u>

#### 13 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the group during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 14 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
<b>Staff costs during the year were:</b>		
Wages and salaries	1,392,508	1,377,014
Social security costs	98,519	83,973
Pension costs	40,358	46,045
	<u>1,531,385</u>	<u>1,507,032</u>

The monthly average number of persons (including senior management / leadership team) employed by the group during the year was as follows:

	2023 No	2022 No
Management team	4	7
Full time support staff	35	31
Part time support staff	64	68
	<u>103</u>	<u>106</u>

The number of employees whose emoluments fell within the following bands was:

	2023 No	2022 No
£60,001 - £70,000	<u>1</u>	<u>1</u>

The total employee benefits of the key management personnel of the group were £318,588 (2022 - £334,265).

#### 15 Auditors' remuneration

	2023 £	2022 £
Audit of the financial statements	<u>7,750</u>	<u>5,250</u>
<b>Other fees to auditors</b>		
The auditing of accounts of any associate of the charity	3,420	2,850
Taxation compliance services	550	500
	<u>3,970</u>	<u>3,350</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 16 Taxation

The group is a registered charity and is therefore potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### 17 Tangible fixed assets

##### Group

	Land and buildings £	Furniture and equipment £	Motor vehicles £	Total £
<b>Cost</b>				
At 1 April 2022	6,079,972	1,350,945	14,750	7,445,667
Additions	386,094	114,045	-	500,139
Disposals	-	(51,602)	-	(51,602)
Transfers	(99,559)	99,559	-	-
At 31 March 2023	<u>6,366,507</u>	<u>1,512,947</u>	<u>14,750</u>	<u>7,894,204</u>
<b>Depreciation</b>				
At 1 April 2022	161,520	1,001,568	3,098	1,166,186
Charge for the year	35,626	70,861	2,026	108,513
At 31 March 2023	<u>197,146</u>	<u>1,072,429</u>	<u>5,124</u>	<u>1,274,699</u>
<b>Net book value</b>				
At 31 March 2023	<u>6,169,361</u>	<u>440,518</u>	<u>9,626</u>	<u>6,619,505</u>
At 31 March 2022	<u>5,918,452</u>	<u>349,377</u>	<u>11,652</u>	<u>6,279,481</u>

Land and buildings included freehold property of £3,853,780 (2022 £3,853,780), housing property of £1,885,674 (2022: £1,535,206) and leasehold property of £429,907 (2022 £529,466).

The freehold land and buildings at Church Way, North Shields was valued on an existing use basis as at 31 March 2012 by Sanderson Weatherall Chartered Surveyors and this became the 'deemed cost' on transition to FRS 102. Land and Buildings are reported at cost as a result. The original historical cost of the freehold land and buildings is £3,894,489.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### Charity

	Land and buildings £	Furniture and equipment £	Total £
<b>Cost</b>			
At 1 April 2022	5,980,413	1,042,930	7,023,343
Additions	386,094	21,219	407,313
Disposals	-	(1,400)	(1,400)
At 31 March 2023	<u>6,366,507</u>	<u>1,062,749</u>	<u>7,429,256</u>
<b>Depreciation</b>			
At 1 April 2022	161,520	811,518	973,038
Charge for the year	<u>35,626</u>	<u>38,689</u>	<u>74,315</u>
At 31 March 2023	<u>197,146</u>	<u>850,207</u>	<u>1,047,353</u>
<b>Net book value</b>			
At 31 March 2023	<u>6,169,361</u>	<u>212,542</u>	<u>6,381,903</u>
At 31 March 2022	<u>5,818,893</u>	<u>231,412</u>	<u>6,050,305</u>

Land and buildings included freehold property of £3,853,780 (2022 £3,853,780), housing property of £1,885,674 (2022: £1,535,206) and leasehold property of £429,907 (2022 £429,907).

The freehold land and buildings at Church Way, North Shields was valued on an existing use basis as at 31 March 2012 by Sanderson Weatherall Chartered Surveyors and this became the 'deemed cost' on transition to FRS 102. Land and Buildings are reported at cost as a result. The original historical cost of the freehold land and buildings is £3,894,489.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 18 Fixed asset investments

##### Group

	2023 £	2022 £
Investment properties	1,200,000	1,200,000
Other investments	498	498
	<u>1,200,498</u>	<u>1,200,498</u>

##### Investment properties

	Investment properties £
<b>Cost or Valuation</b>	
At 1 April 2022	<u>1,200,000</u>
<b>Provision</b>	
At 31 March 2023	<u>-</u>
<b>Net book value</b>	
At 31 March 2023	<u>1,200,000</u>
At 31 March 2022	<u>1,200,000</u>

Investment properties represents land let to a local tenant farmer and remains an Investment Property valued at £770,000 by Edwin Thompson LLP Chartered Surveyors at 27 August 2021 on an open market basis.

The other Investment properties represents 51/52/52a Bedford Street, North Shields were valued by Sanderson Weatherall Chartered Surveyors at 1 December 2017 on an open market basis. The Directors have considered the value of this property and uplifted this to £430,000 at 31 March 2022.

The directors have reviewed the value of the properties at 31 March 2023 and no change in value considered necessary.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### Other investments

	Unlisted investments £	Total £
<b>Cost or Valuation</b>		
At 1 April 2022	498	498
At 31 March 2023	498	498
<b>Net book value</b>		
At 31 March 2023	498	498
At 31 March 2022	498	498

#### Charity

	2023 £	2022 £
Investment properties	1,200,000	1,200,000
Shares in group undertakings and participating interests	100	100
Other investments	498	498
	<u>1,200,598</u>	<u>1,200,598</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### Investment properties

	<b>Investment properties £</b>
<b>Cost or Valuation</b>	
At 1 April 2022	<u>1,200,000</u>
<b>Provision</b>	
At 31 March 2023	<u>-</u>
<b>Net book value</b>	
At 31 March 2023	<u>1,200,000</u>
At 31 March 2022	<u>1,200,000</u>

Investment properties represents land let to a local tenant farmer and remains an Investment Property valued at £770,000 by Edwin Thompson LLP Chartered Surveyors at 27 August 2021 on an open market basis.

The other Investment properties represents 51/52/52a Bedford Street, North Shields were valued by Sanderson Weatherall Chartered Surveyors at 1 December 2017 on an open market basis. The Directors have considered the value of this property and uplifted this to £430,000 at 31 March 2022.

The directors have reviewed the value of the properties at 31 March 2023 and no change in value considered necessary.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### Shares in group undertakings and participating interests

	Subsidiary undertakings £	Total £
<b>Cost</b>		
At 1 April 2022	100	100
At 31 March 2023	100	100
<b>Net book value</b>		
At 31 March 2023	100	100
At 31 March 2022	100	100

#### Other investments

	Unlisted investments £	Total £
<b>Cost or Valuation</b>		
At 1 April 2022	498	498
At 31 March 2023	498	498
<b>Net book value</b>		
At 31 March 2023	498	498
At 31 March 2022	498	498

#### Details of undertakings

Details of the investments in which the charity holds 20% or more of the nominal value of any class of share capital are as follows:

Undertaking	Country of incorporation	Holding	Proportion of voting rights and shares held		Principal activity
			2023	2022	
<b>Subsidiary undertakings</b>					
Patterdale Hall Estate Limited	England and Wales	Ordinary shares	100%	100%	Holiday cottage rentals

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### Subsidiaries

The loss for the financial period of Patterdale Hall Estate Limited was £60,492 (2022 - (£42,708)) and the aggregate amount of capital and reserves at the end of the period was £81,842 (2022 - £175,406).

### 19 Stock

	Group		Charity	
	2023 £	2022 £	2023 £	2022 £
Stocks	-	304	-	150

### 20 Debtors

	Group		Charity	
	2023 £	2022 £	2023 £	2022 £
Trade debtors	121,703	42,312	121,703	42,312
Due from group undertakings	-	-	10,352	8,461
Prepayments and accrued income	10,535	218,436	9,335	213,852
Other debtors	2,562	41,060	-	22,376
	<u>134,800</u>	<u>301,808</u>	<u>141,390</u>	<u>287,001</u>

### 21 Current asset investments

	Group		Charity	
	2023 £	2022 £	2023 £	2022 £
Listed other shares	<u>113,974</u>	<u>121,200</u>	<u>113,974</u>	<u>121,200</u>

The cost value of listed investments as at 31 March 2023 was £102,161 (2022 - £106,816).

The following investments accounted for more than 5% of the total:

- JP Morgan Funds US Equity Income £8,426
- SSGA SPDR ETFs US iv Aristocrats £7,419
- Link Fund Sol Ltd LF Lindsell Train UK £6,843
- Artemis FD Mngrs US Small Companies £6,143
- CT Inv FDS(UK) ICVC UK Equity Income £6,052
- T Bailey Fund Serv TB Evenlode Income C Dis £5,849

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### 22 Creditors: amounts falling due within one year

	Group		Charity	
	2023 £	2022 £	2023 £	2022 £
Bank loans	35,769	40,770	25,769	30,770
Trade creditors	90,210	61,278	76,935	36,050
Other taxation and social security	24,615	21,484	24,615	19,792
VAT	5,148	-	5,148	-
Other creditors	37,867	31,716	37,867	31,291
Accruals and deferred income	255,208	164,118	101,824	45,240
	<u>448,817</u>	<u>319,366</u>	<u>272,158</u>	<u>163,143</u>

#### Deferred income

##### Group

	2023 £	2022 £
Deferred income at 1 April 2022	113,418	133,810
Resources deferred in the period	142,226	113,418
Amounts released from previous periods	<u>(113,418)</u>	<u>(133,810)</u>
Deferred income at year end	<u>142,226</u>	<u>113,418</u>

##### Charity

	2023 £	2022 £
Deferred income at 1 April 2022	7,619	9,504
Resources deferred in the period	47,213	7,619
Amounts released from previous periods	<u>(7,619)</u>	<u>(9,504)</u>
Deferred income at year end	<u>47,213</u>	<u>7,619</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 23 Creditors: amounts falling due after one year

	Group		Charity	
	2023 £	2022 £	2023 £	2022 £
Bank loans	<u>573,606</u>	<u>231,891</u>	<u>551,939</u>	<u>200,224</u>

Loan	Group Entity	Repayable date	Interest Rate	Total 2023 £	Total 2022 £
Bounce Back Loan (unsecured)	Subsidiary	May 2026	2.5%	31,667	41,667
Secured Loan 1	Parent	June 2028	Base rate plus 1.85%	56,601	66,394
Secured Loan 2	Parent	August 2029	Base rate plus 1.9%	146,107	164,600
Secured Loan 3	Parent	September 2027	Base rate plus 2.95%	375,000	-

The bank loans (except the bounce back loan which is an unsecured facility) are secured by way of a legal charge over Sir James Knott Centre together with all buildings and fixtures, a fixed charge over plant and machinery, all present and future book and other debts, and a floating charge over all moveable plant machinery, implements, utensils, furniture and equipment by way of assignment.

#### 24 Obligations under leases and hire purchase contracts

##### Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	Group		Charity	
	2023 £	2022 £	2023 £	2022 £
<b>Land and buildings</b>				
Within one year	120,850	3,250	120,850	3,250
Between one and five years	539,450	6,500	539,450	6,500
After five years	<u>1,082,498</u>	<u>-</u>	<u>1,082,498</u>	<u>-</u>
	<u>1,742,798</u>	<u>9,750</u>	<u>1,742,798</u>	<u>9,750</u>

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 25 Provisions

##### Group

	<b>Pension contributions provision</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
At 1 April 2022	158,414	158,414
Utilised during the period	<u>(23,547)</u>	<u>(23,547)</u>
At 31 March 2023	<u>134,867</u>	<u>134,867</u>

##### Charity

	<b>Pension contributions provision</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
At 1 April 2022	158,414	158,414
Utilised during the period	<u>(23,547)</u>	<u>(23,547)</u>
At 31 March 2023	<u>134,867</u>	<u>134,867</u>

In addition to the £134,867 (2022: £158,414) a further £25,732 (2022: £25,142) is included in Other Creditors due less than one year.

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

YMCA North Tyneside participated in a contributory pension plan providing defined benefits based on final pensionable pay for employees of YMCAs in England, Scotland and Wales. The assets of the YMCA Pension Plan are held separately from those of YMCA North Tyneside and at the year end these were invested in the Mercer Dynamic De-risking Solution, 63% matching portfolio and 37% in the growth portfolio and Schroder (property units only).

The most recent completed three year valuation was as at 1 May 2020. The assumptions used which have the most significant effect on the results of the valuation are those relating to the assumed rates of return on assets held before and after retirement of 2.59% and 1.09% respectively, the increase in pensions in payment of 2.99% (for RPI capped at 5% p.a.), and the average life expectancy from normal retirement age (of 65) for a current male pensioner of 22.0 years, female 24.4 years, and 23.7 years for a male pensioner, female 26.1 years, retiring in 20 years' time.

The result of the valuation showed that the actuarial value of the assets was £146.1m, which represented 79% of the benefits that had accrued to members.

The Pension Plan was closed to new members and future service accrual with effect from 30 April 2007. With the removal of the salary linkage for benefits all employed deferred members became deferred members as from 1 May 2011.

The valuation prepared as at 1 May 2020 showed that the YMCA Pension Plan had a deficit of £39 million.

YMCA North Tyneside has been advised that it will need to make monthly contributions of £2,658.77 from 1 May 2023. This amount is based on the current actuarial assumptions (as outlined above) and may vary in the future as a result of actual performance of the Pension Plan. Agreed future deficit contributions have been discounted using a rate of 3% (2022: 3%). The current recovery period is 6 years, commencing 1 May 2022

In addition, YMCA North Tyneside may have over time liabilities in the event of the non-payment by other participating YMCAs of their share of the YMCA Pension Plan's deficit. It is not possible currently to quantify the potential amount that YMCA North Tyneside may be called upon to pay in the future.

YMCA North Tyneside also recognises possible concern relating to its participation in a defined benefit pension scheme. Appropriate action has been taken: The scheme was closed to new members in 2007, and the link to final salary broken in 2011. Additional contributions continue to be made to reduce the deficit. As part of the YMCA federation, the multi-employer scheme is run by an independent board of trustees with employer representation through the Principal Employer, National Council of YMCAs. The pension scheme trustees obtain an actuarial valuation every three years and we have considered the implications to the charity's finances from the latest available actuarial valuation. We have reviewed the charity's ability to continue to deliver its charitable objectives by ensuring budgets, forecasts and plans are available and include the impact of deficit repayments.

The trustees included the impact of pension scheme deficit repayments in considering going concern status, reserves, and the risks and uncertainties that the charity face noted elsewhere in this Report.

YMCA North Tyneside benefits from the pension scheme trustees and the Principal Employer seeking suitable specialist profession advice both to manage the scheme and in the continuing effort to explore ways of reducing the overall pension deficit. The notes to the Accounts include an accounting policy and further details in note 2.

## **YMCA North Tyneside**

### **Notes to the Financial Statements for the Year Ended 31 March 2023**

#### **26 Pension and other schemes**

##### **Defined contribution pension scheme**

The group operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the group to the scheme and amounted to £40,358 (2022 - £46,045).

Contributions totalling £7,979 (2022 - 6,528) were payable to the scheme at the end of the year and are included in creditors.

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

27 Funds Group	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2023 £
<b>Unrestricted funds</b>					
<b>General</b>					
General fund	6,291,178	2,123,502	(2,368,631)	(8,397)	6,037,652
<b>Designated</b>					
Designated fund	1,255,401	-	-	-	1,255,401
<b>Total unrestricted funds</b>	<b>7,546,579</b>	<b>2,123,502</b>	<b>(2,368,631)</b>	<b>(8,397)</b>	<b>7,293,053</b>
<b>Restricted funds</b>					
Community Foundation	2,000	58,470	(52,507)	-	7,963
Mercer Trust	11,667	-	(11,667)	-	-
TAP Older People	8,100	-	(8,100)	-	-
Groundwork South	-	35,300	(35,300)	-	-
Healthy Habits	4,287	27,722	(32,009)	-	-
Crisis - Home for All Grant	38,035	-	(38,035)	-	-
Allchurches Trust - Hope Beyond	7,045	-	(7,045)	-	-
St Paul's Youth	-	10,820	(10,820)	-	-
Virgin Foundation	-	18,000	(18,000)	-	-
Sport England	-	5,850	(5,850)	-	-
Y Girls Mentoring Project	-	25,529	(25,529)	-	-
Durham County Council	15,961	14,674	(29,535)	-	1,100
Co-op Community Fund	-	1,366	(1,066)	-	300

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2023 £
Greggs Foundation	-	510	(510)	-	-
Sir James Knott Trust	-	30,000	(30,000)	-	-
YMCA Room Sponsor	-	2,488	(2,488)	-	-
St Martins in The Field	-	1,050	(1,050)	-	-
National Lottery	11,331	31,043	(36,374)	-	6,000
Garfields Weston	18,750	-	(18,750)	-	-
Volant Trust	10,400	-	(10,400)	-	-
North Tyneside Healthy Activity Fund	14,827	-	(14,827)	-	-
NHS Connector Grant	24,040	-	(24,040)	-	-
Arnold Clark	-	1,000	(1,000)	-	-
Ballinger	-	2,750	-	-	2,750
Hadrian Trust- Youth & Community Housing	-	500	(500)	-	-
Benefact Trust- Y Girls Mentoring Project	-	16,745	(3,491)	-	13,254
Aldi winter fund	-	1,000	(1,000)	-	-
Sage Foundation	-	5,000	(5,000)	-	-
Hays Travel Foundation	-	3,750	(2,500)	-	1,250
Newcastle Diocese- St Hilda's Grant	-	4,625	(4,625)	-	-
North Tyneside Council (Nursery)	-	15,081	(15,081)	-	-
Safe as Houses- Bursary Money	-	5,000	(5,000)	-	-
Northumbria Police Grant	-	500	(500)	-	-
<b>Total restricted funds</b>	<b>166,443</b>	<b>318,773</b>	<b>(452,599)</b>	<b>-</b>	<b>32,617</b>
<b>Total funds</b>	<b>7,713,022</b>	<b>2,442,275</b>	<b>(2,821,230)</b>	<b>(8,397)</b>	<b>7,325,670</b>

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
<b>Unrestricted funds</b>						
<b>General</b>						
General fund	5,590,345	2,078,093	(1,924,333)	31,946	515,127	6,291,178
<b>Designated</b>						
Designated fund	1,255,401	-	-	-	-	1,255,401
<b>Total unrestricted funds</b>	<u>6,845,746</u>	<u>2,078,093</u>	<u>(1,924,333)</u>	<u>31,946</u>	<u>515,127</u>	<u>7,546,579</u>
<b>Restricted funds</b>						
Community Foundation	-	9,778	(7,778)	-	-	2,000
Mercer Trust	-	20,000	(8,333)	-	-	11,667
TAP Older People	3,792	14,500	(10,192)	-	-	8,100
Children In Need	16,333	-	(16,333)	-	-	-
Groundwork South	8,750	27,680	(36,430)	-	-	-
Healthy Habits	19,514	50,023	(65,250)	-	-	-
Mind - Covid 19 Mental Health Fund	9,996	-	(9,996)	-	-	-
Youth Endowment Fund	5,305	7,195	(12,500)	-	-	4,287
Crisis - Home for All Grant	57,053	-	(19,018)	-	-	-
Allchurches Trust - Hope Beyond	20,000	-	(12,955)	-	-	38,035
St Paul's Youth	-	8,712	(8,712)	-	-	7,045
Virgin Foundation	-	15,000	(15,000)	-	-	-
Durham County Council	-	25,262	(9,301)	-	-	15,961
Co-op Community Fund	-	844	(844)	-	-	-
Greggs Foundation	-	340	(340)	-	-	-
South Tyneside Council	-	300	(300)	-	-	-
Sir James Knott Trust	-	30,000	(30,000)	-	-	-
		72				

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
YMCA Room Sponsor	-	1,708	(1,708)	-	-	-
St Martins in The Field	-	673	(673)	-	-	-
National Lottery	-	45,323	(33,992)	-	-	11,331
Garfields Weston	-	30,000	(11,250)	-	-	18,750
NELEP	-	89,456	(57,510)	(31,946)	-	-
Volant Trust	-	15,600	(5,200)	-	-	10,400
North Tyneside Healthy Activity Fund	-	14,827	-	-	-	14,827
NHS Connector Grant	-	24,040	-	-	-	24,040
Westhill Endowment	-	1,752	(1,752)	-	-	-
Arnold Clark	-	1,000	(1,000)	-	-	-
Ballinger	-	15,000	(15,000)	-	-	-
<b>Total restricted funds</b>	<b>140,743</b>	<b>449,013</b>	<b>(391,367)</b>	<b>(31,946)</b>	<b>-</b>	<b>166,443</b>
<b>Total funds</b>	<b>6,986,489</b>	<b>2,527,106</b>	<b>(2,315,700)</b>	<b>-</b>	<b>515,127</b>	<b>7,713,022</b>

The specific purposes for which the funds are to be applied are as follows:

- Community Foundation - to support several aspects of our charitable work
- Durham County Council - youth and community work in Teesdale
- Co-op Community Fund - reduce social and rural isolation within the Cockfield Community especially with our seniors
- National Lottery - to support the Healthy Habits programme
- Ballinger - to support Teesdale youth work
- Benefact Trust Y Girls Mentoring Project - to support mentoring young girls
- Hays Travel Foundation - to support Teesdale youth work

## YMCA North Tyneside

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 28 Analysis of net assets between funds

##### Group

	Unrestricted			Total funds at 31 March 2023 £
	General £	Designated £	Restricted £	
Tangible fixed assets	5,364,104	1,255,401	-	6,619,505
Fixed asset investments	1,200,498	-	-	1,200,498
Net current assets/(liabilities)	181,523	-	32,617	214,140
Creditors over 1 year	(573,606)	-	-	(573,606)
Provisions	(134,867)	-	-	(134,867)
<b>Total net assets</b>	<b>6,037,652</b>	<b>1,255,401</b>	<b>32,617</b>	<b>7,325,670</b>

	Unrestricted			Total funds at 31 March 2022 £
	General £	Designated £	Restricted £	
Tangible fixed assets	5,024,080	1,255,401	-	6,279,481
Fixed asset investments	1,200,498	-	-	1,200,498
Net current assets/(liabilities)	456,905	-	166,443	623,348
Creditors over 1 year	(231,891)	-	-	(231,891)
Provisions	(158,414)	-	-	(158,414)
<b>Total net assets</b>	<b>6,291,178</b>	<b>1,255,401</b>	<b>166,443</b>	<b>7,713,022</b>

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### Charity

	Unrestricted			Total funds 31 March 2023 £
	General £	Designated £	Restricted £	
Tangible fixed assets	5,126,502	1,255,401	-	6,381,903
Fixed asset investments	1,200,598	-	-	1,200,598
Net current assets/(liabilities)	315,617	-	32,617	348,234
Creditors over 1 year	(551,939)	-	-	(551,939)
Provisions	(134,867)	-	-	(134,867)
<b>Total net assets</b>	<b>5,955,911</b>	<b>1,255,401</b>	<b>32,617</b>	<b>7,243,929</b>

	Unrestricted			Total funds at 31 March 2022 £
	General £	Designated £	Restricted £	
Tangible fixed assets	4,794,904	1,255,401	-	6,050,305
Fixed asset investments	1,200,598	-	-	1,200,598
Net current assets/(liabilities)	478,905	-	166,443	645,348
Creditors over 1 year	(200,224)	-	-	(200,224)
Provisions	(158,414)	-	-	(158,414)
<b>Total net assets</b>	<b>6,115,769</b>	<b>1,255,401</b>	<b>166,443</b>	<b>7,537,613</b>

### 29 Analysis of net funds

#### Group

	At 1 April 2022 £	Financing cash flows £	At 31 March 2023 £
	Cash at bank and in hand	519,402	(105,219)
Debt due within one year	(40,770)	5,001	(35,769)
Debt due after more than one year	(231,891)	(341,715)	(573,606)
Current asset investments	121,200	(7,226)	113,974
<b>Net funds/(debt)</b>	<b>367,941</b>	<b>(449,159)</b>	<b>(81,218)</b>
	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	584,532	(65,130)	519,402
Debt due within one year	(72,436)	31,666	(40,770)
Debt due after more than one year	(273,207)	41,316	(231,891)
Current asset investments	101,447	19,753	121,200
<b>Net funds/(debt)</b>	<b>340,336</b>	<b>27,605</b>	<b>367,941</b>

# YMCA North Tyneside

## Notes to the Financial Statements for the Year Ended 31 March 2023

### 30 Related party transactions

#### Charity

During the year the charity made the following related party transactions:

#### **Patterdale Hall Estate Limited**

(Subsidiary undertaking)

Rent charged in the year of £25,000 (2022: £25,000) and Gift Aid received of £33,072 (2022: £nil). At the balance sheet date the amount due from Patterdale Hall Estate Limited was £10,352 (2022 - £8,461).

### 31 Ultimate controlling party

The members of YMCA North Tyneside have control over the Charity. There is not considered to be an ultimate controlling party.