



Foundation for Paediatric Osteopathy

Publicly known as The Osteopathic Centre for Children (Registered Charity No: 1003934)

Report of trustees and annual accounts 2023/24

About the Foundation for Paediatric Osteopathy

The Foundation for Paediatric Osteopathy is a charity dedicated to making osteopathy an option for all children and families.

We're here to help babies, children, teenagers (up to 18), pregnant and post-natal women access specialist paediatric osteopathy, regardless of their ability to pay. We also train highly skilled osteopaths in the specialism of paediatrics and conduct research into the benefits of osteopathy.

Our mission is to:

- Provide excellent osteopathic care for children and perinatal women
- Train skilled and knowledgeable paediatric osteopaths
- Research osteopathy for children
- Use osteopathic techniques to restore, maintain and support wellbeing for a lifetime, regardless of a family's ability to pay.

Our vision is of a world where any family can take a baby or child to consult a reputable paediatric osteopath who is safe and effective in the management of children and paediatric osteopathy is a respected option in promoting and managing childhood health, trusted by families and medical professionals.

The Foundation for Paediatric Osteopathy is a specialist osteopathy charity that makes osteopathy an option for all children and families. The Osteopathic Centre for Children is the name of our dedicated paediatric clinic.

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Message from the Director of Osteopathy



I am pleased to report that the organisation remains in a strong financial position, thanks to the unwavering support of a major funder and the hard work of our Fundraising & Marketing Department.

Over the past year, we have continued to deliver expert osteopathic care to babies, children, and pre- and post-partum women, maintaining our commitment to providing high-quality treatment to those who need it most.

Looking ahead, we face the important task of recruiting osteopaths to support next year's Paediatric Osteopathy course. At the same time, we are actively working on plans to expand the organisation's educational offerings. This strategic growth will not only enhance our impact but also increase both our income and the number of practitioners benefiting from our expertise.

I would like to extend heartfelt thanks to our small, dedicated, and highly efficient administrative team for their hard work throughout the year. Special appreciation is also due to our Senior Osteopaths, who have generously volunteered their time and expertise to further develop and deliver the education programme.

Stuart Korth (DO DPO FICO)
Trustee/Director of Osteopathy

What our patients say



“Dylan has been diagnosed with Rett’s syndrome since she was two years old, so we’ve been coming to the OCC since then. We’re real veterans and the treatment really helps her. We see a major difference in her well-being and how she performs her daily task after her treatments and that’s why we keep coming.”

Dylan, 14 years old



“We’ve been coming since Jude was born. Jude has Down syndrome. So, we’ve been coming for kind of overall health. He comes about once a month, sometimes more regularly if he’s poorly. We just find it amazing for general health to just keep him active and busy, I think the treatment keeps him more well. He’s prone to chest infections so if we come here they keep the fluids moving and give him a real energy boost and just support his overall health and well-being.”

Jude, 2 years old



“My daughter is 4 months old and we came in because she has issues with mobility and is not moving as she should be. The treating osteopath was excellent and very thorough. I was very happy with the attention and service we received. I feel great about bringing her here because there’s something about the OCC being a charity that makes me feel confident that people here want to do something good and care about the patients.”

Anonymous, 4 months old



“I have also received treatment at the OCC. I was so stressed during my pregnancy with Albert because my pregnancy before him ended up in a still birth at 36 weeks. I had a lot of anxiety and worry during my pregnancy. The OCC treated me for trauma from the stillbirth. I was holding everything in and you could feel it in my chest and my lower back. The treatment was amazing. I felt amazing. I didn’t want it to end!”

Kelly, 29 years old

*The stories featured in this report reflect the real experiences of our patients. However, some names and images have been changed to protect the identities of individuals.

Trustees' report

Structure and governance

The Foundation for Paediatric Osteopathy is an independent charitable company limited by guarantee. The Osteopathic Centre for Children is the name of the organisation's paediatric clinic.

The Foundation for Paediatric Osteopathy is governed by a Board of five Trustees. The board meets quarterly and Trustees have responsibility for the overall strategy and direction of The Foundation for Paediatric Osteopathy, and for financial and risk management.

The Managing Director (Sherlene Pusey) and The Director of Osteopathy (co-founder Stuart Korth) are responsible for the day to day management of the charity's affairs, its future development and for implementing policies agreed by the Trustees. The Director of Osteopathy is also responsible for the care and safety of patients.

Objects of the Foundation for Paediatric Osteopathy

- The relief of sickness amongst children and young people by the provision of osteopathic treatment and the improvement of quality of life among children and young people
- To provide education and training for osteopaths
- To promote the benefits of osteopathy for children
- To monitor and carry out research

Objectives and activities for 2023/24

The following objectives were set for the Foundation for Paediatric Osteopathy in 2023/24:

1. To offer specialist osteopathic treatment regardless of the family's ability to donate
2. To run and develop education training courses
3. To promote public awareness of osteopathy
4. To maintain a breakeven financial position



 *Osteopathic consultation*



Our key workstreams



Osteopathic Centre for Children

Operates dedicated paediatric clinics

Offers specialised skills and experience (particularly for complex cases) and subsidised appointments for disadvantaged families

Allows families to have a specialist facility available that they can consult at an affordable cost.

Education

Trains excellent osteopaths and provides Continuous Professional Development (CPD) opportunities

Establishes specialist skills for paediatric osteopaths

Allows families to have a reputable, trained and reliable local osteopath who will refer them to the OCC if needed

Research

Conducts and reviews research

Establishes best practice and evidences effectiveness

Allows osteopaths and others to have a reputable authority to refer to and work with

Fundraising & Marketing

Identifies funding opportunities, and nurtures relationships with new and existing donors

Increases visibility and promotes the charity's vision and paediatric osteopathy

Securing funding and increasing patient footfall

Our achievements

The charity's primary goal for 2023–2024 was to continue providing osteopathic care, delivering courses in paediatric osteopathy, and maintaining a breakeven financial position. Thanks to the incredible generosity and commitment of our stakeholders, we successfully achieved these objectives. To everyone who has contributed their time and support to keeping the charity's doors open, we extend our heartfelt gratitude.

A special acknowledgment goes to our Director of Osteopathy, who selflessly dedicated over 300 hours of his time to administrative and teaching roles—tasks that would otherwise have required funding for a paid position.

We also owe immense thanks to our eight volunteer osteopaths, who collectively contributed over 1,800 hours to support families unable to access private care. Their efforts have made an invaluable difference to those in need.

The Managing Director's tireless dedication deserves particular recognition. In addition to covering gaps in administrative staffing, her deep understanding of the charity's financial needs has been instrumental in ensuring the organisation operates efficiently and effectively.

For the financial year, the charity raised a total income of £512k, with an expenditure of £504k, compared to £477k and £463k, respectively, in the previous year.

We'd like to thank the senior osteopaths and admin team for their role in this achievement.

12%

increase in patient footfall

14%

increase in treatment sessions carried out

17%

increase in course applications.

8

Continuous Professional Development Days

7.5%

growth in income raised



 *Alexa receiving treatment*



Alexa

“Becoming a mother for the first time is both joyful and stressful. Alexa was my first child, and having her diagnosed with hip dysplasia so soon after being born was heartbreaking. Little Alexa was only eight weeks old when she started wearing a pelvic harness.

I was devastated to see her in that condition at such an early age. After a few months it became clear the pelvic harness wasn’t helping, and we were told surgery was our last option

We were visiting the NHS paediatrician regularly, and he raised serious concerns over her continued weight loss since the operation. It was at that moment I felt she needed extra attention. We visited the OCC and from the first moment we felt properly supported. Each time I was noticing an improvement in Alexa’s range of movement. She’s so much healthier now.”

1. Clinic - offering free paediatric osteopathic treatment

1.1 Clinic reach

The charity has continued its vital work, providing much-needed osteopathic care to families. Over the past year, we ran clinics three days a week across Camden, Wandsworth, and Hackney, supported by a dedicated team of 29 osteopaths, including 20 full-time-equivalent (FTE) post-graduates and 5 FTE volunteer osteopaths.

We treated 2,736 patients and delivered 12,242 treatment sessions. Treatment sessions by borough were as follows:

- Camden – 4,649 treatment sessions
- Wandsworth– 4,108 treatment sessions
- Hackney – 3,485 treatment sessions

We have seen an increase of 12% in footfall and 14% in treatment sessions carried out. With our clinics operating at 90% capacity, we welcomed 2,143 new patients and 593 patients returning for follow up treatment.

2,736

babies, children and perinatal women received treatment, regardless of their ability to donate

2,143

new patients

12,242

treatment sessions were carried out to help disadvantaged babies, children and perinatal women in need of care in London



Schiv

“Schiv has been coming to the OCC for 5 years. We were initially recommended by a family friend who had brought his girls years before.

Schiv was diagnosed with Autism, has Global Development Delay, speech delays and had poor eyesight when we first started here some time ago.

Of course Schiv still experiences these but there has been such a change in his behaviour and his communication especially. He’s very verbal now which is 100% a step in the right direction.”

 Schiv receiving osteopathic treatment

1.2 Clinic donations

We are proud to offer our osteopathy services for free at the point of need, ensuring families from lower-income backgrounds can access the care they need. To help sustain this vital work, we invite our patients to make donations where possible.

However, the rising cost of living has affected the contributions we received. The average donation per clinic session decreased by 5%, to £19.85. Additionally, in 9% of our treatment sessions (923 sessions), patients were unable to contribute financially towards their care.

We are monitoring this and are applying to charitable trusts for additional funding to help support patients who are unable to donate.

Although the average clinic donation has decreased, our total donations and Gift Aid increased by 9% to £298k (up from £272k last year). This growth was made possible by the increased number of treatment sessions we delivered.

Level of donations

- 9% of patients donated (£0) (prev. 8%)
- 26% of patients donated from £1 - £10 (prev. 21%)
- 25% of patients donated from £11-£20 (prev. 26%)
- 13% of patients donated from £21-£30 (prev. 13%)
- 9% of patients donated from £31-£44 (prev. 20%)
- 8% of patients donated £45 (prev. 1%)
- 10% of patients donated from £46 or more (prev. 11%).

This year it cost the organisation £84 to provide a one-hour new patient assessment, treatment and evaluation, and £42 for a 30 minute follow-up appointment. This year, 35% of patients were unable to donate more than £10, and 82% of our patients were unable to donate £42 per session.

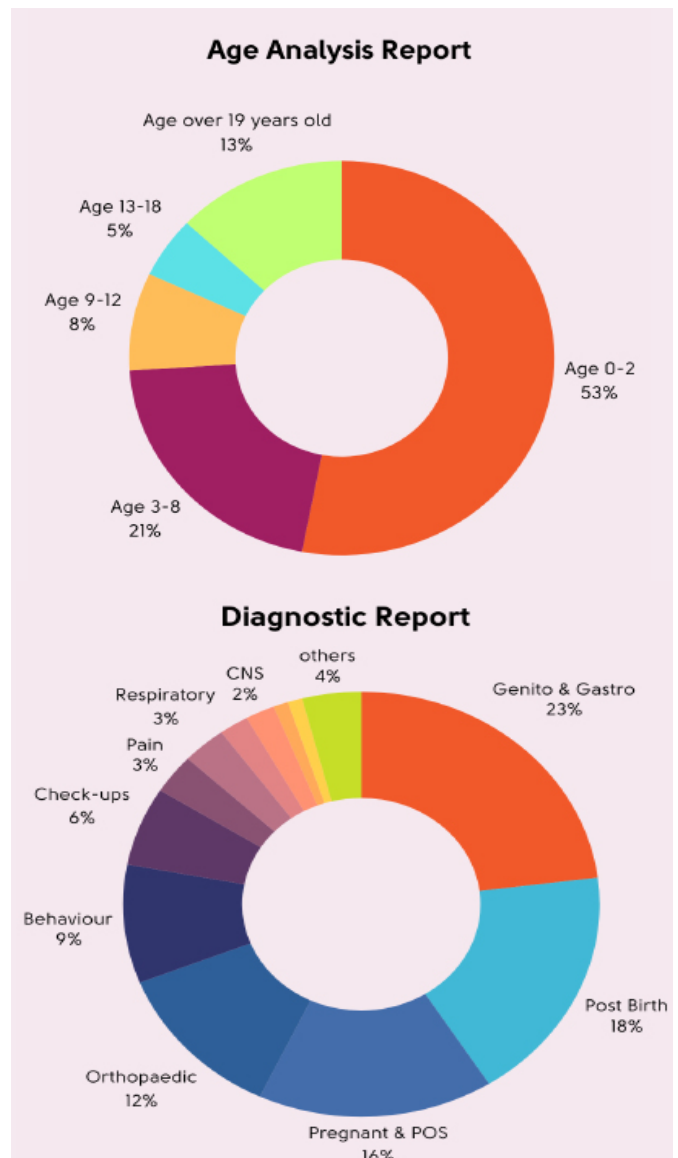
To bridge this gap and continue supporting families in need, we have applied to various Trusts and Foundations for funding.

1.3 Patient analysis

This year, the majority of our patients were young children, with 53% of our patients being under 2 years old. Our treatment sessions were predominantly filled with children in need of treatment. 87% of consultations and treatment sessions were made up of children and the remaining 13% treatment sessions were made up of pregnant and postnatal patients.

We saw patients with a wide range of conditions. Children coming in for treatment most frequently presented with gastrointestinal, genitourinary, orthopaedic or behavioural concerns.

- 23% of our patients presented cases in genitourinary and gastrointestinal condition
- 18% of patients were treated for a post-birth condition



Diagnosis	Percentage	Patient Count
Genito Urinary and Gastro Intestinal	23%	646
Post Birth	18%	522
Pregnant & POS	16%	466
Orthopaedic	12%	335
Behaviour	9%	242
Check-ups	6%	167
Pain	3%	90
Respiratory	3%	84
Miscellaneous	2%	49
CNS	2%	43
Colic/Distress	1.06%	30
Learning Diffi	1.02%	29
Ent	0.92%	26
Skin	0.78%	22
Syndromes	0.63%	18
Other	0.56%	16
Premature	0.53%	15
Congenital	0.35%	10
Infection	0.28%	8
Eye	0.18%	5
Cancer	0.11%	3
Immune	0.11%	3
Cardio-Vascular	0.11%	3
Neonatal	0.11%	3
		2835

1.4 Clinic referrals

During the year, 31% of our patients reported being referred to our clinic by a member of NHS staff and other health professionals, including midwives, breastfeeding clinics, lactation consultants, health visitors and GPs. This reflects the trust and confidence the medical community places in our ability to improve the daily lives of young patients.

Word of mouth continues to be the primary way families learn about our clinic, demonstrating the high regard and appreciation for our work within the communities we serve. This year, our referrals are as follows:

- 54% friends and family
- 31% healthcare
- 15% media & other means

Ethan

“We’ve been coming to the OCC since Ethan was born, so for 18 years, and we see amazing results, especially over the different stages of his life and the complications that arise with those crucial development years.

Ethan has Down’s Syndrome and coming here allows him to feel better in himself, work through emotions and generally any aches and pains he may have.

I couldn’t recommend the OCC enough, they’ve been with us from the beginning and we wouldn’t have it any other way.”

2. Education – training graduate osteopaths to an excellent clinical standard

2.1 Post-graduate training

This year, our educational programs continued to draw registered osteopaths seeking paediatrics training and continuing professional development in paediatrics.

- 3 osteopaths completed the Diploma in Paediatric Osteopathy (DPO) course at the end of 2024
- 11 have completed the Certificate in Paediatric Osteopathy (CPO) course for 2024
- 7 have enrolled on the Certificate in Paediatric Osteopathy (CPO) course for 2024
- 7 have enrolled on the Diploma in Paediatric Osteopathy (DPO) course for 2024

2.2 Continuous professional development

We successfully held 8 days of Continuing Professional Development (CPD) courses.

We remain committed to advancing our educational offerings and will continue the validation process for our course at Fondazione Osteopatia Pediatrica in San Marino, with plans to further expand this area in the future.

Trainee Stories

“Widens Knowledge and skills surrounding paediatric treatment improves safety and DD skills.” - Jane

“I learnt a lot from observation so watching them put their hands on and telling me about their thinking or what they feel in the patient helps me develop my own thinking and treatment approaches.” - Kelvin

290

Diplomas in Paediatric Osteopathy/MSc awarded to date (1991–2024)

28

Certificates in Paediatric Osteopathy awarded to date (October 2024)

31

Awards in Paediatric Osteopathy awarded to date (October 2024)

68

osteopaths attended 8 Continuous Professional Development (CPD) courses held in 2024

“Do it! It’s made me want to do future training.”- Carl

“I chose to come here as I was treated here as a baby and I knew it was an incredible place for paediatric training, it is an incredible course for lots of reasons and the clinical element is crucial, and the tutors are incredible. Training and working alongside of them is invaluable” - Rebecca

3. Fundraising & Marketing - raising critical income and awareness of the organisation's work

We ended the year in a strong financial position raising £89.8k for 2024 and securing an additional £135k to support babies, children and perinatal women in 2025. In addition, the team successfully secured a number of multi-year funding agreements, ensuring more financial stability for the organisation in the years ahead.

Several new funders were identified and relationships with current and previous funders strengthened. Going forward, the team will focus on diversifying income streams to create more opportunities for sustainable growth for the charity.

Our efforts to increase visibility and promote paediatric osteopathy continued throughout the year. As part of this initiative, we began the process of rebuilding our website, with completion expected in early 2025. The new platform will provide an enhanced user experience, better accessibility to resources, and increased engagement with our services and supporters.

£89.8k

We raised 89.9k to support disadvantages babies, children and perinatal women in London

£135k

We ended 2024 in a strong position with £135k secured for 2025 and a number of multi-year funding agreements in place.

12%

This year, patient footfall increased by 12%

4. Finance

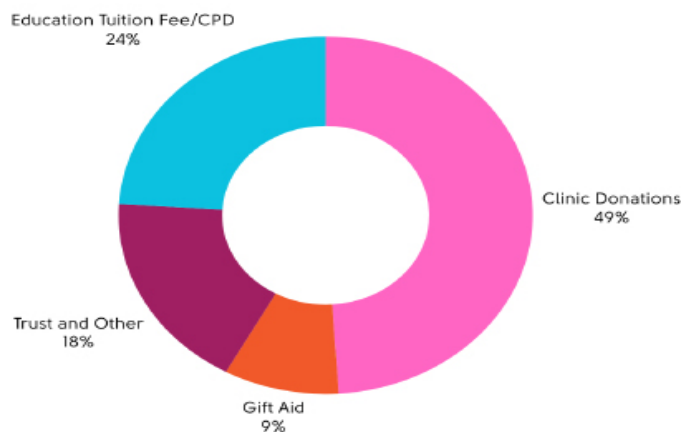
4.1 How we raised our money

The charity has four sources of income – Clinic donations, Gift Aid, Fundraising and Education.

A large proportion of our income (49%) comes from clinic donations. Although our patients are not charged for their appointments, as this is our main charitable activity, we ask for donations to help the charity continue to provide osteopathy to families from lower- income backgrounds.

Many people have contributed to our work through donations in clinic, regular giving and volunteering their time or skills. We are, as ever, hugely grateful for all such contributions as well as the continued generosity of charitable trusts, companies and individuals, without which the Foundation would be unable to operate.

Income Report



4.2 How we spent our money

Objectives achieved

The charity's focus for 2023-24 was to continue to breakeven financially, increase patient numbers and course offering. This was achieved through increasing clinic footfall and treatment sessions and increasing our annual income.

We have been able to breakeven this year with the extra fundraising income raised (£89.8k) and an increase of 14% in patient treatment sessions carried out. Our annual income increased by 7.5% to £512k. Our expenditure was £504k, leaving a surplus of £7,765 at the end of the year.

Through operating a pop-up clinic model, renting clinics in community centres, and moving to a more economical shared admin office space we have been able to keep costs low. Clinic donations have provided the charity with a steady flow of income. However, the increased cost of living has negatively affected our patient's ability to donate resulting in a reduction in the average donation received in clinic. Despite this, we continue to encourage our patients to attend their appointments, and never turn away families requiring treatment who cannot afford to donate.

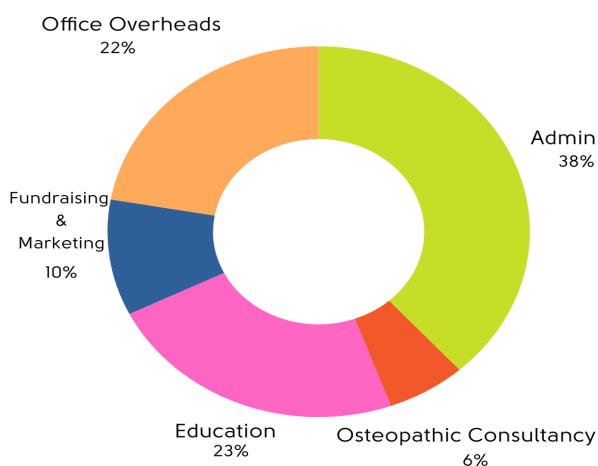
With the support of 29 osteopaths, we were able to carry on clinic activities and treat families who could not otherwise afford private osteopathic care.

Our Marketing and Fundraising team has secured new immediate and long-term funding opportunities for the

organisation and has increased the organisation's visibility resulting in an increase in patient footfall in clinic.

Our education department was able to rewrite the post-graduate courses starting 2023-24 and continued to provide continuous professional development courses to train osteopaths to an excellent clinical standard in paediatrics.

Expenditure Report



📹 Ethan has been with the OCC since he a baby and is now 18 years old.



Looking ahead: plans for the year 2024-2025

Clinic

In 2023-24, staffing challenges and fewer applicants for training led to the difficult decision to close our Southfield clinic. Moving forward, in 2024-2025, we will concentrate on running two clinic days with osteopaths at our Warren Street and Shoreditch locations. The charity will focus on treating 2,160 patients through 8,640 treatment sessions.

Education

We will continue to develop and expand our education programs and remain committed to maintaining the quality of our training. We will expand our CPD offerings, with 24 CPD days planned for the year, representing a 300% increase. The Education Development Committee will oversee course content and look for new ways to meet market demand.

Awareness

We will continue to build on the charity's strengths, focusing on raising awareness of our clinic and the services we provide. Our marketing efforts will include a combination of digital campaigns and in-person outreach.

2,160

We aim to treat 2,160 patients next year

8,640

We aim to provide 8,640 treatment sessions next year

300%

We plan to expand our Continuous Professional Development offering by 300% and run 24 CPD days.

 *Our open-plan, warm and friendly clinics create a relaxed atmosphere that's reassuring for children*



Reference and administrative details

Registered Company Number:	02545759 (England and Wales)
Registered Charity Number:	1003934
Registered office:	Alpha House 100 Borough High Street London, SE1 4LB
Board of Trustees:	D E Barber MBE E C Foinette S B P Korth J M Lyras M Lyras N D Woodhead
Company Secretary	S S Pusey
Independent Examiner:	Ebenezer Okai Leroy Reid & Co Chartered Certified Accountants & Statutory Auditors 299 Northborough Road Norbury London SW16 4TR
Solicitors:	Lee, Bolton & Lee 1 The Sanctuary London SW1P 3JT
Bankers:	Co-operative Bank Plc 80 Cornhill London EC3V 3NJ Clydesdale Bank 55 Regents Street London SW1Y 4ND

Structure, Governance and Management

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Appointment of Board of Directors

The Directors of the company are also charity Trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Directors.

Under the requirements of the Articles of Association at every Annual General Meeting, one-third or if their numbers cannot be divided by three, the number nearest to one-third of the Directors, shall retire from office but may offer themselves for reappointment by the Members.

The Directors to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. For persons who were appointed or last reappointed on the same day, those to retire shall be determined by drawing lots (unless they agree otherwise among themselves). A Director appointed since the previous Annual General Meeting shall not be taken into account in determining the Directors who are to retire by rotation. All Trustees are volunteers and represent a range of backgrounds and experiences.

New Trustees are invited and receive an induction from the committee to acquaint them with charitable company's policies, practices, its aims, activities, management and governance, as is expected under charity law and the Charity Commission's guidance and publications.

Organisational structure

The Board of Trustees is responsible for the overall governance of the charity. The Managing Director is responsible for the day to day management of the charity's affairs, its future development and for implementing policies agreed by the Trustees, assisted by other staff. The Director of Osteopathy (co-founder Stuart Korth) is responsible for the care and safety of patients.

Remuneration

The salaries of all staff are reviewed on an annual basis to ensure that where appropriate they take account of the rise in the cost of living. In October 2023-24 staff were given the standard pay rise of 3%. All salaries were benchmarked against similar charities in 2023-24 and found to be within an acceptable range.

Pensions

All staff are enrolled in an auto-enrolled in an auto-enrolment pension scheme, currently held by Nest and Friends.

Risk management

The Trustees regularly review the major financial, operational and reputational risks which the charity faces. With overall responsibility for the charity and its systems of internal control, the Trustees ensure there are reasonable procedures in place to prevent and detect fraud and other irregularities. It is noted that such procedures can only provide reasonable, not absolute, assurance against errors and fraud.

Senior staff are expected to identify and analyse risks relating to their area of work and report on the procedures which are in place, being developed or reviewed to minimize their likely impact on the charity.

Particular risks we anticipate include the more difficult funding landscape facing smaller charities like ours. Although we are not in receipt of EU or UK government funding, the loss of these funds to other organisations will inevitably put increased pressure on other funding sources. As a small charity with no extra fundraising resource, and the increased expectations of many Trusts and Foundations asking for significant amounts of planning, documentation and evidence before the proposal stage, we feel this is one of our most significant risks in the coming years. Succession planning and the loss of continuity and expertise through staff turnover remains a risk, as does the increased competition from our own postgraduate osteopaths for wealthier patients who may be in a better position to make donations to the charity.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Foundation for Paediatric Osteopathy for the purposes of company law) are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are

reasonable and prudent;

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a Strategic report, approved by order of the board of trustees, as the company directors, on25/2/2025..... and signed on the board's behalf by:



J M Lyras - Trustee

 One of our osteopaths treating his patient



Independent Examiner's Report to the Trustees of Foundation for Paediatric Osteopathy

Independent examiner's report to the Trustees of Foundation for Paediatric Osteopathy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st October 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other

than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have called attention to any matters in connection with the accounts. My attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E Okai

E Okai

Ebenezer Okai (BSc) FCCA

On behalf of

Leroy Reid & Co

Chartered Certified Accountants

and Statutory Auditors

299 Northborough Road

Norbury

London SW16 4TR

Date: 4/3/2025

Statement of Financial Activities for the year ended 31 October 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	387,680	-	387,680	370,189
Charitable activities					
Education	3	<u>125,292</u>	<u>-</u>	<u>125,292</u>	<u>107,216</u>
Total		<u>512,972</u>	<u>-</u>	<u>512,972</u>	<u>477,405</u>
EXPENDITURE ON					
Charitable activities					
Clinic	4	335,346	-	335,346	330,170
Education		<u>117,417</u>	<u>-</u>	<u>117,417</u>	<u>109,916</u>
Marketing & Fundraising		52,444		52,444	23,480
Total		<u>505,207</u>	<u>-</u>	<u>505,207</u>	<u>463,566</u>
NET INCOME		7,765	-	7,765	13,839
RECONCILIATION OF FUNDS					
Total funds brought forward		233,945	-	233,945	220,106
TOTAL FUNDS CARRIED FORWARD		<u>241,710</u>	<u>-</u>	<u>241,710</u>	<u>233,945</u>

Statement of Financial Position
31 October 2024

	Notes	2024 £	2023 £
CURRENT ASSETS			
Debtors	9	8,120	6,280
Cash at bank and in hand		<u>474,191</u>	<u>366,786</u>
		482,311	373,066
CREDITORS			
Amounts falling due within one year	10	(240,601)	(139,121)
		<u>241,710</u>	<u>233,945</u>
NET CURRENT ASSETS			
		241,710	233,945
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>241,710</u>	<u>233,945</u>
NET ASSETS			
		<u>241,710</u>	<u>233,945</u>
FUNDS			
	12		
Unrestricted funds:			
General fund		<u>241,710</u>	<u>233,945</u>
TOTAL FUNDS			
		<u>241,710</u>	<u>233,945</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st October 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating

to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on

..... 25/2/2025.....

and were signed on its behalf by:



 S B P Korth - Trustee

Statement of Cash Flows
31 October 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	14	<u>107,405</u>	<u>28,968</u>
Net cash provided by/(used in) operating activities		<u>107,405</u>	<u>28,968</u>
<hr/>			
Change in cash and cash equivalents in the reporting period		107,405	28,968
Cash and cash equivalents at the beginning of the reporting period		<u>366,786</u>	<u>337,818</u>
Cash and cash equivalents at the end of the reporting period		<u><u>474,191</u></u>	<u><u>366,786</u></u>

Notes to the financial statements for the year ended 31st October 2024

1. Accounting policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	10% on cost
Computer equipment	-	25% on cost

Taxation

The charitable company is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Pension costs and other post-retirement benefits

The charitable company operates a Stakeholder pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern

The financial statements have been prepared on the going concern basis on the understanding that there is enough reserve for the next 12 months and the charity's ability to raise sufficient funds from new sources in the future

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
Donations	244,367	-	244,367	221,884
Gift aid	48,416	-	48,416	43,002
Trust income	83,829	-	83,829	92,322
Sundry income	5,095	-	5,095	8,691
Individual giving	5,973	-	5,973	4,290
	<u>387,680</u>	<u>-</u>	<u>387,680</u>	<u>370,189</u>

3. Income from charitable activities

	2024 Education £	2023 Total activities £
Education	<u>125,292</u>	<u>107,216</u>

4. Charitable activities costs

	Direct Costs (see note 5) £
Clinic	335,346
Education	<u>117,417</u>
Marketing & Fundraising	<u>52,444</u>
	<u>505,207</u>

5. Direct costs of charitable activities

	2024	2023
	£	£
Staff costs	268,428	233,279
Rent and rates	57,154	58,259
Insurance	5,453	5,390
Telephone expenses	5,122	5,887
Postage, scanning & stationary	5,395	9,268
Sundries	2,223	1,622
Computer maintenance	19,717	20,373
HR outsource expenses	3,039	2,872
Clinic consultants	37,522	36,288
Bank charges and interest	5,365	4,714
Recruitment cost	1,199	5,920
Volunteer & staff travel	1,387	1,318
Examiner's fees	4,200	4,000
Staff training and subscription	697	801
Education clinic tutor	69,989	60,296
Education general expenses	2,231	5,140
London clinic expenses	1,672	3,139
Marketing and publicity cost	14,414	5,000
	<u>505,207</u>	<u>463,566</u>

6. Trustees' remuneration and benefits

Mr Nicholas Woodhead received fees for CPD lecture of £1,500 during the year.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st October 2024 nor for the year ended 31st October 2023.

7. Staff costs

	2024	2023
	£	£
Wages and salaries	208,752	178,563
Social security costs	12,242	10,557
Other pension costs	<u>47,434</u>	<u>44,159</u>
	<u><u>268,428</u></u>	<u><u>233,279</u></u>

The average monthly number of employees during the year was as follows:

	2024	2023
London clinic	9	10
Education - FTE	1	1
Marketing and fundraising	<u>3</u>	<u>2</u>
	<u><u>13</u></u>	<u><u>13</u></u>

1 employee received emoluments in excess of £60,000.

8. Tangible fixed assets

	Fictures and fittings £	Computer equipment £	Totals £
COST			
At 1st November 2023 and 31st October 2024	<u>27,094</u>	<u>94,458</u>	<u>121,552</u>
DEPRECIATION			
At November 2023 and 31st October 2024	<u>27,094</u>	<u>94,458</u>	<u>121,552</u>
NET BOOK VALUE			
At 31st October 2023	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>
At 31st October 2024	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

9. Debtors: amounts falling due within one year

	2024 £	2023 £
Accrued income	<u>8,120</u>	<u>6,280</u>

10 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	21,166	1,600
Student fees	35,711	72,577
Accruals	27,304	14,944
Accruals and deferred income	<u>156,420</u>	<u>50,000</u>
	<u>240,601</u>	<u>139,121</u>

11. Analysis of net assets between funds

	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
Current assets	482,311	-	482,311	373,066
Current liabilities	<u>(240,601)</u>	<u>-</u>	<u>(240,601)</u>	<u>(139,121)</u>
	<u>241,710</u>	<u>-</u>	<u>241,710</u>	<u>233,945</u>

12. Movement in funds

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	233,945	7,765	241,710
	<u>233,945</u>	<u>7,765</u>	<u>241,710</u>
TOTAL FUNDS	<u>233,945</u>	<u>7,765</u>	<u>241,710</u>

12. Movement in funds - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	512,972	(505,207)	7,765
	<u>512,972</u>	<u>(505,207)</u>	<u>7,765</u>
TOTAL FUNDS	<u>512,972</u>	<u>(505,207)</u>	<u>7,765</u>

Comparatives for movement in funds

	At 1.11.22 £	Net Movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	220,106	13,839	233,945
	<u>220,106</u>	<u>13,839</u>	<u>233,945</u>
TOTAL FUNDS	<u>220,106</u>	<u>13,839</u>	<u>233,945</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	477,405	(463,566)	13,839
	<u>477,405</u>	<u>(463,566)</u>	<u>13,839</u>
TOTAL FUNDS	<u>477,405</u>	<u>(463,566)</u>	<u>13,839</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	220,106	21,604	241,710
	<u>220,106</u>	<u>21,604</u>	<u>241,710</u>
TOTAL FUNDS	<u>220,106</u>	<u>21,604</u>	<u>241,710</u>

12. Movement in funds - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	<u>990,377</u>	<u>(968,773)</u>	<u>21,604</u>
TOTAL FUNDS	<u>990,377</u>	<u>(968,773)</u>	<u>21,604</u>

13. Related party disclosures

Related party transactions for the year ended 31st October 2024 are as follows:

The Managing Director of the charity was paid remuneration including employer pension, overtime and other expenses totalling £82k (2023 - £79k).

14. Reconciliation of net income to net cash flow from operating activities

	2024 £	2023 £
Net income for the reporting period (as per the Statement of financial activities)	7,765	13,839
Adjustments for:	-	-
Decrease/(increase) in debtors	(1,840)	348
Increase in creditors	<u>101,480</u>	<u>14,781</u>
Net cash provided by/(used in) operations	<u>107,405</u>	<u>28,968</u>

15. Analysis of changes in net funds

	At 1.11.23 £	Cash flow £	At 31.10.24 £
Net cash			
Cash at bank and in hand	<u>366,786</u>	<u>107,405</u>	<u>474,191</u>
	<u>366,786</u>	<u>107,405</u>	<u>474,191</u>
Total	<u>366,786</u>	<u>107,405</u>	<u>474,191</u>

Thank you

We would like to thank our team of osteopaths, administrative team and those who supported our London clinics.

The Foundation for Paediatric Osteopathy would also like to thank the following trusts, foundations, and donors for their support:

Coutts Charitable Trust/ The Crucible Foundation

St. James' Place Charitable Trust

Sandra Charitable Trust

Gerald Micklem Charitable Trust

PF Charitable Trust

London HQ Community Fund

The William Allen Trust/Young Charitable Trust

Webb Family Charitable Trust

Southwark Council

The Lyras Family Charitable Trust

The Worshipful Company of Gold & Silver

Hospital Saturday Fund

Anton Jurgen Charitable Trust

M&G Community Fund



 Archie playing during his treatment

 Our open plan clinics allow our osteopaths to work together as a team when treating patients



**The Foundation for
Paediatric Osteopathy is a
charity dedicated to making
osteopathy an option for all
children and families.**

We're here to help babies, children, teenagers (up to 18), pregnant and post-natal women access specialist paediatric osteopathy, regardless of their ability to pay. We also train highly skilled osteopaths in the specialism of paediatrics and conduct research into the benefits of osteopathy.

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The Osteopathic Centre for Children is the clinical arm of the Foundation for Paediatric Osteopathy
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