

BOURNEMOUTH HEART CLUB
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

BOURNEMOUTH HEART CLUB

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr Nick Morgan (Chairman)	
	Mr John Slade (Vice-Chairman)	(Appointed 24 February 2022)
	Mr Nigel Priest (Treasurer)	(Appointed 24 February 2022)
	Mr Graham Flexman MBA MSc DMS CiLCA (Secretary)	(Appointed 24 February 2022)
	Mr Peter Wardell	(Appointed 24 February 2022)
	Mrs Julia Baker	
	Mrs Susan Strassheim	(Appointed 24 February 2022)
	Mr Chris Marshall MRAeS	(Appointed 24 February 2022)
Mr Jeff Osment	(Appointed 24 February 2022)	
Patron	Mr Graeme Souness	
Charity number	1006725	
Principal address	Royal Bournemouth Hospital (F10) Castle Lane East Bournemouth Dorset BH7 7DW	
Independent examiner	Hill Osborne Tower House Parkstone Road Poole Dorset BH15 2JH	

BOURNEMOUTH HEART CLUB

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TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their report and accounts of the charity for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The objects of the Club as stated in its Constitution are the relief or prevention of sickness amongst persons with or at risk of cardiovascular disease, and for the rehabilitation of those who have undergone therapeutic cardiovascular intervention or who have chronic debilitating disease.

The Club was established to provide regular exercise sessions and education regarding healthy lifestyle habits amongst persons who have suffered from heart attacks or who have undergone heart surgery or heart procedures. The remit has also been extended to the rehabilitation of patients who have undergone angioplasty, or who are dealing with heart failure. A Prevention Scheme has been developed and launched to cover those at risk of heart issues.

The Heart Club's activities take place in a purpose-built building housing two gymnasiums, changing rooms, members' lounges and office accommodation.

When the Club moved into the present building in September 1996 there were 405 members and 9 exercise sessions each week. Membership had steadily increased to a peak of 1500 but has declined due to the pandemic and there are now 695 members, 443 exercising and 31 exercise sessions each week.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

BOURNEMOUTH HEART CLUB

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance for 2021-22

- A new, improved website was developed in conjunction with Rejuvenate, our IT support company, and was launched. The website has a friendlier look and feel to it.
- The revised Lease came into force on 6 August 2021, and since that time we have been engaging with the Hospital Estates and Finance Departments to determine the recharges under the terms of the lease. This process has been slow and is still being worked on. A Statement of Dilapidations outlining the condition of the Heart Club building was produced by an external company, and this has been discussed with the Estates Department representative but not yet agreed as work needs to be scheduled by Estates for an agreed view of the state of the building to be agreed. With the current building work under way on the Hospital site, not enough time has been scheduled to complete our requirements.
- The Job Support Scheme was supported until it was withdrawn by the Govt in Sept 2021.
- After a tremendous amount of planning by the Management Team of Caroline, Sam and Rachel a set of procedures were developed and agreed so that we could safely re-open the building and gyms in September 2021. We provide 27 on-site classes each week with a mix of formats, Circuit Exercise, Group Exercise, Assisted Group Exercise and Open Gym, giving members a number of interesting choices about how to exercise, all in a safe, secure and managed environment, taking into consideration the Government, Hospital and local safety restrictions and procedures. In addition, there are 4 zoom classes for those members who don't wish to physically come back to the Heart Club. These five types of classes, along with the availability of after-exercise tea and coffee facilities, mean that the Heart Club is operating as normally as possible.
- A great deal of time has been spent contacting those members who had not renewed their membership during the lockdown in an attempt to get them to return to exercise at the Club. Some have returned but not as many as the Club needs.
- Since the return to operations for the last seven months of the period we have seen returning members and class attendances gradually increase. Membership stands at 695 at the end of March 2022, with around 430 members exercising each month.
- Cardiac Rehab classes were suspended during lockdown with virtual assessments taking place. This had the impact of reduced numbers of new members coming from that source. With new sources of membership being investigated, the Exercise Duty Manager has been developing links with a number of hospital departments based upon the work completed around Long Covid patients. This work will form the basis for growth in 2022-23.
- Sadly, the Heart Club lost Vice-Chairman and long-time member Peter Hodges who died in October 2021, which reduced the number of in-term Trustees to 3, but on 24th February 2022, the Bournemouth Heart Club held the first Annual General Meeting since August 2019. At that meeting six new Trustees were elected and have taken up the task of managing the re-growth of the Heart Club.

BOURNEMOUTH HEART CLUB

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Financial review

At 31st March 2022, Building Society and Bank balances plus cash in hand totalled £991,351 (2021 - £1,030,312). After paying creditors the sum of £11,409 (2021 - £11,564), there remains £979,942 (2021 - £1,018,748) for the purposes prescribed in the Constitution.

The Trustees believe that Bournemouth Heart Club needs to build and maintain financial reserves to:

- Meet planned and unplanned expenditure in the short term, including maintenance and repairs, repair and replacement of exercise equipment.
- Safeguard the medium and long-term future of the Bournemouth Heart Club, by investing in new and improved exercise regimes.

Dealing with the first financial objective is straightforward as it represents a normal contingency for any organisation and funds are already in hand. The second financial objective requires significant planning as the Club's lease with the Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust has been extended for a further 25 years from 2021 to 2046. As a result, the Trustees have decided that there should be two levels of reserve:

- An undesignated general fund to meet the levels of expenditure set out above.
- A designated fund, the value of which remains unrestricted, which is in place to cover the potential costs of three areas, the first being the cyclical cost of replacing exercise equipment, the second is to cover any repairs to the structure of the Heart Club building during the period of the extension of the lease when it is anticipated such repairs are likely to be necessary. Included in this fund is the cost of the lease extension which will be written back to general reserves over the period of the lease, and the third represents the initial spend on Prevention. The levels of these reserves and policies behind them are reviewed annually by the Trustees ahead of the Club's AGM.

The Trustees have assessed the major risks to which the charity is exposed and are satisfied that processes and procedures are in place to mitigate exposure to the major risks.

Plans for the forthcoming year 2022-23

- Complete the discussions around the Lease in terms of agreeing the Statement of Dilapidations, Schedule of Costs, and the Financial reporting.
- The Fundraising Committee will be restarted to develop methods of raising extra funds alongside exercise.
- Communication Strategy: A complete review has taken place since the AGM in February and work has already commenced on the implementation of changes. This will be managed by the Office Manager and a designated Trustee. The activities include the following:
- The Keep Well Scheme has been rebranded as the Keep Well Hub in order to open up club membership to patients suffering from morbidities other than CVD Cardiovascular Disease e.g., Diabetes, Stroke TIA, COPD and Long Covid. Therefore, we will be promoting ourselves as a Multimorbidity Rehabilitation Centre of Excellence where patients can self-refer and undergo an assessment and an initial 20 session exercise programme.
- In association with the UHD Communications team, the Keep Well Hub has already been promoted via the UHD Trust Newsletter, a poster and leaflet campaign in the three UHD hospitals, banner advertising in the RBH Atrium and Main Outpatients department and in the new Poole Outpatients department at the Dolphin Centre. Also press releases have gone out to local media and will continue to do so.

BOURNEMOUTH HEART CLUB

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Plans for the forthcoming year 2022-23 (continued)

- Having defined our message, updated our website, and produced promotional material we will be promoting the Keep Well Hub to specific groups of people in various ways:
- Live events in public spaces such as the RBH Atrium, local shopping centres, NHS Trust events and other public events where BHC staff, trustees and volunteer members will seek to engage directly with the public with demonstrations and sponsored exercise challenges. These may also be fund raising events.
- Promotions aimed directly at existing members or lapsed members such as 'The Power of Two' campaign, which encourages members to exercise at least twice a week or come back to regular exercising post Covid. These will be communicated via the BHC Heart to Heart newsletter and in the club through the exercise instructors and club noticeboards.
- Promotions aimed at groups of people with specific morbidities such as Diabetes. A scheme for people with Type 2 Diabetes is already in the pipeline with funding in place and due to commence in October.
- Promotions aimed directly at NHS staff who will be able to self-refer and undergo an assessment and 20 session exercise programme, following which they will be eligible to join BHC. This has already commenced with an initial 60 places part funded by the NHS.
- Production of a short video extolling the virtues of becoming a member of BHC primarily for showing to Cardiac Rehab patients at the end of their rehabilitation course and also for use at BHC promotional events.
- Stories and articles about BHC, BHC members or BHC events in the local press, hospital radio, local radio and if a story is strong enough, regional TV.
- The start of a Development Programme for BHC with individual Projects supporting its future development and growth. Some actions and activities will be grouped into Projects and each Project will have a Champion, supported by BHC staff and/or Trustees.
- Focus groups will be introduced to engage with members in order to gain valuable feedback.

Structure, governance and management

The Constitution of the Bournemouth Heart Club was registered with the Charity Commission in December 1991. The Constitution was revised and adopted by the Bournemouth Heart Club on 13th June 2002, and subsequently revised on 9th August 2010, 25th July 2013, 24th July 2014, 20th July 2017 and 24th February 2022. The Club is an unincorporated Association.

The Trustees who served the charity during the year were:

Mr Nick Morgan (Chairman)	
Mr Peter Hodges (Vice-Chairman)	(Deceased 15 October 2021)
Mr Colin Southgate (Treasurer)	(Resigned 24 February 2022)
Mr John Slade (Vice-Chairman)	(Appointed 24 February 2022)
Mr Nigel Priest (Treasurer)	(Appointed 24 February 2022)
Mr Graham Flexman MBA MSc DMS CiLCA (Secretary)	(Appointed 24 February 2022)
Mr Peter Wardell	(Appointed 24 February 2022)
Mrs Julia Baker	
Mr Keith Skinner	(Resigned 28 August 2021)
Mrs Pauline Potentier	(Resigned 26 August 2021)
Mrs Susan Strassheim	(Appointed 24 February 2022)
Mr Chris Marshall MRaES	(Appointed 24 February 2022)
Mr Jeff Osment	(Appointed 24 February 2022)

BOURNEMOUTH HEART CLUB

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

All Trustees (except the President) are elected by the members of the Bournemouth Heart Club for a three-year term of office. The President is elected by the Trustees. Past President and Founder, Dr Adrian Rozkovec will serve the Trustees in a co-opted advisory role, for the same period. The policy and general management of the affairs of the Club are directed by a Trustees Committee comprising the Trustees. Ms Caroline Marshall and Mr Sam Panton are Joint Managers of the Heart Club and their duties include attending meetings of the Trustees Committee.

As the building is owned by the NHS Trust, there is a close liaison through a separate Management Committee, which meets several times each year and comprises:

- The Trustees of the Heart Club
- A Non-executive Director of the NHS Trust
- An Executive Director of the NHS Trust.

No meetings were held during the year due to the Pandemic and a Non-Executive Director of the Trust not being appointed by the Trust. There is now a Board member available to join the Management Committee so meetings will be recommenced.

Independent Examiner

The Trustees have requested that Hill Osborne carry out an independent examination in accordance with the Charity's Constitution.

Signed on behalf of the Trustees Committee

.....
Mr Nick Morgan

Chairman

Dated:

.....
Mr Nigel Priest

Treasurer

Dated:.....

BOURNEMOUTH HEART CLUB

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BOURNEMOUTH HEART CLUB

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BOURNEMOUTH HEART CLUB

I report to the Trustees on my examination of the financial statements of Bournemouth Heart Club (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

L.Ball, BSc FCA
Hill Osborne
Chartered Accountants

Tower House
Parkstone Road
Poole
Dorset
BH15 2JH

Dated:

BOURNEMOUTH HEART CLUB

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds general 2022 £	Unrestricted funds designated 2022 £	Total 2022 £	Total 2021 £
<u>Income from:</u>	Notes				
Donations and legacies	3	20,223	-	20,223	51,032
Charitable activities	4	166,738	-	166,738	178,093
Activities for generating funds - sales of books, shirts, raffles etc.,	5	6,986	-	6,986	9,156
Investments	6	3,484	-	3,484	7,000
Total income		<u>197,431</u>	<u>-</u>	<u>197,431</u>	<u>245,281</u>
<u>Expenditure on:</u>					
Costs of generating funds	7	920	-	920	1,567
Charitable activities	8	307,599	-	307,599	284,009
Total resources expended		<u>308,519</u>	<u>-</u>	<u>308,519</u>	<u>285,576</u>
Net gains/(losses) on investments	13	22,539	-	22,539	98,355
Net (outgoing)/incoming resources before transfers		(88,549)	-	(88,549)	58,060
Gross transfers between funds	20	23,971	(23,971)	-	-
Net movement in funds		<u>(64,578)</u>	<u>(23,971)</u>	<u>(88,549)</u>	<u>58,060</u>
Fund balances at 1 April 2021		549,320	1,112,853	1,662,173	1,604,113
Fund balances at 31 March 2022		<u>484,742</u>	<u>1,088,882</u>	<u>1,573,624</u>	<u>1,662,173</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BOURNEMOUTH HEART CLUB

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	14		578,062		620,913
Current assets					
Stocks		3,675		1,991	
Debtors	15	11,945		20,521	
Investments	16	875,255		972,025	
Cash at bank and in hand	17	116,096		58,287	
			<u>1,006,971</u>		<u>1,052,824</u>
Creditors: amounts falling due within one year	18		<u>(11,409)</u>		<u>(11,564)</u>
Net current assets			<u>995,562</u>		<u>1,041,260</u>
Total assets less current liabilities			<u>1,573,624</u>		<u>1,662,173</u>
Income funds					
Unrestricted funds - designated			1,088,882		1,112,853
<u>Unrestricted funds - general</u>					
Designated funds	20	1,088,882		1,112,853	
General unrestricted funds		<u>(604,140)</u>		<u>(563,533)</u>	
			<u>484,742</u>		<u>549,320</u>
			<u>1,573,624</u>		<u>1,662,173</u>

The accounts were approved by the members of the Committee on

.....
Mr Nick Morgan
Chairman
Signed on behalf of the Committee

.....
Mr Nigel Priest
Treasurer

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is received by way of membership subscription, exercise fees, donations, gifts, legacies and fund-raising activities.

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Membership subscriptions are included in the accounts in full on the date of receipt.

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

1.5 Resources expended

The salaries included within Charitable Activities relate to exercise staff. Within the heading of Office and Centre Costs are included office and administration staff salaries. These staff members spend a proportion of their time in dealing with charitable activities of the Heart Club in relation to membership and exercise classes. However it is impracticable to accurately apportion these costs between specific Charitable Activities and Office Centre Costs and therefore the total costs are shown under the heading Office and Centre Costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. These rates were as follows;

Lease	25 years straight line
Exercise and cardiac equipment	4 years straight line
Fixtures and fittings	4 years straight line
Office equipment	4 years straight line
IT equipment	3 years straight line
Tablets and mobile phones	2 years straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Heart Club Facilities

Bournemouth Heart Club does not own the completed building but has a lease for 25 years at a peppercorn rent from September 1996 to 2021. In 2010 negotiations were concluded to extend the lease for a further 25 years to 2046. As part of this agreement a capital transfer of £592,000 was made from the Club to the Royal Bournemouth and Christchurch Hospital NHS Trust as a payment in advance (index linked) to cover the cost of the extension from 2021 to 2046. The cost of the lease in Tangible Fixed Assets relates to the cost of the lease of the property for the benefit of the Club from 2021 to 2046. The cost of the lease therefore will be written off in the twenty-five year period from 2021 to 2046. Items of moveable equipment and furnishings are capitalised and shown as part of fixed assets of Bournemouth Heart Club.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Stocks

Stock comprises stamps, car parking fobs and locker tokens and are stated at the lower of cost and estimated selling price less costs to complete and sell, after making allowance for obsolete and slow moving items.

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks and other short-term liquid investments with original maturities of three months or less.

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Other investments

Other investments comprise call deposits with original maturities of more than three months.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

3 Donations and legacies

	Unrestricted funds general 2022 £	Unrestricted funds general 2021 £
Donations and gifts	12,738	37,450
Legacies receivable	7,485	13,582
	<u>20,223</u>	<u>51,032</u>
Donations and gifts		
General donations	7,771	31,155
Gift aid	3,547	6,200
Car parking deposits released to Bournemouth Heart Club	(20)	(25)
Car parking fees (non-returnable)	1,440	120
	<u>12,738</u>	<u>37,450</u>

4 Charitable activities

	2022 £	2021 £
Membership subscriptions and exercise fees	87,145	37,340
Membership subscriptions and exercise fees - Prevention	6,885	816
Health Assessments	60	-
Furlough Grants	41,371	120,660
Furlough Grants - Prevention	1,546	4,356
Long Covid	5,609	-
RBCH Trust - reimbursed	24,122	14,921
	<u>166,738</u>	<u>178,093</u>

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

5 Activities for generating funds
- sales of books, shirts, raffles etc.,

	2022	2021
	£	£
Easy Fund Raising	34	-
Raffles	959	-
Live As You Give	20	-
Locker Tokens	15	-
100 Club	2,376	2,352
Water	150	-
BH Coastal Lottery	2,084	2,152
Much Loved	156	-
Virgin Money	-	2,787
Amazon Smile	427	344
PayPal Giving	244	645
Purple Patch	186	837
Other items	335	39
	<u>6,986</u>	<u>9,156</u>

6 Investments

	2022	2021
	£	£
Other investment interest receivable	<u>3,484</u>	<u>7,000</u>

7 Costs of generating funds

	2022	2021
	£	£
<u>Costs of generating donations and legacies</u>		
Jurassic Walk Entries	-	(253)
100 Club	900	1,800
Lottery licence	20	20
	<u>920</u>	<u>1,567</u>

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

8 Charitable activities

	2022	2021
	£	£
Exercise staff costs	134,059	140,831
Office staff costs	64,211	68,636
Office and centre costs	72,474	44,719
Prevention staff costs	4,668	5,973
Cleaning staff costs	21,580	13,430
	<u>296,992</u>	<u>273,589</u>
Share of governance costs (see note 10)	10,607	10,420
	<u>307,599</u>	<u>284,009</u>

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Office and centre costs

	2022	2021
	£	£
Insurance	4,747	5,545
Staff Recruitment Costs	250	-
Advertising - new website (promotional video 2021)	6,120	4,002
Advertising - leaflets	120	-
Minor gym equipment	308	166
Advertising/ leaflets - Prevention	200	413
Exercise equipment maintenance	225	(120)
Air conditioning maintenance	640	499
Website maintenance	84	134
Members polo shirts	-	12
Telephone	351	203
Postage and stationery	756	1,197
Bank charges	148	223
Merchant rental charges	230	230
EVO monthly charges	725	298
Rates	4,332	4,332
Repairs and maintenance	(297)	-
New parking fobs	1,305	75
Cleaning materials	633	220
Depreciation - exercise and cardiac equipment	9,594	9,595
Depreciation - office equipment and fixtures & fittings	9,346	10,043
Depreciation - lease	23,911	-
IT maintenance and support	5,963	6,142
Payroll processing fees	308	370
Office equipment	321	698
Locker tokens	15	-
Refreshments for staff on courses and meetings	10	92
Staff Christmas gifts	86	-
G4S	-	72
Staff training	700	(510)
DBS checks for trustees	300	-
Refreshments for members	362	65
Staff uniforms	16	18
Miscellaneous sundry costs	665	705
	<u>72,474</u>	<u>44,719</u>

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

10 Support costs

	Support costs	Governance costs	2022	2021	Basis of allocation
	£	£	£	£	
Independent examination	-	2,800	2,800	2,740	Governance
Legal and professional	-	3,233	3,233	3,233	Governance
Bookkeeping fees	-	4,574	4,574	4,447	Governance
	<u>-</u>	<u>10,607</u>	<u>10,607</u>	<u>10,420</u>	
Analysed between Charitable activities	-	10,607	10,607	10,420	

11 Trustees

None of the Trustees (or any persons connected with them) received any remuneration during the year, or were paid any expenses during the year.

12 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Full time equivalent	<u>8.53</u>	<u>10.45</u>

There were no employees whose annual remuneration was £60,000 or more.

13 Net gains/(losses) on investments

	Unrestricted funds general 2022 £	Unrestricted funds general 2021 £
Revaluation of investments	<u>22,539</u>	<u>98,355</u>

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

14 Tangible fixed assets

	Lease	Exercise and cardiac equipment	Fixtures and fittings	Office equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2021	597,778	48,894	43,801	4,411	694,884
At 31 March 2022	597,778	48,894	43,801	4,411	694,884
Depreciation and impairment					
At 1 April 2021	-	39,300	30,779	3,892	73,971
Depreciation charged in the year	23,911	9,594	9,003	343	42,851
At 31 March 2022	23,911	48,894	39,782	4,235	116,822
Carrying amount					
At 31 March 2022	573,867	-	4,019	176	578,062
At 31 March 2021	597,778	9,594	13,022	519	620,913

15 Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Gift aid receivable	3,537	6,201
RBCH Trust	3,539	2,825
Prepayments and accrued income	4,869	11,495
	11,945	20,521

16 Investments

	2022	2021
	£	£
Close Brothers Treasury	70,000	85,000
Skipton Building Society	-	84,000
Shawbrook Bank	75,000	75,000
Cambridge & Counties Bank	82,530	81,546
United Trust Bank	60,000	80,710
Nationwide Building Society	30,686	30,670
Yorkshire Building Society	5,126	5,724
Investec Wealth & Investment Portfolio	297,403	285,542
Quilter Plc Portfolio	254,510	243,833
	875,255	972,025

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

17 Cash at bank and in hand

	2022	2021
	£	£
HSBC Treasury account	15,796	22,084
HSBC Savings account	100,003	36,001
Cash in hand	297	202
	<u>116,096</u>	<u>58,287</u>

18 Creditors: amounts falling due within one year

	2022	2021
	£	£
Parking deposits	5,015	5,075
Other creditors	2,660	170
Accruals	3,734	6,319
	<u>11,409</u>	<u>11,564</u>

19 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £2,521 (2021- £2,808) and is included in staff costs.

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

20 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	Balance at 1 April 2020 £	Transfers £	Balance at 1 April 2021 £	Transfers £	Balance at 31 March 2022 £
Designated Property Repair and Replacement Fund	390,000	10,000	400,000	-	400,000
Designated Equipment Replacement Fund	100,000	-	100,000	-	100,000
Designated Parking Deposits Fund	5,540	(465)	5,075	(60)	5,015
Lease Fund 2021-2046 (Prepaid 2010)	597,778	-	597,778	(23,911)	573,867
Designated Prevention Fund	10,000	-	10,000	-	10,000
	<u>1,103,318</u>	<u>9,535</u>	<u>1,112,853</u>	<u>(23,971)</u>	<u>1,088,882</u>

The Designated Property Repair and Replacement Fund is a designated, but unrestricted fund set aside by the Trustees in order to enable monies to be available to help to meet the possible financial burden at the end of the current building lease.

The Designated Equipment Replacement Fund is a designated, but unrestricted fund set aside by the Trustees as funds for the cyclical replacement of the exercise equipment.

The Designated Parking Deposits Fund is a designated, but unrestricted fund set aside by the Trustees as funds held on behalf of members for car park access passes refundable to members on cessation of membership. (This is held in a separate building society account)

The Lease Fund is a designated, but unrestricted fund set aside by the Trustees in order to recognise the amount of funds represented by the Lease of the Heart Club.

21 Analysis of net assets between funds

	Unrestricted funds 2022 £	Designated funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Designated funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	4,195	573,867	578,062	23,135	597,778	620,913
Current assets/(liabilities)	<u>480,547</u>	<u>515,015</u>	<u>995,562</u>	<u>526,185</u>	<u>515,075</u>	<u>1,041,260</u>
	<u>484,742</u>	<u>1,088,882</u>	<u>1,573,624</u>	<u>549,320</u>	<u>1,112,853</u>	<u>1,662,173</u>

BOURNEMOUTH HEART CLUB

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

22 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).