

Life and More Abundant Ministries
Registered Charity Number: 1008940



Life And More Abundant Ministries

Trustees Annual Report and Accounts
For the year ended 31st December 2023

Life and More Abundant Ministries

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for the year ended 31st December 2023**

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Life and More Abundant Ministries

TRUSTES ANNUAL REPORT for the year ended 31st December 2023

The trustees present their report and accounts for the year ended 31st December 2023. The trustees have opted, under section 133 of the Charities Act 2011 ('the Charities Act'), to prepare receipts and payments accounts

Objectives and Aims

1. To advance the Christian religion by proclaiming and furthering the Gospel of God concerning His Son Jesus Christ our Lord.
2. To maintain and support a centre in the Philippines for people in need
 - a. To provide for their spiritual and physical welfare by giving counselling, food, shelter and medical aid
 - b. to teach and promote the study of God's Word.

Summary of main activities

1. Organise youth gatherings for worship and Bible teaching and chaplaincy to the government-run Regional Rehabilitation Centre for Youth (RRCY).
2. The running of LAMA House in the Philippines. Worship Centre for Youth.
3. Spiritual and material assistance to needy children and their families, particularly former wards and in poor communities.

Public benefit

The trustees have read and given due regard to the guidance issued by the Charity Commission on public benefit.

Achievement and Performance

Charitable activities

INTRODUCTION

This year has been about building a firm foundation particularly for Michael, as Director of LAMA House now, with Ana and Simon assisting him and Jeli managing accounts. Michael will complete his Chaplaincy Course in the New Year. Ana and Simon took care of baby Matheo, helping with Chapel Service at the Centre for Youth and worship ministry. Lesley continues to direct the Charity with plans to fundraise in UK next year. Peter's time has been taken up caring for his mother, who is 100 years old, she stays at LAMA House most of the time. Michael and Jeli's two boys now attend a Christian School in San Fernando run by Tim Warden, an American missionary from Texas. Andrew Newlove and Ruth also transferred their children, as did Pastor Jehu. It's good that they see each other every day as they are connected in ministry.

CHAPLAINCY - Michael started his course in Chaplaincy with Waverley Abbey College in January, part of the course was practical ministry and he was accepted at the DSWD Regional Rehabilitation Centre for Youth (RRCY) where he was already doing the Chapel Service. It is a government-run detention centre for boys with criminal cases under the age of 18. There are around 60 - 100 boys, they are not required to attend Chapel but most or all come and love it! They have a strong bond with Michael and pray together often. Michael does Bible Studies, prayer ministry and mentoring every Sunday, Tuesday, Wednesday and Friday. God is doing amazing things, they are very receptive, are being disciplined after accepting Jesus as Saviour. Some miracle answers to prayers; one boy was healed of a serious heart problem, for a pace-maker but no longer needs it, another healed of glaucoma. We often leave RRCY with tears in our eyes on Tuesdays, the Presence of God is so real! Leah Caranay is part of the team - she is the daughter of Pastor Baltazar Caranay, mentioned in Have a Little Faith, who was released from prison and became a pastor at the start of Lesley's ministry.



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BEACH MISSION - Most weeks Michael and the worship team take worship to the beach cafe, owned by Jong De la Cruz, one of our trustees and Sam's daughter. Our mission is to take worship outside the church, where people can hear about Jesus and His love, and where they can sense His Presence, perhaps for the first time. It happens at sunset every Friday or Wednesday.

CHILDREN - The children from the Barrio at LAMA House hurry home from school every day to play at our playground, around 30 children every day! Some parents have started coming. Simon leads this part of the mission.

JUDITH VISIT - In March Judith visited LAMA with her daughter Rachel.

FORMER BOYS/GIRLS - we are still in contact with most former boys, Tony still lives at LAMA and Jim on his days off from work. Most are now married with families. Richbert will get married in December. Asnar married a Muslim girl in an arranged wedding. Miggy, who we helped with medical costs for burns after an accident, got married this year to an American boy. She lives in Canada.



Matheo's dedication at church

BABY MATHEO - Ana became foster parent for baby Matheo in November 2022, he was abandoned in a re-usable shopping bag hanging in a tree, he still had his umbilical cord attached. There was not a police investigation so the mother was never found, it took a year to get his Certificate of Abandonment which serves as a Birth Certificate. Adoption proceedings will start soon - difficult now as he is attached to Ana and Simon, Epicenter Church family, and Charis' family, housekeeper for LAMA.

MAY - MAY has become a very difficult month for LAMA because a basketball court/barrio event centre was built directly behind LAMA House. There are basketball games most nights, very loud with commentary and buzzers! May is Barrio Fiesta with very noisy nightly events, including Gay Beauty Pageants and dance nights. It feels spiritually demonic all month, we get very little sleep and cannot organize any of our own events. A good time to visit UK - perhaps every year!

AUGUST - LESLEY OP Lesley had a procedure in August to widen the sphincter going into her stomach, to allow food to go through. It was successful, glad to have found a specialist in Cavite - though a long journey. Lesley's health is fairly OK, but still struggles with asthma and eating problems. Peter has been ill with vertigo which has slowed him down to a complete stop most days. His mother stays at LAMA House most of the year, she is 100 years old and fit. Brothers Solomon and Ezekiel will retire in the Philippines from Hawaii so will be helping, they live in Tarlac. Lesley finding it more difficult healthwise living here, especially in the extreme heat, looking into yearly 4 months in UK if possible.

PASTOR AGUSTO - we asked for prayer as he was very ill mentally with panic attacks caused by a stomach problem. He is much better and back in action on medication.



EPICENTRE CHURCH We are blessed to be a part of a pioneer church branch in San Fernando. Epicenter Church is a large thriving church in Baguio City who started a branch in San Fernando. Michael, Ana and Simon lead the worship. We thank God for the anointing on them for this. Sam, who worked at LAMA House, is part of this church.

LAND TAX EXEMPTION - We finalized the exemption for land tax this year. Still need Peter to work with the lawyer to get a Title Deed for LAMA House property in the name of Life And More Abundant Ministries.

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WEBSITE - The new website is up, but still needs some work done on it. We changed host to SOLID ROCK and they have been helpful.

NEW BOOK - Lesley published a small book of prayers on Amazon Direct Publishing, Through Jesus Christ my Lord, Prayers for my family available on Amazon.

TRUSTEES PHILIPPINES - We welcomed Jong De la Cruz and Faith Tarlit to the Philippine Board of Trustees to replace Pastor Espana and Temy Patacsil. 2 Matheo's dedication at church

DIFFICULTIES We have personally had a lot of problems with our own home in San Fernando, where Michael and family live. It seems the foundation of the house is shaky and during rainy season it floods from under the floor. There are cracks in the walls. Also had termites and mice problems. It has been a hassle. So has the noise level at LAMA House with the new basketball court.

FUNDS - Funds have dropped as several who have supported the work for the past 40 years have died, some have not been able to continue donating. We receive around 2000 gbp in regular monthly support, we presently need 3000 gbp monthly at least.

PLANS for 2024 - In March Lesley will visit UK with Michael, visiting churches in Cornwall and Devon, Sussex and Lumley in Durham. Hoping Michael can hire a car and drive - still need to confirm dates and find accommodation etc. Plan to visit Jonathan Ogden in Manchester - he planned to do a concert in Manila October this year but it was cancelled.

WORSHIP FESTIVAL - Our focus for 2024 will be to host a Worship Festival at LAMA House, uniting the youth from churches nearby to spend time in God's Presence. We envision something like David's Tent, UK. There will be prayer ministry, Bill Gentry has asked about visiting. Worship/Song writing symposium by Jonathan Ogden hopefully. We see God putting people in place for this - Epicenter Worship Teams, Jehu Lopez, Andrew Newlove, Leah Caranay's team and Pastor August's team and another more traditional Pentecostal church in the city have all been working with Michael this year and have a strong connection and vision. We plan for November 1 - 3 when the basketball court should be quiet, as people visit the cemetery to pray for the dead at that time - FEAST OF THE DEAD in the Philippines. We will turn it around to magnify Jesus. We will continue and expand Chaplaincy as places open up, and will continue taking worship/the Gospel/Prayer ministry to the beach cafe and other places as the Lord continues to bless.



Worship tent/dome

NEEDS - Lay out and cement the flooring for a large dome/marquee for the Worship Festival, a toilet/shower block and to clear the land for campers. A dome/tent. We also need a better vehicle for transporting the sound system, etc. We need Peter to get the mini bus fixed to sell to go toward this. A lot of preparation needed for this, including marketing, permits, plans, volunteers etc. Plan to rent the marquee/dome to begin, with capacity for around 350 people. UK Itinerary assistance/accommodation.

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Volunteers

Volunteers known to the trustees may be accepted for short term work at LAMA House. Volunteers staying for longer than 2 months are required to obtain Police Checks.

Policies

LAMA House has the following Policies in place: Visitors Policy, Parental Involvement Policy, Difficult Behaviour Policy, Child Protection (Safeguarding) Policy, Acceptable Use of Internet Policy, Recruitment Policy, Accounts and Funding Policy, Emergency Procedure Policy, Data Protection Policy, Use of Internet Policy and Use of LAMA Ministries Vehicles Policy

Financial review

Income for the year increased by 11.1% to £44,191 (PY £39,769), and expenditure decreased by 25.5% to £48,667 (PY: £65,248) leaving a deficit for the year of £4,476 (PY: deficit £25,479)

Unrestricted cash reserves held at the year-end amounted to £25,824 (PY £30,330)

Reserves policy

The trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ('the free reserves') held by the Charity should be approximately three months of the resources expended. At this level the trustees feel that they would be able to continue the current activities of the Charity in the event of a significant drop in income.

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Structure, Governance and Management

Governing document

Life and More Abundant Ministries is a charity constituted by trust deed dated 6th February 1992, as amended 15th October 2001.

The board of trustees meet regularly to discuss the work of Life and More Abundant Ministries. New trustees are elected by the existing trustees to the board after nomination and interview.

Financial reports are presented to the board at each meeting. Minutes of each meeting are taken and subsequently distributed.

Reference and Administration Details

Registered name

Life and More Abundant Ministries

Registered Charity number

1008940

Principal address

2 Suzanne Crescent, South Elmsall, Pontefract, West Yorkshire, WF9 2BB

Trustees

Name	Position	Appointments/Resignations
Lesley Gomez	Chair	
Sarah Jones		
Kevin Hammond		
Inge Stahringer-Hammond		
David Nellist		
Judith Dillon	Secretary	

Advisers

Jackie Pullinger-To St Stephens Society, Hong Kong
Canon Noel Proctor MBE, Manchester

Independent Examiner

Michael King MAAT
53 Fountain Fields
High Bickington
Devon
EX37 9AP

Approved by the board of trustees on 12th September 2024 and signed on its behalf by:

Judith Dillon, Secretary

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LIFE AND MORE ABUNDANT MINISTRIES

Independent examiner's report to the trustees of Life and More Abundant Ministries

I report to the charity trustees on my examination of the accounts of Life and More Abundant Ministries for the year ended 31st December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed:

Michael King MAAT
Member of the Association of Accounting Technicians
53 Fountain Fields
High Bickington
Devon
EX37 9AP

Date: 12th September 2024

RECEIPTS AND PAYMENTS
for the Year ended 31st December 2023

	Unrestricted funds	Restricted funds	2023 Total	2022 Total
	£	£	£	£
Receipts				
Gifts and donations	42,724	0	42,724	38,512
Gift aid received	1,467	0	1,467	1,257
Total receipts	<hr/> 44,191	0	44,191	39,769
Payments				
Grant funding to Philippines	47,700	0	47,700	60,000
Donations	0	0	0	4,090
Subscriptions	314	0	314	300
Website	90	0	90	200
Accountancy costs	275	0	275	400
Bank charges	288	0	288	258
Total payments	<hr/> 48,667	0	48,667	65,248
Net receipts / (payments)	<hr/> (4,476)	0	(4,476)	(25,479)
Reconciliation of funds				
Transfer between funds	0	0	0	0
Total Funds brought forward	30,300	0	30,300	55,779
Total Funds carried forward	<hr/> 25,824	0	25,824	30,300 <hr/>

STATEMENT OF ASSETS AND LIABILITIES
At 31st December 2023

	Unrestricted funds	Restricted funds	2023 Total	2022 Total
	£	£	£	£
Fixed Assets				
	0	0	0	0
Current Assets				
Debtors	1,175	0	1,175	1,466
Cash at bank	25,824	0	25,824	30,300
Current Liabilities				
Creditors	(400)	0	(400)	(400)
Total Assets less Liabilities	<hr/> 26,599	0	26,599	31,366
Funds				
Unrestricted income funds	26,599	0	26,599	31,366
Total funds	<hr/> 26,599	0	26,599	31,366

The financial statements were approved by the Board of Trustees on 12th September 2024 and were signed on its behalf

Judith Dillon, Trustee

1. Accounting Policies

Basis of preparing the financial statements and assessment of going concern

These accounts have been prepared on a receipts and payments basis as permitted by law for smaller charities.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

2. Movement in Funds

	Balance	Income	Expenditure	Transfers	Balance
	1 st Jan 2023				31 st Dec 2023
General Fund	30,300	44,191	(48,667)	0	25,824
Restricted:					
Medical fund	0	0	(0)	0	0
Relief fund	0	0	(0)	0	0
Little LAMA	0	0	(0)	0	0
Total Funds	30,300	44,191	(48,667)	0	25,824

Unrestricted Funds

	Balance	Income	Expenditure	Transfers	Balance
	1 st Jan 2022				31 st Dec 2022
General Fund	55,779	39,769	(65,248)	0	30,300
Restricted:					
Medical fund	0	0	(0)	0	0
Relief fund	0	0	(0)	0	0
Little LAMA	0	0	(0)	0	0
Total Funds	55,779	39,769	(65,248)	0	30,300

Medical fund: Unexpected medical needs

Relief fund: Flood disaster

Little LAMA: to build a home for vulnerable boys

3. Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any benefits from an employment with the charity or a related entity.