



**BODY
POSITIVE**

Annual Report 2023/24

Reference and Administrative Details

Charity Name	Body Positive
Charity Number	1009850
Address	Bridgewater House 230 Edleston Road Crewe Cheshire CW2 7EH
Auditors	Slade and Cooper Green Fish Resource Centre 46-50 Oldham Street Manchester M4 1LE
Bankers	Co-Operative Bank

Main Funders

Royal Liverpool and Broadgreen Hospital Trust
hcrq
National Lottery Community Fund
Independent Age Fund

The Trustee Board

Chair	Michelle Simpson
Treasurer	Simon Millar
Trustees	Salli Jeynes Nigel Davies Melanie Williams Ron Whalley

Staff Team

Chief Executive	Sally Probert-Hill
Finance & Admin Manager	Chris Flewitt
Community Development Worker - Sexual Health	Rachel Walker
Community Development Worker - LGBT+ / Silver Rainbows	Colin Avery

Volunteer Roles

Counsellors

Group Facilitators

Lived Experience

Events Host

Exhibition Assistant

Walk Leaders

Marketing / Promotion

Befriending

Body Positive Cheshire & North Wales
Statement of Financial Activities
for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations and legacies	3	3,077	-	3,077	5,985
Charitable activities	4	131,628	78,599	210,227	269,203
Investments	5	376	-	376	122
Total income		135,081	78,599	213,680	275,310
Expenditure on:					
Charitable activities	6	148,004	95,191	243,195	261,857
Total expenditure		148,004	95,191	243,195	261,857
Net income/(expenditure) for the year	8	(12,923)	(16,592)	(29,515)	13,453
Transfer between funds		(1,187)	1,187	-	-
Net movement in funds for the year		(14,110)	(15,405)	(29,515)	13,453
Reconciliation of funds					
Total funds brought forward		133,043	21,882	154,925	141,472
Total funds carried forward		118,933	6,477	125,410	154,925

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales
Balance Sheet
as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	13	-	-
Total fixed assets		-	-
Current assets			
Debtors	14	25,734	54,787
Cash at bank and in hand	15	109,109	109,569
Total current assets		134,843	164,356
Liabilities			
Creditors: amounts falling due in less than one year	16	(9,433)	(9,431)
Net current assets		125,410	154,925
Total assets less current liabilities		125,410	154,925
Net assets		125,410	154,925
Funds of the charity:			
Restricted Income funds	17	6,477	21,882
Unrestricted Income funds	18	118,933	133,043
Total charity funds		125,410	154,925

05 Forward

Body Positive is dedicated to improving the health, well-being, and inclusion of LGBTQ+ individuals across Cheshire. Over the past year, we have continued to provide essential services, ensuring that people have access to the support, education, and advocacy they need. From regular social support groups to one-to-one health interventions, our work remains rooted in community empowerment and addressing health inequalities.

Our targeted outreach, including work in high-risk settings such as Northwich Sauna, ensures that individuals receive vital health promotion services, including sexual health testing and advice. Through our counselling services, advocacy work, and inter-agency partnerships, we are committed to offering tailored support that meets the diverse needs of LGBTQ+ people. Additionally, our health promotion initiatives in further education colleges, alongside sexual health and diversity training for schools and professionals, are creating more inclusive and informed communities.

We have also expanded our support for older LGBTQ+ people through **Silver Rainbows**, provided a discreet condom and lubricant postal service, and continued publishing **Cheshire Cheese**, our bimonthly newsletter. With growing volunteer engagement and active participation in health events across the county, Body Positive remains a lifeline for many. This report reflects our achievements and the continued need for our vital services.



06 2023 - 2024 Achievements



- Launch of National Silver Pride Day 2023
- World AIDS Day Events at 3 locations
- Secured partnership with Merseycare for Gender Identity Support in Cheshire
- Major exhibition for LGBTQ History Month at Storyhouse Cheshire
- Delivered Crewe Pride
- Chaired LGBTQ+ Network for Cheshire
- Prep campaign design

GET PrEP* PED FOR HIV *Pre-exposure prophylaxis

PrEP* is an effective weapon to combat the spread of HIV

Contact us today for more information
cheshirecheese.org.uk/prep
health@bpcnw.co.uk
01270 653150

SEX SMART a Body Positive Project Registered Charity 1009850

hcrq

- Over 3000 young people supported through C-Smart condom distribution scheme
- Supported 12 Pride Events across Cheshire
- 80% of counselling clients reported improved mental well-being.
- Transpositive supporting trans and non-binary people - increased attendance by 50%
- Number of counselling sessions offered increased by 50%

07 Services

- Administration and Services from Crewe
- Sexual Health Services Cheshire West & Chester
- Support for LGBT+ People
- Support for older LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals
- Volunteering Opportunities



08 Activities

Body Positive offers a range of services and support to the LGBTQ+ community across Cheshire, promoting health, well-being, and inclusion. Regular social support groups provide safe spaces for individuals to connect, share experiences, and build a sense of community. In addition to group support, one-to-one support is available through Health Promotion Specialists, who offer tailored advice and services such as sexual health testing.

Recognising the importance of outreach in high-risk settings, Body Positive delivers targeted interventions, including specific outreach to Northwich Sauna, ensuring that individuals in these environments have access to essential health information, testing, and support. Alongside this, the organisation is committed to advocacy and inter-agency collaboration, working with partner organisations to ensure the voices of LGBTQ+ individuals are heard and their needs are met.

For those in need of mental health support, Body Positive provides counselling services, offering confidential and affirming therapy to LGBTQ+ individuals. Additionally, the charity delivers health promotion initiatives in Cheshire Further Education Colleges, raising awareness around sexual health, well-being, and LGBTQ+ inclusion. Further targeted health promotion services are designed to support vulnerable groups within the community, ensuring that individuals at greater risk receive the resources and information they need.

Education is a key focus of Body Positive's work. The organisation provides sexual health, equality, and diversity training to schools, colleges, and professionals, equipping them with the knowledge and skills to create inclusive and supportive environments. Complementing this, a condom and lubricant by post service is



09 Activities

available, ensuring that individuals have discreet and easy access to essential sexual health resources.

Recognising the specific needs of older LGBTQ+ individuals, Body Positive runs Silver Rainbows, a dedicated service offering support, social opportunities, and advocacy for older members of the community. Additionally, training services are available for organisations seeking to improve their understanding of LGBTQ+ issues and inclusion practices.

The charity also provides an LGBT+ support service, ensuring that individuals can access the guidance and help they need, whether relating to health, identity, discrimination, or personal well-being. To keep the community informed, Body Positive produces a bimonthly newsletter, Cheshire Cheese, which highlights social venues, support services, and relevant updates for lesbian, gay, bisexual, and trans people in the region.

Volunteer opportunities are a vital part of Body Positive's work, enabling individuals to contribute their time and skills to support LGBTQ+ people and promote equality. The organisation also actively participates in health events across the county, engaging with the wider community to raise awareness, provide information, and offer direct support to those who need it. Through these diverse services, Body Positive continues to be a crucial resource for LGBTQ+ individuals in Cheshire, fostering a healthier and more inclusive society.



NEWS & INFORMATION FOR LGBT+ PEOPLE IN CHESHIRE. 263 OCTOBER-NOVEMBER 2023 www.cheshirecheese.org.uk

Cheshire Cheese

Say Cheese! (Again) Another crowd congregates, this time for Pride in Alsager which took place on Saturday 23rd September

Police Independent Advisory Group

Police Independent Advisory Groups (IAG) act as a critical friend to the force, ensuring policing practices are carried out with legitimacy and professionalism and where necessary, action is taken.

IAGs were formed in response to the Stephen Lawrence inquiry to help forces become more responsive and responsible to communities whose experiences and voices would help the police improve their understanding of diversity and inclusion.

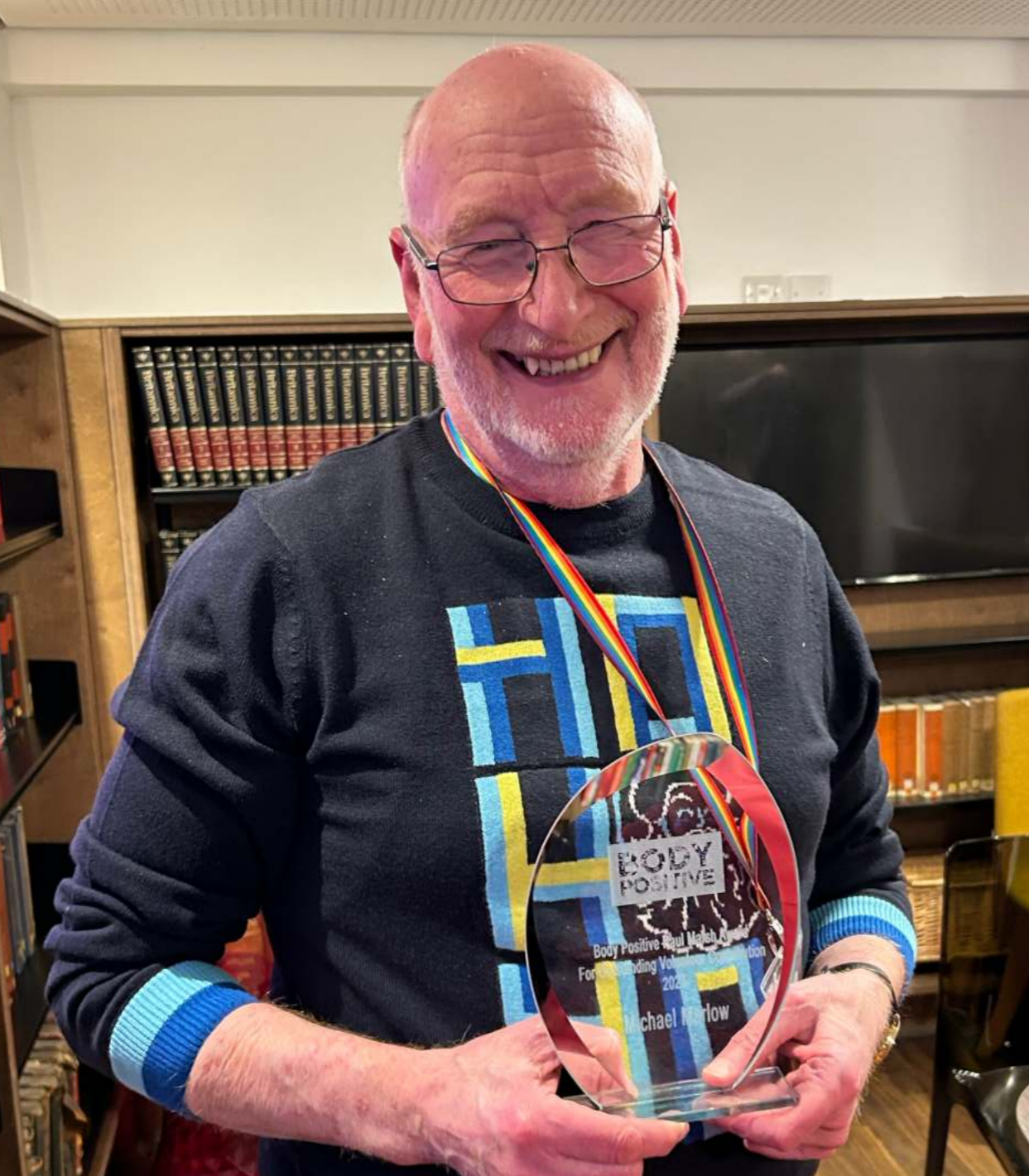
IAGs are made up of people from all different walks of life. They are independent to the police but all have a vested interest in their local area and support those living, working and visiting the county. Like the police, they prioritise community safety but aim to do this by improving and challenging the police service.

Members of IAGs have different specialisms and life experience. From working with the homeless to representing hard to reach communities, the aim is to represent our communities and ensure that they're not only heard, but really listened to. Community representatives on the IAG are there to....

- Improve trust and confidence within the community;
- Provide a forum for the community to help shape service delivery;
- Enable Cheshire Police to develop current policies and procedures that are both accessible and transparent;
- Increase engagement with communities and encourage their voices to be heard;
- Act as a 'critical friend' to scrutinise policing and policy decisions and debrief incidents and operations.

If you would like to be part of the conversation with Cheshire Constabulary about the possibility of the creation of a Cheshire IAG please contact Angela.Dartwright@cheshire.police.uk (please note this email address is not monitored 24/7 and is not for reporting crimes or recording complaints – crimes and incidents should be reported via 999 if urgent, if not urgent then call 101, email: publiccontact@cheshire.police.uk or visit www.cheshire.police.uk/contact-us/contact-us-beta/contact-us/)





Donations

Invest in equality and inclusion by supporting our LGBTQ+ charity. Your business or personal donation can help fund vital services, mental health support, and community programs that change lives. Whether it's a corporate partnership, a one-off donation, or employee fundraising, your support makes a tangible impact.

Show your commitment to diversity—sponsor an event, match employee donations, or make us your charity of the year. Together, we can build a fairer, more inclusive world where everyone feels safe, valued, and supported.

Donate today or get in touch to explore partnership opportunities

Volunteering

We're always on the lookout for passionate people to join our incredible team—whether as a trustee on our Management Committee or in other exciting roles! Got skills to share? Fancy learning something new? Let us know.

No experience? No problem! We'll provide all the training you need. We welcome volunteers from all backgrounds and offer opportunities in admin, fundraising, events, promotion, research, and even counselling placements. It's a fantastic way to make a difference, meet great people, and be part of something special. Get in touch—we'd love to hear from you.



BODY POSITIVE

Registered Charity No 1009850

Contact details

bpcnw.co.uk

01270 653150

health@bpcnw.co.uk



[@BodyPositive1](https://twitter.com/BodyPositive1)



[BodyPositive](https://www.instagram.com/BodyPositive)



[Body Positive
Cheshire and North Wales](https://www.facebook.com/BodyPositiveCheshireandNorthWales)

Charity Number: 1009850

Body Positive Cheshire & North Wales

Report and financial statements
For the year ended 31st March 2024

Body Positive Cheshire & North Wales
Reference and administrative information
for the year ended 31st March 2024

Charity number 1009850

Registered office and operational address Bridgewater House, 230 Edleston Road, Crewe,
CW2 7EH

Trustees Trustees who served during the year and up to the date of this report were as follows:

Michelle Simpson	Chair
Simon Millar	Treasurer
Salli Jeynes	
Nigel Davies	
Melanie Williams	
Ron Whalley	(co-opted 17 April 2023)

Key management personnel	Sally Probert-Hill	Chief Executive
	Chris Flewitt	Finance & Administration Manager

Bankers The Co-operative Bank, PO Box 250, Delf House
Southway, Skelmersdale, WN8 6WT

Independent Examiner Christy Lau FCCA CTA DChA
Slade & Cooper Limited
Beehive Mill
Jersey St
Ancoats
Manchester
M4 6JG

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2024

The trustees present their report and the unaudited financial statements for the year ended 31st March 2024.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Body Positive Cheshire and North Wales is a registered charity and its governing document is a constitution.

Purposes and aims

Under the constitution the charity's objectives are all for the public benefit and they are:

1. The relief of poverty sickness and distress amongst those infected with the Human Immunodeficiency Virus (HIV) and those persons generally who have developed Acquired Immune Deficiency Syndrome (AIDS) related diseases or who are or have been personally affected by HIV/AIDS or related conditions.
2. To advance the education of the public and to promote research in all matters associated with the effects of HIV infection and AIDS and the prevention thereof and to disseminate the useful results of such research.
3. Health Promotion work to prevent the spread of HIV and other sexually transmitted diseases and promote well-being, including Community Development work with specific groups such as men who have sex with men, LGBT people and those from vulnerable groups.

Body Positive provides a wide range of services to local communities including:

- Administration and Services from Crewe
- Sexual Health Promotion Services provided by Community Development Workers
- Health Promotion
- Support for LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Peer support
- Events and campaigns
- Training for professionals

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2024

Activities

- Regular social support groups
- One to one support delivered by Health Promotion Specialists eg testing
- Specific outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Counselling services
- Health promotion in Cheshire FE Colleges
- Health Promotion services targeting vulnerable groups
- Delivering sexual health and equality and diversity training to schools, colleges, and professionals
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Silver Rainbows – service for older LGBT+ people
- Training services
- LGBT+ support service
- Bimonthly newsletter highlighting social venues and support services for lesbian, gay, bisexual and trans people. – Cheshire Cheese
- Volunteer opportunities
- Attending health events across the county to normalise health maintenance behaviours such as testing and condom use and giving a representative voice to those 'at risk and unseen'

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on promotion of healthy sex and relationships and LGBT+ and are undertaken to further Body Positive Cheshire & North Wales' charitable purposes for the public benefit.

Achievements 2023/24

Launch of National Silver Pride Day 2023

World AIDS Day Events at 3 locations

Body Positive Cheshire & North Wales
Trustees' annual report
for the year ended 31st March 2024

Secured partnership with MerseyCare for Gender Identity Support in Cheshire

Major exhibition for LGBTQ History Month at Storyhouse Cheshire

Delivered Crewe Pride

Chaired LGBTQ+ Network for Cheshire

Performance 2023/24

Over 3000 young people supported through C-Smart condom distribution scheme

Supported 10 Pride Events across Cheshire

80% of counselling clients reported improved mental well-being.

Transpositive supporting trans and non-binary people - increased attendance by 50%

Number of counselling sessions offered increased by 50%

Beneficiaries of our services

Young people aged 13-19 for sexual health services

LGBTQ+ people 18+

Older LGBTQ+ people 50+

Public, private, third sector organisations

Financial review

Reaching Communities contract was reviewed and an uplift award in relation to the cost of living crisis worth £42,047 over 4 years of the project.

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2024

Funding for Trans Worker in partnership with Merseycare is confirmed but delayed by 6 months due to the outcome of the Cass Report into Gender Identity Services.

Notified in March 2024 that the sexual health contract with HCRG for Cheshire West would be finishing 31 May 2024.

This short notice has meant bringing forward our funding strategy by 2 years and we have submitted a number of applications for funding and are awaiting results.

Reserves at the year-end were £125,410 (2023: £154,925) comprising restricted funds of £6,477 (2023: £21,882) and unrestricted funds of £118,933 (2023: £133,043).

Principal funding sources:

HCRG Care Group – Cheshire West and Chester Sexual Health Contract

National Lottery Reaching Communities

Independent Age Grant

Reserves policy

The term "reserves" relates to monies held by a charity and they can be restricted or unrestricted reserves. Restricted reserves are those which have been given to the charity to fulfil certain criteria imposed by the donor (for example, to buy a piece of equipment). Restricted reserves also include endowment funds for the charity.

Unrestricted reserves are those that the charity is free to use how it chooses. It can choose to set aside some unrestricted reserves for particular activities or projects (eg to fund a piece of research) and it would put this into a 'designated fund'.

The reserves policy confirms that the unrestricted reserves for Body Positive should be equal to six months operating costs based on 50% of the total expenditure in the preceding financial year and that designated funds should be established where possible to further the charity's objectives.

Plans for the future

Securing funding around LGBTQ+ services and reducing sexual health delivery

Partnership working with private sector

Development of online training offer

Expansion of programmes eg Hidden Lives to a national template

Maximise the impact of online channels

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2024

Structure, governance and management

The organisation is an unincorporated charity, registered as a charity on 17/03/1992 in England and Wales.

The charity is constituted under a constitution July 2001. The trustees are members of the charity, but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

The Charity is governed by its management committee, all of whom are trustees. The constitution requires that there are no more than 10 trustees and not fewer than 5. All trustees must be over the age of 18.

All Trustees are elected at the annual general meeting of the charity. Trustees are not required to step down under the constitution. All trustees give their time voluntarily and receive no benefits from the charity except for reasonable out of pocket travelling expenses. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Trustee selection method

Existing trustees and the Chief Executive are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the charity. Trustees are appointed following a rigorous selection process as highlighted in the Volunteer Policy and adhere to the Charity Commission guidelines on trustee eligibility.

Induction and Training of Trustees

Following an informal discussion, potential Trustees are provided with a portfolio of information about the organisation including; organisational structure; roles and responsibilities; budgets; project information; DBS and confidentiality agreement. One to one induction with the Chair or nominated deputy and the Chief Executive is provided.

Organisational Structure

The management Committee with the assistance of the Chief Executive are responsible for all strategic planning for the organisation. All operational duties are carried out by the Chief Executive and staff.

The trustees meet at least 4 times a year to approve budgets, monitor financial progress and take strategic decisions about the future of the organisation.

Remuneration policy for key management personnel

The management committee makes recommendations regarding the remuneration of the Chief Executive and managers with annual reviews and agrees the basis for the general pay award to staff. It reviews the general terms and conditions of employment of staff annually.

Risk management

The risk register has been developed in association with risk assessments under the charity's health and safety policy to manage risk. Risks addressed range from those associated with sources of income, through continuity of service to matters such as personal security and lone working. Systems have been set in place to mitigate risk and where appropriate, staff have been instructed accordingly.

The diversification of funding sources is part of the risk management process to mitigate the over-reliance on one funder.

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2024

Internal control risks are covered in the charity's operating policies. Topics include personal safety, health and safety, human resources, financial procedures, food receipt, storage and disposal. These operating procedures are regularly reviewed to ensure they meet changing legislation and the needs of the charity.

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on __/__/2024 and signed on their behalf by

Michelle Simpson

Chair

Independent examiner's report
to the trustees of
Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2024 which are set out on pages 9 to 27.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
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Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2024

	Note	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	13		-		-
			<hr/>		<hr/>
Total fixed assets			-		-
Current assets					
Debtors	14	25,734		54,787	
Cash at bank and in hand	15	109,109		109,569	
		<hr/>		<hr/>	
Total current assets		134,843		164,356	
Liabilities					
Creditors: amounts falling due in less than one year	16	(9,433)		(9,431)	
		<hr/>		<hr/>	
Net current assets			125,410		154,925
			<hr/>		<hr/>
Total assets less current liabilities			125,410		154,925
			<hr/>		<hr/>
Net assets			125,410		154,925
			<hr/> <hr/>		<hr/> <hr/>
Funds of the charity:					
Restricted income funds	17		6,477		21,882
Unrestricted income funds	18		118,933		133,043
			<hr/>		<hr/>
Total charity funds			125,410		154,925
			<hr/> <hr/>		<hr/> <hr/>

The notes on pages 12 to 27 form part of these accounts.

Approved by the trustees on ___/___/2024 and signed on their behalf by:

Michelle Simpson (Chair)

Simon Millar (Treasurer)

Body Positive Cheshire & North Wales

Statement of Cash Flows
for the year ending 31 March 2024

	Note	2024 £	2023 £
Cash provided by/(used in) operating activities	21	(836)	35,848
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		376	122
Cash provided by/(used in) investing activities		376	122
Increase/(decrease) in cash and cash equivalents in the year		(460)	35,970
Cash and cash equivalents at the beginning of the year		109,569	73,599
Cash and cash equivalents at the end of the year		109,109	109,569

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Body Positive Cheshire & North Wales meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold improvements	Over the lifetime of the lease
Office equipment	5 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £nil (2023: £nil) outstanding contributions at the year end.

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 17/03/1992.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2024 £
Donations	3,077	-	3,077
Total	3,077	-	3,077
Previous reporting period	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2023 £</i>
<i>Donations</i>	<i>5,985</i>	<i>-</i>	<i>5,985</i>
Total	5,985	-	5,985

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2024 £
Grants and contracts			
HCRG Care Group (Virgin Care)	126,252	-	126,252
Cheshire & Wirral Partnership NHS	-	17,748	17,748
Cheshire West Council	-	2,000	2,000
The National Lottery (Reaching Communities)	-	42,471	42,471
	126,252	62,219	188,471
Fees and Other Income			
Crewe Pride	-	16,380	16,380
Training	2,690	-	2,690
Other	2,686	-	2,686
	5,376	16,380	21,756
Total	131,628	78,599	210,227
 <i>Previous reporting period</i>			
	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2023</i> £
Grants and contracts			
<i>Liverpool NHS</i>	<i>63,528</i>	<i>-</i>	<i>63,528</i>
<i>HCRG Care Group (Virgin Care)</i>	<i>126,252</i>	<i>17,000</i>	<i>143,252</i>
<i>The National Lottery (Reaching Communities)</i>	<i>-</i>	<i>34,875</i>	<i>34,875</i>
<i>Independent Age</i>	<i>-</i>	<i>20,000</i>	<i>20,000</i>
	<i>189,780</i>	<i>71,875</i>	<i>261,655</i>
Fees and Other Income			
<i>Training</i>	<i>3,298</i>	<i>-</i>	<i>3,298</i>
<i>Other</i>	<i>4,250</i>	<i>-</i>	<i>4,250</i>
	<i>7,548</i>	<i>-</i>	<i>7,548</i>
Total	<i>197,328</i>	<i>71,875</i>	<i>269,203</i>

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2024 £
Income from bank deposits	376	-	376
	376	-	376
	376	-	376
Previous reporting period	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2023</i> £
<i>Income from bank deposits</i>	122	-	122
	122	-	122
	122	-	122

6 Analysis of expenditure on charitable activities

Current reporting period	Total 2024 £	
Staff costs	172,122	
Crewe Pride	17,567	
Governance costs (see note 7)	2,553	
Support costs (see note 7)	50,953	
	243,195	
	243,195	
Previous reporting period	Total 2023 £	
<i>Staff costs</i>	197,978	
<i>Governance costs (see note 7)</i>	2,370	
<i>Support costs (see note 7)</i>	61,509	
	261,857	
	261,857	
	2024 £	2023 £
Restricted expenditure	95,191	63,739
Unrestricted expenditure	148,004	198,118
	243,195	261,857
	243,195	261,857

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

7 Analysis of governance and support costs

Current reporting period	Support £	Governance £	<i>Total 2024</i> £
Office Overheads	18,749	-	18,749
General Overheads	19,596	-	19,596
Other Costs	8,050	-	8,050
Counselling Fees	2,802	-	2,802
Cheshire Cheese	1,756	-	1,756
Accountancy services	-	2,553	2,553
	<hr/>	<hr/>	<hr/>
	50,953	2,553	53,506
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<i>Previous reporting period</i>	<i>Support</i> £	<i>Governance</i> £	<i>Total 2023</i> £
<i>Office Overheads</i>	<i>19,199</i>	<i>-</i>	<i>19,199</i>
<i>General Overheads</i>	<i>28,274</i>	<i>-</i>	<i>28,274</i>
<i>Other Costs</i>	<i>9,810</i>	<i>-</i>	<i>9,810</i>
<i>Counselling Fees</i>	<i>2,680</i>	<i>-</i>	<i>2,680</i>
<i>Cheshire Cheese</i>	<i>1,546</i>	<i>-</i>	<i>1,546</i>
<i>Accountancy services</i>	<i>-</i>	<i>2,370</i>	<i>2,370</i>
	<hr/>	<hr/>	<hr/>
	<i>61,509</i>	<i>2,370</i>	<i>63,879</i>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The charity has one activity and therefore support costs are not apportioned.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2024	2023
	£	£
Operating lease rentals:		
Other	15,000	16,580
Independent Examiner's remuneration - accountancy fees	1,705	1,625
Independent examiner's fees	370	350
	17,445	18,905

9 Staff costs

Staff costs during the year were as follows:

	2024	2023
	£	£
Wages and salaries	150,180	175,862
Social security costs	10,916	13,772
Pensions	4,515	5,145
Training, supervision and Recruitment	295	53
Staff Travel	2,062	1,798
Other Staff Costs	4,154	1,348
	172,122	197,978

No employees has employee benefits in excess of £60,000 (2023: Nil).

The average number of staff employed during the period was 4 (2023: 5).

The key management personnel of the charity comprise the trustees, the Chief Executive Officer and Finance & Administration Manager (2023: the trustees, Chief Executive Officer, Finance & Administration Manager and the Service Manager). The total employee benefits of the key management personnel of the charity were £90,904 (2023: £114,238).

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received remuneration or reimbursed expenses during the year (2023: Nil).

No (2023: None) trustee received travel and subsistence expenses during the year (2023: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

11 Government grants

The government grants recognised in the accounts were as follows:

	2024	2023
	£	£
Liverpool NHS	-	63,528
Cheshire & Wirral Partnership NHS	17,748	-
Cheshire West Council	2,000	-
Crewe Town Council	1,424	-
	<hr/>	<hr/>
	21,172	63,528
	<hr/> <hr/>	<hr/> <hr/>

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

13 Fixed assets: tangible assets

	Leasehold improvements £	Office equipment £	Total £
Cost			
At 1 April 2023	70,305	14,781	85,086
Additions	-	-	-
Disposals	-	-	-
	<hr/>	<hr/>	<hr/>
At 31 March 2024	70,305	14,781	85,086
	<hr/>	<hr/>	<hr/>
Depreciation			
At 1 April 2023	70,305	14,781	85,086
Charge for the year	-	-	-
Disposals	-	-	-
	<hr/>	<hr/>	<hr/>
At 31 March 2024	70,305	14,781	85,086
	<hr/>	<hr/>	<hr/>
Net book value			
At 31 March 2024	-	-	-
	<hr/>	<hr/>	<hr/>
<i>At 31 March 2023</i>	-	-	-
	<hr/>	<hr/>	<hr/>

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

14 Debtors

	2024	2023
	£	£
Grants and fees receivable	19,471	50,042
Trade debtors	360	435
Prepayments and accrued income	5,903	4,310
	25,734	54,787
	25,734	54,787

15 Cash at bank and in hand

	2024	2023
	£	£
Cash at bank and on hand	109,109	109,569
	109,109	109,569
	109,109	109,569

16 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	3,943	1,078
Other creditors and accruals	5,490	8,353
	9,433	9,431
	9,433	9,431

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Cheshire & Wirral Partnership NHS	-	17,748	(17,748)	-	-
Independent Age Fund	15,000	-	(15,000)	-	-
CWAC LGBT+ History Month	-	2,000	(2,000)	-	-
Crewe Pride	-	16,380	(17,567)	1,187	-
The National Lottery (Reaching Communities)	6,882	42,471	(42,876)	-	6,477
Total	21,882	78,599	(95,191)	1,187	6,477
Previous reporting period	<i>Balance at 1 April 2022 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31 March 2023 £</i>
<i>Public Health England</i>	<i>1,944</i>	<i>-</i>	<i>(2,790)</i>	<i>846</i>	<i>-</i>
<i>The National Lottery (Reaching Communities)</i>	<i>8,956</i>	<i>34,875</i>	<i>(36,949)</i>	<i>-</i>	<i>6,882</i>
<i>CWAC LGBT+ History Month</i>	<i>2,000</i>	<i>-</i>	<i>(2,000)</i>	<i>-</i>	<i>-</i>
<i>CWAC PrEP Funding</i>	<i>-</i>	<i>17,000</i>	<i>(17,000)</i>	<i>-</i>	<i>-</i>
<i>Independent Age Fund</i>	<i>-</i>	<i>20,000</i>	<i>(5,000)</i>	<i>-</i>	<i>15,000</i>
Total	12,900	71,875	(63,739)	846	21,882

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

17 Analysis of movements in restricted funds (continued)

Name of restricted fund	Description, nature and purposes of the fund
Cheshire & Wirral Partnership NHS	The project aimed to better meet the needs of diverse communities within Cheshire East by increasing the involvement of people from the trans and non-binary communities in planning activities and promoting the take up of mental health services by gender diverse people.
Independent Age Fund	In partnership with Snow Angels CIC the funding from Independent Age was to provide support for older LGBTQ+ people with shopping when on-line shopping is not appropriate, access to food banks and home delivery to vulnerable older people, and other support to ensure that people can continue to live independently in their own homes including prescription collection, help to access other support services, dog walking, and telephone befriending and home visits through a network of over 120 volunteers.
CWAC LGBT+ History Month	Funding for exhibitions and resources to celebrate LGBT+ History Month. The programme featured mini pop-up exhibitions at venues across the borough including libraries, schools, museums and public spaces.
Crewe Pride	Contribution from Crewe Pride to Body Positive running costs for participating in the delivery and administration of the annual Pride Event. Monies raised were unrestricted from sponsors and fund raising activities on the day.
The National Lottery (Reaching Communities)	5 year funding to further develop a bespoke counselling and 1:1 services for the LGBT+ community in Cheshire through employing a professional counsellor to supervise the service and by recruiting and training local volunteers to provide telephone and face to face counselling services. The aim of this project is to improve the mental well-being of our service users, to build a network of volunteers and training opportunities, and to increase the resilience of the LGBT+ community in Cheshire through peer support, inner resilience, and increased celebration of equality and diversity in Cheshire to challenge homophobia and transphobia.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

18 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	As at 31 March 2024 £
General fund	133,043	135,081	(148,004)	(1,187)	118,933
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	133,043	135,081	(148,004)	(1,187)	118,933
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	As at 31 March 2023 £
General fund	127,727	203,435	(197,273)	(846)	133,043
New website	845	-	(845)	-	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	128,572	203,435	(198,118)	(846)	133,043
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Name of unrestricted fund

Description, nature and purposes of the fund

General fund	The free reserves after allowing for all designated funds.
New website	Funds have been designated to the development and launch of a new website encompassing all service projects within Body Positive.

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	118,933	-	6,477	125,410
Total	118,933	-	6,477	125,410
Previous Reporting Period	<i>General fund £</i>	<i>Designated funds £</i>	<i>Restricted funds £</i>	<i>Total £</i>
<i>Tangible fixed assets</i>	-	-	-	-
<i>Other net current assets/(liabilities)</i>	<i>133,043</i>	-	<i>21,882</i>	<i>154,925</i>
Total	133,043	-	21,882	154,925

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property	
	2024 £	2023 £
Less than one year	15,000	15,000
One to five years	8,750	23,750
	23,750	38,750

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net income/(expenditure) for the year	(29,515)	13,453
Adjustments for:		
Dividends, interest and rents from investments	(376)	(122)
Decrease/(increase) in debtors	29,053	16,393
Increase/(decrease) in creditors	2	6,124
Net cash provided by/(used in) operating	(836)	35,848

Body Positive Cheshire & North Wales

Notes to the accounts for the year ended 31 March 2024 (continued)

22 Prior year Statement of Financial Activities (including Income and Expenditure account)

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Income from:				
Donations and legacies	5,985	-	5,985	306
Charitable activities	197,328	71,875	269,203	244,371
Investments	122	-	122	3
Total income	203,435	71,875	275,310	244,680
Expenditure on:				
Charitable activities	198,118	63,739	261,857	289,349
Total expenditure	198,118	63,739	261,857	289,349
Net income/(expenditure) for the year	5,317	8,136	13,453	(44,669)
Transfer between funds	(846)	846	-	-
Net movement in funds for the year	4,471	8,982	13,453	(44,669)
Reconciliation of funds				
Total funds brought forward	128,572	12,900	141,472	186,141
Total funds carried forward	133,043	21,882	154,925	141,472

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Independent examiner's report
to the trustees of
Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2024 which are set out on pages 9 to 27.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....