



## Trustees' Annual Report for the period

From **1<sup>st</sup> April 2024** Period start date To **31<sup>st</sup> March 2025**  
Period end date

**Charity name: York Coronary Support Group Trust**

**Charity registration number: 1011149**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The aims of the Group shall be to help cardiac patients by mutual support and the provision of facilities for them and their partners.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The provision of rehabilitation exercise classes following on from the classes operated by York District Hospital.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have regarded the guidance issued by the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Providing a much needed and appreciate follow on support network for members, and their families, with heart related issues.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to ensure to continuation of classes and support for the Hospital Rehabilitation Team
Amount of reserves held	Para 1.22	£50,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Bequests, membership fees and fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Loss of income to cover the cost of classes as experienced during Covid.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	As a Trust
Trustee selection methods including details of any	Para 1.25	

constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		
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### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	York Coronary Support Group Trust
Other name the charity uses	n/a
Registered charity number	1011149
Charity's principal address	16 Church Close, Tollerton York YO61 1QS

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Jennifer Cookson	Treasurer	20 <sup>th</sup> July 2018 to date	
2	Nigel Dussoye		6 <sup>th</sup> June 2024 to date	
3	Anthony Fletcher		30 <sup>th</sup> June 2014 to date	
4	Nicholas Longster		20 <sup>th</sup> October 2022 to date	
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Jennifer Cookson	Nigel Dussoye
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Position (eg Secretary,  
Chair, etc)

Treasurer	Trustee
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Date

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**YORK CORONARY SUPPORT GROUP TRUST**  
**INCOME and EXPENDITURE ACCOUNT 1st to 31st March 2025**

Reg. Charity No. 1011149	1st -31st March 2025		Cumulative from 1st April 2024					
	4 - INCOME		5 - EXPENDITURE		INCOME		EXPENDITURE	
		Sect. Tots		Sect. Tots		Sect. Tots		Sect. Tots
LEGEND	£	£	£	£	£	£	£	£
<b>BANK</b>		<b>400.00</b>		<b>0.00</b>		<b>0.00</b>		<b>0.00</b>
Bank Fees	400.00	0.00					0.00	
Accrued Bank Interest		302.34					0.00	
<b>EXERCISE PROGRAMMES</b>		<b>2,626.00</b>		<b>2,200.40</b>		<b>25,768.00</b>		<b>34,494.80</b>
Keep Fit - Mon 9:15	436.00		360.00		4,264.00		6,930.00	
- Mon 10:15	524.00		360.00		3,400.00		5,260.00	
- Mon 13.00	344.00		278.40		2,700.00		3,242.20	
- Mon 6.30					508.00		0.00	
- Wed 9:45	132.00		300.00		1,648.00		4,710.00	
- Wed 6.00					0.00		0.00	
- Fri 9:15	372.00				4,336.00		5,360.00	
- Fri 10:15	372.00		330.00		3,780.00		3,450.00	
- Fri 13.00	256.00		440.00		2,852.00		2,740.00	
KPFT Float					0.00		19.99	
Swim-Roko	190.00		132.00		2,280.00		2,260.00	
Liability Insurance					0.00		478.61	
Equipment Maintenance					0.00		8.00	
Training & Conferences					0.00		36.00	
<b>FUNDRAISING</b>		<b>0.00</b>		<b>0.00</b>	<b>0.00</b>	<b>2,478.27</b>	<b>0.00</b>	<b>512.06</b>
St Crux					2,478.27		512.06	
Morrisons Tin Shake					0.00		0.00	
<b>ADMINISTRATION</b>		<b>0.00</b>		<b>826.99</b>	<b>0.00</b>	<b>568.45</b>	<b>0.00</b>	<b>4,762.32</b>
Good Box Charges			442.29		568.45		2,942.43	
Office Stationery			22.70		0.00		324.56	
Storage Charges			32.00		0.00		865.33	
Year End Auditors			330.00		0.00		630.00	
<b>Y.C.S.G.T.PUBLICATIONS</b>				<b>155.19</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>956.44</b>
Newsletter			155.19		0.00		956.44	
Y.C.S.G.T. Posters / Leaflets					0.00		0.00	
Y.C.S.G.T. Advertising					0.00		0.00	
<b>MEMBERSHIP</b>		<b>1,708.00</b>		<b>0.00</b>	<b>0.00</b>	<b>2,541.00</b>	<b>0.00</b>	<b>0.00</b>
Fees	1,708.00				2,541.00		0.00	
<b>GROUPS &amp; ORGANISATIONS</b>					<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
York Council Gaming Licence					0.00		0.00	
York. Coun. for Vol. Service					0.00		0.00	
Other Groups Subscriptions					0.00		0.00	
<b>MONTHLY MEETINGS</b>		<b>0.00</b>		<b>0.00</b>	<b>0.00</b>	<b>28.00</b>	<b>0.00</b>	<b>785.38</b>
Hire of Hall					0.00		391.37	
Speaker's Fee					0.00		210.00	
Raffle					28.00		0.00	
Miscellaneous Income/Expenses					0.00		184.01	
<b>AGM/EXTRAORDINARY MEETINGS</b>					<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
Admin. Expenses, Room&Catering					0.00		0.00	
<b>EQUIPMENT</b>				<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>658.82</b>
Items for Y. H. Rehab					0.00		0.00	
Testimonials/Gratuities					0.00		240.00	
Miscellaneous Equipment					0.00		418.82	
Sale of Equipment					0.00		0.00	
<b>CORONARY REHABILITATION</b>				<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>2,377.11</b>
Kardiamobile Equpt					0.00		2,377.11	
YSJ Research Project					0.00		0.00	
<b>SOCIAL ACTIVITIES</b>		<b>0.00</b>		<b>0.00</b>	<b>0.00</b>	<b>1,635.00</b>	<b>0.00</b>	<b>1,708.00</b>
Social Events - Christmas Lunch					1,635.00		1,708.00	
Social Events - Lunches					0.00		0.00	
Social Events - Christmas Party					0.00		0.00	
<b>DONATIONS UNRESTRICTED</b>		<b>537.00</b>		<b>0.00</b>	<b>0.00</b>	<b>8,332.55</b>	<b>0.00</b>	<b>0.00</b>
Donations	537.00				8,332.55		0.00	
<b>DONATIONS RESTRICTED</b>				<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
Donations					0.00		0.00	
Cardiac Equipment Fund					0.00		0.00	
<b>TOTAL OF ALL ACTIVITIES</b>	<b>4871.00</b>	<b>4,871.00</b>	<b>3,182.58</b>	<b>3,182.58</b>	<b>41,351.27</b>	<b>41,351.27</b>	<b>46,254.93</b>	<b>46,254.93</b>
<b>MONTHLY BALANCE</b>		<b>1,688.42</b>			<b>82,702.54</b>	<b>-4,903.66</b>		



Charity Name: York Coronary Support Group Trust		Charity No	1011149
		Company No	
Annual accounts for the period	Period start date: 1st April 2024	To period end date: 31st March 2025	
<b>Section B</b>		<b>Balance sheet</b>	

	Guidance note	Unrestricted funds		Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£	£
		F01	F02	F03	F04	F05	
<b>Fixed assets</b>							
Intangible assets (Note 15)	B01	-	-	-	-	-	-
Tangible assets (Note 14)	B02	3,272	-	-	3,272	4,314	
Heritage assets (Note 16)	B03	-	-	-	-	-	
Investments (Note 17)	B04	-	-	-	-	-	
<b>Total fixed assets</b>	B05	3,272	-	-	3,272	4,314	
<b>Current assets</b>							
Stocks (Note 18)	B06	-	-	-	-	-	
Debtors (Note 19)	B07	-	-	-	-	-	
Investments (Note 17.4)	B08	-	-	-	-	-	
Cash at bank and in hand (Note 24)	B09	98,125	-	-	98,125	102,087	
<b>Total current assets</b>	B10	98,125	-	-	98,125	102,087	
<b>Creditors: amounts falling due within one year (Note 20)</b>	B11	450	-	-	450	621	
<b>Net current assets/(liabilities)</b>	B12	97,675	-	-	97,675	101,466	
<b>Total assets less current liabilities</b>	B13	100,947	-	-	100,947	105,780	
<b>Creditors: amounts falling due after one year (Note 20)</b>	B14	-	-	-	-	-	
<b>Provisions for liabilities</b>	B15	-	-	-	-	-	
<b>Total net assets or liabilities</b>	B16	100,947	-	-	100,947	105,780	
<b>Funds of the Charity</b>							
Endowment funds (Note 27)	B17	-	-	-	-	-	
Restricted income funds (Note 27)	B18	-	-	-	-	-	
Unrestricted funds	B19	100,947	-	-	100,947	105,780	
Revaluation reserve	B20	-	-	-	-	-	
Fair value reserve	B21	-	-	-	-	-	
<b>Total funds</b>	B22	100,947	-	-	100,947	105,780	

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

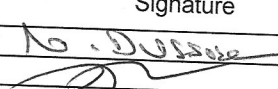
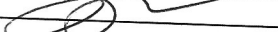
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
NIGEL DUSSEY	22/12/25
JENNIFER HOSKIN	22/12/25

Signature	Date dd/mm/yyyy
	22/12/25
	22/12/25