

REGISTERED CHARITY NUMBER: 1009880

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2024**  
**for**  
**BRITISH SLEEP SOCIETY**

Elsby & Co  
155 Wellingborough Road  
Rushden  
Northamptonshire  
NN10 9TB

**BRITISH SLEEP SOCIETY**

**Contents of the Financial Statements**  
**for the year ended 31 MARCH 2024**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 4
<b>Independent Examiner's Report</b>	5
<b>Statement of Financial Activities</b>	6
<b>Balance Sheet</b>	7
<b>Notes to the Financial Statements</b>	8 to 13
<b>Detailed Statement of Financial Activities</b>	14 to 15

## **BRITISH SLEEP SOCIETY**

### **Report of the Trustees** **for the year ended 31 MARCH 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The British Sleep Society was registered as a charity in 1991 and is governed by a trust deed.

The principal objectives of the trust are:

- To promote knowledge and research in sleep, its disorders and treatment.

In the furtherance of these objectives, but not further or otherwise, the powers of the charity are as set out in its constitution.

The objectives have not changed since the last report.

The charity arranges meetings, lectures and seminars to carry out its objectives.

The trustees consider that these objectives comply with the duty in section 4 of the 2006 Charities Act to have regard to guidance published by the Charity Commission.

##### **Significant activities**

The BSS has continued to be engaged with a range of training courses, public engagement events, media appearances, and professional meetings.

Most notably, the 2023 biennial conference took place in person in October 2023 in Leeds, and was highly successful, with over 250 delegates attending, sponsorship yielding a strong profit and with attendees leaving highly positive feedback about the event. Overall, the conference yielded approximately £70,000 in income. Not only was this the first in-person event for the Society since the COVID19 pandemic, it was also the largest in the Society's history. At that meeting, the membership of the Trustees and the wider Executive Committee was refreshed. The updated membership details are included later in this report.

In June 2023, a successful joint symposium with the Royal Society of Medicine and the BSS was held in London.

The annual members day for The British Society of Dental Sleep Medicine (BSDSM) took place in November and was well attended. The BSDSM is a sub-committee of the BSS at present.

##### **Public benefit statement**

The charity's activities benefit the public by promoting knowledge and research in sleep. The trustees have considered that this complies with the Charity Commission guidance on public benefit.

## **BRITISH SLEEP SOCIETY**

### **Report of the Trustees** **for the year ended 31 MARCH 2024**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The financial position of the Trust is set out in the annexed accounts.

During the 2023-2024 financial year, the British Sleep Society (BSS) has continued its mission to provide leadership in the field of sleep within the UK, focusing on education, research and communication, in order to achieve its mission of "healthy sleep for all".

Overall, the BSS is in a healthy financial position. Although outgoings are much greater than in the previous financial year, and income much less, this is the result of a substantial successful grant award last year and its expenditure this year, as outlined below.

During 2022-23 the BSS was awarded a contract from Health Education England for the provision of sleep education to different parts of the NHS workforce. Over the past financial year, this funding has been used in part to set up and deliver the training in the form of webinars and to fund a full time Transformation Fellow to lead on the training and outreach activities of the BSS. The webinars commenced in November 2023 with A Primer in Sleep Medicine, and are ongoing. Thus far, 11 webinars have been delivered and there are plans in place to continue this as an annual programme. In addition, in-person polygraphy and polysomnography courses (the latter being delivered at both introductory and advanced levels) have been delivered as part of this mission. The workshops have been very well received, with attendance exceeding 250 for one of them, far in excess of expectations.

Employment of the Transformation Fellow, the first person ever directly employed by the society, commenced in August 2023 and is ongoing. Due to a healthy financial status, the position will continue to be funded for a second year, to July 2025. The sustainability of that position thereafter will be regularly reviewed.

To allow the BSS to employ this Fellow, external support with human resources including payroll and contractual requirements has been enlisted. Day to day financial, events, and administrative support continues to be provided externally, by Executive Business Support, and this partnership works well, allowing Trustees and Executive Committee members to serve the BSS without charge.

Officers (also the trustees) of the BSS were refreshed in October 2023, with some continuity of expertise within the leadership team as per the Society's constitution. The previous Secretary and Treasurer were elected as Co-Presidents, with a new Secretary and Treasurer being appointed. The Secretary commenced a period of maternity leave in November, with their duties being shared across the other officers and Transformation Fellow.

The Executive Committee continues to function as the main decision-making body of the Society and is ably assisted in this regard by Education, Research and Communication subcommittees. In addition, the sub-groups of the British Paediatric Sleep Society, and the British Society of Dental Sleep Medicine, function to represent their respective professional interests, whilst being represented on the BSS Executive Committee.

The Executive Committee membership and the constitution governing the constituency of the EC can be seen on the society website at <https://www.sleepsociety.org.uk/>. No remuneration or other benefits have been paid or are payable to any trustee.

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

The Charity is principally funded by the attendance at the Annual conference and meetings.

##### **Reserves policy**

The Trustees monitor the level of reserves to ensure it is sufficient to cover the overheads for a minimum period of 3 months.

## **BRITISH SLEEP SOCIETY**

### **Report of the Trustees** **for the year ended 31 MARCH 2024**

#### **FUTURE PLANS**

Discussions are ongoing to incorporate the BSDSM into the BSS, which will likely occur, subject to due diligence and member support, in the next financial year. This will likely involve the carry-over of approximately £40,000, which can be used in part to integrate and update the BSDSM and BSS websites, and for designated BSDSM activities such as ongoing annual members day events.

Funds may also be used to support ongoing mapping of sleep professionals and relevant services across the UK. This work will commence in the next year.

Preparations are ongoing for the 8th International Paediatric Sleep Association conference in Glasgow (April 2024) with support from the British Paediatric Sleep Society, a sub-group of the BSS.

The BSS is preparing a position statement on Daylight Saving Time (British Summer Time) and the associated clock changes, which we hope will be published, along with wider public and media interest, in the next financial year.

In collaboration with partners at the Edinburgh International Convention Centre, the BSS Executive Committee convened a Conference Organising Committee to initiate a bid to host the European Sleep Research Society congress in 2028, which was subsequently successful and will attract international interest in the BSS, provide a focal point for sleep research and activity within the UK, and should yield significant income for the Society.

The BSS has sought to reform towards unincorporated charitable association status, and that process is ongoing, with support from external legal teams.

Taken together, the past year has been highly successful, and we anticipate further strong and successful activities next year.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Recruitment and appointment of new trustees**

In accordance with the constitution, the committee is elected at the Annual General Meeting of the society. Election to the committee shall be for 3 years. One third of the committee shall retire annually but shall be eligible for re-election provided that no member shall serve for more than six consecutive years. The trustees during the year are listed on the information page.

##### **Organisational structure**

The charity is governed by its members, with management of the charity delegated to its executive committee, who meet not less than once a year.

##### **Induction and training of new trustees**

All new trustees undergo training in the legalities of running a charity.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1009880

##### **Principal address**

C/O Executive Business Support (EBS)  
City Whard, Davidson Road  
Lichfield  
Staffordshire  
WS14 9DZ

**BRITISH SLEEP SOCIETY**

**Report of the Trustees**  
**for the year ended 31 MARCH 2024**

**Trustees**

Dr J Steier (resigned 4.10.23)  
Dr A Hare  
Dr S Durrant  
Dr C Horton (appointed 4.10.23)  
Dr N Read (appointed 4.10.23)

**Independent Examiner**

Carl Elsby ACA  
Elsby & Co  
155 Wellingborough Road  
Rushden  
Northamptonshire  
NN10 9TB

**Executive Committee**

Dr Simon Durrant - Co-President  
Dr Alanna Hare - Co-President (Trustee)  
Prof Caroline Horton - Treasurer (Trustee)  
Dr Nicola Read - Secretary (maternity leave); voted EC member since 2023 (Trustee)  
Prof Joerg Steier - Past President  
Dr Shruthi Konda - Co-Chair Education Sub-Committee; Co-Opted EC member as Education Co Chair  
Dr Megan Crawford - Co-Chair Education Sub-Committee; Co-Opted EC member as Education Co Chair  
Nathan Howarth - Voted in EC member since 2021  
Matthew Reid - Voted in EC member since 2021  
Rachel Pickersgill - Co-Opted EC member  
Rachel Sharman - Voted in EC member since 2023  
Dr Swapna Mandal - Voted in EC member since 2023  
Hui-Leng Tan - BPSS Co Chair - Co-opted to EC  
Dr Amanda Sathyapala - Voted in EC member since 2021  
Dr Aditi Desai - Chair of BSDSM group Co-Opted EC member as BSDSM Chair  
Dr Anna Weighall - Co-Chair of Communications Sub-Committee; Co-Opted EC member as Communications Co Chair  
Lisa Artis - Co-Chair of Communications Sub-Committee; Co-Opted EC member as Comms Co Chair  
Dr Po Fung Wong - ECP representative; Co-Opted EC member since 2022  
Dr Nicholas Budhram - Early careers researcher representative; Co-Opted EC member since 2022  
Prof Michelle Miller - Co-Chair of Research Sub-Committee; Voted in EC member since 2020  
Dr Maria Gardani - Co-Chair of Research Sub-Committee; Co-Opted EC member as Research Co Chair  
Prof Cathy Hill - Co-Chair BPSS BPSS; Co Chair - Co-opted to EC  
Dr Victoria Cooper - ARTP liaison; Co-opted to EC  
Katrina Burrows - BSS Transformation Fellow; Co-opted to EC

Approved by order of the board of trustees on 3<sup>rd</sup> January 2025 and signed on its behalf by:



Dr C Horton - Trustee

**Independent Examiner's Report to the Trustees of  
British Sleep Society**

**Independent examiner's report to the trustees of British Sleep Society**

I report to the charity trustees on my examination of the accounts of British Sleep Society (the Trust) for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Carl Elsby ACA

Elsby & Co  
155 Wellingborough Road  
Rushden  
Northamptonshire  
NN10 9TB

Date: ..... 3/1/2025 .....

**BRITISH SLEEP SOCIETY**

**Statement of Financial Activities  
for the year ended 31 MARCH 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		27,253	-	27,253	21,515
<b>Charitable activities</b>					
Charitable activities		106,467	-	106,467	491,345
Other trading activities	2	121,260	-	121,260	950
Investment income	3	311	-	311	157
<b>Total</b>		<u>255,291</u>	<u>-</u>	<u>255,291</u>	<u>513,967</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable activities	4	204,517	220,049	424,566	81,358
<b>NET INCOME/(EXPENDITURE)</b>		50,774	(220,049)	(169,275)	432,609
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		156,850	430,000	586,850	154,241
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>207,624</u>	<u>209,951</u>	<u>417,575</u>	<u>586,850</u>

The notes form part of these financial statements

**BRITISH SLEEP SOCIETY**

**Balance Sheet**  
**31 MARCH 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	8	2,982	-	2,982	1,825
Cash at bank		215,674	209,951	425,625	623,121
		<u>218,656</u>	<u>209,951</u>	<u>428,607</u>	<u>624,946</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(11,032)	-	(11,032)	(38,096)
		<u>207,624</u>	<u>209,951</u>	<u>417,575</u>	<u>586,850</u>
<b>NET CURRENT ASSETS</b>					
		<u>207,624</u>	<u>209,951</u>	<u>417,575</u>	<u>586,850</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>207,624</u>	<u>209,951</u>	<u>417,575</u>	<u>586,850</u>
<b>NET ASSETS</b>					
		<u>207,624</u>	<u>209,951</u>	<u>417,575</u>	<u>586,850</u>
<b>FUNDS</b>					
	10				
Unrestricted funds				207,624	156,850
Restricted funds				209,951	430,000
				<u>417,575</u>	<u>586,850</u>
<b>TOTAL FUNDS</b>					
				<u>417,575</u>	<u>586,850</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 3/1/2025 and were signed on its behalf by:



Dr C Horton - Trustee

## **BRITISH SLEEP SOCIETY**

### **Notes to the Financial Statements** **for the year ended 31 MARCH 2024**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received for a specific restricted purpose is credited to a separate restricted fund which is shown in a note to the financial statements. Total incoming resources credited to restricted funds are disclosed on the statement of financial activities which also shows incoming resources in respect of unrestricted funds. Donations and grants received are credited on the statement of financial activities in the year to which they relate.

##### **Donations and Gifts:**

All monetary donations and gifts are included in full in the statement of financial activities when receivable, provided that there are no donor imposed restrictions to the timing of the related expenditure, in which case recognition is deferred until the pre-condition has been met.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

**BRITISH SLEEP SOCIETY**

**Notes to the Financial Statements - continued**  
**for the year ended 31 MARCH 2024**

**1. ACCOUNTING POLICIES - continued**

**Financial instruments**

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Cash and cash equivalents

Cash and cash equivalents include cash in hand and deposits held at call with banks.

**2. OTHER TRADING ACTIVITIES**

	2024	2023
	£	£
Sponsorships	<u>121,260</u>	<u>950</u>

**3. INVESTMENT INCOME**

	2024	2023
	£	£
Deposit account interest	<u>311</u>	<u>157</u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Grant funding of activities £	Support costs £	Totals £
Charitable activities	<u>154,803</u>	<u>192,000</u>	<u>77,763</u>	<u>424,566</u>

**GRANTS TO INSTITUTIONS**

The grants paid to institutions totalling £192,000 were given to British Thoracic Society for Developing and Delivery Physiology Education (£110,000) and to Association of Respiratory Technology and Physiology for Respiratory Physiology Programme (2023: £82,000).

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**BRITISH SLEEP SOCIETY**

**Notes to the Financial Statements - continued  
for the year ended 31 MARCH 2024**

**6. EMPLOYEES**

The average number of employees during the year was 1 (2023 - nil).

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	21,515	-	21,515
<b>Charitable activities</b>			
Charitable activities	61,345	430,000	491,345
Other trading activities	950	-	950
Investment income	157	-	157
<b>Total</b>	<u>83,967</u>	<u>430,000</u>	<u>513,967</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	<u>81,358</u>	<u>-</u>	<u>81,358</u>
<b>NET INCOME</b>	2,609	430,000	432,609
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	154,241	-	154,241
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>156,850</u>	<u>430,000</u>	<u>586,850</u>

**8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024 £	2023 £
Trade debtors	2,565	1,825
Prepayments	417	-
	<u>2,982</u>	<u>1,825</u>

**BRITISH SLEEP SOCIETY**

**Notes to the Financial Statements - continued**  
**for the year ended 31 MARCH 2024**

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade creditors	6,469	36,428
Taxation and social security	981	-
Other creditors	3,582	1,668
	<u>11,032</u>	<u>38,096</u>

**Deferred income**

	2024	2023
	£	£
Deferred income at 1 April 2023		
Resources deferred during the year	2,125	-
<b>Deferred income at 31 March 2024</b>	<u>2,125</u>	<u>-</u>

Deferred income relates to income received in the year specifically relating to performance conditions to be met in the future periods

**10. MOVEMENT IN FUNDS**

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
<b>Unrestricted funds</b>			
General fund	156,850	50,774	207,624
<b>Restricted funds</b>			
Grant income	430,000	(220,049)	209,951
<b>TOTAL FUNDS</b>	<u>586,850</u>	<u>(169,275)</u>	<u>417,575</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	255,291	(204,517)	50,774
<b>Restricted funds</b>			
Grant income	-	(220,049)	(220,049)
<b>TOTAL FUNDS</b>	<u>255,291</u>	<u>(424,566)</u>	<u>(169,275)</u>

**BRITISH SLEEP SOCIETY**

**Notes to the Financial Statements - continued  
for the year ended 31 MARCH 2024**

**10. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	154,241	2,609	156,850
<b>Restricted funds</b>			
Grant income	-	430,000	430,000
<b>TOTAL FUNDS</b>	<u>154,241</u>	<u>432,609</u>	<u>586,850</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	83,967	(81,358)	2,609
<b>Restricted funds</b>			
Grant income	430,000	-	430,000
<b>TOTAL FUNDS</b>	<u>513,967</u>	<u>(81,358)</u>	<u>432,609</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	154,241	53,383	207,624
<b>Restricted funds</b>			
Grant income	-	209,951	209,951
<b>TOTAL FUNDS</b>	<u>154,241</u>	<u>263,334</u>	<u>417,575</u>

**BRITISH SLEEP SOCIETY**

**Notes to the Financial Statements - continued**  
**for the year ended 31 MARCH 2024**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	339,258	(285,875)	53,383
<b>Restricted funds</b>			
Grant income	430,000	(220,049)	209,951
<b>TOTAL FUNDS</b>	<u>769,258</u>	<u>(505,924)</u>	<u>263,334</u>

The restricted fund relates to HEE Funding.

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

**BRITISH SLEEP SOCIETY**

**Detailed Statement of Financial Activities**  
**for the year ended 31 MARCH 2024**

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Subscriptions	27,253	21,515
<b>Other trading activities</b>		
Sponsorships	121,260	950
<b>Investment income</b>		
Deposit account interest	311	157
<b>Charitable activities</b>		
Conference income	106,467	61,345
Grants	-	430,000
	<hr/>	<hr/>
	106,467	491,345
	<hr/>	<hr/>
<b>Total incoming resources</b>	255,291	513,967
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Conference expenses	154,803	36,195
Grants to institutions	192,000	-
	<hr/>	<hr/>
	346,803	36,195
 <b>Support costs</b>		
<b>Management</b>		
Wages	24,995	-
Pensions	625	-
Insurance	187	99
Telephone	306	368
Postage and stationery	215	214
Advertising	793	-
Website costs	2,864	696
Subscriptions	954	6,232
Administration	38,605	32,862
	<hr/>	<hr/>
	69,544	40,471
 <b>Finance</b>		
Bank charges	1,904	1,302
 <b>Information technology</b>		
Repairs and renewals	1,020	720
Carried forward	1,020	720

This page does not form part of the statutory financial statements

**BRITISH SLEEP SOCIETY**

**Detailed Statement of Financial Activities**  
**for the year ended 31 MARCH 2024**

	2024 £	2023 £
<b>Information technology</b>		
Brought forward	1,020	720
Sundries	59	38
Accountancy and legal fees	3,400	-
	<u>4,479</u>	<u>758</u>
<b>Human resources</b>		
Consultancy cost	1,836	-
<b>Governance costs</b>		
Accountancy and legal fees	-	2,632
	<u>-</u>	<u>2,632</u>
Total resources expended	<u>424,566</u>	<u>81,358</u>
<b>Net (expenditure)/income</b>	<u>(169,275)</u>	<u>432,609</u>

This page does not form part of the statutory financial statements