

Charity registration number 1010582

Company registration number 02386852 (England and Wales)

BRENDAN'S BRIDGE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
PAGES FOR FILING WITH REGISTRAR



BRENDAN'S BRIDGE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr D R Tincello Mrs A Hooper Mr J J Holland Mrs P Williams Mr M S Harrod Mr B McIlwraith
Secretary	Mrs J A Gale
Charity number	1010582
Company number	02386852
Principal address	Archdeacon Centre Archdeacon Street Gloucester GL1 2QX
Registered office	Beaumont House 172 Southgate House Gloucester GL1 2EZ
Independent examiner	Griffiths Marshall Beaumont House 172 Southgate Street Gloucester GL1 2EZ

BRENDAN'S BRIDGE

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TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's act, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

Public Benefit

The activities of Brendan's Bridge are geared to meeting its principal objectives, which are to prevent or relieve suffering caused by mental or physical ill health or by social or economic circumstances, the preservation of health and the advancement of education of the youth in the county of Gloucestershire by the maintenance and development of a youth counselling and mental health wellbeing service for the giving of individual, group counselling and practical advice and information to young people in need of such advice and assistance.

We continue to provide inspiring, interactive sessions to young people throughout Gloucester, Cheltenham and Stroud. Our partnerships have grown from strength to strength, working closely with partners such as the NHS, Gloucestershire Community Foundation, Langtree Trust, GFAPS, OPCC, GCC, GL Communities, GL4, Home Group, Gloucestershire Constabulary, GEM, Big Local, and others.

We reached 78 young people through our education offer. Outreach activities and community youth work have increased considerably this year. Funding was obtained for an additional youth worker with a speciality in activities and detached youth work. This year, in the wake of the pandemic, being able to get out and about and meet young people has been fulfilling for staff and the community. That opportunity allowed us to facilitate a successful youth club for the Roma and eastern European community. As part of our Outreach activities, we have actively supported many mental health campaigns such as Pride, Black History Month, World Mental Health and Children's Mental Health week, to name a few.

Training

We continue to offer bespoke training workshops for professionals on key young people wellbeing and mental health issues. We have worked with GFAPS, GL communities, UWE space and GCC neighbourhood councillors with more work scheduled for 2023.

Counselling/ Talking Therapy Service

This year we had initial contact with 202 young people – 65% more than the previous year. Of the young people who used our counselling service, 100% felt their counsellor understood them and how they were feeling, 99% would recommend us to a friend, 91% felt able to move on from their original issue and 94% said that counselling had helped them. 75% also reported an improved performance at school due to attending counselling. The number of young people feeling able to move on has reduced over the last few years, so, along with feedback from young people and counsellors feeling that more sessions were needed, we have been able to extend our initial session offer from six to eight – this should allow more time to work therapeutically and enable young people to feel they can move on.

This year, over 70% of our referrals came from professional referrals. This has placed a strain on our service and increased waiting times. Our funding for next year only allows referrals from young people, their parents or professionals working through GCC Council. We are looking to get funding to re-open to non-council professionals. Our counselling service was delivered with support from Gloucestershire Community Foundation, NHS, individual donations, Ethical giving, Trusts and Grants. Funding from the NHS enabled us to recruit a BACP Counsellor with Trauma focused training to offer support and therapeutic sessions within our education contract. We specifically developed the sessions so that young people can get early support and quick access when they need them. Because of this, we find many young people need fewer sessions and feel in a good place and equipped with tips and techniques to support their wellbeing.

BRENDAN'S BRIDGE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Impact and feedback is measured by CORE (Clinical Outcomes in Routine Evaluation), a national impact talking therapy tool and theory of change focused / feedback questionnaires. Here are some quotes from our clients:

- "What a difference you have made to XXXX's whole demeanour and outlook – thank you"
- "I owe XXXX my son's life"
- "I couldn't have done this without Brendan's Bridge"

There is no secured funding for this service past March 2023 so next year will focus on developing new funding sources.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

Achievements and performance

Financial review

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The Charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr R Walters (Resigned 22 July 2021)
Mr D R Tincello
Mrs A Hooper
Mr J J Holland
Mrs P Williams
Mr M S Harrod
Mr B McIlwraith

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Safeguarding

Our high levels of safeguarding and mental health practitioner expertise are recognised by partner organisations that make referrals specifically to us of the most vulnerable individuals in recognition of our Mental Health Trauma focused specialism and proven success.

The charity's effective MH Support and intervention has led to just over 221 IAG conversations and have ranged from housing support, sexual health advice, health signposting, guidance, referrals to our counselling service, emergency housing agencies, domestic violence and substance abuse. We have consolidated our partnership working with Gloucestershire Constabulary and are identifying and supporting young people at risk of crime and criminal exploitation.

We have worked as an integral referral partner with external agencies: NHS social services, GDASS, STREETS, CCP, P3, Home Group, and NHS Integrated Care Complex needs. Referrals are predominately counselling and therapeutic support for young people who have attempted suicide and have been recently hospitalized and have not engaged with any statutory services.

For example:

- Referral Complex Emotional Needs Service Gloucestershire Health and Care NHS Foundation Trust 8/7/22
- 15 year old girl, has tried to take her life 8 times resulting in hospitalisation, the last time was for 8 days. She stays at her mother once a fortnight and this is where she gained access to the medication. Dad has cleared his flat of all sharp objects and there are no meds at the property. Dad does a sweep of the flat every morning and night and has found razor blades hidden behind a picture; he can't sleep at night [for] worrying.

Safeguarding Referrals

- 11 critical referrals made to external agencies for support including Domestic abuse, emergency housing support, substance misuse and one-to-one mentoring. Emergency Legal support
- 13 safeguarding referrals were made, which had the following outcomes:
 - 10 to MASH (Multi Agency Safeguarding Hub) YP and or Child Abuse
 - 3 emergency place of safety (adult concerns).

Lack of resources

A lack of adequate resources such as people, accommodation and day to day funding to support the charity's ability to deliver counselling and advice services to the high standards it demands.

The resources situation is reviewed on a regular basis, and appropriate steps are taken to ensure that service standards remain high including appropriate training, supervision, and monitoring of performance.

Financial risks

Long-term funding and cash flow to support day to day operations is not secure as it depends on a steady stream of grant awards and other short term fundraising activity.

The Trustees report was approved by the Board of Trustees.

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Mrs J A Gale

Dated:

2 December 2022

BRENDAN'S BRIDGE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRENDAN'S BRIDGE

I report to the trustees on my examination of the financial statements of Brendan's Bridge (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Griffiths Marshall

Beaumont House
172 Southgate Street
Gloucester
GL1 2EZ

Dated: 2 December 2021

BRENDAN'S BRIDGE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
<u>Income and endowments from:</u>							
Donations and legacies	3	5,256	60,750	66,006	14,400	25,130	39,530
Other income	4	7,224	20	7,244	321	1,884	2,205
Total income		12,480	60,770	73,250	14,721	27,014	41,735
<u>Expenditure on:</u>							
Charitable activities	5	10,416	60,767	71,183	4,499	20,762	25,261
Net incoming resources before transfers		2,064	3	2,067	10,222	6,252	16,474
Gross transfers between funds		(4,000)	4,000	-	-	-	-
Net (expenditure)/income for the year/ Net movement in funds		(1,936)	4,003	2,067	10,222	6,252	16,474
Fund balances at 1 April 2021		12,936	6,251	19,187	2,713	-	2,713
Fund balances at 31 March 2022		11,000	10,254	21,254	12,935	6,252	19,187

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BRENDAN'S BRIDGE

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	8		300		600
Current assets					
Debtors	9	3,199		276	
Cash at bank and in hand		18,755		25,971	
		<u>21,954</u>		<u>26,247</u>	
Creditors: amounts falling due within one year	10	<u>(1,000)</u>		<u>(7,660)</u>	
Net current assets			20,954		18,587
Total assets less current liabilities			<u>21,254</u>		<u>19,187</u>
Income funds					
Restricted funds			10,254		6,252
Unrestricted funds			11,000		12,935
			<u>21,254</u>		<u>19,187</u>

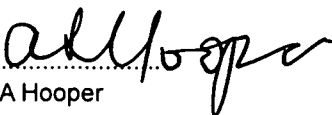
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 2 December 2021


Mrs A Hooper
Trustee

Company registration number 02386852

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1 Accounting policies

Charity information

Brendan's Bridge is a private company limited by guarantee incorporated in England and Wales. The registered office is Beaumont House, 172 Southgate House, Gloucester, GL1 2EZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BRENDAN'S BRIDGE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% Straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and gifts	5,256	7,420	12,676	14,400	750	15,150
Grants	-	53,330	53,330	-	24,380	24,380
	<u>5,256</u>	<u>60,750</u>	<u>66,006</u>	<u>14,400</u>	<u>25,130</u>	<u>39,530</u>

BRENDAN'S BRIDGE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4 Other income

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Other income	7,224	20	7,244	321	1,884	2,205

5 Charitable activities

	Charitable Expenditure	
	2022	2021
	£	£
Staff costs	53,860	15,562
Depreciation and impairment	300	300
Other staff costs	93	45
Rent, rates and room hire	2,269	2,111
Bookkeeping	1,200	600
Mental health counsellor	2,072	607
Hospitality	5,525	3,323
Office costs	201	148
Counsellor and reflective practice support	100	240
Evaluations and subscriptions	-	123
Sundries	4,412	1,068
	<u>70,032</u>	<u>24,127</u>
Share of governance costs (see note 6)	1,151	1,134
	<u>71,183</u>	<u>25,261</u>
Analysis by fund		
Unrestricted funds	10,416	4,499
Restricted funds	60,767	20,762
	<u>71,183</u>	<u>25,261</u>

BRENDAN'S BRIDGE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

6 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Audit fees	-	1,050	1,050	-	1,000	1,000
Bank charges	-	88	88	-	121	121
Sundries	-	13	13	-	13	13
	<u>-</u>	<u>1,151</u>	<u>1,151</u>	<u>-</u>	<u>1,134</u>	<u>1,134</u>
Analysed between						
Charitable activities	<u>-</u>	<u>1,151</u>	<u>1,151</u>	<u>-</u>	<u>1,134</u>	<u>1,134</u>

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

8 Tangible fixed assets

	Fixtures and fittings
	£
Cost	
At 1 April 2021	<u>1,200</u>
At 31 March 2022	<u>1,200</u>
Depreciation and impairment	
At 1 April 2021	600
Depreciation charged in the year	300
At 31 March 2022	<u>900</u>
Carrying amount	
At 31 March 2022	<u>300</u>
At 31 March 2021	<u>600</u>

BRENDAN'S BRIDGE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

9 Debtors	2022	2021
	£	£
Amounts falling due within one year:		
Trade debtors	2,421	276
Prepayments and accrued income	778	-
	<u>3,199</u>	<u>276</u>

10 Creditors: amounts falling due within one year	Notes	2022	2021
		£	£
Government grants	11	-	6,420
Trade creditors		-	240
Accruals and deferred income		1,000	1,000
		<u>1,000</u>	<u>7,660</u>

11 Government grants

Deferred income is included in the financial statements as follows:

	2022	2021
	£	£
Deferred income is included within:		
Current liabilities	-	6,420
	<u>-</u>	<u>6,420</u>
Movements in the year:		
Deferred income at 1 April 2021	6,420	-
Released from previous periods	(6,420)	-
Resources deferred in the year	-	6,420
	<u>-</u>	<u>6,420</u>
Deferred income at 31 March 2022	<u>-</u>	<u>6,420</u>

BRENDAN'S BRIDGE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

12 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	300	-	300	600	-	600
Current assets/ (liabilities)	20,954	-	20,954	18,587	-	18,587
	<u>21,254</u>	<u>-</u>	<u>21,254</u>	<u>19,187</u>	<u>-</u>	<u>19,187</u>

13 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).