



# Foundation for Paediatric Osteopathy

Trading as The Osteopathic Centre for Children (Registered Charity No: 1003934)

Report of Trustees and Annual Accounts 2024/25

# About the Foundation for Paediatric Osteopathy

The Foundation for Paediatric Osteopathy is a charity dedicated to making osteopathy an option for all children and families.

We're here to help babies, children, teenagers (up to 18), pregnant and post-natal women access specialist paediatric osteopathy, regardless of their ability to pay. We also train highly skilled osteopaths in the specialism of paediatrics and conduct research into the benefits of osteopathy.

Our mission is to:

- Provide excellent osteopathic care for children and perinatal women
- Train skilled and knowledgeable paediatric osteopaths
- Research osteopathy for children
- Use osteopathic techniques to restore, maintain and support wellbeing for a lifetime, regardless of a family's ability to pay.

Our vision is of a world where any family can take a baby or child to consult a reputable paediatric osteopath who is safe and effective in the management of children and paediatric osteopathy is a respected option in promoting and managing childhood health, trusted by families and medical professionals.

The Foundation for Paediatric Osteopathy is a specialist osteopathy charity that makes osteopathy an option for all children and families. The Osteopathic Centre for Children is the name of our dedicated paediatric clinic.

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# Message from the Director of Osteopathy



This year has marked an important milestone for our charity. We have successfully relocated to our new Tower Bridge premises, creating a space that is not only more welcoming and practical, but also inspiring for the children, families, osteopaths and administrative staff who use it every day.

I am also pleased to share that we are now on a sound financial footing. This stability is thanks to the unwavering dedication of our staff and the incredible generosity of our supporters, whose continued commitment allows us to make a meaningful difference in the lives of so many children.

We are deeply grateful to everyone who plays a part in the Foundation's work — our donors and supporters whose generosity sustain us, our trustees for their guidance and stewardship, our staff and practitioners for their dedication and expertise, and the children and families who place their trust in us. We would also like to thank the patients and families who contributed to this report by sharing their experiences; their voices remind us why our work matters.

**Stuart Korth (DO DPO FICO)**

Trustee/Director of Osteopathy

# What our Patients Say



"I first heard about the OCC from my local lactation consultant. My baby had a bit of a difficult start to life and had to spend 8 days in NICU, while I also was being treated for pre-eclampsia. As a result, my son had some tightness, trauma in his body and a slight tongue tie. The lovely folks at the OCC have been wonderful at helping him with his trauma and tightness. I immediately saw a massive difference in my son's bowel movements and digestion after treatment. I also love that they are also treating me!"

**Patient's parent**



"We were referred by a tongue tie clinic. Raisa had issues with torticollis, left turn preference, muscle tension from c-sec and forceps. I also had breastfeeding issues including painful latch, but from 3rd appointment, no more pain from latch and can really see the improvement! Osteopathy is very beneficial, I just wish I had known about it earlier. My advice is don't wait – just come!"

**Patient's parent**



"All great! Can already see an improvement."

**Patient's parent**



"A friend recommended the service after we had some concerns about ASD/ADHD. We have been waiting on the NHS for 3 years for an assessment and so the treatment our son has received at the Osteopathic Centre for Children has been invaluable in managing his symptoms. The OCC makes treatment affordable and accessible; we would not have been able to afford such frequent visits without it."

**Patient's parent**

\* The stories featured in this report reflect the real experiences of our patients. However, some names and images have been changed to protect the identities of individuals.

# Trustees' Report

## Structure and Governance

The Foundation for Paediatric Osteopathy is an independent charitable company limited by guarantee. The Osteopathic Centre for Children is the name of the organisation's paediatric clinic.

The Foundation for Paediatric Osteopathy is governed by a Board of seven Trustees. The Board meets quarterly and Trustees have responsibility for the overall strategy and direction of The Foundation for Paediatric Osteopathy, and for financial and risk management.

The Managing Director and The Director of Osteopathy (co-founder Stuart Korth) are responsible for the day-to-day management of the charity's affairs, its future development and for implementing policies agreed by the Trustees. The Director of Osteopathy is also responsible for the care and safety of patients.

## Objects of the Foundation for Paediatric Osteopathy

- The relief of sickness amongst children and young people by the provision of osteopathic treatment and the improvement of quality of life
- To provide education and training for osteopaths
- To promote the benefits of osteopathy for children
- To monitor and carry out research

## Objectives and Activities for 2024/25

The following objectives were set for the Foundation for Paediatric Osteopathy in 2024/25:

1. To offer specialist osteopathic treatment regardless of the family's ability to donate
2. To run & develop education training courses
3. To promote public awareness of osteopathy
4. To find a new centralised home for the charity
5. To maintain breakeven financial position

 *Osteopathic consultation*



# Our Key Workstreams

## Osteopathic Centre for Children

Operates a dedicated paediatric clinic



Offers specialised skills and experience (particularly for complex cases) and subsidised appointments for disadvantaged families



Allows families to have a specialist facility available that they can consult at an affordable cost

## Education

Trains excellent osteopaths and provides Continuous Professional Development (CPD) opportunities



Establishes specialist skills for paediatric osteopaths



Allows families to have a reputable, trained and reliable local osteopath who will refer them to the OCC if needed

## Research

Conducts and reviews research



Establishes best practice and evidences effectiveness



Allows osteopaths and others to have a reputable authority to refer to and work with

## Fundraising & Marketing

Identifies funding opportunities and nurtures relationships with new & existing donors



Increases visibility and promotes the charity's vision and paediatric osteopathy



Securing funding and increasing patient footfall

# 1. Clinical Achievements

## 1.1 Clinic Reach

The charity continued its vital work this year, providing much-needed osteopathic care to families across London. In September 2025, we reached a significant milestone with the successful move into our new, centralised home in Southwark - part of our plan to bring the organisation under one roof and strengthen the way we deliver care.

Throughout the year, we ran clinics two days a week in Camden and Hackney, supported by a dedicated team of 17 osteopaths. Together, we treated 1,852 patients and delivered 7,614 treatment sessions, that were carried out to help disadvantaged babies, children, and perinatal women in need of care in London. With clinics operating at 88% capacity, we welcomed 1,417 new patients and 435 returning for follow-up care.

📷 *Osteopaths training in our clinic*



# 1,852

babies, children and perinatal women received treatment, regardless of their ability to donate

# 7,614

treatment sessions were carried out to help disadvantaged babies, children and perinatal women in need of care in London

# 88%

the clinic operated at 88% capacity

# 1,417

new patients welcomed to our clinic

# 6%

increase in patient footfall

## 1.2 Clinic Donations

We are proud to offer our osteopathy services free at the point of need, ensuring families from lower-income backgrounds can access the care they require. To help sustain this vital work, we ask patients to make a donation where possible.

This year, the average clinic donation rose by 22% to £22.97 (up from £18.80 in 2024). This increase has helped us continue offering the same number of treatment sessions to the public. Although the cost-of-living crisis and other financial pressures have affected how much some families can give, we remain committed to keeping our services accessible and encourage everyone to attend their appointments.

In 6% of our treatment sessions (492 sessions), patients were unable to contribute financially toward their care. We are monitoring this and applying to charitable trusts for additional funding to help cover the cost of providing treatment to those unable to donate.

### Level of Donations

- 6% of patients donated (£0) (prev. 9%)
- 19% of patients donated from £1 - £10 (prev. 26%)
- 26% of patients donated from £11-£20 (prev. 25%)
- 18% of patients donated from £21-£30 (prev. 13%)
- 5% of patients donated from £31-£39 (prev. 1%)
- 18% of patients donated £45 (prev. 8%)
- 7% of patients donated from £46 or more (prev. 10%).

It costs the organisation over £100 to provide a one-hour new patient assessment, treatment and evaluation, and more than £50 for a 30 minute follow-up appointment. This year, 25% of patients were unable to donate more than £10, and 75% of our patients were unable to donate £45 per session.

# 25%

of patients were unable to donate more than £10

# 6%

of our treatment sessions (492 sessions), patients were unable to contribute financially toward their care

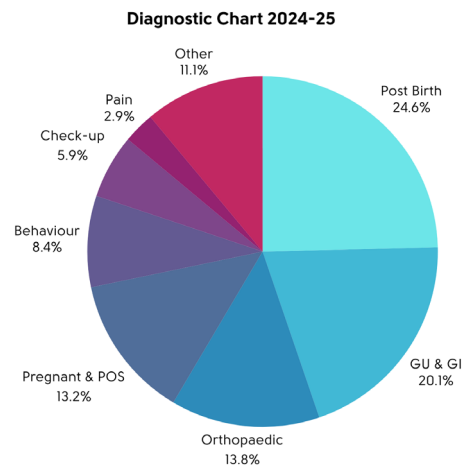
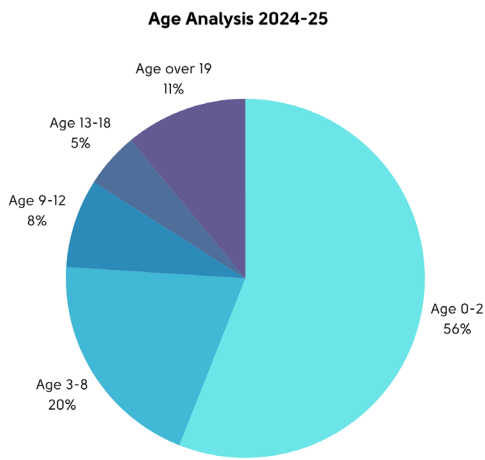
# 75%

of our patients were unable to donate £45 per session.

### 1.3 Patient Analysis

In the past year, our clinic delivered vital osteopathic treatment to 1,852 patients, the vast majority of whom were children in critical early-life stages. Children aged 18 or under accounted for 89% of all consultations; notably, 56% of all patients were aged 2 or under. In addition to paediatric services, 11% of consultations supported pregnant and postnatal patients, ensuring continuity of care from pregnancy to post-birth. This integrated approach allows us to address health needs at the most impactful moments improving outcomes for both mothers and children.

The most common concerns presented in clinic were Post Birth conditions (24.6%), Gastrointestinal and Genitourinary concerns (20.1%), and Orthopaedic issues (13.8%), reflecting the significant need for timely, specialised clinical support for infants, children, and postnatal patients.



### 1.4 Clinic Referrals

During the year, 31% of our patients reported being referred to our clinic by a member of NHS staff and other health professionals, including midwives, breastfeeding clinics, lactation consultants, health visitors and GPs. This reflects the trust and confidence the medical community places in our ability to improve the daily lives of young patients.

Word of mouth continues to be the primary way families learn about our clinic, demonstrating the high regard and appreciation for our work within the communities we serve. This year, our referrals are as follows:

- 53% friends and family
- 31% healthcare
- 16% media & other means

 Zara receiving osteopathic treatment



# Patient Stories



## Marcel

Marcel first came to the OCC after experiencing persistent eye irritation, after 2 treatments Marcel's mother, Kim, noted the irritation was 'completely resolved and the treatment 'very effective'.

Returning some time later with trauma in his mouth, Kim remains certain that the OCC will see him 'recover comfortably and quickly'.

Though Marcel is somewhat new to the OCC, Kim and her 7 children are no strangers to the 'personalised, child-centred care' provided by the charity. Noting that 'it's a big part of our lifestyle. I feel really involved with the treatment plans for my children.'

 Marcel receiving treatment




## Zack

Zack was born with talipes (clubfoot) on his left side and experienced head asymmetry following a forceps delivery. His mum, Sandy, recounts why she brought Zack to the OCC,

'His head was a bit wonky at the back, and he couldn't do much tummy time. At six weeks old, we started weekly casting of his foot and leg, for around 8 weeks. Then he had the tendon cut, followed by wearing boots and bars for 23 hours a day for three months

Though essential, this treatment affected Zack's early mobility and development. Sandy notes, 'he had to work so much harder to explore the world like other children his age.'

Turning to the OCC to support his recovery and development, the specialist care enable Zack to begin the process of regaining mobility, improving alignment and continuing to thrive.

 Zack receiving osteopathic treatment

## 2. Educational Achievements

### 2.1 Post-Graduate Training

This year, our educational programs continued to draw registered osteopaths seeking specialist training and continuing professional development in paediatrics.

- 10 osteopaths completed the Diploma in Paediatric Osteopathy (DPO) at the end of 2025
- 8 osteopaths completed the Certificate in Paediatric Osteopathy (CPO) course at the end of 2025
- 16 osteopaths have enrolled on the Certificate in Paediatric Osteopathy (CPO) course for 2025-26

### 2.2 Continuous Professional Development

Our Education team worked tirelessly this year to expand our Continuing Professional Development (CPD) offering for osteopaths. The number of CPD days increased by 136%, with 26 days of course successfully delivered.

We remain committed to advancing our educational programmes and are continuing the validation process for our course with the Fondazione Osteopatia Pediatrica in San Marino. Looking ahead, we plan to further grow and strengthen this area of our work.

### Trainee Stories

“Widens Knowledge and skills surrounding paediatric treatment improves safety and DD skills.” - Jane

“I learnt a lot from observation so watching them put their hands on and telling me about their thinking or what they feel in the patient helps me develop my own thinking and treatment approaches.” - Kelvin

# 300

Diplomas in Paediatric Osteopathy/MSc awarded to-date (1991-2025)

# 31

Awards in Paediatric Osteopathy awarded to date

# 35

Certificates in Paediatric Osteopathy awarded to date

# 136%

increase in CPD days held this year

# 33%

increase in applicant numbers for 2025-26

“Do it! It’s made me want to do future training”  
- Carl

“I chose to come here as I was treated here as a baby and I knew it was an incredible place for paediatric training. It is an incredible course for lots of reasons. The clinical element is crucial, and the tutors are incredible. Training and working alongside of them is invaluable.” - Rebecca

### 3. Fundraising & Marketing Achievements

We ended the year in a strong financial position, raising £190,000 for 2025 and securing an additional £116,000 to support babies, children, and perinatal women in 2026. These funds will help us continue delivering vital osteopathic care to families who need it most.

This year also marked the first instalment of our BBC Children in Need grant - a multi-year award from a previously cold funder. We are proud to have begun this new partnership and are optimistic about building further long-term relationships with new supporters.

Looking ahead, our Fundraising team will focus on diversifying income streams to create more opportunities for sustainable growth and strengthen the charity's long-term resilience.

Our efforts to increase visibility and promote paediatric osteopathy have continued throughout the year. A key milestone was the rebuild of our website, which now offers improved accessibility, a more engaging user experience, and easier access to our services and resources.

A major highlight of the year was our move to a new clinic in Southwark. Our Marketing team worked hard to ensure all patients were well informed about the relocation, and we marked the occasion with a successful launch event attended by the Mayor of Southwark and beautifully captured by a professional photographer. The event brought together our neighbours, patients, and osteopaths helping to strengthen our connections within the local community.

This year, we partnered with the European School of Osteopathy to celebrate World Osteopathic Healthcare Week. Together, we raised awareness of the lifelong benefits of osteopathy and showcased how osteopathic treatment can complement existing medical care for people of all ages.



📷 Celebrating the opening of our Southwark clinic



📷 The Mayor of Southwark cutting the ribbon at our new clinic opening

# 4. Finance

## 4.1 How we Raised our Money

The charity has three main sources of income - Clinic donations, Fundraising and Education.

A large proportion of our income (44%) comes from clinic donations. Although our patients are not charged for their appointments, as this is our main charitable activity, we ask for donations to help the charity continue to provide osteopathy to families from lower-income backgrounds.

Many people have contributed to our work through donations in clinic, regular giving and volunteering their time or skills. We are, as ever, hugely grateful for all such contributions as well as the continued generosity of charitable trusts, companies and individuals, without which the Foundation would be unable to operate.

## 4.2 Objectives Achieved

The charity's focus for 2024-25 was to maintain a breakeven financial position, sustain patient numbers, and expand our educational offerings.

Our annual income for the year was £493k, with expenditure of £488k, leaving a surplus of £4k. Clinic donations continued to provide a steady and vital source of income, enabling us to carry out clinic activities and provide osteopathic care to families who might otherwise be unable to afford treatment.

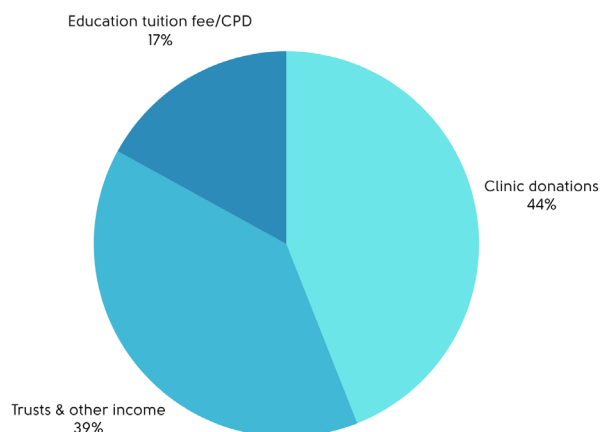
Fundraising made a significant contribution to our work this year, with total income rising 113% to £190k. This growth was supported by a major gift from one of our long-standing funders, helping us to continue providing care and expand our services. Our Marketing and Fundraising team has worked strategically to secure both immediate and long-term opportunities, raise the charity's profile, and build connections within the Southwark community.

The Education team also made significant strides, increasing our Continuing Professional Development (CPD) offering by 136%, delivering 26 CPD days compared to 11 the previous year. This reflects our ongoing commitment to providing high-quality training and professional development for osteopaths.

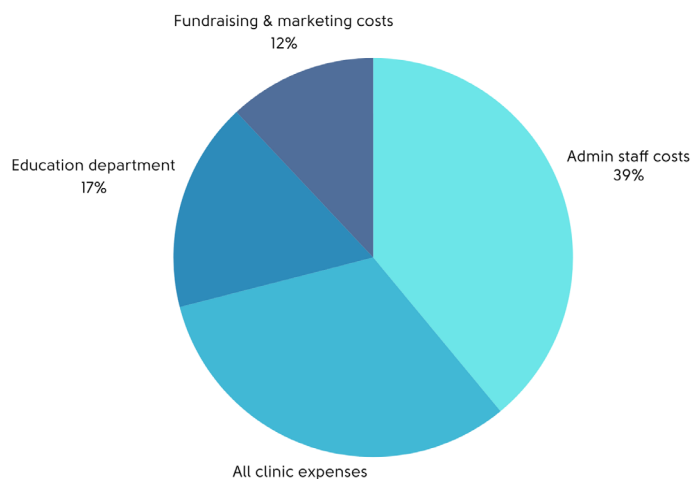
## 4.3 Reserves

At the end of October 2025, the overall cash reserve stood at £246k unrestricted and is available to finance the charitable objective. This is within the Charity Commission's guideline of six months of expenditure.

Income Chart 2024-25



Expenditure Chart 2024-25



# Looking Ahead: Plans for 2025-2026

## Organisational Growth

In 2025/26, we will build on our expanded clinical team and new central London clinic to drive renewed growth and impact. With a 55% increase in trainees and volunteer osteopaths, we will operate four clinic days per week - a major milestone in the OCC's continued expansion and service delivery.

Our move to a central London location presents exciting opportunities to enhance the charity's visibility, reputation, and leadership in paediatric osteopathy.

## Operational Goals

- Operate four clinic days per week with a team of 26.25 osteopaths, delivering 11,812 treatment sessions (representing a 54% increase)
- Reach 2,953 patients through targeted outreach and advertising campaigns (representing an increase of 59.5%)
- Diversify income streams through enhanced CPD programmes and strengthened fundraising initiatives with targets of £210k (representing a 10% increase on last year).
- Launch clinical research in partnership with the National Council for Osteopathic Research (NCOR). This initiative will begin in May 2026 and includes participation in research using Patient Reported Outcome Measures (PROMs), which capture patients' perspectives on changes in symptoms, function and quality of life following treatment. The analysis of this data will support the evaluation of clinical outcomes and contribute to a stronger evidence base for osteopathic care

## Risk Management

The Trustees regularly review the major financial, operational and reputational risks which the charity faces. With overall responsibility for the charity and its systems of internal control, the Trustees ensure there are reasonable procedures in place to prevent and detect fraud and other irregularities. It is noted that such procedures can only provide reasonable,

not absolute, assurance against errors and fraud.

Senior staff are expected to identify and analyse risks relating to their area of work and report on the procedures which are in place, being developed or reviewed to minimize their likely impact on the charity.

Particular risks we anticipate include the more difficult funding landscape facing smaller charities like ours. Although we are not in receipt of EU or UK government funding, the loss of these funds to other organisations will inevitably put increased pressure on other funding sources.

As a small charity with no extra fundraising resource, and the increased expectations of many Trusts and Foundations asking for significant amounts of planning, documentation and evidence before the proposal stage, we feel this is one of our most significant risks in the coming years.

Succession planning and the loss of continuity and expertise through staff turnover remains a risk, as does the increased competition from our own postgraduate osteopaths for wealthier patients who may be in a better position to make donations to the charity.


## Remuneration

All salaries were benchmarked against similar charities and found to be within an acceptable range.

## Pensions

All staff are enrolled in an auto-enrolment pension scheme, currently held by NEST and Friends.



 OCC staff photographed at new clinic launch event

# Reference and Administrative Details

**Registered Company Number:** 02545759 (England and Wales)

**Registered Charity Number:** 1003934

**Registered office:** Unit 1, Knot House  
Brewery Square  
London, SE1 2LF

**Board of Trustees:** D E Barber MBE  
E C Foinette  
S B P Korth  
J M Lyras  
N D Woodhead  
C Rahman  
M Collins

**Company Secretary** S S Pusey

**Independent Examiner:** Ebenezer Okai  
Leroy Reid & Co  
Chartered Certified Accountants  
& Statutory Auditors  
299 Northborough Road  
Norbury  
London SW16 4TR

**Solicitors:** Lee, Bolton & Lee  
1 The Sanctuary  
London SW1P 3JT

**Bankers:** Co-operative Bank Plc  
80 Cornhill  
London EC3V 3NJ  
Clydesdale Bank  
55 Regents Street  
London, SW1Y 4ND

# Structure, Governance and Management

## Organisational Structure

The Board of Trustees is responsible for the overall governance of the charity. The Managing Director is responsible for the day to day management of the charity's affairs, its future development, and for implementing policies agreed by the Trustees, assisted by other staff. The Director of Osteopathy (co-founder Stuart Korth) is responsible for the care and safety of patients.

## Governing Document

The charity is controlled by its governing document, a deed of trust and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

## Recruitment and Appointment of New Trustees

The Directors of the company are also charity Trustees for the purpose of charity law and under the company's articles are known as members of the Board of Directors.

Under the requirements of the Articles of Association at every Annual General Meeting, one-third or if their numbers cannot be divided by three, the number nearest to one-third of the Directors, shall retire from office but may offer themselves for reappointment by the Members.

The Directors to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. For persons who were appointed or last reappointed on the same day, those to retire shall be determined by drawing lots (unless they agree otherwise among themselves). A Director appointed since the previous Annual General Meeting shall not be taken into account in determining the Directors who are to retire by rotation. All Trustees are volunteers and represent a range of backgrounds and experiences.

New Trustees are invited and receive an induction from the committee to acquaint them with charitable company's policies, practices, aims, activities, management and governance, as is expected under charity law and the Charity Commission's guidance and publications.

## Statement of Trustees' Responsibilities

The Trustees (who are also the directors of Foundation for Paediatric Osteopathy for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charity SORP
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company, which enables them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

# Statement of Public Benefit

The Trustees have reflected upon the charitable objectives of the Osteopathic Centre for Children and reviewed the activities of the charity over the past year, as described in detail in this report. The Trustees are satisfied they have had due regard to the guidance of the Charity Commission on public benefit, and note that the charitable activities focus on the provision of a dedicated osteopathic clinic for babies, children and perinatal women, the postgraduate training of qualified osteopaths in the paediatric specialism and research into the effectiveness of osteopathy in the paediatric population.

The work undertaken by the charity plays an important role in helping children's bodies work to the best of their ability, whatever their starting point and regardless of their family's financial situation, to help them achieve their optimum function later in life. The Osteopathic Centre for Children believes that paediatric osteopathy should be available to all children, and is committed to making our clinics accessible to disabled and disadvantaged children, making osteopathy a trusted holistic health care option for all families.

## Independent Examiner

The independent examiner, Leroy Reid & Co, will be considered for re-appointment at the forthcoming Annual General Meeting.

Report of the Trustees, incorporating a strategic report, approved by order of the board of Trustees, as the company directors, on

19/3/2026

and signed on the board's behalf by:



J M Lyras

# Independent Examiner's Report to the Trustees of Foundation for Paediatric Osteopathy

## Independent Examiner's Report to the Trustees of Foundation for Paediatric Osteopathy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st October 2025.

### Responsibilities and Basis of Report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

### Independent Examiner's Statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

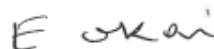
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other

than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ebenezer Okai (BSc) FCCA

The Association of Chartered Certified Accountants

Leroy Reid & Co

Chartered Certified

Accountants

299 Northborough Road

Norbury

London

SW16 4TR

Date: 23/03/2026

# Statement of Financial Activities for the Year Ended 31 October 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	371,436	36,420	407,856	387,680
<b>Charitable activities</b>					
Education	3	<u>85,189</u>	<u>-</u>	<u>85,189</u>	<u>125,292</u>
<b>Total</b>		<u>456,625</u>	<u>36,420</u>	<u>493,045</u>	<u>512,972</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Clinic	4	312,705	36,420	349,125	335,346
Education		81,432	-	81,432	117,417
Marketing & Fundraising		<u>58,080</u>	-	<u>58,080</u>	<u>52,444</u>
<b>Total</b>		<u>452,217</u>	<u>36,420</u>	<u>488,637</u>	<u>505,207</u>
<b>NET INCOME</b>					
		4,408	-	4,408	7,765
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>241,710</u>	-	<u>241,710</u>	<u>233,945</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>246,118</u></u>	<u><u>-</u></u>	<u><u>246,118</u></u>	<u><u>241,710</u></u>

**Statement of Financial Position**  
**31 October 2025**

	Notes	2025 £	2024 £
<b>FIXED ASSETS</b>	9	19,259	-
Debtors			
<b>CURRENT ASSETS</b>			
Debtors	10	16,444	8,120
Cash at bank and in hand		<u>406,356</u>	<u>474,191</u>
		422,800	482,311
<b>CREDITORS</b>			
Amounts falling due within one year	11	(195,941)	(240,601)
		_____	_____
<b>NET CURRENT ASSETS</b>		<u>246,118</u>	<u>241,710</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		246,118	241,710
		_____	_____
<b>NET ASSETS</b>		<u>246,118</u>	<u>241,710</u>
<b>FUNDS</b>	13		
Unrestricted funds:			
General fund		<u>246,118</u>	<u>241,710</u>
<b>TOTAL FUNDS</b>		<u>246,118</u>	<u>241,710</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st October 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st October 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements

of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on

19/3/2026

and were signed on its behalf by:

S B P Korth - Trustee

**Statement of Cash Flows**  
**31 October 2025**

	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	15	<u>(46,407)</u>	<u>107,405</u>
Net cash provided by/(used in) operating activities		<u>(46,407)</u>	<u>107,405</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>21,428</u>	-
Net cash (used in)/ provided by investing activities		<u>21,428</u>	-
<b>Change in cash and cash equivalents in the reporting period</b>		(67,835)	107,405
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>474,191</u>	<u>366,786</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>406,356</u></u>	<u><u>474,191</u></u>

# Notes to the Financial Statements for the Year Ended 31st October 2025

## 1. Accounting Policies

### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	33% on cost
Computer equipment	-	33% on cost

### Taxation

The charitable company is exempt from corporation tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

### Pension costs and other post-retirement benefits

The charitable company operates a Stakeholder pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### Going concern

The financial statements have been prepared on the going concern basis on the understanding that there is enough reserve for the next 12 months and the charity's ability to raise sufficient funds from new sources in the future.

## 2. Donations and Legacies

	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Donations	174,870	-	174,870	244,367
Gift aid	30,814	-	30,814	48,416
Trust income	148,550	36,420	184,970	83,829
Sundry income	11,979	-	11,979	5,095
Individual giving	<u>5,223</u>	<u>-</u>	<u>5,223</u>	<u>5,973</u>
	<u>371,436</u>	<u>36,420</u>	<u>407,856</u>	<u>387,680</u>

## 3. Income from Charitable Activities

	2025 Education £	2024 Total activities £
Education	<u>85,189</u>	<u>125,292</u>

## 4. Charitable Activities Costs

	Direct Costs (see note 5) £
Clinic	349,125
Education	81,432
Marketing & Fundraising	<u>58,080</u>
	<u>488,637</u>

## 5. Direct Costs of Charitable Activities

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Staff costs	273,704	268,428
Rent and rates	52,710	57,154
Insurance	5,794	5,453
Telephone expenses	6,150	5,122
Postage and stationary	6,781	5,395
Sundries	1,337	2,223
Cleaning and sanitation	997	-
Computer maintenance	20,826	19,717
HR outsource expenses	3,595	3,039
Clinic consultants	24,497	37,522
Bank charges and interest	4,885	5,356
Recruitment cost	1,139	1,199
Event cost	2,641	-
Volunteer & staff travel	1,833	1,387
Examiner's fees	4,200	4,200
Staff training and subscription	315	697
Education clinic tutor	44,383	69,989
Education general expenses	-	2,231
London clinic expenses	1,065	1,672
Marketing and publicity costs	3,790	14,414
Agency staff	5,000	-
Relocation costs	20,826	-
Depreciation	2,169	-
	<u>488,637</u>	<u>505,207</u>

## 6. Net Income / Expenditure

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Net income/(expenditure) is stated after charging/(crediting):

Depreciation - owned assets	<b>2025</b> <b>£</b>	<b>2024</b> <b>£</b>
	2,169	-

## 7. Trustees' Remuneration and Benefits

Mr Nicholas Woodhead received fees for CPD lecture of £300 during the year.

### Trustees' Expenses

There were no trustees' expenses paid for the year ended 31st October 2025 nor for the year ended 31st October 2024.

## 8. Staff Costs

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	<b>2025</b> <b>£</b>	<b>2024</b> <b>£</b>
Wages and salaries	208,887	208,752
Social security costs	10,554	12,242
Other pension costs	<u>54,263</u>	<u>47,434</u>
	<u>273,701</u>	<u>268,428</u>

The average monthly number of employees during the year was as follows:

	<b>2025</b>	<b>2024</b>
London clinic	10	9
Education	1	1
Marketing & Fundraising	<u>3</u>	<u>3</u>
	<u>14</u>	<u>13</u>

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The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	<b>2025</b>	<b>2024</b>
£ 70,001 - £80,000	1	1

## 9. Tangible Fixed Assets

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>	-	27,094	94,458	121,552
At 1st November 2024	14,920	4,279	2,229	21,428
Additions	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
At 31st of October 2025	<u>14,920</u>	<u>31,373</u>	<u>96,687</u>	<u>142,980</u>
<b>DEPRECIATION</b>	-	27,094	94,458	121,552
At 1st November 2024	-	1,426	743	2,169
Charge for year	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
At 31st October 2025	<u>          </u>	<u>28,520</u>	<u>95,201</u>	<u>123,721</u>
<b>NET BOOK VALUE</b>	14,920	2,853	1,486	19,259
At 31st October 2025	<u>14,920</u>	<u>2,853</u>	<u>1,486</u>	<u>19,259</u>
At 31st October 2024	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

## 10. Debtors: Amounts Falling Due Within One Year

	2025 £	2024 £
Accrued Income	<u>16,444</u>	<u>8,120</u>

## 11. Creditors: Amounts Falling Due Within One Year

	2025 £	2024 £
Trade creditors	1,008	21,166
Student fees	44,676	35,711
Accruals	33,507	27,304
Deferred income	116,750	156,420
	<u>195,941</u>	<u>240,601</u>

## 12. Analysis of Net Assets Between Funds

	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Fixed assets	19,259	-	19,259	-
Current assets	422,800	-	422,800	482,311
Current liabilities	(195,941)	-	(195,941)	(240,601)
	<u>246,118</u>	<u>-</u>	<u>246,118</u>	<u>241,710</u>

## 13. Movement Between Funds

	At 1.11.24 £	Net movement in funds £	At 31.10.25 £
<b>Unrestricted funds</b>	<u>241,710</u>	<u>4,408</u>	<u>246,118</u>
General fund			
<b>TOTAL FUNDS</b>	<u>241,710</u>	<u>4,408</u>	<u>246,118</u>

Net movement in funds, included in the above as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	456,625	(452,217)	4,408
<b>Restricted funds</b>			
Restricted fund	<u>36,420</u>	<u>(36,420)</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u>493,045</u>	<u>(488,637)</u>	<u>4,408</u>

## Comparatives for movement in funds

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
<b>Unrestricted funds</b>			
General fund	<u>233,945</u>	<u>7,765</u>	<u>241,710</u>
<b>TOTAL FUNDS</b>	<u>233,945</u>	<u>7,765</u>	<u>241,710</u>

### 13. Movement in Funds - Continued

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Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	512,972	(505,207)	7,765
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>512,972</u>	<u>(505,207)</u>	<u>7,765</u>

A current year 12 months and prior year 12 months combined position is as follows:

<b>Unrestricted funds</b>			
General funds	233,945	12,173	246,118
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>233,945</u>	<u>12,173</u>	<u>246,118</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

<b>Unrestricted funds</b>			
General funds	969,597	(957,424)	12,173
	<hr/>	<hr/>	<hr/>
<b>Restricted funds</b>			
Restricted Fund	36,420	(36,420)	-
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>1,006,017</u>	<u>(993,844)</u>	<u>12,173</u>

## 14. Related Party Disclosures

Related party transactions for the year ended 31st October 2025 are as follows:

The MD of the charity was paid remuneration including (21% employer NI and Pension) totalling £89k (2024 - £82k).

## 15. Reconciliation of Net Income to Net Cash Flow From Operating Activities

	2025 £	2024 £
<b>Net income for the reporting period (as per the Statement of financial activities)</b>		
<b>Adjustments for:</b>	4,408	7,765
Depreciation charges	2,169	-
Increase in debtors	(8,324)	(1,840)
(Decrease)/increase in creditors	(44,660)	101,480
<b>Net cash (used in)/provided by operations</b>	(46,407)	107,405

## 16. Analysis of Changes in Net Funds

	At 1.11.24 £	Cash flow £	At 31.10.25 £
<b>Net cash</b>			
<b>Cash at bank and in hand</b>	474,191	(67,835)	406,356
	474,191	(67,835)	406,356

# Thank you

The Foundation for Paediatric Osteopathy would like to thank the following trusts, foundations, and donors for their support:

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Coutts Charitable Trust / The Crucible Foundation

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BBC Children in Need

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GeneSys Legacy Project

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Sandra Charitable Trust

---

Gerald Micklem Charitable Trust

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M&G Community Fund

---

PF Charitable Trust

---

St. James' Place Charitable Trust

---

The Lyras Family Charitable Trust

---

The Co-operative Bank

---

Leroy Reid and Co

---

Holt Charitable Trust

We would also like to thank our team of osteopaths, administrative team, and the many individuals who supported our clinics in London.



📷 *Rudi receiving his treatment*

📷 Our open plan clinics allow our osteopaths to work together as a team when treating patients



## **The Foundation for Paediatric Osteopathy is a charity dedicated to making osteopathy an option for all children and families.**

We're here to help babies, children, teenagers (up to 18), pregnant and post-natal women access specialist paediatric osteopathy, regardless of their ability to pay. We also train highly skilled osteopaths in the specialism of paediatrics and conduct research into the benefits of osteopathy.

The Foundation for Paediatric Osteopathy  
Unit 1, Knot House  
Brewery Square  
London, SE1 2LF  
020 8875 5290  
[www.occ-fpo.org.uk](http://www.occ-fpo.org.uk)

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