

**Families in Care**  
**Registered Charity No. 1007596**

**Trustees' Report**  
**and**  
**Financial Statement**  
**for the year ended**  
**31 March 2023**

## Legal and Administrative Information

Name: **Families in Care**

Charity no: 1007596

Structure: Unincorporated association governed by a constitution.

Trustees: *Jane Callan*  
*Kevin Mulgrew*  
*Victoria Malone*  
*Catherine Gibson*  
*Andrew Wraith*  
*Al Coates MBE*

Address: 1 Carlil Square  
Newcastle  
NE1 6UF

Bankers: Cooperative Bank  
Balloon Street  
Manchester

Independent Examiner: Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## Trustees' Annual Report

### Background

The trustees present their report and the financial statements for the year ended 31 March 2023.

### Structure, governance and management

Families in Care is constituted under a trust deed dated 12 November 1991 amended 3 July 2002 and is a registered charity no. 1007596.

### Organisation

The trustees who have served during the year and since the year end are set out on the admin page. The appointment of trustees is governed by the constitution of the charity.

### Objectives and activities

Objects of the Charity

The object of the charity is to relieve the stresses experienced by parents whose children have been taken into care or who are at risk of being taken into care.

In planning our activities for the year we keep in mind the Charity Commission's guidance on public benefit at our trustee meetings.

Our activities continue to advise and offer emotional support to birth parents and other family members before and after care/adoption proceedings. The Charity's team of social workers and advisors work closely with families, who are often referred from local solicitors, local authority social workers and children's guardians.

### Achievements and performance

Families in Care:

- \* Provide independent advocacy, emotional support and therapeutic help for birth parents before during and after Care/Adoption proceedings, acting as advocates at Child Protection Conferences and Court Hearings.

- \* Mediate between local authority social workers and birth parents, promoting positive working relationships in the interests of children in need.

- \* Ensure birth parents with learning disabilities are fairly represented helping them make informed decisions about their children.

- \* Provide practical help for birth parents experiencing poverty.

- \* Mental health work such as helping parents to cope with feelings of separation/loss, anxiety, depression, self harm and suicide.

- \* Help birth parents maintain contact with their children in foster/adoptive placements, e.g. life story work, birthday cards/letter writing.

- \* Provide weekly support groups including wellbeing and learning & development. Due to Covid we provided as many services as possible online.

### Financial review

The statement of financial activities show a surplus for the year of £7,820.

The trustees actively pursue other sources of funding and income and are confident that appropriate funding will continue for the next financial year.

### Reserves Policy

The executive members aim to hold three months running costs in reserve, which it will build up when funds are available.

### Risk Management

The executive members have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to major risks.

### Trustees' responsibilities in relation to the financial statements

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 1993. The Trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments Account and Statement of Assets and Liabilities.

Signed: .....Chair, on behalf of the Trustees, date: .....

## INDEPENDENT EXAMINER'S REPORT

Report to the trustees of

### Families in Care

On accounts for the year ended

31 March 2023

Charity no 1077596

**Respective responsibilities of trustees and examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date: 7 June 2023**

**Name:** Mark Thompson MAAT  
**Address:** 42 Lesbury Road  
Newcastle  
NE6 5LB

## Families in Care

Receipts and payments account for the period

1 April 2022 to 31 March 2023

	Notes	2023 Unrestricted	2023 Restricted	2023 Total	2022 Total
<b>Incoming Resources</b>					
Donations		5240		5240	3246
Charitable Activities		33500	55120	88620	57500
Other Activities		7600		7600	16766
Bank Interest				0	0
<b>Total Receipts</b>		<b>46340</b>	<b>55120</b>	<b>101460</b>	<b>77512</b>
<b>Resources Expended</b>					
Charitable Activities		56970	36670	93640	82435
Cost of Generating Voluntary Income				0	0
<b>Total Payments</b>		<b>56970</b>	<b>36670</b>	<b>93640</b>	<b>82435</b>
Surplus for the period		-10630	18450	7820	-4923
Balance at 1 April 2022		-11673	11203	-470	4453
<b>Balance at 31 March 2023</b>		<b>-22303</b>	<b>29653</b>	<b>7350</b>	<b>-470</b>

**Families in Care  
Balance Sheet  
at 31 March 2023**

	notes	2023	2022
<b>Current Assets</b>			
Debtors		2000	8200
Cash at Bank		5350	-8670
<b>Total Current Assets</b>		<u>7350</u>	<u>-470</u>
<b>Liabilities</b>			
<b>Net Assets at 31 March 2023</b>		<u>7350</u>	<u>-470</u>

**Represented by:**

Restricted Funds	(4)	29653	11203
Unrestricted Funds		-22303	-11673
<b>Total</b>		<u>7350</u>	<u>-470</u>

**The financial statements were approved by the following members of the Management Committee :**

Signed ..... Position .....

Signed ..... Position .....

Date .....

## Families in Care

### Notes to the accounts, 2023

#### 1. Accounting Policies

- a The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

Families in Care meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

- b Grants received are accounted for on a received basis and credited to income.
- c Voluntary income is received by way of donations and gifts and is included in full in the Receipts and Payments Account when received.

#### 2. Grants receivable

##### Restricted:

Tudor Trust (Training Post)	28000
Greggs Foundation	18480
Allen Lane Foundation	8640

**Total Restricted Grants Received** **55120**

##### Unrestricted:

Newcastle City Council	20000
RW Mann Trust	4000
The Hadrian Trust	2000
Leathersellers	1500
Joseph Strong Frazer Trust	1000
Archer Trust	5000

**Total Unrestricted Grants Received** **33500**

**Total Grants Received** **88620**

#### 3. Trustees, staff and related party transactions

The organisation employed 5 members of staff during the period of the accounts. No payments were made to trustees.

The total salary costs for the year were £81,587

#### 4 Fund Year End Balances

Restricted Funds	Balance Apr-22	Income	Expend	Balance Mar-23
Tudor Trust (Training Post)	10182	25000	25000	10182
Tudor Trust (Staff Wellbeing)	371	2000	2000	371
Tudor Trust (Parent Hardship & IT Development)	300	1000	1000	300
RW Mann Trust (Parent Hardship)	350		350	0
Greggs Foundation		18480	6160	12320
Allen Lane Foundation		8640	2160	6480
<b>Total</b>	<b>11203</b>	<b>55120</b>	<b>36670</b>	<b>29653</b>