

Charity registration number 1010582

Company registration number 02386852 (England and Wales)

**BRENDAN'S BRIDGE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

# BRENDAN'S BRIDGE

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs A Hooper Mr J J Holland Mrs P Williams Mr M S Harrod Mr B McIlwraith
<b>Secretary</b>	Mrs J A Gale
<b>Charity number</b>	1010582
<b>Company number</b>	02386852
<b>Registered office</b>	City Works Alfred Street Gloucester GL1 4DF
<b>Independent examiner</b>	Griffiths Marshall Beaumont House 172 Southgate Street Gloucester GL1 2EZ

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# BRENDAN'S BRIDGE

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# BRENDAN'S BRIDGE

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

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The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's act, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

### Objectives and activities

#### Public Benefit

The activities of Brendan's Bridge are designed to meeting its main objectives, which are to intervene or prevent suffering caused by:

Mental and physical ill health

Social and economic circumstances

The preservation of health

The advancement of education

Of the youth and young people of the county of Gloucestershire.

This has been achieved by building a robust counselling service, practical advice and information delivered to young people in need of such assistance.

The charity continues to inspire through interactive sessions working throughout Gloucestershire including Stroud, Stonehouse, Cheltenham and Gloucester city areas.

The name change from Bridge Training Resources to Brendan's Bridge was ratified on 15/01/2021. This consolidated our independence and change in activities and services.

#### Trustees

Name	Role	Appointment
Duncan Tincello	Chairperson	22/07/2020 resigned New appointment TBC
Angela Hooper	Finance	26/11/2019
Phillipa Williams	YP – EXE	22/07/2020
Jonathan Holland	E & D	22/07/2020
Mark Harrod	Founding Business Advisor	22/07/2020
Ben McIlwraith	Business development	22/07/2020

Trustees were recruited to meet the diversity and skills to underpin a changing and growing charity. The CEO and Chair are asking trustees to complete Charity Commission advised Skill scans where we can identify gaps in expertise and further recruit accordingly.

All recruitment is 'safer recruitment' compliant, we have recruited additional volunteers and ad hoc staff to allow us to meet requirements such as larger contracts.

# BRENDAN'S BRIDGE

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

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### Activities

Throughout 2021-22, Covid has continued to impact the lives of everyone in the UK in a profound way. After two years we are still working out how to live after the pandemic. On top of this, most households in the UK are experiencing financial pressures caused by rising costs and our lives continue to be impacted by global crises. The combination of all these tensions has had a detrimental effect on the wellbeing of people across the UK and led to an increase in need for mental health support. Young people have been disproportionately impacted after two years of disruption and inconsistency in schools, bereavement, and loss, facing an uncertain future in terms of work and faced with a continuing lack of support networks. For many young people with pre-existing mental health problems, the pressures that have emerged over the last few years have led to a worsening of their mental health. The most recent NHS Prevalence data suggests that over 3.5 million young people aged 6 to 23 years old in England have a probable or possible mental health disorder. The latest data from Mental Health Services Monthly Statistics (MHSMS) shows that children's mental health is getting worse since Covid, with referrals to children and young people's mental health services at the highest numbers since the charities inception. This data is the driver behind our services and outcomes.

We have signed the

**NO CHILD  
LEFT BEHIND**

**Community Agreement**

**This means we...**

- work hand in hand with families.
- understand the effects of poverty and trauma
- ensure we are compassionate and strengths-based

**...so that no child is left behind.**



We have built sustainable and equal working partnerships with:

The Nelson Trust – LGBTQ+ support for young people

Feed Gloucester / Feed Cheltenham (we have distributed £1,200 of shopping / food vouchers

Gloucestershire Community projects (Gloucester, Cheltenham , Stonehouse, Tewkesbury)

JIGSAW COMMUNITY COOPERTIVE, LISTENING POST GFAPS, CAMHS, CCCP, ARTSHAPE and Fare Share time banking

The Power of Three MPWC Legal access (community legal chambers)

Clinical commissioning SARC teams

And many more.

# BRENDAN'S BRIDGE

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

### Safeguarding

Our High level of Safeguarding expertise and support are recognised by partner organisations who make referrals specifically to us of the most vulnerable individuals in recognition of our Mental Health specialism and proven success.

The charities Effective MH Support and intervention has led to just over **147 IAG** conversations and have ranged from housing support, sexual health advice, health signposting, guidance, referrals to our counselling service, emergency housing agencies, domestic violence and substance abuse .We have consolidated our partnership working with Gloucestershire Constabulary and are identifying and supporting young people at risk of crime and / or criminal exploitation .

We have worked as an integral referral partner with external agencies social services, GDASS, STREETS, CCP, P3 DaARS.

- **95** Individuals have accessed our Youth mentoring or CHATS (Community Health and Talking Therapies service) accessing personal -to-one support for guidance on mental health problems, relationships, family issues, sexual health, financial problems and managing their emotions and or behaviours.
- **34** students - We have a contract offering specialist and sustainable mental health support to Alternative provision schools (ages 6-16) and our specialist counsellor has made a significant and measurable difference to outcomes.
- **26** Critical referrals made to external agencies for support including Domestic abuse and support, emergency housing support, substance misuse and one-to-one mentoring. Legal support.
- **9** safeguarding referrals were made, which had the following outcomes:
  - 7 to MASH (multi agency safeguarding hub) YP and or Child Abuse
  - 2 emergency places of safety (adult concerns)

In December 2022 we received a safeguarding referral from CYSB about a member of staff, the report expressed serious concerns about confidentiality and safety, the investigation was costly (legal support) and lengthy resulting in reduced services and access to services for young people. The resulting outcome was the staff member resigned and we had to realign and recruit to underpin services.

### Finance

Account	Balance
Unity Bank	£37,729.92
Lloyds Bank	Closed

Our fundraising has focused on statutory funding individual donations have increased significantly, primarily from individuals who have accessed our services, or who have heard about the impact of our work. We received a substantial grant from GCC of £30k under the levelling up scheme to support young people in Barton and Tredworth area of Gloucester to commence July 23

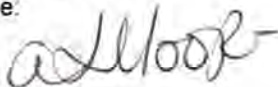
### Training

All mandatory annual training to be completed by staff.

Role: Treasurer

**Mrs Angela Hooper**

Signature:



Dated: 22 January 2024

# BRENDAN'S BRIDGE

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRENDAN'S BRIDGE

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I report to the trustees on my examination of the financial statements of Brendan's Bridge (the Charity) for the year ended 31 March 2023.

### Responsibilities and basis of report

As the trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).


Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Griffiths Marshall**

Beaumont House  
172 Southgate Street  
Gloucester  
GL1 2EZ

Dated: 22 January 2024

# BRENDAN'S BRIDGE

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2023**

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	<b>Notes</b>						
<b><u>Income and endowments from:</u></b>							
Donations and legacies	<b>3</b>	52,510	46,915	99,425	5,256	60,750	66,006
Other income	<b>4</b>	11,247	61,308	72,555	7,224	20	7,244
<b>Total income</b>		<u>63,757</u>	<u>108,223</u>	<u>171,980</u>	<u>12,480</u>	<u>60,770</u>	<u>73,250</u>
<b><u>Expenditure on:</u></b>							
Charitable activities	<b>5</b>	24,016	132,488	156,504	10,416	60,767	71,183
<b>Net incoming/(outgoing) resources before transfers</b>		39,741	(24,265)	15,476	2,064	3	2,067
Gross transfers between funds		(16,000)	16,000	-	(4,000)	4,000	-
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<u>23,741</u>	<u>(8,265)</u>	<u>15,476</u>	<u>(1,936)</u>	<u>4,003</u>	<u>2,067</u>
Fund balances at 1 April 2022		<u>11,000</u>	<u>10,254</u>	<u>21,254</u>	<u>12,936</u>	<u>6,251</u>	<u>19,187</u>
<b>Fund balances at 31 March 2023</b>		<u><u>34,741</u></u>	<u><u>1,989</u></u>	<u><u>36,730</u></u>	<u><u>11,000</u></u>	<u><u>10,254</u></u>	<u><u>21,254</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# BRENDAN'S BRIDGE

## BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
<b>Fixed assets</b>					
Tangible assets	10		-		300
<b>Current assets</b>					
Debtors	11	-		3,199	
Cash at bank and in hand		37,730		18,755	
		<u>37,730</u>		<u>21,954</u>	
<b>Creditors: amounts falling due within one year</b>	12	<u>(1,000)</u>		<u>(1,000)</u>	
Net current assets			36,730		20,954
<b>Total assets less current liabilities</b>			<u>36,730</u>		<u>21,254</u>
<b>Income funds</b>					
Restricted funds			1,989		10,254
Unrestricted funds			34,741		11,000
			<u>36,730</u>		<u>21,254</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

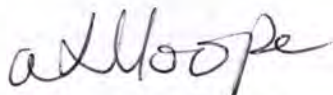
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 22 January 2024

Mrs A Hooper  
Treasurer



Company registration number 02386852

# BRENDAN'S BRIDGE

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies

##### Charity information

Brendan's Bridge is a private company limited by guarantee incorporated in England and Wales. The registered office is City Works, Alfred Street, Gloucester, GL1 4DF.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

#### 1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# BRENDAN'S BRIDGE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies (Continued)

##### 1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% Straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

##### 1.6 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

##### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### 1.8 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

# BRENDAN'S BRIDGE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

### 1 Accounting policies

(Continued)

#### *Derecognition of financial liabilities*

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

#### 1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and gifts	2,510	-	2,510	5,256	7,420	12,676
Grants	50,000	46,915	96,915	-	53,330	53,330
	<u>52,510</u>	<u>46,915</u>	<u>99,425</u>	<u>5,256</u>	<u>60,750</u>	<u>66,006</u>

### 4 Other income

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Other income	11,247	61,308	72,555	7,224	20	7,244
	<u>11,247</u>	<u>61,308</u>	<u>72,555</u>	<u>7,224</u>	<u>20</u>	<u>7,244</u>

# BRENDAN'S BRIDGE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

### 5 Charitable activities

	Charitable Expenditure	
	2023 £	2022 £
Staff costs	55,719	53,860
Depreciation and impairment	300	300
Other staff costs	953	93
Rent, rates and room hire	6,298	2,269
Bookkeeping	1,484	1,200
Mental health counsellor	11,407	2,072
Hospitality	16,231	5,525
Office costs	160	201
Counsellor and reflective practice support	-	100
Sundries	62,520	4,412
	<u>155,072</u>	<u>70,032</u>
Share of governance costs (see note 6)	1,432	1,151
	<u>156,504</u>	<u>71,183</u>
<b>Analysis by fund</b>		
Unrestricted funds	24,016	10,416
Restricted funds	132,488	60,767
	<u>156,504</u>	<u>71,183</u>

### 6 Support costs

	Support costs £	Governance costs £	2023 Support costs		Governance costs £	2022 £
			£	£		
Audit fees	-	1,260	1,260	-	1,050	1,050
Bank charges	-	72	72	-	88	88
Sundries	-	100	100	-	13	13
	<u>-</u>	<u>1,432</u>	<u>1,432</u>	<u>-</u>	<u>1,151</u>	<u>1,151</u>
Analysed between Charitable activities	<u>-</u>	<u>1,432</u>	<u>1,432</u>	<u>-</u>	<u>1,151</u>	<u>1,151</u>

# BRENDAN'S BRIDGE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

### 8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	3	2
	<u>3</u>	<u>2</u>
<b>Employment costs</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Wages and salaries	54,539	52,623
Social security costs	154	264
Other pension costs	1,026	973
	<u>55,719</u>	<u>53,860</u>
	<u>55,719</u>	<u>53,860</u>

There were no employees whose annual remuneration was more than £60,000.

### 9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

### 10 Tangible fixed assets

	Fixtures and fittings £
<b>Cost</b>	
At 1 April 2022	1,200
At 31 March 2023	<u>1,200</u>
<b>Depreciation and impairment</b>	
At 1 April 2022	900
Depreciation charged in the year	300
At 31 March 2023	<u>1,200</u>
<b>Carrying amount</b>	
At 31 March 2023	<u>-</u>
At 31 March 2022	<u>300</u>

# BRENDAN'S BRIDGE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

### 11 Debtors

	2023	2022
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	-	2,421
Prepayments and accrued income	-	778
	<u>-</u>	<u>3,199</u>
	<u>-</u>	<u>3,199</u>

### 12 Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	1,000	1,000
	<u>1,000</u>	<u>1,000</u>

### 13 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:					
Tangible assets	-	-	-	300	300
Current assets/(liabilities)	36,730	-	36,730	-	20,954
	<u>36,730</u>	<u>-</u>	<u>36,730</u>	<u>-</u>	<u>21,254</u>
	<u>36,730</u>	<u>-</u>	<u>36,730</u>	<u>-</u>	<u>21,254</u>

### 14 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).